California Health and Human Services Agency

**Behavioral Health Task Force**

**Breakout Discussion Process**

* Breakouts: Participants will join a [Zoom meeting](https://csus.zoom.us/meeting/register/tZArcuihrDMtGtDph5169syJxpCsTel4iRJh) for the afternoon portion of the BHTF meeting to participate in breakouts and then report out on their discussions. The meeting link is also listed on the agenda and will be provided to participants and the public before lunch in the chat panel.
  + Each breakout will have ~6 participants
  + BHTF members will be randomly assigned to breakouts to include multiple perspectives
  + Each group will identify members to act as facilitator, timekeeper, and notetaker for their discussion
  + Designated listeners (facilitation team & Agency staff) will move between groups to hear the conversations
  + Members of the public will have their own randomly assigned breakout sessions
* Reporting template: Each breakout group will use a notes template to track their discussion. All templates will be summarized and included in the final Meeting Summary, shared with the BHTF membership, and posted to the website.
  + Only the note taker/reporter will need to record the conversation. All participants are welcomed to provide additional input post meeting (within 1 week) for inclusion in the Meeting Summary.
    - *Notes document:* Notetakers can take notes directly into the Google doc (see links above; please make sure the number on the document matches your group number). If you prefer, you can save the template onto your computer and then email your notes to the facilitation team for inclusion in the Meeting Summary (please send to [j.vanhorn@csus.edu](mailto:j.vanhorn@csus.edu)).
  + Notetakers can take notes directly into a Google Doc. Links are provided below; please be sure to use the link for your corresponding group number. The Google doc links will also be shared in chat during the meeting.
  + If you prefer not to use Google Docs, the template is also included as part of this document. If you choose to use this Word document for notetaking, please save the document to your computer and email it to [j.vanhorn@csus.edu](mailto:j.vanhorn@csus.edu) following the meeting for inclusion.

[Group 1](https://docs.google.com/document/d/152XOcnVq9h2DrI9TFDcMk5JHyBgyYiWNiE9kb6agv3M/edit?usp=sharing)

[Group 2](https://docs.google.com/document/d/1msk-EGeYBsELiaBr-WjfJ-M_F16FqotKJCMdKc-EB0E/edit?usp=sharing)

[Group 3](https://docs.google.com/document/d/1k5wRmpia5MmwgvhV_N4Q87HqHF838o-f07uRdNVcjEQ/edit?usp=sharing)

[Group 4](https://docs.google.com/document/d/1bRnD8PG7mhd0v8TKyJga37j4UyNFIBiLrpMO0cqZYH0/edit?usp=sharing)

[Group 5](https://docs.google.com/document/d/1cYIcDmoFQMqDBScneFdtepSzHIBpiM3U2tGMG9eQTO4/edit?usp=sharing)

[Group 6](https://docs.google.com/document/d/1ecl6o2LJFY0edr8lYsWmjxWkS7b3szUL_MU5W4z4XH4/edit?usp=sharing)

[Group 7](https://docs.google.com/document/d/1BEiV72mjv7FdT3caztmh1ZFdKvUJ_aQr_gEupryDxGQ/edit?usp=sharing)

[Group 8](https://docs.google.com/document/d/1sjK_ggh03wM8r7i-qcRGPp2_ji940B-fGamk01BruHA/edit?usp=sharing)

[Group 9](https://docs.google.com/document/d/1l6ZaKOSwXGkjeIVwiiVSJq2qdtvz5gGwAQ8FahIwvVU/edit?usp=sharing)

[Group 10](https://docs.google.com/document/d/1hQZcbD1eLjsMOgyvpGS0hIPtFw7XEi_IxBgm84CeZvM/edit?usp=sharing)

[Group 11](https://docs.google.com/document/d/1Avm7QkKsOUHCF9sKMSwqjpZcpSMqvuhaQjAV3b6-y8g/edit?usp=sharing)

[Group 12](https://docs.google.com/document/d/1x2eTUXv94AxDQkDgFajD62m07ttlnp7a97xCzFZ_NvE/edit?usp=sharing)

[Group 13](https://docs.google.com/document/d/1VDQ8ZM67ToTM0OtDCmJqXaRwvGLRIw3AKLgI7aaUeqA/edit?usp=sharing)

[Group 14](https://docs.google.com/document/d/1OpFqq0KYq9SSmqH2kqIINI46FSFFKiRx_IC_YeCZAYE/edit?usp=sharing)

[Group 15](https://docs.google.com/document/d/1DRXeMjFYYf_dO5KxVjes78OxmxC47lKAkjSN_zYruQg/edit?usp=sharing)

[Group 16](https://docs.google.com/document/d/1V3CQkn1np1r61mFmFCaU7d8poxb9abMOVCJuEzP-uCc/edit?usp=sharing)

[Group 17](https://docs.google.com/document/d/1v1ZfyvfSf-hkOW6IgHEOKm7DHX24rZ29RH2PAPbbff8/edit?usp=sharing)

[Group 18](https://docs.google.com/document/d/17FBJCX1k_Ody31S5MPleUgZNvvHgY80aTLFZllINMPI/edit?usp=sharing)

[Group 19](https://docs.google.com/document/d/1gzLH9NDv-qlpNrpG5GcfPAcutEJAQ3z-fK1pRpol9Yk/edit?usp=sharing)

[Group 20](https://docs.google.com/document/d/1uB2Tqm5-O0UgV5nQyDq1Sfpsz6-VWD30C2w7EDFoHZI/edit?usp=sharing)

[Group 21](https://docs.google.com/document/d/1vM6YFV8qSu1rqVVNr34l7nzMSkglcN5XqeDxx1Hl6A0/edit?usp=sharing)

[Group 22](https://docs.google.com/document/d/1ykYGsP3btP4ybRqJbC2IbXqqBjv4xJDk1Z4LEIb5aYg/edit?usp=sharing)

[Group 23](https://docs.google.com/document/d/1cGvr29G8R6s718nlwScmHKIRLY8b-n3_QlbqH0KNODc/edit?usp=sharing)

[Group 24](https://docs.google.com/document/d/11rMWiPZw38-6d2RL4fSnsG0UTZgucfMOSV0GubvKXks/edit?usp=sharing)

[Group 25](https://docs.google.com/document/d/1NKljNPv5SL-aCirodU_w6X3LwqJKJQM6ARKUHCnf1t0/edit?usp=sharing)

[Group 26](https://docs.google.com/document/d/1_zQKUlN9YLLYjJdP9xDlDH-uNSeh26HmY5s1IOXN1Es/edit?usp=sharing)

**Breakout Agenda**

**1:00 Instructions for the Breakout [all together]** *(5 min)*

***In breakouts:***

**1:05 Logistics** *(2 min)*

Before starting the discussion, please identify someone to fill each of these roles:

* + ***Facilitator:*** Please help encourage all group members to share their perspectives so that we can capture feedback representing the full range.
  + ***Timekeeper:*** Use the timing listed on this agenda to help ensure that the group is able to discuss all the questions and have time for reflection before rejoining the full group.
  + ***Notetaker:*** Use the notes template to track the discussion, and report out on behalf of the group when we reconvene. See above for details on the notes template document. If using a Google Doc, please be sure to use the one with your corresponding group number.

**1:07 Introductions** *(8 min)*

Please take few moments to identify roles and introduce yourselves.

* Your name, organization/affiliation, and perspective that you represent
* Select one word in the CYBHI Aspiration statement and share how it is meaningful to you (the Aspiration statement is listed in the table below)

**1:15 Discussion** *(30 min)*

You will have 30 minutes to discuss the prompts, addressing whichever outcomes group members would like to speak to. The notetaker should use the template to track the discussion.

*Prompt:* As you think about how you would like to see the CYBHI show up in your work and your community, please review the outcomes (in the table below) and discuss the following questions.

* Is this set of objectives complete to fully realize the Aspiration?
  + Do these outcomes appropriately reflect your hopes?
  + Are there additional outcomes that should be included?
* What would these outcomes look like in your community and how do they relate to your work?

**1:45 Closing** *(10 min)*

Each group will have 2 minutes to report on their discussion when we reconvene. Consider what you heard from other participants in the group:

* Please share two key takeaways from the discussion to inform the development of the CYBHI outcomes.

**1:55 Short Break** *(5 min)*

We will take a five-minute break as we transition out of breakouts for the report out. We will remain in the same Zoom meeting.

**2:00 Report Out**

Report out will focus on the BHTF members’ breakouts. Public input will be shared as time allows.

**Discussion Template**

|  |
| --- |
| **CYBHI Draft Aspiration Statement**:  Reimagine behavioral health and emotional wellbeing for all children, youth, and families in California by delivering equitable, appropriate, timely, and accessible mental health and substance use services and supports from prevention to treatment to recovery in an innovative, upstream focused, ecosystem. |
| Please pick one word in the CYBHI draft aspiration statement and share **how it is meaningful** to you. |
|  |
| **CYBHI Outcome Themes**  As you think about how you would like to see the CYBHI show up in your work and your community, please review the outcomes below and discuss the following questions:   1. Is this set of outcomes **complete** to fully realize the aspiration?    * Do these outcomes appropriately **reflect your hopes**?    * Are there **additional** outcomes that should be included? 2. What would these outcomes look like **in your community** and how do they **relate to your work**? |
| **Draft Outcomes**   1. Eliminate stigma related to behavioral health conditions and normalize help-seeking and wellness 2. Embed preventive interventions and supports throughout the ecosystem 3. Improve accessibility of services and supports across the continuum of care 4. Equitably improve behavioral health outcomes across the State 5. Improve overall health, social outcomes, and emotional wellbeing for children and youth 6. Ensure that positive outcomes are sustainable |
|  |
| REPORT OUT: Please share **two key takeaways** from the discussion to inform the development of the CYBHI outcomes. |
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