

California Aging and Disability Research Partnership Meeting

January 20, 2023

CDA Updates

Sarah Steenhausen

Deputy Director Division of Policy, Research and Equity California Department of Aging

Embarking on Years 3 & 4 of California's 10-year Plan





California Department of AGING

California's Master Plan FOR AGING 2023-24 INITIATIVES

Delivering Results for Older Adults, People with **Disabilities, and Caregivers**



of AGING

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Master Plan for Aging Implementation Tracker



The Master Plan for Aging (MPA) is comprised of Five Bold Goals, twenty-three strategies, and over 200 initiatives to drive action across California in the pursuit of building the most age-and disability-friendly state in the nation.

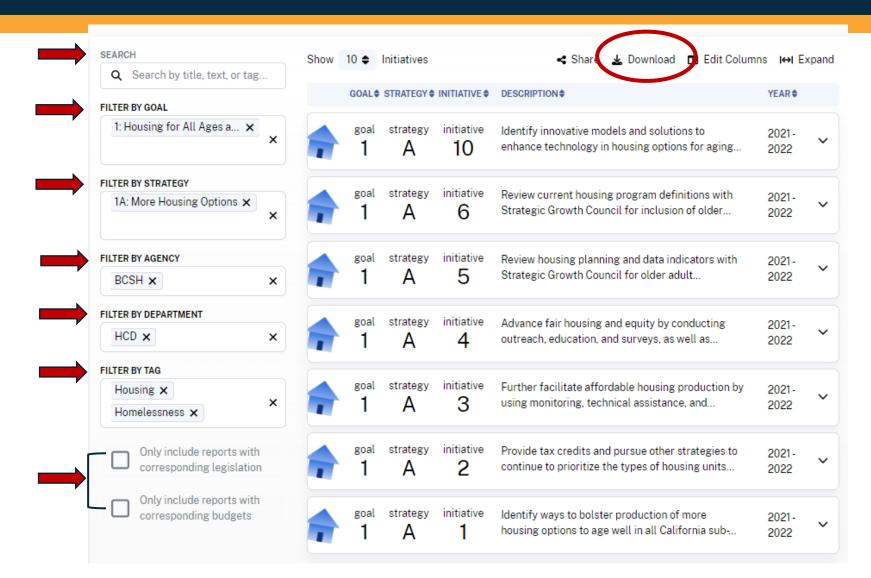




The MPA Implementation Tracker is a publicly available resource for monitoring the implementation activities of the Master Plan. You are invited to search for progress updates on each of the MPA initiatives using the Search Box or Filters below. If you would like to download a copy of your search results, click "Download" from the options in the upper right corner.

SEARCH	Show	10 🗢	Initiatives		📢 Share 🛓 Download 🖬 Edit Col	umns III E	xpan
Q Housing for All Ages X			STRATEGY®		•	YEAR O	
ILTER BY GOAL		GOAL	P STRATEGY®	INITIATIVE"	DESCRIPTION	YEAR 9	
Select a Goal		goal 1	strategy A	initiative 1	Identify ways to bolster production of more housing options to age well in all California sub	2021-	~
ILTER BY STRATEGY			~	•			
Select a Strategy		goal 1	strategy	initiative 2	Provide tax credits and pursue other strategies to continue to prioritize the types of housing units	2021-	~
ILTER BY AGENCY			~	2		LULL	
BCSH X X		goal 1	strategy A	initiative	Further facilitate affordable housing production by using monitoring, technical assistance, and	2021-	~
Select a Department							
TILTER BY TAG		goal 1	strategy A	initiative 4	Advance fair housing and equity by conducting outreach, education, and surveys, as well as	2021-2022	~
Select a Tag							
Only include reports with corresponding legislation	-	goal 1	strategy A	initiative 5	 Review housing planning and data indicators with Strategic Growth Council for older adult 		~
Only include reports with corresponding budgets		goal 1	strategy A	initiative 6	Review current housing program definitions with Strategic Growth Council for inclusion of older	2021- 2022	~

NEW! MPA Implementation Tracker



MPA State Partners are invited to upload updates throughout the year on new initiatives.

Includes 2021 & 2022 annual updates.

Users can search & filter updates and download the results.

Advancing the MPA: 2023-2024 MPA Initiatives

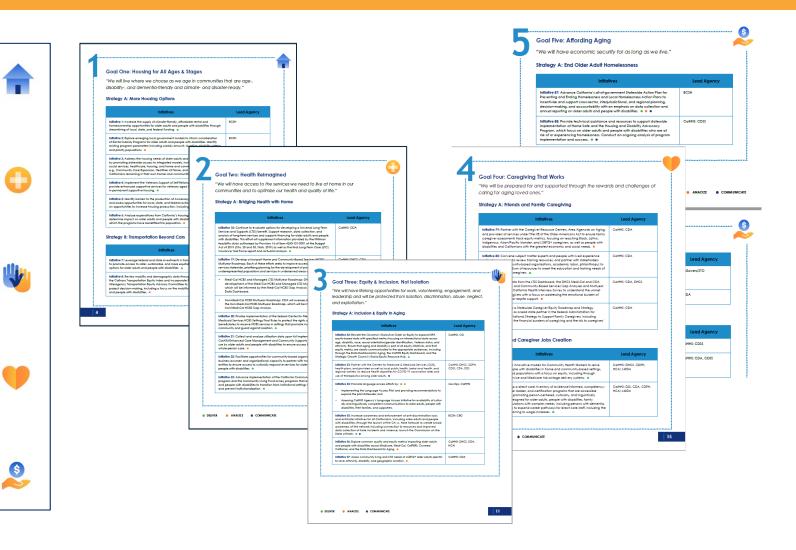
California's Master Plan FOR AGING 2023-24 INITIATIVES

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California

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CDA Initiatives Division of Policy, Research and Equity

Launching NW		Grants: D and Connect		HCBS Gap Analysis		Cal Grows	
Planning	DDS/DOR/CDA Community of Practice	Healthier-at- Home		Age/Disability Planning Grants		Consumer Contact Center, Web Portal, CHARM	
Concept Development	LGBTQ Study	Research Consortiu				Institute of Learning & Innovation	

Master Plan for Aging: Vision for Research and Data Development

Ross Lallian

Chief of Research Division of Policy, Research and Equity California Department of Aging





stakeholder engagement research equity economics pension data vision hcai collaboration team future building

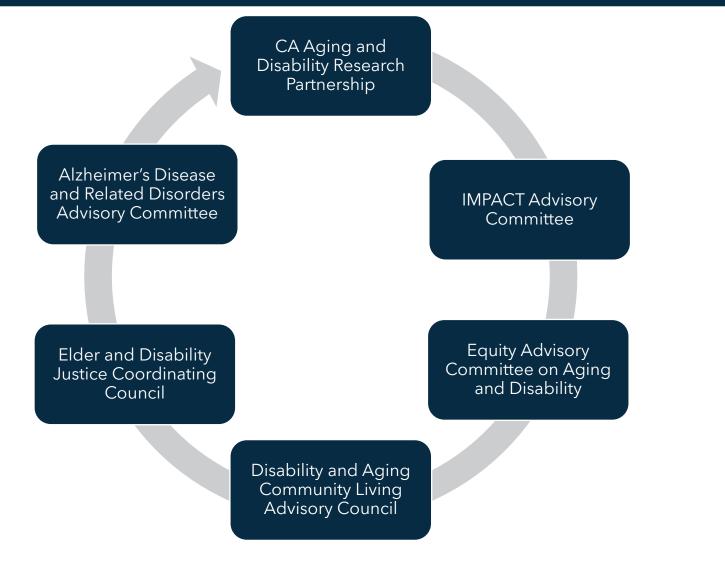
CDA's Research Team



• Staffing

- Workstreams:
 - Supporting CADRP
 - Data Dashboard for Aging
 - Research and evaluation
 - CDA data management and data sharing
 - Partnership engagement

Stakeholder Committee Engagement



California Department

of **AGING**

CADRP Subcommittee Overview and Updates

Ross Lallian, Chief of Research, Department of Aging **Zia Agha**, Chief Medical Officer and Executive Vice President, West Health, CADRP Member **Isabelle Chu**, Associate Director, Data Core, Stanford Center for Population Health Sciences, CADRP Member **Terri Shaw**, Consultant to the Master Plan for Aging

Tools for Tracking Master Plan for Aging Progress



Data Dashboard for Aging

Master Plan for Aging Implementation Tracker

• Key Outcomes

Key Outcomes Workgroups



Housing/ homelessness/ transportation (MPA Goals 1 & 5)

- Lead: Bella Chu
- Members:
 - Nari Rhee
 - Margot Kushel

Behavioral health/isolation (MPA Goals 2 & 3 & 4)

- Lead: Zia Agha
- Members:
 - Kathryn Kietzman
 - Len Abbeduto
 - Kate Wilber

Paid & unpaid caregiving (MPA Goal 2 & 4)

- Lead: David Lindeman
- Members:
 - Heather Young
 - Donna Benton
 - Steve Hornberger
 - Nari Rhee

Key Outcomes and Drivers



Parameter	Outcome	Driver(s)
Goal	What is the desired policy <u>outcome</u> ?	What inputs (e.g., programs or initiatives) will we use to drive progress?
Indicator	What quantifiable metric will we use to measure progress toward the goal?	What quantifiable metric will we use to measure progress on the inputs?
Factors	What co-variants, risk factors, and/or predictors should be considered?	What co-variants, risk factors, and/or predictors should be considered?
Target	What data point for the indicator will we aim to achieve by 2030?	What data point for the indicator will we aim to achieve by 2030?
Data Source	What data source will we use to calculate the indicator?	What data source will we use to calculate the indicator?
Data Gap	What data is needed to achieve the optimal indicator?	What data is needed to achieve the optimal indicator?
Research Gap	What research is needed to inform progress?	What research is needed to inform progress?

Criteria for Selecting Key Outcomes

- **1. Goal-oriented.** Key outcomes offer optimal opportunities for achieving the goals of the MPA.
- **2. Policy-aligned**. Key outcome indicators further implementation and monitoring of near and long-term progress on key policy priorities, including major program changes and/or funding initiatives.
- **3. Equity-promoting.** Key outcome indicators enable assessment of outcome disparities and progress toward advancing equity for historically marginalized, oppressed, and underrepresented communities.
- **4.** Achievable. Key outcome indicators include targets that are reasonably achievable within a ten-year period.
- **5. Meaningful.** Key outcome indicators measure outcomes that, if achieved, would have a meaningful positive impact on the well-being of older adults, people with disabilities, and their families.

California

Key Outcome Example



Parameter	Outcome		Driver		
Goal	Prevent and end homelessness for older adults and adults with disabilities.	Increase rental assistance targeted to severely rent-burdened and other precariously housed older adults and persons with disabilities			
Indicator	#/% of adults age 50+ and adults with disabilities who are homeless (sheltered & unsheltered) at a point in time during the year	age 50+ a AND/OR #/% of ad	adults age 50+ and adults with ies who are severely housing cost		
Factors	Core: age, race, ethnicity, language, citizenship status, sex, SOGI, family status, disability, dementia/cognitive status, income, geography (preferably county level) Unique: home ownership status (rental v. owned - with/out mortgage)				
Target	X% reduction by 2030	X% reduction by 2030			
Data Source	Annual PIT count	For housing cost burden: American Community Survey (see <u>DDA</u>)			
Data Gap	Demographics of unsheltered; geographic data	Demographics (beyond race) of the severely housing cost burdened			
Research Gap	?	?			



Aging of LGBTQ Californians





LGBTQ Aging Experience







- Estimates of the population vary. The Household PULSE Survey, of the US Census, found that California is home to 2.7 million LGBTQ people.
 - 9.1% of adults in California identity as LGBT
- Data nationally shows that LGBTQ adults age 50 or older:
 - More likely to live alone
 - 2/3 report not disclosing sexual orientation in LTC
 - Self-report higher rates of disability
 - A study during the height of the COVID-19 pandemic revealed that LGBTQ+ mid-life and old adults in San Francisco suffered higher rates of isolation, depression and suicide ideation than pre-COVID-19.



- As of yet, no statewide survey has been done to provide baseline data on aging experience of LGBTQ Californians.
- No data statewide on aging of long-term survivors of HIV/AIDS
- No data statewide on aging of transgender Californians, including access to or barriers to care and services.
- No data on impact of COVID-19 on mid-life and old adults BIPOC and API LGBTQ Californians.
- We do have anecdotal, AAA planning surveys and local research but no statewide data.



Community based study

- A model was developed in Oregon that included leveraging the resources of the community and the state (Oregon Department of Human Services) to do a statewide study to understand the needs, barriers to care and resiliency of LGBT Oregonians age 50 and older.
- California Department of Aging has provided national leadership with the Master Plan on Aging and is again demonstrating leadership with study of aging experience for LGBTQ elders.
- Goal: develop baseline information on the health, economic stability and well-being of older LGBTQ+ residents of California in order to identify service gaps, understand challenges for BIPOC, API elders and rural elders and highlight priorities for service and provide a research model for the Department moving forward.

Key components of this project

- A statewide coalition of service providers, LGBTQ Centers, and local and state agencies that will help with survey design and roll out. Potential participants include: California Department of Aging, C4A, Openhouse, Leading Age California, CRDP Hub, CenterLink (LGBTQ Community Centers throughout the state), Dementia Care Network of the Alzheimer's Association, AARP, local LGBTQ service providers and University of California Berkeley.
- Survey informed by the LGBTQ+ Advisory Committee made up of service providers and older adults who will provide feedback to the research team who will then incorporate the ideas and contributions into the survey process.
- Survey in the field via online or paper (in Oregon 1,400 completed the survey all but one did so online).
- Presentations and report outs to local communities with results.



Sample of Policy/Program Implications

- Expand training across health care and aging networks to better reach the older LGBTQ+ community and improve access for older adults to LGBTQ+ affirming medical and social service providers including from minority populations, rural areas, and addressing culturally specific needs
- Recommendations for priority public and private programs and interventions that can reduce barriers for older LGBTQ+ persons as well as be customized for regional variations (e.g., suicide prevention training, joint call/help lines, behavioral health services, etc.)
- Development of an open-source data base and data registry that can contribute to the CDA Dashboard, provide research opportunities for California researchers, and standardize data collection for the LGBTQ+ older adult population
- Policy working group that works across sexual orientation, gender identity, race and ethnicity to develop policy interventions that lead to better care and develop a study model to use for other underserved communities.



Contact Information

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Agency Data Hub



Why

- Reduce the time between having a question and having the right data to answer it
- Reduce administrative burden for both departments and data requestors (researchers)
- Streamline process for departments or data requestors (researchers)



How

• Create a unified process across CalHHS departments to use data for research.

Unified and focused effort is required to deliver the integrated data analytics capabilities required to meet various research requirements

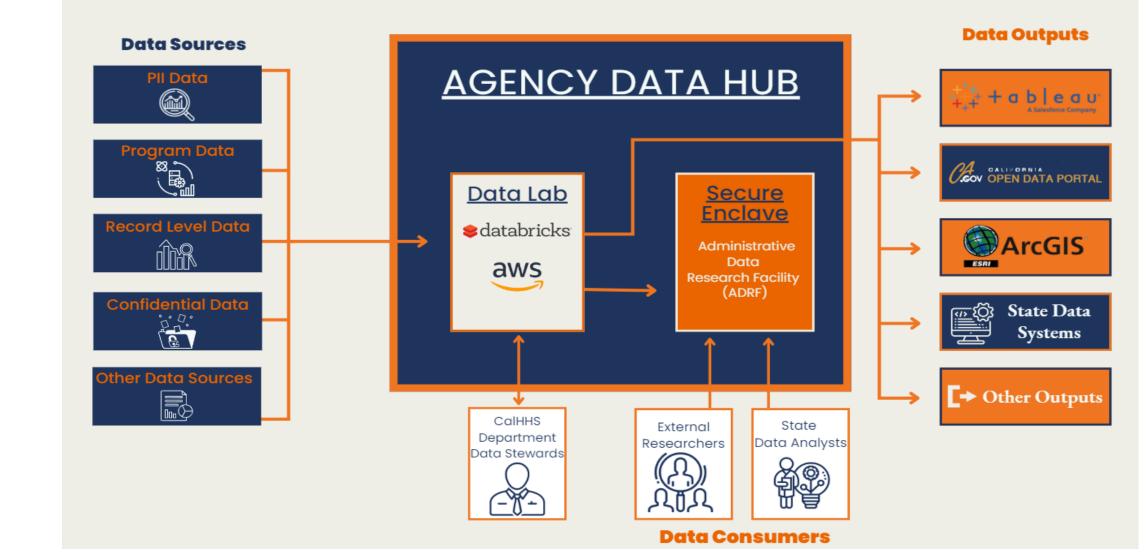


What

The Agency "Data Hub" is a secure ecosystem of cloud-based platforms and services for sharing data and streamlining data requests.

With the Agency Data Hub, CalHHS partners or authorized external researchers can securely access an isolated, virtual workspace to study and analyze confidential data across different programs. Access to a project workspace is strictly limited to users with authorization to that specific project workspace.







Thank you!

CalHSS Center for Data Insights and Innovation

cdii@chhs.ca.gov



Member Discussion -Workplan

Facilitated by Ross Lallian, Chief of Research, Department of Aging

CADRP Workplan



- Workgroups identify key outcome measures and drivers for discussion.
 - Up to five outcome measures will be elevated as priority.
- CDA to partner with CADRP in exploring a pilot for a research consortium.
- Identification and acquisition of key datasets that are complementary to the Agency Data Hub.
- Input on research needs and opportunities.



Process for developing key outcomes:

• Subcommittees to develop two to three key outcomes to discuss with CDA.

Upcoming CADRP Meeting Topics



- May 19th:
 - Workgroup presentations on updates to key outcomes and drivers.
 - Update on research consortium workplan.

- September 22nd:
 - Workgroup presentations on key outcomes and drivers.

Upcoming Meetings



- Monthly CADRP Planning meeting: first Tuesday of every month.
- Workgroup meetings: CDA to work with workgroups to schedule meetings.
- Full CADRP Meetings for 2023: May 19th and September 22nd



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