



**COASTAL VALLEY ACADEMY**

# **COASTAL VALLEY ACADEMY (CVA)**

- ▶ Opened in March 2017
- ▶ Alternative to congregate foster care
- ▶ Intensive treatment in a secure setting
- ▶ Serves as secure track option or step-down alternative for DJJ realignment youth

## **Provide**

Provide safe and effective alternative to congregate care

## **Engage**

Engage youth & families in treatment and reunification

## **Connect**

Connect youth to positive, pro-social activities

## **Prepare**

Prepare youth to successfully return to their community

# **CVA PURPOSE**



# CROSS SYSTEM COLLABORATION

➤ **Cognitive Behavioral Curriculum**

- ❖ University of Cincinnati Corrections Institute (UCCI)
- ❖ Cognitive Behavioral Interventions-Core Youth (CBI-CY)
  - ✓ Individual and group delivery
  - ✓ Added substance abuse component

➤ **Behavioral Health Treatment**

- ❖ Trauma focused individual and family counseling
- ❖ Substance abuse services
- ❖ Psychiatric services (medication management)

➤ **Gender Responsive Treatment**

**Treatment Dosage During Program is 115-130 hours**

# **TREATMENT**

- **Child and Family Teams**
- **Positive Behavioral Interventions and Supports**
- **Educational and vocational services:**
  - ❖ Cuesta College & Modern States (online college courses)
  - ❖ Independent Living Program (ILP) participation
  - ❖ Department of Rehabilitation (\*youth with IEPs)
  - ❖ Community partnerships
- **Pro-social activities:**
  - ❖ Run Club, community outings/events, college & career day
- **Furloughs and home passes**

## **OTHER CORE COMPONENTS**

# PEAKS AND VALLEYS

## Phased Advancement System

- ▶ Behaviorally based (PBIS)
  - ✓ Unit
  - ✓ Classroom
  - ✓ Curriculum
  - ✓ Treatment
  - ✓ Outings
- ▶ Incentivized
- ▶ Individualized
- ▶ Varied length (avg 6 months)
- ▶ Aftercare component

- ▶ Base Camp – program orientation and pre-treatment phase
- ▶ Cerro San Luis –Treatment engagement phase
- ▶ Cerro Romauldo – Ongoing treatment engagement, youth has completed goals in their transition plan, eligible for off-site outings, participate in the Youth Advisory Committee
- ▶ Hollister Peak – Advanced through treatment modules, engagement in substance abuse treatment and problem-solving module. Eligible for furloughs, home passes, and off-site part-time employment
- ▶ Bishop Peak – Completed substance abuse module and are preparing for aftercare phase

## **PEAKS AND VALLEYS PHASES**



# HOW CVA IS FUNDED

## Juvenile Probation Camp Funds (JPCF)

- Divided among departments with camp programs

## County General Fund

- Group home replacement funding
- By local agreement

## State Realigned Juvenile Justice Revenues

- JJCPA
- YOBG
- JPAF
- SB 823



# PRO-SOCIAL ACTIVITIES



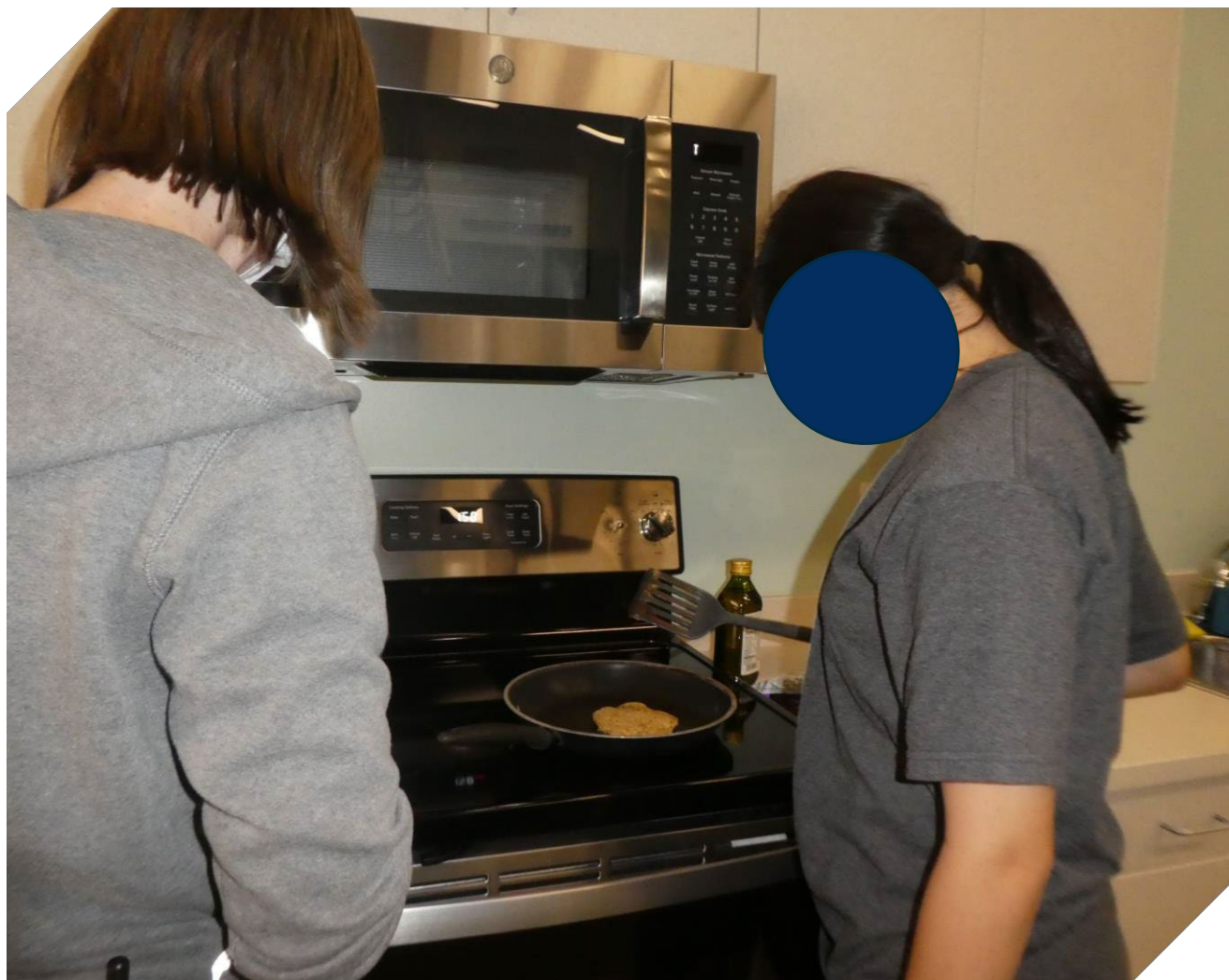




# HOLIDAY CELEBRATIONS

# KAYAKING AT AVILA BEACH





# COOKING CLASS





# HIKING ON LOCAL TRAILS



- ▶ 17 youth have earned their high school diploma
- ▶ Approximately 2500 hours of treatment delivered
- ▶ Recipient of the California State Association of Counties Challenge Award
- ▶ 1<sup>st</sup> STYF youth completed CVA as a step-down option

## ACHIEVEMENTS