



CYBHI Equity Working Group

Meeting 1

August 17, 2022, 3:30 pm – 5:30 pm



Agenda

1. Gathering and Welcome (5 mins)
2. Overview of CYBHI and Purpose; Role of Equity Working Group (15 mins)
3. Equity Working Group Introductions (55 mins)
 - Laying the foundation for the group's work together
 - Small Groups: Introductions and Equity Framework discussion
4. Developing a CYBHI Equity Framework (35 mins)
 - Key Dimensions for Framework
 - Definition of Equity
5. Next Steps (10 mins)

California Youth Need Support

The State of California has recognized the scale and urgency of these issues and has responded with historic investments, and the U.S. Surgeon General has said we're facing a youth mental health crisis. While the COVID-19 pandemic has exacerbated this crisis, it has been in the making for more than a decade.

Mental health issues are now the **leading cause of hospitalization** for children under 18 in California.¹

The rate of suicide among Black youth in California **doubled** between 2014 and 2020.²

One in three California 7th and 9th graders, and nearly half of 11th graders experienced **chronic sadness**.³

66% of LGBT youth reported feeling so sad or hopeless they **stopped doing some usual activities**.⁴

The Children and Youth Behavioral Health Initiative

- The Children and Youth Behavioral Health Initiative (CYBHI) is a historic, five-year, \$4.4 billion initiative to reimagine and transform the way California supports children, youth and families.
- Managed by the California Health and Human Services Agency (CalHHS), the CYBHI focuses on promoting mental, emotional and behavioral well-being, preventing challenges and providing services, support and routine screening to ALL children and youth for emerging and existing needs connected to mental, emotional and behavioral health and substance use.
- Built on a foundation of equity and accessibility, the initiative is designed to meet young people and families where they are to create an ecosystem that can help them when, where and in the way they need it most.

CYBHI Approach

Over the course of five years (2021-2026), the CYBHI seeks to:

- **Reimagine the ecosystem supporting youth emotional, mental, and behavioral health.** Deliver services and support that are equitable, appropriate, timely, sustainable and accessible.
- **Focus on prevention and early intervention to support well-being.** Support programs and services that help young people develop and maintain positive behavioral health and can intervene early when they need support with needs connected to mental, emotional and behavioral health and substance use.
- **Expand equitable access.** Create tools and processes designed to meet the diverse needs of youth and families, remove barriers to access and allow users to find help when, where and in the way they need it, from prevention to treatment and recovery.
- **Meet our kids where they are.** Facilitate partnerships with K-12 schools, college campuses, community-based organizations and other groups that are more accessible and trusted by children and youth to receive behavioral health, mental health and substance use services and support.
- **Scale effective ideas.** Identify and scale programs that are innovative, effective and increase cultural competence to meet the needs of diverse communities, so that our best approaches become the norm for all California children, youth and families.
- **Build a larger, more diverse and more skilled workforce.** Expand California's behavioral health workforce and ensure they have the language and cultural competency skills to better serve our state's diverse populations.
- **Catalyze alignment and coordination.** Break down silos between different parts of the behavioral health system that make it difficult for Californians to navigate and receive the support they need.
- **Raise awareness and reduce stigma.** Raise the behavioral health literacy of children, youth, and families - and those who support them - using culturally and linguistically appropriate outreach and campaigns.

Workstreams

Workforce Training and Capacity		Behavioral Health Ecosystem Infrastructure		Coverage Architecture	Public Awareness
Behavioral Health Counselor and Coach Workforce (HCAI)	CalHOPE Student Services (DHCS)	School-Linked Partnership and Capacity Grants (DHCS)	Behavioral Health Continuum Infrastructure Program (DHCS)	Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	Public Education and Change Campaigns (CDPH)
Broad Behavioral Health Workforce Capacity (HCAI)	Trauma-informed Training for Educators (OSG)	Student Behavioral Health Incentive Program (DHCS)			
Behavioral Health Virtual Services Platform (DHCS)				Statewide All-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	ACEs and Toxic Stress Awareness Campaign (OSG)
Healthcare Provider Training and e-Consult (DHCS)					
Scaling Evidence-Based and Community-Defined Practices (DHCS)					

Purpose

- CYBHI Equity Working Group will advise CalHHS and its Departments on an equity framework for the initiative and make recommendations for applying the framework to embed equity into the processes, design, planning and implementation of the overall approach to the Initiative and the individual workstreams
- The equity framework will provide strategic direction to build a behavioral health system for children and youth that addresses current inequities
- CYBHI Equity Working Group will advise, guide, develop practical applications and recommendations, and help hold accountable and build capacity of the CYBHI in its effort to center and advance equity in the development and implementation of a reimagined behavioral health ecosystem for children and youth ages 0-25
- The Equity Working Group will particularly focus on children, youth and families that face the greatest systemic barriers to wellness and are disproportionately impacted by behavioral health issues, including children and youth of color, LGBTQ+ youth, low-income families, and children and youth from underserved communities

Roles

- Develop and help apply a recommended equity framework for the CYBHI
- Support the use of data to advance equity
- Serve as thought partner and go-to resource on advancing equity through the work of the CYBHI
- Connector to your networks

[Purpose and Description CYBHI Equity Working Group June 2022 \(ca.gov\)](#)

Membership

- **Ahmadreza Bahrami**, Public Behavioral Health Division Manager/Equity Services Manager, Fresno County Department of Behavioral Health
- **An-Chi Tsou**, Legislative Advocate, Service Employees International Union (SEIU) California
- **Artenesha Jackson**, Program Manager, UCSF Benioff Children's Hospital Oakland
- **Brooklyn Williams**, Senior Advisor to the State Superintendent of Public Instruction, California Department of Education
- **Christian Jacobs**, Race and Health Equity Lead, Office of Health Equity, California Department of Public Health
- **Christine Blake**, Product Owner, Center of Data Insights and Innovation (CDII), California Health and Human Services Agency
- **Constance Mitchell**, DNP, CPNP-PC, Open Door Community Health Center, Sorrel Leaf Healing Center
- **Donielle Prince**, Director of State Initiatives, PACEs Connection
- **Ebony Chambers**, Chief Equity and Partnership Officer, Stanford Sierra Youth and Families
- **Dr. Erik James Escareño**, CEO, Wombat Innovations, LLC
- **Erin Cabezas**, Licensed Clinical Social Worker, Behavior Specialist, Pittsburg Unified School District

Membership

- **Ellie Lian**, State President, California Association of Student Councils
- **Greg Wohlman**, Principal, Tahoe Truckee Unified School District
- **Dr. Ivan DeJesus Alvarez**, Bilingual School Psychologist, Santa Barbara County Education Office
- **Imelda Padilla-Frausto**, Research Scientist/Commissioner, UCLA Center for Health Policy Research/LA County Mental Health Department
- **Janice Rooths**, Vice President, Parents Anonymous® Inc.
- **Juan Acosta**, Mental Health Advocate
- **Judith L. Perrigo**, Assistant Professor, UCLA Luskin School of Public Affairs, Department of Social Welfare
- **Kanwarpal Dhaliwal**, Associate Director and Co-Founder, RYSE
- **Kimberly Wayne**, Chief Equity and Inclusion Officer, Seneca Family of Agencies
- **Laila Fahimuddin**, Policy Director, California State Board of Education
- **Lishaun Francis**, Director, Behavioral Health, Children Now
- **Liz Harvey**, Founder and CEO, Behavioral Health Outcomes Data Services (BHODS)
- **Marielle A. Reataza**, Executive Director, National Asian Pacific American Families Against Substance Abuse (NAPAFASA)

Membership

- **Mikah Owen**, Senior Director, Clinical and Academic Programs – Health Equity, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN)
- **Nancy Hsu**, Equal Justice Works Fellow, National Health Law Program
- **Dr. Nina Moreno**, Senior Consultant, Seed Collaborative
- **Pamela Riley**, Chief Health Equity Officer, Assistant Deputy Director, Quality & Population Health Management, Department of Health Care Services – California
- **Dr. Robert Byrd**, Acting Deputy Director, LA County Department of Mental Health
- **Sandra Gallardo**, Executive Director, Associated Students, Inc.
- **Sara Bachez**, Deputy Director of External and Governmental Affairs, First 5 California
- **Shirley Yee**, Senior Director of Programs, YR Media
- **Stephanie Houston**, Assistant Superintendent, Innovation & Engagement, San Bernardino County Superintendent of Schools (SBCSS)
- **Vincent Pompei**, Education Consultant
- **Venus Esparza-Whitted**, Associate Governmental Program Analyst (AGPA, California Department of Social Services (CDSS)
- **Zofia Trexler**, California Youth Empowerment Network (CAYEN) Board Member/Peer Self Advocacy Trainer CAYEN/Disability Rights California

Groundwork

What key issues do you think need to be named and recognized in the first meeting of the CYBHI equity working group to lay groundwork for the group to meaningfully fulfill its role and charter to assist the CYBHI to embed approaches that advance equity?

“Ensure clarity on the role/work of CYBHI. Ensuring understanding of the public behavioral health system so to provide context to the rest of the work and efforts including advance equity in that space.”

“It is imperative to use a Targeted Universalism framework to advance equity within the CYBHI. Targeted universalism means setting universal goals pursued by targeted processes to achieve those goals.”

“Broad equity issues facing the work of our sector including the recruitment and retention of mental health providers of color in the field, possible barriers to providing culturally and linguistically appropriate services to various client populations.”

Groundwork

“We need to address the gaps in service, how COVID exacerbated the already existing inequities among communities of color, discuss the outstanding needs to address these inequities moving forward. I would like to work within this group to get a sense of what we're seeing in the data; how we can measure and monitor this information in ways that help us determine whether we're moving in the right direction.”

“Emotional and psychological support is enhanced when the provider shares common lived experiences with those seeking that support.”

“Is there a need for common language and understanding about equity and systemic racism for the work group?”

“How do we move the needle to help right historical wrongs and ending long-term harm. With true justice (not just equity or equality), we can begin to deconstruct a system that has been built to benefit a very few, select individuals. Centering those voices and concerns of the most marginalized - black and brown/Queer/Trans will be necessary.”



CalHHS

California Health & Human Services Agency

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In Progress

**Breakout
CYBHI
Equity Working Group**
August 2022 | Breakout Group Session
Members Only

In progress

Wed Aug 17 01:00 - 02:30 PM
Breakout Rooms

Join



2

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In Progress

Plenary Session
CYBHI Equity Working Group
 August 2022 | Members + Public

In progress

Wed Aug 17 01:00 - 03:00 PM
 Equity Working Group (EWG)
 - August 2022

Join



2

Join new meeting?

You will have to leave this meeting to join the new meeting.

Leave & Join Cancel

Small Group Discussions

Part 1: Introductions (10-15 minutes)

Share name, organization, geography, any aspects of your identity you would like to share.

What's one thing people should know about you if they are going to engage with you in the work of this group?

Part 2: Foundational Elements of Equity Framework (25-30 minutes)

What are 1-3 foundational key elements/pillars/dimensions you think an equity framework needs to have?

Plenary

Small Group Report Outs on Foundational Dimensions of an Equity Framework

About 3 minutes per group

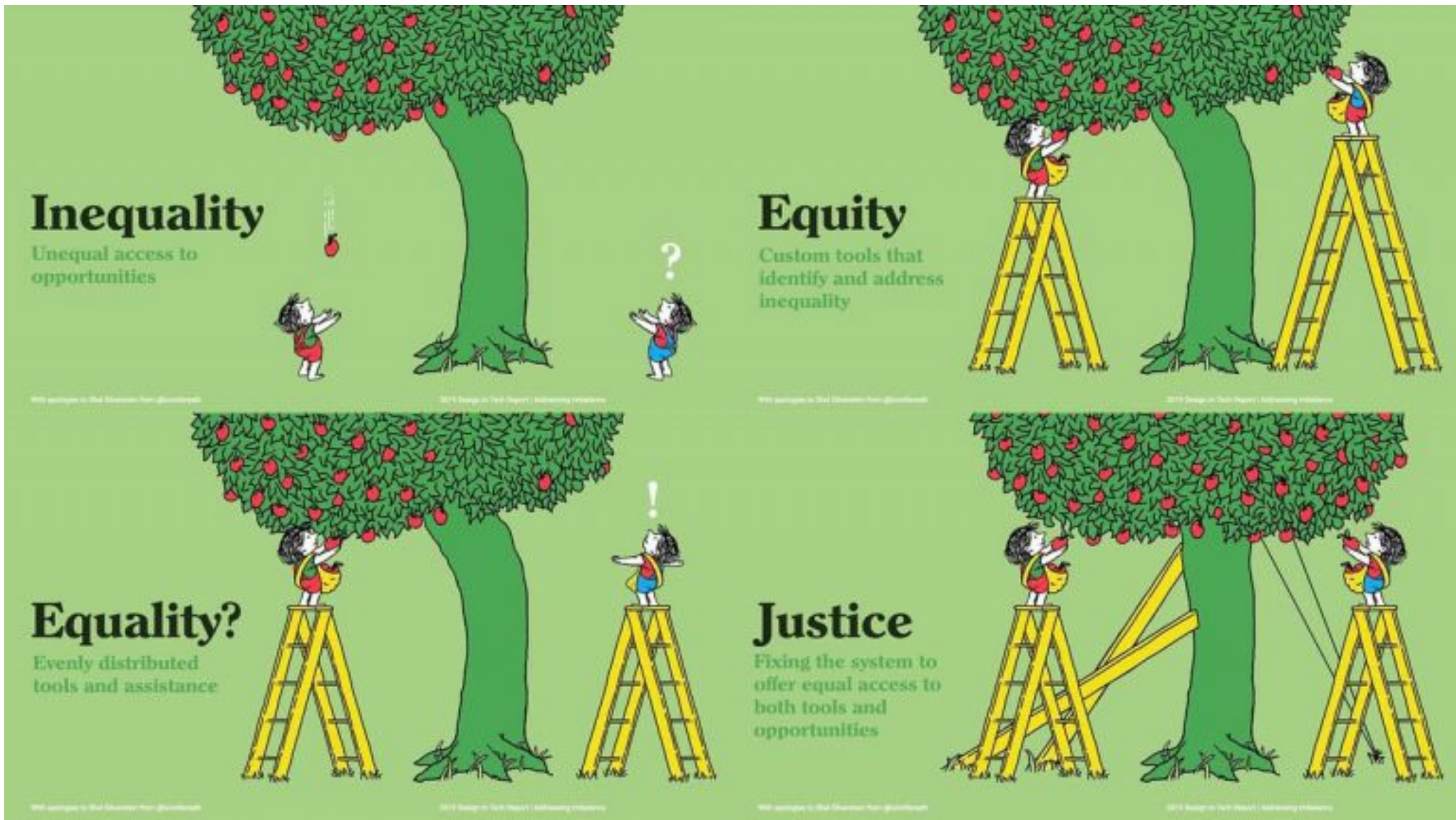
Defining Equity

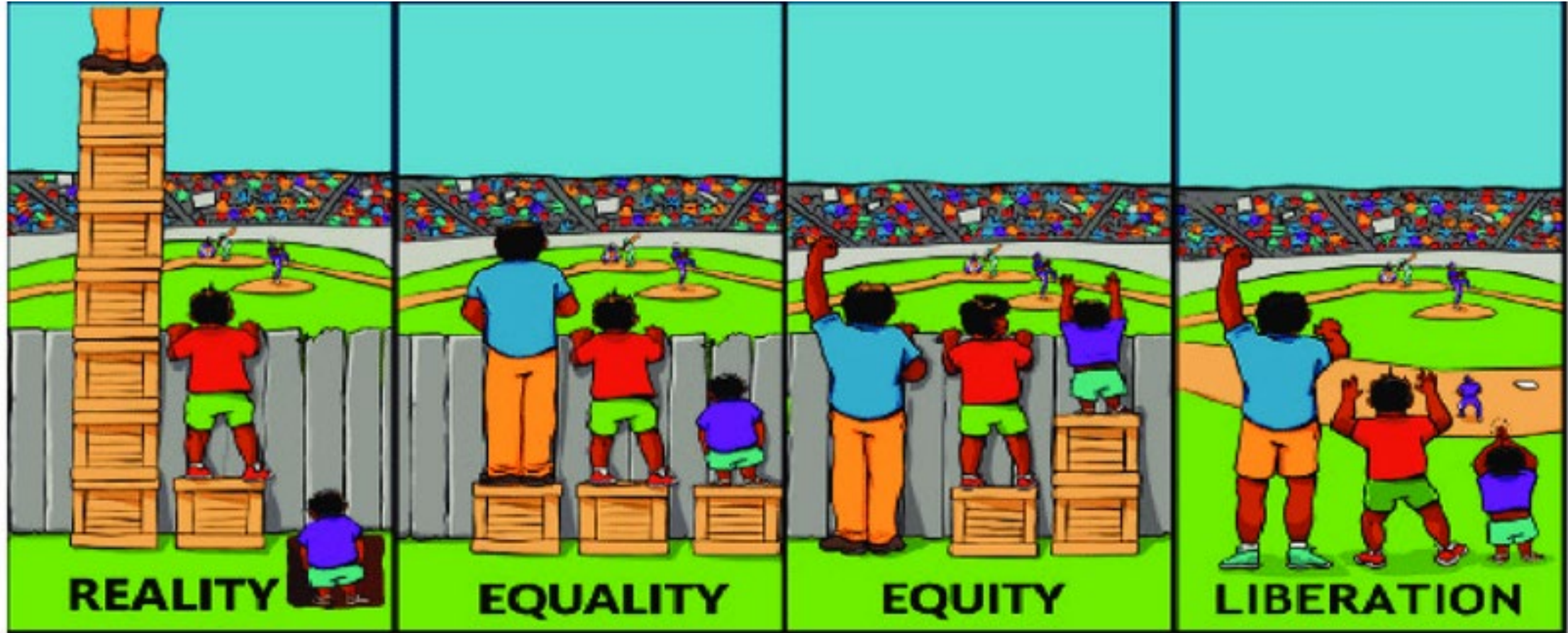
“Recognition of past traumas that have fueled cycles of poverty and created communities that lack every critical level of resource needed to thrive.”

“Equity is fairness and justice achieved through systematically assessing disparities in opportunities, outcomes, and representation and redressing [those] disparities through targeted actions.”

“Equity is a state in which all essential needs for human thriving are available and accessible; as well as measurable in well being outcomes across all population subtypes, particularly those that have been historically oppressed.”

“To me, equity is about the elimination of disparities; that everyone receives the same quality of care, regardless of one's background”





Developing a Definition of Equity for CYBHI

- Information from EWG Pre-Meeting Survey Responses
- Group Exercise and Discussion Today
- Committee to Draft and Refine Possible Definition
- EWG to Consider Definition and Finalize at October Meeting

Next Steps

- Development of Group Agreements
- Equity Framework Committees in September:
 - Definition of Equity
 - Framework Dimensions
- Data Committee September/Early October Meeting:
 - Data considerations, Outcomes Measures, Criteria Considerations for Data Review and Use
- August Post Meeting Survey
- Next Meeting: October 19, 2:30 pm – 5:30 pm