

## Alzheimer's Disease and Related Disorders Advisory Committee

### Meeting Minutes

December 9<sup>th</sup>, 2021

10:00am-1:00pm

**Location:** Zoom Conference Call

#### Members Present via Zoom

Meg Barron

Catherine Blakemore

Wynnelena Canlas Canio

Darci Delgado

Susan DeMarois

Dolores Gallagher-Thompson

Darrick Lam

Amanda Lawrence

Lene Levy-Storms

Kim McCoy Wade

Pam Montana

Monica Morales

Molly Nocon

Jessica Nunez de Ybarra

Josie Porras Corporon

Diana Ramos

Angela Reed

Celine Regalia

Andrea Roberts

Eva Saechao

Todd Shetter

Julie Souliere

Sarah Tomaszewski Farias

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#### 1. Call to Order: Welcome and Committee Member Updates

The meeting was called to order by Committee Chair, Josie Porras Corporon. The Chair welcomed new members. Members provided updates to the committee.

#### 2. Presentation and discussion of the updated report: [\*Alzheimer's Disease and Related Dementias \(ADRDs\) Facts and Figures in California: Current Status and Future Projections, January 2021\*](#)

*Dr. Jarmin Yeh, UCSF and co-author of the report*

Minutes:

- Definitional constructs

Dementia

- Overall term for a group of symptoms with several causes.
- Characteristic include declining memory and impairments with language, recognition, movement, problem-solving, or other cognitive skills that affect a person's ability to perform everyday activities.

Alzheimer's disease or Alzheimer's dementia (AD)

- Most common type of dementia.
- Accounts for 60% of dementia cases.
- Degenerative, meaning it worsens overtime.

Alzheimer's disease and related dementias (ADRD)

- Overall term for common types of dementia, including Alzheimer's disease, Lewy body disease, Frontotemporal dementia, etc.

- Alzheimer's disease and related dementias (ADRD) in California

Prevalence

- By 2040, the number of Californians living with ADRD will increase.

Lifetime risk

- Among California's 8.3 million Baby Boomers who live to age 65+.
- 20% will develop dementia (1 in 5 people).
- 16% will develop AD (1 in 6 people).

Mortality

- AD moved up to the 3<sup>rd</sup> leading cause of death in California in 2018.
- AD showed the greatest increase in the number of deaths (20%) compared to other leading causes of death in California.

- Living arrangements for people living with ADRD

By 2040, the number of Californians living with AD who reside in various community settings will double.

- Caregiving for people living with ADRD

There are 4 types of caregivers: Paid, Paid "hidden", unpaid and volunteers.

- Cost of caring for people with ADRD in California

By 2040, the social cost of caring for Californians age 55+ living with AD in the community or in an institution will double.

By 2025, California's Medicaid payments for person age 65+ living with AD will increase 32%.

By 2040, long-term care costs in California will double.

Double the number of geriatricians are needed in California to meet the demand.

The Cost to California employers in lost productivity annually is \$8.3 billion.

Approximately \$5.3 billion annually is attributable to attempting to replace caregivers who leave the workforce.

### **3. Cross-cutting Alzheimer's and Related Disorders Issues and Prioritization**

*Monica Morales, MPA, Deputy Director, Center for Healthy Communities, CDPH*

*Diana E. Ramos, MD, MPH, MBA, Assistant Deputy Director Chronic Disease Prevention, Center for Healthy Communities, CDPH and*

*Susan DeMarois, Director, CDA to update the committee on departmental collaboration efforts*

#### Minutes:

- Public Awareness Campaign - \$8.5 million  
Focused on educating the public on signs and symptoms as well as target populations at risk. Provide multilingual, multicultural, and intergenerational.

Collaboration efforts: Advisory group (to be formed): Department of Health Care Services, California Department of Aging, California Health and Human Services Agency Alzheimer's Advisory Committee

- Standards of Dementia Care - \$3.825 million  
Design a Statewide Standards of Dementia Care Model (\$1.7 million):
  - Dyad Centered: Incorporate family caregivers
  - Screening: Ensure primary care physicians
  - Training: Develop a formal, networked "hub and spoke" model

Predictive Analytics (\$2.125 million):

-Develop an algorithm leveraging electronic medical records to identify high-risk patients

Collaboration efforts: Department of Health Care Services – Senate Bill 48 and California Home and Community Based Services

- Caregiver Training and Certification Program - \$3.4 million

Focusing on unpaid family caregivers:

- No cost, online, multi-lingual
- Working to leverage education credits i.e.

Collaboration efforts (leverage education credits): CDA lead, Labor and Workforce Development Agency, Department of Social Services, Department of Health Care Access and Information, and Department of Health care Services

- Dementia Friendly Communities - \$1.7 million

Goal: Locally improve cognitive health through place-based interventions

Collaboration efforts: California Healthy Brain Initiative work, California Department of Aging, and Parks and Recreation

- MPA Goal # 4: Caregiving that works.

Target: One million high-quality caregiving jobs

- The Direct Care Workforce

- Develop a landscape of California’s Direct Care Workforce to include home care, IHSS, CNAs and more
- Identify opportunities for alignment and coordination across LWDA and CalHHS
- Develop a Direct Care Workforce Career “Lattice” (Career pathways)

- The Direct Care Workforce (non-IHSS) Training and Stipends Program

- \$150 million enhanced federal funding
- Lead departments: CDA, with CDPH, DHCS, DSS, HCAI (formerly OSHPD)

- Support for Family Caregivers

- Alzheimer’s Day Care Resource Centers –Relaunching in 2022

- \$5 million enhanced federal funding
- One-time available over three years
- CDA Vision team meeting weekly
- Expected launch timeline: summer 2022

#### **4. Update from the CA Department of Public Health (CDPH)**

*Monica Morales, MPA, Deputy Director, Center for Healthy Communities, CDPH*

*Jessica Núñez de Ybarra, MD, Chief, Chronic Disease Control Branch, CDPH*

*Angie Reed, Program Lead, Alzheimer's Disease Program, CDPH*

##### Minutes:

- Alzheimer's Awareness Toolkit
  - Social Media Messaging: [Alzheimer's Awareness Toolkit \(ca.gov\)](https://www.cdph.ca.gov/Programs/OPA/CDPH%20Document%20Library/Toolkits/alz_messaging_toolkit.pdf)
  - Social Media Images:  
[https://www.cdph.ca.gov/Programs/OPA/CDPH%20Document%20Library/Toolkits/alz\\_messaging\\_toolkit.pdf](https://www.cdph.ca.gov/Programs/OPA/CDPH%20Document%20Library/Toolkits/alz_messaging_toolkit.pdf)
- Alzheimer's Disease Program Activities (CA Healthy Brain Initiative)  
[Division of Chronic Disease and Injury Control \(ca.gov\)](https://www.cdph.ca.gov/Programs/OPA/CDPH%20Document%20Library/Toolkits/alz_messaging_toolkit.pdf)
- CA Healthy Brain Initiative Progress Report Highlights
  - County of Los Angeles developed culturally tailored community education curricula and culturally competent training material and standards of care for health care providers and allied professionals
  - County of Placer developed two public service announcements, implemented Project Lifesaver, and offering Evidenced-based Virtual Dementia Training Program
  - County of Sacramento completed training on two Alzheimer's Association evidence-based curricula, developed ADRDs local resource guide for the public, implemented a multi-media campaign, and presented on ADRDs
  - County of San Diego incorporated various resources/tools in Physician Guidelines update and companion AlzDxRx mobile application, collaborated with clinicians to update exam room poster, developed Dementia Friendly Activities Toolkit and translated the Dementia Communication Card into four languages, and actively engaged public health professionals
  - County of Santa Clara distributed "Older Adult Study" specifically targeting the LGBTQ community, produced educational materials, partnered with Alzheimer's Association for multi-media campaign Know Where Alzheimer's Hides, and wrote a White Paper on the Digital Divide
  - Shasta County distributed pamphlets with information on ADRDs, implemented Virtual Grand rounds Colloquia, and trained mandated disaster workers

#### **5. Action: Approval of September Meeting Minutes**

*Josie Porras Corporon, Committee Chair; Committee Members*

- No corrections to the minutes. September minutes approved 12/9/2021.

**Action: Finalization of Recommendations and Items for Update to the Secretary**

- The Chair would like to thank the various Agency for the work that they continue to put in on implementing the Master Plan and moving forward with the recommendation of the task force
- The Chair would like to give a shout out to Susan DeMarois, Director, CDA and what she brings for having been with the committee for so long. We're excited that she'll be continuing at a greater capacity.
- We as a committee would really like to see some sort of common metric from Agency to Agency to kind of understand how things are being implemented or impacted that the services are having in our communities.
- The committee would like to make mention of the informative data report and how that data can be a good driver of future decisions for what is needed in California as it is helpful, well-presented and a wealth of good data. We'd encourage the report to be updated periodically so the data can stay current and continue to inform Agency's action.
- The Alzheimer's Advisory Committee continue to be interested in learning about the programs and providing feedback to the Secretary about the effectiveness of programs.

**6. Discussion: 2022 Meeting dates, review of 2021 committee priorities, and setting committee priorities for 2022**

*Committee Members*

- Proposed 2022 Dates: March 10<sup>th</sup>, June 9<sup>th</sup>, September 8<sup>th</sup>, and December 8<sup>th</sup>, 2022. Meetings will continue to be in Zoom format and pending the COVID-19 pandemic.
- Focus on the three key themes: 1. Identification 2. Integration 3. Investment for the meeting on March 10, 2022 and set committee priorities for the rest of 2022.
- Revisit issues that continue to need addressing and improving:
  - Vaccination
  - Mental Health Services and preparedness of the EMS to account for the needs of people with dementia and their caregivers

-Some counties have programs like LA Found but need a comprehensive program statewide

## 7. Meeting Adjourns & Public Comment

The Chair adjourned the meeting.

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### Other Information:

If disability-related accommodations are required for your attendance or you need materials in alternate formats, please contact Tran Duong at 916-651-0407 or [Tran.Duong@chhs.ca.gov](mailto:Tran.Duong@chhs.ca.gov) at least five business days prior to the meeting date. In consideration of attendees who are sensitive to environmental odors created by chemicals and perfumes, please restrict the use of fragrances at this meeting. Please note that the order in which the agenda items are considered may be subject to change. Opportunities for public comment will be provided at the end of each topic

### Notification regarding submitting materials to the committee:

California Government Code Section 11546.7, originating from AB434 (2017-18) requires state agency Directors and their Chief Information Officers certify their agency website complies with Government Code Section 7405 and 11135, and the Web Content Accessibility Guidelines, published by the Web Accessibility Initiative of the World Wide Web Consortium at minimum Level AA success criteria. These certifications must be signed by July 1, 2019, and then on July 1 every other year thereafter.

To comply with this requirement and to ensure that all Californians have meaningful access to CHHS website content, **CalHHS is requesting that all content (including documents) submitted for posting on the CHHS website meet Web Content Accessibility Guidelines.** The California Department of Rehabilitation has created Web Accessibility Toolkit to serve as a resource for meeting these guidelines. [The Toolkit](#) can be accessed online.