

Older Adult Behavioral Health Resources

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State Resources

- [Friendship Line California](#) - A free, 24-hour crisis intervention hotline and a warm line for non-emergency emotional support calls for older adults.
- [Seniors and Mental/Behavioral Health](#) - A compilation of programs and resources to support the work of California's 59 local mental health and behavioral health boards and commissions.
- California Behavioral Health Planning Council
 - [Older Adults Experiencing First Episode Psychosis and Late Onset of Serious Mental Illness Issue Brief](#)
 - [Adult Residential Facilities \(ARFs\): Highlighting the critical need for adult residential facilities for adults with serious mental illness in California](#)
- UCLA Center for Health Policy Research
 - [California Mental Health Older Adult System of Care Project](#) - A series of issue briefs focused on California's behavioral health system of care for older adults.
- California Department of Public Health
 - [Older Adult Suicide in California, 2018](#) - Fact sheet summarizing older adult suicide data from vital statistics records and the California Violent Death Reporting System.

Examples of Behavioral Health Programs Serving Older Adults

- [AgeWise](#) -A San Bernardino County Full Service Partnership (FSP) providing behavioral health and case management program for older adults with serious mental illness or severe emotional disturbance.
- [Program to Encourage Active and Rewarding Lives](#) (PEARLS)- University of Washington. PEARLS is a home and community-based intervention that aims to reduce depression.
- [Check in With You: The Older Adult Hopelessness Screening Program](#) - Tulare County partnership between primary care and behavioral health providers to provide early intervention behavioral services to older adults.
- [The Community Gatekeeper Training: Lesbian, Gay, Bisexual, Transgender \(LGBTQ\) Older Adults](#) Alameda County program that trains gatekeepers to recognize when LGBTQ older adults may be at risk for suicide and respond appropriately.

Federal Resources

- Administration for Community Living - [Behavioral Health Resources](#)
- Centers for Disease Control and Prevention- [Depression is Not a Normal Part of Growing Older](#)
- National Institute of Mental Health - [Older Adults and Mental Health](#)
- Substance Abuse and Mental Health Services Administration (SAMHSA) - [Resources for Older Adults](#)
- SAMHSA - [Suicide Prevention Resource Center](#)