

## 2025-26 Master Plan for Aging (MPA) Initiatives

Initial ideas for Recommendations from Alzheimer’s Disease and Related Disorders (ADRD) Advisory Committee

### First Round of Polling: Initiative Categories (11 responded)

Caregiver Support (9 chose)

Long-Term Services and Supports (LTSS) Access and Affordability (7)

Professional Training and Workforce Development (6)

High Quality Care – Community-Based Services (5)

Behavioral Health (4)

High Quality Care – Medical Care (2)

Assessment and Data Collection (0)

Safety (0)

### Second Round of Polling: Proposed Initiatives (12 responded)

<b>Draft Recommendation</b>	<b># Chose</b>	<b>Category</b>
Ensure that the supported decision-making education and resources being developed are appropriate for those living with dementia and their potential supporters.	7	High Quality Care - Community-based Services
Provide financial support for caregivers, including investments in, and access to, affordable respite services.	6	Caregiver support
Incorporate family caregiving into planning in local communities.	6	Caregiver support
Secure continued funding to expand initiatives that were launched with short-term funding: access to dementia capable, person-centered adult day services (Cal-COMPASS); workforce training and career pathways programs in multiple languages (IHSS Career Pathways, Cal Grows, Caring4Cal etc.); use of community health workers to provide dementia care management through the state’s aging services network (CALz Connect); Alzheimer’s public awareness campaign; Healthy Brain Initiative sites; and California’s participation in Blue Zones®.	6	High Quality Care - Community-based Services

<b>Draft Recommendation</b>	<b># Chose</b>	<b>Category</b>
Develop and launch a robust Long-Term Services and Supports benefit.	6	LTSS Access & Affordability
Establish California Voluntary Savings Accounts for Long Term Care or seek other ways to increase financial support for those in the forgotten/missing middle (i.e., individuals who earn too much to qualify for Medi-Cal but not enough to pay for services out of pocket).	6	LTSS Access & Affordability
Reduce language barriers and increase availability of culturally appropriate services for caregivers.	5	Caregiver support
Identify and pursue strategies to improve collaboration and reduce silos among departments within the California Health and Human Services Agency (Cal HHS) to address the growing needs of people living with IDD and dementia.	5	High Quality Care - Community-based Services
Increase affordable assisted living facility access for people with dementia (Assisted Living Waiver, only available in 15 counties, continues to have long waitlists and other barriers).	5	LTSS Access & Affordability
Develop mandatory education for current health care providers in multiple languages, not just in primary care, but across care settings (emergency departments, hospitals, specialists, etc.).	4	Professional Training & Workforce Development
Explore feasibility of expanding community college certification programs so direct care staff can advance in their careers.	4	Professional Training & Workforce Development
Implement the recommendations from the Statewide Caregiver Equity Roadmap and Strategy and DHCS Medi-Cal and California Department of Aging (CDA) Non-Medi-Cal Home and Community-Based Services Gap Analyses and Multiyear Roadmaps.	3	Caregiver support
Explore what encourages or discourages the development of residential care homes for individuals living with intellectual and developmental disabilities (IDD) and Alzheimer’s disease, and work to ensure that those with IDD and Alzheimer’s have equitable access to residential care throughout the state.	3	High Quality Care - Community-based Services

<b>Draft Recommendation</b>	<b># Chose</b>	<b>Category</b>
Expand collaborations with state agencies and state-funded organizations involved in brain health and dementia risk reduction, including those outside of health care.	3	High Quality Care - Community-based Services
Expand volunteer service opportunities to support people living with dementia and their caregivers.	3	High Quality Care - Community-based Services
Increase and diversify the health care workforce.	3	Professional Training & Workforce Development
Train APS social workers on how to assess an individual's decision-making abilities.	3	Professional Training & Workforce Development
Expand services and track utilization to ensure equitable long-term services and supports (LTSS) access for the communities facing historical and present-day discrimination.	2	High Quality Care - Community-based Services
Create and distribute materials to help employers connect with their employees about issues faced by dementia caregivers and provide information on local resources.	2	Professional Training & Workforce Development
Explore expanding nurse delegation of tasks in order to increase pool of people who could provide the care needed to keep someone in the setting of their choice.	1	Write-in
Improve accessible transportation programs to better serve people with dementia and their caregivers.	0	High Quality Care - Community-based Services