WEBINAR WEDNESDAY
Alzheimer's and Dementia in Focus

June 8, 2022
Welcome to Today’s Webinar!

• Live captioning streamed through webinar (Zoom)
• American Sign Language Interpretation via webinar (Zoom)
• Recording, slides, and transcripts will be posted at CalHHS’s Master Plan for Aging webpage and will be emailed to all attendees within 5 business days.
Questions & Comments

• Attendees joining by webinar (Zoom), use the Q&A function to ask a question or click the raise hand button to join line. The moderator will announce your name or your last 4 digits of your phone number and will unmute your line.

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• For additional information or feedback email Engage@aging.ca.gov.
Welcome & Opening Remarks

Susan DeMaroïs  
Director, CA Department of Aging

Dana Toppel  
Member, California Commission on Aging & Chief Operating Officer, Jewish Family Services of San Diego
Reflections: One Person’s Experience

Andrea Robert
Caregiver and Member, CA Alzheimer’s Disease & Related Disorders Advisory Committee
ANDREA ROBERT
LIVING WITH MILD COGNITIVE IMPAIRMENT (MCI)
WORKING AS A CERTIFIED NURSING ASSISTANT HAD A PROFOUND IMPACTED ON MY LIFE!

Our skills are DIFFERENT. Not LESS.
Sincerely,
Your hardworking CNAs

someecards user card
A PEOPLE-CENTRED ORGANIZATION

Research and Medical Education

People with Lived Experience and Their Families

Community and Society
THANK YOU!
Systems Context: Challenges, Opportunities, and Equity in Alzheimer’s Care and Service Delivery

Edie Yau
Director of Diversity, Equity, and Inclusion Engagement
Alzheimer’s Association
Challenges, Opportunities and Equity in Alzheimer’s Care and Service Delivery
2022 Alzheimer’s Disease Facts and Figures

1 in 3 seniors dies with Alzheimer’s or another dementia

Over 11 million Americans provide unpaid care for people with Alzheimer’s or other dementias

More than 6 million Americans are living with Alzheimer’s

In 2020, COVID-19 contributed to a 17% increase in Alzheimer’s and dementia deaths

Between 2000 and 2019, deaths from heart disease have decreased 7.3%

while deaths from Alzheimer’s disease have increased 145%

It kills more than breast cancer and prostate cancer combined

In 2022, Alzheimer’s and other dementias will cost the nation $321 billion

By 2050, these costs could rise to nearly $1 trillion

More than 80% of Americans know little or are not familiar with mild cognitive impairment (MCI), which can be an early stage of Alzheimer’s.
Mild Cognitive Impairment (MCI) is an early stage of memory loss or other cognitive ability loss in individuals who are able to perform most activities of daily living.

More than 80% of Americans know little or are not familiar with mild cognitive impairment (MCI), which can be an early stage of Alzheimer’s.
Prevalence

By 2050, the number of people age 65 and older with Alzheimer’s dementia is projected to reach nearly 13 million.
California Alzheimer's Statistics

Prevalence

65+ Number of people aged 65 and older with Alzheimer's

<table>
<thead>
<tr>
<th>Year</th>
<th>Total</th>
<th>Estimated % Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>690,000</td>
<td></td>
</tr>
<tr>
<td>2025</td>
<td>840,000</td>
<td>21.7%</td>
</tr>
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Mortality

Dementia deaths during the Covid-19 pandemic

4,643 more deaths than expected from dementia in 2020
18.8% higher than average

# of deaths from Alzheimer's disease (2019)

16,859

281.5% increase in Alzheimer's deaths since 2000
3rd leading cause of death
Gender and Racial Differences in Alzheimer’s Prevalence

- Almost two-thirds of Americans with Alzheimer’s are women.
- Older African Americans and Latinos are disproportionately more likely than older whites to have Alzheimer’s or other dementias.
DISCRIMINATION

is a barrier to Alzheimer’s and dementia care. These populations reported discrimination when seeking health care:

- 50% of Black Americans
- 42% of Native Americans
- 34% of Asian Americans
- 33% of Hispanic Americans
Dementia and the LGBTQ Community

40% report that their support networks have become smaller over time.
34% live alone.
Up to 30% experience lower rates of access to care.

Alzheimer’s is the most expensive disease in the nation.

51% of LGBT older people report being very concerned about having enough money to live on.

Fear of discrimination can delay access to care.

40% say their health care providers don’t know their sexual orientation.

LGBT adults living with dementia face unique challenges in accessing support.
The Progression of Alzheimer’s is Slow and Burdensome

- People age 65+ survive an average of four to eight years after a diagnosis, yet some live as long as 20 years.
- Individuals who live from age 70 to age 80 with Alzheimer’s dementia will spend an average of 40% of this time in dementia’s most severe stage.
- The long duration of the disease contributes significantly to the public health impact of Alzheimer’s.
In 2021, more than 11 million Americans provided an estimated 16 billion hours of unpaid care, valued at more than $271 billion.
Who Are the Alzheimer’s Caregivers?

- **Two-thirds** of caregivers are women, and **one-third** are daughters.
- **About one in three** caregivers is age 65 or older.
- **Over half** of primary caregivers take care of their parents.
- **One quarter** of dementia caregivers are “sandwich generation” caregivers, taking care of both an aging parent and child.
- **41%** of caregivers have a household income of $50,000 or less.
- **66%** live with the care recipient in the community.
Race, Ethnicity and Caregiving

- Black caregivers more likely to provide more than 40 hours of care per week than White caregivers (54.3% versus 38.6%). Also more likely to care for someone with dementia (31.7% versus 11.9%) than White caregivers.

- Black dementia caregivers — 69% less likely to use respite services compared with White caregivers.

- Hispanic, Black, and Asian American dementia caregivers indicate greater care demands, less outside help/formal service use, and greater depression when compared with White caregivers.

- Black caregivers — more likely than White caregivers to report positive aspects of caregiving.
As the prevalence of Alzheimer’s disease increases, so does the need for members of the paid dementia care workforce.
Lack of Dementia Care Specialists

- 55% of PCPs caring for people living with Alzheimer’s report there are not enough dementia care specialists in their communities.

- PCPs reporting lack of specialists varies by location:
  - 44% in large cities
  - 54% in suburbs near large cities
  - 63% in small city or town
  - 71% in rural areas
Meeting Future Demands For Direct Care Workers

- In 48 U.S. states, double-digit percentage increases in home health and personal care aides will be needed by 2028 to meet demand.

- From 2016 to 2026, the demand for direct care workers is projected to grow by more than 40%, while their availability is expected to decline.
CA Addresses Alzheimer’s

Alzheimer’s Prevention and Preparedness Taskforce

Master Plan for Aging

CA Dept of Public Health (CDPH)
Alzheimer’s Disease Program (ADP) - California Healthy Brain Initiative State and Local Public Health Partnerships to Address Dementia

10 Alzheimer’s Disease Research Centers
Panel Discussion

- **Corinne Eldridge**, President & CEO, Center for Caregiver Advancement
- **Darrick Lam**, President & CEO, ACC Senior Services and Vice Chair, CA Alzheimer’s Disease & Related Disorders Advisory Committee
- **Andrea Robert**, Member, CA Alzheimer’s Disease & Related Disorders Advisory Committee
- **Sydney Stinger**, Healthy Brain Initiative Coordinator, Shasta Co. Health & Human Services

*Moderated by Edie Yau*
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Alzheimer’s & All Dementias: 10 Bold & Brave Recommendations

1. Governor’s Senior Advisor
2. Global Research
3. Public Awareness
4. Care Digital Portal
5. Care Savings Accounts
6. Workforce Incentives
7. Caregiver Training & Certification
8. Blue Zone City Challenge
9. Volunteer Care Corps
10. Standard for Diagnosis & Care
THANK YOU!

Together, We're Just Getting Started

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