

## ALZHEIMER'S DISEASE & RELATED DISORDERS (ADRD) ADVISORY COMMITTEE MEETING NOVEMBER 2, 2023

(AUTOMATED ZOOM CAPTIONING TRANSCRIPT)

0:09

OKAY GOOD MORNING EVERYONE THANK YOU WE'RE WAITING FOR THE ATTENDEES TO JOIN IN SO WE'LL GIVE IT A FEW MORE 0:15 **BEATS THANK** 0:26 YOU WE'RE JUST WAITING A COUPLE MORE MOMENTS FOR FOLKS TO GET ON AND GET 0:37 SETTLED THANK YOU 0:43 OKAY IT'S 10:01 I THINK WE CAN START GOOD MORNING EVERYONE MY NAME 0:50 IS CARROLL DEANDREISIS AND I'M THE STAKEHOLDER AND PUBLIC ENGAGEMENT MANAGER ON THE MASTER PLAN FOR AGING TEAM HERE AT THE 0:56 CALIFORNIA DEPARTMENT OF AGING HAPPY TO BE WITH YOU TODAY HERE FOR THE ALZHEIMER'S DISEASE AND ELATED DISORDER 1:04 ADVISORY COMMITTEE TODAY IS NOVEMBER 2ND 1:09 2023 AND THIS IS THE COMMITTEE'S FINAL MEETING FOR 2023I KNOW YOU MAY BE 1:16 THINKING WHERE DID 2023 GOI'M GOING TO GO AHEAD AND GO OVER A FEW 1:22 LOGISTICS FOR YOUAS EVERYONE GETS SETTLED SO LET'S MOVE TO THE NEXT SLIDE 1:27 THANKS ROSIEAS YOU CAN SEE HERE IS THEZOOM LINK AND YOU CAN JOIN BY SMARTPHONE 1:34 TABLET OR COMPUTERTO JOIN BY PHONE FOR AUDIOHERE'S THE AUDIO

INFORMATION LIVE CAPTIONING IS AVAILABLE VIA THE ZOOM WEBINAR AND AS YOU CAN SEE 1:46 WE HAVE AMERICAN SIGN LANGUAGE INTERPRETATION THANK YOU TO TULIP AND TREY FOR THEIR EXPERTISE TODAY WE 1:53 APPRECIATE THAT CAN YOU GO BACKTHERE WE GO THANK YOUTHIS 2:00 MEETING IS IN TWO FORMATS WE HAVE THE ZOOM VIRTUAL FORMAT AS WELL ASTHERE 2:07 IS AN IN-PERSON AVAILABILITY AS WELL WHICH MICHELLE JOHNSTON IS WILL BE 2:12 THE IN-PERSON IN THE MEETING ROOM HERE AT CDA WE WILL BE POSTING ALL THE 2:20MATERIALS TRANSCRIPTS RECORDING OF THIS WILL BE POSTED ON THE CAL HHS 2:25ALZHEIMER'S DISEASE AND RELATED DISORDERS WEB PAGE AFTER WEBINAR NEXT 2:38 SLIDE WE WILL BE HAVING A PUBLIC COMMENT LATER IN THE AGENDA FORANY 2.47INPERSON YOU CAN RAISE YOUR HAND FOR OUR ZOOM PARTICIPANTS FOR OUR ZOOM 2:54 PARTICIPANTS WE CAN YOU CAN USE YOUR RAISED HAND FUNCTION IN THE ZOOM 2:59WEBINAR FUNCTIONS AND FOR THOSE APPEARING ON THE PHONE YOU WOULD PRESS 3:05STAR NINE ON YOUR DIAL PAD AND IN BOTH CASES WE WOULD UNMUTE YOUR LINE SO THANK YOU VERY MUCH AND OF COURSE WE ACCEPT 3:12 WRITTEN COMMENTS AT ANY TIME YOU CAN PUT THAT INTO THE ZOOM 3:19 **Q&A NEXT SLIDE OKAY SO I'M GOING TO SPOTLIGHT** 3:26 DARRICK LAM GOOD MORNING EVERYONE AND THANK YOU 3.31CARROLL FOR THE INTRODUCTION SO I JUST WANT TO START BY SAYING THAT WE 3:38

RECOGNIZE THAT THE NEW LEGISLATION THAT PASSED RELATED TO BAGLEY KEENE ACT AND 3:45 THAT'S THE SB 143 AND 544 MAKES IT REALLY EASIER FOR PEOPLE TO AND THAT'S 3:53 US TO PARTICIPATE IN MEETINGS EVEN IF THEY AND ABLE TO TRAVEL INCLUDE A 3:59 PERSONS WITH DEMENTIA AND CAREGIVERS AND I WOULD LIKE TO HAVE A 4:05 QUICK ROLL CALL OF ALL THE MEMBERS WHO ARE PRESENT TODAY STARTING WITH 4:14 MEG BARRON HERE PRESENT THANK YOU DR WYN CANLAS CANIO 4:20 PRESENT AND THEN DR SARAH FARIAS I'M 4:26 HEREBARBRA MCLENDONHERE DR WILLIAM 4:37 MOBLEY CELINE REGALIA HERE ANDREA ROBERTS HERE 4.49JULIE HI THIS IS THIS IS DARCI DELGADO I'M COVERING FOR JULIE SOULIERE AS THE 4:55 AGENCY REPRESENTATIVE TODAY THANKS THANK YOU SO MUCH DARCIDR. DOLORES GALLAGHER THOMPSON YES 5:04 HI I'M HERE SALLY BERGMAN GOOD MORNING 5:10 ALL RIGHT THAT CONCLUDES OUR ROLL CALL SO I WOULD LIKE TO TURN TO THE MINUTES 5:15 WHICH HAS BEEN POSTED ON THE WEBSITE AND JUST WANT TO SEE IF WE HAVE A MOTION 5:21 TO APPROVE THE MINUTES I MOVE TO APPROVE THANK YOU 5:28 SALLY ANY SECOND SURE SECOND THANK YOU DOLORES ANY 5:36 DISCUSSION ALL RIGHT ALL THOSE IN FAVOR SIGNAL BY SAYING AYE ALL THOSE OPPOSE 5:43 ANY EXSTENSION OKAY MINUTES APPROVED 5.49BEFORE I TURN TO THE NEXT GUEST I WOULD ALSO LIKE TO CONGRATULATE OUR FEARLESS 5:55

LEADER SUSAN ON BEING PROMOTED AND APPOINTED TO THE FEDERAL 6:03 ADVISORY COUNCIL ON ALZHEIMER'S RESEARCH CARE AND SERVICES IS A REALLY REALLY 6:08 GREAT HONOR TO YOU KNOW HAVE SUSAN JOINING US TODAY NOT ONLY REPRESENTING CDA BUT ALSO AS A MEMBER OF THIS FEDERAL 6:16 ADVISORY COUNCIL SO THANK YOU VERY MUCH FOR BEING HERE AND CONGRATULATIONS THANK YOU DARRICK THANK 6:22 YOU RIGHT SO NEXT ITEM I KNOW THAT DR 6:27 GHALY WON'T BE ABLE TO JOIN US AT THIS TIME BUT LIKE TO ASK DARCI TO 6:35 REPRESENT HIM AND TO SAY A FEW WORDS ABOUT THE TOPIC ON RECOGNIZING CALIFORNIANS LIVING WITH DEMENTIA AND 6:42 THEIR CAREGIVERS SO OVER TO YOU DARY YOU SO MUCH YES I DEFINITELY DON'T HAVE A 6:49 MEDICAL DEGREE NOR DO I HAVE A MASTER'S IN PUBLIC HEALTH SO DR GHALY BUT 6:56 I AM JUST REALLY APPRECIATIVE TO EVERYONE FOR BEING HERE TODAY I AM SO 7.03 PROUD TO BE JOINING AT THE START OF NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH AND NATIONAL FAMILY CAREGIVERS 7:10 MONTH AND REALLY WHEN YOU THINK ABOUT IT THE COMMITTEE HERE BRIDGES BOTH OF THOSE 7:15 TOPICS AND TODAY'S AGENDA WITH FOCUSING ON FAMILY CAREGIVERS IS JUST SO FITTING 7:21 FOR WHERE WE ARE THIS MONTH AND REALLY THE NUMBERS THAT WE LOOK AT TO REALLY 7:28 UNDERSTAND THE SCOPE OF THIS ISSUE AND YOU KNOW I WAS REVIEWING SOME OF THE NUMBERS AND PREPARATION FOR BEING HERE 7:35 TODAY AND ONE OF THE THINGS THAT REALLY STOOD OUT TO ME AND I KNOW WILL BE A TOPIC OF TODAY'S DISCUSSION IS CAREGIVER 7.42 HEALTH AND THE NUMBER THE PERCENTAGE OF CAREGIVERS WHO IN OF THEMSELVES ARE 7:48

FACING CHRONIC HEALTH CONDITIONS FACING DEPRESSION FACING **BEHAVIORAL HEALTH** 7:55 ISSUES IT REALLY JUST COMPOUNDS YOU KNOW I KNOW WE ARE INCREDIBLY FOCUSED ON 8:01 INDIVIDUALS IN CALIFORNIA WHO HAVE ALZHEIMER'S WHO HAVE OTHER DEMENTIAS AND 8:07 AND WHEN YOU THINK ABOUT THE SCOPE OF THOSE INDIVIDUALS AND THEN THE CAREGIVERS THAT ARE STRUGGLING BOTH WITH 8:15 THE THOSE THAT THEY ARE CARING FOR AND THEIR OWNTHEIR OWN HEALTH AND MENTAL 8:21 HEALTH ISSUES IT JUST REALLY EMPHASIZES THE IMPORTANCE OF THE WORK THAT THIS 8:27 GROUP IS DOING THAT THIS COMMITTEE IS DOING TO REALLY ENSURE THAT THOSE TOPICS 8:33 STAY FRONT OF MIND FOR STATE POLICY MAKERS AND SO I JUST REALLY APPRECIATE 8:39 YOU ALL FOR SERVING IN THE ROLES THAT YOU SERVE INTO THIS COLLECTIVE COMMITTEE BECAUSE THE BREADTH OF YOUR EXPERIENCE 8.46 AND YOUR DEEP DEEP UNDERSTANDING OF THESE COMPLEX ISSUES RELATED TO ALZHEIMER'S RELATED TO DEMENTIA AND 8:53 RELATED TO CAREGIVERS IS JUSTJUST INCREDIBLY IMPORTANT FOR THIS 9:00 ADMINISTRATION AND FOR CALIFORNIA HEALTH AND HUMAN SERVICES 9:05 AGENCY AND IT WAS ALSO POINTED OUT TO ME THAT THIS MIGHT BE ONE OF THE LONGEST 9:11 STANDING ADVISORY COMMITTEES IN OUR AGENCY AND BEING HAVING BEEN CREATED IN 9:18 THE 1980SREALLY PREPARES US FOR THIS EXACT MOMENT YOU KNOW CLOSE TO 800,000 9:26 CALIFORNIANS ARE LIVING WITH THIS DISEASE WITH OVER 1 MILLION FAMILY MEMBERS PROVIDING CARE AND SO THANK 9:33 GOODNESS THAT THIS GROUP IS AROUND TO HELP KEEP THESE ISSUES

FOREFRONT BECAUSE FRANKLY IT'S SOMETHING THAT ALL OF US

ARE EXPERIENCING WHEN I WAS READING THROUGH THE AGENDA WAS THINKING ABOUT MY 9:45OWN70 PROBABLY HE WOULD NOT WANT ME TO SAY THIS BUT PROBABLY 75Y OLD FATHER 9:52 WHO'S CARING FOR MY 95-YEAR-OLD GRANDMOTHER WHO HE HIMSELF STRUGGLES TO 9:59 TO TO GET HIM TO THE DOCTORS AND OFTEN TIMES WHEN I THINK AND WORRY ABOUT SOME OF THE PHYSICAL AILMENTS THAT HE HAS LET 10:07 ALONE AS A CAREGIVER HIMSELF SO JUST KNOW THAT YOU KNOW ALL OF THE PERSONAL 10:12 EXPERIENCES THAT YOU BRING TO THIS COMMITTEE ARE INCREDIBLY IMPACTFUL FOR 10:18 THE DISCUSSIONS AND THE DECISIONS THAT ARE BEING MADE AND AND I'LL TELL YOU AT LEAST THE DELGATO FAMILY THANKS YOU FOR 10.24THE WORK THAT YOU'RE DOING BECAUSE IT IT IS REALLY FAR-REACHING 10:30 A COUPLE OF THINGS THAT I JUST WANT TO POINT OUT HOPEFULLY THEY WILL COME UP TODAY BUT VERY PROUD OF OF OUR NATION 10.37LEADING DEMENTIA CARE AWARE INITIATIVE THE DIRECT CARE WORKER TRAINING AND STIEN PROGRAMS THATARE PUT OUT BY 10:46 BOTH DEPARTMENT OF AGING AND DEPARTMENT OF SOCIAL SERVICES ARE TWO ARE MULTIPLE 10:51 EFFORTS THAT I JUST WANT TO HIGHLIGHT AS WORK THAT COME POLICY WORK AND 10:57 PROGRAMMING THAT COMES STRAIGHT OUT OF DECISIONS AND RECOMMENDATIONS THAT COME OUT OF THIS COMMITTEE SO JUST VERY 11:04 THANKFUL FOR THAT AND WANTED TO LIFT THOSE UP AS AS GOOD PRACTICES AND HIGHLIGHTS THAT CONNECT TO THE WORK THAT 11:11 YOU ALL DO ON THIS COMMITTEE I ALSO WANT TO HIGHLIGHT YOU KNOW WE TOUCHED ON 11.16BEHAVIORAL HEALTH ISSUES BUTAS COMM KIND OF COMMON KNOWLEDGE NOW IS 11:23

THAT WE AREN'T IN THE BEST BUDGET SITUATION WE DON'T HAVE THE FISCAL WINDFALL THAT WE MAY BE HAD THREE OR 11:29 FOUR YEARS AGO WITHIN THE STATE OF CALIFORNIA BUT DESPITE THAT LAST YEAR 11:34 DEPARTMENT OF AGINGWASGIVEN \$50 MILLION FOR THEIR ADULT 11:42 EXCUSE ME OLDER ADULT BEHAVIORAL HEALTH INITIATIVE SO \$50 MILLION I TOLD 11:49 SUSAN YESTERDAY I CAN PROBABLY COUNT ON ONE HAND ALL OF THE NEW INITIATIVES THAT 11:54 WERE FUNDED LAST YEAR AND THIS WAS REALLY JUST ONE OF VERY FEWBUT BUT REALLY EMPHASIZES THIS ADMINISTRATION'S 12:01 FOCUS ON BEHAVIORAL HEALTH AND RECOGNIZING THAT BEHAVIORAL HEALTH 12:07 ISSUES ARE HUGE FOR THE OLDER ADULT POPULATION IN MY PREVIOUS LIFEI WAS 12:13 A PSYCHOLOGIST AND WHEN YOU LOOK AT THE STATISTICS OF THE COMORBIDITY BETWEEN 12:19 DEMENTIA AND DEPRESSION OR DEMENTIA AND ANXIETY IT REALLY IS INCREDIBLY HIGH 12:26 THOSE TWO GO HAND INAND AND SO UNDERSTANDINGTHAT WE HAVE THOSE 12:32 DOLLARS TO REALLY FOCUS ON BEHAVIORAL HEALTH ISSUES FOR OLDER ADULTS I KNOW A LARGE PORTION OF THAT WILL BE GOING OUT 12:38 TO LOCAL COMMUNITY-BASED ORGANIZATIONS TO HELP TACKLE SOME OF THESE ISSUES SO 12.44LOTS GOING ON BUT JUST IN TO CLO TO CLOSE I WANT TO ACKNOWLEDGE AND THANK AGAIN THE UNPRECEDENTED PARTNERSHIP 12:51 AMONGST OUR AGENCY DIRECTORS THE DEPARTMENT DIRECTORS AND REALLY YOU THE STAKEHOLDERS THAT HELP INFORM AND DRIVE 12:58 THE DECISIONS THAT OUR DEPARTMENTS ARE MAKING SO THANK YOU ALL FOR THIS WORK REALLY EXCITED TO HEAR ALL THE CONTENT 13:04 FOR TODAY AND DARRICK I THINK I'LL HAND IT BACK TO YOU THANKS SO MUCH EVERYONE THANK YOU SO MUCH DARCI IT'S

13:12 EXCITING TO HEAR THAT A GREAT STATE IS PAYING NOT ONLY ATTENTION TO 13:18 DEMENTIA BUT ALSO TO BEHAVIORAL HEALTH BECAUSE INDEED THIS TWO ARE VERY 13:23 CONNECTED AND ESPECIALLY WE HAVE SEEN YOU KNOW A LOT OF YOU KNOW CASES AFTER 13:29 COVID PANDEMIC STARTED A FEW YEARS AGO SO THANK YOU SO MUCH FOR **BEING HERE** 13:35 NEXT I WOULD LIKE TO INVITE EIGHT ESTEEM PANELISTS TO TALK ABOUT A 13:43 SUBJECT WHICH IS VERY CLOSE AND DEAR TO OUR HEART AND IS ON SUPPORTING AND 13:48 PAID CAREGIVERS OF PEOPLE LIVING WITH DEMENTIA SO TO START OUR DISCUSSION 13:55 I WOULD LIKE TOWELCOME DR ANGALAR CHI WHO IS A RESEARCH SCIENTIST WITH THE 14:04 CALIFORNIA DEPARTMENT OF PUBLIC HEALTH AND SHE'S GOING TO TALK ABOUT CALIFORNIA'S BEHAVIORAL RISK FACTOR 14:12 SURVEILLANCE SYSTEM SO OVER TO YOU DR CHI THANK YOU THANK YOU FOR THE INTRODUCTION GOOD MORNING EVERYONE SO 14:20 THIS MORNING I'LL BE PRESENTING ON CALIFORNIA CAREGIVERS FOCUSING ON THOSE WHO PROVIDED CARE TO FAMILY MEMBERS OR 14:27 FRIENDS WITH ALZHEIMER'S DISEASE DEMENTIA OR OTHER COGNITIVE IMPAIRMENT DISORDER USING THE 2021 BEHAVIORAL RISK 14:35 FACTOR SURVEILLANCE SYSTEM SO THE ACRONYM FOR THAT IS BRFSS AND I **PRONOUNCE IT AS BURUS SO** 14:43 THIS WAS THE DATA FILE THAT WAS APPLIED BY THE CHRONIC DISEASE SURVEILLANCE AND RESEARCH BRANCH AND TODAY'S PRESENTATION 14:51 I WILL BE FOCUSING ON JUST THE STATEWIDE RESULTS AND NOT THE COUNTY LEVEL RESULTS DUE TO ISSUES WITH SAMPLE C 15:00 NEXT SLIDE PLEASE OKAY SO ON THIS SLIDE I WOULD 15:06 LIKE TO PROVIDE A BRIEF OVERVIEW OF THE METHODOLOGY SO BURUS IS THE NATION'S

PREMIER SYSTEM OF HEALTH RATED TELEPHONE SURVEYS THEY COLLECT STATE DATA ABOUT US 15:18 RESIDENTS REGARDING THEIR HEALTH RELATED RISK BEHAVIORS CHRONIC HEALTH CONDITIONS AND USE OF PREVENTIVE SERVICES AND BACE 15:25 HAS THREE COMPONENTS THE FIRST COMPONENT IS THE CORE QUESTIONS THAT WERE DEVELOPED BY THE CDC IN COLLABORATION 15:32 WITH STATE AGENCIES THE SECOND COMPONENT IS THE OPTIONAL MODULE QUESTIONS 15:38 DEVELOPED BY THE CDC BUT IT THEY WERE SELECTED AND PURCHASED BY THE CDPH AND 15:44 THE DIRT COMPONENT CONSISTS OF QUESTIONS DESIGNED BY THE STATE TO TO ADDRESS 15:49 SPECIFIC ISSUES THAT CONCERN THE STATE FOR TODAY'S PURPOSE I'LL BE 15:54 PRESENTING ON THE SECOND COMPONENT WHICH IS THE CAREGIVER MODULE OKAY SO MOVING ON TO ELIGIBILITY SO 16:02 THERE ARE CRITERIA THAT MUST BE MET TO PARTICIPATE IN THIS SURVEY PARTICIPANTS 16.07MUST BE CALIFORNIA RESIDENTS BE AT LEAST 18 YEARS OF AGE AND LIVING IN HOUSEHOLDS 16:12 OR COLLEGE HOUSING AND THE WAY THE PARTICIPANTS WERE SAMPLED WERE THROUGH 16:17 RANDOM SELECTIONS SO THERE WERE TWO SAMPLING FRAMES WHICH CONSISTED OF A LIST OF RANDOMLY SELECTED LANDLINE PHONE 16:25 NUMBERS AND A SECOND LIST OF RANDOMLY SELECT ED CELLULAR PHONE NUMBERS SO WITH 16:30 THE L LINE METHOD ONLY ONE MEMBER OF THE HOUSEHOLD WAS RANDOMLY SELECTED TO TAKE THE SURVEY FOR THE HOUSEHOLD ONCE A 16:38 RESPONDENT WAS SELECTED NO OTHER HOUSEHOLD MEMBERCOULD BE ELIGIBLE TO TAKE THE 16.43SURVEY SO FOR THE CELL PHONE METHOD THE PERSON WHO ANSWERED THE PHONE AND SELF-IDENTIFIED AS THE PRIMARY USER OF 16:51

THE PHONE WAS SELECTED TO TAKE THE SURVEY NOW THAT WE HAVE SOME UNDERSTANDING ON HOW PARTICIPANTS WERE 16:57 SELECTED TO TAKE THE SURVEY TO TAKE THE SURVEY I WOULD LIKE TO NOW PRESENT THE RESULTS HERE'S THE FUN PART IN 17:05 CALIFORNIA WE HAD A TOTAL OF 2,496 PARTICIPANTS RESPONDED TO THE 17:10 CAREGIVER SURVEY AND OF THOSE 2.496 PARTICIPANTS 528 STATED THAT THEY 17:18 PROVIDED CARE TO FAMILY MEMBERS OR FRIENDS WITH ALZHEIMER'S DISEASE OR AD 17:24 OTHER DEMENTIA OR OTHER COGNITIVE IMPAIRMENT DISORDER C DURING THE PAST 30 17:30 DAYS OKAY NEXT SLIDE PLEASE OKAY SO BEFORE I PROCEED FURTHER I WOULD LIKE TO 17:36 UNDERSCORE THAT ALL ESTIMATES ARE WEIGHTED STARTING FROM THIS SLIDE TO THE END OF MY PRESENTATION SO AS I MENTIONED 17:44 ON MY PREVIOUS SLIDE WE HAD 528 CAREGIVERS AND THAT WAS THE UNWEIGHTED 17:50 COUNT ONCE I ADJUSTED THE NUMBER WITH A CDC WEIGHT THE NEW NUMBER OF CAREGIVERS 17:55 IN CALIFORNIA WAS ESTIMATED TO BE APPROXIMATELY 5.4 MILLION AND OF THE 5.4 MILLION 18:02 CAREGIVERS 21% INDICATED THAT THEY PROVIDED CARE TO FAMILY MEMBERS OR FRIENDS WITH AD 18:09 DEMENTIA OR OTHER CB AND THIS MEANS THAT WE HAVE AN ESTIMATED 1.1 MILLION 18:16 CALIFORNIA RESIDENTS WHO PROVIDED REGULAR CARE TO FAMILY MEMBERS OR FRIENDS WITH 80 OTHER DEMENTIA OR OTHER 18:24 CID IN THE LAST 30 DAYS SO OF THESE 1.1 MILLION CAREGIVERS 18:30 IN CALIFORNIA THE MAJORITY WERE OLDER ADULTS WITH NEARLY 41% **BELONGING TO 60** 18:38 YEARS OR OLDER AGE BRACKET NEXT SLIDE 18:47

PLEASE CAREGIVERS WHO PROVIDED CARE TO THOSE WITH AD DEMENTIA OR OTHER CID WERE 18:53 59% FEMALES AND 41% MALES OKAY NEXT 18:59 SLIDE PLEASE ON THIS SLIDE WE ARE LOOKING AT 19:05 CAREGIVERS BY RACE AND ETHNICITY AS WE CAN SEE THIS TABLE HAS ASTERIS AND THAT 19.10INDICATE THAT THE DATA WERE SUPPRESSED FOR THE CORRESPONDING CATEGORY DUE TO ISSUES WITH DATA RELIABILITY WHERE THE 19:16 RELATIVE STANDARD ERROR ACRONYM IS RSSE IS GREATER THAN 30% SO **RSE TELLS US HOW** 19:24 RELIABLE OUR ESTIMATES ARE THE HIGHER THE RSSE THE LESS RELIABLE THE ESTIMATES 19:29 AND CDC RECOMMENDS AN RSSE OF 30% AS THE CUT OFF WHICH MEANS THAT THE ONLY 19:35 CATEGORIES WHERE SAMPLE SIZES WERE SUFFICIENT WERE THE HISPANIC AND WHITE POPULATIONS ALMOST HALF OF THE 19:41 CAREGIVERS IDENTIFIED AS NON-HISPANIC WHITE AND NEARLY 30% **IDENTIFIED AS** 19:48 HISPANIC SO THE TAKEAWAY FOR THIS SLIDE IS THAT WE NEED TO DO MORE TO PROMOTE THE IMPORTANCE OF THE BIRTH SURVEY IN 19:55 THE COMMUNITIES WHERE DATA SUPPRESSION WAS APPLIED DUE TO SMALL SAMPLE 20:01 SIZES OKAY NEXT SLIDE MOVING ON TO THE CAREGIVERS 20:09 HOUSEHOLD INCOME AN ESTIMATED OF 32% OF CALIFORNIA CAREGIVERS REPORTED THEIR 20:15 ANNUAL HOUSEHOLD INCOME LEVELS TO BE UNDER 50,000 NEXT SLIDE 20:25 PLEASE OKAY SO ON THIS SLIDE WE ARE LOOKING LOOKING AT A BAR GRAPH STRATIFIED BY THE CAREGIVER'S 20:31 RELATIONSHIP TO THE CARE RECIPIENT THE GRAPH IS SHOWING THAT NEARLY 43% OF 20:37

CAREGIVERS WHO PROVIDED CARE TO THOSE WITH AD OTHER DEMENTIA OR OTHER CID 20:42 WHERE THE CAREGIVERS PARENTS ARE PARENTS IN-LAW 24% WERE THE CAREGIVERS OTHER 20:48 RELATIVES SO THOSE WOULD BE THE GRANDPARENTS SIBLINGS AND SIBLING SPOUSES WE ALSO HAVE NEARLY 20:55 19%THAT WERE THE CAREGIVERS NON RELATIVES OR FRIENDS SOTHERE'S ONE THING THAT I 21:02 WOULD LIKE TO POINT OUT ON THIS SLIDE IS THIS SPOUSE OR PARTNER CATEGORY THAT PARTNER IS LIVING PARTNERS AND I THINK 21:10 THAT'S IMPORTANT TO POINT OUT NEXT SLIDE 21:16 PLEASE 58% OF CAREGIVERS PROVIDED CARE TO FAMILY MEMBERS OR FRIENDS WITH AD 21:22 OTHER DIMENSION OR OTHER CID FOR AT LEAST TWO YEARS AND OF THOSE 58% 21:28 29% PROVIDED CARE FOR MORE THAN 5 21:34 YEARS OKAY NEXT SLIDE 21.40PLEASE OKAY SO ON THIS SLIDE DATA SUPPRESSION WAS AGAIN APPLIED TO THE 20 TO TO THE 20 TO 39 HOURS PER WEEK 21:48 CATEGORY WHICH IS WHY THERE'S A MISSINGGRAPH FOR THAT CATEGORY THE BIG 21:54 TAKEAWAY FOR THIS SLIDE IS THAT NEARLY 21% OF CARE GIVERS PROVIDED CARE 21:59 FULLTIME AND MORE SO THAT'S 40 HOURS OR MORE TO THOSE WITH 80 OTHER DEMENTIA OR 22:05 OTHER CID NEXT SLIDE PLEASE 63% OF CAREGIVERS REPORTED THAT 22:14 THEY MANAGED PERSONAL CARE SUCH AS GIVING MEDICATIONS FEEDING DRESSING OR BATHING FOR THEIR CARE RECIPIENTS WITH 22:21 80 OTHER DEMENTIA OR OTHER C NEXT SLIDE 22:26 PLEASE 85% OF CAREGIVERS REPORTED THAT THEY ALSO MANAGED THE CARE RECIPIENT'S

HOUSEHOLD TOURS SUCH AS CLEANING MANAGING MONEY AND PREPARING MEALSSO 22:38 BEFORE I WRAP UP I WOULD LIKE TO EMPHASIZE THAT CAREGIVERS ARE NOT ONLY PROVIDING CARE TO RELATIVES BUT THEY ARE 22:44 ALSO PROVIDING CARE TO NON-RELATIVES SUCH AS FRIENDS WITH AD OTHER DEMENTIA 22:49 OR OTHER CID NEXT SLIDE PLEASE SO THIS SLIDE WILL CONCLUDE MY 22:56 PRESENTATION IF YOU HAVE ANY QUESTIONS OR COMMENTS PLEASE CONTACT THE ALZHEIMER'S DISEASE PROGRAM OR YOU CAN 23:02 TYPE IN YOUR COMMENTS IN THE COMMENTS BOXIF WE DON'T HAVEENOUGH 23:08 TIME TO TAKE QUESTIONS AFTER MY PRESENTATION YOU CAN ALSO FIND MORE INFORMATION ABOUT BURUS ON THE LINKS 23:13 PROVIDED ON THE SLIDE THANK YOU THANK YOU SO MUCH DR CHI I JUST WANT TO 23:19 MENTION THAT WE HAVE A Q&A SESSION AFTER THE LAST PRESENTER SO WHICH WILL HAPPEN 23:25 BETWEENQUARTER TO 12 AND 12 NEWON SO WITH THAT SAID AS A PROUD AGGIE I WOULD 23:32 LIKE TO INVITE OUR NEXT SPEAKER AND THAT IS DR JANICE BELL WHO IS THE DIRECTOR 23:38 AND PROFESSOR ASSOCIATE DEAN OF THE BETTY IRENE MOORE SCHOOL OF NURSING AT UC 23:43 DAVIS AND SHE'S GOING TO PRESENT ON THE SUBJECT ENTITLED PROFILE OF CAREGIVERS 23:49 IN CALIFORNIA CAREGIVER RESOURCE CENTER SO OVER TO YOU THANK YOU SO MUCH FOR THE 23:55 INTRODUCTION AND I REALLY APPRECIATE THIS IN INVITATION TO PRESENT SOME OF OUR FINDINGS FROM THE DATABASE CALLED 24:01 CARE NAAVWITH MY COLLEAGUE DR HEATHER YOUNG I'M A CPI ON **EVALUATION** 24:06

WORK WITH THE CALIFORNIA CAREGIVER RESOURCE CENTERS AND THE CALIFORNIA STATE DEPARTMENT OF AGING NEXT SLIDE I 24:13

JUST WANT TO QUICKLY ACKNOWLEDGE OUR TEAM WHO CONTRIBUTE TO THIS WORK THEY INCL INCLUDE JENNIFER MONGOVEN ROBIN 24:19

WHITNEY ORLE TONIK BEN LINK AND JESSICA FAMULA SO I THINK THERE'S GOING TO BE A

24:25

PRESENTATION A LITTLE BIT LATER ON BY KATHY DESCRIBING SOME OF THE WORK OF THE CALIFORNIA CAREGIVER RESOURCE CENTERS 24:32

AND THE ROLL OUT OF THE TECHNOLOGY PLATFORM CALLED CARE NAAV BUT I'M GOING TO SKIP RIGHT TO KARAV AND SAY THAT IT'S 24:38

A CLOUD-BASED HIPAA COMPLIANT CLIENT RECORD SYSTEM SO THIS IS A A TECHNOLOGY THAT HAS BEEN IMPLEMENTED ACROSS 11 24:45

CAREGIVER RESOURCE CENTERS IN CALIFORNIA WHERE CAREGIVERS CAN INTERACT WITH THE TECHNOLOGY THEY CAN ENTER THEIR OWN 24:51

INFORMATION AND THAT BEGINS A PROCESS OF GETTING SUPPORT THROUGH THE AGENCY THERE'S A CLIENT DASHBOARD THAT PRODUCES 24:58

TAILORED INFORMATION FOR THEIR SPECIFIC SITUATION AGENCY CONTACTS AND

25:04

INFORMATION A PERSONALIZED CARE PLAN SECURE COMMUNICATIONS WITH A CARE CONSULTANT WHO'S MOST OFTEN A SOCIAL

25:10

WORKER AND THERE'S A LOT OF SERVICE USE DATA SO INTAKE AND ASSESSMENT AND THEN

25:15

REASSESSMENT WHICH IS USUALLY SIX MONTHS LATER AND THAT'S THE DATA THAT WE EXPORTED FOR THIS

25:22

ANALYSIS SO THIS THIS SLIDE JUST SHOWS QUICKLY THETHE LANDING PAGE FOR CAR

25:27

WHEN WHERE A PERSON CAN COME IN THEY CAN SET UP AN ACCOUNT ENTER THE PORTAL ANDADD SOME OF THEIR

25:35

INFORMATION AND IN THE NEXT SLIDE YOU SEE THE CARE MODEL FORCARE NAAV

25:40

WHICH INCLUDES THIS ONLINE ASSESSMENT WHICH COVERSTHE ACTIVITIES OF

25:45

DAILY LIVING THAT THE CAREGIVER IS SUPPORTING WHETHER THEY'RE DOING MEDICAL OR NURSING TASKS WHETHER THE PERSON HAS 25:51

MEMORY OR BEHAVIOR PROBLEMS HEALTHC CARE USE FOR THE CAREGIVER AND CARE RECIPIENT COMFORT WITH TECHNOLOGY USE THERE'S 25:58

INFORMATION ABOUT INSURANCE AND LEGAL DOCUMENTS PAID AND UNPAID SUPPORTS CAREGIVER HEALTH STATUS CAREGIVER BURDEN 26:05

WHICH IS MEASURED WITH THE ZERAT SHORT FORMFOUR ITEM SCALE THERE'S ASSESSMENT OF DEPRESSIVE SYMPTOMS USING 26:12

THE PHQ9 AND THEN THE UCLA LONELINESS SCALE TO MEASURE LONELINESS AND THE NICE THING ABOUT THIS DATA IS THAT IT FOLLOWS 26:19

THE CAREGIVER AS THEY ENTER THE SYSTEM RECEIVE SUPPORT AND THEN GET REASSESSED SO WE CAN ACTUALLY SEE IF THEHOW THE 26:27

PROGRAM IS SUPPORTING THE CAREGIVER OVER TIME THE NEXT SLIDE SO THIS IS A LITTLE

26:32

PROFILE OF THE CAREGIVERS WHO ARE SERVED THIS IS INCLUDES ABOUT 4,000 CAREGIVERS

26:38

YOU CAN SEE FROM AGE THAT THE DISTRIBUTION OF AGE OF THE CARE RECIPIENTS IS QUITE A BIT OLDER THAN THE

26:43

CAREGIVERS SO THE CAREGIVERS ABOUT HALF ARE 45 TO 64 YEARS OF AGE AND AMONG

26:49

THE CARE RECIPIENTS MOST ARE OLDER ADULTS 65 OR ABOVE SO THIS IS PROBABLY REFLECTING CHILDREN TAKING CARE OF THEIR 26:55

PARENTS IN TERMS OF GENDER MORE OF THE CAREGIVERS ARE FEMALE AND IN THE CARE RECIPIENTS THE YELLOW BARS OF GENDER YOU 27:02

SEE THOSE THAT IS A LITTLE BIT MORE EVEN AND THEN THIS IS A DIVERSE GROUP OF CAREGIVERS AND CARE RECIPIENTS SO 27:09

REFLECTING THE POPULATION OF CALIFORNIA REALLY WELL JUST A LITTLE OVER HALF ARE WHITE OR NON-HISPANIC ABOUT A THIRD ARE 27:16

HISPANIC OR LATINO AND THEN WE HAVE ABOUT 8% ASIAN-AMERICAN AND PACIFIC ISLANDER AND ALMOST 7% BLACK ARE

27:25

AFRICAN-AMERICAN ON THE NEXT SLIDE SOME OF THE CHAR ISTICS OF THE CAREGIVERS YOU SEE THAT MOST OF THEM ARE NOT WORKING 27:30 THERE'S ABOUT 26% THAT ARE WORKING FULL-TIME AND 11% PART-TIME PARTLY BECAUSE THEY'RE DOING THE CAREGIVING 27:36 ROLE AND PARTLY BECAUSE SOME ARE OLDER ADULTS 18% EARN BELOW THE FEDERAL POVERTY LEVEL ABOUT 65% ARE MARRIED OR 27:44 PARTNERED 90% IDENTIFY AS HETEROSEXUAL MEANING THAT THERE'S THIS LARGE AND GROWING DATABASE OFLGBTQ PLUS 27:52 CAREGIVERS THAT WE CAN LOOK AT IN THE FUTURE 18% ARE PROVIDING CARE TO MULTIPLE CARE RECIPIENTS ALSO A SPECIAL 27:58 GROUP THAT WE WANT TO LOOK AT MORE CLOSELY 133% LIVE IN A RURAL AREA AND 5% 28:03 HAVE VETERANS ADMINISTRATION BENEFITS SO LOOKING AT THE CARE 28:09 RECIPIENTS THEY TEND TO BE RELATED TO THE CAREGIVERS CAN TEND TO BE RELATED TO THE CARE RECIPIENTS AS CHILDREN ABOUT 28:16 HALF AND A THIRD ARE SPOUSES CARING FOR PARTNERS LOOKING AT THE CONDITIONS YOU 28:21 SEE THAT 91% OF THE CARE RECIPIENTS HAVE MEMORY LOST 46% CAN'T BE LEFT ALONE 28:27 ABOUT 6% 16% ARE PRONE TO WANDERING AND 68% HAVE A PRIMARY DIAGNOSIS OF 28:33 ALZHEIMER'S DISEASE OR RELATED DEMENTIA SO FOLLOWING DR CHI'S PRESENTATION I THINK THIS IS IMPORTANT TO THINK ABOUT 28:39 WE LOOK AT ALZHEIMER'S DIAGNOSIS BUT THERE'S A LOT OF PEOPLE BEING CARED FOR WHO DON'T YET HAVE A FORMAL DIAGNOSIS SO 28:45 IN THIS DATABASE WITH 91% HAVING SOME KIND OF MEMORY LOSS PERHAPS THESE ARE PEOPLE WHO ARE GOING TO BE DIAGNOSED IN 28:51 THE FUTURE IN THE NEXT SLIDE THANK YOU CAN SEE THE 28:57 CAREGIVING INTENSITY AND THIS IS A MEASURE THAT WAS DEVELOPED BY THE AARP AND IT LOOKS AT THE NUMBER OF HOURS 29:03 OF CAREGIVING PROVIDED PLUS THE NUMBER OF ACTIVITIES OF DAILY LIVING AND INSTRUMENTAL ACTIVITIES OF DAILY LIVING 29:09 THAT THE PERSON IS SUPPORTING AND WHEN YOU LOOK DOWN THIS BAR YOU SEE ALMOST EVERYBODY IS BRIGHT RED SO MORE THAN 90%

OF THE CAREGIVERS IN THE CRC SYSTEM ARE DOING CARE AT A HIGH LEVEL OF INTENSITY WE SEE THIS INTENSITY INCREASES WITH AGE 29:23

IT'S MORE INTENSE AMONG CAREGIVERS WHO IDENTIFY AS NOT BEING WHITE OR NON-HISPANIC AND IT'S MORE INTENSE AMONG

29:30

CAREGIVERS WHO ARE LIVING BELOW THE FEDERAL POVERTY LEVEL IN THE NEXT SLIDE YOU CAN SEE THAT

29:36

ALONG WITH THIS INTENSITY COMES VERY LITTLE PAID AND UNPAID HELP SO THE LIGHTEST PART OF THESE BARS SHOW PEOPLE

29:41

WHO ARE GETTING ZERO TO 10 HOURS OF UNPAID HELP ON THE LEFT AND ZERO TO 10

29:46

HOURS OF UNPAID HELP ON THE RIGHT OF THE CAREGIVERS THAT ARE BEING SERVED HERE HAVE NO UNPAID PAID HELP WHEN THEY JOIN 29:53

WHEN THEY FIRST SIGN UP WITH KAV OR GET THEIR INTAKE THESE PERCENTAGES ARE DIFFERENT BY RACE AND ETHNICITY WE 30:00

SEE LESS PAID HELP UNPAID HELP WITH OLDER ADULTS MAYBE BECAUSE THEIR SOCIAL NETWORKS ARE DECREASING WE SEE LESS PAID 30:07

AND UNPAID HELP WITH LOWER INCOME AND LESS PAID AND UNPAID HELP WITH RURAL VERSUS URBAN RESIDENTS SO STARTING TO 30:14

SEE SOME INEQUALITIES IN HOW THESE THINGS PLAY OUT IN THE NEXT SLIDE WE WERE ABLE TO DO

30:21

A COMPARISON TO TWO DATABASES ONE WAS A STATE DATABASE A LOT LIKE THE BRIFF DATA

30:26

THAT DR CHI PRESENTED THIS IS THE CALIFORNIA HEALTH INTERVIEW SURVEY AND THEN WE LOOKED AT NATIONAL DATA 30:32

CAREGIVING IN THE US SURVEY THAT'S SPONSORED BY AARP AND THE NATIONAL ALLIANCE FOR CAREGIVERS SO YOU SEE HERE

30:39

THAT THE CCRC CAREGIVERS IN CALIFORNIA TEND TO BE OLDER THEY TEND TO BE MORE

30:44

FEMALE THEY'RE MORE DIVERSE THEY'RE LESS LIKELY TO BE WORKING AND THEY'RE MORE LIKELY TO BE MARRIED OR PARTNERED IN THE 30:51 NEXT SLIDE YOU SEE THANK YOU THAT THENUMBER

30:57

OF HOURS OF CAREGIVING A WEEK THAT THEY'RE ENGAGED IN IS MUCH MUCH HIGHER SO HERE WE'RE SEEING 73% OF THESE 31:03 CAREGIVERS ARE DOING MORE THAN 40 HOURS OF CAREGIVING A WEEK COMPARED TO 32% IN THE NATIONAL DATA AND 9% IN THE 31:10 CALIFORNIA HEALTH INTERVIEW SURVEY THE RELATIONSHIP TO THE CARE RECIPIENT IS DIFFERENT SO MORE OF THE CCRC CAREGIVERS 31:16 ARE CARING FOR A PARENT OR A SPOUSE PARTNER AND MOST OF THEM MORE OF THEM 31:23 HAVE A DIAGNOS OR THEY'RE CARING FOR A RECIPIENT WITH ADRD SO 68% HAVE 31:28 ALZHEIMER'S DISEASE OR RELATED DEMENTIA IN THE STATE AND NATIONAL SURVEYS THAT'S ONLY 5% THE CARE INTENSITY IS HIGHER SO 31:36 90% FOR THE CCRC CAREGIVERS COMPARED TO ONLY 40% IN THE NATIONAL DATA AND THAT 31:41 WAS USING EXACTLY THE SAME MEASURE AND MORE OF THE CCRC CAREGIVERS ARE HELPING 31:47 WITH MEDICAL AND NURSING TASKS SO I THINK IT'S IMPORTANT TO THINK ABOUT HOW THESE CAREGIVERS COME TO BE IN THESE 31.53DATABASES SO THIS IS DR CHI TALKED ABOUT RANDOM SELECTION SO WHEN WE RANDOMLY 31:58 SELECT CAREGIVERS WE'RE GETTING A NICE SAMPLE OF DIFFERENTSITUATIONS AND 32:04 WE'RE PROBABLY GETTING PEOPLE WHO HAVE TIME TO FILL OUT LONG SURVEYS WITH THE CCRC CAREGIVERS WE'VE GOT THE PEOPLE WHO 32:10 ARE LOOKING FOR HELP THEY ARE CALLING UP AND SAYING I NEED YOU NOW AND SO IT'S A VERY DIFFERENT SAMPLE IT'S THE COMPLETE 32:16 OPPOSITE OF RANDOM AND IT MAY BE THE POPULATION THAT NEEDS HELP MOST SO IN THE NEXT SLIDE YOU SEE THAT THE OUTCOMES 32:23 OF CARE ARE A LITTLE BIT WORSE FOR CCRC CAREGIVERS SO MORE SAY THAT THEIR HEALTH IS FAIR OR POOR COMPARED TO 32.30EXCELLENT VERY GOOD OR GOOD MORE SAY THAT THEIR CAREGIVING HAS MADE THEIR HEALTH WORSE AND MORE SCORE AS 32:36

LONELY ON THE UCLA LONELINESS SCALE SO JUST AS A DISCUSSION POINTS 32:43

WE'RE SEEING THAT MOST OF THESE CAREGIVERS SERVED BY THE CALIFORNIA CAREGIVER RESOURCE CENTERS ARE PROVIDING 32:48 CARE FOR PEOPLE WHO HAVE MEMORY LOSS OR ALZHEIMER'S OR RELATED DEMENTIAS THEY REPRESENT A HELP-SEEKING POPULATION THAT 32:55 IS ENGAGED IN VERY COMPLEX AND HIGH-INTENSITY CARE IN THE HOME WE THINK THAT STATE AND NATIONAL SURVEYS DON'T 33:01 CAPTURE THIS INTENSITY VERY WELL AND WE THINK THAT THE CARE NAAV DATA IS A VERY IMPORTANT ADENT WHEN WE'RE STARTING TO 33:07 THINK ABOUT DEVELOPING INTERVENTIONS AND POLICY FOR FAMILY CAREGIVERS WHO NEED SUPPORT THANK YOU VERY 33:15 MUCH THANK YOU SO MUCH DR BELL ANDIT'S REALLY IMPORTANT FOR US TO HAVE 33:22 DATA TO DRIVE DECISION MAKING SO I'M SO PLEASED THAT UC DAVIS SCHOOL OF 33:28 NURSING ALONG WITH YOU KNOW FAMILY CARE OF ALLIANCE HAVE DONE ALL THIS 33:34 YOU KNOW LIKE WORK SO WE HAVE A GREAT DISCUSSION COMING UP I UNDERSTAND 33:39 THAT OUR NEXT SPEAKER MAY NOT HAVE ARRIVED IN THE ZOOM ROOM SO I'M GOING TO 33:45 BASICALLY SWITCH TO OUR NEXT SPEAKER ANDIT'S U DENISE LINKAR SHE IS THE 33:52 DEPUTY DIRECTOR OF THE HOME AND COMMUNITY LIVING DIVISION AT THE 33.57 CALIFORNIA DEPARTMENT OF AGING AND SHE WILL TALK TO USON THE SUBJECT CALIFORNIA SUPPORT FOR CAREGIVERS SO 34:05 PLEASE TAKE IT AWAY DENISE HI THANK YOU AND GOOD MORNING 34:10 EVERYONE SO WE'VE HEARD A LOT ABOUT SOME OF THE RESEARCH AND THE DATA THAT WE SEE IN THIS IN THE POPULATIONS AND IN 34.18 THE COMMUNITY AMONGST OUR CAREGIVERS AND WHAT THEY'RE GOING THROUGH IN TERMS OF CARING FOR OUR OUR LOVED ONES WHO 34:24

ARE SUFFERING FROM THESECHALLENGES BUT THE NEXT QUESTION IS WHAT'S 34:29 AVAILABLE WHAT ARE THE SERVICES OUT THEREFOR THOSE THAT ARE IN NEED OF 34:35 REALLY HAVING THAT SUPPORT IN THE COMMUNITY AND SO ON THIS SLIDE HERE WHAT YOU SEE IS REALLY THE START OF A 34:41 CONTINUUM OF CARE IF YOU WILLOF SERVICES A RANGE OF SERVICES THAT VARY 34:46 IN LEVELS OF INTENSITYFOR MANY AND STARTING WITH INFORMATION AND ASSISTANCE 34:52 AND EDUCATION AND THEN ALL THE WAY OVER TO THINGS LIKE DIRECT CARE CARE IN HOME SUPPORT SERVICES REST BIT AND CARE 34:59 MANAGEMENT SO WHEN YOU LOOK AT THESE BOXES ALONE YOU SEE A LOT OF THINGS 35:05 POTENTIALLY BEING AVAILABLE FOR THOSE THAT NEED THE SUPPORT AND THE HELP TO 35:10 REMAIN LIVING SUCCESSFULLY IN THE COMMUNITY BUT WHEN WE LOOK A LITTLE 35.16DEEPER THERE ARE SOME CHALLENGES BEHIND THIS CONTINUUM ON THE NEXT SLIDE WHERE 35:22 WE START TO LOOK AT WHAT ARE SOME OF THOSE BARRIERS FOR ACCESS AND BARRIERS FOR THESE SERVICES REACHING THE 35:28 INDIVIDUALS IN NEED FIRST NOT ALL OF THE BOXES ON THE PREVIOUS PAGE ARE AVAILABLE 35:34 STATEWIDE AND THEN IF YOU LOOK COMMUNITY TO COMMUNITY YOU SEE INCONSISTENCY IN WHAT'S AVAILABLE AS WELL SO IT IS VERY 35:42 LOCALIZED IF YOU WILL IN TERMS OF WHAT IS EVEN BEING OFFERED THERE NEXT SOME 35:49 BARRIERS AROUND ELIGIBILITY CRITERIA MANY OF THE PROGRAMS I'M SORRY PREVIOUS SLIDE THANK YOUMANY OF THE 35.57ELIGIBILITY CRITERIA MAY CREATE BARRIERS THEY MAY BE BASED ON INCOME NEEDS THEY MAY BE BASED ON 36:04

DIAGNOSIS THEY ALSO MAY HAVE LIMITS IN TERMS OF GEOGRAPHIC REACH SO THERE IS

36:10

DEFINITELY ANOTHER CHALLENGE THEY COULD BE FEE BASED AS WELL SOME SERVICES YOU HAVE TO QUALIFY

36:16

FOR FREE SERVICES OTHERS YOU MIGHT HAVE TO PAY AND THAT MAY LIMIT THE ABILITY FOR A FAMILY TO BE ABLE TO

36:23

ACCESS CAPACITY COULD BE LIMITED WE DO KNOW THAT THE NEED IS FOR MANY SERVICES

36:28

IN THE STATE OF CALIFORNIA THE NEED IS GREATER THAN THE CAPACITY THAT'S AVAILABLE AND SO THAT COULD BE A

36:35

CHALLENGE LANGUAGE BARRIERS THE ORGANIZATION PROVIDING THE SERVICES MAY NOT PROVIDE IT IN THE IN THE PREFERRED 36:42

LANGUAGE SPOKEN ALSO CULTURAL APPROPRIATENESS AND NAVIGATION 36:47

CHALLENGES TO BE ABLE TO REALLY FIND THESE SERVICES AND FIND THOSE THAT FIT AND MATCH THE ETHNIC AND DIVERSITY NEEDS 36:53

OF OUR POPULATION SO WITH ALL ALL OF THESE CHALLENGES THERE IS HOPE THOUGH SO ON

36:59

THE NEXT SLIDE LET'S LOOK AT WHAT WE'RE DOING TO TRY TO STRENGTHEN AND BROADEN

37:07

THIS WORK AND THE REACH OF THESE SERVICES FIRST ON THE LEFT YOU SEE OUR STATEWIDE INITIATIVES SEVERAL OF THEM

37:14

LISTED THERE TODAY HAVE ALREADY BEEN REFERENCED AS WELL AS WE HAVE SOME SOME SPEAKERS THAT WILL COME AFTER ME THAT 37:20

WE'LL TALK ABOUT THESE AS WELL SO WE HAVE MANY PROJECTSTHAT THE STATE HAS BEEN WORKING COLLABORATIVELY WITH THE

37:27

COMMUNITIES AND WITH ORGANIZATIONS ACROSS THE STATE AND WITH STAKEHOLDERS LIKE EVERYBODY ON THIS CALL TO REALLY 37:32

START BRINGING CHANGE AND IMPROVING THE SYSTEM OF CARE ON THE RIGHT HAND SIDE WE

37:38

SEE MASTER PLAN FOR AGING INITIATIVES THAT ALSO FIT WITH THE EXISTING WORK THAT'S GOING ON IN ORDER TO BUILD AND 37:44

GROW OUR WORKFORCE AND TRAINING OUR COMMUNITY HEALTH WORKERS PROGRAMS THE

37:49

SERVICE GAPS AND IDENTIFY THE SERVICE GAPS AND BE ABLE TO START TO ADDRESS THEM AS WE PLAN FUTURE FOR THE FUTURE

37:55

AND FORWARD AS WELL AS BEING ABLE TO BRING IN MORE AWARENESS AND NEW PROGRAM MODELS LIKE

38:01

CAL COMPASS THAT WE'LL BE HEARING FROM HEARING NEXT IN OUR PANEL TODAY SO

38:07

ALL OF THIS COMES TOGETHER THAT ALTHOUGH WE HAVE A LOT AN ARRAY OF SERVICES THAT ARE

38:14

AVAILABLE AND MODELS THAT HAVE BEEN TESTED AND HAVE BEEN TRIED IN 38:19

COMMUNITIES AND WE HAVE SEEN TO BE SUCCESSFUL WE DO NEED TO CONTINUE TO

38:24

LOOK FORWARD ON HOW WE REMOVED EACH OF THE BARRIERS AND THE CHALLENGES SO THAT WE CAN HAVE A TRUE SYSTEM THAT IS MEETS 38:32

THE NEEDS IS READY AND CAPABLE OF BEING ABLE TO ADDRESS THESUPPORT

38:39

SYSTEM AND BE ABLE TO WRAP AROUND THE CAREGIVERS AND THOSE LIVING WITHDEMENTIA AND OTHER DISORD OTHER

38:45

COGNITIVE DISORDERS BE ABLE TO REALLYTHRIVE IN THE COMMUNITY OF THEIR CHOICE AND REMAIN

38:52

SAFE AND SO WITH THAT WE'LL GO AHEAD AND TURN IT OVER TO OUR NEXT SPEAKER

38:58

HEY THANK YOU SO MUCH DENISE AND I'M SO PLEASED TO LEARN THAT BOTH THE STATE AND

39:04

THE MASTER PLAN OF AGING ALREADY HAVE MANY INITIATIVES WORKING HAND IN HAND

39:09

AND TRY TO BREAK THE BARRIER ONE THING I WOULD LIKE TO POINT OUT ISIN BREAKING THE BARRIER WE NEED TO TAKE

39:16

INTO CONSIDERATION SERIOUSLY HOW TO ADDRESS THE ISSUES YOU KNOW FOR PEOPLE WHO ARE NON-ENGLISH SPEAKING OR LIMITED 39:24 ENGLISH SPEAKING AND MAKE SURE THAT THERE IS NO LANGUAGE BARRIER OTHERWISE YOU KNOW EVEN THOUGH WE HAVE WONDERFUL 39:30 YOU KNOW WORK IN A LINEUP FOR KNOW FUTURE YEARS WITHOUT THAT YOU KNOWACCESSIBILITYWE WON'T BE ABLE TO 39:37 SERVE YOU KNOW EVERYONE IN A WONDERFUL STATE LIKE CALIFORNIA SO THANK YOU VERY MUCH GREATI'D LIKE TO MOVE TO OUR 39:46

NEXT SPEAKER ANDTHAT IS CELINE REGALIA WHO IS THE DIRECTOR OF 39:51

OPERATIONS AT THE PROVIDENCE COMMUNITY HEALTH IN NAPA VALLEY SHE'S ALSO A

39:57

MEMBER OF OUR COMMITTEE AND SHE WILL COVER THE TOPIC ON CALIFORNIA COMMUNITY

40:03

PROGRAM FOR ALZHEIMER'S SERVICES AND SUPPORT SO OVER TO YOU 40:09

CELINE GOOD MORNING EVERYONE AND THANK YOU FOR GIVING ME THE OPPORTUNITY TO SPEAK ABOUT OUR OURCAL COMPASS PROJECT 40:16

THAT WERECEIVED GRANTS FOR SOME SITES THROUGHOUT CALIFORNIA WHICH WILL

40:22

TALK ABOUT THE SITES AND THE WORK THAT WE'VE BEEN DOING OVER THIS PAST YEARNEXT SLIDE PLEAS

40:30

PLEASE SO FIRST OF ALL I JUST WANTED TO YOU KNOW GROUND US IN THE MODEL OF

40:36

FOR THOSE OF YOU WHO MAY NOT KNOW THESE ARE THEDESCRIPTIONSON FROM

40:42

THE CALIFORNIA ASSOCIATION ADULT DAY SERVICES ON THE ADULT DAY SERVICES MODEL

40:47

AS DENISE WAS TALKING ABOUTYOU KNOW WHAT'S AVAILABLE IN EACH COMMUNITY

40:53

VARIES GREATLY AND WHAT YOU KNOW WHAT COMMUNITIES HAVE IN TERMS OF ADULT DAY SERVICES ALSO VARIES GREATLY SOME

41:01

COMMUNITIES HAVE SOCIAL MODELS SOME HAVE BOTHTHE HEALTH MODEL AND THE SOCIAL MODEL AND THEN THE ALZHEIMER DAYCARE 41:07

RESOURCE CENTERS WAS SOMETHING THAT CAME OUT OF THE CALIFORNIA DEPARTMENT BACK IN THE 80S AND SO WE'LL TALK ABOUT HOW

CAL COMPASS EVOLVED AND IS THE EVOLUTION OF THE ADC RC MODEL SO DAY PROGRAMS

41:20

AGAIN PROVIDECARE FOR THOSE LIVING IN THE COMMUNITY THAT DON'T REQUIRE 24

41:25

HOURS SKILLED NURSING CARE HOWEVERMANY TIMES OUR PARTICIPANTS MEET THE DE DEFINITION OF SOMEBODY WHO ISMEETS A

41:33

DEFINITION OF NURSING FACILITY LEVEL OF CARE AND THESE PROGRAMS HELP PEOPLE STAY MENTALLY AND PHYSICALLY ACTIVEAS WE 41:41

SAW IN THE PANDEMICREDUCE HELP PEOPLE STAY CONNECTED TO COMMUNITY BE PART OF COMMUNITY IN THE DAY PROGRAM 41:48

IMPROVE NOT ONLY THE HEALTH OF THE PARTICIPANT BUT ALSO ASPREVIOUS SPEAKERS HAVE MENTIONED AND WE CAN SEE 41:55

THE IMPACT OF HEALTH ON THE CAREGIVER WE FOCUS ON BOTH THE WELLNESS OF THE PARTICIPANT ATTENDING OUR PROGRAMS AND 42:00

ALSO THE WELLNESS OF THE CAREGIVERS AND PREVENTING THE DECLINE OF THEIR ABILITIES OVER TIME SO WE'RE CONSIDERED 42:07

ONE OF THE LONG-TERM SERVICES AND SUPPORT PROGRAMSTHAT IS OFFERED BY THE STATE AND THEN THIS ISTHE

42:13 ALZHEIMER DAYCARE RESOURCE CENTER DESIGNATIONREALLY WEREWE'RE DESIGNED IN THE DAY AS CENTERS OF

42:20

EXCELLENT TO CARE FOR PEOPLE WITH MODERATE TO LATE STAGES OF ALZHEIMER'S DISEASE AND PROVIDE QUALITY CARE NOT 42:27

ONLY QUALITY CARE BUT PROVIDE TRAINING TO OUR TEAMS TO PROVIDE HIGH QUALITY

42:33

NON-PHARMACOLOGICAL INTERVENTIONS AND SUPPORT FOR PEOPLE LIVING WITH A DIAGNOSIS BUT ALSO WRAP THAT CARE PLAN 42:39

AROUND THE PARTICIPANTS SO IT'S A I MEAN THE CAREGIVERS SO IT'S A IT'S A TWO FOR ONE OF THE PARTICIPANT RECEIVING A CARE

42:45

PLAN AND THE CAREGIVER RECEIVING A CARE PLAN AND US FOLLOWING THEIR PROGRESS

42:50

OVER TIME NEXT SLIDE

42:58

SO I JUST WANTED TO THIS IS AN EXAMPLE SOIF YOU'VE BEEN TO ONE ADULT A SERVICES PROGRAM YOU'VE BEEN TO ONE 43:04 ADULT DAY SERVICES PROGRAM SAME THING WITH ALZHEIMER DAYCARE RESOURCE CENTERS AND MOST OF US THAT DELIVER THESE 43:10 SERVICES U ALSO DELIVER VERY PERSON- CENTERED CARE MODELS TO THE NEEDS IN OUR 43:16 COMMUNITY SO WE BECAME DESIGNATED AS AN ALZHEIMER DAYCARE **RESOURCE CENTER IN** 43:21 1999 ANDWHEN I FIRST STARTED25 % 43:26 OF OUR POPULATION THAT CAME TO THEIR DAY DAY PROGRAM HAD SOME FORM OF DEMENTIA AND TODAY IT IS ABOUT 60% OF THE PEOPLE 43:34 HAVE ALZHEIMER'S DISEASE OR RELATED DEMENTIA THAT IS EMITTED INTO OUR ADULT DAY SERVICES PROGRAM AND WE HAVE BOTH 43:40 THE ADULT DAY HEALTH MODEL AND WE HAVE THE ADULT DAY PROGRAM SO THE RESOURCE CENTER PROVIDES YOU KNOW ACCESSIBILITY 43:47 TO QUALITY DEMENTIA CAREWE ASSISTPARTICIPANTS TO FUNCTION AT THE HIGHEST 43:53 THROUGH THERAPEUTIC ACTIVITIES AND THE THERAPEUTIC ACTIVITIES ARE BASED ON BRAIN HEALTH PRINCIPLES IF WE'RE ADULT 44:00 IF YOU'RE AN ADULT DAY HEALTH CENTER THEN WE PROVIDE PHYSICAL THERAPY AND OCCUPATIONAL THERAPY AND IF IT'S AN ADULT DAY PROGRAM 44:07 PEOPLE ARE STILL GETTING YOU KNOW PHYSICAL ACTIVITY AND THERAPEUTIC ACTIVITIES THAT ARE PERSON CENTERED WE 44:13 THROUGHOUT OUR PROCESS AS I MENTIONED SUPPORT THE FAMILY CAREGIVERS BY COUNSELING CONSULTATIONS SUPPORT GROUPS 44:19 WE HAVE SUPPORT GROUPS IN ENGLISH AND SPANISH EDUCATION INENGLISH AND SPANISHWE PROVIDE REST FIT AND THEN 44:28 ALIGNED WITH SOME OF THE INITIATIVES THAT ARE MOVING FORWARD WE ALSO PROVIDE TRAINING OPPORTUNITIES FOR STUDENTS SO 44:34 INTERNSWE DO PROFESSIONAL CONSULTATIONS AND CONSULTATIONS AS I SAID WITH OUR 44:39 CAREGIVERSAND IN OUR PROGRAM WE'VE EVOLVED AS

WE WE STARTED WHEN I FIRST STARTED AS A SOCIAL WORKER WE WERE YOU KNOW FOCUSED ON THE MODERATE TO ADVANCED AND THEN WE 44:51

SAW THAT PEOPLE WERE WEREYOU KNOW NAVIGATING OUT OUT THERE WITH NOT MUCH

44:57

SUPPORT AND SO WE STARTED AN EARLY STAGE PROGRAM AND SO AGAIN THAT'S AN EXAMPLE OF HOWOUR OUR COMMUNITIES CAN

45:04

DEVELOP SERVICES BASED ON THE NEED SOPRIOR TO THE PANDEMIC WHEN WE WERE

45:10

COMING IN PERSON WE OFFERED ABOUT 300 FAMILY CONSULTATIONS A YEAR AND THIS YEAR WE'RE DOING ABOUT YOU KNOW FIVE A 45:16

WEEK RIGHT NOWAND WE'RE DOING THINGS MORE IN PERSON AGAIN WITH THE SUPPORT GROUPS ANDOUR EARLY STAGE PROGRAM 45:26

CONSULTATIONS ARE LED BY A A MEDICAL SOCIAL WORKER WE COME UP WITH A CARE PLAN AND WE ALSOFOLLOW UP TO MAKE 45:34

SURE THAT THE INFORMATION AND REFERRAL THAT WE'VE GIVEN TO THE CAREGIVERARE YOU KNOW SUPPORT THE NEEDS THAT THEY 45:40

CURRENTLY HAVE AS PART OF THE CONSULTATION THEY GAIN YOU KNOW WHAT TO EXPECT ON THIS

45:46

JOURNEYTIPS AND TOOLS TO ENSURE SAFETY AND WE HELP DEAL WITH THE BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF

45:53

DEMENTIA AND THEN WE REFER AND COORDINATE WITH OTHER SERVICES IN OUR COMMUNITY NEXT

46:01

SLIDE SOCAL COMPASSSO THAT GIVES YOU AN IDEA OF WHAT AN ADCC AND THE CAL

46:09

COMPASSTHAT WE ARE CURRENTLY PARTICIPATING IS BASED ON THE ADCR MODEL

46:15

AND IT CONFORMS WITH EMERGING SCIENCE AND NATIONAL STANDARDS OF DEMENTIA CAPABLE CAREIT REALLY IS THIS

46:21

HOLISTIC APPROACH THAT FOCUSES ON THE PERSON WITH THE DIAGNOSIS AND THEIR CARE PARTNERSTO DO CULTURALLY

46:28

INFORMED WORK AND TO EXPANDWE YOU KNOW THE GOAL IS TO EXPAND THIS PROGRAM

TODAY PROGRAM STATEWIDE AS WE HEARD FROM DENISE NOT OT EVERY COMMUNITY HAS 46:42 THE SAME RESOURCES AND SO WE WANT TO BUILD THECAPACITY THROUGHOUT OUR STATE TO HAVETHE DIRECT CARE 46:49 SERVICES THAT OUR PARTICIPANTS NEED NEXT SLIDE 47:00 AND THIS THIS SLIDE JUST GIVES AN EXAMPLE AND DENISE SHOW THOSE EXAMPLES SO I WON'T READ ALL THESE BUT HOW WE ARE 47:06 REALLY TRYING TO ALIGN CAL COMPASS WITH THE CURRENT INITIATIVES SO DIMENSION FOCUSED FOCUSING AROUND EQUITY ISSUES 47:15 AND NOT ISOLATIONCAREGIVING THAT WORKS ALSO ISSUES AROUND THE DIRECT CARE 47:20 WORKFORCEALIGNING WITH THE ALZHEIMER TASK FORCE **RECOMMENDATIONS AND THEN WE** 47:25 KNOW THAT THERE'S HCBS GAP ANALYSIS THAT'S CURRENTLY GOING ON THE NAP UPDATE 47:31 THE RAISE PLAN THAT WE HEARD IN A PREVIOUS COMMITTEE MEETING AND NOW THE GUIDE MODEL THAT IS BEINGPUT OUT BY 47.39CMS NEXT 47:45 SLIDE SO THE CURRENT CAL COMPASS PROJECT SITESSO THERE'S PROVIDENCE 47:51 IN NAPA COUNTY OPA IN LOS ANGELES HEARTS AND MIND IN SANTA CLARA PEG 47:56 TAYLOR AND BUTTE COUNTY AND TEHAMA THAT COVERS TEHAMA TRIP R IN SACRAMENTO 48:02 ALZHEIMER'S FAMILY CENTER OF ORANGE COUNTY AND CHOICE IN AGING IN CONTRA COSTA AND SO CURRENTLY AS COMPASS 48:09 SITES WE'RE SERVING OVER A THOUSAND INDIVIDUALS AND CAREGIVERS THROUGH THIS PROJECT AND WE HOPE AS I SAID WE HOPE TO 48:15 SPREAD THIS WORK STATEWIDE BY BUILDING THE DEMENTIACAPABILITY OF 48:21 ADULT DAY PROGRAMSTHROUGHOUT THE STATE NEXT SLIDE 48:30

AND SO A PARTNER IN THIS PROJECT HAS BEEN UC DAVIS AND THESE ARE SOME OF THE ORGANIZATION SPECIFIC OUTCOMES AND SO 48:37

THE FUNDING HELPED ALL OF US AT CENTERS TO INCREASE OUR OWN CAPACITY ABOUT WHAT WE FELT WE NEEDED IN OUR COMMUNITY SO 48:43

THESE ARE SOME OF THE EXAMPLES EXPANDINGCAPACITY FOR LANGUAGE DIVERSITYEXPANDING ENROLLMENT

48:50

INCLUDING BETTER REPRESENTATION OF OUR COMMUNITY DIVERSITY INCREASING AWARENESS VISIBILITY AND OUTREACH OF OUR PROGRAMS 48:57

AND AWARENESS TO MAKE OUROUR COMMUNITIES MORE DEMENTIA CAPABLE AND DEMENTIA AWARE TO IMPROVE THE PRO 49:04

PROGRAMMINGINCREASE OUR CAREGIVER SUPPORT PROGRAMS AND THEN PART OF WHAT

49:09

WE'VE BEEN DOING IN THIS PROJECT IS ALSO LOOKING AT OUR ASSESSMENTS TOOLS STANDARDIZATION AND SCREENING METHODS 49:16

THAT WE WILL USE IN OUR CAL COMPASS MODEL AND THEN AS U SAID PREVIOUSLY ALIGNING WITH THE MASTER PLAN ON AGING 49:22

OBJECTIVES THAT YOU SAW ON THE PREVIOUS SLIDE NEXT 49:30

SLIDE SOTHIS IS THIS REPRESENTS ONE OF OUR PARTICIPANTSAND HE WAS 49:38

DIAGNOSED AT AGE OF 48 WITH ALZ ALZHEIMER'S DISEASE EARLY ONSET AND HIS

49:45

WIFEHE ATTENDED OUR DAY PROGRAM SHE ATTENDED OUR SUPPORT GROUPS AND

49:51

EVENTUALLYHEPASSED ON OUR HOSPICE PROGRAM AND SO HE GOT YEARS OF

49:56

SERVICETHROUGH NOT ONLY THE DAY PROGRAM BUT HIS WIFE ALSO GOT THAT SUPPORT THAT SHE NEEDED THEY HAD YOUNG

50:02

CHILDREN AND SO HAVING HIM ATTEND OUR PROGRAM ALLOWED HER TO KEEP HER JOB

50:08

AND WE PROVIDED OUR SOCIAL WORKER PROVIDED ONGOING EMOTIONAL SUPPORTTHROUGH THAT AND THEN AFTER HE PASSED HE 50:14

WAS ABLE TO RECEIVE BEMENT SERVICES THROUGH OUR PROGRAM SO PRIOR TO I

50:20 THINK THE ALZHEIMER DAYCARE RESOURCE CENTERS WERE DEFUNDED IN 2009 THERE WAS 50:27 A STATEWIDE NETWORK OF OVER 50 ADCC SITESBUT MANY OF US CONTINUED TO 50:33 SERVE AS ADC RC'S ANDWITH OUR PROGRAM WEYOU KNOW DID THAT THROUGH 50.41SOME FAMILY CAREGIVER SUPPORT PROGRAM FUNDINGAND ALSO THROUGH OUR FOUNDATION AND I WANT TO ALSO I 50:50 MEANT TO MENTION IT BUT YOU KNOW THE MIDDLE-INCOME FAMILIES ARE REALLY THE ONES THAT ALSO BEAR THE BRUNT THEY DON'T 50:57 QUALIFY FOR SOME OF THOSEPROGRAMS THAT DENISE WAS TALKING ABOUT IN TERMS OF ELIGIBILITY AND SO ONE OF THE WAYS 51:04 THAT WE ADDRESS THAT AFFORDABILITY AND ACCESS ISSUE IS BY OUR FOUNDATION HELPING US SUPPORT SLIDING FEES SCALES 51.10SO THAT PEOPLE CAN AFFORD THAT THEY CAN'T AFFORD ASSISTED LIVING THEY CAN'T AFFORD MEMORY CARE AND SO ADULT A 51.15SERVICES IS ONE OF THOSE AFFORDABLE OPTIONS THAT'S AVAILABLE IN OUR COMMUNITIESCAL COMPASS HAS THESE SEVEN 51:22 EXPERIENCED SITESTO REBUILD COMPREHENSIVE RESOURCE WE KNOW THAT 51:28 THERE ARE MORE THAN 690,000 INDIVIDUALS IN CALIFORNIA THAT ARE BEING IDENTIFIED 51:33 AND THAT THIS POPULATION IS GROWING AND WITH ALL THE GREAT THINGS. LIKE DEMENTIA CARE WEAR AND THAT INFRASTRUCTURE THAT 51.40DENISE SHOWED WE'RE GOING TO BE YOU KNOW SCREENING AND ADDING SUBSTANTIALLY TO THE NUMBERS OF PEOPLE AND PEOPLE NEED 51:48 DIRECT CARE PEOPLE NEED A PLACE TO GO TO AND SO WE HOPE THAT CAL COMPASS WILL BE 51:53 THAT SOLUTION FORCREATING A NETWORK OF SUPPORT FOR FAMILY CAREGIVERS AND PEOPLE LIVING WITH A 52:00 DIAGNOSISTHERE'S NO OTHER COMMUNITYBASED RESOURCES THAT HAVE

THE EXPERTISE AND EFFECTIVENESSOF THE

ALZHEIMER DAYCARE RESOURCE CENTERS FOR PREVENTING ISOLATION INCREASING ENGAGEMENT IN MAINTAINING IMPROVED 52:12 FUNCTION OVER TIME AND AS I MENTIONED EARLIER WE ARE ONE OF THE FEW NON-PHARMACOLOGICAL TREATMENTS FOR 52:18 PEOPLE LIVING WITH THE DIAGNOSIS AND CAN EXTENDAND MAINTAIN THEIR. PHYSICAL 52:24 EMOTIONAL AND COGNITIVE FUNCTION NEXT 52:32 SLIDEKIND OF HAVE COVERED THIS SO BUT THIS 52:38 IS THE IDEA IS THAT THE LICENSED ADULTY SERVICE PROGRAMS WILL SERVE AS THESE THERAPEUTIC HUBS AND THAT WE WILL BUILD 52:44 THE CAPACITY THROUGHOUT THE STATE NEXT 52:53 SLIDE AND THIS IS MY FINAL SL SO THIS THIS IS WHERE WE ARE RIGHT NOW WITH THE CAL COMPASS AND OUR NEXT STEPS SOWE 53:02 WANT TO BRING THESEWE WANT TO CREATE THESE DEMENTIA CAPABLE SERVICES 53:07 THROUGHOUT THE STATEBRIDGE FUNDING TO SUPPORT THE NEXT PHASE OF OUR WORK 53:14 AND THEN ALSO IDENTIFY INDIVIDUALS LIVING WITH DEMENTIA SPECIAL POPULATION WITH DISTINCT NEEDS AND WE THINK THAT 53:20 THERE'S SOME OPPORTUNITIES BOTH WITHIN CAL AIM TO NAME ALZHEIMER'S AS A SPECIAL POPULATION AND ALSO BUILD IN THAT EX 53:28 EXPERTISE WITH THE ADRCS WE WANT TO MENTOR SITES TO CREATE A ST **STATEWIDE** 53:33 NETWORK CURRENTLY THERE'S OVER I THINK 270 ADULT DAY HEALTHCARE PROGRAMS IN CALIFORNIA AND 300 ADULT DAY PROGRAMS 53:42 OUR PROGRAMS AND SERVICES ARE ALSO SEEING INCREASED NEED OF SERVING THE PEOPLE WITH INTELLECTUAL DISABILITIES 53:48 AND I KNOW THAT OUR PROGRAM HAS SEEN A BIG RISE IN IN CARING FOR THAT POPULATION IN OUR ALZHEIMER DAYCARE 53:54 RESOURCE CENTERS AND THEN AT THE STATE LEVEL CADS THE CALIFORNIA ASSOCIATION OF ADULT A SERVICES IS LOOKING ATRATE

54:02 REFORM FOR THE SUSTAINABILITY OF OUR ADULT A SERVICES MODEL AND WITH THAT I 54:08 THANK YOU VERY MUCH FOR YOUR TIME THANK YOU SO MUCH CELINE FOR PRESENTING THISGREAT YOU KNOW 54:16 INITIATIVEON A PERSONAL NOTE I WANT TO MENTION THATMY MOTHER BEFORE SHE 54:23 PASSED AWAYATTENDED THE ALZHEIMER'S ST CARE RESOURCE CENTER BASED IN SAN 54:28 FRANCISCO SELF FOR THE ELDERLY AND MY SISTER WHO WAS THE PRIMARY CAREGIVER 54:34 REALLY RECEIVED THE MUCH NEEDED YOU KNOW RESIT HAVING OUR MOM YOU 54:40 KNOW ATTENDED THAT PROGRAM AND ALSO GOT SUPPORT FROM THE STAFF WHO PROVIDED US 54.45WITH YOU KNOW TIPS ON HOW TO HANDLE INDIVIDUALS WITH DEMENTIA AND MY MOM HAD 54:52 VASC DEMENTIA EVENTUALLY HAD ALZHEIMER BUTYOU KNOW THE 690.000 YOU KNOW IN 54:59 2020 BASICALLY REMINDED MANY OF US ANDOUR MOM WAS ONE OF THOSE **INDIVIDUALS** 55:06 BEING COUNTERED TO THE 690K THAT THIS IS CONTINUING TO GROW AS CELINE MENTIONED 55:13 YOU KNOW THE EARLY ONSET OF THAT PARTICIPANT THAT SHE SERVED REALLY 55:19 REMIND US THAT YOU KNOW THIS IS A BRAND NEW GAME AND WE NEED TO BE MORE AWARE OF ALZHEIMER'S AND RELATED DISORDERS AND SO 55:27 HAVING A COMMITTEE SUCH AS THIS IS REALLY IMPORTANT BECAUSE WE'LL **BRING YOU** 55:32 KNOW BEST PRACTICES YOU KNOW BRING YOU KNOW ISSUES TO THE ATTENTION OF THE STATE GOVERNMENT SO THAT THE GREAT STATE 55:39 OF CALIFORNIA CAN CONTINUE TO YOU KNOW WORK ON THE POLICY AND PROVIDE WONDERFUL SERVICES SO TALKING ABOUT OUR PERSONAL

55:46 EXPERIENCE I WOULD LIKE TO INVITE THE NEXT SPEAKER HER NAME IS HILDA **GUTIERREZ SHE** 55:52 IS A CAREGIVER AND SHE'S GOING TO TALK ABOUT HER EXPERIENCE SO OVER TO YOU 56:06 HILDA AND WE HAVE A SHORT VIDEO TO PLAY BEFORE HILDA IS GOING TO SPEAK SO CAN WE 56·13 START THE REEL PLEASE I 56:18 OPEN I TRIED TO OPEN MY CAMERA BUT IT'S NOT COME I DON'T KNOW 56:25 WHY OH MY GOSH BUT WELL I AM HERE ANYWAY LET ME SEE START VIDEO 56:34 WELCOME OKAY LET ME SEE SO WE SHOW THE VIDEO AFTER YOU 56:41 FINISHED SPEAKING 56:53 OH I ARE YOU HEAR ME YES GO AHEAD PLEASE 56:58 OKAY I DON'T SEE MY FACE ON THE TOP BUT MY MOTHER TERESA YOU WANT TO SEE 57:04 SOMETHING ABOUT THIS PICTURES OR I CAN SAY MY EXPERIENCE LIKE A CAREGIVER PLEASE TALK ABOUT YOUR 57:11 EXPERIENCE AS A CAREGIVER AND THEN WE CAN PLAY THE VIDEO OKAY OKAY GOOD 57:18 MORNING EVERYBODY MY NAME IS HILDA GUTIERREZ AND I AM CAREGIVER OF MY 57:23 MOTHER TERESA MY MOTHER IS 87 YEARS OLD SHE HAS 57:29 DIABETIC HEART PROBLEMS DEMENTIA AND DEPRESSION. SHE TAKE MANY 57:35 MEDICINES BUT SHE IS AVAILABLE TO WALK WITH THE WALKER I FEEL LUCKY TO BE 57:42 AVAILABLE TO CARE HER BUT IT IS VERY HARD BECAUSE SHE DOESN'T SLEEP WELL 57:48 WAKING UP EVERY ONE OR TWO HOURS ASKING FOR MEDICINES ALL THE TIME SHE IS VERY 57:55

SAD AND CRIES AND BREAKS MY HEART SHE EATS ONLY A FEW THINGS IT IS VERY HARD 58:03 TO GIVING HER HEALTHY FOOD SHE LIKE TOO MANY 58:08 SWEETS SHE LIKE TO GO TO THE ADULT DAY PROGRAM I'M SORRY THE 58:16 PROGRAM IT IS VERY HELPFUL TO MY FAMILY AND BLESS SHE LOVE TO GO TO THE PROGRAM 58:23 AND SHARE HER STORIES JOKES AND TALENTS WITH HER FRIENDS MONDAYS IT IS THE BEST 58:31 DAY BECAUSE SHE SEWING AND BE PART OF THE GROUP THE PERSONNEL OF PROVIDENCE 58:38 ARE VERY PROFESSIONAL AND CAPACITE WORK WITH THE ADULT PEOPLE HAVE A NURSE A 58:44 STAFF AND ALL THEY NEED I WAS PARTICIPATE ON TRAININGS WITH DEMENTIA 58:50 AND ALZHEIMER MANY TIMES WHO WAS HELPING ME A LOT TO UNDERSTAND THE 58:58 CONDITION MY SUGGESTIONS ARE MAYBE HAVE SERVICES FOR 59.04NIGHTSAND SERVICES FOR CRISIS TO CALL SOMEBODY WHEN WE HAVE QUESTIONS 59:10 AFTER HOURS PEOPLE WORK AND GIVING MORE HOURS FOR 59:17 IHSS AND PROBABLY I CAN TALK MORE BUT I HAVE ONLY A FEW MINUTES BUT THANK YOU 59:23 VERY MUCH FOR YOUR TO SUPPORT US AND FOR THE OTHERS FAMILIES TOO WHO NEED THESE 59:29 SERVICES GOD BLESS YOU THANK YOU THANK YOU SO MUCH HILDA AND I 59:35 UNDERSTAND WE HAVE A SHORT VIDEO RIGHT SO WE CAN PLAY IT 59:53 NOW 59:59 WELL WE'LL BRING IT UP AS SOON AS WE CAN SO ALL RIGHT HERE WE 1:00:18 GO I MEAN 1:00:25

SHE WAS I WAS I WAS SENDING ANOTHER ONE I DON'T KNOW IF YOU WERE RECEIVING 1:00:31 BECAUSE SHE WAS TALKING ABOUT HOW SHE LOVE THE PROGRAM HOW LOVE ALL THE PEOPLE 1:00:39 AND SHE WAS APPRECIATE EVERY DAY WHAT IS THE PEOPLE ARE WORKING WITH 1:00:46 HER YEAH THAT WOULD BE GREAT THANK YOU FOR SHARING THAT AND ACTUALLY IT THAT 1:00:52 REMINDED ME OF MY MOM AND SHE TALK ABOUT HOW GLAD SHE WAS YOU KNOW 1:00:59 WHEN SHE ATTENDED THE PROGRAM AND REALLY MAKES A BIG DIFFERENCE IN YOU 1:01:05 KNOW ENHANCING THE QUALITY OF LIFE OF PEOPLE AFFLICTED WITH ALZHEIMER'S AND 1:01:11 RELATED DEMENTIA SO THANK YOU HILDA YOU'RE WELCOME AND I GUESS MAYBE WE CAN MOVE 1:01:19 FORWARD TO THE NEXT SPEAKER FIRST BEFORE WE COME BACK TO THE VIDEO IF WE CAN BRING IT UP 1.01.25AGAIN SO THE NEXT SPEAKER ACTUALLY IS MY DEAR FRIEND AND COLLEAGUE WHOM I WORKED WITH FOR MANY YEARS THAT'S KATHY KELLY 1:01:33 SHE'S THE EXECUTIVE DIRECTOR OF THE FAMILY CAREGIVER ALLIANCE AND SHE'S 1:01:38 GOING TO DISCUSS WITH US THE CAREGIVER RESOURCE CENTERS SO OVER TO YOU 1:01:45 KATHY THANK YOU DARRICKWE TRULY HAVE BEEN IN IN THE TRENCHES TOGETHER FOR A 1:01:50 VERY LONG TIME ON THESE ISSUESNEXT SLIDE I'M GOING TO TALK A LITTLE BIT ABOUT THE 1:01:57 CAREGIVER RESOURCE CENTER SYSTEM IN IN THE STATE OF CALIFORNIA ANDAND 1.05.03THE INCREASED USAGE OF TECHNOLOGY IN TERMS OF SERVICE DELIVERY ACROSS THE STATEWITHIN THE SYSTEM CALIFORNIA 1:02:11

YOU KNOW REALLY HAS LED THE COUNTRY VERY EARLY ON WE WE DID PASS THE FIRST 1:02:16 LEGISLATION THAT RECOGNIZEDFAMILY CAREGIVERS AND OF PERSONS THAT HAVE COGNITIVE IMPAIRMENT MOSTLY DEMENTIA 1:02:25 AND THAT WAS THAT WAS ESTABLISHED IN A PILOT PROJECT BUT IN A **REPLICATION IN 1984 SO CALIFORNIA HAS A LONG TRADITION** 1:02:35 IN WORKING IN THIS AREA LONG BEFORE IT WAS REALLY YOU KNOW BECAMEA 1:02:41 WELL-KNOWN ANDAND A WELL RESEARCHEDAREA AS IT IS NOWTHE TO 1:02:49 UNDERSTAND THE CRC IS TO UNDERSTAND THAT WE LOOKED AT THE MODELS IN TERMS OF 1:02:56 THE REPLICATION ISSUES AND REALLY LOOKED AT THE REGIONAL CENTER. 1:03:03 SYSTEM STATEWIDEIT'S A NETWORK OF COMMUNITYBASED NONPROFITS THEY YOU KNOW 1:03:09 DOASSESSMENTS AND COORDINATION OF INTERNAL AND EXTERNAL TYPES OF 1:03:14 SERVICES CONTRACTS FOR SERVICESYOU KNOW FOR THEIR CLIENTS 1.03.19AND THE REAL IMPORTANT POINT IS THAT YOU LINK TO THETHE RESOURCES YOU HAVE INTERNAL AND EXTERNAL ABILITIES 1:03:28 OF COURSE BUT YOU ALSO FOLLOW CLIENTS OVERA LONG PERIOD OF TIME AND IN THE 1:03:34 CASE OF THE REGIONAL CENTERS IT'S BASICALLY YOU KNOW IT'S ALMOST THE CRADLE TO GRAVE LONG-TERM CARE SYSTEM 1:03:40 AND YOU LOOK AT THE CHANGING NEEDS OVER TIME AND OF COURSE WE KNOWTHAT THERE ARE DEFINITELY CHANGING NEEDSIN 1:03:47 CERTAIN DEVELOPMENTAL DISABILITIES POPULATIONSAS THEY AGE AND IT'S 1:03:53 YOU KNOW LOCATED UNDER ONE DEPARTMENTBUT OPERATES UNIQUELY 1:03:59WITHINTHE COMMUNITIES THAT THEY SERVETHIS FOLLOWSA MODEL FOR US 1.04.02BECAUSE WE DO FOLLOW PEOPLE LONGITUDINALLY OVER TIME AND MANY OVER 1:04:13

HALF OF OUR CLIENTS THAT WE WORK WITHDURING THE COURSE OF A YEAR ARE ACTUALLY 1:04:18 RETURNING CLIENTS FROM PRIOR YEARS AND THAT COULD BE ANYWHERE FROM LAST YEAR'S 1:04:23CLIENT YOU KNOW THAT WETOUCHEDTO SOMEBODY THAT WE'VE SEENOVER 1:04:28 THE COURSE OF 10 YEARS OR MORE SO THAT'S NOT UNUSUAL FOR US NEXT 1:04:38 SLIDE NEXT SLIDE PLEASE THANK 1:04:44 YOUSO WE'VE HAD A DEFINED PACKAGE OF SERVICESTHAT ARE ADMINISTERED BY ALL 1:04:51 THE CAREGIVER RESOURCE CENTERS STATEWIDEWE TARGET PERSONS WITH ADULT 1:04:57 ONSET COGNITIVE IMPAIRMENT EXCLUDING DEVELOPMENTAL DISABILITIES AND BEHAVIORAL HEALTH THAT WAS A COMPONENT 1:05:04 OF THE LEGISLATION EARLY ON BUT WE HAVE MANY DIFFERENT TYPES OF COGNITIVE 1:05:09 IMPAIRMENTS THE LARGEST BEING WITH YOU SAW WITH JANICE'S READ OUT OF THE 1.02.16OF THE DATA FROM THIS YEAR WERE SOME FORM OF DEMENTIA BUT WE ALSO DEAL 1:05:23 WITH A LOT OF OTHER DISABILITIES THAT MAY HAVE MORE SUDDEN ONSET LIKE STROKE 1:05:28 OR LAT AND LIFE HEAD INJURIES OR NOXIC BRAIN DAMAGE THERE'S A LOT OF DIFFERENT KINDS OF DIAGNOSIS THAT WE DEAL 1:05:36 WITH BUT ALL HAVE THE COMMONALITY OF LOSS OFCOGNITIVE FUNCTIONING AND 1:05:42 FAMILY MEMBERS AND OTHERS NEEDING TO STEP INFORSUPPORT WE SERVE ALL 1:05:48 INCOME GROUPS ABOUT 25% ROUGHLY ARETHOSE THAT ARE ELIGIBLE FOR 1:05:54 FORMEDICAL SERVICES BUT WE REALLY WERE CREATED IN PART TOSERVE 1:06:02 EVERYBODY THROUGHOUT THE STATE BUT WE LARGELY SERVE THE MISSING MIDDLE INOME INDIVIDUALS AND PARTICULARLY LOWER

1:06:09 MIDDLE INCOME INDIVIDUALS THAT ARE REALLY AT A DISTINCT **DISADVANTAGE BECAUSE THERE'S FEW** 1:06:15 SERVICESOUT THERE THAT ARE REALLY ACCESSIBLEON A PRIVATE PAY BASIS OR 1:06:20 EVEN A SLIDING FEE SCALE BASIS WE USE AND ALWAYS HAVE USED THE UNIFORM INTAKE 1:06:25 AND ASSESSMENT WE COVER THE MULTIPLE DOMAINS THATTHAT JANICEALLUDED 1:06:31 TOWE HAVE ACTUALLY FAIRLY IN-DEPTH INFORMATION COVERING YOU KNOW A LONG 1:06:37 PERIOD OF TIME OF TRACKING THESE CLIENTSOVER MANY YEARS WHICH MAKES IT A 1:06:43 FAIRLY UNIQUE KIND OF DATABASE TOBE DEVELOPING OUTIN THIS ITERATION WE 1:06:50 ALSO HAVE STANDARDIZEDEDUCATION AND TRAINING FOR ONBOARDING STAFF AND 1:06:56 THERE'SONBOARD THERE'S CONTINUAL TRAINING ACROSS THE STATE ON KEY ISSUES 1:07:02 THAT HAVE BEEN IDENTIFIED AS REALLYESSENTIAL TO EITHER CHANGES IN PRACTICE 1:07:08 ANDDEFINITELY FOR QUALITY ASSURANCE OF THE INTEGRITY OF INFORMATION AND 1:07:14 EXPERIENCE THAT THECAREGIVERSYOU KNOW RECEIVE FROM THE 1:07:20 CRC THETHE DATA THAT IS COLLECTEDIT CAN BE USED FOR SITE SPECIFIC 1:07:26 KNOWLEDGE IN OTHER WORDS BECAUSE IT'S COLLECTED WITHIN A RECORD SYSTEM ALL 1:07:32 SITES WILL HAVE THE ABILITY TO RUN THEIR OWN DATA IN TERMS OF WHO THEY'RE SERVING 1:07:37 WHERE THEIR WHERE THEIR CLIENTS ARE LOCATED THE DIVERSITYYOU KNOW OF 1:07:43

THEIR POPULATION MANY DIFFERENT THINGS THEY CAN THEY ESSENTIALLY CAN RUN THEIR OWN DATA AND SEE WHAT'S GOING ON 1:07:50 WHICH IS A LITTLE BIT DIFFERENTIN TERMS OF GIVING PEOPLE THE ACCESS TO THAT INFORMATION ON A PROGRAM LEVEL 1:07:57 BASIS SO THEY CANREALLY LOOK AT THEIRUNIQUE CHARACTERISTICS OF THE 1:08:03 COMMUNITY IN WHICH THEY SERVEIT ALSO DRIVES THIS MEASURE IMPACT AND 1:08:09 CHANGES IN POPULATION WE IDENTIFY PROBLEMS IT'S FOR BASICALLY DRIVING 1:08:14 QUALITY IMPROVEMENTS ACROSS THE SYSTEMTHERE IS AN ANNUAL REPORT THERE 1:08:19ALWAYS HAS BEENEXCEPT FOR THE YEARS BETWEEN FISCAL YEAR YEAR 2008 AND 1:08:27 FISCAL YEAR 2019 WHEN THERE WAS A SIGNIFICANT DECREASEIN THE CONTRACT 1:08:33 AMOUNTS BY 75% SO MANY OF THESE DATA COLLECTION PIECESWENT DORMANT 1.08.40DURING THAT PERIOD UNFORTUNATELY BUT WE'VE PICKED THAT BACK UP WITHTHE NEW RECORD SYSTEM THE DATA COLLECTION 1:08:47 SYSTEM THAT WE HAVE WITHIN KAV BUT THERE HAS ALWAYS BEEN AN ANNUAL REPORT SO ALL 1:08:53 OF THE YOU KNOW ANYBODY IT'S A PUBLIC DOCUMENT ANYONE CAN SEE THF 1:08:58 ANNUAL REPORT BUT MOST IMPORTANTLY IT DOES GO BACK TO THE STAFF TO SEEHOW 1:09:04 THE PRACTICE HAS CHANGED AND NEW ISSUES THAT HAVE COME UP ARE ALWAYS ADDRESSED 1:09:09 WITHIN THESE YOU KNOW THIS THIS PARTICULAR PROJECTDESCRIPTION 1:09:17 THAT'S DONE BYTHE UCDEVALUATION TEAM FOR THE STAFF EVERY SINGLE YEAR 1:09:23 HERE NEXT ONE NEXT SLIDE OKAY THE PACKAGES SERVICES THE

1:09:31 INTAKE AND ASSESSMENT CARE PLAN CONSULTATION MANY OF THESE THINGS ARE THINGS THAT HAVE THESE ARE STANDARD 1:09:38 STANDARDIZED PRACTICES WHETHER IT'S HERE OR WITHIN THETHEADULT DAY 1:09:46 CARE SYSTEM A LEGAL FINANCIAL INFORMATION AND CONSULTATION WE DO HAVE RESPIT VOUCHERSWE USE A DIRECT 1:09:54 CONSUMER DIRECTED CHOICE AND OPTIONS MODEL WHICH IS THE YOU KNOW CAREGIVERS 1:09:59 CAN CHOOSE THE FAMILY CAN CHOOSE THE VALUES AND PREFERENCES FOR RECEIVING 1:10:04 RESPITE OPTIONS MANY DIFFERENT CBT PSYCHOEDUCATIONAL INTERVENTIONS ARE 1:10:10 CONDUCTED THROUGHOUT THE CRC SYSTEM WE DO OUR SUPPORT GROUPSAS 1:10:15 PROFESSIONALLY LED GROUPS OF COURSE THERE'S ALWAYS LINKAGES TO OTHER COMMUNITY RESOURCES NEXT SLIDE 1:10:22 PLEASE 1.10.28WE HAVE SPECIALIZED TRAINING FOR DIRECT CARE ISSUES THAT COMES UP QUITE A BIT BECAUSEPARTICULARLY IN THIS THIS 1:10:36 SAMPLE WE HAVE A MUCH MORE SERIOUS AND COMPLEX CARE NEED SO DIRECT CARE IS 1:10:43 ACTUALLYVASTLY INCREASED WITH THIS PARTICULAR STAGEMANY MANY 1:10:50 EDUCATION PROGRAMS ARE OFFERED THROUGHOUT THE STATE I WAS 1:10:55 I'LL JUST GIVE YOU A SORT OF A LITTLE PREVIEW WE HAD ABOUT SE OVER **SEVEN 100** 1:11:02 DIFFERENTCLASSES SOMEWERE AVAILABLETO CAREGIVERS 1:11:09 THROUGHOUT THE STATE SOME WERE AVAILABLE ONLY IN THOSE REGIONS WE SERVED ABOUT 28,000 PEOPLE THROUGH THESE EDUCATION 1.11.17PROGRAMS SO IT'S A PRETTY ROBUSTSYSTEM THE CALENDARS AND TRAINING 1:11:23

CLASSES FOR ANYWHERE ANYTIME IS YOU KNOW IS NOW EXCEEDING 50,000 SO 1:11:29 WE'RE REACHING PEOPLE WITH CONSISTENT INFORMATION WE ALSO HAVE A DATABASE OF 1:11:36 CONSUMER CONTENT I'LL TALK ABOUT THIS A LITTLE BIT LATER AND IN TERMS OF WHERE IT WRITES IT'S IN THE CARE NAV SYSTEM IT'S 1:11:43 OVER 400 DIFFERENT PIECES OF CONTENT ACROSS A VARIETY OF 1:11:50 PLATFORMS AND MANY OF THIS THESE PIECES OF CONTENT WITH FACT SHEETS 1:11:56 AND EVEN OUR AUDIO AND VIDEO ARE TRANSLATED THIS IS A MOVING TARGET THIS 1:12:03 IS SORT OF A THE A PULL OF SORT TO GIVE YOU AN IDEA OF SOME OF THE LANGUAGES 72 1:12:10 PIECES ARE IN SPANISH AND 60 ARE IN CHINESE 40 IN VIETNAMESE WE HAVE TAGALOG 1:12:16 WE HAVE KOREANBUT WE START FROM THE MOST USED AND MOST OFTEN REQUEST ED 1:12:24 AND THE BROADEST LEVEL OF CONTENT FIRST WE START TOTRANSLATE OUR FACT SHEETS 1:12:30 WITH THE ONES THAT ARE GOING TO GET OBVIOUSLY THE MOST USEDSO THIS 1:12:36 CONTENT DOES RIDEIN THE CARE NAV DATABASE IT'S AVAILABLE TO THE STAFF 1:12:41 IT'S ALSO AVAILABLE TO CLIENTSTHROUGH THE CARE NAAV MODEL OR THROUGH REQUEST NEXT SLIDE 1:12:52 PLEASE SO IN 2019 THE CRC'S ADVOCATED FOR A BUDGET 1:12:58 AUGMENTATION TO INCREASE THE SERVICE DELIVERY IN THE CROSS CRC COLLABORATION BUT MORE IMPORTANTLY TO 1:13:05 UTILIZE THE NEW TECHNOLOGIES THAT WERE AVAILABLE AND EMERGING ACROSS THE 1:13:12 STATE AND THE EASE AND USE OF OF USE OF TECHNOLOGY FOR MANY OF OUR DAILY

1:13:18 FUNCTIONS SORT OF POINTED US IN THE DIRECTION THAT THIS WAS A TIME TO 1:13:24 BE ABLE TO PUNT THIS INTERACTIVE CLIENT RECORD SYSTEM UP SINCE YOU KNOW MORE 1:13:30 PEOPLE ARE USING TECHNOLOGY THAN EVER TO DO JUST ALMOST EVERY FUNCTIONIN 1:13:36 THEIR DAILYIN TRANSACTIONS SO WE WANTED TO BE ABLE TO USE THESE 1:13:41 TECHNOLOGIES TO EXTEND SERVICES AND WE FOUND THAT TO BE YOU KNOW QUITE TRUE OBVIOUSLY WE WERE A LITTLE AHEAD OF THE 1:13:48 CURVE IT WASN'T DIDN'T EVER DAWN ON US THAT WE'D HAVE A PANDEMIC THAT YOU KNOW EXTENDING 1:13:54 SERVICES THIS WAY MIGHT BE THE ONLY WAY TO PROVIDE SERVICES DURING THE 1:14:00 COID PERIODWE ALSO WANTED TO STANDARDIZE THE QUALITY PRACTICE AND 1:14:05 CORE SERVICES AND COLLECT DATA FOR THE EVALUATION REPORT SO WE WENT FOR A 1.14.10BUDGET AUGMENTATION NEXT SLIDE 1:14:19PLEASE ANDWE RECEIVED30 MILLION OVER A THREE-YEAR ARC 10 MILLION A YEAR 1:14:26 IT BRINGS US UP TO A 15 MILLION A YEAR TOTAL APPROPRIATION THIS WAS LATER 1:14:31 MEMORIALIZED THIS WAS A THREE-YEAR PROJECT BUT MEMORIALIZED IN I THINK 1:14:37 2021SO WE WERE ABLE TO INSTALLCARE NAV THROUGHOUT THE SYSTEM THERE WERE 1:14:44 THREE CRC'S AT THAT POINT THAT WERE STARTING TO USE CARE NAV THERE IS A CLIENT 1:14:49 FACING PORTAL TO THIS FA YOU KNOW INDIVIDUALS CAN COME IN AND START THEIR OWN RECORDAND ALSO CONSULT THEIR 1:14:57

DASHBOARDWHEN THEY SO CHOOSE SO WE DID THE CARE NAV INSTALL WE ALSO INSTALLED 1:15:04 AND TAUGHT TELE HEALTHCONSULTS SO INDIVIDUALS COULD 1:15:10 EXCUSE ME CRC'S COULD BE USING THE ZOOM HEALTH PLATFORM WHICH IS HIPAA COMPLIANT SO ALL OF THESE THINGS ARE 1:15:16 HIPAA COMPLIANTTECHNOLOGIES FOR ECONSULTS ENCOUNTERS SMALL GROUP 1:15:23 TRAININGSSUPPORT GROUPS AND SO ON SO WE TRAIN STAFF ON CARE NAV ALL THESE 1:15:30 COMMUNICATION TECHNOLOGIES AND STARTED THE STATEWIDE EVALUATION AND OUTREACH 1:15:35 THE FIRST YEAR WAS ON THE PROCESS IMPLEMENTATION WHICH ISYOU KNOW 1:15:40 ACTUALLY A VERY GOOD EVALUATION OF WHAT IT TAKES TO REALLY START TO EMBED 1:15:47 TECHNOLOGIES BUT MOST IMPORTANTLY BRING ABOUT SYSTEM CHANGE NEXT SLIDE PLEASE 1:15:57 SO JANICE TALKED A LITTLE BIT ABOUT THIS CARENAV IS A CLOUD-BASED HIPAA 1:16:02 COMPLIANT CLIENT RECORD SYSTEM IN FULL DISCLOSURE WE DID DEVELOP THIS AT A 1:16:09 FAMILY CAREGIVER ALLIANCE OVER A MULTI-YEAR PERIOD USING PRIVATE FOUNDATION DOLLARS FAMILIES CAN START 1:16:17 AND OPEN THEIR OWN RECORDTHERE'S A CLIENT DASHBOARD WITH **FUNCTIONALITIES** 1:16:23 THERE'S ALSO A FAIRLY SOPHISTICATED BACKEND FOR DATA ENTRY FOR SERVICE 1:16:29 DATA AND REPORTS FOR PAYMENT SOURCES I WOULD ADD THAT THE CRC CONTRACTS 1:16:35 ARE NOT THE ONLY SOURCES OF FUNDING FOR THE SERVICES WE ALSO HAVE TITLE 3E AND 1:16:41

COUNTY FUNDS AND OTHER FOUNDATION GRANTS AND WE'RE ABLE TO TRACK THESE MULTIPLE 1:16:46 PAYER SOURCES AND BLEND THE FUNDING SOURCES SO IT'S NOT APPARENT TO 1:16:52 THE END USER THE FAMILY CAREGIVER WHY SHOULD THEY WORRY ABOUT THAT BUT WE CERTAINLY CAN DO THE REPORTING FOR ALL 1:16:59 OF THE DIFFERENT REQUIREMENTS ACROSS THESE PAYER SOURCES TOO I TALKED ABOUT THE REAL-TIME DATA FOR SITE USES 1:17:07 THAT'S THERE WE ALSO USE IT IN A VARIETY OF OTHER USE CASES 1:17:13 INCLUDING TWO NATIONAL RESEARCH PROJECTS THAT ARE GOING ON THAT USE CARENAV AS THE HUB FOR SERVICE 1:17:22 DELIVERY AND TRACKING INFORMATION AROUND ENGAGEMENT IN THE MATERIALS NEXT 1:17:29 SLIDE PLEASE EVERY CRC ON THEIR WEBSITE HAS A 1:17:37 PORTAL THAT YOU GO THROUGH THIS IS JUST OURS YOU CAN GO IMMEDIATELY TO 1:17:43 CARENAV NEXT SLIDE PLEASEYOU LOOKED AT THE THIS IS A 1.17.50REGISTRATION WE HAVE A TWO-STEP AUTHENTICATION PROCESS I THINK YOU SAW THIS IN JANICE'S PRESENTATION 1:17:56 NEXT SLIDE PLEASE THIS IS A INTAKE THE START OF AN 1:18:02 INTAKEY OU CAN SEE THAT WE'RE ASKING ABOUT WE'RE BASICALLY ABOUT CAREGIVER 1:18:09 BASIC DEMOGRAPHICS WHO THEY ARE PROVIDING ASSISTANCE TO WHAT ARE THE 1:18:14 CURRENT NEEDS AND THEN IT GOES TO THE DASHBOARD THIS IS THE FIRST STAGE NEXT SLIDE 1:18:21 PLEASETHIS ISTHE OPENING SHOT I DON'T THINK THIS IS VERY COMPELLING BUT 1:18:28 THIS IS A OBVIOUSLY A TEST CASE SARAH LOPEZ SHE DIDN'T FINISH THE INTAKE 1:18:35

IT SAYS THAT'S WHAT YOUR NEXT STEP IS BUT IT GIVES YOU AN IDEA THE LIBRARY MESSAGES SUPPORT GROUP CLASSES WILL 1:18:42 HAVE A MY RECORD SECTION IN THE IN THE NEXT PHASE NEXT SLIDE 1:18:49 PLEASE AS PEOPLE ARE ANSWERING QUESTIONS WHETHER IT'S ON INTAKE OR ASSESSMENT WE'VE SCORED THE CONTENT TO 1:18:56 COME UP SO THE SERVICE THE INFORMATION IS TAILORED TO RESPONSES IN THIS CASE 1:19:02 YOU'LL SEE THAT THERE ARE A JUST A WHOLE LINE OF RESOURCESTHAT U **INFORMATION THAT'S** 1:19:09 AVAILABLE WHERE IT'S COMING FROM WHETHER IT WAS RECOMMENDED BY CARE NAV OR BY THE CARE CONSULTANT OR WHETHER IT WAS 1:19:16 THEIR V THEIR PREFERENCE ALL OF THIS INFORMATION IS AVAILABLE THEY ALSO CAN BROWSE THE ENTIRE LIBRARY AND DIRECT 1:19:23 CARE PLANNING FOR CARE SELF-CARE AND HEALTH CONDITIONSTHERE ARE OTHER FUNCTIONSTHAT YOU CAN SEE WE ALWAYS 1:19:30 GIVE YOU KNOW A REALITY CHECK ABOUT THE AVAIL THE CONTACT INFORMATION ABOUT 1:19:36 THE CRC WHO THEIR FAMILY CONSULTANT IS THEY CAN SEND A A PRIVATE MESSAGE A 1:19:42 HIPAA COMPLIANT MESSAGE AND OTHER LINKS THAT WE SUPPLY THAT PROVIDES THEM 1:19:48 SOMEINFORMATION ABOUT NAVIGATION THROUGH THE SITE NEXT SLIDE PLEASE 1:19:56 ONE OF THE THINGS THAT WE HAVE MADE AN IMPROVEMENT ON IS BEING ABLE TO PUT THE STATEWIDE CLASSES 1:20:04 INFORMATION WORKSHOPSIN THERE THEY CAN GO THROUGH AND CHECK THE CLASSES WE 1:20:10 HAVE PROBABLY I'M TRYING TO THINKTHERE'S 1:20:15 THERE'S USUALLY SOMEWHERE BETWEEN 20 AND 30 CLASSES A MONTH THATCOME UP 1:20:22 FOR INDIVIDUAL UAL THEY CAN DIRECTLY REGISTER FROM THE SITE SO IT GIVES THEM A SECONDARY PATHWAY MOST OF

1:20:30 THESE CLASSES THESE CLASSES GO ALSO GO OUT THROUGH MONTHLY NEWSLETTERS BUT 1:20:36 WE'VE EMBEDDED THEM NOW IN CARE NAV SO THEY'RE ALWAYS THERE AVAILABLE FOR PEOPLE TO REVIEW NEXT 1:20:46 SLIDE SO WHAT ARE THE NEXT STEPSTHIS IS JUST GENERALIZEDINCREASE REACH 1:20:52 INTO DIVERSE COMMUNITIES WE KNOW WHO WE'VE REACHED WE'RE EMBARKING ON 1:20:58 LOOKING AT DIVERSITYAND SOCIAL DETERMINANTS OF HEALTH AND MAPPING AREAS 1:21:05 THAT ARE PROBABLY THE YOU KNOW WOULD CHOOSE TO BE YOU KNOW REALLY GOOD TARGETS WITHIN COMMUNITIES BASED ON A 1:21:12 NUMBER OF DIFFERENT METRICS QUALITY ASSURANCE IS ALWAYS AN ISSUE TO MAKE 1:21:20 SURE THAT THE STAFF HAS THE MOST UP TO DATE INFORMATION WE HAVE CONSISTENT PRACTICE STANDARDS WE'RE IMPROVING THE 1:21:27 PRACTICE ACROSS THE STATE FOR STAFF THERE'S ABOUT 140 STAFF MEMBERS 1:21:33 INCLUDING ADMIN STAFFWITHIN THE CRC SYSTEM BUT ASSURING QUALITY IS ALWAYS 1:21:41 A NUMBER ONE PRIORITY PARTICULARLY IN DATA COLLECTIONS MAKE SURE THAT WE 1:21:46 HAVE DATA INTEGRITY AND THEN HOW DO WE USE THE DATA WE HAVE A LOT OF 1:21:52 INFORMATION AT OUR DISPOSAL BUT HOW DO WE BEST USE THAT DATA TO **IDENTIFY AND** 1:21:58 TARGET THE HIGH NEED SERVICE AREAS SO WITH THAT I THINK THAT'S THE 1:22:03 LAST SLIDE THANK YOU THANK YOU SO MUCH KATHY I'M ESPECIALLY IMPRESSED BY THE 1.22.10YOUR LANGUAGE CAPACITY HAVING INFORMATION YOU KNOW NOT JUST FOR 1:22:15

SPANISH OR CHINESE SPEAKING INDIVIDUALS BUT ALSO VIETNAMESE AND VERY IMPRESSIVE THANK YOU SO MUCH YOU'RE 1:22:22 WELCOME OUR NEXT SPEAKER BY THE WAY IS ONE OF OUR OWN MEMBERS OF OUR COMMITTEE AND ALSO A 1:22:27 DEAR FRIEND AND COLLEAGUE OF MINE THAT IS DR DOLORES GALLAGHER THOMPSON WHO IS A 1:22:34 PROFESSOR EMERITA OF STANFORD UNIVERSITY AND SHE'S GOING TO TALK ABOUT CAREGIVER 1:22:40 BEHAVIORAL HEALTH SO OVER TO YOU DOLORES OKAY THANK YOU VERY MUCH DARRICK SO MAY 1:22:46 I'M REALLY GLAD TO BE HERE AND TO HAVE THE OPPORTUNITY TO SHARE WITH YOU WHAT I'VE LEARNED OVER THE YEARS ABOUT 1:22:52 IMPROVING CAREGIVER BEHAVIORAL HEALTH SO MAY I HAVE THE NEXT SLIDE PLEASEI'D 1:22:57 LIKE TO CALL YOUR ATTENTION TO FIVE BOOKS THAT EXPAND ON THE INFORMATION THAT I WILL BE SHARING WITH YOU TODAY 1:23:05 THE FIRST I'M VERY PLEASED ABOUT IT'S A RECENT PUBLICATION BY SEVERAL COLLEAGUES AND MYSELF CALLED FAMILY CAREGIVER 1.23.11DISTRESS AND THIS BOOK IS KIND OF A A PRIMER FOR THOSE WHO WOULD LIKE TO LEARN 1:23:16 MORE ABOUT MENTAL HEALTH ISSUES AND H HOW TO ASSESS HOW TO TREAT WHAT ARE SOME OF THE EVIDENCE-BASED PROGRAMS 1:23:23 THAT ARE OUT THEREAND SO IT'S RECOMMENDED FOR PEOPLE WHO WOULD LIKE TO GET THAT BACKGROUND ALL IN ONE PLACE 1:23:30 THE MIDDLE TWO ARE UPDATES OF OUR BOOKS ON TREATING LATER LIFE **DEPRESSION WHICH** 1:23:36 CONTAINS SPECIFIC CHAPTERS ON WORKING WITH CAREGIVERS FROM A CBT PERSPECTIVE 1:23:41 THERE'S A CLINICIAN GUIDE AND A WORKBOOK FOR CLIENTS THEN TO THE FAR RIGHT WE HAVE PSYCHOLOGICAL ASSESSMENT 1.23.48AND TREATMENT OF OLDER ADULTS AGAIN THERE ARE CHAPTERS SPECIFIC TO CAREGIVING AND LASTLY ETHNICITY IN THE 1:23:55

DEMENTIA THIS IS THE THIRD EDITIONWHICH HAS CHAPTERS ON A VARIETY OF 1:24:01 DIVERSE GROUPS THE CHAPTERS GO INTO THE PATIENT HOW THE PATIENTS. PRESENTIN 1:24:06 DIFFERENT WAYS BASED UPON THEIR CULTURAL BACKGROUNDS AND THEN WHAT CAN BE DONE WITH THE PATIENT AND WITH THE CAREGIVER 1:24:13 WHAT ARE SOME EFFECTIVE WAYS TO INTERVENESO NEXT SLIDE PLEASE SO FOR 1:24:18 FURTHER MORE IN-DEPTH INFORMATION PLEASE CONSULT THOSE SOURCESI LOVE THIS SLIDE BOTH OF THEM FEEL 1:24:25 CONFUSED FRUSTRATED AND HELPLESS ONLY ONE OF THEM HAS ALZHEIMER'S NEXT SLIDE 1:24:30 PLEASE WE ALL KNOW THAT CAREGIVERS ARE THE HIDDEN PATIENT WE'VE HEARD FROM 1:24:36 SEVERAL SOURCES EARLIER THAT THEY ARE DEPRESSED MANY STUDIES PUT THE DEPRESSION RATE AT AS CLOSE TO 50% 1:24:43 SIGNIFICANTLY DEPRESSED ON INSTRUMENTS LIKE THE PHQ9MANY SUFFER FROM HIGH STRESS 1.24.49FEELINGS OF BEING OVERWHELMED ANXIETY ABOUT THE FUTURE OTHER NEGATIVE FEELINGS WE DON'T THINK ABOUT AS MUCH LIKE GUILT 1:24:56 AND FRUSTRATION AND FEELINGS OF INADEQUACYSOCIAL ISOLATION WE'VE 1:25:02 HEARD ABOUT THAT THAT INCREASES OVER TIME AND OF COURSE THE FINANCIAL STRAIN ON THE CAREGIVERMANY HAVE TO LEAVE 1:25:10 THEIR JOBS OR REDUCE THE THEIR NUMBER OF WORK HOURS SO THE NEXT SLIDEWE HEAR 1:25:16 FROM THEYEAH FROM THE REPORT OF THE NATIONAL ALLIANCE FOR CAREGIVING AND A P 1:25:22 IN MAY OF 2020 THEY USE A SLIGHTLY DIFFERENT WAY OF DESCRIBING THIS THEY TALK ABOUT FOUR IN 10 EXPERIENCING HIGH 1:25:31 EMOTIONAL STRAIN MOST OF WHICH ARE WOMEN AND THAT THIS LEVEL OF STRAIN OR 1:25:36

REPORTED STRAIN VARIES BY RACE AND ETHNICITY ROUGHLY 40% OF ASIAN-AMERICANS 1:25:42 THAT THEY SURVEYEDCOMPARED TO ABOUT 30% OF AFRICAN-AMERICAN AND LATINO 1:25:49INDIVIDUALSNEXT SLIDE SO CLEARLY MENTAL HEALTH ISSUES ARE A ARE A PROBLEM 1:25:57 OR ARE SALIENT FOR WHATEVER GROUP WE'RE TALKING ABOUTWE WE'VE SEEN THESE 1:26:02 WE'VE HEARD ABOUT THESE NEGATIVE EFFECTS BUT I'D LIKE TO CALL YOUR ATTENTION TO COGNITIVE PROBLEMS OF THE CAREGIVER 1:26:09 THESE ARE MORE COMMON IN OLDER CAREGIVERS WHO MAY THEMSELVES BE EXPERIENCING SOME MEMORY DIFFICULTIES 1:26:17 WE OFTEN DO NOT ASSESS THE CAREGIVER FOR COGNITIVE FUNCTION AND I WOULD SUGGEST 1:26:23 THAT IT IS IMPORTANT TO DO THAT WHEN THE CAREGIVER THEMSELVES ARE OVER 65 OR 70 1:26:28 WE ALSO KNOW THAT CAREGIVER CAREGIVING CAN HAVE NEGATIVE HEALTH **EFFECTS TWO IN** 1.26.34PARTICULAR HAVE BEENDELINEATED IN THE LITERATURE ONE IS COMPROMISED IMMUNE 1:26:39 SYSTEM CAREGIVERS TAKE LONGER TO HEAL FROM COLDS AND FLU AND THINGS OF THAT 1:26:45 NATURE BECAUSE THEIR IMMUNE SYSTEMS ARE RUN DOWN TYPICALLY AND THE OTHER ONE THAT'S 1:26:52 BEEN DOCUMENTED IS DISREGULATION OF THE HPA ACCESS WHICH INVOLVES THE 1:26:58 HORMONE CORTISOL AND THAT'S IMPORTANT BECAUSE CORTISOL DISREGULATED CORTISOL 1:27:03 OVER A LONG TIME LIKE WE'VE SEEN THE LENGTH OF TIME THAT MANY ARE CAREGIVERS 1.22.09IF THEY HAVE THAT PATTERN THIS CAN LEAD DOWNSTREAM TO SERIOUS MEDICAL ISSUES HEART DISEASE DIABETES AND THE 1:27:16

THINGS LIKE THAT SO WE WANT TO PRESERVE THE CAREGIVERS MENTAL HEALTH AND PHYSICAL HEALTH AS LONG AS WE CANTHE 1:27:24 NEXT SLIDE WE OVERLOOK OFTEN THE POSITIVE ASPECTS OF CAREGIVING THAT ARE 1:27:29 REALLY IMPORTANT IN PRESERVING MENTAL HEALTH WE DON'T WANT TO JUST FOCUS ON THE NEGATIVE WE WANT TO LOOK AT WHETHER 1:27:36 OR NOT THE CAREGIVER HAS BEEN ABLE TO EXPERIENCE SOME PERSONAL GROWTH WHETHER THE CAREGIVING HAS GIVEN THEIR LIFE SOME 1:27:43MEANING AND PURPOSE PERHAPSTHEIR COGNITIVE SKILLS HAVE SHARPENED BECAUSE 1:27:49 THEY HAVE SO MANY THINGS TO REMEMBER NOT ONLY ABOUT THEMSELVES. AND THEIR OWN APPOINTMENTS AND MEDICINES AND SO 1:27:56 FORTH BUT THEY HAVE TO REMEMBER THEIR LOVED ONES AS WELL SO FOR SOME CAREGIVERS THIS IMPROVES THEIR MEMORY 1:28:03 FUNCTIONING AND SOME IF THEY HAVE THE ROUTINE OF PHYSICAL ACTIVITY WITH THEIR CARE RECIPIENT CAN HAVE HEALTH BENEFITS 1:28:11 SO IT DEPENDS ON HOW THEY PARTICIPATE IN PHYSICAL ACTIVITY AND FINALLY CAREGIVERS 1.28.18WHO CAN REPORT BOTH POSITIVE AND NEGATIVE ASPECTS OF CAREGIVING TEND TO 1:28:23 HAVE BETTER MOOD THAN CAREGIVERS WHO FOCUS ON THE NEGATIVE THAT MAY SEEM OBVIOUS BUT IT'S IMPORTANT FOR 1:28:29 INTERVENTION DEVELOPMENT BECAUSE MANY OF OUR INTERVENTIONS HAVE WORKED ONREDUCING THE NEGATIVE RATHER THAN 1:28:36 INCREASING THE POSITIVE WHO ARE TRYING TO BALANCE THE TWO SO THE NEXT SLIDE 1:28:43 LET'S SKIP THAT ONE I THINK WE ALL KNOW NOW WHAT CAUSES CAREGIVING TO BE STRESSFUL I DON'T THINK WE NEED TO WORK 1:28:50 TALK ANYMORE ABOUT THAT THIS THIS ONE THOUGH I WOULD LIKE TO CALL YOUR ATTENTION TO MARIA ARANDA WHO I'M SURE 1.28.56MANY OF YOU KNOW RECENTLY PUBLISHED A VERY INTERESTING PAPER ON HOW TO INVOLVE 1:29:02

LATINOS MORE IN ALZHEIMER'S DISEASE CLINICAL TRIALS WHAT SOME OF THE ISSUES 1:29:08 WERE WITH CLINICAL TRIAL ENROLLMENT BECAUSE WE KNOW THAT WE NEED MORE RESEARCH ON THE PATIENTS THEMSELVES WE 1:29:15 ALSO NEED RE CONCOMINANT RESEARCH ON THE CAREGIVERS BUT SHE POINTS OUT IN THE 1:29:20 PAPER THAT OFTEN PROVIDERS ARE NOT EQUIPPED WITH CULTURALLY RELEVANT OR LINGUISTICALLY APPROPRIATE METHODS THAT 1:29:27 ALLOW THEM TO UNDERSTAND THE UNIQUE NEEDS OF CAREGIVERS OF DIVERSE RACIAL AND ETHNIC BACKGROUNDS SO WE'VE MADE 1:29:34 SOME PROGRESS CLEARLY YOU'VE HEARD FROM OTHER SPEAKERS THAT THERE ARE PROGRAMS THERE ARE SERVICES THERE ARE EDUCATIONAL 1:29:41 MATERIALS AVAILABLE IN LANGUAGE MULTIPLE LANGUAGES AND SO FORTH **BUT PROVIDERS** 1:29:47 AREN'T NECESSARILY EQUIPPED IN OTHER WORDS THEY MAY NOT HAVE THE TRAINING OR THE BACKGROUND NECESSARY TO BE ABLE TO 1:29:55 IMPLEMENT MENTAL HEALTH INTERVENTION PROGRAMS IN A CULTURALLY SENSITIVE 1.30.00WAYNEXT SLIDE PLEASEHERE WE SEE A CONCEPTUAL MODEL THAT WAS PUBLISHED 1:30:07 OVER A DECADE AGO BYBOB KNIGHT AND PHIL SAY AT USCIT'S THE MODEL IS 1:30:14 STILL VERY RELEVANT TODAY NOT ONLY FOR DIVERSE CAREGIVERS BUT PARTICULARLY FOR DIVERSE CAREGIVERS WHERE THE IMPORTANCE 1:30:21 OF LEARNING ABOUT CULTURAL VALUES BELIEFS AND PRACTICES IS **EMPHASIZED SO** 1:30:27 CULTURAL VALUES WHAT DO WE MEAN BY THAT WELL FOR EXAMPLE IN THE LATINO CULTURE FAMILISMO IS A CULTURAL VALUE THAT'S 1:30:36 CHERISHED AND IT CAN HAVE A POSITIVE EFFECT ON THE CAREGIVER'S MENTAL HEALTH OR A NEGATIVE EFFECT DEPENDING UPON HOW 1:30:44 IT IS CARRIED OUT SO FOR EXAMPLE WHEN THE IT WOULD MEAN THAT THE FAMILY WOULD 1:30:52

PROVIDE WOULD ENGAGE IN CAREGIVING TASKS AND RESPONSIBILITIES THEY WOULD SEE CAREGIVING AS KIND OF A FAMILY AFFAIR 1:30:59 AND ACT ACCORDINGLY BUT NOT ALL LATINO FAMILIES DO THAT SO THE **GREATER THE** 1:31:04 LEVEL OF ACCULTURATION OF THE MEMBERS PARTICULARLY THE YOUNGER CAREGIVERS 1:31:10 THE LESS THEY ARE LIKELY TO HELP WITH CAREGIVING TASKS AND RESPONSIBILITIES THE LESS THEY ARE LIKELY TO BE INVOLVED 1:31:17 SO IF WE UNDERSTAND THE CULTURAL VALUE AND WE UNDERSTAND HOW IT IS BEING DISPLAYED IN THAT PARTICULAR FAMILY IT 1:31:24 CAN HELP US WITH OUR INTERVENTIONSSIMILARLY THE KINDS OF SUPPORT 1:31:30 AVAILABLE SO MANY OF THE SOUTH ASIAN INDIAN CLIENTS THAT I'VE WORKED WITH 1:31:35 THEY'REONE OF THEIR CHIEF SORTS OF SOURCES OF SUPPORT IS IN INDIA SO IT'S A 1:31:41 CONTINENT AWAY IT IS NOT HERE AND THAT'S A DIFFERENT KIND OF SUPPORT THAN SUPPORT 1:31:47 THAT'S READILY AVAILABLE ON A DAY-TO-DAY BASIS THAT'S COLLOCATED WITH WHERE YOU ARE SO LEARNING ABOUT THESE THINGS IS 1:31:54 IMPORTANT IN HOW YOUCHOOSE AN INTERVENTION AND THEN HOW YOU ACTUALLY 1:32:00 ADMINISTER OR UTILIZE THAT INTERVENTIONNEXT SLIDE PLEASE IS A LITTLE MORE ON THE 1:32:07 SOCIOCULTURAL CONTEXT AND I'LL JUST GIVE ANOTHER EXAMPLE HERE OF HOW IT CAN 1:32:13 INFLUENCE A CAREGIVER DISTRESS SO IN MANY ASIAN CULTURES THE VALUE OF FILIAL 1:32:19 PIETY IS QUITE STRONG AND WHAT THIS GENERALLY MEANS IS THAT THE FAMILY COMES FIRST AND SO THE NEEDS OF THE CAREGIVER 1:32:27 MAY BE SECONDARY AND FOR CAREGIVERS WHO ARE VERY STRESSED THIS MAY LEAD TO THEIR 1:32:33

THEIR NEEDS BEING IGNORED UNTIL THEY ARE QUITE SERIOUS AND THE MENTAL HEALTH ISSUES REALLY NEED TO BE ADDRESSED SO 1:32:41 LANGUAGE BARRIERS WE'VE HEARD ABOUT THAT CULTURALLY INSENSITIVE SERVICES UNFORTUNATELY AREPART OF WHAT WE 1:32:48 NEED TO BE AWARE OF WHEN WE'RE CH THINKING ABOUT IN OUR VENTIONS THE PROVIDER BRINGS THEIR OWN SOCIOCULTURAL 1:32:55 HISTORY AND IS THAT GOING TO PROMOTE A GOOD RELATIONSHIP OR GET IN THE WAY 1:33:02 IMPORTANT QUESTION FOR US TO ASK OURSELVES NEXT SLIDE PLEASE THE HERE 1:33:09 WEGIVE YOU A TREMENDOUS RESOURCE A SNAPSHOT OF THE WEBSITE FOR THE BEN THE 1:33:15 RESOURCE THAT'S BEEN CREATED BY FAMILY CAREGIVER ALLIANCE AND BENJAMIN ROSE INSTITUTE WORKING TOGETHER IT'S THE BEST 1:33:23 PRACTICE CAREGIVING REGISTRY SO FOR THOSE OF YOU NOT FAMILIAR WITH IT 1:33:28 GIVES THE IT GIVES A LOT OF INFORMATION ABOUT EVIDENCE-BASED 1:33:33 PROGRAMS AND FOR EXAMPLE NOT ONLY THE NAME OF THE PROGRAM BUT THE LENGTH OF 1:33:39 THE PROGRAM THE KIND OF TRAINING THAT'S NEEDED TO ADMINISTER THE PROGRAM THE 1:33:44 LANGUAGES THAT THE PROGRAM IS IN AND THEN HOW IT'S DONE IS IT DONE IN 1:33:50 A SMALL GROUP IS IT DONE FACE TO FACE OR ONLINE SO YOU GET A LOT OF **INFORMATION** 1:33:56 THESE PROGRAMS HAVE BEEN CAREFULLY VETTED BY THE TEAM AT BENJAMIN ROSE INSTITUTE SOYOU CAN FEEL CONFIDENT 1:34:03 IF YOU CHOOSE PROGRAMS FROM THIS REGISTRY THAT YOU'RE UP TOD DAT THEY 1:34:09 THEY UPDATE THE REGISTRY VERY REGULARLY AND ALL THE PROGRAMS. 1:34:15 PROGRAMS ARE REMOVED THAT ARE NO LONGER IN EXISTENCE FOR ONE REASON OR ANOTHER AND NEW PROGRAMS ARE ADDED SO IT'S A

1:34:21 GREAT RESOURCE AND I HOPE YOU'LLYOU'LL UTILIZE IT NEXT SLIDE PRESENTS 1:34:27 THE STEEP APPROACH THAT WE'VE DEVELOPED FORTHINKING ABOUT AND SELECTING 1:34:35 INTERVENTIONSTHERE ARE FOUR LEVELS OF CARE IN THIS STEPPED APPROACHTHE 1.34.40FIRST TWO WE'VE HEARD A LOT ABOUT AND I THINK WE'D ALL AGREE THAT THEY ARE VERY ESSENTIAL TO GOOD MENTAL HEALTH OF THE 1:34:47 CAREGIVER WHICH IS FIRST OF ALL EDUCATION ABOUT DEMENTIA AND THEN EDUCATION ABOUT SELF-CARE 1:34:54 APPROACHES THAT'S LEVEL ONE LEVEL TWO WOULD BE USE OF THE COMMUNITY RESOURCES 1:34:59SO REFERRAL TO COMMUNITY RESOURCES PERHAPS HAVING A CARE MANAGER A SOCIAL 1:35:04 WORKER TO HELP SORT THINGS OUTWHAT'S NEEDEDTO REDUCE THE STRESS IN THE 1:35:10 FAMILY AND ON THE CAREGIVER AND INVOLVING THE FAMILY MORE IF POSSIBLE 1:35:16 NOW LEVELS THREE AND FOUR ARE THOSE THAT ARE GEARED MORE SPECIFICALLY TO MENTAL HEALTH SO LEVEL THREE WOULD BE THE 1:35:22 PSYCHO EDUCATIONAL PROGRAMS OF WHICH THERE ARE A GOOD NUMBER NOW U SOME OF 1:35:28 WHICH ARE ALREADY BEING OFFERED IN CALIFORNIAPROBABLY MOST OF YOU ARE 1:35:34 FAMILIAR WITH THE SAVVY CAREGIVING PROGRAMBUT THERE ARE OTHERS THAT I'LL TALK ABOUT AND THEN LEVEL FOUR 1:35:39 WOULD BE SPECIALIZED CARE WHERE A PERSON MIGHT NEEDMEDICATION FOR DEPRESSION 1:35:45 OR ANXIETY THEY MIGHT BENEFIT FROM PSYCHOTHERAPY SHORT-TERM THERAPY FOCUSED 1:35:50 ON CARE GIVER ISSUESSO THOSE ARE LEVEL THREE AND FOUR IS WHAT I'LL FOCUS ON IN THE TIME REMAININGNEXT SLIDE

1:35:59

PLEASE I WANT TO SHOW YOU THIS DIAGRAM THAT WE CREATED ON THE TRAJECTORY OF 1:36:04 CAREGIVING IT'S OBVIOUSLY TOO COMPLICATED TO EXPLAIN IN DEPTH BUT YOU CAN REFER TO IT IN YOUR HANDOUTTHE 1:36:12 IDEA HERE IS THAT THE DIFFERENT INTERVENTIONS ARE GOING TO BE BETTER FOR CAREGIVERS AT DIFFERENT POINTS IN THE 1:36:19 TRAJECTORY SO WHAT A CARE GIVER NEEDS IN TERMS OF MENTAL HEALTH CARE AT WHEN THEY'RE IN THE EARLY STAGE THEIR LOVED 1:36:26 ONE IS IN THE EARLY STAGE OF DEMENTIA IS NOT THE SAME AS WHAT THEY'RE GOING TO NEED WHEN THE LOVED ONE IS IN THE LATER 1:36:31 STAGES OF DEMENTIA AND WE'VE TRIED TO FLESH IT OUT HERE IN THIS DIAGRAM WHICH ISPUBLISHED IN AN ISSUE IN THE 1:36:39GERONTOLOGIST FEW YEARS BACKWE ALSO WANT TO POINT OUT THE CULTURE 1:36:46 AGAIN THE CULTURAL CONTEXT SO HERE THOUGH WE'RE TALKING ABOUT NOT ONLY THE HERITAGE CULTURE BUT THE HEALTH CARE 1:36:53 SYSTEMS CULTURE EVERY SYSTEM THAT WE'VE HEARD ABOUT TODAY HAS ITS OWN CULTURE 1:36:59 ITS OWN WAY OF OPERATING ITS OWNPLUSES AND MINUSES ITS OWN DOS AND 1:37:04 DON'TS AND SO FOR A CAREGIVER TO EFFECTIVELY USE TO EFFECTIVELY USE 1:37:12 HEALTH CARE SYSTEMS AND COMMUNITY-BASED ORGANIZATIONS THEY NEED TO LEARN 1:37:18 HOW THAT'S AN IMPORTANT ASPECT OF MENTAL HEALTH AS WELL WHY BECAUSE WE BECOME 1:37:23 VERY FRUSTRATED WHEN WE'RE CAREGIVERS AND WE'RE TRYING TO ACCESS SERVICES AND WE DON'T KNOW WHAT THE SERVICES ARE OR 1:37:31 WE MIGHT NOT KNOW HOW BEST TO ACCESS THEM SO THESE INTERSECT TO HELP US 1:37:37 DECIDE WHAT TO DO WHAT TO OFFER THE CAREGIVER THAT'S GOING TO IMPROVE THEIR

1:37:42

MENTAL HEALTHNEXT SLIDE WE STRONGLY RECOMMEND THAT ANY AGENCY OR PROVIDER 1:37:49WHO GIVES DIRECT SERVICE SERVICES TO CAREGIVERS SHOULD DO AT LEAST THREE 1:37:54 ASSESSMENTS THESE ARE QUICK THEY ARE ONLINE THEY ARE DOWNLOADABLE THEY ARE FREE AND THEY'RE IN MULTIPLE LANGUAGES 1:38:02 THE FIRST IS THE PHQ2 WHICH IS A SCREEN FOR DEPRESSION IF THE PERSON SPRING 1:38:08 POSITIVE THEN THE WHOLE PHQ9 IS ADMINISTERED AND THERE ARE ESTABLISHED CUT OFF SCORES AND VERY GOOD INFORMATION 1:38:16 ABOUT WHAT INTERVENTIONS MIGHT GO WITH WHAT LEVEL OF DEPRESSION BASED ON THE 1:38:22 PHQ9 THE GAD2 SCREENS FOR ANXIETY GAD IT STANDS FOR GENERALIZED ANXIETY DISORDER 1:38:30 THE SEVEN IS THE FOLLOWUP IT IT TO IT GETS AT MORE ASPECTS LIKE WORRY AND SO 1:38:35 FORTH AND AGAIN THERE ARE ESTABLISHED CUT OFFS THE CAREGIVER SELF- ASSESSMENT QUESTIONNAIRE FOCUSES ON STRESS RELATED 1:38:42 TO CAREGIVING ITSELFIF YOU NEXT SLIDE PLEASE IF YOU WANT FURTHER 1:38:48 INFORMATION ABOUT ASSESSMENT TOOLSPLEASE CHECK OUT OUR BOOK BECAUSE WE GO INTO GREAT DETAIL ABOUT OTHER KINDS 1:38:55 OF ASSESSMENT TOOLS AND WHERE TO GET THEM I SAID I WOULD FOCUS ON LEVELS THREE AND FOUR SO LEVEL THREE THE PSYCHO 1:39:03 EDUCATIONAL PROGRAMS THEY ARE EXTREMELY USEFUL BECAUSE THE AND THEY WERE DEVELOPED 1:39:09 BECAUSE CAREGIVERS DON'T USUALLY THINK OF THEMSELVES AS CLIENTS THEY DON'T 1:39:15 RECOGNIZE THEIR MENTAL HEALTH NEEDS OFTEN IF THEY DO THEY OFTEN DON'T SEEK 1.39.20HELP BECAUSE THEIR FOCUS IS ON THE CARE RECIPIENT **PSYCHOEDUCATIONAL PROGRAMS** 1:39:25

TAKE AWAY THE STIGMA THE CAREGIVER DOES NOT HAVE TO IDENTIFY AS A CLIENT OR A 1:39:30 PATIENT THEY ARE COMING TO GET INFORMATION THESE ARE TYPICALLY DONE IN A WORKSHOP FORMAT BUT THE THEORETICAL 1:39:39BASIS IS COGNITIVE BEHAVIOR THERAPY AND DEVELOPMENT OF SELF-EFFICACY SKILLS 1:39:45 THAT'S WHERE ALL OF THESE PROGRAMS CAME FROM ORIGINALLY USUALLY THEY'RE SMALL 1:39:50 AND NUMBER THEY'RE CLOSED COHORT THEY MIGHT MEET WEEKLY OR ON SOME GIVEN 1:39:56 SCHEDULE FOR A SPECIFIC PERIOD OF TIME AND THEY CAN BE DONE IN PERSON MANY WERE 1:40:02 DEVELOPED IN PERSON ORIGINALLY AND NOW HAVE MIGRATED TO THE HIPPA COMPLIANT ZOOM 1:40:08 PLATFORM SO I'M GOING TO TALK A LITTLE BIT ABOUT TWO OF THEM THAT I'M PERSONALLY VERY INVOLVED WITH THE COPING 1:40:14 WITH CAREGIVING THAT I HELPED TO DEVELOP AND THE CAREGIVER THRIVE LEARN AND CONNECTSO COPING WITH CAREGIVING HAS 1.40.22BEEN CULTURALLY ADAPTED AND IS AVAILABLE IN MANDARIN CHINESE IN VIETNAMESE AND IN 1:40:29 SPANISHTHE COPE THE CAREGIVER THRIVE LEARN AND CONNECT IS IN ENGLISH RIGHT 1:40:34 NOW BUT IT'S BEING CULTURALLY ADAPTED FOR SPANISH IN COLLABORATION WITH THE SOUTHERN CAREGIVER RESOURCE CENTER IN 1:40:41 SAN DIEGONEXT SLIDE PLEASE SO WHAT ARE THE CORE ELEMENTS OF THE COPING WITH 1:40:47 CAREGIVING PROGRAM THERE ARE FOUR SKILLS THAT WE TEACH IN COPING WITH CAREGIVING 1:40:52 AND AGAIN THIS IS COMPARABLE ACROSS THE OTHER PROGRAMS AS WELL BEHAVIORAL 1.40.58ACTIVATION COGNITIVE REFRAMING IDENTIFYING PROBLEM BEHAVIORS WHAT CAME 1:41:03

BEFORE AND WHAT THE RESPONSE IS AND THEN IMPROVING COMMUNICATIONWE BELIEVE THAT CHANGE 1:41:10 OCCURS BECAUSE OF INCREASED SELF-EFFICACY AND EMPHASIS ON PRACTICING SKILLS SO THAT THE CAREGIVERS LEARN NEW 1:41:18 HEALTHY HABITSTHE NEXT SLIDE PLEASETHE CORE ELEMENTS OF THE T CAREGIVER 1:41:25 TLC PROGRAM IN THIS PROGRAM WE ADDED THE POSITIVE ASPECTS OF CAREGIVING THAT I 1:41:31 MENTIONED BEFORE WE FOCUS IN THIS PROGRAM ON BUILDING RESILIENCE SO THE 1:41:36 TWO TOPICS THAT WERE ADDED ARE CALLEDBOUNCING BACK AND FILLING THE 1:41:42 WELL AND THEY THIS PROGRAM HAS GONE OVER EXTREMELY WELLFOR THAT FOR THAT PARTICULAR 1:41:50 POPUL ATION OF CAREGIVERS WHO AS I SAY PREVIOUSLY WE FOCUSED A LOT ON REDUCING 1:41:56 THE NEGATIVES BUT THIS PROGRAM BUILDS UP THE POSITIVESLET'S SKIP THE NEXT SLIDE ANDLET ME GO QUICKLY INTO 1.45.05INTERVENTION SO DARRICK YOU SAID I HAVE ABOUT TWO MORE MINUTES IS THAT RIGHT 1:42:10 YES PLEASE A COUPLE OF MINUTES OKAY SO LEVEL FOUR PSYCHOTHERAPY THIS IS WHEN 1:42:16 THE PHQ9 WOULD INDICATE THAT THE PERSON IS HIGHLY DISTRESSED HIGHLY DEPRESSED 1:42:22 THE TWO MOST COMMONLY USED WITH THE EVIDENCE BASE ARE COGNITIVE BEHAVIOR THERAPY AND ACCEPTANCE AND COMMITMENT 1:42:29THERAPY SO NEXT SLIDE COGNITIVE BEHAVIOR THERAPY FOR THOSE OF YOU NOT FAMILIAR 1:42:35 WITH IT IT'S PRESENT ORIENTED PROBLEM FOCUSED AND ENCOURAGES 1:42:41 FLEXIBILITY IT ALSO USES A SKILL BUILDING APPROACH AND WE DEVELOP MAINTENANCE PLANS TO HELP THE CLIENT 1:42:49

PREPARE FOR THE FUTURE NEXT SLIDE USING IT WITH FAMILY CAREGIVERS I'LL GO AS FAST AS I CAN HERE USING IT WITH 1:42:56 FAMILY CAREGIVERS WE IDENTIFY WHAT ASPECTS OF CAREGIVING ARE MOST RELATED TO THE DEPRESSION AND TYPICALLY IT'S 1:43:02 UNHELPFUL NEGATIVE THINKING PATTERNS THAT CAREGIVERS HAVE ABOUT THEMSELVES PLUS UNHEALTHY BEHAVIORAL PATTERNS SO 1:43:10 CBT WITH FAMILY CAREGIVERS FOCUSES ON UNHEALTHFUL THINKING AND CHANGING OR 1:43:16 MODIFYING UNHELPFUL BEHAVIOR OF THE CAREGIVER SO THAT THEY CAN 1:43:21 DO A BETTER JOBAND REMAIN CAREGIVERS LONGER SO WOULD YOU IF YOU'D 1:43:26 LIKE ME TO STOP THERE I'LL BE HAPPY TOOIF THERE'S TIME I COULD CONTINUE I HAVE A FEW MORE 1:43:32 SLIDESACTUALLY GIVE YOU ONE MORE MINUTE SOBARARA ACTUALLYCAN TALK 1:43:39 ABOUT THE GAPS AND FUTURE DIRECTIONS OKAY DID YOU SAY ONE MORE 1:43:44 MINUTE YES ONE MORE THANK YOU OKAY ALL RIGHT SO LET'SSKIP A FEWSLIDES 1:43:50 AND GO TO ACCEPTANCE AND COMMITMENT THERAPY SO IN THIS THERAPY KEEP 1:43:57 GOING YEAH THERE WE GO THE ITS STARTING POINT IS DIFFERENT IT'S ACCEPTING THE 1:44:03 PROBLEMS THAT ARE THERE RATHER THAN TRYING TO CHANGE THEM ACCEPTANCE IS A MENTAL PROCESS IT OFTEN INVOLVES 1:44:09 MINDFULNESS EXERCISES ANDCOGNITIVE REFRAMING THAT THERE ARE MANY THINGS IN 1:44:15 DEMENTIA CAREGIVING THAT YOU CANNOT CHANGE AND THAT YOU CANNOT CONTROL SO LEARN LEARNING TO ACCEPT AND BE 1:44:22 COMFORTABLE WITH THAT IS THE FIRST STEP ACCORDING TO THIS FORM OF THERAPY IT'S THE FIRST STEP TO IMPROVED MENTAL HEALTH 1:44:29 FROM THERE YOU CAN DEVELOP ACTIVE COPING STRATEGIESAND YOU CAN USE THEM VERY

1:44:35 SUCCESSFULLY THE NEXT FEW SLIDES TALK ABOUTAUGMENTATION OF THERAPIES WITH ONLINE 1:44:43 SUPPORT GROUPS HELPHELPL LINESAND 1:44:48 TECHNOLOGY AND THEN FINALLY I'LL END WITH THE MAIN GAPSWHAT I THINK ARE 1:44:53 THE MAIN GAPS BEFORE BARBRA SPEAKS AND THE FIRST ONE I THINK THE MAIN THE FIRST 1:44:58 MAIN GAP IS TO RECOGNIZE THAT MENTAL HEALTH MATTERS AND THAT THERE ARE 1:45:04 INTERVENTIONS THERE ARE PROGRAMS FOREFFECTIVE PROGRAMS TO HELP REDUCE THE 1:45:10 MENTAL HEALTH PROBLEMS OF CAREGIVERS PARTICULARLY DEPRESSION AND CHRONIC STRESS ANXIETY AS WELL THOSE ARE THE 1:45:17 THREE FOR WHICH THE PROGRAMS HAVE MAINLY BEEN EFFECTIVETHERE ARE SOME CULTURALLY AND 1:45:23 LINGUISTICALLY APPROPRIATE INTERVENTIONS BUT WE NEED MORE RESEARCH SO THAT WE CAN FIND THE FLEX POINT IN THAT TRAJECTORY 1.42.31OF CAREGIVING WHEN WE WOULD USE ONE INTERVENTION OVER ANOTHER AND FEEL CONFIDENT THAT WE'RE MAKING THE RIGHT 1:45:37 DECISION SO THANK YOU VERY MUCH FOR GIVING ME THE TIME THANK YOU SO MUCH 1:45:42 LORES I GLAD TO SEE THAT YOU POINT OF THE IMPORTANCE OF HAVING CULTURALLY RELEVANT AND LINGUISTICALLY APPROPRIATE 1:45:49 INTERVENTIONS WELL WELL NEXT AND ACTUALLY I'M SO PLEASED TOASK BARBRA 1:45:55 MCLENDON WHO IS ALSO A MEMBER OF A COMMITTEE AND SHE'S THE POLICY DIRECTOR AT THE ALZHEIMER'S OF LOS ANGELES TO 1:46:02 TALK ABOUT GAPS AND FUTURE DIRECTIONS SO OVER TO YOU BARBRA THANK YOU DARRICK SO I 1.46.02KNOW WE'RE RUNNING A BIT BEHIND HOW MUCH TIME DO YOU WANT ME TO TAKE HERE I THINK 1:46:12

WE SUPPOSED TO BE DONE YEAH IN TERMS OF TIME CHECK WE NEED TO HAVE A SEGMENT FOR Q&A BUT ALSO DR GHALY WILL BE JOINING US AT 1:46:20 11 FOR ONLY MINUTES OKAY SO SO MUCH 1:46:25 INFORMATION THIS MORNING AND I DON'T EVEN KNOW IF WE NEED THE THERE'S 1:46:30 NOTHING ELSE IN THAT SLIDE IF YOU WANT TO TAKE THE SLIDE DOWN BE GREAT TO SEE COMMITTEE MEMBERS IF WE CAN DO 1:46:36 THAT IF NOT THAT'S FINE YOU CAN LOOK AT ME AND THE ASL INTERPRETERS ΟA 1:46:43 COUPLE OF IDEAS JUST COME RIGHT TO MIND LISTENING TO BOTH THE DATA THAT WAS 1:46:48 PRESENTED AT FIRST AND THEN ALL THE INFORMATION ABOUT THE VARIETY OF SERVICES SO THERE'S A LOT OUT THERE I 1:46:54 THINK IS THE FIRST THING THAT COMES TO MIND RIGHT BUT HOW DO PEOPLE FIND IT AND 1:47:00CONNECT TO IT AND SOI DON'T KNOWIF SUSAN DEMAROIS LATER MIGHT BE TALKING 1:47:06 TO US ABOUT THE NO WRONG DOOR INITIATIVE AND WHERE THAT STANDS I THINK THAT'S GOING TO BE ESSENTIAL BECAUSEWE NEED 1:47:14 PEOPLE TO BE ABLE TO ENTER THIS SYSTEM OF CONNECTING TO SERVICES AND SO IF 1:47:21 THAT NO WRONG DOOR SYSTEM CAN BE DONECOMPREHENSIVELY AND THOUGHTFULLY WHICH I 1:47:27 KNOW THAT'S WHAT YOU KNOW STATESTAFF WE WORKING ON SO HARD **RIGHT NOW WITH A** 1:47:32 AN EYE TOWARDS DEMENTIA AND COGNITIVE IMPAIRMENT SPECIFICALLY SO THAT WE CAN MAKE SURE THATPEOPLE CAN ACTUALLY 1:47:40 GET TO SOME OF THESE SERVICES THAT HAVE BEEN IDENTIFIED HERE TODAY THOUGH OBVIOUSLY WE HAVE TO ACKNOWLEDGE THAT 1:47:46 THERE ARE AGAIN I THINK THE NUMBER EARLIER THISIN OUR MEETING TODAY WAS 1.1 MILLION CAREGIVERS OF CAR FOR 1:47:52

SOMEONE WHO'S LIVING WITH A DEMENTIATHAT'S A LOT OF CAREGIVERS SO THEY'RE GOING TO NEED A LOT OF SERVICES SO 1:47:58 OBVIOUSLY TO SOME DEGREE THERE'S NO GETTING AWAY FROM WE JUST NEED MORE MONEY TO FLOW INTO THIS AREA OF SERVICE 1:48:07 DELIVERY SOMETHING ELSE THAT REALLY ST STUCK OUT AT ME WHEN WE WERE LOOKING AT THAT DATA WAS HOW MANY PEOPLE WHO ARE 1:48:14 CARING FOR SOMEONE ARE IN THAT SANDWICH GENERATION SO IT REALLY STRIKES ME THAT 1:48:20 I THINK THERE'S A ROLE HERE FOR OUR EMPLOYERS AND AND I DON'T KNOW IF MAYBE THERE'S A A MATCHING ROLE FOR THE STATE 1:48:27 OR IF THIS COMMITTEE COULD MAKE A RECOMMENDATION YOU KNOW CAN WE PACKAGE FOR 1:48:33 EMPLOYERS SERVICES FOR CAREGIVERS SPECIFICALLY FOR PEOPLE WITH ALZHEIMER'S AND DEMENTIA AND SO WE CAN MAKE IT EASY 1:48:41 FOR EMPLOYERS TO CONNECT WITH THEIR EMPLOYEES I THINK WE ALSO HEARD TODAY THAT THERE NEEDS TO BE WORK DONE FOR 1:48:47 PEOPLE TO RECOGNIZE THAT THEY'RE A CAREGIVER TO SELF IDENTIFY IN THAT WAY TO EVEN BEGIN LOOKING FOR SERVICES SO I 1.48.54THINK THERE'S A ROLE THERE TO FOR FOR EMPLOYERS TO PLAY AS WELL AND SOTHAT 1:49:00 MIGHT BE ANOTHER AVENUE THAT WE CAN BRING PEOPLE INTO THIS SYSTEM HOPEFULLY 1:49:05THIS FABULOUS NO WRONG DOOR SYSTEM THAT WE'LL HAVE SO THAT WE CAN THEN CONNECT PEOPLE TO SOME OF THESE SERVICES AND 1:49:12 THENI CAN JUST WRAP WITH SPEAKING DIRECTLY TOWHERE WE WERE LEFT 1:49:18 WITH THAT FANTASTIC PRESENTATION ABOUT MENTAL HEALTH AND I KNOW THIS COMMITTEE OVER TIME HAS LOOKED AT THIS ISSUE 1:49:24 YOU KNOW WHEN WE'RE TALKING ABOUT MENTAL HEALTH ANDALZHEIMER'S AND DEMENTIA OFTEN WE'VE GOT A DOUBLE LAYER OF STIGMA 1:49:30 SO A LOT OF PEOPLEACROSS A VARIETY OF CULTURES HAVE SOMERELUCTANCE TO 1:49:36

ACKNOWLEDGE AND ACCESS SERVICES FOR MENTAL HEALTH COMBINED WITH A A FEELING OF STIGMA AROUND THE DEMENTIA THAT MAY 1:49:44 BE DRIVING THAT NEED TO ACCESS THOSE SUPPORTIVE SERVICES SOA DEEPER DIVE 1:49:50 INTO WHAT THE OLDER ADULT BEHAVIORAL HEALTH INITIATIVE INCLUDES MAY ALSO 1:49:55 HIGHLIGHT FOR US BOTHWHAT SOME OF THESE GAPS ARE AND MAYBE SOME WHAT SOME FUTURE STEPS ARE THAT THAT WE CAN TAKE I 1:50:02 I ALSO WILL JUST SAY FOR THE MENTAL HEALTH SERVICES THE OVERSIGHT AND ADVISORY COMMITTEE JUST WATCHING THEIR 1:50:08 WORK OVER TIME AND I AND I UNDERSTAND THIS BUT I HAVE TO ADMIT TO SOME FRUSTRATION WITH IT AND THAT IS JUST A 1:50:14 REALLY STRONG FOCUS ON YOUTH AND FAMILIES WHICH AGAIN I REALLY GET BUT 1:50:20 YOU KNOW IF OUR COMMITTEE COULD MAYBE DO SOME OUTREACH TO THAT ENTITY TO SAY HEY LET'S NOT FORGET ABOUT THE OLDER ADULTS 1:50:27 AND THE THE SIGNIFICANT MENTAL HEALTH NEEDS THAT THAT COMMUNITY HAS AS WELL 1:50:32 AND I'LL STOP THERE THANK YOU BARBRA FOR COVERING THIS VERY IMPORTANT SUBJECTNOW I 1:50:40 THINK BARARA IS CONTINUING TO FACILITATE THE COMMITTEE QUESTION AND ANSWER SO 1:50:45 OVER TO YOU AGAIN YEAH SO I GUESS WE'RE OPENING NOW TO 1:50:52 THOUGHTS THAT COMMITTEE MEMBERS HAVE ABOUT THE INFORMATION THAT YOUHEARD THIS MORNING QUESTIONSWE'VE GOT 1:51:00 FABULOUS STATE AGENCY STAFF WHO ARE WITH USTODAY SO CAN ANSWER SOME OF 1:51:06 THOSE QUESTIONS ANDI I CAN'T SEE EVERYBODY BECAUSE WE'VE GOT SOME OF US 1:51:12 SPOTLIGHTED SO I THINK YOU MAY NEED TO RAISE YOUR HAND OR JUST SPEAK UP IF 1:51:17 YOU'D LIKE TO MAKE A COMMENT OR ASK A

1:51:23 QUESTION OH FABULOUS NOW I CAN SEE EVERYBODY THAT'S 1:51:30 GREAT THOUGHTS CONCERNS OTHER AREAS THAT YOU FEEL WE DIDN'T GET TO GAPS 1:51:38 THAT HAVEN'T BEEN IDENTIFIED THOUGHTS YOU HAVE ABOUTTHE ROLE THIS 1:51:44 COMMITTEE CAN PLAY IN HELPING TO ADDRESS SOME OF THOSE ALL OF THAT IS WELCOME 1:52:02 WE'RE ALL JUST STUNNED INTO SILENCE BY THE AMOUNT OF INFORMATION THAT WE'VE BEEN GIVEN I MEAN 1:52:10 MAYBEDARRICK BECAUSE I DO THINK SOME OF WHAT SUSAN IS GOING TO BE SPEAKING TO 1:52:15 LATER THIS AFTERNOON IS JUST REALLY GOING TO BE SO RELEVANT TO THIS **DISCUSSION SO IT MIGHT BE THATWE** 1:52:23 COULD KIND OF PICK THIS BACK UP AS PART OF THAT ABSOLUTELY HER PRESENTATION YEAH 1:52:29 ABSOLUTELY ANDSO I THINK THE COMMITTEE CAN WAIT UNTIL THAT MOMENT IN 1:52:34 THE MEANTIMEFROM THE PUBLIC WE DO HAVE ONE QUESTION AND THAT ISDOES 1:52:41 OUR COMMITTEE SEE A WAY TO SUPPORT THE CONTINUITY OF THE COW COMPASS MODEL SO 1:52:49 ANYONE WHO LIKE TO ADDRESS 1:52:54 THAT SO THAT QUESTION IS FROM DEBBIE TOS NOT A FRIEND OF MINE WHO WAS WITH CHOICE 1:53:00 IN AGING SO THANK YOU VERY MUCH DEBIE SO I COULD JUST JUMP IN HERE AND 1:53:06 MICHELLE YOU CAN MAYBECORROBORATE THIS OR OR NOT BUT I'M THIS COMMITTEE 1:53:12 HAS DEFINITELY MADE RECOMMENDATIONS ABOUT 1.53.19BILLS WE THINK SHOULD BE SUPPORTED BUDGET ASKS THAT WE THINK SHOULD BE SUPPORTED SO I I THINK THAT THAT'S 1:53:25

WITHIN THE PRVIEW OF THE COMMITTEE TO MAKE A STATEMENT THAT WE SEE THE VALUE 1:53:31 OF THIS PROGRAM AND YOU KNOW ENCOURAGE CONTINUED SUPPORT FOR IT I DON'T KNOW IF 1:53:36 THERE'S MICHELLE THERE'S LIMITATIONS AT ALL ON WHAT WE 1:53:42 CAN HOW ACTIVE OUR ADVOCACY CAN BE HOW DIRECT OUR ADVOCACY CAN 1:53:48 BE YOU'RE MUTED IF 1:53:54 YOU'RE NOW CAN YOU HEAR ME YEAH I CAN HEAR YOU YESI DON'T KNOW IT'S A COMMITTEE AS 1:54:02 HOW MUCH YOU'VE SPECIFICALLY TAKEN POSITIONS ON BILLS BUT I DO KNOW THAT SO AFTER EVERY MEETINGWE SEND A LETTER 1:54:09 TO SECRETARY GAHLY WITH YOUR RECOMMENDATIONS SO AT THE END OF THE MEETING TODAY WHEN DARRICK'S 1:54:16 COLLECTING NOTES IF THERE'S SOMETHING THAT PEOPLE WANT TO PUT FORWARD AROUND THESE TYPES YOU KNOW THE SPECIFIC 1:54:21 PROGRAMS OR SERVICES WE COULD DEFINITELY MAKE SURE THAT THAT IT'S NOTED IN THE LETTER THAT GOES TO SECRETARY 1.54.28GAHLY BECAUSE ONE OF THE THINGS THAT REALLY STUCK OUT TO ME IN CELINE'S PRESENTATION WAS THAT THE SERVICES 1:54:34 THEY'RE OFFERING COVER THE WHOLE 1:54:39 THE JOURNEY THAT FAMILIES ARE ON RIGHT FROM THE VERY BEGINNING ALL THE WAY THROUGH THOSE BEREAVEMENT SERVICES I 1:54:45 MEAN I JUST THINK THAT'S SO IMPORTANT WHEN YOU'RE TALKING ABOUT ALZHEIMER'S AND DEMENTIA WHICH AS WE ALL KNOW IS A 1:54:52 PROGRESSIVE DISEASE SO THOSE CAREGIVER NEEDS ARE JUST SHIFTING ALL ALONG THAT 1:54:58 PROGRESSION ALONG WITH THE PERSON LIVING WITH THE DISEASE AND SO THAT YOU KNOW IF WE CAN BE ENCOURAGING A SERVICE DELIVERY SYSTEM 1:55:06 THAT MOVES WITH THEM WHICH YOU KNOW THE ADULT DAYCARE RESOURCE CENTERS DOES 1:55:12

I MEAN THAT JUST SEEMS TO MAKE A LOT OF SENSE TO ME I'D LIKE TO TAKE A PAUSE RIGHT NOW 1:55:19 BECAUSE WE HAVE A SPECIAL GUEST WHOM WE JUST TALK ABOUT YOU KNOW HOW CAN WE 1:55:24 REALLY RECOMMEND YOU KNOW ANY ISSUES OR CONCERNS TO THIS INDIVIDUAL 1:55:30 AND THAT'S DR GHALY AND SO SECRETARY GHALY PLEASE GO AHEAD AND YOU KNOW THIS IS 1:55:36 YOUR AIR TIME SURE WELL THANK YOU AND BARBRA SORRY TO INTERRUPT YOUR 1:55:42 TRAIN OF THOUGHT AND THINKING PROBABLY MORE EXCITING FOR ME TO HEAR 1:55:47 WHAT YOU'RE TALKING ABOUT IN THE CONVERSATION TODAY THAN TO HEAR A FEW WORDS FROM ME BUT I'M GOING TO TRY TO DO 1:55:54 MY BEST AND HAPPY TO TAKE A COUPLE QUESTIONS AND HOPEFULLY 1 DON'T INTERRUPT THE FLOW OF CONVERSATION 1:56:00 TOO MUCH FIRST LET ME START WITH THE APOLOGY THAT I WASN'T AVAILABLE 1.56.06EARLIER IN THE DAY THANK YOU DARCI FOR STEPPING IN AND SUSAN FOR 1:56:11 COORDINATING THAT IT IT'S PROBABLY NOT UNLIKE SOME OF THE CAREGIVER 1:56:16 SITUATIONS THAT I KNOW YOU GUYS HEAR ABOUT OR PARTICIPATE IN YOU GET THROWN A 1:56:22 A SORT OF UNEXPECTED CURVEBALL AND THEN YOU HAVE TO ADDRESS IT FOR A LITTLE 1:56:27 BIT LET ME JUST FIRST THANK YOU ALL FOR YOUR ONGOING SERVICE ON THE 1:56:33 ADVISORY COMMITTEE I KNOW THIS IS AN IMPORTANT MONTH BOTH FOR ALZHEIMER'S AWARENESS AND FAMILY CAREGIVERS AND I 1:56:40 KNOW THAT'S PART OF THE CONVERSATION YOU'RE HAVING TODAY I'VE BEEN SPENDING QUITE A BIT OF MY TIME TALKING 1:56:47 ABOUT CAREGIVING AND THE QUOTE CARE ECONOMY ON BOTH ENDS WHAT DOES THIS MEAN

1:56:53 FOR YOUNG PEOPLE AND SUPPORTING KIDS AND CHILDREN AND WHAT DOES IT MEAN FOR THOSE 1:56:59LIVING WITH DISABILITIES AND THOSE OLDER CALIFORNIANS AND MAKING SURE THAT WE GET THEIR SUPPORT AND THROUGHOUT ALL 1:57:06 OF IT I'M THINKING ABOUT WHAT IOFTEN CALL THE BIGGEST PRIVILEGE OF MY LIFE 1:57:12 WHICH WAS PROVIDING CARE TO MY OWN FATHER AT THE END OF HIS LIFE I WAS A 1:57:17 RESIDENT AT UCSF IN SAN FRANCISCO MY PARENTS HAD MOVED FROM THE MIDWEST TO 1:57:23LIVE NEAR THEIR KIDS DOWN IN SAN MATEO SO I DID THE 45 MINUTE COMMUTE DOWN THERE 1:57:31 PROBABLY FOUR OR FIVE DAYS A WEEK HELPING MY DAD LIVE WITH CHRONIC 1:57:37 RENAL DISEASE AND ON DIALYSIS WE WERE THE FIRST FAMILY IN CALIFORNIA TO DO 1:57:43 HOME HEMODIALYSIS AND IT HELPED TO HAVE TWO PHYSICIAN SONS WHO COULD HELP SUPPORT 1:57:49 THAT BUT IT WAS EXHAUSTING AND ALWAYS FULL OF UPS AND DOWNS AND 1:57:55 EMOTIONAL BUT AS I SAID AND I THINK ARGUABLY IN THE ROLE THAT I'VE HAD OVER THE PAST FIVE YEARS I'VE HAD SOME PRETTY 1:58:02 INCREDIBLE OPPORTUNITIES TO SERVE YET THAT MOMENT WITH MY DAD AND TAKING CARE OF HIM AT THE END OF HIS 1:58:08 LIFE IS BY FAR THE MOST IMPORTANT THING I FEEL LIKE I'VE EVER HAD THE PRIVILEGE OF DOING YET IT WAS SUPER HARD 1:58:16 AND SUPER DISRUPTIVE AND I JUST WANT TO SHARE THOSE THOUGHTS AND IDEAS BECAUSE I 1:58:21 KNOW YOU GUYS ARE SEEPED IN A CONVERSATION OF HOW DO WE MAKE SURE WE'RE ADDRESSING A GROWING NEED IN 1.58.28CALIFORNIA WITH WHAT FEELS LIKE A DWINDLING SET OF OPPORTUNITIES AND SERVICES AND PEOPLE THE WORKFORCE RIGHT 1:58:35

AND SO HOW DO WE BALANCE THAT AND I JUST WANT TO ENCOURAGE YOU TO CONTINUE TO 1:58:41 WORK WITH SUSAN AND DARCI AND KIM JOHNSON AND MICHELLE BASS AND OTHERS AS 1:58:47 WE TRY TO LOOK FOR OPPORTUNITIES LIKE NO OTHER STATE TO ADDRESS THIS AND 1:58:52 TO THINK ABOUT THIS QUOTE CARE ECONOMY BOTH FROM THE PERSPECTIVE OF HOW DO WE SERVE THOSE WITH REAL NEEDS EFFECTIVELY 1:59:01 ADEQUATELY WITH DIGNITY AND WITH EQUITY BUT ALSO HOW DO WE MAKE SURE WE MAINTAIN AND BUILD UP A SKILLED WORKFORCE THAT IS 1:59:08 VALUED AND SUPPORTED AND THAT THESE EXPERIENCES AS I SAID I MADE THE QUOTE 1:59:15 SACRIFICE AS A RESIDENT WITH A PROMISING KNOWN CAREER IN FRONT OF ME AS A 1:59:21 PHYSICIAN I KNOW A LOT OF PEOPLE DON'T HAVE THE SAME SETS OF OPPORTUNITIES NECESSARILY THEY'RE 1:59:27 STEPPING OUT OF CAREERS THAT ARE JUST GETTING STARTED THAT AREN'T AS 1:59:33 WELL PRESCRIBED AND THEY'RE MAKING IMPORTANT SACRIFICES AND LOSING OPPORTUNITIES AND HOW DO WE MAKE SURE WE 1:59:40 BALANCE ALL OF THIS SO I SUSPECT AND KNOW THAT THIS IS IN THE MIDDLE OF SOME OF THE WORK AND ISSUE YOU ALL ARE 1:59:47 TALKING ABOUT AND JUST WANT WANTED TO SHARE SORT OF MY OWN EXPERIENCE 1:59:52 ENCOURAGE YOU TO KEEP WORKING AT THIS AS MUCH AS YOU POSSIBLY CAN ANDSHARE 1:59:59YOUR NEW AND FRESH IDEAS EVEN RECYCLE SOME OF THE OLD ONES THAT DIDN'T EXACTLY 2:00:05 STICK BECAUSE FRANKLY MOST OF THOSE THEY FIND THEIR TIME IN THEIR DAY AND 2.00.10THEY CAN HELP US MAKE THE PROGRESS THAT I KNOW COLLECTIVELY ALL OF YOU SACRIFICE 2:00:15

YOUR TIME TO CONTRIBUTE TO AND I CERTAINLY FIND THAT A KEY PIECE OF WHAT OUR EFFORT IS AT CAL HHS AND CERTAINLY 2:00:24 SUSAN'S EFFORT AT THE DEPARTMENT OF AGING SO WITH THAT I'M GOING TO STOP HAPPY TO TAKE A COUPLE OF QUESTIONS 2:00:30 THROW SOME TOMATOES MY WAY SHARE SOME ENCOURAGEMENT OR DISAPPOINTMENT IN YOUR 2:00:35 OWN RIGHT BUT I CAN STAY FOR A FEW MINUTES IF IT'S NOT TOO DISRUPTIVE WELL THANK YOU SO MUCH DR GHALY VERY 2:00:43 THRILLED THAT YOU SHARE YOUR OWN PERSONAL STORY ABOUT TAKING CARE OF YOUR FATHER IN THE MEAN I'M VERY ENCOURAGED 2:00:51 BY YOU KNOW YOU SAYING THAT PLEASE KNOW KEEP ON YOU KNOW GIVING YOU SOME IDEAS OR EVEN RECYCLE SOME IDEAS AND THAT'S 2:00:58 REALLY WONDERFUL TO HEAR I' LIKE TO GO BACK TO BARBRA SO YOU CAN CONTINUE THE 2:01:04 **Q&A AND EVEN ANSWERING SOME QUESTIONS FROM THE** 2:01:10 PUBLIC ARE WE GONNA HAVE QUESTIONS FROM THE PUBLIC AT THIS POINT OR DO YOU JUST IF ANY OF THE 2:01:18 COMMITTEE HAVE QUESTIONS OR COMMENTS FOR DR GHALY AND THEN WE CAN DO THE PUBLIC COMMENT AND 2:01:28 BREING SO ARE THERE ANY QUESTIONS I THINK ANDREA HAS HER HAND UP 2:01:34 ANDREA I JUST HAD A COMMENT I REALLY APPRECIATE YOUR STORY DR 2:01:41 AND THAT'S WHY IT'S REALLY IMPORTANT FOR CONSUMERS TO GET MORE TERM TIME 2:01:46 BECAUSE RIGHT NOW WE'RE ONLY GETTING ONE YEAR AND THEN ONE EXTRA YEAR AND THOSE STORIES REALLY MAKES A BIG IMPACTIN 2:01:54 RELATION TO THE STORIES THE SATISTICS THE EXPERIENCE AND THE AREGIVERS 2:02:01 JOURNEY AND SO I'M HOPING THAT THEY'LL REALLY REVISIT THE TERM TIME IN REGARDS 2.05.02TONOT SO MUCH FOR ME BUT PEOPLE THAT'S COMING BEHIND METO GET MORE 2:02:12

TIME ON A COMMITTEE IN REGARDS TO SHARING THEIR PERSONAL EXPERIENCE BECAUSE I THINK IT ALL COME TOGETHER AND 2:02:20 I'M JUST HOPING THAT THE STATE LEVEL REALLY LOOK AT THAT PARTICULAR. BILL I CAN'T REMEMBER WHAT THE BILL NUMBER 2:02:26 IS BUT I THINK IT'S REALLY IMPORTANTBECAUSE YOUR STORY WAS 2:02:31 REALLY POWERFUL AND TO KNOW THAT MORE OF US YOU KNOW HAVE STORIES EITHER YOU 2:02:38 KNOW LIVING WITH THE CONDITION OR BEING FAMILY CAREGIVINGSO THAT WAS ONE 2:02:45 QUESTION ONE OTHER QUICK QUESTION IT'S REALLY IMPORTANT TO SUPPORT THE CAREGIVER WHETHER THEY'RE PAID OR UNPAID 2:02:52 IN REGARDS TO EDUCATIONAL TRAINING PAY BECAUSE THEY'RE THE FOUNDATION OF 2:02:57 ALL THESE EFFORT SO I'M JUST HOPING THAT YOU KNOW YOU KNOW YOU GUYS CONTINUE 2:03:02 TOLOOK AT THOSE RECOMMENDATIONS SO THANK YOU SO MUCH FOR SHARING IT WAS 2:03:08 SO POWERFUL AND I LOVE YOUR BACKGROUND IT IS SO FRIENDLY THANK YOU AND THANK YOU FOR 2:03:14 SHARING SOME OF THE FEEDBACK AND WE CERTAINLY WILL I THINK THIS ASPECT 2:03:21 OF TRAINING AND PROVIDING MORE TOOLS FOR PEOPLE TO DO THE WORK THAT THEY DO 2:03:27 GENUINELY FROM THE HEARTAND WITH DEEP CONNECTION AND RELATIONSHIP WITH THOSE THEY'RE SERVING AND CARING FOR BUT 2:03:34 TO EQUIP WITH MORE SKILLS AND ABILITIES IS ALWAYS BETTER AND WE SHOULD FIND MORE 2:03:39 **OPPORTUNITIES TO DO IT FOR** 2:03:45 SURE TAKE ONE YEAH SECRETARY GHALY I JUST WANT TO ANOTHER TOPIC A THREAD OF THIS 2:03:52 MORNING'S CONVERSATION WAS AND KATHY KELLY USED THE TERM MISSING MIDDLE SO IF

2:03:58

YOU'RE UNDER THE MEDI CAL LIMIT AND I'M NOT SAYING THAT ALL THEIR NEEDS ARE MET BUT THERE'S A LOT HAPPENING IN THAT SPACE I MEAN THE CALAIM PROGRAM AND THE 2:04:05 STAFF WHO'VE BEEN WORKING ON EMBEDDING BEST PRACTICES ON DEMENTIA CARE AND THAT'S SOME TREMENDOUS PROGRESS HAS BEEN 2:04:10 MADE AND WE LOOK FORWARD TO MORE BUT NOW WE'VE GOT THIS HUGE GROUP OF FOLKS WHO 2:04:15 ARE ON THE OTHER SIDE OF THAT LINE RIGHT AND DON'T MAKE ENOUGH MONEY TO EASILY AFFORD CARE AND SUPPORT SO WHAT ARE 2:04:21

WE DOING FOR THEM SO I KNOW THERE'S BEEN WORK ON TRYING TO CREATE A LONG-TERM CARE BENEFIT HERE IN CALIFORNIA I 2:04:27

REALIZE HOW CHALLENGING THAT IS BUT I JUST WANT TO URGE AGAIN YOU KNOW ANYTHING THAT THAT WE CAN DO AS A

2:04:33

COMMITTEE OR THOSE OF US OUT IN THE COMMUNITY AS ADVOCATES TO HELP TO MOVE THAT FORWARD THAT DOESN'T SOLVE ALL

2:04:39

OF OUR PROBLEMS BUT IT WOULD BE A VERY IMPORTANT STEP IN THE RIGHT 2:04:45

DIRECTION II AGREE WITH YOU I THINK WE HAVE WE HAVE A LOT OF PLACES TO

2:04:51

LOOK TO SUPPORT THE QUOTE MISSING MIDDLE YOU KNOW THERE'S A THERE'S A NUMBER

2:04:57

OF STRATEGIES THAT WE ARE EXPLORING OBVIOUSLY WHERE THAT LINE IS DRAWN WE WANT TO MAKE SURE THAT WE'RE BEING 2:05:03

THOUGHTFUL AND AGGRESSIVE WITH ITHOWIF WE WERE TO CREATE A BENEFIT AND

2:05:10

ONLY ONE OTHER STATE AS FAR AS I KNOW HAS ONE OTHERS ARE LOOKING AT IT BUT WE ALSO WANT TO MAKE IT A WORTHWHILE

2:05:16

BENEFIT IF YOU'RE PAYING INTO A SYSTEM TO ONLY FIND THAT IT DOESN'T ACTUALLY GIVE YOU WHAT YOU HOPED FOR OR WHAT YOU

2:05:23

EXPECTED AND FAMILY IS STILL YOUR EXTENDED FAMILY IS STILL FIGURING IT OUT

2:05:28

FOR YOU THAT WOULD ALSO BE A MAJOR CHALLENGE AND LET DOWN SO I THINK ALL OF

2:05:34

THESE IDEAS ARE MOVING ALBEIT SLOWLYBUT WE ARE ACTIVELY THINKING THROUGH 2:05:40 THEM AND INVITE YOU TO CONTINUE I KNOW YOU ARE THROUGH THIS COMMITTEE THROUGH OTHER CHANNELS WITH SUSAN WITH DARCI 2:05:47 WITH OTHER PEOPLE THAT I HAVE THE PRIVILEGE TO WORK WITH TO REALLY GET US TO STEP UP AND STEP BOLDLY INTO THIS 2:05:53 SPACE AND I THINK THERE'S A REAL WILLINGNESS TO DO IT FIGURING OUT THE DETAILS IS ALWAYS THE MESSY PIECEBUT 2:05:59 THE INTENT TO DO THAT AND THE LAST THING I WILL SAY AND WE'VE SPENT MORE TIME ON ITINTERNALLY IS JUST HOW DO WE PUSH 2:06:08 MEDICARE RIGHT AND HOW DO WE FIGURE OUT WHAT MEDICARE'S ROLE IS IN SOME OF THIS 2:06:13 BECAUSE WE HAVE SO MUCH CREATIVE SPACE ON THE MEDICAID SIDE AND PUSHING THOSE LIMITS AS FAR AS CAN BUT THE TRUTH IS 2:06:20 THAT MISSING MIDDLE ALL HAVE A THING IN COMMON WHICH IS MEDICARE AND HOW ARE WE USING OUR OWN 2:06:28 OFFICE OF MEDICAID MEDICARE INNOVATION TOINTEGRATION AND INNOVATION TO 2:06:33 REALLY THINK ABOUT THIS PIECE SO WE DO HAVE LEVERS WE'RE TRYING TO THINK ABOUT THEM ALL AND ARE ENCOURAGED BY YOU GUYS 2:06:41 PUSHING US TO THINK MORE CREATIVELY AS WELL I DON'T WANT TO I'M SURE IF I 2:06:50 IF I KEPT PROMPTING QUESTIONS YOU COULD KEEP BRINGING THEM AND I APPRECIATE THAT BUT I KNOW YOU HAVE AN 2:06:56 AGENDA AND YOU HAVE PUBLIC COMMENT AND OTHER IMPORTANT PEOPLE TO HEAR FROM SO I'LL LET YOU ALL GET BACK TO THE 2:07:03 REGULAR SCHEDULED PROGRAM AND JUST THANK YOU AGAIN FOR YOUR PASSION YOUR WORK AND YOUR COMMITMENT TO WORKING WITH US TO 2:07:10 FIND A BETTER WAY IN CALIFORNIA WOW DR GHALY THAN YOU SO MUCH FOR BEING HERE FOR ONLY 2:07:16 FIVE MINUTES BUT YOU KNOW PLEASE COME BACK FROM TIME TO TIME BECAUSE WE LOVE TO HAVE YOU AND DIALOGUE WITH YOU SO WE

2:07:23 CAN WORK TOGETHER AS PARTNERS THANK YOU VERY MUCH MY PLEASURE THANK YOU ALL 2:07:29BYE SO WITH THAT BARBRA DO WE HAVE ANY MORE COMMENTS OR FEEDBACK BECAUSE I 2:07:35 DIDN'T ANSWER THE PUBLIC COMMENTFROM DIANE PUCKET ON THEQ&A CHAT BOX 2:07:44 AND SO FOR THOSE OF YOU WHO WANTS TO READ US SHE HAS MENTIONED PLEASE 2:07:50 YOU KNOW CLICK ON THE Q&A CHECK THE BOX AND THEN YOU CAN SEE HER 2:08:00 FEEDBACK YEAH 2:08:11 PLEASE HELLO EVERYONE THIS IS CARROLL DEANDREIS THIS IS OUR PUBLIC COMMENT 2:08:17 PERIOD IF THE PUBLIC WOULD LIKE TO MAKE A COMMENT VIRTUALLY PLEASE USE 2:08:24 YOUR ZOOM FUNCTIONS AND YOU CAN RAISE YOUR HAND AND WE WILL GO AHEAD AND 2:08:29 CALL ON YOU WE'LL UNMUTE YOUR LINE AND CALL ON YOU IF YOU'RE DIALING IN BY PHONE IT ISSTAR NINE ON THE DIAL PAD 2:08:38 AND THEN WE WILL UNMUTE YOUR LINE SO 2:08:44 IF YOU HAVE A PUBLIC COMMENT THIS IS A TIME TO GIVE IT TO THE 2:08:52 COMMITTEE AND OF COURSE WRITTEN COMMENTS HAVE BEEN TAKEN THROUGH THE Q&A FUNCTION SO THANK YOU VERY MUCH FOR 2:08:58 UTILIZING THAT AS WELL THANK YOU CARROLL FOR GIVING THAT 2:09:06 2:09:17 INSTRUCTIONS DO WE HAVE ANYONE FROM THE PUBLIC WANTING TO MAKE A COMMENT OR ASK A 2:09:34 QUESTION OKAY LET'S SEE THERE'S ONE IN 2:09:39THE Q&A BOX 2:09:44 OKAY SO BASICALLY JUST YEAH DIANE WRITES THANK YOU DARRICK

2:09:50 YEAH AND THANK YOU DIANE FOR YOUR 2:10:07 COMMENTS ALL RIGHT IT IS 1211 RIGHT NOW AND SO WE ARE GOING IF 2:10:16 WE DON'T HAVE ANY MORE PUBLIC COMMENT MAYBE WE CANTAKE A LUNCH BREAK 2:10:23 RIGHT NOW AND INSTEAD OF THE FULL 30 MINUTESWHY DON'T WE COME BACK AT 2:10:29 12:35 BECAUSE WE HAVE A VERY PACKED AGENDA TODAY SO SEE YOU IN **ABOUT 25 MINUTES** 2:10:39 OKAY THANK YOU VERY MUCH AND TALK TO YOU AGAIN 2:10:47 SOON 2:11:08 ALL OF THIS MORNING'S PRESENTERS OH MY GOSH THAT WAS LIKE A MASTER CLASS IN CAREGIVING TODAY AND THE WAY YOU WERE 2:11:16 ALL SO SUCCINCT WITH YOUR SLIDES BUT THEY WERE EACH ONE WAS SO MEATY THANK 2:11:22 YOU VERY MUCH I TOOK COPIOUS NOTES I WANTING TO SHARE AND BARBRA THANK 2.11.28YOU ACTUALLY MADE A PERFECT SEGUE FOR WHAT WE'RE GOING TO TALK ABOUT HERE 2:11:34 MAYBE AS WE AS WE NARROWED THE FOCUS YOU KNOW TAKE US OUT A LITTLE BIT 2:11:39INTO THE BROADER CONTEXT IN WHICHMUCH OF THIS ACTIVITY IS HAPPENING SO WE 2:11:44 CAN GO AHEAD AND START WITH THE FIRST SLIDE 2:11:51 THANK YOU ROSIE I WANTED TO JUST SUMMARIZE A 2:11:57 FEW OF THE ACTIVITIES UNDERWAY AT THE DEPARTMENT OF AGING **TODAYSO FIRST** 2:12:03 AND FOREMOSTWE DO PROVIDE THE BACKBONE OF CAREGIVING SERVICES AND 2:12:09 PROGRAMS AND SUPPORT AND FUNDING THROUGH OUR DEPARTMENT WE HAVE THE 33

2:12:16 AREA AGENCIES ON AGING ALL OF WHICH RECEIVE OLDER AMERICANS 2:12:22 ACT FUNDING OLDER CALIFORNIANS ACT FUNDING IN SUPPORT OF FAMILY 2:12:27 CAREGIVERS AND WE ALSO SUPPORT THE 11 CAREGIVER RESOURCE CENTERS THAT WE 2:12:32 THANK YOU KATHY AND BEING ABLE TO HEAR ABOUT THE DATA FROM THE FROM CARE 2:12:37 NAV AND WHAT'S HAPPENING IN WITHIN THE NETWORK OF 11 CAREGIVER RESOURCE CENTERS 2:12:43 SO WHILE THERE ARE 33 AND 11 EACH OF THESE NETWORKS SUPPORT ALL 58 2:12:49 COUNTIES WE ALSO TOUCHED A LITTLE BIT ON CAL GROWS THIS IS OUR HOME AND 2:12:55 COMMUNITY BASED SERVICES FUNDING THROUGH THE END OF NEXT YEAR THAT SUPPORTS THE 2:13:00 DIRECT CARE WORKFORCE AND WE NOW HAVE 76 GRANTEES THAT ARE PROVIDING TRAINING 2:13:08 TO THE DIRECT CARE WORKFORCE AND TO FAMILY CAREGIVERS AND THE STIPEND PROGRAM 2:13:13 HAS BEEN ACTIVATED I KNOW MANY OF YOU ON THIS ADVISORY COMMITTEE ARE GRANTEES 2:13:18 UNDER CAL GROWS AND WE ALSO HAV EOTHER EFFORTS 2:13:24 INCLUDING THE IHSS IN HOME SUPPORTIVE SERVICES CAREER PATHWAYS 2:13:29 INITIATIVE THAT HAS BEEN WILDLY SUCCESSFUL AND VERY POPULAR AMONG IHSS 2:13:36 WORKERS AGAIN PROVIDING TRAINING AND STIPENDS UPON COURSE COMPLETION AND 2:13:43 PART OF THAT TRAINING YOU KNOW IN BOTH CAL GROWS AND IN IHSS **INCLUDES TRAINING ON ALZHEIMER'S** 2.13.21DEMENTIA AND OTHER COGNITIVE IMPAIRMENTS AND THEN WE'RE ALSO VERY EXCITED ABOUT THE WORK AT THE HEALTH CARE ACCESS AND 2:13:58

INFORMATION DEPARTMENT HCAI THEY'RE ROLLING OUT THE COMMUNITY HEALTH 2:14:05 WORKERS PROGRAM THAT IS NOW AN ELIGIBLE JOB TYPE THAT IS FUNDED 2:14:12 ELIGIBLE FOR MEDICAL REIMBURSEMENT AND WITHIN THE CHWS COMMUNITY HEALTH WORKERS 2:14:18 THERE'S QUITE A BIT HAPPENING AROUND DEMENTIA CARE AS WELL WE ALSO ARE SUPER EXCITED ABOUT 2:14:25 OUR FEDERAL ADMINISTRATION FOR COMMUNITY LIVING GRANT CALZ CONNECT THIS IS IN 2:14:32 THREE COUNTIES CURRENTLY IMPERIAL VENTURA AND MARIN AND WE'RE PARTNERING 2:14:38 WITH OUR AREA AGENCIES ON AGING AND OUR INDEPENDENT LIVING CENTERS TO TEST A 2:14:44 MODEL AND WHEN WE HEARD FROM OUR PRESENTER HILDA I BELIEVE WAS HER NAME 2:14:51 ABOUT NEEDING SUPPORT AFTER HOURS THIS IS PART OF WHAT WE'RE PILOTING 2:14:57 WITH CALZ CONNECT IS ONE A ONE-STOP 2:15:02 SHOP FOR PEOPLE UPON DIAGNOSIS AND FAMILY CAREGIVERS TO GET SOME INTENSIVE 2:15:08 SERVICES USING THE CARE ECOSYSTEM MODEL SO RIGHT AWAY THEY GET PLUGGED INTO 2:15:13 SERVICES AND THEN THEY HAVE SUSTAINED SERVICES FOR A PERIOD OF TIME AND 2:15:19 THEN WE'RE PILOTING IN VENTURA COUNTY HOW WE MIGHT BE ABLE TO OFFER THAT 24/7 WHICH WOULD BE THE BEGINNING OF 2:15:27 ULTIMATELY SOME DAY A 24/7 CONTACT CENTER THAT CDA DREAMS OF SOMEDAY 2:15:35 WE'RE ALSO PARTNERING ON NUMBER FOUR WITH OUR DEPARTMENT OF HEALTH CARE SERVICES ON THE HOME AND COMMUNITY BASED 2:15:42 SERVICES GAP ANALYSIS THIS WAS FUNDED IN THE BUDGET A YEAR AGO 2:15:48

AND WE'RE SO EXCITED ABOUT THE WORK THAT'S NOW UNDERWAY WE'RE LOOKING AT EVERY MEDICAID FUNDED PROGRAM SO TO 2:15:55 BARBRA'S POINT EARLIERTHAT IN SOME WAYS CALIFORNIA IS DOING FAR MORE UNDER 2:16:02 MEDI-CAL DEFINITELY MORE THAN OTHER STATES AND ACTUALLY MORE THAN PEOPLE WHO 2:16:07 WHO ARE PAYING PRIVATELY OUT OF POCKET WHO ARE PART OF THE FORGOTTEN OR MISSING MIDDLE MAY NOT EVEN BE ABLE 2:16:15 TO ACCESS A NUMBER OF SERVICES THAT OUR STATE'S MEDICAID BENEFICIARIES CAN ACCESS SO WE'RE LOOKING AT ALL OF THE MEDICAID 2:16:23 HCBS SERVICES THIS WOULD BE ADULT DAY HEALTH CARE MULTI-PURPOSE SENIOR 2:16:28 SERVICES PROGRAM PACE AND MANY OF THE OTHER WAIVER PROGRAMS ASSISTED LIVING 2:16:33 WAIVER FOR INSTANCE THAT'S ON THE DEPARTMENT OF HEALTH CARE SERVICES SIDE AT CDA WE'RE 2:16:40 LOOKING AT THE NON-MEDICAID HOME AND COMMUNITY BASED SERVICES SO THIS WOULD BE OUR CAREGIVER RESOURCE CENTERS OUR 2.16.47ARE AGENCIES ON AGING ADULT DAY PROGRAMS OTHER PARTS OF OUR HCBS NETWORK 2:16:54 AND WE'RE DOING THIS STATEWIDE AND WE'LL BE ABLE TO SEE CLEARLY AND STARKLY 2:17:00 WHERE THE GAPS EXIST AND THEN WE'LL HAVE A ROAD MAP TO EVENTUALLY CLOSE THOSE 2:17:05 GAPS NUMBER FIVE IS THE ITEM BARBRA ASKED SECRETARY GHALY ABOUT **IS LONG-TERM** 2:17:12 SERVICES AND SUPPORTS FINANCING WHAT MORE COULD CALIFORNIA DO 2:17:18 TO HELP PEOPLE WHO ARE IN THE MISSING OR FORGOTTEN MIDDLE ACCESS HOME CARE 2:17:24 RESPITE CARE COMMUNITY-BASED PROGRAMS AND SERVICES AND SUPPORTS THAT THEY NEED 2:17:31

TO LIVE AT HOME IN THE COMMUNITY AND TO AVOID OR DELAY LONG-TERM CARE 2:17:37 PLACEMENT WE'RE VERY EXCITED TO BE STARTING ON THE CAREGIVER. EQUITY ROAD 2:17:43 MAP THIS IS ONE OF OUR CURRENT MASTER PLAN FOR AGING INITIATIVES AND 2:17:49 WHAT WE'RE DOING HERE IS WE'RE TAKING PRESIDENT BIDEN'S NATIONAL STRATEGY FOR 2:17:55 FAMILY CAREGIVING THAT CAME OUT A YEAR AGO AND WE'RE MAPPING IT TO ALL OF 2:18:00 CALIFORNIA'S CAREGIVER PROGRAMS AND WE'RE PUTTING AN EQUITY 2:18:05 LENS ON IT AND THEN WE'LL BE ABLE TO STEP AWAY FROM THAT AND SEE WHERE WE FALL SHORT SO THAT'S SOMETHING WE'RE 2:18:11 EXCITED TO BE WORKING WITH UC DAVIS BETTY IRENE MOORE SCHOOL OF NURSING ON AND IT WILL ENGAGE ALL OF OUR 2:18:18 PARTNERS OUR STATE PARTNERS OUR AAAS AND CAREGIVER RESOURCE CENTERS ALL OF 2:18:25 THE NON-PROFIT ORGANIZATIONS AND THE ALZHEIMER'S GROUPS THAT ARE SUPPORTING CAREGIVERS WILL ALL BE PART OF THAT 2:18:32 THAT WORK AND THEN YOU HEARD A BIT FROM CELINE ABOUT CAL COMPASSS 2:18:39 YOU'RE FAMILIAR WITH THAT AND MICHELLE JOHNSTON'S DOING AN OUTSTANDING JOB LEADING THAT AT CDA WE ALSO ARE 2:18:47 PLEASED THAT WE JUST ISSUED THE FIRST ROUND OF FUNDING FOR BRIDGE TO RECOVERY 2:18:53 WE WERE ABLE TO LET OUT ABOUT \$20 MILLION TWO WEEKS 2:18:58 AGO IN SUPPORT OF ADULT DAYCARE ADULT DAY HEALTH CARE AND PACE CENTERS THAT 2:19:05 NEED DOLLARS TO SHORE UP THEIR STAFFING AND TO PUT IN PLACE SOME 2.19.11MITIGATION EFFORTS LIKE HVAC FUNDING OR EXPANDED OUTDOOR ACCESS 2:19:18 SO THEY CAN BETTER SERVE THEIR POPULATION IN TIMES OFINFECTION

2:19:23 OUTBREAKS OR WHAT WE LEARNED FROM THE PANDEMIC SO THOSE ARE THINGS HAPPENING AT CDA AND NOW I'LL MOVE 2:19:30 TO LET'S SEE NEXT SLIDE 2:19:36 PLEASE SO IN THE DEPARTMENT YOU KNOW WE'RE OUR MINDSET IS SHIFTING NOW 2:19:42 WHETHER IT'S ALL OF THE ARPA FUNDING THE HCBS FUNDING THE COVID FUNDING OR EVEN 2:19:49 THE HUNDREDS OF MASTER PLAN FOR AGING INITIATIVES WE'RE NOW MOVING OUR 2:19:55 MOVING AWAY FROM ISOLATED PROGRAMS AND INITIATIVES TO MORE OF A SYSTEM 2:20:01 SYSTEMWIDE STRATEGY AND APPROACH AND SO WE'RE CALLING THIS OUR CORE FOUR AT 2:20:07 THE DEPARTMENT OF AGING AND IT STARTS WITH THE VISION OF A NO WRONG DOOR SYSTEM 2:20:14 THIS WAS KEY TO BOTH THE GOVERNOR'S ALZHEIMER'S PREVENTION AND PREPAREDNESS  $2 \cdot 20 \cdot 19$ TASK FORCE REPORT AND THE MASTER PLAN FOR AGING AND WE RECEIVED A FEDERAL GRANT 2:20:27 THAT HAS ENABLED US TO WORK ACROSS THE CALIFORNIA HEALTH AND HUMAN SERVICES AGENCY AND TO ENLIST OTHER AGENCIES SUCH 2:20:35 AS HOUSING TRANSPORTATION LABOR AND WORKFORCE DEVELOPMENT IN ESTABLISHING 2:20:42 A NO WRONG DOOR GOVERNANCE COUNCIL FOR THE STATE SO WHAT WE OFTEN HEAR ON THE 2:20:47 GROUND IN THE COMMUNITY IS YOU KNOW THINGS ARE FRAGMENTED THEY'RE SILOED 2:20:54 PEOPLE GET CROSS REFERRED THERE'S NOT A ONE-STOP SHOP AND SO WE RECOGNIZE 2.20.29THAT A LOT OF THAT STARTS AT THE TOP IT IT'S BOTTOM UP AND TOP DOWN SO 2:21:04

WE'RE WORKING ON THAT TOP DOWN APPROACH BY ESTABLISHING THE STATE'S FIRST NO 2:21:09 WRONG DOOR GOVERNANCE STRUCTURE AND COUNCIL THE SECOND PIECE IN OUR CORE 2:21:16 FOUR AND EACH OF THESE YOU CAN SEE ON THE SCREEN IS TIED TO A MASTER PLAN FOR 2:21:21 AGING INITIATIVE THIS MONTH WE'RE WRAPPING UP A YEAR-LONG DEEP DIVE AND EXAMINATION OF 2:21:28 OUR 33 AREA AGENCIES ON AGING OUR AAA NETWORK WE CALL THIS INITIATIVE 2:21:35 CALIFORNIA 2030 BECAUSE WE'RE TRYING TO FUTURE PROOF THE AAA NETWORK MANY OF OUR 2:21:41 AAA'S ARE CELEBRATING THEIR 50TH ANNIVERSARY THIS YEAR AND WE ARE TRYING 2:21:47 TO PROJECT WHAT THE NEEDS AND DEMANDS WILL BE OVER THE NEXT 50 YEARS AND HOW 2:21:53 CAN WE STRENGTHEN OUR AAAS INDIVIDUALLY AND COLLECTIVELY TO MEET 2:21:59 THE GROWING DEMAND AND A CHANGING POPULATION IT'S NOT JUST THAT WE'LL HAVE MORE OLDER ADULTS BUT WE WILL HAVE MORE 2:22:07 MEDICALLY COMPLEX OLDER ADULTS MORE LOW INCOME OLDER ADULTS MORE DIVERSE 2:22:12 OLDER ADULTS MORE OLDER ADULTS WHO ARE LIVING ALONE MORE BEHAVIORAL HEALTH CHALLENGES MORE PEOPLE WHO ARE 2:22:19 HOUSING INSECURE AND MORE PEOPLE WHO ARE IMPACTED BY CLIMATE CHANGE AND 2:22:27 DISASTERS WHETHER IT'S EXTREME HEAT OR WILDFIRES AND OTHER ACTIVITIES 2:22:34 SO WE'LL BE PUTTING OUT A REPORT THE END OF THIS YEAR ON OUR TOP RECOMMENDATIONS ON HOW WE CAN STRENGTHEN THE AAA 2:22:42 NETWORK THE THIRD PRONG HERE IN OUR FOUR-PRONG STRATEGY IS HOW DO WE SUSTAIN 2:22:48

THE AGING AND DISABILITY RESOURCE CONNECTION PROGRAM THIS IS **REFERRED TO AS** 2:22:53 ADRC AND THIS IS INTENSIVE INFORMATION AND ASSISTANCE AND REFERRAL 2:23:00 THAT IS A PARTNERSHIP BETWEEN THE AAA'S AND THE STATE'S INDEPENDENT LIVING 2:23:05 CENTERS AND WE'VE GROWN THIS NETWORK QUITE A BIT WHERE WE'RE COVERING MANY 2:23:12 MORE COUNTIES WE'RE STILL IN GROWTH MODE THERE AND SO WE'RE LOOKING AT WHAT IS THE NEXT ITERATION OF THE 2:23:18 ADRC MODEL ONCE WE GET THEM ALL ESTABLISHED HOW DO WE SUSTAIN THIS AND 2:23:23 EMBED THIS IN THE STRUCTURE THAT EXISTS AND THEN FINALLY THE LONGEST TERM STRATEGY WE HAVE IS OUR DATA 2:23:31 GOVERNANCE AND YOU KNOW HOW DO HOW INTEROPERABILITY STRATEGY HOW DOES CDA 2:23:38 INTERFACE WITH ALL OF OUR COMMUNITY PARTNERS AAA CAREGIVER **RESOURCE CENTERS ADULT DAY HEALTH CARE SITES** 2:23:45 MSSP ADRC'S AND MORE AND THEN ALSO HOW DO WE HAVE A PUBLIC FACING 2:23:52 CONSUMER DIRECTED YOU KNOW THESE WERE KEY GOALS IN THE MASTER PLAN FOR AGING IN 2:23:59 THE GOVERNOR'S ALZHEIMER'S TASK FORCE HOW DO WE HAVE A CONSUMER FRIENDLY 2:24:05 WEB PORTAL THAT PEOPLE CAN ACCESS INFORMATION AND THEY CAN ENTER INFORMATION AND GET TAILORED RESULTS 2:24:12 FOR THEIR ZIP CODE HOW CAN WE HAVE 247 SUPPORT BY PHONE 2:24:17 LIVE HELP SO WE'RE LOOKING AT CALL CENTERS CONTACT CENTERS AND A WEB PORTAL 2:24:23 WHERE WE MIGHT HAVE SOME COMMON INTAKE INFORMATION THAT GETS PATCHED TO SOMEBODY AT THE LOCAL LEVEL SO THE 2:24:31 THESE ARE OUR CORE FOUR AND IT'S REALLY BUILDING A SYSTEM THAT IF SUCCESSFUL AND

2:24:36

WHEN SUCCESSFUL WILL ABSOLUTELY SUPPORT PEOPLE WITH ALZHEIMER'S AND DEMENTIA

2:24:41

WILL ABSOLUTELY INCLUDE FAMILY CAREGIVERS OF ALL AGES YOU KNOW IN 2:24:48

PARTICULAR THIS DATA STRATEGY THAT PEOPLE CAN ACCESS INFORMATION IF

2:24:53

SOMEBODY'S CARING FORA LOVED ONE IN A DIFFERENT PART OF THE STATE OR EVEN OUT OF STATE OR SOMEBODY WORKS OFF HOURS 2:25:01

AND NEEDS TO GET INFORMATION YOU KNOW OTHER THAN EIGHT TO FIVE THAT'S OUR AIM AND THEN AT THE CENTER OF IT THIS

2:25:09

WAS PART OF THE MASTER PLAN LTSS SUBCOMMITTEE REPORT THAT EVERYTHING YOU KNOW ALL FOUR OF THESE DOMAINS ARE 2:25:15

PERSON CENTERED EQUITY FOCUSED AND DATA DRIVEN SO IT'S NOT JUST THE DATA

2:25:21

STRATEGY THAT IS DATA DRIVEN IT'S THE NO WRONG DOOR SYSTEM THE AAA AND THE

2:25:27

ADRCS AND I THINK THERE'S ONE MORE SLIDE AND THEN OUR TIME IS UP YEP THERE IT IS OH AND THIS IS JUST A

2:25:36

LITTLE BIT MORE ON THE CALIFORNIA 2030 INITIATIVE WE JUST HELD OUR FINAL STEERING COMMITTEE MEETING THIS WEEK

2:25:43

AND WE HAVE RICH RICH QUANTITATIVE AND QUALITATIVE DATA TO SHARE OUT WITH YOU BY THE END OF THIS YEAR AND

2:25:50

THESE ARE THE SIX AREAS THAT WE SO CLOSELY AND CAREFULLY EXAMINED AMONG

2:25:56

THE AAA'S HOW THEY'RE GOVERNED WHAT THE MAPPING IS AND HOW THEY'RE DESIGNATED

2:26:02

WHAT CORE PROGRAMS AND SERVICES ARE OFFERED CAREGIVING CAREGIVER SUPPORTS

2:26:08

AND HEALTH PROMOTION BEING AT THE TOP OF THE LIST KEY

PERFORMANCE MEASURES

2:26:13

FUNDING SOURCES AND CAPACITIES WHAT MORE DO WE NEED FROM THE STATE FROM THE FEDERAL FROM OUR FEDERAL PARTNERS AND 2:26:21 HOW CAN WE BLEND AND BRAID FUNDING STREAMS LIKE MEDICARE WE HEARD DR GHALY SAY 2:26:27 LIKE MEDICAID LIKE PRIVATE PAY AND THEN HOW DO WE BRAND AND COMMUNICATE OUT 2:26:33 THIS NETWORK SO THAT IT'S EASIER FOR EVERYONE TO UNDERSTAND AND **IDENTIFY IN** 2:26:39 THEIR LOCAL COMMUNITIES OH THANK YOU MICHELLE AND MICHELLE JUST PUT THE LINK IN THE CHAT 2:26:45 SO THAT WRAPS IT FOR ME I DON'T KNOW I THINK THAT ALSO TAKES ALL OF OUR TIME SO I DON'T THINK THERE'S TIME FOR QUESTIONS 2:26:51 BUT I'M HERE TILL THE END OF TODAY'S MEETING THANK YOU SO MUCH SUSAN AND REALLY THRILLED TO HEAR ALL THE NEW 2:26:58 DEVELOPMENTS AND ALL THE UPDATES SO THANK YOU VERY MUCH AND NEXTWE 2:27:05 HAVE DR LYNNLEY STERN WHO IS THE INTERIM CHIEF OF THE CHRONIC DISEASE CONTROL 2:27:12 BRANCH AT THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH TO PROVIDE US WITH A  $2 \cdot 27 \cdot 17$ PRESENTATION ON PUBLIC HEALTH PROGRAM GRANT OVER TO YOU DR 2:27:23 STERN THANK YOU DARRICK GOOD AFTERNOON EVERYONE I'M JUST WAITING FOR MY SLIDE BOOK TO COME UP 2:27:31 THERE WE GO PERFECT THANK YOU WELLAS DARRICK MENTIONED MY NAME IS LYNNLEY STERN I AM THE SECTION CHIEF FOR THE ALZHEIMER'S 2:27:37 DISEASE PROGRAM AND WE ARE HOUSED WITHIN THE CHRONIC DISEASE CONTROL BRANCH WHERE I'M ALSO SERVING AS THE INTERIM CHRONIC 2:27:43 DISEASE CONTROL BRANCH CHIEF AND WE ARE WITHIN THE C CALIFORNIA DEPARTMENT OF PUBLIC HEALTH NEXT SLIDE 2:27:52 PLEASE SO TODAY I'M GOING TO GIVE YOU ALL AN UPDATE ABOUT OUR CALIFORNIA HEALTHY BRAIN INITIATIVE WORK AND A BOLD 2:27:59 UPDATE SO THIS PAST SPRING THE CDC RELEASED A NOTICE OF FUNDING NAMED BOLD 2:28:05

PUBLIC HEALTH PROGRAMS TO ADDRESS ALZHEIMER'S DISEASE AND RELATED DEMENTIAS THIS FUNDING IS SUPPORTED BY 2:28:12 THE BUILDING OUR LARGEST DEMENTIA INFRASTRUCTURE WHICH STANDS FOR BOLD FOR ALZHEIMER'S ACT PUBLIC LAW 115-4669 2:28:47 FOLLOWED BY THREE IMPLEMENTATION YEARS AND DUE TO CALIFORNIA'S ROBUST CALIFORNIA HEALTHY BRAIN INITIATIVE 2:28:52 INFRASTRUCTURE WE ARE FUNDED UNDER COMPONENT TWO WHICH IS FUNDING FOR FIVE IMPLEMENTATION YEARS BEGINNING THIS 2:28:59 SEPTEMBER 30TH OF 2023 THROUGH SEPTEMBER 29TH OF 2028 TO CONDUCT ALZHEIMER'S 2:29:06 DISEASE AND RELATED DEMENTIAS ACTIVITIES IN LINE WITH THE CDC'S STRATEGIC PLAN 2:29:11 AND ROAD MAP ACTIONS SO THROUGH OUR NOTIFICATION OF A WARD WE WERE FUNDED 2:29:17 \$400.000 ANNUALLY FOR STATEWIDE WORK THAT WILL ONE INCREASE AWARENESS AND 2:29:23 UNDERSTANDING AMONG THE GENERAL PUBLIC PROVIDERS AND OTHER PROFESSIONALS OF ALZHEIMER'S DISEASE AND RELATED DEMENTIA  $2 \cdot 29 \cdot 29$ TOPICS CORRESPONDING TO PRIMARY SECONDARY AND TERTIARY PREVENTION AND 2:29:36 SECONDLY TO ADDRESS THE SOCIAL DETERMINANTS OF HEALTH TO ACHIEVE HEALTH EQUITY GOALS INCLUDING BUT NOT LIMITED 2:29:42 TO THE IMPROVEMENT OF COMMUNITY AND CLINICAL LINKAGES AMONG HEALTH CARE SYSTEMS AND EXISTING SERVICES PUBLIC 2:29:50 HEALTH AGENCIES AND COMMUNITY-BASED ORGANIZATIONS SO AS NOTED IN THE MAP 2:29:55PICTUR THE CDC DISTRIBUTED OUT ABOUT 43 AWARDS NATIONWIDE AND 22 OF THEM WERE 2:30:02 NEW AWARDS AND 21 OF THEM WERE REFUNDED AWARDS AND CALIFORNIA WAS LUCKY THAT WE 2.30.02ARE PART OF THE NEW 22AWARDEES AND WE ARE PART OF 30 THAT WERE AWARDED 2:30:13

UNDER COMPONENT TWO SO NEXT SLIDE PLEASE 2:30:21 TO ADDRESS ALZHEIMER'S DISEASE AND RELATED DEMENTIAS AT THE LOCAL AND COMMUNITY LEVEL THE ALZHEIMER'S 2:30:27 ASSOCIATION AND THE CENTERS FOR DISEASE CONTROL AND PREVENTION DEVELOPED THE HEALTHY BRAIN INITIATIVE STATE AND LOCAL 2:30:33 PUBLIC HEALTH PARTNERSHIPS TO ADDRESS DEMENTIA THE 2018 TO 202 THE ROAD MAP 2:30:38 IT'S ALSO REFERRED TO HERE AS THE HEALTHY BRAIN INITIATIVEROAD MAP AND MOST RECENTLYIT WAS UPDATED AND THE 2:30:46 2023 TO 2027 ROAD MAP WAS RELEASED TO ADVANCE COGNITIVE HEALTH AS AN INTEGRAL 2:30:52 COMPONENT OF PUBLIC HEALTH THE HEALTHY BRAIN INITIATIVE ROAD MAP OUTLINES HOW TO PROMOTE COGNITIVE HEALTH ADDRESS 2:30:59 COGNITIVE IMPAIRMENT FOR PEOPLE LIVING IN THE COMMUNITY AND HELP MEET THE NEEDS OF CAREGIVERS SO OVERALL THERE ARE FOUR 2:31:06 OVERARCHING GOALS OF THE INITIATIVE THAT THE PROJECTS WORK TOWARDS AND THEY INCLUDE UTILIZING DATA TO MEASURE AND 2:31:13 EVALUATE THE HEALTH STATUS OF POPULATIONS TO IDENT IDENTIFY AND **RESOLVE HEALTH ISSUES WHILE ALSO** 2:31:19 ASSESSING THE EFFECTIVENESS ACCESSIBILITY AND QUALITY OF HEALTHC CARE SERVICES AND PROGRAMS AVAILABLE IN 2:31:25 THEIR COUNTIES TWO ENGAGING AND EDUCATING COMMUNITY MEMBERS ABOUT BRAIN HEALTH AND 2:31:31 COGNITIVE DECLINE AND STRENGTHENING POLICIES AND MOBILIZING PARTNERSHIPS TO 2:31:36 SUPPORT HEALTH EFFORTS AND FIND SOLUTIONS AND LASTLY BUILDING A DIVERSE AND SKILLED WORKFORCE OF PUBLIC HEALTH 2:31:43 AND HEALTHCARE PROFESSIONALS WHO ARE KNOWLEDGEABLE AND RELIABLE SOURCES OF BRAIN HEALTH INFORMATION AND WAYS TO 2:31:49 INFORM THOSE THEY SERVE INCLUDING CAREGIVERS NEXT SLIDE 2:31:56 PLEASE SO UTILIZING THE AFOREMENTIONED HEALTHY BRAIN INITIATIVE ROAD MAP FROM THE CDC CALIFORNIA CONDUCTS THE

2:32:03 CALIFORNIA HEALTHY BRAIN INITIATIVE PROJECT WHICH IMPLEMENTS THE ROAD MAP AT A LOCAL LEVEL VIA LOCAL COUNTY HEALTH 2:32:09 DEPARTMENTS THEREFORE THE FUNDING RECEIVED THROUGH CDC'S BOLD AWARD WILL CONTINUE TO SUPPORT THE CALIFORNIA 2:32:14 HEALTHY BRAIN INITIATIVE ONGOING WORK FOR HISTORICAL CONTEXT THE ALZHEIMER'S 2:32:19 DISEASE PROGRAM RECEIVED STATE FUNDING FROM 2020 TO 2022 TO AWARD SIX LOCAL 2:32:25 HEALTH DEPARTMENTS TO PILOT THE HEALTHY BRAIN INITIATIVE WORK IN CALIFORNIA AND THOSE COUNTIES INCLUDED LOS ANGELES YOU 2:32:31 CAN SEE HERE ON THE MAPLOS ANGELES PLER SACRAMENTO SAN DIEGO SANTA CLARA 2:32:38 AND SHASTA COUNTIES AND THE PILOT WAS SO SUCCESSFUL THAT THROUGH THE 2022 BUDGET 2:32:43 ACT OUR PROGRAM RECEIVED 10 MILLION TO RUN THE HEALTHY BRAIN INITIATIVEPROJECT FOR A SECOND TIME SO IN 2023 WE 2:32:51 WERE ABLE TO AWARD UP TO 12 LOCAL HEALTH DEPARTMENTS TO CONTINUE AND EXPAND THE 2:32:56 CALIFORNIA HEALTHY BRAIN INITIATIVE WORK THROUGH 2025 WE PLAN TO CONTINUE TO FUND THE SIX 2:33:03 PILOT LOCAL HEALTH DEPARTMENTS FOR A SECOND PHASE OF WORK AND INTENDED TO FUND AN ADDITIONAL SIX NEW LOCAL HEALTH 2:33:09 DEPARTMENTS THROUGH A COMPETITIVE REQUEST FOR APPLICATIONS PROCESS AND WITH THE ADDITION OF THE CDC BOLD 2.33.14FUNDING WE WERE ABLE TO ACTUALLY FUNDS SEVEN NEWLY FUNDED LOCAL HEALTH DEPARTMENTS TO CONDUCT CALIFORNIA 2:33:20 HEALTHY BRAIN INITIATIVE WORK WHICH IS REALLY EXCITINGTHE RENEWAL CONTRACTS 2:33:25 WITH THESE SIX COUNTY LOCAL HEALTH DEPARTMENTS THEY'LL CONTINUE TO WORK ON SUSTAINABILITY THROUGH PARTNERSHIPS BY 2:33:31 ENGAGING A LOCAL COALITION OR ADVISORY COMMITTEE AND DEVELOPMENT OF STRATEGIC PLANS TO MONITOR AND EVALUATE THEIR

2:33:38

CONTINUED SUCCESS AND REACH AND THEN IN OUR CURRENT SECOND PHASE OF THE CALIFORNIA HEALTHY BRAIN INITIATIVE WE 2:33:45 LOOK TO LEAD WITH EQUITY EVERYTHING WE ASK PROJECTS TO COMPLETE WILL BE WITH A LENS OF HEALTH EQUITY AND TAILORING THE 2:33:51 WORK TO THE COMMUNITIES OF GREATEST NEED WITHIN THEIR RESPECTIVE COUNTIES AND INCORPORATING MORE POLICY SYSTEM AND 2:33:58 ENVIRONMENTAL CHANGE AT A LOCAL LEVEL INCREASING SUSTAINABILITY BUILDING 2:34:03 PARTNERSHIPS AND INFRASTRUCTURE TO DO HEALTHY BRAIN INITIATIVE WORK MORE LONG-TERM AND FUND RURAL PROJECTS SO 2:34:10ADDRESSING THE NEED OF RURAL COUNTIES WITH LIMITED ACCESS TO RESOURCES AND SPECIALTY SERVICES AND FROM THIS FIRST PILOT 2:34:17 PROJECT ITERATION WE ALSO IDENTIFIED SEVERAL LESSONS LEARNED AND BEST PRACTICES TO INFORM AND IMPROVE OUR 2:34:23 PROGRAMS EFFECTIVENESS AS WE CONTINUE TO EXPAND OUR WORK WITH THE NEWLY FUNDED SEVEN LOCAL HEALTH DEPARTMENTS WHICH INCLUDE 2:34:30 FROM THE MAP YOU SEE ABOVE ALAMEDA BUTTE MONTEREY ORANGE SAN LUIS OBISO SISKIYOU AND 2:34:39 SUTTER COUNTIES SO THE ALZHEIMER'S DISEASE PROGRAM DEVELOPED A **BEST PRACTICES** 2:34:44 DOCUMENT AND SHARED THAT WITH A SEVEN NEWLY FUNDED LOCAL HEALTH DEPARTMENTS AND THESE BEST PRACTICESINCLUDE 2:34:51 BUILDING SUSTAINABILITY THROUGH PARTNERSHIPS EXPANSION TO RURAL COMMUNITIES IMPLEMENTATION AND 2:34:58 GROWTH OF THE HEALTHY BRAIN INITIATIVE TRAIN THE TRAINER IT'S A MENTORSHIP PROGRAMDISSEMINATION OF THE 2:35:03 CALIFORNIA HEALTHY BRAIN INITIATIVE BEST PRACTICES TOOLKIT AND FINALLY DEVELOPMENT AND IMP IMPLEMENTATION OF 2:35:10 STRATEGIC PLANS TO MONITOR AND EVALUATE THE SUCCESS OF THEIR PROPOSED WORK SO 2:35:16 THE EXPECTED OUTCOMES OF OUR SEVEN NEWLY FUNDED COUNTIES INCLUDE CONDUCTING A COMMUNITY NEEDS ASSESSMENT INTEGRATING

2:35:23

DEMENTIA INTO THEIR PROGRAMS AT THE LOCAL HEALTH DEPARTMENT LEVEL AND FOCUSING ON PARTNERSHIP BUILDING TO 2:35:29 ADDRESS SUSTAINABILITY SO THE FUNDING RECEIVED FROM THE CDC BOLD AWARD NOT ONLY SUPPORTS AND EXPANDS OUR ONGOING 2:35:35 WORK BUT WILL CONTINUE TO DO SO IN FUTURE YEARS NEXT SLIDE 2:35:43 PLEASE IN THE ALZHEIMER'S DISEASE PROGRAM PROGRAMS BOLD APPLICATION WE IDENTIFIED OUR EXISTING STATEWIDE 2:35:49 ALZHEIMER'S ADVISORY COMMITTEE AS OUR COALITION AND PER STRATEGY ONE AS OUTLINED BY CDC BOLD FUNDINGS 2:35:56 REQUIREMENTS TO MAINTAIN A STATEWIDE COALITION THE ALZHEIMER'S DISEASE PROGRAM OUTLINED THE FOLLOWING 2:36:01 ACTIVITIES WHICH INCLUDE ATTENDING THESE QUARTERLY ALZHEIMER'S ADVISORY COMMITTEE MEETINGS PRESENTING QUARTERLY TO THE 2:36:08 ALZHEIMER'S ADVISORY COMMITTEE MEETINGON OUR STATEWIDE AND LOCAL EFFORTS 2:36:13 TO ADVANCE THE CALIFORNIA HEALTHY BRAIN INITIATIVE WORK AND THEN ALSO FACILITATING PARTNERSHIPS BUILDING WITH 2.36.19OUR OTHER STATEWIDE PARTNERS WITHIN THE COMMITTEE INCLUDING THE DEPARTMENT OF AGING DEPARTMENT OF HEALTHC CARE 2:36:25 SERVICES OUR CALIFORNIA ALZHEIMER'S DISEASE CENTERS AND OUR CLINICAL EXPERTS AT ACADEMIC INSTITUTIONS WHO ARE 2:36:31 CONDUCTING ALHEIM RIS DISEASE AND RELATED DEMENTIAS RESEARCH SO THROUGH 2:36:36 THE CALIFORNIA HEALTH AND BREED INITIATIVE WORK AND FUNDING RECEIVED FROM THE CDC BOLD AWARD THE ALZHEIMER'S 2:36:42 DISEASE PROGRAM LOOKS FORWARD TO CONTINUING TO EXPAND THE GREAT WORK THAT WE ARE DOING STATE WIDE TO IMPLEMENT THE 2:36:47 10 RECOMMENDATIONS OUTLINED BY THE GOVERNOR'S TASK FORCE AS WELL AS AS WELL AS ADVANCED STRATEGIES RELATED TO 2.36.53ALZHEIMER'S DISEASE AND RELATED DEMENTIAS IN THE MASTER PLAN FOR AGING NEXT SLIDE 2:37:01

PLEASE I THINK I HAVE ONE LAST SLIDE SO THANK YOU ALL FOR YOUR TIME UNFORTUNATELY I WON'T BE ABLE TO STAY 2:37:06 FOR THE Q&A SESSION AT THE END OF TODAY'S MEETING SO IF YOU HAVE ANY QUESTIONS PLEASE FEEL FREE TO REACH OUT AT ALIMER D 2:37:14 CDPH.CA.GOV THANK YOU THANK YOU SO MUCH DR STERN AND GLAD 2:37:21 THAT YOU CAN JOIN US NOW ALSO YOUR VERY BUSY SCHEDULE SONEXTWE HAVE ANOTHER 2:37:29 SEGMENT ON LOOKING ATTHE PRIORITIES FROM OUR AUGUST MEETING AND THAT IS THE 2:37:37 DIFFERENT OPPORTUNITIES THAT WE WOULD LIKE TO PRESENT TO B GALI FOR HIS 2:37:43 CONSIDERATION ANDSO AS A VERY QUICK RECAP YOU KNOW LAST TIME AT THE END OF 2:37:49 THAT DISCUSSIONWE FOCUSED ON SEVERAL HIGH LEVEL TOPICS AND THAT IS HIGH 2:37:55 QUALITY CARECARE COSTSDATA AND AWARENESS COLLABORATION AND CAREGIVER 2:38:03 SUPPORT AND I' LIKE TO THANK MICHELLE FOR REALLY PROVIDING GREAT STAFF WORK 2:38:10 HELPING ME AND DR WYN CANIO TO BE ABLE TO COME UP WITH SOME ADDITIONAL 2:38:16 SUGGESTIONS THAT DR CANIO WILL BE LEADING THE DISCUSSION IN THE **NEXT YOU KNOW 20** 2:38:21 MINUTES OR DR CANIO WITH THAT I'M GOING TO ASK WYN IF YOU CAN YOU KNOW START THE CONVERSATION THANK YOU GREAT THANK YOU 2:38:29 WELL AS DARRICK SAID WE HAD REVIEWED 2:38:35 THE NAPA AND THE RAISE OF PLANS LAST SESSION IN AUGUST AND WE 2:38:43 IDENTIFIED OPPORTUNITIES FOR CALIFORNIA TO FOR THE THERE ARE EFFORTS IN ADVANCING THE CARE OF PEOPLE WITH 2.38.49DEMENTIA AND THEIR CAREGIVERSI HOPE YOU HAD A CHANCE TO 2:38:54

REVIEW THE DRAFT THAT WE HAD SENT BUT I'LL WALK YOU THROUGH THESE AT THIS TIME 2:39:01 DO WE HAVE THE SLIDES UP MICHELLE DO WE DO THAT MICHELLE 2:39:06 OR WE WERE NOT GOING TO SHOW SLIDES FOR THIS PART AND I'M GONNA **DROP NO THAT'S** 2:39:11 OKAY YEAH SO AS ERIC SAID WE FOCUS ON THE HIGH QUALITY CARE CARE COSTS DATA 2:39:19 AND AWARENESS COLLABORATION AND CAREGIVER SUPPORT AND SO FOR HIGHQUALITY CARE I THINK ALL OF US KNOW HERE AND I'M 2:39:28 I'M IN THE HEALTH CARE SYSTEM WHERE YOU KNOW SOMETIMES WE FEEL LIKE WE'RE NOT DOING ENOUGH AND SOME OF THE 2:39:35 THINGS THAT WE ARE RECOMMENDING HERE ARE THINGS THATI HOPE 2:39:41 WILL PROVIDE THAT PERCEPTION THAT WE ARE GOING WE WILL BE PROVIDING QUALITY CARE I THINKSO THE FIRST ONE 2:39:50 IS ENGAGE HEALTHCARE SETTINGS OUTSIDE OF PRIMARY CARE AND EDUCATED OTHER 2:39:55 PROVIDERS TO INCREASE EARLY DETECTION AND SENSITIVITY TO THE CARE NEEDS AND THAT IS INCLUDING COMMUNICATION 2:40:02 STRATEGIES OF PERSONS LIVING WITH DEMENTIA AND THEIR CAREGIVERSWE HAVE THE DEMENTIA CARE 2:40:07 AWARE TO HELP US WITH EARLY DETECTION IN THE PRIMARY CARE SETTING BUT WE KNOW THAT THERE'S A LOT OF ENTRY POINTS IN 2:40:13 THE HEALTH SYSTEM WHERE THE CARE COULD CHANGE IF THE REST OF THE THE HEALTH 2:40:21 HEALTH CARE SYSTEM STAFF ARE NOT ABLE TO COMMUNICATE WITH SOMEBODY WITH WITH A 2:40:27 DISEASE OR EVENBE ABLE TO PROVIDE SOME TIPS FOR THE CAREGIVERAS 2:40:35 THEY'RE TAKING CARE OF THEIR LOVED ONESWITH DEMENTIA EXPAND SUPPORT THROUGH CAL AIM 2.40.42AND DDCA SO DEMENTIA CAREWAY TO HELP CARE HEALTHCARE SYSTEM DEVELOPED 2:40:48

TOOLS TRAININGS AND REFERRAL SYSTEMS FOR ALL THE THRESFOR ALL THRESHOLD LANGUAGES AND CULTURE SO WE WANT TO MAKE 2:40:54 SURE THATI THINK WE ALL IN THE MORNING WE'RE TALKING ABOUT MAKING SURE THATALL OF OURINFORMATION AND 2:41:03 RESOURCES ARE ARESENSITIVE TO DIFFERENT LANGUAGES AND CULTURES PURSUE 2:41:09 EQUITY ANDCOMPREHENSIVE CARE INCLUDING PHARMACOLOGICAL AND NON-PHARMACOLOGICAL SUPPORT 2:41:16 SO YES THAT WE'RE TALKING ABOUT ALL THE DIFFERENT MEDICATIONS THAT ARE OUT 2:41:21 THERE AND ALSO NON-PHARMACOLOGICAL SUPPORT THAT'S ALREADY THERE 2:41:28 SOMETIMES FAMILY MEMBERS WOULD HAVE TO PAY FOR CERTAIN CAREGIVER TRAININGS THAT REALLYHOPEFULLY WILL BEMORE 2:41:34 AFFORDABLE FOR ALLINCREASE ININTENSIVE DISCHARGE PLANNING 2:41:41 CAREGIVER ASSESSMENT AND POST VISIT FOLLOWUP IN EMERGENCY DEPARTMENTSSKILLED NURSING FACILITIES SUBACUTE 2:41:48 POSTACUTECARE AND HOSPITALS WE ALL KNOW THATONCE A PERSON IS DISCHARGED 2:41:54 FROM THE HOSPITAL THAT IFTHEY DON'T RECEIVE ENOUGH INFORMATION TO BE ABLE TO 2:42:00 CARE FOR THEIR LOVED ONES THAT LIKELY HAS A WORSENINGOF THE CONFUSION OR 2:42:06 OTHER ASSOCIATED SYMPTOMS WITH DEMENTIA IT IT MAKES IT MORE CHALLENGING TO CARE FOR THEM ANDIT IT AND THEN THE 2:42:14 PATIENTS AND THE FAMILY MEMBERS ARE THEN GOING BACK TO TOTHE FOLKS THAT DISCHARGED THEMAND IF WE'RE ABLE TO 2:42:22 HELP WITH THISTHIS WILLHELP THE THE THE PERSON WITH DEMENTIA AND THE 2:42:28 FAMILY MEMBER WE RECOGNIZE THE CARE COSTS RIGHT SO THE THREE OF OUR 2:42:34

RECOMMENDATIONS HERE IS ESTABLISHING CALIFORNIA VOLUNTARY SAVINGS ACCOUNTS FOR A LONG-TERM CARE DEVELOP AND LAUNCH 2:42:41 A ROBUST LONG-TERM SERVICES AND SUPPORT BENEFITS AND EXPAND ON AFFORDABLE REST 2:42:47 BIT BENEFITSFOR CAREGIVERS AND I THINKTHE FOLKS IN THE MORNING KIND 2:42:52 OF TALKED ABOUT THESE THINGS ALREADY AND THENJUST A SUMMARY OF 2:42:57 THE DA DATA AND AWARENESSFUND AN ANNUAL STATEWIDE PUBLIC AWARENESS CAMPAIGN INCLUDING INFORMATION ON HEALTH 2:43:04 ANDCOMMUNITY SUPPORTS AND FOCUS ON CAREGIVERSAND THATTHE CDPH 2:43:12 ALZHEIMER'S REPORT 2022 NEED FOR REGULAR UPDATES INCLUDING MORE DETAILED DATA ON 2:43:17 A COUNTY LEVEL ON PEOPLE WITH ADRD AND CAREGIVERS STREN STRENGTHEN DATA 2:43:22 COLLECTION TOIDENTIFY CULTURAL AND SOCIOECONOMIC NEEDS OF PERSONS WITH ADRD 2:43:28 AND CAREGIVERS INCLUDING THOSE WHO ARE INH HOUSEBLACK INDIGENOUSAND 2.43.37LGBTQ AND OTHER COMMUNITIES AND SHARE KYLE AIM DATA ON ENHANCED CARE MANAGEMENT AND COMMUNITYSUPPORT SO 2:43:44 LEARN FROM FROM FROM THIS INFORMATION AND U MAKE A BREAKFAST I 2:43:50 JUSTLEARNED THAT THIS MORNING THAT YOU CALL IT BREAKFAST I WAS GOING TO SAY BR RFSS DATA MORE USER FRIENDLYAND 2:43:58 AVAILABLE THEN AS FAR AS COLLABORATIONS GOWE'RE HOPING TO INITIATE COLLABORATION WITH STATE AGENCIES AND 2:44:05 STATE FUNDED ORGANIZATIONS INVOLVING DEMENTIA RISK REDUCTIONISSUES 2:44:10 OUTSIDE OF HEALTHCARE YOU HEARD SOME OF THESE TODAY AS WELL AND I THINK WE 2:44:15 SEE AN OPPORTUNITY TO INCREASE THAT COLLABORATION EVEN MOREEXPAND ON 2:44:21

HEALTHY BRAIN AGING AND BOLD TO ALL INTERESTED COUNTIES AND YOU ALREADY HEARDJUST BEFORE THIS ABOUT THESE 2:44:28 EFFORTS IN INCORPORATE RACE INDICATORS OF SUCCESS INTO THE U MASTER PLAN FOR 2:44:33 AGING AND EXPLORE OPPORTUNITIES FORINTERNATIONAL RESEARCH COLLABORATION AND DEMENTIA CARE DEMENTIA AWARE AND AND 2:44:40 AWARENESS AND CARE LASTLY OF COURSE BUT NOT THE LEASTTHE CAREGIVER SUPPORT 2:44:47 WE SHOULD BE ABLE TO INCORPORATE FAMILYCAREGIVING INTO PLANNING INTO LOCAL COMMUNITIES ENSURE THAT PROVIDERS 2:44:55 IDENTIFY FAMILY CAREGIVERS IN THE DIAGNOSTIC PROCESS AND INCLUDE THEM IN 2:45:01 THE FUTURE PLANNING THAT THIS IS SOMETHING THATSHOULD BE DONE FOR 2:45:06 EVERY SINGLE PERSONAND I DON'T SEE IT DONE ALL THE TIME EXPAND EXPAND 2:45:12 FAMILY CAREGIVER PROTECTIONS AND ACCESSWE ALL SAW THE DATA **ONCAREGIVERS** 2:45:18 THIS MORNINGWE NEED TO INCLUDE A CAREGIVER ASSESSMENT REQUIREMENT AND 2:45:24 CAREGIVER RELATEDQUALITY METRICS IN CAL AIM AND FINALLY INCLUDE CAREGIVER 2:45:29 EDUCATION AND SUPPORT AS AN ADDITIONAL COMMUNITY SUPPORT UNDER CAL AIM SO THESE 2:45:35 ARE THE RECOMMENDATIONS WE PRIORITIZEWOULD LOVE TO HEAR YOUR 2:45:41 COMMENTS ON ON THESE 2:45:47 ANY QUESTION I GUESS ANY QUESTIONS FIRST AND THENYEAH WOULD LOVE YOUR FEEDBACK ON HOW WEPRIORITIZE OUR 2:46:01 RECOMMENDATIONS HEY WHEN THIS IS H BARBRA SO CAN I JUST H CLARIFYING QUESTION SURE ARE WE IS THIS ARE ARE YOU 2:46:09YOU'RE PRESENTING FIRST OF ALL THANK YOU GUYS FOR PULLING THIS INFORMATION TOGETHER AND PRESENTING IT THIS AFTERNOONIT IS THE QUESTION ON THE

2:46:17 TABLE WHETHER WE WANT TO PUT ALL OF THESE FORWARD TO THE SECRETARY IN OUR 2:46:22 LETTER OR IS IT A DIFFERENT QUESTION THAT 2:46:28WERE GO AHEAD DARRICKI THINK WHEN WE TALK TO MICHELLEIT'S IMPORTANT FOR 2:46:35 US TO GETBUY IN FROM OUR MEMBERS AT A PUBLIC MEETING SO THATWE CAN ALL 2:46:44 EITHER YOU KNOW CONCLUDING WITH CONSENSUS THAT YEAH THIS IS THE WHOLE LIST WE WANT TO 2:46:50 PRESENT TO DR GHALY OR YOU KNOW ELSE SO MICHELLE MAYBE YOU WANT TO CLARIFY IF 2:46:56 THAT'S THE EXPECTATION YESSO LASTIN AUGUST 2:47:01 IN OUR MEETING WE DIDN'T HAVE ENOUGH TIME TO KIND OF HAVE A FULL DISCUSSION ON THE RECOMMENDATIONS AND THE 2:47:08 OPPORTUNITIES THAT WERE PRESENTED AND SO BEFORE WE SUBMITTED THIS WHOLE BATCH TO 2:47:13 DR G WE JUST WANTED TO MAKE SURE THATYOU ALL HAD A CHANCE TO WEIGH IF FOLKS WERE COMFORTABLE WITH THESE BEING SHARED 2:47:20 IF PEOPLE WANTED TO SHARE FEWER OR ALL OF THEM AND SO WE JUST KIND OF BUILT THIS TIME IN TODAY TO BE ABLE TO WRAP UP 2:47:26 THAT DISCUSSION SO THAT WE COULD PASS ON WHAT YOU WANTED TO DR GHALY OKAY CAN I ADD SOMETHING AS WELL SO WE AS YOU KNOWI 2:47:34 THINK NOT ALL OF OUR RECOMMENDATIONS WILL PROBABLY BE TAKEN INTO 2:47:40 ACCOUNT SO WE WE WANTED TO MAKE SURE THAT WE HIGHLIGHT THAT OUR PRIORITIES IN THE ON THE TOPRECOGNIZING THAT 2:47:49 YEAH THEY'RE ALL IMPORTANT BUTWE PRIORITIZE THEM 2:47:56 ACCORDINGLY I JUST WONDER IF WE WANT TO PRIORITIZE WITHIN THIS THOSE THAT THE 2.48.02SECRETARY HAS PERVIEW OVER BECAUSE SOME OF THESE I'M NOT SURE ABOUT LIKE THE V 2:48:10

ESTABLISH THE CALIFORNIA VOLUNTARY SAVINGS ACCOUNT FOR LONG-TERM CARE I DON'T ACTUALLY KNOW WHERE THAT WOULD LIVE IN STATE 2:48:18 GOVERNMENTSO I DON'T KNOW WHAT YOU THINK OF THAT AND I 2:48:26 MEAN DOES THE ORDER MATTER LIKE I MEAN WE HAD OUR WHOLE CONVERSATION TODAY 2:48:31 ABOUT CAREGIVER SUPPORT KIND OF MAKES ME WANT TO PUT THAT ONE FIRST H NOT EXACTLY ACTUALLY IT'S WAY 2:48:38 BEFORE THAT I THINKWE AND I FELT VERY STRONGLY THAT YOU KNOWTHIS IS A 2:48:45 GOOD WAY TO CAPTURE SOME OF OURDISCUSSIONAT OUR LAST MEETING IN 2:48:51 AUGUST AND SO IS NOT BASICALLY TAILORED TO WHAT OUR AGENDA LOOKS. LIKE TODAY 2:48:57 RIGHT YEAH AND I THINK THAT FIRST ONE IS 2:49:02 ACKNOWLEDGINGYEAH THERE ARE ALREADY A LOT OF SUPPORT OUT THEREBUT NOT 2:49:09ENOUGH ESPECIALLY FOR THE MIDDLE CLASSTHAT WE TALKED ABOUT THIS MORNING 2.49.15AND THAT IS A WAY AND I THINK THIS IS ONE OF THE THINGS WE ACTUALLY **RECOMMENDED AT OUR ALZHEIMER'S** 2:49:20 PREVENTION AND PREPAREDNESS TESTS FOR RIGHT SUSANSO IT'S ONE OF THOSE 2:49:26 THINGS THAT IT'S JUST KIND OF SITTING THERE RIGHT NOW ANDHOPING THAT THERE'S SOME MOVEMENT 2:49:33 THERE H I REALLY LIKE THE SECRETARY'S COMMENT ABOUT MEDICARE I MEAN HE IS SPOT ON BUT THAT IS A FEDERAL PROGRAM WHICH 2:49:40IS WHY WE DON'T TALK ABOUT IT AS MUCH AT THE STATE LEVEL IT'S IT'S VERY DIFFICULT FOR US TO INFLUENCE THAT BUT 2:49:47 YOU KNOW WE ALL KNOW THE LIMITATIONS OF MEDICARE RIGHT WHEN IT DOESN'T COVER PEOPLE THINKS IT COVERS IT COULD COVER 2.49.55THOSE THINGS THAT'S A CHOICE RIGHT OF OUR FEDERAL GOVERNMENT SOI I GUESS 2:50:01

THERE'S REALLY AGAIN BECAUSE WE'RE A STATE ADVISORY COMMITTEE I DON'T KNOW HOW MUCH WE COULD 2:50:07 EVER SAY ABOUT MEDICARE BUTIT IS A HUGE FACTOR 2:50:12 IN ALL SO MANY OF CERTAINLY THE HIGH QUALITY CARE ISSUE AND AND CAREGIVERS 2:50:18 BUT BUT WE DON'T USUALLY TALK ABOUT IT AS MUCH I DON'T KNOW SUSAN WILL BE SITTING IN THE 2:50:25 NATIONAL LEVEL SPEAK FOR I KNOW WHICH IS SO FABULOUS THAT WAS LIKE A EARLY 2:50:30 CHRISTMAS PRESENT WHEN I HEARD THAT NEWS THAT'S JUST REALLY WONDERFUL THAT SHE WILL BE THERE AS AN ADVOCATEI JUST I 2:50:37 DON'T KNOW THIS IS JUST LIKE IF THERE ARE WAYS FOR THIS I JUST WANT TO SUPPORT THAT WORK I GUESS IS WHAT I'M IN A 2:50:42 BUMBLING FASHION TRYING TO SAY I HAVE A COMMENT ACTUALLY TO ADD TO THAT 2:50:48 AND THAT IS THATTHE PERSON WHO'S RESPONSIBLE FOR THE MENTAL HEALTH SIDE 2:50:54 OF MEDICARE DEVELOPING MOREREIMBURSEMENT CHANNELS FOR MENTAL HEALTH 2:51:00 PROVIDERS AND ENCOURAGING SHE SHE SHE IS A COLLEAGUE OF MINE AND A FRIENDAND 2:51:08 SHE WAS ACTUALLY OUT HERE RECENTLY VISITING AND TALKING WITH MYSELF AND 2:51:13 OTHERS AT STANFORD IN PARTICULAR BUT ALSO SOME OF THE OTHER LOCAL MAJOR 2:51:18 MEDICAL CENTERS ABOUT HOW COULD THEY EXPAND MEDICARE COVERAGE THIS EXACT 2:51:23 TOPIC WE'RE TALKING ABOUT MEDICARE COVERAGE TO INCLUDEMENTAL MORE 2:51:29 MENTAL HEALTH CARE FOR THE PATIENT THE PERSON WITH DEMENTIA BECAUSE AS WE'VE HEARD THEY HAVE THEIR PROBLEMS TOO OFTEN 2:51:36

DEPRESSION BEING ONE OF THEM BUT BUT THE CAREGIVER IN PARTICULAR BECAUSE THEY'RE 2:51:42 CAREGIVERS ARE TYPICALLY NOT INCLUDED WHEN THE PATIENT IS GIVEN THE SERVICES 2:51:48 THE CAREGIVER IS OFTEN NOT INCLUDED IN ANY WAY THE CAREGIVER IS NOT ASSESSED 2:51:53 THERE'S NO QUESTIONING OF WHAT MIGHT THE PROBLEMS BE WHAT KIND OF HELP DO THEY NEED OR WANTTHEY'RE OFTEN AS I SAID 2:52:00 IN ONE OF THE SLIDES THE HIDDEN PATIENT SO ANYWAY SHE HAS A LOT OF INITIATIVES 2:52:05 IN MIND AND I THINK WOULD BE VERY OPEN TO FURTHER DISCUSSION WITH THIS 2:52:11 GROUP AND TO SUSAN WITH SUSAN PARTICULAR AS THE REPRESENTATIVE BUT YOU 2:52:17 KNOW HEARING FROM THE GROUP FROM THIS COMMITTEEAS TO WHAT OUR THOUGHTS ARE FOR EXPANDING MENTAL HEALTH COVERAGE FOR 2:52:25 CAREGIVERS IN PARTICULAR DOLORES THANK YOU FOR SHARING 2:52:32 THAT AND I THINK WE SHOULD HIGHLIGHT THAT ACTUALLY IN THE CAREGIVER SUPPORT PART 2:52:37 OF JUST ADD SOME LANGUAGE INTOSOME OF THOSE BULLETS WITH REGARDS TO 2:52:44 WHAT YOU JUST SAID BUT I'D BE HAPPY TO MAKE AN INTRODUCTION YOU KNOW PROVIDE SOME LINK 2:52:50 SO YOU KNOW OFTEN TIMES THAT PAVES THE WAY A LITTLE BIT FOR FOR FURTHER 2:52:56 DIALOGUE AND SHE DOES VISIT OUT HERE FAIRLY OFTEN BECAUSE SHE HAS A DAUGHTER IN GRADUATE SCHOOL IN STANFORD SO SO SHE 2:53:04 IT COULD EVEN BE POSSIBLE TO HAVE A FACE-TO-FACE MEETING THANK YOU IT LOOKS LIKE SUSAN 2:53:12 HAS HER HANDS UP YES IF IF THERE AREN'T OTHER COMMITTEE MEMBERS STILL THAT HAVEN'TSPOKEN YET 2:53:20

I I WAS ENCOURAGED BYSECRETARY G'S COMMENTS AROUND YOU KNOW THE ROLE AND 2:53:26 INFLUENCE OF MEDICARE ANDYOU KNOW POINTING TO OUR OFFICE OF MEDICARE INNOVATION AND 2:53:31 INTEGRATION SO WE HAVE BEEN HAVING SOME CONVERSATIONS WITH THEM ON THE BEHAVIORAL HEALTH SIDE AND I THINK 2:53:37 THERE'S AN INTERSECTION HERE ANDYOU KNOW THINKING OF YOUR LIST YOU DID JUST A 2:53:43 GREAT JOBPRESENTING ALL OF THOSE ITEMS THE THE PART ABOUTHOSPITAL 2:53:50 TRANSITIONSSO YOU KNOW I'M JUST THINKING IN THE MASTER PLAN FOR AGING WE HAVE THE GERIATRIC EMERGENCY DEPARTMENTS 2:53:56 NOW THAT ARETAKING HOLD AROUND THE STATE WE HAVE THE AGEF FRIENDLY HEALTH 2:54:02 SYSTEMS AND THEN YOU KNOW IF THERE'S A PRIORITY AROUNDAND I KNOW THE 2:54:07 ALZHEIMER'S ASSOCIATION HAS GREAT DATA ON EMERGENCY ROOM UTILIZATION IN 2.54.13CALIFORNIA AND HOSPITAL READMISSION RATESSO THAT THERE MIGHT BE SOMETHING THAT'SAROUND THAT POINT OF 2:54:22 CONTACTTHAT WE MIGHT LOOK AT AROUND HOSPITAL ADMISSIONS ER USE AND DISCHARGE 2:54:30PLANNING BECAUSE SOME ASSETS ARE STARTING TO LINE UP THERE AND THAT IS MORE IN THE MEDICARE 2:54:36 SPACE 2:54:43 **RIGHT ANYONE** 2:54:49 ELSE WELL I GUESS I'LL JUST PUT IN ANOTHER PLUG FOR FOR BEHAVIORAL HEALTH 2:54:55 TO BE CALLED OUT SPECIFICALLY YOU KNOW AND LOOKING AT THE AT THE SUMMARY I DIDN'T SEE THAT OH THAT'S WHAT I 2:55:02 MENTIONED EARLIER THAT YOU ADDED THAT WE WOULD LIKE I WOULD LIKE TO MAKE SURE THAT WE OKAY ADD THAT VERBAGE IN THERE

2:55:09 THANK YOU YES CELINE 2:55:14 I WAS JUST WONDERINGYOU KNOW ALL OF THE NON-PHARMACOLOGICAL SUPPORTS YOU 2:55:19 WERE ARE YOU'RE REFERENCING BECAUSE I THINK SOME OF THOSE MIGHT NEED TO BE DEFINED AND SUPPORTED BECAUSE THEY CAN 2:55:25 COME FROM DIFFERENT SYSTEMS OF CARE YEAH GOOD 2:55:31 CALL SO SOME OF THESE ARE OBVIOUSLY 2:55:37 INTERTWINED SO THAT'S WHY WE PUT THE THE PRIORITY ON THE TOP OF HIGH QUALITY CARE 2:55:42 THAT'S ALL QUALITY CARE FOR THE PATIENT FOR THE CAREGIVER FOR THE SYSTEM TO LEARN TO BE ABLE TO PROVIDE THE SERVICE 2:55:49 AND CARETHAT HOPEFULLY WILL BE EMBEDDED IN ALL THE 2:56:04 PROGRAMSANDREA YOUR HAND IS UP SO ARE WE STILL TALKING ABOUT THE 2:56:10 RECOMMENDATIONS YEAH OKAY SOJUST A QUICK QUICK I JUST WANT TO FIRST THANK 2:56:16 EVERYBODY ON THIS COMMITTEE IN THE STATE OF CALIFORNIA YOU GUYS. ARE DOING SUCH A WONDERFUL JOB AND IT'S A PRIVILEGE TO 2:56:22 SEEFROM THE INSIDE OF THE WORK THAT'S BEING DONE SO WHEN I'M OUT YOU 2:56:28 KNOW TALKING TO PEOPLE THAT'S LIVING WITH THIS CONDITION I CAN CONTEST TO 2:56:33 SOME WORK IS BEING DONE AND THAT YOU ALL ARE LOOKING OUT FORPATIENT CENTER 2:56:39 CARE SO I JUST WANTED TO LET YOU KNOW THAT I'M I'M HONORED TO BE ABLE TO HEAR THIS INFORMATION SO IN REGARDS TO 2:56:45 CAREGIVER SUPPORTJUST YOU KNOW FOR US TO CONTINUETO THINK ABOUT THE 2:56:51 THE PATHWAYI HAD A CHANCE TO MEET DR GONZALEZ I GO TO CHAFI COLLEGE AND I 2:56:58

TAKE USUALLY ONE OR TWO CLASSESAT THE COMMUNITY COLLEGE EVERY EVERY SEMESTER AND SHE WAS THERE AND SHE 2:57:05 TALKED ABOUT HOWTHE PATHWAYIN REGARDS TO CAREGIVER THEY'RE PARTNER UP 2:57:12 THEY'RE ACTUALLYWORKING ALONE THE COMMITTEE OR ALONE THIS PARTICULAR 2:57:17 PROJECT TO MAKE SURE THAT THAT PATHWAY IS HAPPENING SO FOR UNPAID CAREGIVERS OR 2:57:23 YOU KNOW CAREGIVERS ON A PROFESSIONAL LEVEL THEY DO HAVE THAT PATHWAY BECAUSE RIGHT NOW WE'RE THERE'S MORE WORK AND 2:57:31 NOT ENOUGH CAREGIVERS AND IF WE DON'T MAKE IT ENTICING OR WE DON'T MAKE IT 2:57:37 WHERE THEY CAN BRIDGE INTO ANOTHER CAREER IT'S GOING TO BE REALLY HARD WE'RE ALREADY HAVING A TOUGH TIME 2:57:43 HAVINGCAREGIVERS AND QUALITY CAREGIVERS BECAUSE THEY'RE BURNT OUT THEY'RE WORKING MULTIPLE JOBS AND SO I 2:57:49JUST WANT TOTELL YOU FROM A PROF A PROFESSIONAL CAREGIVER AND A PERSON 2.57.55LIVING WITH THIS CONDITION HOW IMPORTANT IT IS TO KEEPTHE ENHANCEDCAREER 2:58:03 PATHWAYIS PART OF THETHETHE RECOMMENDATION BECAUSE IT IS SO NEEDED 2:58:10 AND THERE ARE PEOPLE OUT THERE THAT'S WILLING TO PARTNERSHIP IN REGARD TO THIS PARTICULARRECOMMENDATION AND AND I 2:58:18 JUST WANT TO SAY IT'S IMPORTANT BECAUSE LOOKING AHEAD THREE TO FIVE YEARS FROM 2:58:23 NOW IF WE DON'T REALLY TAKE THIS SERIOUSLY WE'RE G TO HAVE AN EVEN EVEN BIGGER ISSUE SO THANK YOU GUYS FOR 2:58:31 HEARING ME AND HEARING OTHER PEOPLE TO MAKE SURE THATWE ADDRESS THIS 2.28.37BECAUSE WE'RE WE'RE CONSTANTLY TALKING ABOUT EQUITY AND EQUITY IS **GIVING FOLKS** 2:58:42

A CHANCE TO ADVANCE THEIRSELFON ACADEMIC LEVEL AS WELL SO THAT THEY CAN 2:58:49 PROVIDE QUALITY CARE AND THEY DOTHEY HAVE THE OPPORTUNITY TO GO TO SCHOOL IF 2:58:55 THEY CHOOSE TO SO YOU KNOW THAT'S ALL PART OFEQUITY SO THAT WASMY PLUGIN 2:59:04 AND ALSO I WANTED TO LET YOU ALL KNOW BECAUSE I HAVE A CAREGIVER AND I SEE A LOT OF CAREGIVERS HERE ESPECIALLY WHEN 2:59:11 IT COMES TO IHS AND THE THEPATHWAYTHE CAREER PATHWAY IS SO SUCCESSFUL 2:59:19 MANY OF THEPROVIDERS CAN'T EVEN GET INTO A CLASS SO IT LOOKS LIKE THEY 2:59:25 HAVE ADDED MOREVENDORS TO MAKE SURE THEY HAVE MORECLASSES AVAILABLE 2:59:31 BECAUSE RIGHT NOW EITHER PEOPLE CAN'T GET IN THE CLASSES ARE FULL OR THERE'S 2:59:37 NOT ENOUGH VENDERS SO IT IS REALLY GOING VERY WELL ANDYOU KNOW I I'M JUST 2.59.43TELLING YOU FROM A PERSON LIVING WITH THIS CONDITION THAT WHAT YOU ALL ARE DOING AND TAKING THE TIME AND PUTTING 2:59:49 YOUR HEART AND SOUL INTO THIS IT REALLY MATTERS THANK YOU ANDREA WE HAVE TWO 2:59:56 MINUTES BEFORE THE END OF THIS TOPIC I THINK WE MIGHT NEED TO HAVE A VOTE ON 3:00:02 THIS RIGHT MICHELLE AM I CORRECT YEAH I THINK IT YOU MIGHT 3:00:08 WANT TO JUSTVOTE JUST TO MAKE SURE YOU GET A POLL OF THE GROUP IF THEY'RE COMFORTABLE WITH PUTTING THESE FORWARD 3:00:14 WITH THE ADJUSTMENTS THAT SO I THINK WE DO HAVE A QUORUM 3:00:19BECAUSE WHEN IDID THE HEAD COUNT ANDWE HAVE ONE TWO WE HAVE NINE OUT OF 3:00:27 13 MEMBERS OF THE ADVISORY COMMITTEEMEMBERSHIP PRESENT TODAY SOMAY I

3:00:35 HAVE A MOTION FROM ONE OF YOU ONE OF THE MEMBERS WHO BASICALLY WILLALLOW US 3:00:42 TO ADOPT THIS REVISED LIST OF PRIORITIES ALL MOTION SECOND 3:00:51 THANK YOU AND DR MOBLEY YOU HAVE YOUR HAND UP NO I WAS JUST SECONDING THE MOTION 3:01:00 THANK YOU SO MUCH ANY FURTHER DISCUSSION ON 3:01:06 THIS RIGHT HEARING NONE ALL THOSE IN FAVOR SIGNAL BY SAYING I RAISE YOUR HAND 3:01:12 PLEASE OKAY ALL THOSE AREOS HEARING NONE OKAY THE 3:01:20 RECOMMENDATIONS WILL BE FORWARDED TO DR GHALY SO THANK YOU THANK YOU SO MUCH WELL NEXT TOPIC IS ALSO VERY 3:01:28 IMPORTANT BECAUSE WE NEED TO HAVE UPDATES ON THELEGISLATION AFFECTING 3:01:35 ALZHEIMER'S DISEASE AND RELATED DISORDER AND FAMILY MEMBERS. CHARACTER DIVERSIONAL SO THAT WE BECOME MORE AWARE WHAT WE 3:01:42 NEED TO ADVOCATE FOR AND SO THE NEXT SEGMENT BASICALLY WILL HAVE BARARA M WHO 3:01:49 IS ACTUALLY FROM THE ALZHEIMER'S LOS ANGELES AND ALSO ERIC DOWDY BP OF THE 3:01:55 ALZHEIMER'S ASSOCIATION AND HE IS FOCUSING ON PUBLIC POLICY SO WHY DON'T YOU TWO JUST TAKE IT 3:02:04 AWAY DARRICK SO I GUESS I'M STARTINGWE 3:02:09 PRESENTED I SAY WE THAT WAS JARED NOW IT'S ERIC BUT IT'SWE WE DID TALK THROUGH I I THINK MOST 3:02:17 OF WHAT WE'RE GOING TO SHARE WITH YOU TODAYWHEN WE MET IN AUGUST BUT NOW WE ARE ON THE OTHER SIDE OF A COMPLETED 3:02:23 LEGISLATIVE SESSION SO GO TO THE NEXT SLIDEI AM GOING TO COVERSOME OF THE BILLS THAT WERE 3.05.35CAREGIVER BILLS AND AND UNTIL VERY CLOSE TO THE END OF SESSION WE WERE VERY OPTIMISTIC THAT A LOT OF THESE WERE 3:02:38

GOING TO PASSAND ACTUALLY THIS IS A TOPIC MAYBE FOR FUTURE MEETING 3:02:46 BECAUSE WE'VE HAD INTERNAL CONVERSATIONS ABOUT THE PAID FAMILY LEA PROGRAM AND AND I'VE TALKED WITH OUR CARE COUNSELORS 3:02:52 ANDYOU KNOW HOW MANY OF OUR FAMILIES EVEN KNOW ABOUT IT AND ACCESS IT I THINK IT'S IT'S PRETTY SMALL MOST OF THE 3:02:58 PEOPLE WHO TAKE ADVANTAGE OF THE PROGRAM OR PEOPLE YOU KNOW WHO HAVE HAD NEW BABIES OR OR ADOPTED CHILDRENSO 3:03:05 WE'RE ACTUALLY GOING TO CREATE A FACT SHEETTO SHARE WITH OUR FAMILIES SO THAT WE CAN TRY AND ENCOURAGE PEOPLE BECAUSE I DO THINK THIS IS A VERY 3:03:11 IMPORTANT SUPPORT FOR CAREGIVERS WE WOULD LIKE TO SEE IT EXPANDED OUT AND EASIER TO USE WHICH IS WHAT SOME OF THIS 3:03:17 LEGISLATION WOULD HAVE DONEBUTAS YOU CAN SEE THIS PIECE OF LEGISLATION IN 3:03:23 PARTICULAR ALLOWINGEXPANDING WHO CANACCESS THE PAID FAMILY PROGRAM TO 3:03:28 PROVIDE CARE ENDED UP BEING HELD AT THE REQUEST OF THE AUTHOR OF THE BILLIT'S NOW A TWO-YEAR BILL WHAT THAT MEANS 3.03.35ISTHE NEXT SESSION THAT BEGINS IN 2024 AT LEAST THEORETICALLY THERE'S A 3:03:40 FASTER PATH TO PASSAGE COR A BILL THATHAS BECOME A TWO-YEAR BILL NEXT 3:03:52 SLIDESO AGAIN A COUPLE OFBILLS THAT DID PASS THE LEGISLATURE BUT THEN 3:03:59 WERE ULTIMATELY VETOED BY THE GOVERNORWHICH AGAIN WAS A BIT OF A **DISAPPOINTMENTONE AB 524 RELATED TO** 3:04:07 PREVENTING EMPLOYMENT DISCRIMINATION AGAINST PEOPLE WHO ARE CAREGIVERS AND THEN THE SECONDAGAIN MAKING SOME 3:04:14 CHANGES TO THE PAID FAMILY LEAVE PROGRAM TO MAKE IT EASIER TO USE AROUND YOU KNOW NO LONGER REQUIRING PEOPLE TO USE 3.04.50VACATION TIME I'M EXPANDINGHOW MANY INDIVIDUALS OR FAMILY MEMBERS COULD BE

3:04:25

ACCESSING THE PROGRAM IN ORDER TO PROVIDE CARE FOR A LOVED ONE BUT AGAINBOTH OF THESE WERE 3:04:31 VETOED NEXT SLIDEAND THEN WE HAVESOME BILLS 3:04:37 HERE THAT WERE ASSIGNED BY THE GOVERNORAGAIN SB 616 ALSO A **REALLY IMPORTANT** 3:04:42 BILL FOR CAREGIVERS THE ORIGINAL WOULD HAVE EXPANDED SICK LEAVE ACRAL FROM THREE TO SEVEN DAYS THAT GOT NEGOTIATED 3:04:49 DOWN TO FIVEBUT THIS WOULD REQUIRE FIVE DAYS OF ACUR SICK LEAVEA FOR PEOPLE 3:04:56 WORKING IN THE STATE OF CALIFORNIA WHICH ACTUALLYMAKES CALIFORNIA SOMEWHAT OF A LEADER IN THIS SPACE 3:05:03 NEXT ONE RELATED TO EXPANDING THE NURSING HOME RESIDENT BILL OF RIGHTS TO INCLUDE THE RIGHT TO RECEIVE INFORMATION 3:05:10 ON PSYCHOTHERAPEUTIC DRUGSIN ORDER TO CONSENT REFUSE THOSE DRUGSTHIS 3:05:16 ONE DID ALSO PASS AS WELL AND THEN FINALLYAT LEAST I THINK IT'S FINALLY FOR WHAT I'M COVERINGWAS THE PASSAGE 3:05:23 OF THE HEALTHCARE WORKER MINIMUM WAGE SO THIS IS A COMPLICATED PIECE OF LEGISLATION IT IS SPREAD OVER MULTIPLE 3:05:31 YEARS THREE YEARSTHERE ARE DIFFERENT TIMELINES AND DIFFERENT PAY BUMPS FOR 3:05:36 DIFFERENT HEALTH CARE SETTINGS AND SIZES I'M DEFINITELY NOT GOING TO WAIT INTO ALL OF THAT I WILL JUST SAY 3:05:44 THATAND ANDREA'S POINTS ABOUT NOT HAVING ENOUGH PEOPLE TO PROVIDE CARE 3:05:50 PARTICULARLY IN THE IHSS PROGRAM WE ARE VERY CONCERNED THAT THAT IS ONLY GOING 3:05:56 TO EXA BE EXACERBATED BECAUSE OTHER HEALTH CARE SETTINGS WILL BE PAYING 3:06:03 PEOPLE HIGHER WAGES AT LEAST IN PART DUE TO THIS PIECE OF LEGISLATION AND SO I DO THINK THAT'S GOING TO PUT EVEN MORE 3:06:09

PRESSURE ON BEING ABLE TO ACCESSOR FIND CARE WORKERSIF YOU ARE ELIGIBLE 3:06:16 FOR IHSS YOU KNOW IF YOU'VE GOT A FAMILY MEMBER WHO'S READY TO GO TO PROVIDE THAT CARE FOR YOU THAT'S ONE THING BUT IF YOU DON'T AND SO NOW HERE WE'RE WE'RE ALSO 3:06:23 TALKING ABOUT PEOPLE WHO LIVE ALONE WITH A DEMENTIAI JUST THINK THERE COULD BE A LOT OF FACTORS COMING INTO PLAY 3:06:30 HERE THAT COULD MAKE THATLANDSCAPE EVEN MORE CHALLENGING AND I THINK THAT'S MY LAST 3:06:37 SLIDE THANK YOU BARBRA YEAH ERIC GO ON 3:06:44 GREAT THANK YOU DARRICK THANK YOU BARBRA JUST WAIT FOR MY SLIDES TO SHOW 3:06:54 UP AND IF WE COULD JUST SKIP I THINK THERE'S A VISION AND MISSION WE CAN JUST SKIP TO THE FIRST 3:07:01 BILL AND GREAT SO THIS ISAB21 I KNOW WE UPDATED THE COMMITTEE ON THIS LAST 3:07:07 TIMEBUT THIS IS A BILL THAT WOULD HAVE UPDATED THE TRAINING REQUIREMENTS FOR LAW ENFORCEMENT OFF OFFICERS 3.07.14UNFORTUNATELY THIS IS A TWO-YEAR BILL AND IT DOESN'T LOOK LIKE IT'S GOING TO GO INTO THE SECOND YEARBUT WE ARE 3:07:20 STILL WORKING ON THIS ISSUE AND ACTUALLY WE'VE ENGAGED WITH THECOMMISSION ON PEACE OFFICER STANDARDS AND TRAINING 3:07:26 ALREADY TO UPDATE THEIR CURRICULUM WITHOUT LEGISLATION SO THAT'S ALREADY OCCURRINGAND WE DO HAVE STAFF IN THE 3:07:33 LA AREA WORKING ON THAT SO ALTHOUGH THE BILL WILL NOT BE MOVEING AGAIN WE ARE 3:07:38 STILL WORKING ON THIS ISSUE YOU KNOW OUTSIDE OF THE LEG A 3:07:44 PROCESS NEXT SLIDEAND THIS BILL DEALS WITH THIS 3:07:50 COMMITTEE SOTHIS IS AGAIN ANOTHER TWO-YEAR BILL WAS HELD IN THE APPROPRIATIONS COMMITTEEJUST A 3:07:56 REMINDER OF WHAT THE BILL WILL DOIT RENAMES THE THE COMMITTEE TO THE

3:08:01 ALZHEIMER'S DISEASE AND RELATED CONDITIONS ADVISORY COMMITTEE RATHER THAN DISORDERS EXPANDS 3:08:08 THE COMMITTEE FROM 14 TO 21 WITH A MAXIMUM OF 25 AND WE ARE REMOVING SOME 3:08:14 STIGMATIZING LANGUAGE SUCH AS SUFFERING FROMTO LIVING TO OR LIVING WITH 3:08:20 AND THEN IT REMOVES TERM LIMITS FOR MEMBERS LIVING WITH DEMENTIA AND THAT AMENDMENT HAS NOT ACTUALLY MADE IT INTO 3:08:26 THE PRINT VERSION OF THE BILL BUT IT IS ANTICIPATED WHENWE DOREINTRODUCE 3:08:31 THE BILL NEXT YEARTHAT WILL BE INCLUDED AND THEN ALSO JUST A REMINDER IT IS ADDING MORE VOICES TO THE THE 3:08:39 COMMITTEE SO WE'LL HAVE LOCAL HEALTH JURISDICTIONS WE'LL HAVE FIRST **RESP RESPONDERS A CONSUMER ORGANIZATION THE** 3:08:45 CALIFORNIA COMMISSION ON AGINGTHE PRIMARY CARE PHYSICIANS AND TWO EX OFFICIO NON- VOTING MEMBERS APPOINTED BY 3:08:52 A SEN A SENATOR AND AN ASSEMBLY MEMBER APPOINTED BY THEIR LEADERSHIP AND THEN ALSO FOUR MEMBERS APPOINTED BY 3:08:59 THE HHS SECRETARY AND JUST A I HINTED THIS TO THIS A LITTLE BIT BUT THIS BILL WILL NOT 3:09:06 BETHE SAME NEXT YEAR WE DO NEED TO REINTRODUCE IT WITH A NEW BILL NUMBER SO 3:09:11 ASSEMBLY MEMBER AGAR CURRY'S OFFICE HAS ALREADYCOMMITTED TO DOING THAT FOR US SO WHEN YOU LOOK FOR IT NEXT YEAR 3.09.18WE'LL HAVE A DIFFERENT HIGHER BILL NUMBERWHEN AND IT'LL INCLUDE ALL THE AMENDMENTS THAT WE WERE JUST TALKING 3:09:24 ABOUTAND THEN THE NEXT SLIDETHIS IS OURALZHEIMER'S 3:09:32 DIAGNOSTIC HUBS THIS IS ANOTHER TWO-YEAR BILLFOCUSING ON THE CADC SO THE 3.09.38CALIFORNIA ALZHEIMER'S DISEASE CENTERS TO REALLY HONE IN ON SOME DIAGNOS TIC WORK WHICH WE KNOW IS CRITICALLY 3:09:44

IMPORTANT AS WE HAVE NEW THERAPIES COMING DOWNTHAT REALLY ARE GOING TO REQUIRE EARLY DIAGNOSIS SO TRYING TO 3:09:50 RAMP UP THE CC'S AS BEST WE CANSO AS YOU MAY RECALL THEY ARE MANDATED TO DO 3:09:57 DIAGNOSTICSERVICES RESEARCH TRAINING FOR INDIVIDUALS AND FAMILIES IMP IMPACTED BY ALZHEIMER'S AND THEN ALSO 3:10:04 TRAINING OF HEALTH PROFESSIONALS AND WHAT WE'D LIKE TO DO IS MOVE THE DEMENTIA CARE AWARE PROGRAM UNDER THE 3:10:10 CADS AS WE THINK THEY'RE VERY APPROPRIATE TO EXPAND THE MODEL AND GIVE US A BETTER REACH THROUGHOUT THE STATE 3:10:16 AND WE ARE EXPLORING FUNDING OPTIONS FOR THAT AND I WILL NOTICE THERE'S A TYPO ON THE ON THE RIGHT SIDE THOSE ARE 3:10:23 THAT'S A CARRYOVER FROM THE LAST SLIDE SO WE CAN IGNORE THAT AND THE NEXT 3:10:29 SLIDEAND THIS IS JUST A LIST I WON'T GO THROUGH ALL OF THESE BUT AS BARBRA KIND OF ALLUDED TOTHERE'S A LOT OF 3:10:36 TWO-YEAR BILLSSOME THAT WERE GUTTED AND AMENDED AND OTHERS WE NEED TO 3.10.43WORK ON NEXT YEAR BUTI THINK THE ONE I WANT TO CALL OUT IS THE REYES BILL 3:10:48 THAT'S THE AB 820 THAT WILL NEED TO BE HARMONIZED WITH OUR OUR **ADVISORY BILL** 3:10:55 WHATEVER BILL THAT BILL NUMBER THAT TURNS OUT TO BE SO THERE IS A LITTLE BIT OF OVERLAP BUT WE'LL BE WORKING WITH THE 3:11:02 COMMISSION ON AGING ANDAND ASSEMBLY MEMBER REYES'S OFFICE ON THAT AND I'LL 3:11:07 JUST LEAVE THE REST THERE FOR YOUR REFERENCE IF YOU DO HAVE QUESTIONS IF YOU CAN SKIP TO THE NEXT SLIDE MY EMAIL 3:11:13 ADDRESS IS THEREAND JUST FEEL FREE TO REACH OUT ON WITH ANY QUESTIONS I'D BE HAPPY TO 3.11.19PROVIDE MORE DETAIL ON ANYTHING THANK YOU THANK YOU SO MUCH 3:11:27 ERIC AND BARBRA FOR GIVING US SOME UPDATES ON

3:11:32 LEGISLATION AND AS I MENTIONED BEFORE IT'S INDEED VERY IMPORTANT FOR US TO BE KEEP A PRIZ OF WHAT'S GOING ON SO WE'LL 3:11:39 CONTINUE TO BE ADVOCATESFOR WHETHER THEY ARE OUR LOVED ONES FAMILY MEMBERS 3:11:45 OR WHERE THEY ARE OUR CLIENTS OR PARTICIPANTS SO WE ACTUALLY HAVE FIVE 3:11:51 MINUTES FOR QUESTION AND ANSWERWITH BARBRA AND ERIC SO ANYONE FROM THE 3:11:58 COMMITTEE WHO WOULD LIKE TO PISE YOUR CONCERNS OR 3:12:11 QUESTIONS 3:12:18 ANDREA YOU'RE NEXT OKAYTHANK YOU GUYS FOR REALLY ADVOCATING FORAB 3:12:26 387 THATTERM TIMEIT REALLY WOULD MAKE A BIG DIFFERENCE TO THE NEW 3:12:33 COMMITTEE MEMBERS COMING IN BECAUSE FROM MY EXP FROM MY PERSPECTIVEAS A CONSUMER WITH 3:12:40 COGNITIVE LIMITATION IT TAKES ALMOST A YEAR JUST TO UNDERSTAND THE PROCESS TO 3:12:47 UNDERSTAND THE PROCESS OF THE RECOMMENDATIONSPASSING BILLS I MEAN 3:12:54 I'M JUST REALLY GETTING COMFORTABLE UNDERSTANDING THIS WHOLE PROCESS AND TO 3:12:59 LIMIT THE TERM FOR THE PEOPLE THAT'S THE MOST IMPORTANT WE'RE LIKE THE SOIL AND 3:13:05 THEN THE OTHER PRIORITY IS LIKE THE TREE AND THE BRANCHES AND YOUYOU NEED THE 3:13:11 SOIL YOU NEED IT ALL BUT YOU NEED THE SO AND SO I'M HOPING THAT THE NEW PEOPLE COMING IN AND I KNOW THEY'RE GOING TO BE 3:13:18 FANTASTICTHE TERM TIME SHOULD BE LOOKED AT BECAUSE SOME PEOPLE MAY WANT 3:13:23 TO SERVE ONE YEAR AND THEY'RE G TO BE GOOD WITH IT AND THEN SOME MAY WANT TO DO TWO YEARS SO I'M JUST ASKING YOU ALL

3:13:31 TO REALLYPUSH THATIN REGARDS TO FROM A PERSPECTIVE OF A PERSON WITH 3:13:38 LIVED EXPERIENCE BECAUSE IT DOES TAKE TIME TO JUST UNDERSTAND THIS WHOLE PROCESS 3:13:45 THANK YOU ANDREA ANY OTHER COMMITTEE MEMBERS WOULD LIKE TO MAKE A COMMENT OR 3:13:51 RAISE A QUESTION YEAH HEARING NONE WHAT ABOUT 3:13:58 THE PUBLIC ANY QUESTIONS FOR THE 3:14:07 PUBLIC RIGHT I THINK WE CANMOVE ON TO THE NEXT TOPIC BECAUSE WE HAVE 3:14:13 ANOTHER SEGMENT FOR PUBLIC COMMENTS RIGHT AFTER THIS SO THIS IS THE TIME FOR US TO FINALIZE THE RECOMMENDATIONS AND 3:14:21 ITEMSFOR SECRETARY G SO 3:14:26 [MUSIC]LET'S SEE SO MICHELLE ARE WE BACK TO 3:14:32 THE PUBLIC COMMENT FIRST OR ARE WE GOING TO FINALIZE THE **RECOMMENDATIONS RIGHT** 3.14.37NOW WE ARE GOING TOFOLLOW THE FLOW OF THE AGENDA AND I BELIEVETHE NEXT 3:14:42 THING IS THE RECOMMENDATIONS SO GO BACK GREAT THANK YOU SO ANYONE WHO WOULD LIKE 3:14:49TOMAKE SOME SUGGESTIONS ITEMS THAT YOU WOULD LIKE TO 3.14.54BRING TO DR GOSO DARRICK I I KNOW WE TALKED SOME ABOUT THE 3:15:01 GAPS SORT OF FROM ALL OF THAT WHOLE LONG CONVERSATION I ACTUALLY I MEAN LIKE I 3:15:07 HAVE A WHOLE BUNCH OF THEM WRITTEN HERE SOBUT IT JUST SEEMS LIKE 3:15:13 IN SOME WAY WE SHOULD CAPTURE SOME OF THAT AND THAT SHOULD BE IN BECAUSE I KNOW WE'RE SENDING FORWARD YOU KNOW WHAT 3.12.19CAME FROM OUR CONVERSATION IN AUGUST WHICH COVERS SOME OF IT BUT I DO THINK IT WOULD BE WORTH HAVING A SECTION OF 3:15:25

THE LETTER THAT SPECIFICALLY FOCUSES ON YOU KNOW KIND OF TAKEAWAYS FROM OUR WHOLE MORNING PRESENTATION SO I DON'T 3:15:32 KNOW HOW BEST YOU WANNA I MEAN I CAN I CAN SAY THINGS NOW AND I KNOW I SAID 3:15:37 SOME THINGS DURING THE THE MEETING I COULD I CAN EMAIL THIS TO YOU MICHELLE I DON'T KNOW QUITE HOW YOUD WANT TO YEAH 3:15:45 IF YOU COULD IF YOU COULD EMAIL THAT I WAS CAPTURING THEM AS WE WENT BUT IF YOU COULD EMAIL THEN I COULD MAKE SURE WE 3:15:51 GOT LISTED AS THE GAPS AND GET GREAT I WILL DO THAT THANKS THANK 3:15:57 YOU BARARA ANYONE 3:16:08 ELSE WOULD YOU LIKE TO PUT UP THE PUBLIC COMMENTSLIDE ANDREMIND PEOPLE HOW THAT THEY CAN 3:16:14 PARTICIPATE IF THEY WOULD LIKE TO YEAH SOUNDS GOOD YEAH PLEASE DO 3:16:27 OKAY GREAT THANK YOUTHIS IS OUR SECOND PUBLIC COMMENT PERIODIF 3:16:33 ATTENDEES WOULD LIKE TO MAKE ACOMMENT TO THE COMMITTEEYOU MAY USE 3:16:39 YOUR ZOOM FUNCTIONS AND USE YOUR RAISE HAND FUNCTION AS PART OF YOUR ZOOM MENU 3:16:45 OF CHOICESIF YOU'RE ATTENDING BY PHONE YOU WOULD PRESS STAR NINE ON THE 3:16:51 DIAL PAD AND THAT'LL BRING YOU TO THE TOP OF THE QUEUE AND WE CAN UNMUTE YOUR LINE AND OF COURSEYOU CANPUT 3:16:58 YOUR WRITTEN COMMENTS IN THE Q&A THANK YOU CARROLL BEFORE WE JUMP INTO 3:17:06 PUBLIC COMMENT I JUST WANTED TO MAKE SURE THAT WE CAPTURE THAT THERE WEREN'T OTHER PEOPLE WHO WANTED TO MAKE ANY **RECOMMENDATIONS FOR B IN THE SECRETARY'S** 3:17:13 LETTER 3:17:22 MAKE SO JUST BRIEFLY BARBRA WILL SEND MICHELLE A LIST OF THE BULLET POINT SO 3:17:29

WE CAN CAPTURE THAT AND SHARE WITH THE WHOLE COMMITTEE AND THEN WE CAN LOOK AT THAT BEFORE FINALIZING THE 3:17:37 RECOMMENDATIONS I'M I'M BACK DELAYED BUT I EVEN WITHIN THE **RECOMMEND ATIONS THAT** 3:17:43 YOU ANDDR CANIO WORKED ON DARRICK I WAS JUST WONDERING I KNOW WE'RE NOT WE 3:17:48 MENTIONED SOME SPECIAL POPULATION BUT THERE WAS SO MUCH DISCUSSION TODAY ABOUT THE MISSING MIDDLE AND EVEN DR GHALY 3:17:55 REFERRED TO THAT AND JUST HIGHLIGHTING THAT I THINK IS A STRONG STATEMENT FOR 3:18:01 WHAT IS OUTSIDE OF THE PURVIEW OF MEDICAL YEAH THAT'S A GREAT POINT THANK 3:18:11 YOU ANYONE ELSE FROM THE COMMITTEE BEFORE WE 3:18:16 TURN TO THEPUBLIC FOR 3:18:30 COMMENTS RIGHT CARROLL DO WE HAVE ANYONEDIALING IN OR WANTING TO MAKE A 3:18:38 COMMENTNO HANDS ARE RAISEDSO NO COMMENTS AT THIS TIME DARRICK THANK YOU 3:18:47 CARROLL SO HEARING NONE I LIKE TO MAYBE IF WE CAN CLOSE THE MEETING A 3:18:53 LITTLE BIT EARLY SO WE HAVE A FEW THINGSASWE BEFORE WE ADJOURN THE 3:18:59 MEETING AND NUMBER ONE ISFOR THE 3:19:04 NEXT YEAR WE ACTUALLY HAVEA FEW MEETING DATES LINE UP ALREADY SO THE 3:19:12 FIRST MEETING IS SCHEDULED FOR FEBRUARY 1ST 2024 FOR THE MONTH OF MAY ACTUALLY WE 3:19:20 WILL HAVE THAT ON THE SECOND THURSDAY AND THAT IS MAY THE 9TH ANDSOFOR THE THIRD ONE WE 3.19.30HAVE SCHEDULED THAT FOR AUGUST 1ST AND THE LAST MEETING FOR YEAR 20124 WILL BE 3:19:37

NOVEMBER 7TH BARBRA ALSO MADE A VERY GOOD SUGGESTION THAT WE PICK A COUPLE OF 3:19:43 MEETINGS AND TO ENCOURAGE MEMBERS WHO CAN TO ATTEND IN PERSON SO ANY THOUGHTS 3:19:51 ABOUT THATWHICH MONTH IS BETTER THAN 3:20:02 OTHERS BARBRA WHAT DO YOU THINK SORRY DID SOMEONE ELSE WANT TO 3:20:09 I WAS JUST GONNA SAY ROSIE CAN YOU PLEASE ADVANCE US TO THE NEXT SLIDE SO WE CAN SEE THE LIST OF 3:20:15 DATES THANK YOUI SO MAYBE THAT FEBRUARY MEETING WOULD BE A GOOD ONE 3:20:24 TO ENCOURAGE PEOPLETO TRY TO BE IN 3:20:29 PERSON AND I THINK ISN'T THE FEBRUARY ONE BECAUSE DIDN'T WE PEND THE DISCUSSION ABOUT THE OLDER ADULT 3:20:36 BEHAVIORAL HEALTH INITIATIVE WE WERE GOING TO TALK ABOUT THAT BUT NOW I THINK MAYBE THAT MIGHT BE ON THE AGENDA FOR 3:20:41 FEBRUARY SO THAT WOULD BE NICE TO HAVE THAT CONVERSATION IN 3:20:46 PERSON YEAH I THINK WHAT IT'S LOOKING LIKE FOR FEBRUARY IS THAT THE MAIN TOPIC IS PROBABLY GOING TO BE THE KIND 3:20:54 OF EMERGENCY AND DISASTER PREPAREDNESS AND RESPONSE BECAUSE THAT WAS THE TOPIC THAT HAD BEEN HIGH ON THE LIST THAT WE DIDN'T GET TO IN 2023 AND THEN ALSO A 3:21:02 SHORT PRESENTATION ON THE OLDER ADULT BEHAVIORAL HEALTH INITIATIVE SO THAT'S OKAY THAT SOUNDS GREAT GREAT 3:21:11 RIGHT SO LET'S DO IT FEBRUARY UNLESS WE HAVE SOMEONE 3:21:17 OBJECTING OKAY AND ALSONOT TO BE REDUNDANTTHIS SL ALSO SHOW 3:21:24 THERE'S A MPAEVENT ON OCTOBER 8TH THIS THE CALIFORNIA FOR ALL AGES AND 3:21:30 ABILITIES SO HOPEFULLYMEERS FROM THE COMMITTEE WILL BE YOU KNOW PLANNING TO 3:21:37 JOIN AS WELLWHERE IS IT GOING TO BE BY THE WAYSUSAN 3:21:43

IT WILL BE HELD AT THE SACRAMENTO CONVENTION CENTER WHERE IT TOOK PLACE LAST YEAR SAME VENUE AESOME AWESOME ALL 3:21:51 RIGHT OKAY ALL RIGHT I ALSO LIKE TO MAKE U AN 3:21:57 ACKNOWLEDGEMENT AND AN ANNOUNCEMENT SO I WANT TO ACKNOWLEDGE THE GREAT WORK OF 3:22:04 MICHELLEDON'T WANT TO BE A BROKEN RECORD BUTSHE ACTUALLY HAS DONE 3:22:09 WONDERS WHICH HELPED MEASTHE VICE CHAIR WHOFUND THIS MEETING 3:22:16 TODAY TO GO SMOOTHLY SO THANK YOU VERY MUCH MICHELLE FOR SUPPORTING ME AND ALSO 3:22:21 SUPPORTING THE WHOLE COMMITTEE I JUST CAN'T YOU KNOW THANK YOU ENOUGHAND THEN AN ANNOUNCEMENT IS 3:22:28 THAT YOU KNOW I HAVE BEEN HOLDING MY TONGUE FOR THE WHOLE FOUR HOURS AND I'M SO GLAD THAT DR GHALY MENTION ABOUT THE 3:22:37 IMPORTANCE OF YOU KNOWHAVING MEDICARE INVOLVED IN ANY MAJOR MAJOR NEW 3:22:44 INITIATIVES OR VENTURE I'M VERY HONORED AND HUMBLED TO LET YOU KNOW THAT I'VE BEEN 3:22:50 NAMED THE NEW REGIONAL ADMINISTRATOR OF CMS REGION 9 AND I WILL BE STARTING MY 3:22:58 JOB THEREON DECEMBER THE 4THI'M VERY THANKFUL TO HAVE THIS 3:23:04 OPPORTUNITY TO WORK WITH THIS COMMITTEE I HAVE TO CHECK WITH CMS TO SEE HOW I 3:23:09 CAN INVOLVE WITH THIS COMMITTEEAS A MEMBEROR AS A VICE CHAIR BUT ONE 3:23:16 THING I'M SURE IS THAT I CAN DEFINITELY WORK WITH YOUAS A FEDERAL ASON BEING 3:23:23 A SENI OFFICIAL AT CMS BECAUSE IN MY CAPACITY I NEED TO WORK CLOSELY WITH THE STATE GOVERNMENTS 3.23.29AND CALIFORNIA IS A VERY IMPORTANT STATE GOVERNMENT WITHTHE CONTRACTORS WITH 3:23:37

HEALTH PLANS WITH BENEFICIARIES AND ALL THE STAKEHOLDERS SO I LOOK FORWARD TO BE 3:23:42 WORKING WITH YOU IN THAT CAPACITY I HAVE BEEN TAKING NOTES AS TO WHAT YOU ALL 3:23:47 MENTIONED BUT I'VE BEEN HOLDING MY TONG BECAUSE I DON'T WANT TO JUSTSTEAL THE LIMELIGHT AND I JUST DECIDE TO WAIT 3:23:55 UNTIL THE VERY END OF THIS MEETING TO DO SO GLAD TO HAVE THIS **OPPORTUNITY** 3:24:00 TOWORK WITH YOUIN THE CAPACITY AS A FAMILYCAREGIVERBUT I LOOK 3:24:07 FORWARD TO WORKING WITH YOU IN MY NEW CAPACITY AS THEFEDERAL LIASON YOU KNOW WHEN I START WORKING WITH CMS AS A 3:24:14 REGIONAL ADMINISTRATOR IN DECEMBER OKAY THANK YOU THANK YOU SO 3:24:21 WITH THAT IT'SACTUALLY 158 I THINK WE CAN ADJOURN THE MEETING 3:24:32 EARLIER OKAY THANK YOU FOR EVERYONE 3:24:38 PARTICIPATION THANK YOU THANK YOU EVERYONE CONGRATULATIONS DARRICK YEAH 3:24:44 CONGRATULATIONS THANK YOU BYE 3:24:56 BYE