



Alzheimer's Disease and Related Conditions Advisory Committee Meeting





Alzheimer's Disease and Related Conditions Advisory Committee Meeting August 7, 2025, 10:00 a.m. – 2:00 p.m.

Welcome & Meeting Logistics



Jackie Tompkins

Project Director, Master Plan for Aging California Department of Aging

Meeting Logistics



- Join by smart phone, tablet, or computer: https://aging-ca-gov.zoom.us/s/82820040060
- Join by phone (audio only):
 Tel: (888) 788-0099 | Meeting ID: 828 2004 0060
- Meeting slides and recording will be posted to the <u>CalHHS Alzheimer's Disease & Related Conditions</u>
 <u>Advisory Committee</u> webpage

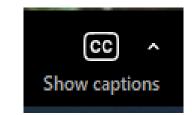
Accessibility

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American Sign Language (ASL) interpretation is provided.

Closed captioning is available during this meeting.

To initiate closed captioning (cc):



- 1. Click the CC icon on the Zoom toolbar
- 2. Click "Show captions" to display spoken meeting content as text
- 3. Click "View full transcript" to review previous caption text

If the CC icon does not appear on your toolbar select "More" then select "Captions" and begin at Step 1 above.

Virtual Meeting Operations

- The chat function is only enabled for Committee Members,
 California Department of Aging and other state staff, and invited
 guests to share meeting-related resources and information. The
 public will be able to view content shared in the chat during the
 meeting.
- We invite the public to provide comments. Please hold comments until the designated Public Comment periods.
- Additional public comments and questions can be posted in Zoom using the Question & Answer feature or sent via email to <u>Engage@aging.ca.gov</u>.

Public Comment



Time is reserved on the meeting agenda for public comment.

- In-Person Comments: Raise your hand or let the designated CDA staff member know you want to make a public comment.
- Verbal Comments: "Raise your hand" in the Reactions feature of Zoom or press *9 on your phone dial pad to enter the line for a verbal comment. The moderator will unmute your line and announce your name or the last 4 digits of your phone number.
- Written Comments: You may submit comments throughout the meeting using the Zoom Q&A or email Engage@aging.ca.gov.

Note: Public commentors will each have 2 minutes.

Welcome & Introductions



Dr. Wynnelena Canlas Canio

Committee Chair

Behavioral Health Representative

Meeting Agenda

1:20 p.m.

1:55 p.m.



California Department of Aging Update 10:10 a.m. **Assisted Living Spotlight** 10:20 a.m. Public Comment #1 11:25 a.m. 11:40 p.m. Break 12:10 p.m. Committee Updates California Department of Public Health Update 12:35 p.m. | Legislative Update 12:50 p.m. 1:05 p.m. Public Comment #2

Finalize Recommendations and Items for CalHHS Agency Secretary

Closing Comments, Upcoming Meeting Dates, and Next Steps

10:00 a.m. | Welcome and Introductions, May Minutes

ADRCAC Member Introductions

Committee Chairs

- Dr. Wynnelena Canlas Canio, Kaiser Permanente, Behavioral Health Rep. (Chair)
- Carlos Olivas III, Family Member Rep. (Vice Chair)

Committee Members

- Assembly Member Gail Pellerin, Speaker of the Assembly Appointee
- Senator Jesse Arreguín Rep., Senate Rules Committee Appointee
- Sally Bergman, Elder Law Rep.
- Claire Day, Alzheimer's Association, Consumer Organization Rep.
- Dr. Dolores Gallagher Thompson, Stanford University, Social Research Rep.
- · Myra Garcia, Consumer Rep.

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ADRCAC Member Introductions (cont.)

- Ken Graffeo, Consumer Rep.
- Barbra McLendon, Alzheimer's Los Angeles, Service Provider Rep.
- Dr. William Mobley, UC San Diego, Academic Medical Research Rep.
- Dr. Faisal Qazi, California Commission on Aging Rep.
- Celine Regalia, Providence Community Health Napa Valley, Alzheimer's Day Care Resource Center Rep.
- Julie Souliere, California Health & Human Services Agency Rep.
- Dr. Sarah Tomaszewski Farias, Alzheimer's Disease Diagnostic & Treatment Centers Rep.



California Department of Aging Update

Susan DeMarois

Director
California Department of Aging



Assisted Living Spotlight

Thea Perrino

Assistant Chief, Policy Community Care Licensing Division, California Department of Social Services



Assisted Living Spotlight

Stacy Barlow

Assistant Program Administrator
Community Care Licensing Division
California Department of Social Services



Assisted Living Waiver

Xiomara Watkins-Breschi

Acting Division Chief and Home and Community-Based Services Operations Branch Chief Integrated Systems of Care Department of Health Care Services

Assisted Living Waiver (ALW) Update



ALW Eligibility

- Age 21 or older
- Have full-scope Medi-Cal eligibility with zero share of cost
- Require the level of care provided by skilled nursing facility
- Willing and able to live in an assisted living setting located in one of the 15 approved counties
- Waiver participants are responsible for making Room and Board payments. Room and Board is not service offered through the Waiver.

Participating Counties

- Alameda
- Contra Costa
- Fresno
- Kern
- Los Angeles
- Orange

- Riverside
- Sacramento
- San
 Bernardino
- San Diego
- San Francisco

- San Joaquin
- San Mateo
- Santa Clara
- Sonoma

ALW Reimbursement Rates

- As of January 1, 2025, for waiver services provided by RCFE, ARF, or by a Home Health Agency in a Public Housing Setting.
 - Tier 1 \$93.86 per participant per day
 - Tier 2 \$112.16 per participant per day
 - Tier 3 \$130.44 per participant per day
 - Tier 4 \$176.15 per participant per day
 - Tier 5 \$264.97 per participant per day
- The Transitional Care Coordination and monthly Care Coordination rates have not changed.

ALW Enrollment Statistics

- Current Waiver Term: March 1, 2024 February 28, 2029
- Current Waiver Capacity (Waiver Year 2): 16,344
- Max Capacity: 21,744
- Current Enrollment: 15,128 as of July 1, 2025
- > ALW Waitlist: 12,975 as of July 1, 2025

Status of the ALW Waitlist

- On September 4, 2024, DHCS halted the direct submission of new ALW applications due to the waiver nearing capacity.
- » DHCS submitted a waiver amendment to CMS to make the increase authorized for Waiver Year Two available in the current year.
- » On October 4, 2024, DHCS implemented <u>ALW Policy Letter #24-002 ALW Slots and Waitlist Management.</u>
- In March 2025, DHCS submitted a waiver amendment to increase waiver capacity by 1,800 slots each year for the current waiver term.

Status of the ALW Waitlist

Available waiver slots are assigned based on specific criteria outlined in the waiver.

- 1. Residing in an institutional setting for at least 60 days
- 2. Imminent need as documented in an Adult Protective Services (APS) referral
- 3. Imminent need as documented in a Long-Term Care (LTC)
 Ombudsman referral
- 4. Other applicants are assigned a slot on a first-come, first-served basis.

Status of the ALW Waitlist

	Total Waitlist	Approximate Wait Time
Institutional Transitions	6,227	7 months
APS Referrals	510	6 – 7 months
LTC Ombudsman Referrals	26	1 – 2 months
General Waitlist	6,212	2 years

[❖]Waitlist Statistics are current as July 1, 2025

Contact ALW

- Visit: HCBS Provider Minimum Wage Increase
- Contact a Care Coordination Agency in the member's service area.
- Contact the ALW team with questions or suggestions at:

ALWP.IR@dhcs.ca.gov

CalAIM Community Supports

- Assisted Living Facility Transitions provides for assistance with transferring a member to an assisted living facility as well as for ongoing care at the facility.
- » Revised policy guidance in Community Supports Policy Guide, Volume 1, clarifies that benefit can be used for ongoing care.
 - Updated Release of the Community Supports Policy Guide
- Effective May 2025, Managed Care Plans (MCPs) receive a monthly list of their members who are also on the ALW waitlist with the intent of facilitating delivery of this service for members who are likely to benefit.

CalAIM Community Supports

- To determine if an MCP offers Community Supports:
 Community Supports Search Tool
- » Medi-Cal Managed Care and Mental Health Office of the Ombudsman
 - By Phone: (888) 452-8609
 - By Email: <u>MMCDOmbudsmanOffice@dhcs.ca.gov</u>
- Contact DHCS with any questions or comments on Enhanced Care Management and Community Supports at <u>CalAIMECMILOS@dhcs.ca.gov</u>.

Future of ALW

- » ALW is part of DHCS' broader initiative of integrating certain Home and Community Based Services (HCBS) programs into Medi-Cal MCPs
- One primary goal is to expand overall access to HCBS, including assisted living waiver services, statewide
- Multi-Year Roadmap will outline strategy to integrating select HCBS waiver services (including the ALW) into managed care while continuing to support fee-for-service where appropriate
 - Informed by the <u>HCBS Gap Analysis report</u>
- Transition is not expected to occur any earlier than 2028

HCBS Integration Planning Workgroup

- » Launched in April 2025 to provide feedback on design decisions and implementation considerations
- Includes 23 members with representation from wide variety of groups
- Workgroup meetings are closed to the public to allow for more candid discussion and continuity in the attendees to make progress between meetings
- Meeting materials and updates are shared on DHCS's new HCBS Integration webpage

HCBS Integration Planning Updates

- » DHCS plans to use Section 1915(c) HCBS authority concurrently with the state's existing 1915(b) managed care waiver
 - This approach is common among other states with MLTSS
- » DHCS' goal is to expand access to HCBS with the managed care integration and is currently reviewing options to do so
- » DHCS and the Workgroup are currently reviewing policy options to inform the Roadmap including:
 - Populations served by the existing waivers
 - Service package offered
 - Member supports during the transition period

HCBS Integration Activities and Multi-Year Roadmap: Key Milestones

Workgroup meetings

Workgroup and public review of Concept Paper

May – Aug. 2025

Fall 2025

Winter 2025

2026 and Beyond

Draft Concept Paper

Submission of Concept Paper to CMS, refine and finalize Roadmap, ongoing stakeholder engagement to inform implementation

DHCS will continue to provide regular updates at existing forums on an ongoing basis. Please contact HCBSIntegration@dhcs.ca.gov with any questions or comments.

Questions







Committee Question & Answer, and Discussion

Public Comment



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Note: Public commentors will each have 2 minutes.



Break

The meeting will resume at 12:10 p.m.



Committee Updates

Dr. Wynnelena Canlas Canio

Committee Chair Behavioral Health Representative

ADRCAC Recruitment

- Current ADRCAC membership: 14 members (minimum required: 17)
- The California Health and Human Services Agency (CalHHS), with support from the California Department of Aging (CDA) is recruiting up to 5 new members for the 21-member committee.
- Open Seats:
 - 1 seat: Family member of a person affected by Alzheimer's or related condition
 - 1 seat: Organization providing Alzheimer's-related services
 - Up to 4 seats: Appointed by CalHHS Secretary
- Recruitment efforts focused on first responders (emergency medical technicians, paramedics, law enforcement, firefighters), primary care physicians, faith leaders, and financial protection advocates



Committee Updates

Dr. Sarah Tomaszewski Farias

Alzheimer's Disease Diagnostic & Treatment Centers Representative



California Department of Public Health Update

Tina Fung

Chief, Alzheimer's Disease Section California Department of Public Health



Alzheimer's Disease Program Update

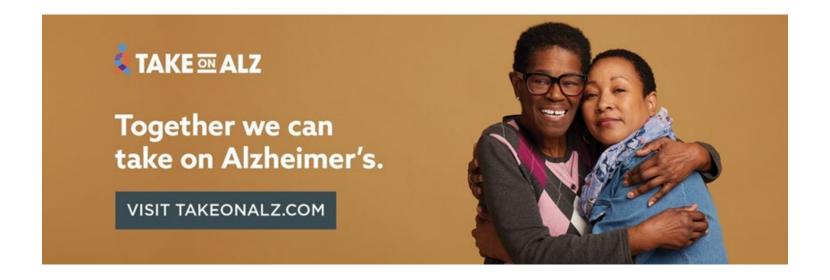
Tina Fung, MPH

California Department of Public Health Chronic Disease Control Branch Alzheimer's Disease Program

Prevention

Take on Alzheimer's

- Website has been deactivated
- Transitioning to CDPH
- Website viewers redirected to ADP's homepage: Alzheimer's Disease Program





California Healthy Brain Initiative

CDPH funds 13 counties

(Los Angeles, Placer, Sacramento, San Diego, Santa Clara, Shasta, Alameda, Butte, Monterey, Orange, San Luis Obispo, Siskiyou, and Sutter counties)

- Initiative sunset on June 30, 2025
- Evaluation Report currently under ADA review





Federal Grants

Block Grant

- Aims to expand the California Healthy Brain Initiative work to include outreach to tribal/rural communities that are not currently funded
- Continuing Community Needs Assessment and preparing establishment of Communities of Practice

BOLD Grant

- Focus on prevention
 - Raising public awareness of ADRD
 - Serving as resource hub for local health jurisdictions

Preventive Health and Health Services (PHHS) Block Grant
HBI Road Map for American Indian and Alaska Native Peoples
BOLD Infrastructure for Alzheimer's Act



Clinical & Caregiving

California Alzheimer's Disease Centers

- CADCs are a statewide network of ten dementia care Centers of Excellence
- Services offered:
 - Comprehensive assessment and treatment recommendations
 - Specialized training and education for health care professionals
- Currently updating <u>Assessment of</u> <u>Cognitive Complaints Toolkit for</u> <u>Alzheimer's Disease</u>

- Locations:
 - 1. UC Davis East Bay
 - 2. UC Davis Sacramento
 - 3. UC Irvine Irvine
 - 4. UC San Diego San Diego
 - 5. UC San Francisco Fresno
 - 6. UC Los Angeles Los Angeles
 - 7. UC San Francisco San Francisco
 - 8. University of Southern California Los Angeles
 - University of Southern California Rancho Los Amigos
 - 10. Stanford University Palo Alto



Dementia Care California

 The goal of the website is to provide easily navigable, usable information and tools for dementia screening and detection, diagnostic evaluation, and clinical care

Resources are also available for persons living with ADRD and

caregivers

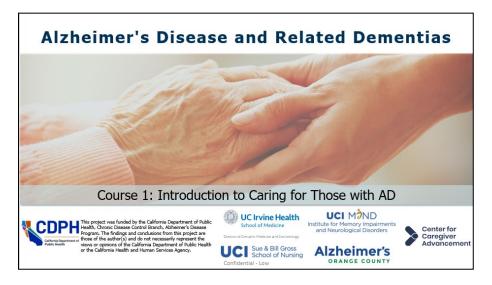




Caregiver Training Program



University of California, Irvine (UCI)



University of California, San Francisco (UCSF) – Fresno

CareNav™ Login Donate Now Caregiver Resources HICAP OASIS Adult Day Ombudsman **Online Training** Dementia Care Essentials: A Guide for Family Caregivers is a free, self-paced training developed specifically for caregivers. The training series contains 18 different topics, each with about 20 - 30 minutes of video content. The modules contain real-life examples, practical tips, and trusted advice. Topics include: Get started today! Changes in Thinking and Why They Happen We encourage you to explore freely and select topics Moderate to Sever Memory Changes that are of the most interest to you. · Problem Solving and Concentration · Behavior Changes and Why They Happen · Getting Help and Support dementia.valleycrc.org · Challenges of Caregiving



Research & Evaluation

Research Grants

- Four-year research projects (2024-2028)
- Purpose is to further understand and address the greater prevalence of dementia in underrepresented or disparate populations including women, communities of color, and populations historically underrepresented in research including Lesbian/Gay/Bisexual/Transgender/Queer/Questioning (LGBTQ+) communities and rural communities
- Grantees started Year 2 of their grant term
- ADP continues to provide technical assistance to grantees



Surveillance

California Neurodegenerative Disease Registry (CNDR),

Chronic Disease Research and Surveillance Branch, CDPH

Alzheimer's Disease Registry

- California Neurodegenerative Disease Registry (CNDR)
- July 1, 2025, health care providers mandated to report Alzheimer's disease diagnosis to the CNDR
- California Neurodegenerative Disease Registry Guide to Reporting is available
- Contact Information:
 CDSRBhelp@cdph.ca.gov

Chronic Disease Surveillance and Research Branch



AlzheimersD@cdph.ca.gov



Legislative Updates

Barbra McLendon

Public Policy Director, Alzheimer's Los Angeles

Federal Action Impact of HR 1

Medicaid

Effective January 1, 2027

- Work requirements for adults ages 19-64
- Redetermination of eligibility every 6 months

Covered CA

Effective end of 2025

Loss of enhanced premium credits

2025 State Legislation Caregivers

AB 960- (Garcia-D) Hospital Visitation for Caregivers

 Require hospitals to allow family and friend caregivers to remain with the patients who have physical, intellectual, and/or developmental disabilities and patients with cognitive impairment, including dementia, or another disability.

SB 590 (Durazo-D)- Paid Family Leave

 Expands relationships eligible for paid family leave to include a "designated person".

2025 State Legislation

Emergency Response

AB 1069 (Bains-D) – Emergency Shelters for older adults

This bill would, as part of disaster planning and response, require the lead agency designated with sheltering support duties to coordinate a MOU with AAA or ADRC

AB 1068 (Bains-D) – Recommendations on Evacuation and Sheltering of Older Adults and Persons with Disabilities

Would direct Cal HHS to develop a working group to make recommendations regarding the evacuation or sheltering needs of older adults and persons with disabilities in long-term care facilities during emergencies.



2025 State Budget Requests

Long-Term Care

\$12.3 million for Long-Term Care Ombudsman Program

LTC Ombudsmen provide free, resident-centered advocacy services in long-term care facilities.

- Funds would come from:
 - CDPH State Health Facilities Citations
 - CDPH Licensing & Certification

Alzheimer's Association Legislative Update

Andrew Mendoza, Director of State Affairs



SB 412 (Limón): Home Care Aides

New Requirement: Home Care Organizations will be mandated to train their Home Care Aides on dementiaspecific care prior to them providing services.

- Alzheimer's disease is complex with unique symptoms (agitation, delusions) and behaviors (wandering).
- Training provides that clients with dementia will receive quality care from aides assisting them with Activities of Daily Living like bathing, incontinence care, and feeding.

SB 470 (Laird): Open Meetings: State Boards & Commissions

- This bill sponsored by the California Commission on Aging allows State Boards and Commissions to meet remotely.
- It enables caregivers and people with disabilities to serve on decision-making bodies with a personal impact.

SB 530 (Richardson): Medi-Cal: Time & Distance Standards

- This bill extends network adequacy standards on Medi-Cal Managed Care Plans until 2029.
- It would not absolve plans of time and distance standards when they offer telehealth providers.
- This means that enrollees will not have to travel long distances or experience prolonged wait times to see a provider or certain specialists.

AB 116: Health Omnibus Trailer Bill

- Removes cognitive health assessment training and biannual reporting requirements currently supported through Dementia Care Aware.
- Reinstates the Medi-Cal asset limit at \$130,000 for individuals, and \$65,000 for each additional household member.
- Imposes a freeze on Medi-Cal enrollment for undocumented individuals, \$30 premiums (UIS).

SB 331 (Menjivar): Substance Abuse

- This bill defines "mental health disorder" as a condition outlined in the current edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) for purposes of the LPS Act.
- It revises the definition of gravely disabled to include chronic alcoholism.
- It permits an original petitioner to be assigned ongoing rights during a CARE Court process.

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Finalize Recommendations for CalHHS Secretary Johnson and Meeting Topic Suggestions



2025 Meeting Schedule

- Thursday, November 6, 2025 from 10:00 a.m. to 2:00 p.m.
- Committee meetings held in-person in Sacramento with Zoom option

Meeting Resources

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- Master Plan for Aging
- ADRCAC Member Biographies
- Long-Term Services and Supports (LTSS) Financing Initiative
- Older Adult Behavioral Health (OABH) Resources
- 2025 California's Behavioral Health Older Adults Survey Report
- California Long-Term Care Ombudsman
- Long-Term Care Ombudsman Annual Report
- Aging in California Special
- Master Plan for Aging (MPA) Resources Webpage
- Dementia Care in Residential Care Facilities for the Elderly (RCFEs) and Miscellaneous Regulation Changes Information and Resources
- Assisted Living Waiver
- Participating Care Coordination Agencies

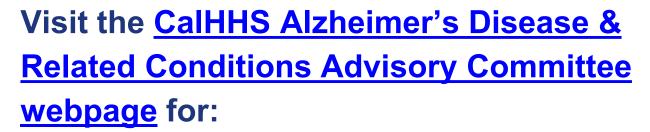
Meeting Resources

- <u>Updated Release of the Community Supports Policy Guide Available in Two Volumes</u>
- Enhanced Care Management and Community Supports
- U.S Pointer Study Overview
- U.S. Pointer Study Results
- Alzheimer's Disease Program
- Healthy Brain Initiative (HBI) Road Map
- Preventative Health and Health Services (PHHS) Block Grant
- Assessment of Cognitive Complaints Toolkit for Alzheimer's Disease
- California Neurodegenerative Disease Registry Guide to Reporting
- Chronic Disease Surveillance and Research Branch

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Thank you!



- More information about the Committee
- Upcoming meeting dates
- Presentations and recordings of past meetings



Stay Connected



Learn more about the MPA at MPA.aging.ca.gov

Contact: Engage@aging.ca.gov

Learn more about CDA at aging.ca.gov







