Welcome to Today's Webinar!

- Live captioning streamed through webinar (Zoom)

- American Sign Language Interpretation via webinar (Zoom)

- Recording, slides, and transcripts will be posted at [CalHHS's Master Plan for Aging webpage](#) and recording will also be available on [CDA's YouTube channel](#) within five business days.

Questions & Comments

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- For additional information or feedback email Engage@aging.ca.gov.

Welcome & Opening Remarks

Sarah Steenhausen
*Deputy Director, Division of Aging Policy,
Research & Equity, CA Department of Aging*

Janet Frank, DrPH
*Member, California Commission on Aging
& Faculty, UCLA*

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Age-Inclusive Health Systems

Laura Mosqueda, MD
Keck School of Medicine, USC

REIMAGINING HEALTH THROUGH AGE-INCLUSIVE HEALTH SYSTEMS DESIGN

Laura Mosqueda MD
Professor of Family Medicine and Geriatrics
Director, National Center on Elder Abuse
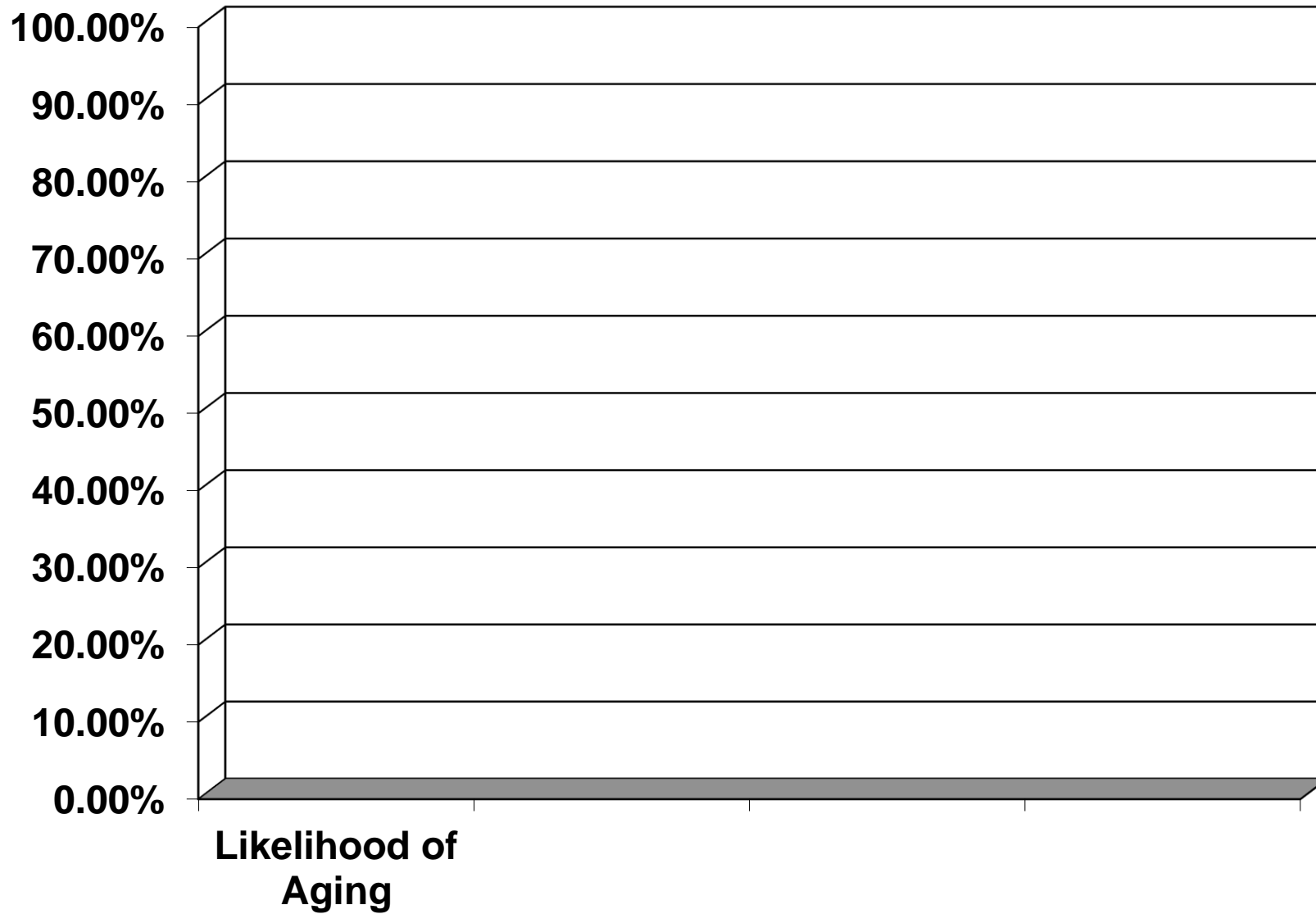
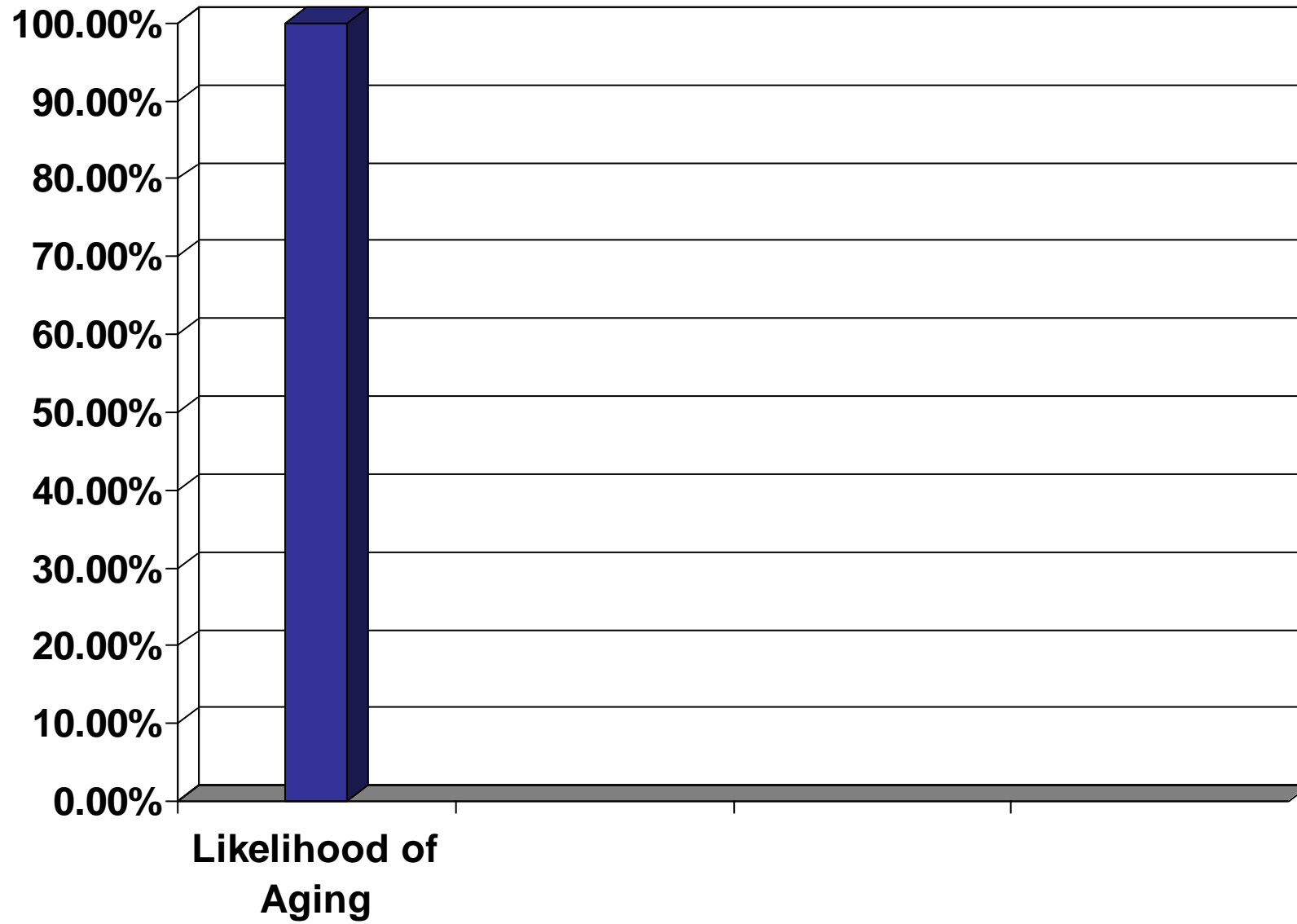**May 4, 2022**

DISCLOSURES

- none

Game Plan
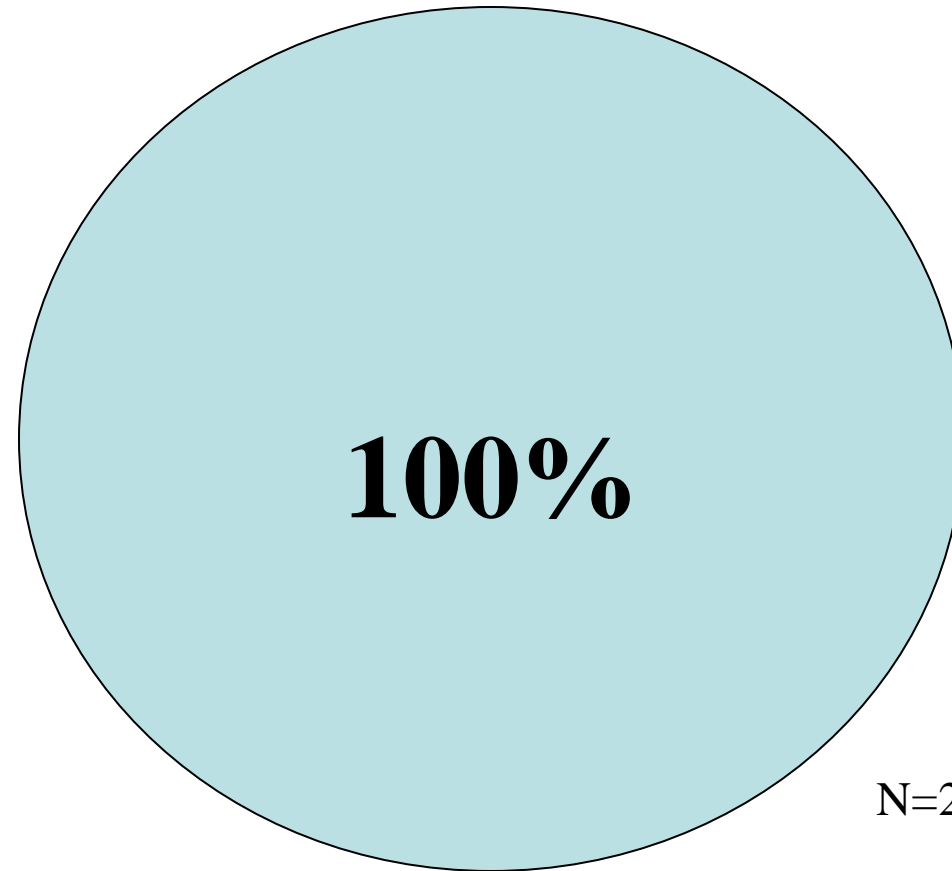
Quick overview of aging

Exploring "age inclusive": Why?

What, when, where, how?

Potential Impact

Keck School of
Medicine of USC

	Likelihood of Aging
100.00%	
90.00%	
80.00%	
70.00%	
60.00%	
50.00%	
40.00%	
30.00%	
20.00%	
10.00%	
0.00%	

Percentage of the U.S. population who are aging

100%

N=297,810,917

Age *Inclusive*

- **Builds on principles of Person Centered Care**

"Person-centered care" means that individuals' values and preferences are elicited and used to:

- guide all aspects of their health care

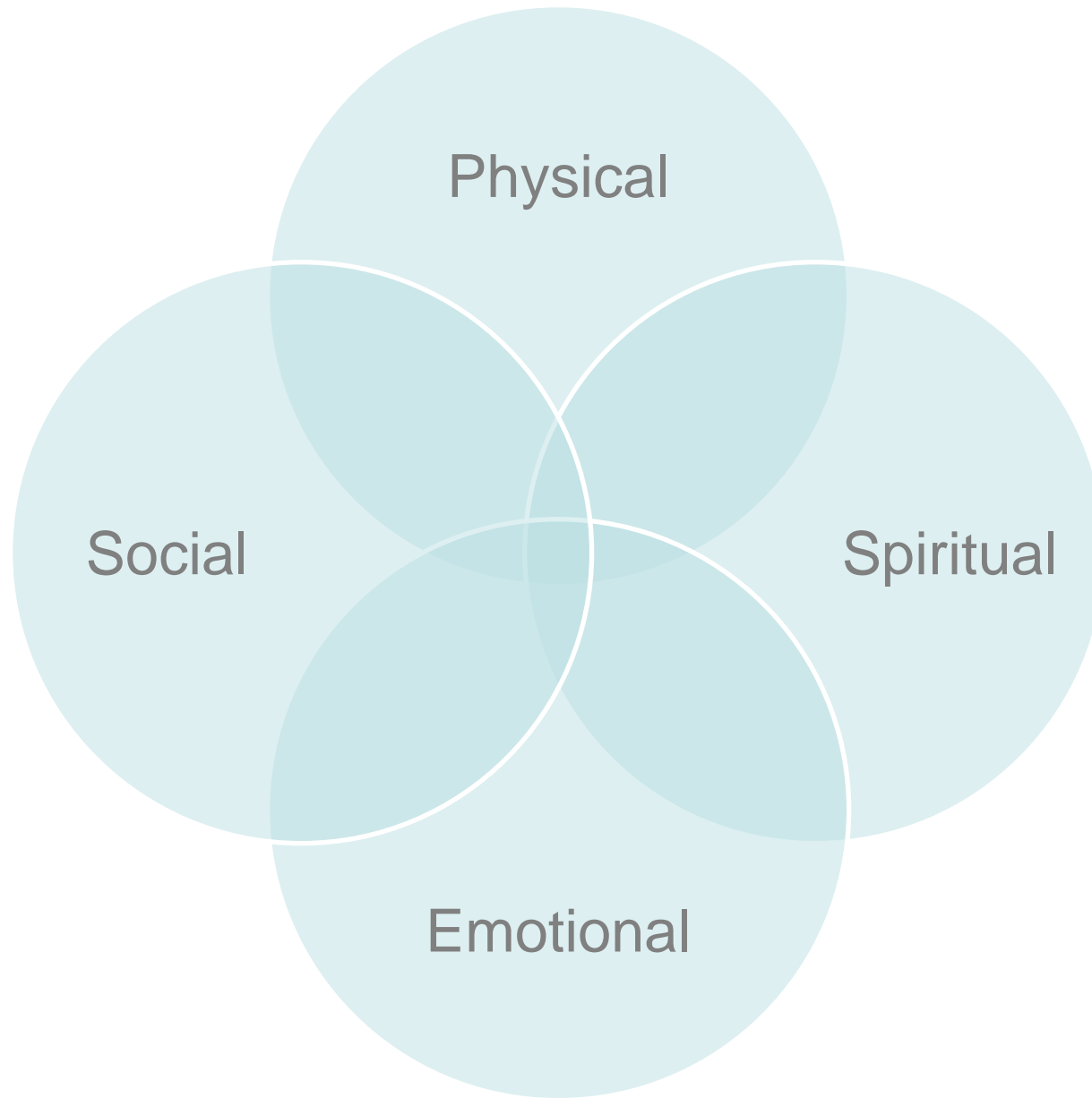- and support their health and life goals

Age *Inclusive*

- Builds on principles of Person Centered Care
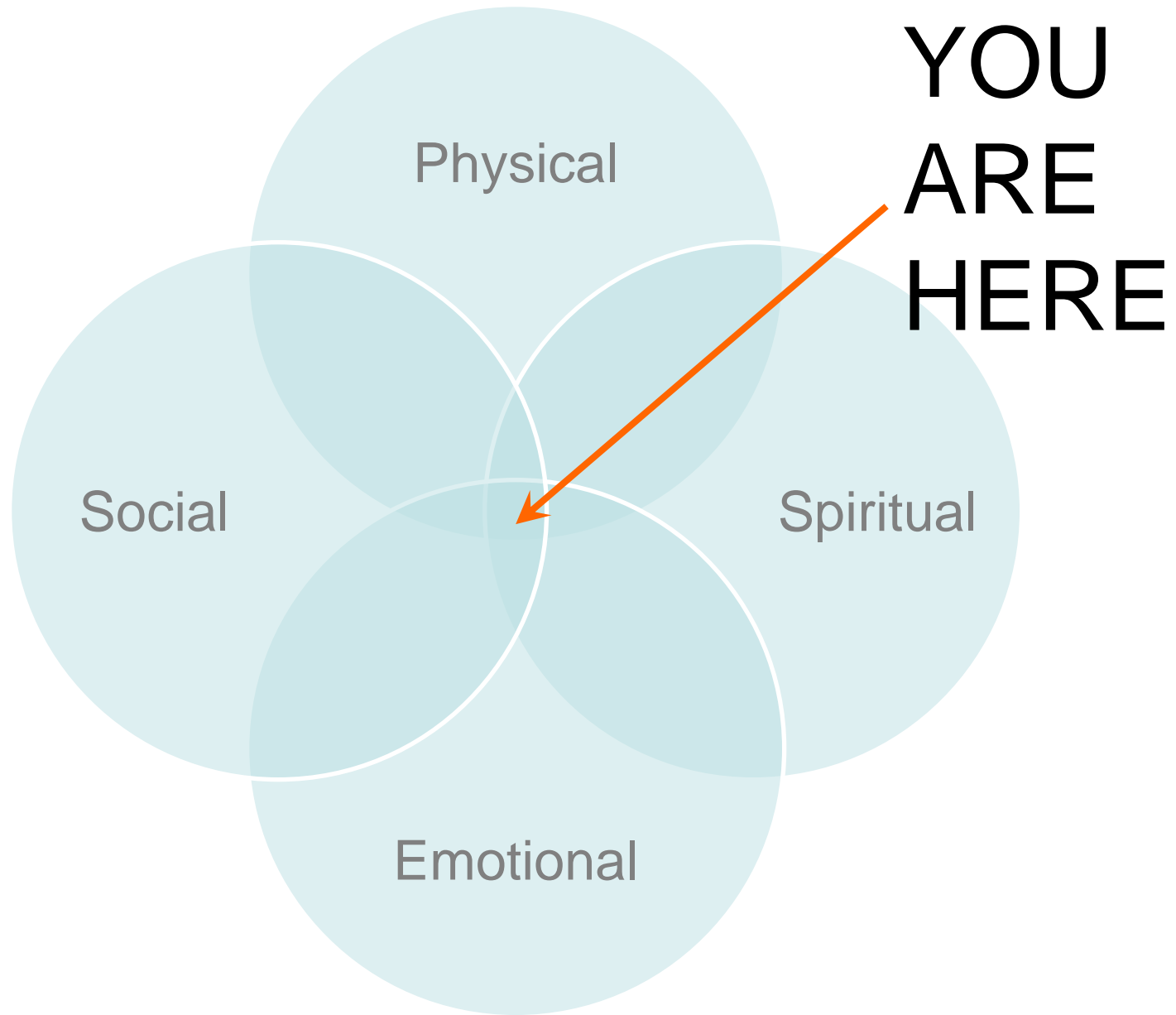- **Utilizes concepts from Age Friendly Health Systems**

4Ms Framework of an Age-Friendly Health System

- **What Matters**
- **Mobility**
- **4Ms**
- **Medication**
- **Mentation**

Age *Inclusive*

- Builds on principles of Person Centered Care
- Utilizes concepts from Age Friendly Health Systems
- **Uses a biopsychosocial-spiritual model**
  - **a philosophy of clinical care and**
  - **a practical guide for clinical care**

Physical

Social

Spiritual

Emotional

YOU ARE HERE

Age *Inclusive*

- Builds on principles of Person Centered Care
- Utilizes concepts from Age Friendly Health Systems
- Uses a biopsychosocial-spiritual model
  - a philosophy of clinical care and
  - a practical guide for clinical care
- **Informed and inspired by Universal Design**

"Universal Design is the process of designing an environment so that it can be accessed, understood and used by all people regardless of their age, size, ability or disability"

UNIVERSAL DESIGN

Making design accessible to everyone in society

"Universal Design is the process of designing an environment so that it can be accessed, understood and used by all people regardless of their age, size, ability or disability"

UNIVERSAL DESIGN

Making design accessible to everyone in society

An (age-)inclusive health care system is one that can be accessed, understood, and used by all people regardless of age, function, behavior, beliefs, or cognition.

Person-Centered Care:

Why Taking Individuals' Care Preferences into Account Matters

CENTER FOR CONSUMER ENGAGEMENT
in health innovation
COMMUNITY CATALYST

THE
scan
FOUNDATION.

LeadingAge
LTSS CENTER
@UMass Boston
Research bridging policy and practice

The State of Person Centered Care 2014-2018 (Tavares, Cohen, Hwang, Hawes)

- 1/3 of older adults said their care preferences were "never" or "sometimes" considered

- Hispanic and Black people were more than twice as likely to say their preferences were "never" considered

The State of Person Centered Care 2014-2018 (Tavares, Cohen, Hwang, Hawes)

- Other predictors of lower levels of person-centered care:
  - lower income level,
  - being dual eligible,
  - poorer self-reported health status.

- Those whose preferences are not taken into account are at higher risk for costly health care utilization

Challenge

- How can age-inclusive care be incorporated into your practice?

- What benefit(s) might age-inclusive care bring to your organization and those you serve?

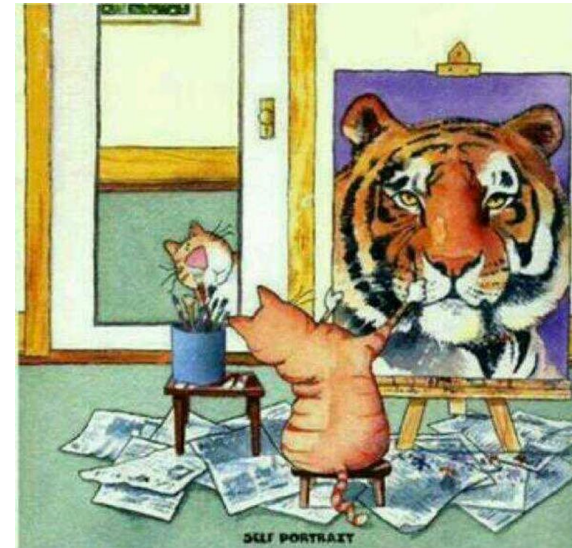This keeps happening. How heavy are cats?

SELF PORTRAIT

Utilizing the concept of *Age Inclusive*

- An organizing framework
- Measurement
  - Person-centered/ness care
  - Outcomes
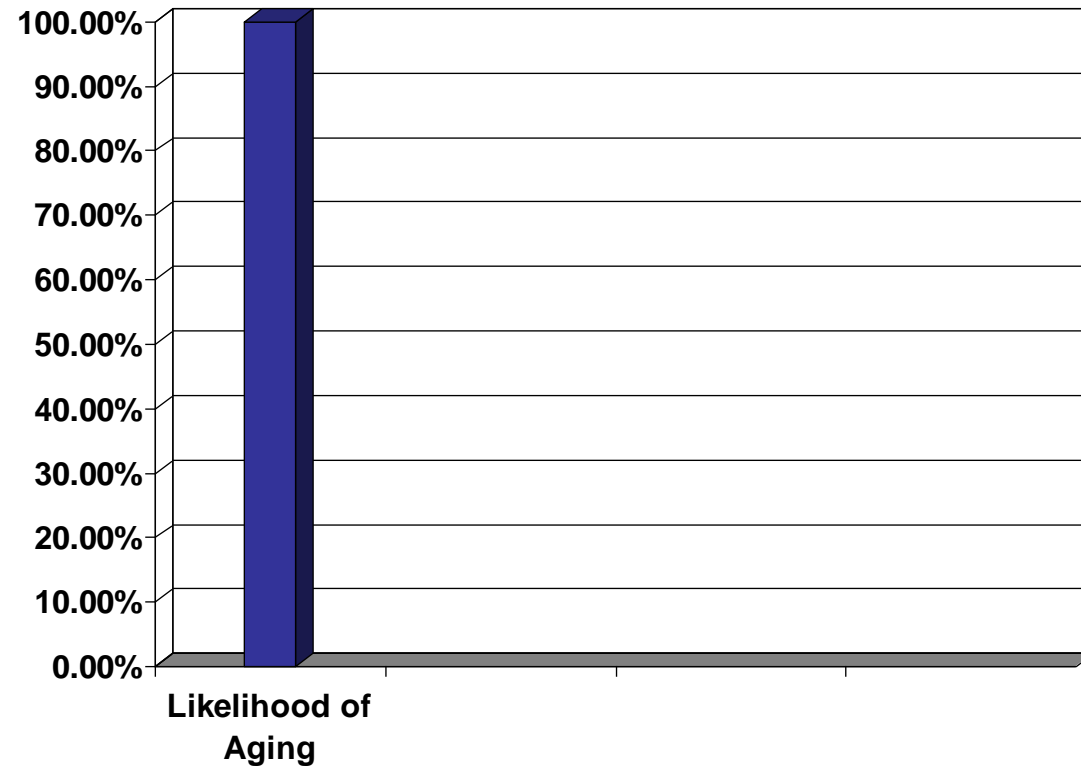- Program design and creation
- Policy

Impact

- Changing the way health care providers think about the practice of medicine and delivery of health care.

- Creating higher expectations and delivering on them.

- Improving the lives ~~of~~ ~~those~~ with chronic health condit~~ions~~ ~~and~~ ~~function~~al impairme~~nts~~ ~~and~~ ~~tho~~se who love them.

EVERYONE!

"What if we don't change at all ... and something magical just happens?"

Remember: **All** of us are aging!

Panel Discussion:
Advancing Age-Inclusive Health Systems

Panelists:

Zia Agha, MD, Chief Medical Officer & Executive Vice President, West Health Institute

Laura Mosqueda, MD, Professor of Family Medicine & Geriatrics, Keck School of Medicine of USC; 2022-23 Health and Aging Policy Fellow

Gretchen Alkema, PhD, Vice President of Policy & Communications, The SCAN Foundation

Jennie Chin Hansen, RN, Former CEO, American Geriatric Society; Independent Consultant, Hirsch Philanthropy Partners

Moderated by: Sarah Steenhausen, CA Department of Aging

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UPCOMING WEBINARS
Register in advance!

June 8: Alzheimer's and Dementia in Focus

July 13: Uplifting Community Engagement & Volunteerism

August 10: The Intersection of Equity and Older Adult & Disability Data

September 7: Addressing Climate Change and Emergency Preparedness

October 12: Best Practices in Disability Awareness and Employment

November 9: Caring for the Caregiver: Friend and Family Support

December 7: Master Plan For Aging: Two Years of Policy, Budget, and Program Progress

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