WEBINAR WEDNESDAYS
Advancing Age-Inclusive Health Systems

May 4, 2022
Welcome to Today’s Webinar!

• Live captioning streamed through webinar (Zoom)
• American Sign Language Interpretation via webinar (Zoom)
• Recording, slides, and transcripts will be posted at CalHHS’s Master Plan for Aging webpage and recording will also be available on CDA’s YouTube channel within five business days.
Questions & Comments

• Attendees joining by **webinar (Zoom)**, use the Q&A function to ask a question or **click** the raise hand button to join line. The moderator will announce your name or your last 4 digits of your phone number and will unmute your line.

• Attendees joining by **phone**, press *9 on your dial pad** to “raise your hand”. The moderator will announce the last 4 digits of your phone number and will unmute your line.

• For additional information or feedback email **Engage@aging.ca.gov**.
Welcome & Opening Remarks

Sarah Steenhausen
Deputy Director, Division of Aging Policy, Research & Equity, CA Department of Aging

Janet Frank, DrPH
Member, California Commission on Aging & Faculty, UCLA
Age-Inclusive Health Systems

Laura Mosqueda, MD
Keck School of Medicine, USC
REIMAGINING HEALTH THROUGH AGE-INCLUSIVE HEALTH SYSTEMS DESIGN

Laura Mosqueda MD
Professor of Family Medicine and Geriatrics
Director, National Center on Elder Abuse

May 4, 2022
DISCLOSURES

• none
Game Plan

Quick overview of aging

Exploring “age inclusive”: Why?

What, when, where, how?

Potential Impact
Likelihood of Aging
Percentage of the U.S. population who are aging

100%

N=297,810,917
Age *Inclusive*

- Builds on principles of Person Centered Care
“Person-centered care” means that individuals’ values and preferences are elicited and used to:

• guide all aspects of their health care
• and support their health and life goals
Age Inclusive

- Builds on principles of Person Centered Care
- Utilizes concepts from Age Friendly Health Systems
4Ms Framework of an Age-Friendly Health System

What Matters

Mobility

Medication

Mentation
Age Inclusive

• Builds on principles of Person Centered Care
• Utilizes concepts from Age Friendly Health Systems
• Uses a biopsychosocial-spiritual model
  • a philosophy of clinical care and
  • a practical guide for clinical care
Physical

Social

Emotional

Spiritual
YOU ARE HERE

- Physical
- Social
- Emotional
- Spiritual
Age Inclusive

• Builds on principles of Person Centered Care
• Utilizes concepts from Age Friendly Health Systems
• Uses a biopsychosocial-spiritual model
  • a philosophy of clinical care and
  • a practical guide for clinical care
• Informed and inspired by Universal Design
“Universal Design is the process of designing an environment so that it can be accessed, understood and used by all people regardless of their age, size, ability or disability”
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An (age-)inclusive health care system is one that can be accessed, understood, and used by all people regardless of age, function, behavior, beliefs, or cognition.
Person-Centered Care: Why Taking Individuals’ Care Preferences into Account Matters
1/3 of older adults said their care preferences were “never” or “sometimes” considered.

Hispanic and Black people were more than twice as likely to say their preferences were “never” considered.
The State of Person Centered Care 2014-2018 (Tavares, Cohen, Hwang, Hawes)

- Other predictors of lower levels of person-centered care:
  - lower income level,
  - being dual eligible,
  - poorer self-reported health status.

- Those whose preferences are not taken into account are at higher risk for costly health care utilization.
Challenge

• How can age-inclusive care be incorporated into your practice?

• What benefit(s) might age-inclusive care bring to your organization and those you serve?
This keeps happening. How heavy are cats?
Utilizing the concept of *Age Inclusive*

- An organizing framework
- Measurement
  - Person-centered/ness care
  - Outcomes
- Program design and creation
- Policy
Impact

• Changing the way health care providers think about the practice of medicine and delivery of health care.

• Creating higher expectations and delivering on them.

• Improving the lives of those with chronic health conditions and functional impairment and those who love them.
“What if we don’t change at all ... and something magical just happens?”
Remember: **All** of us are aging!
Panel Discussion: Advancing Age-Inclusive Health Systems

Panelists:

Zia Agha, MD, Chief Medical Officer & Executive Vice President, West Health Institute

Laura Mosqueda, MD, Professor of Family Medicine & Geriatrics, Keck School of Medicine of USC; 2022-23 Health and Aging Policy Fellow

Gretchen Alkema, PhD, Vice President of Policy & Communications, The SCAN Foundation

Jennie Chin Hansen, RN, Former CEO, American Geriatric Society; Independent Consultant, Hirsch Philanthropy Partners

Moderated by: Sarah Steenhausen, CA Department of Aging
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UPCOMING WEBINARS
Register in advance!

June 8: Alzheimer’s and Dementia in Focus

July 13: Uplifting Community Engagement & Volunteerism

August 10: The Intersection of Equity and Older Adult & Disability Data

September 7: Addressing Climate Change and Emergency Preparedness

October 12: Best Practices in Disability Awareness and Employment

November 9: Caring for the Caregiver: Friend and Family Support

December 7: Master Plan For Aging: Two Years of Policy, Budget, and Program Progress
UPCOMING WEBINARS

Register in advance!

• Visit the CalHHS MPA webpage or CDA homepage for the full 2022 webinar schedule & registration links

• Webinar recordings, slides, and transcripts will be available at the CalHHS MPA webpage and all MPA webinars and meeting video recordings can be found on CDA’s YouTube channel.
Together, We’re Just Getting Started

THANK YOU!

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