

**California Health and Human Services Agency
Medical Exemptions from Immunizations
Revocation and Appeal Process
Updated June 2026**

Overview of the Medical Exemption Revocation & Appeal Process

Background:

California Health and Safety Code section 120372.05 establishes the general requirements for processing appeals of medical exemption revocations and requires the California Health and Human Services Agency (CalHHS) to establish the process and guidelines for the appeals process. Section 120372.05 states:

- (a) A medical exemption revoked pursuant to Section 120372 may be appealed by a parent or guardian to the Secretary of California Health and Human Services. Parents, guardians, or the physician who issued the medical exemption may provide necessary information for purposes of the appeal.
- (b) The secretary shall establish an independent expert review panel, consisting of three licensed physicians and surgeons who have relevant knowledge, training, and experience relating to primary care or immunization to review appeals. The agency shall establish the process and guidelines for the appeals process pursuant to this section, including the process for the panel to contact the issuing physician and surgeon, parent, or guardian. The agency shall post this information on the agency's internet website. The agency shall also establish requirements, including conflict-of-interest standards, consistent with the purposes of this chapter, that a physician and surgeon shall meet in order to qualify to serve on the panel.
- (c) The independent expert review panel shall evaluate appeals consistent with the American Academy of Pediatrics guidelines or the relevant standard of care, as applicable.
- (d) The independent expert review panel shall submit its determination to the secretary. The secretary shall adopt the determination of the independent expert review panel and shall promptly issue a written

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decision to the child's parent or guardian. The decision shall not be subject to further administrative review.

(e) A child whose medical exemption revocation pursuant to subdivision (d) of Section 120372 is appealed under this section shall continue in attendance and shall not be required to commence the immunization required for conditional admittance under Chapter 4 (commencing with Section 6000) of Division 1 of Title 17 of the California Code of Regulations, provided that the appeal is filed within 30 calendar days of revocation of the medical exemption.

(f) For purposes for administering this section, the department and the California Health and Human Services Agency appeals process shall be exempt from the rulemaking and administrative adjudication provisions in the Administrative Procedure Act (Chapter 3.5 (commencing with Section 11340), Chapter 4 (commencing with Section 11370), Chapter 4.5 (commencing with 11400), and Chapter 5 (commencing with Section 11500) of Part 1 of Division 3 of Title 2 of the Government Code).

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CAIR-ME Parent Appeal Process

When a medical exemption (ME) issued in the CAIR Medical Exemption (CAIR-ME) web site is revoked by the California Department of Public Health (CDPH), the parent or guardian (parent) may file an appeal within thirty (30) days of the revocation. Upon revocation, the parent will receive an email notification from CAIR-ME. All email notifications sent by CAIR-ME will go to the email address the parent used when setting up their CAIR-ME account.



Your child's Medical Exemption [redacted] has been revoked.

The California Department of Public Health has determined that your child's medical exemption does not meet applicable criteria for appropriate medical exemptions per California Health and Safety Code Section 120372. **If you have questions, please talk to your child's doctor or go to the [CAIR-ME FAQ page](#).**

By [redacted] in order for your child to continue attending school or child care you may:

- Have your child start receiving the required vaccines, or
- Appeal this decision. Click [here](#) to start the appeal process. Your child may attend [school](#) or [child care](#) while your appeal is being reviewed.

For more information, please talk to your child's physician or go to www.shotsforschool.org.

Please do not reply to this message via e-mail. This address is automated, unattended, and cannot help with questions or requests.

California Department of Public Health | Immunization Branch
Email: medicalexemptions@cdph.ca.gov

To access the appeal request page, the parent must click the link in the notification and log in to CAIR-ME. Once the parent has logged into CAIR-ME, the Appeal Request page will display.

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Request an Appeal for a Revoked Medical Exemption

Upload documents below to support your appeal and agree to the Terms of Agreement, then click the Submit button below.

Medical Exemption
Number:

Child's Name: Cold Ice

Date of Birth: 09/01/2025

Parent/Guardian: Esther UAT
1734 Cairns Alot Lin
Sacramento, CA 92831
(123) 456-7891

School/Child Care
Facility:

Upload Supporting Documentation

You may upload your child's medical records or other documentation to support your appeal. You may upload up to 20 documents in PDF format less than 10,000 KB file size each.

Select files to upload

Browse



Attestation

By checking the box below, you agree to all terms listed.

☐ I am requesting an appeal for this medical exemption. The information submitted in this form is true, accurate, and complete.

Submit

Cancel

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The parent may upload up to 20 PDF documents of medical records or other documentation to support the appeal. Documents are not required but may assist the independent review panel in their assessment. The parent must attest that they are authorized to submit the appeal.

The parent then clicks the **Submit** button. A confirmation page will display, and the parent will be sent an email notification from CAIR-ME to confirm the appeal has been requested.

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Done! Your appeal for revoked Medical Exemption 102388 has been submitted.

The Secretary of the California Health and Human Services Agency has received your appeal of the revocation of your child's medical exemption.

A confirmation will be sent to your email address. An independent expert review panel will review your appeal, and you will receive an email notification when the panel makes a decision on the appeal.

- Until the panel rules on your child's exemption, your child may continue to attend a school or child care facility.
- If the panel determines that the exemption is valid, your child will have met the requirements for the vaccines included in the exemption form.
- If the panel determines that the exemption is invalid, your child will then need to meet the immunization requirements for conditional admission.

THIS CONFIRMATION PAGE IS NOT A MEDICAL EXEMPTION.

Child's Name: Cold Ice
Date of Birth: 09/01/2025

Parent/Guardian: Esther UAT
1734 Cairns Alot Lin
Sacramento, CA 92831
(123) 456-7891

School/Child Care Facility:

Attestation

✓ I am requesting an appeal for this medical exemption. The information submitted in this form is true, accurate, and complete.

[Printer Friendly Version](#)

[Return to Dashboard](#)



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Note: if the parent attempts to access the CAIR-ME Appeal Request page more than 30 days after the medical exemption was revoked, the parent will see a message after they log in indicating that the appeal period has ended.



Your Appeal Request Period has Ended.

The deadline to appeal the revocation of this medical exemption has passed.

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Note: if the parent attempts to access the CAIR-ME Appeal Request page after submitting an appeal, they will see a message after they log in indicating that the appeal was already requested.



The Appeal has been Requested.

An appeal has been requested for this revoked medical exemption. You will be notified when a decision has been made. You can also check the status of the medical exemption on your dashboard.

[Return to Dashboard](#)

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CAIR-ME Parent Appeal – Request for More Information Process

When a parent submits the request for an appeal of a revoked medical exemption, an independent review panel will review the medical exemption and any documents provided in support of the exemption and the appeal. If additional information is needed to determine the validity of the medical exemption, the independent review panel may request information from either the parent or the physician who issued the medical exemption. CAIR-ME will send a notification to the parent or the physician when more information is needed from them. The parent or physician will be allowed 30 days to provide the requested information. Depending on the information provided by the parent or physician after the first request for information, the

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parent or physician may receive a second request for information. If a second request for information is sent, the parent or physician will have 15 days to provide the requested information.

To respond to the request for more information, the parent or physician must click the link in the notification and log in to CAIR-ME.

Below is an example of a request for more information email notification:



Medical Exemption Number:

The appeal request for your child's revoked medical exemption is still pending.

The California Health and Human Services Agency has received the appeal request for your child's revoked medical exemption but needs more information to make a decision on the appeal.

What you need to do next:

- Log in to CAIR-ME to [view the request for more information](#).
- Upload any requested documentation to your child's exemption. You may need to contact your child's physician to obtain medical records.

Once the additional records are received, the independent expert review panel will continue reviewing your appeal. You will receive an email notification when the panel makes a decision on the appeal.

Please do not reply to this message via e-mail. This address is automated, unattended, and cannot help with questions or requests.

California Health and Human Services Agency
Email: meappeal-inquiries@chhs.ca.gov

Once the parent or physician has logged into CAIR-ME, the Medical Exemption Appeal: Request for More Information page will display.

An example of that page is below:

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Medical Exemption Appeal: Request for More Information

The California Health and Human Services Agency has requested the following information to support the appeal of your child's revoked medical exemption:

Requesting Information

What you need to do next:

- Upload and submit the requested documents in PDF format. You may upload and submit your documents anytime between now and 4/12/26.
- Once you submit the documents, and after the 30 calendar day request for more information period is closed, review of your appeal will resume.

Medical Exemption Number:

Child's Name: Cold Ice

Date of Birth: 09/01/2025

Upload Supporting Documentation

You may upload your child's medical records or other documentation to support your appeal. You may upload up to 20 documents in PDF format less than 10,000 KB file size each.

Select files to upload

Browse



Child Exam Results.pdf



Submit

Cancel

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The parent or physician may upload up to 20 PDF documents, which may include medical records or other documentation to support the appeal. The Browse button will open the parent's local file explorer, where they can select documents. Uploaded documents will appear in a list in the *Upload Supporting Documentation* section.

The parent then clicks the **Submit** button. A confirmation page will display, and the parent will be sent an email notification from CAIR-ME to confirm that CAIR-ME has received the uploaded documents.

CAIR-ME Parent Appeal Decision Notification

If the appeal is upheld, and the medical exemption is found to be valid, the parent will receive a notification from CAIR-ME to indicate that the medical exemption is still valid.

If the appeal is denied, and the medical exemption is found to be invalid, the parent will receive a notification from CAIR-ME to indicate that the medical exemption is no longer valid. The issuing physician and any CAIR-ME users associated with the schools or child care facilities listed on the medical exemption will also be notified of the appeal denial.

Appeals will be reviewed and processed as quickly as possible by the independent expert review panel established by the CalHHS.

Non-CAIR-ME Parent Appeal Process

If the parent does not have a CAIR-ME account, CAIR-ME will prompt the CDPH Reviewer who revokes the medical exemption to print and mail a revocation letter to the address provided in CAIR-ME. This letter contains instructions and exemption-specific information with an appeal request form on the bottom half of the printed page. Parents will have at least 30 days from the time of notification to submit an appeal. The deadline will be included in the letter.

Once the CalHHS receives the appeal request form, further communication between the CalHHS and the parent will take place via mail, unless the parent provides an e-mail address. This includes any requests for

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information that the independent expert review panel may have. If the independent expert review panel requests additional information in order to make a decision on the appeal, the requested information must be postmarked within 45 days of the date of the notification letter requesting additional information. Depending on the information provided by the parent after the first request for information, the parent may be mailed a second request for information. If a second request for information is sent, the parent will have 20 days from the date on the request letter to postmark and mail the requested information.

Appeals Following the Revocation of Medical Exemptions Issued Prior to January 1, 2020, by Disciplined Doctors

Pursuant to California law, medical exemptions are revoked if they were issued prior to January 1, 2020 by any physician who has had disciplinary action taken by the Medical Board of California or Osteopathic Medical Board of California. (Health & Safety Code, §120372(d)(4)). In this instance, revocation does not depend upon the medical condition. These exemptions are no longer valid for use at schools or at child care facilities.

Pursuant to this law, CDPH has sent letters to schools and child care facilities, providing instructions for the review of medical exemptions issued before January 1, 2020 ([Exemption FAQs \(ca.gov\)](#)).

The above entities have been notifying the parents of children whose medical exemptions are revoked if the medical exemption was issued prior to January 1, 2020, by a doctor who was disciplined by their respective medical board.

A parent may appeal the decision within 30 days of notification of the revocation. The process, instructions, and form for filing an appeal in this situation are outlined in this [document](#) ([Spanish](#)).

Upon receipt (from the school/child care center) of the completed Revoked Medical Exemption Appeal Request form by the CalHHS, the CalHHS will review the form and the child's original medical exemption, which should be included by the school/child care center. If the medical exemption was issued prior to January 1, 2020, the CalHHS will confirm that the issuing doctor was disciplined by the Medical Board of California or Osteopathic Medical Board of California by checking the Department of Consumer Affairs [license search](#)

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[website](#). The CalHHS will not submit these specific appeals to the independent expert review panel because the revocation does not depend upon the medical condition. Appeals will be reviewed and processed as quickly as possible by CalHHS .

As noted above, appeals should be submitted to the school/child care facility for submission to the CalHHS. However, in instances when school/child care administrators are unavailable, such as during the summer break, parents may directly send the appeal to: meappeal-inquiries@chhs.ca.gov. Parents should also include (cc) the school/child care contact they have on the email when they directly email their appeal to the CalHHS.

Parents must include (1) the Revoked Medical Exemption Appeal Request form, (2) a copy of the notification received by the parent from the school/child care facility indicating their child's medical exemption has been revoked, and (3) a copy of the child's original medical exemption that is also on file with the school/child care facility.

A parent will also meet the appeal deadline if their appeal is submitted to the school/child care facility within 30 days of receiving notice of the revocation.

If the CalHHS confirms that the issuing doctor was, in fact, disciplined, the CalHHS will deny the appeal and notify the child's parent and school. The CalHHS will notify the parent via e-mail if possible, or by letter if an e-mail address is not available.

If the CalHHS finds that the issuing doctor was not disciplined, the CalHHS will uphold the appeal and notify the parent and the school. The CalHHS will notify the parent via e-mail if possible, or by letter if an e-mail address is not available.

For a list of more frequently asked questions or other related resources, please visit:

[Exemption FAQs \(ca.gov\)](#)

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[Shots for School \(ca.gov\)](https://www.ca.gov/shotsschool)

[California Health & Safety Code, Sections 120325-120380](#)