

**California Master Plan for Aging  
Stakeholder Committee Meeting #4  
March 2, 2020**

**Meeting Transcript**

**Kim McCoy Wade 1:13**

Welcome to the California Endowment, our host. Thank you so much for hosting this our fourth of currently seven scheduled Master Plan for Aging Stakeholder Advisory committee meetings, a real pivot point. We are seeing more people come on the line so we'll let that continue to grow. I'm Kim McCoy Wade from the California Department of Aging and I'm thrilled to have all of you here from far and wide for a really important meeting where in some ways we roll up our sleeves and get to work in a new way, beginning to move on recommendations today and hearing more from our equity work group, among other things. Let's see if we can advance the slide, will be our logistics check in. I think everyone's familiar with this room both in terms of restrooms and emergency exits. Look around to make sure that you are and from a meeting logistics on the phone we are now I hope getting practiced at Zoom, including where the materials are posted on our agency website and captioning provided and public comments, actually today we're going to do public comment at both half of the meeting, some more opportunities, and as always, written feedback is welcome. Why don't we start with introductions, we have lots of folks in the room and on the phone from our Stakeholder Advisory Committee. I do want to provide one update that Dr. Arevalo has submitted his resignation. He has new responsibilities in his day job and turns out being on the SAC is basically a second job as many of you can attest. So we are very thankful for his service and appreciate his continued support in partnership and other ways. And then I also wanted to introduce one new CDA team member who started an hour ago, she is the California Department of Aging Master Plan for Aging Project Director Amanda Lawrence, who's sitting here at the table. She comes to us most recently from the Department of Public Health, where she was leading their Healthy Aging initiative and was again our first presenter on our first Webinar Wednesday on healthy aging on topics like

falls and opioids and dementia. So comes to us and is already planning the public health and master plan convening for the spring. So is ready to hit the ground, and also brings a good background in yoga so will help us all with our work-life balance as well, very equally important. Alright, so with that, let me kick off introductions to my right, Susan.

**Susan DeMarois 3:47**

Morning. I'm Susan DeMarois, representing the Alzheimer's Association.

**Cheryl Brown 4:02**

Good morning. I'm Cheryl Brown, and I'm representing the California Commission on Aging. And I'm a former Assemblymember.

**Le Ondra Clark Harvey, PhD 4:12**

Morning, Le Ondra Clark Harvey, California Council on Community Behavioral Health Agencies.

**Shelley Lyford 4:16**

Hi, good morning. I'm Shelley Lyford, representing the Gary and Mary West Foundation in San Diego.

**Catherine Blakemore 4:26**

Catherine Blakemore representing Disability Rights California.

**Kevin Prindiville 4:31**

Kevin Prindiville with Justice in Aging.

**Nina Weiler-Harwell, PhD 4:34**

Nina Weiler-Harwell, AARP California.

**Peter Hansel 4:38**

Peter Hansel, CalPACE representing the programs of all-inclusive care for the elderly.

**Donna Benton, PhD 4:44**

Donna Benton, University of Southern California and the California Association of Caregiver Resource Centers.

**Rigo Saborio 4:53**

Rigo Saborio with St. Barnabas Senior Services in LA and also with the Los Angeles Aging Advocacy Coalition.

**Darrick Lam 4:59**

Darrick Lam with ACC senior services in Sacramento.

**Jeanee Parker Martin 5:04**

Jeanee Parker Martin with LeadingAge California.

**Bruce Chernof, MD 5:08**

Bruce Chernof with the SCAN Foundation.

**Clay Kempf 5:11**

Clay Kempf, Seniors Council, also representing California Association of Area Agencies on Aging.

**Judy Thomas, JD 5:18**

Judy Thomas, Coalition for Compassionate Care of California.

**Janny Castillo 5:37**

Janny Castillo with St. Mary's Center.

**Jodi Reid 5:41**

Jodi Reid, California Alliance for Retired Americans.

**Maya Altman 5:45**

Maya Altman, Health Plan of San Mateo.

**Fernando Torres-Gil, PhD 5:48**

Fernando Torres-Gil, UCLA and board member of Justice in Aging.

**Marty Lynch 5:54**

Marty Lynch from LifeLong Medical Care in the health center world.

**Heather Young, PhD, RN 5:59**

Heather Young, University of California Davis and board member of the Archstone Foundation.

**Kristina Bas-Hamilton 6:06**

Good morning, Kristina Bas-Hamilton, UDW United Domestic Workers representing IHSS workers.

**Ellen Goodwin 6:14**

Ellen Goodwin with the Department of Aging.

**Amanda Lawrence 6:19**

Amanda Lawrence with the Department of Aging.

**Carrie Graham 6:22**

I'm Carrie Graham from the University of California and acting as a consultant for CDA.

**Kim McCoy Wade 6:28**

Wonderful, thank you. And I want to acknowledge that some of my leadership team is not here, part of the agency's coordinated response to the coronavirus, so with us in spirit but doing good work this morning under leadership of public health, so thanks. And we've got Nelson, can you tell us which of our let's see if I can read that. It looks like can you unmute the SAC members who are on the phone?

**Christina Mills 6:53**

Hi, good morning, everyone. Christina Mills. Sorry, I can't be there in person.

**Debbie Toth 7:00**

This is Debbie Toth and there's construction in the background because I'm outside so I'll be there in about five minutes.

**Mercedes Kerr 7:15**

This is Mercedes Kerr with Belmont Village Senior Living. I'm sorry I can't be there in person but happy to participate.

**Kim McCoy Wade 7:21**

Thank you. And I believe Brandi Wolf is trying to get in at least by cell phone. Let's take a moment and orient ourselves to the day. We are right now doing welcome introductions and overview. It's been a busy time. I want to take some time and walk you through an overall progress report, what you have in front of you, our soft launch of our progress report that I'll walk you through in just a moment. Then we're going to spend significant amount of time on process in a couple senses. One, the overall master plan process I mentioned that it it's March and we're on a timeline through October. So making sure we are all situated and following the overall process, particularly since we now have seven different work groups or committees working, so want to make sure that that becomes clear to everybody. It's been a busy February. But then we want to pivot and actually start to put some process to work in terms of SAC acting on recommendations. So, we're going to talk about how SAC takes action. And then we're going to put it into process and we're going to hear an in-depth presentation to key up the discussion on a set of recommendations coming forward on goal one or long-term services and supports. That will be led in partnership with the subcommittee leadership, including Susan DeMarois and about eight of you who are on SAC who are also on the LTSS subcommittee and then we have other members in the audience. We'll take public comment on the report. We'll have a lunch break. Thank you again to our funders who are making it possible for us to have working meetings. And then we'll come back after lunch and take action. We'll see how that happens. Then all those other work groups that I mentioned, goal two, goal three, goal four, together we engage, research, equity will give a quick update, mostly coming from SAC members. Everyone's been busy and then again, we'll close the public comment and a summation of next steps. So with that, let's turn to... Nelson my advancer isn't advancing which might be me. There we go. So again, this is a hot off the presses. As I mentioned this is a soft launch, we did one before in the fall. And now here we are in the spring, trying to provide a high-level update on all the

things that are happening. We welcome your feedback on this. If you see anything that needs to be tweaked or improved, and before we officially published later this week, we would welcome that. But you'll see that we're summarizing the executive order that got us to this point and the high-level timeline with March bumped out because this is the march report. We have our framework and our messages around aging is changing with growing diversity more living alone and more facing poverty. And a story from one of the clients that we serve at CDA. We highlight our new equity workgroup and all the ways that we're engaging from the new website. So, Webinar Wednesdays we're about halfway through those, and the roundtable discussions which we have picked up the pace as well. I was thrilled to be in Santa Clara County on Friday with Senator Beall. And next Monday, my secretary will be with Senator Pan here in Sacramento. And then we begin to show some of the issues that we're hearing, no surprise to anyone, some of the top issues that are emerging are around housing and homelessness, home and community living, inclusion, isolation and purpose, protection from abuse, neglect, and exploitation, and emergency preparedness, response, and recovery. And there's some of the polling that shows the urgency of those issues. And then we also have these cross-cutting themes that are increasingly coming out around diversity, equity and inclusion. dementia and all cognitive impairments, technology, cross-generation connections, and economic transformation, including workforce. Those themes come up in every conversation. So again, early days, but that's some of the reflection back. And then as you know, we are collaborating, coordinating with many of the Governor's initiatives. First and foremost, the Governor's Task Force on Alzheimer's, the coordination collaboration is only deepening and in part through Susan DeMarois, who is the sole person on both. So thank you, Susan, for that critical bridge role. And we're actually seeking to expand our private sector partnership, that hasn't been a huge focus yet and it's a critical part of the work. So in part, thanks to our philanthropy partnership, we're expanding private sector in the coming quarter, and the CDA strategic plan continues and an early-early preview of save the date for June 17th. Planning is beginning on a statewide event from this room, live streamed and broadcast to really engage everybody across the state. So let us know if you have any feedback on that. A couple things I just want to highlight again is the website really is the One Stop Shop. It is in English, Spanish, and Chinese. We're looking now to make sure we have LTSS information more prominently in there. But it really is your go-to place and let us know how it is and is not working for you.

I can't say enough about the Webinar Wednesday's both the incredible work that has gone into them from Jennifer Wong who's here from us in the audience, as well as how many of you have presented on a Webinar Wednesday, a good number of Yes, thank you. Thank you. It's a lot of work to sift all the recommendations and public comments that come in and shape a conversation between a state partner, a local leader, the public and yourselves as SAC members. But we are getting a tremendous response both about 200 folks the day of, commenting, polling, asking questions and then continuing to download. And it's really helping us bridge partnerships. If you haven't had a chance to tune in, the materials are all posted, you can check the slide deck, you can listen to the recording, but it's a different way we're trying to engage and develop. Thank you for your hard work on that. And if you haven't gone yet, there's still about seven or eight left. Look forward to including this week again on elder abuse with Kevin.

And I just do want to do a special shout out to our legislators who have really with the new year, we started in September with Senator Hurtado, but now they are coming almost every week and it's absolutely wonderful and many of you are attending as you are able, Senator Hannah-Beth Jackson and our Secretary in Santa Barbara. I know Susan and Nina and other folks were able to be at that one. Senator Beall, as I mentioned on Friday, Senator Pan coming up. And then Los Angeles and Humboldt Counties still in the works and also Assemblymember Arambula in Fresno is also in the works, tied to the Alzheimer's event in Fresno that same time. Bridges, bridges, bridges. Thank you legislature, and of course hearings are beginning as well both budget and oversight policy hearings and the Select Committee on Aging. So much there. As I mentioned, housing and homelessness, no surprise and as the broadest sense of housing, all housing settings, and again, reflected in our Governor's State of the State devoted to housing and homelessness. And then as we know, other top of mind issues, so an interesting snapshot of what people on our website are interested in. And then again, these cross-cutting themes that are more just a reflection on what we're hearing in so many conversations about really transforming aging, not just working on a set of policies, but reimagining reinventing. And to that end, we'll hear more, we're looking to build that work more into the SAC as well with equity presentations, thinking about how to have that joint Alzheimer's conversation with the Governor's Task Force. Jennie Chin Hansen really leading us in intergenerational connection conversation. David Lindeman will be coming to a May meeting

to blow our minds with technology, and all the things we can't get imagine about the opportunities and disruptions of technology. And then again, more work needed with our governor's office and Secretary Julie Su about the implications for the economy. So lots happening. Let me pause there. See if any questions, comments, additions to this the programmatic update.

**Bruce Chernof, MD** 16:15

Kim, I just wanted to say, first, thanks for that update, and really all the progress that you all have made. The two questions I'd have for you just as we launch in, how do you feel about where we are in the process? Are we making enough progress? Are we on track in terms of being responsive to what the cabinet level group is doing and what the governor expects, and then link to that, given all the really good work that we're doing since here to mid point in the work in a way or almost at a midpoint? And are there things that you wish we were doing with regard to engagement that we're not? Because we still have some time. So is there anything we should be doing that we aren't?

**Kim McCoy Wade** 16:59

That's a great question. I think part of the answer about where we are is we'll know more at three o'clock than I do right now in terms of level setting process and all the work as we've been moving. I see us moving from engagement, although that will continue, to now deliverables, producing deliverables, recommendations, and taking action. And so how we make that pivot and hit those markers every month from now on. I will say that I want to be sure the partnership work, the stakeholder work is intensive and now that we have seven or eight work groups going, I want to be sure it's those new partners that we have time to spend with the private sector, that we have time with other states, with other countries. So that's where I'm hoping that as we, my team, you know, we do maybe a little less meeting planning and a little more thinking, and that's what I'm hoping to create more space for you. There's a month up here where I say no meetings proposed. And that's partly a bit of, we need to move from input to analysis and frankly so we can bring you more content back from our team as well. Okay, everybody have your coffee? You're ready for process? This is actually really important. And I want to make sure we're all on the same page and have all the input for how to improve it. And I want to want to acknowledge there's an ad hoc group of folks who've been hopping on the phone with me to think through process. So as we go through this, some of



them may chime in and flesh this out. But this has been really helpful to have some informal kitchen cabinet advisors to how to do this.

Let's start at the super high level. This is this timeline graphic that you may have seen for a long time, which says, oh it's very simple, there's just these five things that are going to happen: an executive order is going to come out in June, check. And then there's this Fall and Winter bar where all of the engagement is coming in, and then recommendations are starting to be developed by the subcommittees and work groups. March is highlighted because it's called out in the executive order as the one time of formal stakeholder report has been requested. And that's the focus of today's meeting. And then this summer, another bar where all of these threads I've been calling it, all the creeks coming together into a river, get integrated into one mighty California river. And then October 2020 is the date where the executive order calls for it to be issued. Let's go down a level, what is actually happening below those bars. Here's where I would describe the SAC process as a three step. Step one, what we've been calling the together engage, let's get all the input and advice we can. Let's have online public comments and recommendations. And we're suggesting that we take those through April 22nd, which was the last Webinar Wednesday, like let's keep it coming, flow is great. The LTSS subcommittee has been meeting to discuss goal one, Webinar Wednesdays have been getting input on goal two health and well-being, goal three livable communities and purpose, and goal four economic security and safety. The research subcommittee has been meeting on the data dashboard and data gaps and also wants to and will be proposing a research agenda thanks to the leadership of Dr. Laura Carstensen at our most recent meeting at Stanford last week. The equity work group has kicked off and it's on the way to developing an equity tool to use to inform and advise. And again, community roundtables, coordination with Governor's Task Force, lots of other local state international models we're trying to review and then save the date for this event we'll talk about more today. As a final kind of go back to the public and say we think we heard you. Here's what we think we heard. Did we get it right? What did we miss? What else do we need to include or amplify or modify? So that's input, there's a lot of streams, a lot of creeks, a lot of great stuff coming.

Now here's where we are on step two. Various subcommittees and work groups of SAC are taking all of those streams and developing them into recommendations. And the one to go first with the LTSS subcommittee.

They began meeting in October, if I remember right, working towards this March deadline for the report. The research subcommittee began in November and is working now on data dashboard and research. And then look what happened in February. The equity work group kicked off to develop their equity tool and three other SAC work groups began work to integrate all of that input on Oh gosh, goal three got kicked off the slide somehow. Goal three welcome back. You're still with us. I don't know what happened but health and well-being, so we'll correct that slide. But goal two, three, and four are all up and running. And then we convened another small group of SAC to help us think through what could the statewide event look like on June 17th. Then step three of the process is SAC takes action. They get the recommendation from that subcommittee or that group. Here we are March 2nd, about two-thirds through that busy slide and goal one is coming to you for action. And we'll talk in a second about what that means. In May, seeing that goal two, goal three, goal four and data are all coming, our kitchen cabinet groups said I think that's more than one meeting and suggested we add a second meeting, so we have tentatively put that on your calendars of May 28. But May 18, the previously announced meeting would be goal two, health and well-being, as well as data dashboards and research. And then we've asked the SCAN foundation who's done some scanning.

**Maya Altman 23:03**

Goal three, health and well-being?

**Carrie Graham 23:06**

Yes. It just switched on here.

**Rigo Saborio 23:16**

Could you just clarify the May 18 and May 28 how that will work with meetings?

**Kim McCoy Wade 23:21**

Yeah. I'm sorry for the errors in the slides, we'll fix those. But the idea is that with goal two recommendations coming and goal two is, all together now, Livable Communities and Purpose. They would come on May 18, with their recommendations. And the research subcommittee will come with data dashboard. Then goal three, which I mistakenly switched, thank you

Maya, which is led by Maya and Fernando so they are paying close attention, would be scheduled for May 28 to bring their recommendations. As would goal four, which is Kevin and we'll talk about his team to be named later. And we've asked David Lindeman to come and do the technology talk. What the idea is that we need a second meeting in May to handle all of that content. If you look at the March May meeting March 2, goal one, March 18, goal two and data dashboard, May 28, goal three and goal four so that by the end of May, the SAC has heard recommendations from their small groups and given some direction and taken some action. And then we have the last meeting in August to pull it all together. A couple more data points and then we'll pause for discussion. That's all the SAC process. Meanwhile, we're working with the cabinet. The cabinet is meeting quarterly. We are meeting all the time with the Governor's other initiatives such as the task force on Alzheimer's, DHCS CalAIM, I want to again, thank them for being in the room, I see Anastasia DHCS, thank you, our colleagues at CDSS with their IHSS listening sessions and more, our Governor's Office of Philanthropy and public private partnership, more, so lots of administration coordination. We also launched our monthly meeting with all CHHS departments on Aging and Disability, we started that in October/November, so that's the ongoing coordination on all things master plan. And then just last month, our agency data subcommittee said it seems like you need an Aging/Disability data work group, which we couldn't agree with more, so that is also kicking off. Then, you know, aging is very in right now. So we are having lots of issue-specific meetings. Our good friends at Office of Emergency Services thought a convening on access and functional needs would be a great idea and we agreed, so we convened with them all departments to talk about access and functional needs and emergency preparedness. Intergenerational connections, our colleagues and young children at the agency and governor's office are very interested in opportunities to do cross generation. We're having meetings with them, particularly around possible volunteer. Those sort of single topic things are popping up. Our team is doing all of that conversation with our cabinet as well. Then, here's how it all comes together, see what you think. Preview, preview, nothing etched in stone here, so June and September we get to work writing. Having heard all of your recommendations at the March and May meetings, we are outlining and drafting in June we bring it to the public to make sure it resonates. In July, we have a vision of no scheduled meetings. I like to put on a slide just to see how that goes. August 11 is the last SAC meeting and shortly thereafter is the last cabinet meeting in August. And then October 1 is the date in the executive order.

And then another new opportunity that's come our way is our foundation partners are proposing that the October 20 gathering really be purposed as an MPA implementation and partnership forum and kind of pivot from if June 17 is the engagement, October 20 is the implementation and we try to have that that rhythm with our public and all partners Okay, let me just stop, let everyone digest.

**Maya Altman 28:12**

So, who's writing?

**Kim McCoy Wade 28:16**

The plan is an administration document.

**Maya Altman 28:19**

Okay, so when you say June/July. We're not going to do, I mean, the LTSS report is a written report. It's not just recommendations, so I'm just trying to envision the other goals as being more recommendations that then you would take and shape into that report.

**Kim McCoy Wade 28:39**

That is our that is our expectation as well, that the report is a major body of work that comes in from the LTSS stakeholders, the goal two, goal three, and goal four work groups will deliver the product that makes sense to you all. You're not directed to give a report in the executive order so it could be a different format. And then it ultimately is the administration's to produce the plan.

**Marty Lynch 29:10**

Could you clarify? So, we do LTSS today and in the month of March, you get these other goal recommendations and over the next few months, are you imagining any tweaking of LTSS down the line shall we say, even though we have this March deadline in?

**Kim McCoy Wade 29:34**

You will see when we get to that part that they are absolutely asking and proposing that they continue to meet and continue to give input. So, I think that will be a question is if we need some May time for some goal one

updates, or if August is adequate. So, no I think the LTSS subcommittee people are nodding at me that their work continues. Nina?

**Nina Weiler-Harwell, PhD 30:17**

Thank you, Nina Weiler-Harwell with AARP. As part of our report, I really appreciate that it looks like you've calendered an implementation partnership forum. Will there be opportunities within the writing groups to also begin thinking through implementation and sending some of those ideas up?

**Kim McCoy Wade 30:40**

That's a great question. I think the implementation content or the forum? I'm hoping that your master plan recommendations speak to implementation and sequencing and I think what we had been thinking is that Together We Engage workgroup who's advising on June 17, would also advise on October 20. But there's also a thought of having a more public planning process for the October 20 event. Make sure it's as inclusive and as possible, participatory as possible. So I'm not exactly sure, but I'm hoping that the recommendations that are coming have implementation recommendations.

**Nina Weiler-Harwell, PhD 31:24**

I know that our recommendations have short, mid, long-term and recommendations about agencies. But even within that, there has to be even deeper thought about how you really implement. So that's why I was asking.

**Kim McCoy Wade 31:41**

Yeah, and again, this forum has really just been proposed from our Philanthropy Partners, and I think they're seeing it as a kickoff event. What that looks like and what the shape of that is, and are there tracks and are there breakouts, or is it local communities, I think it's all very TBD.

**Nina Weiler-Harwell, PhD 32:00**

Thank you.

**Bruce Chernof, MD 32:04**

Maybe just to add to that, I think on behalf of all the foundations that are here at the table, their board members and those that may be in the room or watching, we believe very strongly in the work that this SAC has done. It's actually amazing that we're all sitting here making this progress. And we have a real opportunity to hold the cabinet and the governor himself and his administration accountable for all the work that we've done. And so, we think that actually having a really public event to talk about why this is so important, is key. And I think on behalf of all the foundations, we welcome any input in any process, Kim that you and the team put together we just think having that public discussion and rollout is really important, and in trade, giving as many people in the public a chance and advocates who aren't in the room but who care, like, how do we create a broader dialogue around this? So, if any of the other foundations want to weigh in, that's fine. But I think that's the logic behind this is we need public energy on the other side of release, whatever that looks like.

**Kim McCoy Wade 33:17**

Thank you. Janny?

**Janny Castillo 33:21**

Thank you for the comments. I was curious about as we move forward from this point forward, how are we going to merge and prioritize the recommendations to the point to where we can release them? And can we? Can you tell us a little bit about that?

**Kim McCoy Wade 33:39**

Let me just make sure I hear your question right. Are you asking about how the SAC will prioritize across goals?

**Janny Castillo 33:47**

I think in general, because I know a lot of information is coming in from many sources across California, even probably outside of California, and I'm just curious as to the process of merging and prioritizing.

**Kim McCoy Wade 34:06**

I would say two partial answers and not a complete answer. Today, we're going to have the first exercise in hearing the goal one, LTSS report, how

they framed out the work, set objectives, not to steal your thunder, and then actually suggested some immediate opportunities and go through a process with that. That's sort of our first chance to do that. And you'll see in a second, we're going to see how that goes and refine it for goal two, goal three, goal four and dashboard. But I think the question you're asking about as across, we currently have that plan for kind of the synthesis meeting is August, but I think that's a fair question of after we've heard everything in March and May, what more might need to happen before August to make sure that's a real true integrated conversation. Peter?

**Peter Hansel 34:57**

Peter Hansel, CalPACE. Some of the topics and themes that are emerging from the goal areas are overlapping with broader administration goals and priorities. So certainly housing and homelessness, as you mentioned, emergency planning, I'm assuming, is a cabinet discussion process connected? Is there like a broader cabinet discussion going on that the master plan on Aging is connected to or how does that work?

**Kim McCoy Wade 35:24**

Currently staff and myself and the agency team are really the bridge to that. So yes, we have quarterly cabinet meetings where housing and transportation and emergency services and labor and volunteers are all at the table. The Wednesday Webinars you see are actually where a lot of those deeper conversations are starting to come about deeper approaches. We featured many members of the cabinet so far. LTSS is a little bit interesting because it's primarily with an agency, not entirely, but primarily with an agency while the other ones can cross more, particularly livable communities. So all that cabinet stuff is happening, I would expect when we have a livable communities conversation here, there would be cabinet representatives here because it touches housing and transportation. Again, today we're talking about long term services and supports, which is primarily an agency, not entirely, many help. That's running alongside and I think one of the questions that Bruce has had and others have had too about how to make that stronger and more visible. So very open to continued ways to do that. But sharing some of the things here on the slide, the Webinar Wednesday role, where you can see the cabinet all showing up. And then thinking with our workgroup leads Nina and Jennie about how to involve them in the SAC meeting in a strategic way would be the next steps on my mind. Are there others on process? Because we're not done

with process, we're talking about process today. No public comment at this point, this is all SAC. Debbie, thank you.

**Debbie Toth 37:19**

Through the Webinar Wednesday process, my experience, and I'll speak solely from my experience was that the cabinet level folks have a very different lens for the services and supports on the ground floor. And how do we have an opportunity to provide them a different lens through which to look? My concern is that at the cabinet level, they're not seeing what we're seeing on the ground floor in service provision. They can see reports, but they're looking at the programs and things that they run and not putting it in the context of the people who are utilizing the services. And I don't say that as something derogatory, it's just a reality and so I would like I would like for the stakeholder advisory committee to have an opportunity to ensure that we feel a level of confidence in the cabinet level people who are running this that they understand also the nexus to the actual people who are utilizing those services.

**Kim McCoy Wade 38:42**

Point taken. Yes. I think the webinar Wednesday is doing that, and I think perhaps coming to the main meeting, but if there's other ways to do that, let's think about what that would look like. Very open. I have a friendly reminder from our audience, introduce yourself with your name and organization before. Thank you. Jodi?

**Jodi Reid 39:08**

Jodi Reid, CARA. I just wanted to point out another task force that doesn't seem to get mentioned that be good for us to be at least cooperating or coordinating with which is the Healthy California Commission that was recently seeded and had its first meeting, because I think in terms of healthcare integration and healthcare financing since some of what we're doing intersects there, that we should make sure we're talking to each other there as well.

**Kim McCoy Wade 39:44**

Hundred percent agree. We are very fortunate with with that one that Jennie Chin Hansen is also on that one. Our key strategy is getting as many of you as possible on another commission, to help us be the bridge,



since we're having a harder time cloning ourselves. So having Jennie at that table and I want to shout out another one the new behavioral health task force. that Dr. Le Ondra Clark Harvey was just named too. So thank you, Dr. Clark Harvey in advance for your service. And if anybody else here is on one of the governor's commissions, please let me know I don't mean to over overlook that. But I think those links are really important and we are trying to make sure that we are mirror imaging the whole way. I mean, again, last week was our Webinar Wednesday on isolation and inclusion and respect. And it featured Dr. Clark Harvey, as our SAC member as well as the agency lead for the behavioral task force, John Connolly. So we are looking to make those partnerships.

**Jennie Chin Hansen 40:43**

I just wanted to say yes, I'm very mindful of that. And it does turn out that I happen to be the one commissioner who has probably the greater body of work related to aging. So I'm keeping an eye on that there's discussion about Medicare and Medicaid. You can imagine mine my antennas are up high.

**Kim McCoy Wade 41:19**

And we can think about to whether report outs on that would be helpful at a future meeting or some other way to make sure we're strengthening that bridge between creeks or streams, rivers, that would be great. Okay, well, let's keep going on process.

**Clay Kempf 41:44**

Clay Kempf, Seniors Council of Santa Cruz and San Benito counties at the risk of beating a dead horse here with the cabinet level discussions. I just wonder if each cabinet or some of them are creating their own master plan or their own plan on addressing aging issues, and I ask that for two reasons. One is just because I'm really confident in this group and your leadership, that'll keep the plan vibrant and ongoing. But I want to make sure that other departments feel the same way. And I'm also thinking to something that Commission on Aging did 15 years ago, where they had a transportation task team, as we call it, a triple t, which really tried to do that, to make sure that transportation systems were engaged and better serving older adults and people with disabilities. So, two questions, what's the plan to engage them and hold them accountable along with all of us, and

whether they're doing that through a written document or just through providing input into what Master Plan for Aging says?

**Kim McCoy Wade** 42:50

Yes, at the highest level is executive order spells out it's a cabinet work group plan, so the Master Plan for Aging would have goals that impact the work directly of other agencies. And so that's why there's so much dialogue right now. It's making sure that these goals do make sense in their world align with their world, their state plans there. And some of them may be new commitments. Some of them may be new priorities. Some of them may be new indicators. But there will absolutely be agency commitments across the cabinet. Scanning for raised name tags and hands. Let's turn to practicing. Okay. So that's the high level, let's get concrete. Today is going to be a pilot process, as the LTSS subcommittee brings forward their draft stakeholder report for the set consideration. We'll see how it goes and no doubt refine it for our upcoming main meeting. When go to goal three, goal four, the dashboard and the August synthesis meeting as well. So take notes on what's working, what's not working. I will say right now that the LTSS subcommittee had the hardest deadline. We know people are getting materials later than they would like including some that are at your desk for the first time that we're going to project on the screen. We have already instructed the goal 2, 3, 4 work groups that their deadline is May 1, two months from now, entirely reasonable. So there is some more time for SAC to have it in advance and process it and think about it before the meeting. That is a process improvement that we're all committed to but also completely appreciative and amazed that the LTSS folks even hit this deadline. But more process improvements and ongoing are always welcome. Okay, so then, get this. We asked both the SAC and the LTSS subcommittee what they want to see happen, and the nice thing is they mostly line up. SAC said, briefed on this in detail. And so, we did a webinar last Wednesday, that about two thirds of you were able to be on in real time. So, thank you, for those of you for an additional time. And our process groups gave you all some homework and said, please send your edits to this email box so we don't spend a whole lot of time on edits as a group. And think about your top opportunities, your immediate opportunities to act on now so we can perhaps take advantage of the moment. Then SAC wanted to discuss the report today, with a process for edits and finalization, discuss immediate opportunities, and then get the whole thing in by March, which is the deadline, the executive order, there was a desire to do that,

but absolutely continue to support the LTSS subcommittee. This is if these words aren't quite right, let us know but that was the SAC vision of what would happen today, the subcommittee also had their own opinion. Next slide, please. Which is what they wanted to do was brief SAC on the stakeholder report. Thank you very much. Bring the draft here, propose their sense of the immediate opportunity, which you will hear shortly and with some good fast work over the weekend. Then they wanted some time to really finalize the report with graphics, stories, the edits that come in, really produce a legacy document. They also identified a nice set of recommendations that are really more the province of goal two, three, and four, and they want to be able to make that bridge over to that with that content and some cross membership. They want to continue to advise SAC on LTSS, come back with more thoughts. And then they also want to continue to work with the Research Subcommittee on the data indicators, that work is just also beginning. So mostly aligned. The next thing we're going to do is start doing it. We're going to talk about the report and hear about it from Susan and her colleagues. Are there any questions or comments about that? Rigo and then Bruce, and please identify yourself.

**Rigo Saborio 47:26**

The only thing that I think it's missing from here and in terms of being intentional is actually doing direct work with the equity work group. And because the other groups are noted here, and so I see that sort of as it's missing, so I just want to make sure.

**Kim McCoy Wade 47:42**

Sorry, it was it was missing because it was perceived as happening. But that's a really important question if you think it's coming back to equity. The first equity meeting on Feb 13 LTSS subcommittee came and presented. Thank you again to both Equity and LTSS. Yes, is the answer. Yes, yes. But the next LTSS subcommittee meeting is March 17th. So that is a question is if I don't think the subcommittee was anticipating to coming back to equity, but maybe they are. So, we should talk about that.

**Rigo Saborio 48:17**

Right, because they think the equity work group is also meeting on the 17th. So, you know, maybe there's an opportunity. I think that'll be a good time to go back. But I see that the work with the equity work group is an

ongoing process. So, it's not just a one time. And so, as this is taking shape and form over the next several months continuously, that I think it just should be called out that's my thing.

**Kim McCoy Wade 48:40**

Yes, I think the challenge we're facing is, I'm facing is when it when we're consulting and when we're deciding. And so, who is deciding when, what's in this report? It seems I think that's really one of the things we have to figure out today. Is if there's a consensus decision that this draft with some edits and some or if they go to equity in mid-March, how that's landed I think is one of the questions. Well, Bruce speak up.

**Bruce Chernof, MD 49:21**

Before we launch in, the question I have is that the master plan is obviously meant to have a longer time horizon. We have a specific opportunity, a decade, so this is work that would happen over years and budget cycles and administrations, we're laying a blueprint, particularly with the LTSS subcommittee given the way it's called out in the executive order, there is a need to make recommendations now. And shame on us if we don't see opportunities in the May revise and the budgeting process to get some stuff done. Like we don't have to wait 10 years to get some stuff done. I guess I'd love to hear you think, before we start, if you could give us some guidance about how do we suspend animation between, we don't want to master plan is just about immediate priorities because that then fails to give us a vision. And we don't want a master plan that is just set 10 years in the future, which means everybody gets a pass and nothing needs to happen in the near term. I just want to hear you talk a little bit about that so we have a common platform when we as we go into this presentation.

**Kim McCoy Wade 50:32**

Yeah, the way we have been thinking about it in partnership with SAC and LTSS is that we're in some ways having two conversations today. And that's partly why there's two bullets. There's the report itself, the draft you have in front of you that you've seen that you were briefed on that you've had time with, that lays out a five-part objective framework. You want to spend some time on that, because that is really, I believe, and Susan can talk more about this the recommended framework for the master plan to engage with LTSS for a 10 year plan, and so we should reflect on what you

heard last Wednesday, look at it again and have that discussion. That's really bullet two, bring draft report to SAC for discussion and action. Bullet three is this other question of our, part two, are there immediate opportunities to call out and disperse that. The question of a 10-year horizon and immediate are quite different. And we want to have that conversation of immediate in the context of the five-part framework, but it is separate. So, Susan and I have talked about kind of part one, pause, part two, and then we can go back and forth but they really are related but different. That's how we're thinking about it. Judy?

**Judy Thomas, JD 51:46**

Judy Thomas, Coalition for Compassionate Care. I like seeing the bullet about referring recommendations because I've struggled a little bit with like, do my comments fit in here or go somewhere else? But I'd like to suggest, my vision was maybe some sort of crosswalk. So it's not just here are issues that don't go in this report, they go in that report. It's not just punting. But what we're doing here is so massive and interrelated that I'd like to see some sort of mechanism that helps us be able to conceptualize that. These have to be in discrete buckets, but also, that sense of this is all interrelated. So the idea of crosswalk is kind of what came to me to maybe help do that.

**Kim McCoy Wade 52:29**

Yes, I would love to get more feedback from you on that, because there's two things that are underway. One, the LTSS subcommittee has done a lift a document that policy crosswalks that says where they believe these issues go and connect that that has been another about which I can't remember if that was shared on the webinar. That is a document that exists in terms of that narrow question. More broadly, that is a top priority of our team is how we figure out this cross pollination. You'll see it when we go through our updates, but really, every work group has a connection to equity and to research. So that we are making sure we have an equity and data driven lens on every one of the four work groups. But this question of between the four and when that happens is a live one.

Are we ready? Okay without further ado. Presenting, drumroll, the LTSS stakeholder report for SAC discussion again, reminder, we're going to have an open discussion and public comment and break for lunch. We will not be trying to take action until after lunch unless it is obvious but giving ourselves plenty of time. And I want to call out on this slide, Carrie Graham

who has done incredible work as the consultant supporting the subcommittee. Susan, one of the joint members, co-captains, leaders and Jeanne Parker Martin has been advising SAC on how to process. We're going to tag team. Next slide. The report, it was provided as of last week. This is the revised draft that is publicly available and posted. There was an hour and a half webinar briefing last Wednesday, which again, two thirds of you appeared to be on and had great questions and comments. And the mechanism for edits, with the idea that of course, it's really important there be corrections and accuracy and language. And we will be receiving them on behalf of the LTSS subcommittee through this Wednesday, close of business. So please do read with your eagle eye and send those in so that the report is as strong as possible.

Then we really do have to take a moment to look and marvel at the list of people who have dedicated the last four months of their lives to writing, rewriting, collaborating, convening weekend meetings, early morning phone calls, please look at this list of people. Yes. A number of them are joint members of SAC and LTSS, I really appreciate those folks playing the pivot. But really it has been a team effort. Lydia Missaelides and Claire Ramsey and Sarah Steenhausen are not on the SAC but have really shouldered an incredible amount of writing and co-captaining. But really thank you to all of you. You really have put us in an incredible place for an expert and collaborative and strategic discussion. So, thank you. Thank you. Thank you. With that, Susan is going to walk you through briefly because you were most of you were there Wednesday, the report framework, that long term framework, and then we'll pause and then we'll walk us through the immediate opportunities as part two.

### **Susan DeMarois 55:53**

All right. Thank you, everybody. The report that you have the 30-page version should be familiar to the report that the SAC reviewed. It's substantially similar to the first draft that was brought to you. What's different is we had a graphic at that time. And we have a new graphic now. We were urged at the last meeting to come up with big ideas. And so, the work group came up with five big ideas, which we have called objectives. And they are illustrated in this graphic image here. And they, in one word, we were able to describe the big objectives that we'll be going through shortly. Leadership overarches the entire process, whether that's leadership by the administration, leadership by the stakeholder community, leadership by the SAC. And then the big idea areas touch on navigation,

access, structure, affordability, and workforce. And within the circle are the principles and values of the stakeholder advisory committee that we all share and adopted in our first meeting, equity, inclusion, choice, dignity, innovation and partnership. And what is most important here is in the center of the circle is the consumer, the individual who may need or is using LTSS services surrounded by a circle of support. And it was very important that the circle include family, friends, public private sector, all of the supports that are needed for the individual and we want to thank AARP for revising this graphic. Thank you, Nina. Here were the five big ideas that that we came up with after the last meeting. We are now calling them objectives. We didn't want to call them goals because the SAC has goals, four goal areas which we already heard. So, we're going to sit with this slide for a moment. And there's a method to the madness here. This is our, everybody's thinking about Super Tuesday tomorrow, but it was super Monday for the LTSS work group to deliver this today, and so we really believe strongly that the first step is how an individual learns about what's available and accesses information and assistance and navigates the system. Secondly, these build off of one another. Then how does an individual, family, or friends, the circle of support access what is needed once they identify a need? Where do they go next? And where do they go next after that, and next after that. Then once the services are identified, how are they paid for? Are they public? Are they private? Is it a combination of public and private, out of pocket costs? We looked a lot at affordability. Then who is delivering those services? How do we build a workforce, a paid and unpaid workforce, a combination of direct care, workforce, and unpaid family caregivers, and people who are deemed family? And then finally, how is our system structured at the local level and the state level, including the federal level? And how do those, the state, the local, state and federal interact and coordinate with one another for the benefit of the individual who needs LTSS services? We're very proud of this report that we pulled together, the funnel that we used, months of input, thousands of comments, how we got it down to 30 pages and five big ideas. And I can tell you on a personal note this weekend, I was assisting a family, a local woman at age 51 was diagnosed with early onset Alzheimer's disease. And I can tell you in our two-hour conversation, we touched on every single one of these objectives. And I'm very proud of our work together because I think this really reflects our current system. And it sets an aspiration for a future system that will help this woman who just learned on Friday that she has Alzheimer's disease, and she will live that diagnosis out over the course of this master plan. So, the first objective. We

want this to be understandable, easy to navigate. For those who were on the on the Webinar Wednesday we talked about this. And it's important that the system supports people no matter where they live and no matter what their economic status is. We highlighted some recommendations on the call, you'll see some crossover on our list as we get to it. These were the top-level recommendations that emerged where there was broad consensus by the subcommittee members, and where we saw the most public comment. Objective two, we really do envision California having the most comprehensive LTSS system in the nation. And we would like people to be able to find the services that they need when they need them. And those needs progress. So it's not static. It's not one time, people will move in and out and around the system over many years time. These are the top-level recommendations that emerged for this from the webinar. And you'll see these on the list when we get to the immediate action opportunities. Affordability includes both those who are reliant on Medi-Cal and Medicare as well as those who do not receive public benefits, including VA benefits and SSI. We also had some recommendations about how we can equalize our funding streams so that there's as much weight on home and community-based services as there is on institutional care. The affordability is really important. We're going to sit here for a minute. It definitely, in the comments. So, we've talked about a public benefit for the middle class and you'll see references to the missing middle. It was very important and has come up many times to make sure that the report not solely be a Medicaid Medi-Cal document. In terms of the workforce, we've received, we've had reports and it's so important, this and to Judy's point about where those other issues will go. We sort of drew a line that the focus for workforce would be on the direct care workforce, people working in the home, in the community, and in residential settings, such as our CFEs and skilled nursing. And we think that another workgroup will touch more on the professional workforce, physicians, nurses, social workers, and then of course, focusing on unpaid caregivers who are the backbone of our long term care system. And then you might notice that we started with leadership and we moved it to objective five because we agree that this supports the system instead of starting with the system and the elements of the local, state, and federal administrative structure, coordination, and financing is key to a successful delivery system.

**Kim McCoy Wade** 1:04:28



Thank you for doing a 90-minute webinar in nine minutes. That was impressive. That was impressive. I'd like to open it to the SAC for conversations about this. This or the graphic, the framework, the five big ideas, the five objectives for discussion. Dr. Torres-Gil?

**Fernando Torres-Gil, PhD** 1:04:51

Thank you. Excellent report. I have listened in on a good part of the webinar, so just wonderfully transparent and clear. Two quick comments or questions and you may or may not be able to address it at this point. First, under objective three, the vision, the goal of creating some kind of public benefit, the question is, to what extent were you looking at Washington State, relatively new Long Term Care financing plan? And I have just one other quick question.

**Susan DeMarois** 1:05:26

We looked at very closely hit that. And we love it and we think California can go even a step further and be even bolder, more inclusive with with a public benefit similar to the Washington model.

**Fernando Torres-Gil, PhD** 1:05:39

Great, thank you, let me just say amen. Second point on goal number four, and again, certainly we all recognize it will never, a new system or revised system will never work unless we really improve, expand, compensate that long term care workforce, but I looked at the materials and the report and I didn't see any real reference to who comprises either the formal or informal workforce. And in this case, I'm talking about immigration and immigrants, and certainly minorities. And at the larger level, we know with all this anti-immigrant sentiment, that's going to also impact the extent to which immigrants whether from the Philippines, or Mexico, or the Caribbean, or Central America that increasingly comprise that workforce. I didn't see any reference to how do we adjust, respond, or be aware at least of those larger policy, political forces that may shrink what had been a growing immigrant workforce, certainly in California.

**Susan DeMarois** 1:06:53

That's an excellent point. And I think you'll see some references to the composition of the current workforce. We touch on it a bit, but that is probably something that we could expand upon. And we touch a bit on the

shrinking workforce. And we don't call out specifically why that is one of the factors that could drive a shrinking workforce.

**Fernando Torres-Gil, PhD** 1:07:17

It might be a way to coordinate with the Rigo's group as well. But I think at some point, we need to make reference to that. Thank you.

**Judy Thomas, JD** 1:07:26

Judy Thomas, Coalition for Compassionate Care. I had asked about the graphic because the earlier one had the information and assistance on it. And that's not referenced here. And information assistance, I guess, is a term of ours, which may be very narrow, and I was looking at it very broadly, that I think if people don't have information, that's something that we find in caring for people who are seriously ill. There's not enough information given to people about their condition about the process, what to anticipate and to start making those plans and people don't, it's a false choice if you're not given the information because you just go down the path and you end up someplace where you may not have ended up there if you had information. It's not about the healthcare system or the professional. It's about the individual having information. And its empowerment. And so I don't really see that maybe it goes under navigation. I know there's some things at the beginning of the report, it talks about the needs, values and preferences will be honored. I'm not sure if this is more of just a general comment conceptually. But I think that maybe that'll be crosswalked with health that we'll get more into advanced care planning, goals of care conversations. So I'm not really sure where my comments fits totally at this point.

**Susan DeMarois** 1:08:50

Thank you, Judy, that absolutely is included under navigation, and we tried to use terms that the public might be more familiar with. And we see navigation is a big umbrella under which information and assistance is the first recommendation and a robust INA system in multiple settings. And that is also something that will be referred to the Healthy Living because there's a lot about direct referrals from health care settings and back and forth there.

**Nina Weiler-Harwell, PhD** 1:09:26

Nina Weiler-Harwell, AARP. Don't have a lot to say, pleased with the report, but I did want to ask a question about the five objectives. Being a very literal person myself, objectives are measurable. So is that going to tie back directly to the research subcommittee and what they're working on? Like all these pieces and how they measure that? I know they're looking at this, and they're going to remain aware, but in terms of allowing them to come up with measurement indicators for each.

**Carrie Graham** 1:10:13

That's a really good question, Nina. The research subcommittee, we've met on goal one and we have four members who are working on dashboard items, core measures, system drivers to recommend to be in the dashboard. Whether they line up exactly what the objectives or not is something that's going to be talked about at the March 10 meeting, where there's going to be some cross pollination between the researchers who are working on LTSS and all of you folks on the LTSS subcommittee.

**Kim McCoy Wade** 1:10:50

Kevin and then Marty.

**Kevin Prindiville** 1:10:52

Hi, this is Kevin Prindiville with Justice in Aging. I just wanted to take a minute to congratulate and express appreciation to the group that worked so hard on this, mostly maybe exclusively women who put a lot of time and energy and effort into this. I think we have so many pieces of the process moving and our group tends to get quickly into next level of details. But I think we're at a critical moment to take a break at that part one Kim was referring to, and really recognize that, in my opinion, I think we've captured really well in a in a compelling narrative, the important big ideas here. I think you've done a good job of capturing a lot, but also there has been some prioritization here that has left some things off so that we can really hold up some of what is most important and valuable. So I think that this is fantastic and really important. Two areas where I would just say that emphasis is really important is this proposal about the LTSS benefit is huge. This is like a really, really, really big deal for our community to come at a table like this and put an ambitious idea out there like that and then hopefully if we can agree on that, start to continue the work that's been ongoing to really move that into implementation. So for those on the phone

there are signs being held up in the room now from wonderful engaged members of the public that say "LTSS for All" so I don't want us to move quick too quickly to the next level of detail before we have some moment to make sure we're all on the same page with this and join each other in pushing for something this ambitious. The other ideas are also very ambitious and so we should find the ambition in that too. My other comment is just on the equity piece. I think there are a lot of equity tie ins to the concepts here. And with the equity work group, as Fernando was saying, we can make those more explicit to add even more power to the issues. And then finally, just Susan again, you are really great at this. And I found the nine-minute version more compelling than the 90. I think when you have to do it in nine, there is a greater sense of the clarity of the ideas and the ambition behind them. So I'd encourage us all to continue to think about the nine minute versions of these, and what really resonates for us as a community and not spend as much time in our 90 minute versions. So great job, thank you.

**Marty Lynch 1:13:34**

Marty Lynch, Lifelong Medical. Hard act to follow going after Kevin. Couple of things though. So yes, fantastic job you guys. All the SAC and other members who worked on it. A couple of big ideas that jumped out for me that I just wanted to give a shout out to. One is, first of all is affordable. So that to me is the universal coverage aspect. It's the public benefit aspect to go on top of Medi-Cal and maybe Medicare. But that's an exciting idea and the fact that you said, hey, we looked at Washington, and we went further. Really nice, so I put my shout out check mark on that one. Right next to the big idea that there be access to LTSS in every community. When we know that today the availability of LTSS services is so different community to community, one community I can get PACE another community I can't get PACE. You know, there's different levels of Adult Day Healthcare, other types of services, community to community, and to think about having a system as a goal where we would have equal access around the state. This range of services of health and LTSS services together. That's a fantastic thing. I had a couple of brief comments on top of that. Number one is someone I think from Archstone called out the Medicare issue at an earlier meeting. And I would just say that we put Medicare and use of Medicare to fund possible LTSS services in kind of a separate place from where we put the integration discussion for the duals. And we put it I think, in a separate place from where we put the financing discussion for LTSS as

well. And I think there's so many people in the state of California who have Medicare and may not be duals that it's important to think how does that integration happen for the Medicare population, and how does it happen to help support LTSS, we know Medicare's an acute care benefit, but it's slowly moving to add some LTSS services. So I would just I would just make that comment that if we could find that tie in that would be good thing. And then the last one, I know you guys worked hard on IHSS. And there's a section in here that talks about IHSS, with support for those who wanted or needed, I think I remember, I forget the number of the thing without glancing through my page again, of the objective. But there's a comment on that. But I was surprised to see in the list of ways that people could get support with their IHSS, I did not see the managed care, the duals managed care plan that they might be a member of. Now I understand that there's a lot of political feeling about IHSS and linking it to manage care, so I'm not totally naive that way. But I thought there should be one option for people who wanted to link that to their health plan if they desire to do so, not forcing anybody else to do that. So that was my other comment. Thank you very much. Appreciate it.

**Kim McCoy Wade** 1:17:29

One minute or two, so that we can also have some time to pivot. Let's do Debbie and Bruce and then Jennie is on the phone, and Cheryl Darrick and Jodi is the list we have right now. Debbie?

**Debbie Toth** 1:17:54

Hi Debbie Toth with Choice in Aging. Couple of things and this maybe a little bit too deep of a dive to have, but I really want to elevate a couple of things. I want to echo the sentiments of Kevin, I want to double, quadruple, quintuple, whatever we do with those because the people that worked on this are not only incredibly brilliant soulful people, but they put together something I think we all can get behind. And that's pretty darn exciting considering the different places and spaces that those folks came from. Language matters words matter. And when I read this report, there's one thing I want to ask that we think about as a group, we are accustomed to framing things as "regardless of" rather than "in regard to" so regardless of someone's age, what if it's in regard to their age? What if we make it a positive flip of the frame so that we're not pointing out an inability, but rather an ability or an option or an opportunity or something along those lines. There's a couple of places that I've noted it. And I don't know if that's

too micro for this conversation, but I feel like it's important and we have an opportunity to do something different right now. And this is maybe a way that we can do that. I also think that there are places and spaces where we can infuse the word integrated or interconnected so that when we talk about systems that we call that out, that they need to be integrated, that they need to be interconnected. I am so overwhelmed with gratitude for this piece of it and that this is our first step. And that this step must also then incorporate and infuse into and as you mentioned earlier, have crosswalks with the other groups so that it becomes one plan and all together. I just think this is phenomenal. And I thank you. There's a there's a magician that does "Magic for Susan" and I think when you presenti things it's magic for Susan and for us. Thank you.

**Bruce Chernof, MD 1:20:14**

Bruce Chernof, SCAN Foundation. I'll go fast for time. I want to pick up on what Debbie and Kevin said in two ways. I think how and what we say really matters. And we can choose to be in control of highly informing or less so as a SAC. There will be a master plan with or without us. And so to Kevin's point about being really compelling and clear. That's incredibly important and language matters. And if there's anything that's been true, as somebody who did not grow up in the aging network, we love our words that mean nothing to most people. We will spend hours thinking about LTSS versus long term care and like that's incredibly powerful for us, but it gets lost in other discussions. I think a compelling discussion like this is incredibly powerful. And Kevin's point about what's in it. And the idea that things are not in it. That doesn't mean they're not important. But these are things that need to be done. And that they're articulated clearly and they're big, is really important. We shouldn't assume that this is a continually shrinking pie relative to need and thinking about folks who don't qualify for public programs, but will have needs and how do we start to fund that? And how do we build them in regards to, system is really important. The one thing that I want to raise as a challenge to you guys, and it's a minor one, but it's a language thing again, so I love the diagram because the circles are about inclusion. It's about all the things that I need to survive. And one of those words, one of those phrases we use all the time because it has currency in our world is no wrong door. But the problem is for most older people having just recognize the years since my hundred and three year old adoptive grandmother passed her and having been her caregiver for the last 10 years, I can tell you that every door is a wrong door. Like our

language does not match our behavior and that we have these siloed systems. We have all these "Yes, but" systems. So I don't have any problem leading that in. But we need to get serious about what that means as opposed to sort of checking the box because we've got the language there. I think that kind of accountability becomes super important.

**Kim McCoy Wade** 1:22:29

Cheryl Brown?

**Cheryl Brown** 1:22:31

I'm want to echo Bruce, I want to echo Marty, and I want to say thanks, Kevin. And I want to say a special thanks to the rest of you who who headed up this wonderful document. Thank you. I want to ask the question and it talks about the public benefit. Have we talked about or do we have some idea of how that's going to look for people who are not SSI and SSP. The people who can't get anything from the government unless they lose everything that they have. And we've looked at how we can tier that so that may be if they get the services it could be phased in anyway.

**Susan DeMarois** 1:23:30

So we'll come back to that. But I know Anastasia's here from the Department of Health Care Services and the Newsom administration has already committed to an actuarial study that's underway. Looking at some of those very questions and I think maybe in the summer or fall, we'll know more. At this point. I think everything being considered.

**Kim McCoy Wade** 1:23:52

Can we go to Jennie on the phone?

**Jennie Chin Hansen** 1:24:08

Thank you. I just wanted to affirm two points. I just wrote that, Marty, your comments relative to the availability of services is something that is part of objective two. But they also have to be there. Just as we've talked about food deserts, you know, there are actually service deserts in some areas, suburban and certainly rural. I don't know how that's going to be addressed. I'll segue to a comment that I made at a policy conference in San Francisco is whether or not going back to the health care side, whether

community benefits that often are provided by hospital health systems, whether that kind of potential linkage could be explored. Because I think it's not just the process of accessing it whether they exist in order to be accessed. And then my final comment is back to objective number four, I offered a terminology about direct care since there will be a geriatric professional workforce set of recommendations. But probably more importantly, I want to underscore, Fernando, your comment about who the workforce is. And I don't know whether an asterisk would be put there with a separate paper, or a separate set of content that speaks to where this workforce is coming from both now and in the future. And especially with changes in public policy, because if the workforce we know to be like several hundred thousand over the course of these next 10 years, who's going to fill those jobs? Because even now, today, there are shortages. So I think the ability to not speak only about the qualifications, but who are they? And where are they coming from?

**Kim McCoy Wade** 1:26:17

Last speakers before we turn to the immediate opportunities, Darrick, Jodi, and Heather.

**Darrick Lam** 1:26:22

Thank you, this is Darrick Lam with ACC Senior Services, I really want to congratulate the LTSS subcommittee for creating this wonderful document. With the situation that we are facing in the US and the rest of the world Covid-19. I know that we try to build a stronger workforce and have quality personnel to deal with the LTSS. I'm not sure if we have consider the possibility of folding into this scenario into our report so that we are ready to deal with crisis. Which was Covid-19. So that's my comment.

**Jodi Reid** 1:27:07

Jodi Reid, CARA. This may be a bit nitpicky, but it's a language as well, is that I think the intention always was to have this be the Master Plan on Aging and Disability. And we often don't say that. And in the introduction we refer to everybody who may be in need of LTSS services. But then as you get into the report a little more, it's really framed by aging. And I think it's really important that we just do a word check as we go through this report and just make sure that we're always referring to both the needs of the Aging and Disability population at any age. So that it's not just seen as



a disability if you're older, but that it's throughout because it feels a little like we say it at the beginning, and then we don't say it again. And I just want to make sure that we pay attention to that. The other thing is, and this refers to Marty, comments, and why I raised the Healthy California commission, for example, because there is a lot of conversation going on around what should be a comprehensive benefit, that health care benefit that everybody has access to. And part of that conversation does include LTSS for the first time, so although Medicare has been really behind the eight ball, in my opinion to address that, as it also has eliminated vision and dental and all of the other things, I think it's important that we have these cross conversations because as we're looking for financing, once we have the actuarial study, I think this is part of another conversation or many conversations that are going on that if we're really going to ultimately look for comprehensive health benefits for everyone, what does that mean? And it's LTSS or access to it, it should be a part of that and not a standalone thing. It's part of our overall health. And so how can we reflect that in here, but also make sure that these other task forces are also aware and have the information that we have all been able to deal with.

**Heather Young, PhD, RN 1:29:40**

I'd like to ditto the comments everyone's made in praise of this work and thank you so much for the incredible thinking and clarity around the priorities. I fully endorse them and I'm so excited to see them here. The one thing I would suggest is I look at the graphic and the center is the person that this is supposed to be for. And to the point, building on what Jodi said, if we can have a statement of vision that relates to what do people experience versus what does the system look like, because the system look like reminds me of more of a mission. And a vision would be what is the California and who's aging or disabled look like in a healthy system, a system that's promoting the services and supports that they need. If we could work a little bit about a vision that's person centered, and then all of the supports that I think would advance this work, and it would also make it more relevant to people as they read it who are not system people, system wonks.

**Kim McCoy Wade 1:30:46**

Okay, we need to pivot to the immediate opportunities, which in many ways is a continuation of this discussion. And I think that's going to be more than

20 minute conversation, Rigo and Clay, just put your cards up, are you okay if we move to immediate or do you want to jump in?

**Rigo Saborio** 1:31:04

I just wanted to, again, commend the group, I think it did incredible work. And I also want to thank you for meeting with the equity work group and coming in with so much work already done. And because we came in a little bit later in the process, we didn't have the opportunity to meet with you earlier. So, it took significant work to really, and be very open minded to come in and hear what we had to say, as a group. I guess what would be important for the SAC to hear, and perhaps those who are on the phone who are with part of the equity work group, not part of the SAC, if you could speak to, based on the conversation you had with the equity work group, how did the conversation, how was the feedback infused into the latest draft of this report? It'd be good to kind of hear from your standpoint how that's showing up.

**Susan DeMarois** 1:32:03

Excellent question. And all of this is the work of everyone. So it's not me. To your credit, it was your first gathering of the equity work group and you were all assembling for the first time and you were immediately put on the spot and asked, how can you influence the LTSS report? Stat. So it was more of a conversation and a roundtable and I believe, while we were there, and Sarah Steenhausen and Lydia and I presented to that group. I believe everyone around the table spoke and shared their thinking. Much of it was around language, making sure that we were using the most current terminology. Two things that come to mind. We have communities of color throughout the first draft and we changed that language. I don't think you'll see it in this report. We also tried to be more explicit about calling out, not associating with the individual, but talking about racism, equity, discrimination bias, we tried to be more explicit in the opening. And we also tried to weave throughout, we had talked with the equity work group, do you have an opening statement? Or do you weave throughout? And then how do we make sure that every person sees themselves in the report without naming every individual and situation that could occur in California, so we tried to do that. I think the changes are subtle, but I do think they reflect the input from the equity work group. And again, it wasn't consensus, because you were just meeting for the first time so we really

look forward to the next meeting, to the equity lens to come and the tool so that we can do that work yet again.

**Kim McCoy Wade** 1:34:09

Okay, I'm going to pause, thank you Clay, and pivot us to the immediate action and you are going to see, hopefully some nimble activity here. The last couple weeks have been great discussions. LTSS subcommittee has been reconvening, this is the immediate opportunities conversation, and SAC, Jeanne Parker Martin ran a little bit of an informal straw poll after the webinar. Thank you to those of you who emailed and did some work, and hot off the presses last night. We have a couple documents from the LTSS subcommittee proposing some immediate opportunities for the SAC to consider. Those of you in the room there's hard copies of two documents, a Word document that defines what action ready or immediate opportunity might mean and list 22 if I counted right and then an excel grid behind it explaining how they got there. Since these documents were just became available last night, we are projecting them in real time for those of you on Zoom. As always, they will ultimately be posted on our website very shortly. But apologies to those of you on the pure phone. But those of you on Zoom can see and thank you to the amazing team here who's making magic, speaking of magic, happen so that people can see it. Susan, we're going to move to public comment in about 15 minutes. What do you think is the best use of the next 15 minutes? Do you want to walk people through? Alright, go.

**Susan DeMarois** 1:35:38

Okay, so this document and Claire Ramsey gets a lot of credit for this too. I mentioned earlier about a funnel. This report has about 140 recommendations in it. Over 30 pages. They are all priorities. If something made it into the report, it's important to more than just one person. The funnel here that you're seeing today, first we had to finish the report in order to condense it and to move to a more workable manageable list. This is about between 30 and 40 recommendations. It's about a third to a fourth of the total report. And the focus here. These are not priorities for anyone listening on the phone. We're not leaving behind anything that's not on this one-page document. These are items that we think are poised for immediate action, because the term we use was shovel ready, meaning the work has been done, they're well positioned, there's a lot of consensus, or it's something that needs to get underway now because it's a longer term

strategy and we need to do some upfront work to get things moving. We developed some criteria here. Immediate and ripe for action is the first, we also wanted to make sure that all of the next steps weren't things that were organizing government and that real people in California that submitted comments and are on the phone today can't see in their daily lives. We wanted to balance some administrative work with some real action. We also wanted to balance the needs of people from various parts of the state, various income levels, older adults and people with disabilities. And items where there was broad consensus among the work group, we had a list of sticky issues where things that have kind of dogged us for years and no surprise the LTSS the committee couldn't reach consensus on those in two months. And then last wherever possible that these hold up the values of equity. We looked especially for that. We organize this list, according to the five big ideas, the objectives. And if you just scan it, you'll see that one of them is disproportionately large. That's the access issue. And we think that's because that's where the real pain is today, that we need to catch up on access, because as you've heard already today, there are access deserts in our state and within our communities. With these we've laid out, other than meeting this criteria, and matching them to the big ideas, the objectives that are in the report, these are the ones that we're moving forward for discussion today. We're not proposing that all 30 or 40 of them advance. But we wanted to do that next step of work for the Stakeholder Advisory Committee, so that you could see a condensed list that has had some vetting, with all of the subcommittees and writing teams. These are some things that people worked very hard on, getting the language right, lots of meetings between meetings so they really reflect work that's ready to go. You might have other ideas of things that are ready to go. But this is the list we wanted to present to the advisory committee today for discussion. And Jeannee, if you'd like to add to this, the work that you did?

**Jeannee Parker Martin 1:39:47**

Thank you to the LTSS subcommittee. Having read the document word by word, I recognize the incredible amount of work that's been done and the incredible amount of talent across the table with this subcommittee work. So thank you. It really has been demonstrated in this body of work. After the webinar last week, we thought it might be helpful to do a bit of a straw poll to see where is the SAC and it's thinking about all of these 140 priorities. And some of you had an opportunity. About a third of the subcommittee was able to provide some feedback and help give

information about where we individually thought those priorities might fall. And I think it's important to mimic Susan's comments that these aren't priorities, but rather opportunities for rapid implementation and that all 140 of these recommendations are critical to the upholding of the LTSS report as we move forward. So each of them has an incredible amount of weight and an incredible amount of importance to our success going forward. In this very straw poll, and in a very unscientific, unvalidated approach we did come up with five elements that were somewhat in sync with each other. And again, this isn't validated, it's not scientific, and it doesn't represent the entire SAC. All of these elements that were identified in this straw poll are identified in the action-ready items of the LTSS subcommittee work that was just presented by Susan. I'll just comment on the areas that were very consistent in the one third of you who are represented here today. If you look at the document either on the screen or in front of you, I'll identify which of those were in sync with what I believe was presented just now. Under the first objective, a system that all Californians can navigate. There were two elements of this that were identified by the SAC representatives. First bullet, no wrong door and the third bullet Medicare coordination, integration, especially that focus on an innovation office and a five-year integration plan. Under the second, access to LTSS in every community, about midway down again, recognizing that this is the essence of where there are issues. The one that rose to the top was community living and transition, not to say that all of these other items aren't critical. But this is rapid implementation. And then the third, affordable LTSS choices, the bullet established a framework for the LTSS benefit. And I want to just remark that establishing an LTSS benefit while not necessarily executable tomorrow, needs to be started today to be executed probably by the midpoint of this 10-year process. So, I think that became critical. And then then in the next section, highly valued, high quality workforce. Every single one of these is critical but supporting paid caregivers with this Direct Caregiver Task Force. And I think it's important to note that several of our SAC committees sit or sat on the California Health Workforce Commission and we need to leverage and launch from the work that already been done, particularly Heather Young, as well as Jennie Chin Hansen. And there might be others that I don't recall who were very instrumental in that commission. And then finally, to create a new focused LTSS unit, the state and local administrative structure needs to be implemented immediately. I also want to make a couple of other comments if I can, and that is for all of the other work groups, if you scroll to the top of that page, defining these action ready items, this is a very helpful framework to think about, what

should we be thinking about first, versus middle, versus later on in the process? And I would encourage each of us who are involved in other work groups to consider very critically during your discussions, what are the short term, what are the intermediate term, and what are the long term implementation items that we need to be considering as a SAC because that will be critical over time to the success of this Master Plan for Aging. And then the other comment I want to make is that reading the report word by word, we need to also recognize that throughout the process, there will be consistency and inconsistency issues. There will be redundancy and there will be knowledge gap in the various workforces. I think it's important to extend the hand to other experts on a particular element to make sure that the language is appropriate. And then whoever is the final editor of the entire Master Plan for Aging gets the charge of saying yes, this is the terminology that we're going to use throughout. So just a couple of other comments for the other work groups. Thank you.

**Kim McCoy Wade** 1:46:01

Okay with that, I think we'll do five minutes of SAC conversation before public comments. Again, we're just in discussion stage. We'll start with Bruce and Marty.

**Bruce Chernof, MD** 1:46:18

This is terrific. Again, I want to thank you for your hard work. Just for sake of time to be really clear, the thing that that I want, I really feel like we need to move recommendations forward. This is fantastic work. Susan and Jeannee, how would you, I'm trying to square a circle, which is these are a lot of recommendations. They're all really good. I actually on the face of it, having read the report carefully can see why they would float to the top because they are likely things he could start now or need to start now. It's a lot. And so I wonder like a smaller number are easier to move, a big number are harder to move but they're all really important, and I'm sure you guys have given some thought to this. Do you have a recommendation to us about how to move that? Is my concern valid? Are these so important we should move all them? It has no right or wrong answer, but you guys have thought about it more than anybody.

**Jeannee Parker Martin** 1:47:20

I'll go first and then the committee can really answer. I would say that given the importance, Judy mentioned some comments earlier of the navigation system information. That to me is one of the critical first steps that we need to move forward with. There are elements here that could be ticked off pretty quickly. If we think of action steps, we could create signage, we could do some things that are very quick to implement, from a broad based messaging to everyone, to all Californians. I think we need to have some critical big messages like we are creating a navigation system to move forward. And some of these other items we might be able to implement in the first 365 days pretty readily and easily. But the bigger message is about moving forward with a navigation system, with moving forward with long term services and support, benefits, planning, etc. Does that answer your question or not enough? Maybe Susan has a better answer.

**Susan DeMarois** 1:48:30

And I would add that there's a mix in this list of things that might be a budget items and that can be done administratively and some that are legislation and many of them are already in process by advocate groups. I would say, this is my opinion, but I think they stand together and going forward, it would be important to have something in each of the five objective areas at a minimum as we proceed.

**Kim McCoy Wade** 1:49:03

Marty and then Clay.

**Marty Lynch** 1:49:08

Marty Lynch, Lifelong Medical. Follow up on Bruce and Jeanne a little bit. I like the process of trying to get down to a fewer number of bullets that you kind of took your feet your nonscientific feedback and went down to a fewer number. And then Bruce earlier said business about the language of aging. Something like that, that we get into, and I took for example and hoped that you are going to put your PR people on it, Kim, if you have any. We hope you do. Under affordable LTSS there's establish a framework for LTSS benefit. Now if I read in the language of the plan, I think what that's about is we want to do a public insurance, Long Term Care Benefit California. I think it's something like that. But I'm looking to see, can we come up with those kinds of statements and pick out a small number of bold ones? Again, going back to this idea, things that we hope governor Newsom

would be excited to announce in October or whenever he announces the LTSS stuff, can we do it and do it in a way that would make a newspaper headline or policy thing that we can all get behind? So that's all, so again, good work to get this far. Can we get it down even further and bolder?

**Jeanne Parker Martin** 1:50:53

I think that as we synthesize these recommendations, those key messaging elements will start to be clarified. And in even in the straw poll I think we got really good messaging opportunities. The other thing I would say is something we need to emphasize or think about as a SAC. We have a budget opportunity for some things coming up and those have to be identified. If they're not already in the works we need to identify those that are in the works and make sure that we don't miss an immediate opportunity for budget action in this fiscal year.

**Kim McCoy Wade** 1:51:35

Okay, we're going to do Clay, Nina, Kevin, and Mercedes and then we're going to go to public comments. I'm going to ask you to do a minute if you can on a big issue.

**Clay Kempf** 1:51:47

Clay Kempf Area Agency on Aging of Santa Cruz and San Benito counties. I want to echo what the last three folks have said, I do think we need to have fewer or a smaller list to make a bigger impact. And I would suggest just what Jeanne was hinting at, look at what's immediate right now and move those to the top of the list. And I do this, the perspective is that, for example, ADRC program funding is going to be before the Senate budget Subcommittee on Health and Human Services on Thursday. So if we could move that top, or at least top five, that would make a huge impact on whether or not that project gets funded. And we're talking about some real money in here. So I would think that one way to break this down would be look at things like that, that are in the immediate queue, and put those to the top and then look at things like maybe long term services and supports as a benefit, put that in the top queue also but look at that more towards the June 17 presentation or something that the governor is really want to go and roll out in October. So that might be a way to micromanage it, just to make sure that that the true low hanging fruit that's going to fall off the tree if we don't pick it up now, that those are the top immediate action items,



and then even within this we still want to emphasize other things. But we don't necessarily have to have action in the next week or month or six weeks.

**Nina Weiler-Harwell, PhD** 1:53:29

Nina Weiler-Harwell, AARP. I agree with all the comments that have been made previously. Really important, again, that at least some of our immediate action items feel tangible to real people in the real world. I do want to raise up in terms of the framework for the LTSS benefits, we already have a bill and it's all the way in the second house SB512 it's actually in assembly appropriations. So that's a possible way forward. And it calls for the state treasurer to lead it and so forth. Just food for thought.

**Kim McCoy Wade** 1:54:14

Mercedes on the phone, can we unmute you?

**Mercedes Kerr** 1:54:20

Mercedes Kerr with Belmont Village. I just wanted to maybe add, this has been talked about so I won't belabor the point, but I totally understand that concept of immediate goals, and in particular, those that might be time sensitive. But there are some bold statements here that I think are really very valuable and important to follow through on and that is maybe a call to action to all of us, I'm not sure if some of this work extends well beyond what we might have considered this assignment to be. Because this is just going to take longer for the people who have collected these ideas and have worked on them to really implement them, but some of the concepts around benefits and expanding those, those are really worthwhile topics that I think are going to take longer than this assignment might originally have contemplated. But I think that there's an accountability, at least that I would feel, and I'm sure many of you feel have expressed already, of following through and making those happen. I'm just suggesting that there is some sort of concept here, as you're considering the timeline of how or when you prioritize these, that there is potentially some sort of tail that sort of follows in this committee and the work that we were asked to do to begin with, because just a simple concept of implementing or seeing it through is going to take that much longer. And I think many of us would be willing to participate in that.

**Kim McCoy Wade** 1:55:46

Thank you, Kevin and Catherine. Last word before public comments.

**Kevin Prindiville** 1:55:49

I'm going to be a voice for not trying to narrow this down more. This conversation is becoming muddled in my mind. I thought at the start we talked about two parts. I thought Kim, you phrased that well, one part being trying to capture what Marty is talking about the headlines, the October report, the Governor standing out and saying, here's what we're committing to. Part Two being what we were talking about just now, this immediate opportunity to get in some budget asks. We haven't talked to the governor or legislators about this collective group. Many of us are working on items within this. I'm much more comfortable going to those legislators and the governor saying, here's where we're headed on the big ideas. Here's a menu of items that we've identified, some are legislative, some are administrative. Now start discussing together, what do you think? To try to narrow this further and in deference to the subcommittee, they would have gotten it more narrowed if they could, I don't see how our group with less expertise and less time is going to get to, we could because we tell ourselves it has to be five, so we could force it. But that group was trying to get there. And I think that the SAC is the SAC for the master plan. It's not the coalition pushing budget items for the aging community. Many of us are doing that work outside of this room. So I like that the SAC said, hey, here's a whole menu of things that we're all working on that help advance these big goals that we've coalesced around. And now let's let the process play out. I feel like we're negotiating against ourselves if we try to narrow the list here.

**Kim McCoy Wade** 1:57:36

Catherine?

**Catherine Blakemore** 1:57:37

I will just say ditto, that this was really intended to be not a prioritization of the report, and that every item in there is important. This was intended to simply say, what might we do now in the budget or in a policy bill on matters that think how the some traction. So I'm a fan of also not narrowing it down.

**Kim McCoy Wade** 1:58:03

Okay. We are now going to hear from the wise public for 15 minutes about what they think. We are then going to break for lunch and refuel. And then we will come back and have 45 minutes to decide on the action on this report. Okay, so step one, let's hear from the public and I'll ask my team how we're organizing the room. Marcia and Ellen can folks just raise their hands and you can move near them so they know they've been heard and seen. We'll do about 10 minutes in the room and then we'll switch to the phone to see also how it's going.

**Sally Amesbury 1:58:27**

Hand and Hand is the organization that got me here. I am Sally Amesbury and I'd like to introduce you to my mother Shirley Amesbury, she has a master's degree in early childhood education and in 1948 with her husband's brother and his brother, bought a house in Richmond, California. She makes \$200 a month too much to get any benefits. I on the other hand, am low income, but there's nothing wrong with me physically. Although I do have a diagnosis and am taking medications for depression and anxiety. I'm very happy now. But her son died and her other two daughters moved out of state. So it's just me, I am there 24/7. I try to get some help at least with cleaning the house. There supposedly is a benefit through her husband's veterans benefits. My late father from World War 2, but we can't, between my sister in Portland and myself, we have messed up the access and don't know how to get there and don't have any help with it. So it's extremely glacial and I spend a lot of time zoning out in front of the TV, but we're doing what we can and I'd really love to see some help. Thank you very much.

**Hene Kelly 2:00:51**

Wow. My name is Hene Kelly. I am the Legislative Director for the California Alliance for Retired American (CARA), the chair of the Democratic Party Disability Caucus, and a retired teacher. I am 78 years old, and I'm not as abled as I was at 24. CARA represents 1 million seniors in California. We're economically, racially, politically, geographically, religiously diverse. And we represent different sexual orientations and ability. We are grateful that IHSS and other income specific LTSS programs are available to our low income sisters and brothers. Although those programs need to be strengthened and expanded. However, for those upper poor working class, and middle income seniors like myself, there are little to no LTSS services available. And you just heard about that, that we

can't afford or access, so many of us wind up spending every last cent we saved, including selling our house to afford these services as we age, or as we become disabled. Many wind up unnecessarily in institutions, destitute and forlorn, taken from our communities and families. We urge this impressive group to send a strong, committed message to the governor and his administration that we must make the creation of a universal LTSS benefits the number one priority of his Master Plan on Aging and disabilities. Even if this group decides to focus first on those recommendations that are easily accomplished this year, it must be very clear that we cannot consider our work a success or a complete plan until there is a pathway for this universal benefit that has a financing plan that is progressive and considers the needs of current seniors and those in the future, as well as support for the workforce that we will need to provide this care. Remember, the budget must be completed by June 15. To begin it this year, we need to do this and make clear what is important. I am so happy LTSS is the first thing you're talking about. To vote, to send the governor of plan without including this would be a disservice to the current and future seniors and the disabled persons in California and to their families. Thank you.

**Phyllis K. 2:04:15**

Hello, my name is Phyllis Kolbach, and I work with a nationwide advocacy group that works with desperate families who have been victims of horrendous financial crime. And we also work with legislators, federal and state, in updating our laws, which some of them are still back in the Middle Ages into the 21st century. And I've also traveled across the country to get laws and upgrade our laws. And one of the things I love everything that you guys are doing, especially this gentleman back here, I love what he was saying (Kevin). One of the things we find working with families who have been victims: they had no place to go. And I'm sitting here looking at all of you folks with all of these resources, and we go to the police. Oh, that's terrible, but I can't help you not my problem, it's not in the laws. Or the social services, not my problem. Meanwhile, the criminals are coming in smiling all the way. And by the time anybody gets anything done, my father personally, he ended up 94 years old, thrown in the street in Tennessee, absolutely indigent, and we could get no help. So what we need is for all of you guys, to get a centralized organization somehow, with the government, with our governor, where families can go and say "Help me, please" because they are so desperate, and what is happening out there is so new

to our civilization, so they don't understand and we've lived a whole new kind life. So we need help. But you guys have all the resources. Get together so victims have a place to go and help us with the legislators to understand our lives need to be updated. And all of this will bring us into the 21st century. Thank you.

### **Francis Smith 2:06:22**

My name is Francis Smith. I'm also a member of the CARA organization. I want to tell you how I started out in the disability world. I was 20 years old, my husband and I were living on the GI Bill that made us low income. When my baby girl was born, I was sent to the well baby clinic for follow up. When she was eight months old, I pointed out to the doctor that she couldn't hold her head up all the time. She'd have her head up and he would fall down and the doctor, then unwrapped the blanket again and looked at her again and said "Cerebral damage, obvious cerebral damage. Your child has cerebral palsy." I didn't hear anything else she said about my baby. I was out the door. My mother was waiting for me in the car. I cried all the way home. I cried all weekend. Monday morning, the public health nurse was at my door with information about where I needed to go, how she could be follow up at clinics, crippled children's services, we don't use that name anymore but Crippled Children's Services paid for everything. I didn't have to find a door. The door came to me. Paid for the services, paid for the surgeries, paid for the braces. Yeah, so I got help. We don't do that when somebody gets a diagnosis of Alzheimer's or Dementia. Or sometimes people get hit on the highway or a motorcycle accident. We don't do that. I recently retired as the Director of Public Authority, the second one that was in Contra Costa County, then I went to Yolo County, and we referred good IHSS providers to people who needed help to stay in their own homes as independently and with as much dignity as possible. I also had to take the phone calls from people. And I would have to say, I'm sorry, you make too much money. You don't qualify for this service. We must create a stable funding source now. Not just those with low incomes, so they'll have services to stay in place for the services they may need someday, not now but someday they may need them. We know how many 80 year olds there are in this state right now. And we know some of them are going to need this kind of help. So we need to do what we do. We pay, every city has more than one Fire Department, I think with the fire engines there, and the firefighters there and all the equipment they need, because someday there'll be a fire, they have to go to. What we're looking at a

population, and we know we're going to need to serve them. So get that funding source, that stable funding source in place. I'm not sure if I'm a creek or stream or a river. But I want to be the flood of a storm of people. If we have to sit in the governor's office. We have to do this. I'm not here as a consultant, or a decider, but I'm here as a persuader. Please do what you need to do.

**Marsha Friedman 2:09:50**

My name is Marsha Friedman and I represent a group called Elder Action, which is a social justice group affiliated with Village Movement California. I think I represent a population that you've called the missing middle. I don't really like being thought of as missing. But I do understand and yes, we are missing from a public policy point of view on this whole subject of long term care. What I am particularly concerned about is and first of all to celebrate, along with the rest of you, the idea of a public benefit for long term care that is very long overdue in this country. And I think California can really lead the way in making that possible. But what we're particularly concerned about in my group, is that the coverage that the public benefit will also cover those who are already retired and wouldn't have an opportunity to contribute through a payroll tax to funding that public benefit. And so I urge you to think about the ways in which we, who are already retired, can pay into the system in order to benefit from it.

**Diana Medoshi 2:11:16**

I am Diana Medoshi and I am with CARA but I'm also with my church. We see a lot of the concerns and we see a lot of the gap among of our seniors. Most of us are aging. I'm 74 and one of those current people, and I see a lot of current people that wonder what's going to happen to us. So I am in support here of inclusive long term care. And the public universal benefit for long term care is critical. There are so many gaps in the system. And we laugh because as I say, it takes a village to get me to A to B and C. And if I get ill, it's very scary. What happens with my Lupus if I start having more problems, and I'm not able to manage. I urge you to consider that, from what all the speakers have spoke about, what Hene had said, Francis said, and for all of our people that are in our disabilities community. The two are hand in hand. I have a disability, but you don't see it. But what I'm saying is that, I also want to say, I am so happy and encouraged to see that we are at this point. When I first started with CARA in 2005-06, I never envisioned seeing, we will have this. We went through the cut. We went to the cuts that

were from all of the services that has never been replaced. But the fact that you're doing this now is very important. And it's also very important that we try to do it right. Because the numbers are increasing. And the best that we do this, and you're off to a good start, so I commend you and say, still, remember this. Thank you very much for the work that you're doing. And I'm praying that you will continue to do it and work hard for the benefit of all of us.

**Kim McCoy Wade** 2:13:45

Thank you. We have two more public comments before the break.

**Marissa Shaw** 2:13:54

Hi, my name is Marissa Shaw. I'm here as a member of hand in hand. I want to give two vignettes. I have an IHSS worker who's currently displaced, even though she has a husband and two kids, they're all displaced. She can't make enough to to earn a decent wage on IHSS. That might be a common story. They can't afford a current rent in the Bay Area, that might be a frequent story. But the reason why I'm saying it is because on IHSS, well I just want to say that basically as wage increases in California, whatever this benefit looks like for LTSS, I would like to see that employees get a decent living wage at the same time that there's no cuts to consumers who need the service, whatever that looks like. The second vignette that I want to talk about is I have two friends, I have more than two friends, but I specifically know of several people, two friends in particular, one is 62 and is no longer working because of Lupus. And she also makes too much money to qualify for IHSS, and her health is suffering because she can't get enough attendant care. And she's currently paying out of pocket at an enormous rate even though she has insurance for her durable medical equipment. She's still paying 20%, at least, and so it's really difficult to afford services and durable medical equipment expenses. And, well, you know the story, I guess she would be called the missing middle. I have a second friend who actually is paying into the system and works over 40 hours a week. And we all know the Bay Area story that rent is so high in the Bay Area, that even when you're trying to make it, it's really incredibly hard to make it and so my other friend has cerebral palsy. Even though she's working full time, she can't afford the services of attending care. So we all know the missing middle story and here in the Bay Area, as I'm sure in other places. Barriers for people with disabilities and seniors that are really feeling the crunch, they're really feeling the pain and so I commend

the communities that have created this and yeah the missing middle really need to be recognized and but also those on it says this is now a current problem in California if you guys can help even a bit it would help take some pain out of just surviving today with a disability or as a senior or as we all age in place. Thanks a lot.

**Connie Hibbard 2:17:43**

My name is Connie Hibbard. I live in Richmond, California with my sister Sally. I am a local to Unite Here Union member, I have been on the picket line for three months fighting for healthcare. I retired with healthcare. After healthcare, I have Medicare, and then the hole simply drops out from under you. We are the fifth largest economy in the world. And we are the 50th in standard of living. And this is why. The middle is dropping out. And it's making all of us suffer. I really hope that we can move forward. We will bring union members to sit in on those meetings if we have to. We will fight for the aging and disabled. We will fight for this.

**Kim McCoy Wade 2:18:44**

Thank you. And thank you for being here with us. All of the metaphors about creeks and streams and rivers are very much inspired for me by Dr. King. Let justice roll down like waters and righteousness like a mighty stream. So, thank you all for being part of that mighty stream. Our conversation will continue over lunch. We're going to aim for 12:45 and do our best. I want to also give a shout out to our wonderful partner place cafe and catering is providing food to us today. So, thank you in advance for all of your work to bring it and feed us and nurture us.

**Kim McCoy Wade**

In a moment I'm going to call on Catherine to get us started again, but I'm going to give her the courtesy of a quiet room. Thank you. We have had a robust discussion and a chance for really powerful public comments and lunch break to refuel. And now we are back with a 45-minute block of time to turn to action. And I had asked some of our what we're calling duals, our people who are on both LTSS and SAC, having heard all that feedback this morning and having been part of all the conversations if you could kind of summarize where we are and make a proposal for SAC action to at least start the conversation. And it looks like Catherine was willing to take the reins.



## **Catherine Blakemore**

Thank you. I actually wanted to just add my appreciation for all the members of the public on the phone and in the room. I thought those were really phenomenal comments and really important. So, thank you for that. And as well, all the robust SAC comments. From listening to that I think there's two pieces of a recommendation I would like us to consider so I'll put that out and then I'm sure we'll have a robust discussion about it as well. The first is that we will incorporate all the good feedback we've heard today into the LTSS report. I thought there was a lot of wisdom about language and the importance of particularly immigrant workers that we need to make sure that we read through the report and adopt all of those really good suggestions. I would ask that we get any other written comments by Wednesday so that we can keep this moving. The LTSS subcommittee will be meeting on March 10 and they will see a revised report that incorporates the feedback that has been received. And then LTSS will loop back to the equity committee at its meeting on March 17 and explain what we've done to incorporate it and provide the equity subcommittees with a chance to review for fatal flaws, if there's something that we really got wrong or something else and we'll also send it out to SAC so that they can do the same thing. Like, look at the report, as its been finalized after today, if there's something seriously wrong, then you should let us know because none of us want to be embarrassed by saying something that has a big problem. So that's the first part of that then after the 17th, the report will then, because we will have given all of you a chance to find fatal flaws, will then become finalized and ready for its best looking approach. And then the second piece is I, as you could tell from my endorsing Kevin's comment, am in favor of sending a transmittal letter to the governor with action ready items as they're listed in the longer form today and not shortening that. I think we have a real opportunity and kind of don't want a bid against ourselves in terms of what we put forward and what we're collectively or individually able to move. So those are the two pieces of my thinking.

## **Kim McCoy Wade**

Any of the duals want to elaborate or add any context or clarification?

## **Maya Altman**

I want to support Katherine's ideas. I support what Kevin said so eloquently. At first blush, I thought we should have a few ideas, because that always is more powerful. But having participated in both exercises. So, when Jeanne submitted five ideas, and actually after listening to us, after listening to the discussion of our LTSS committee, we had a phone call late Friday. To the benefit of discussion, I probably would change my mind on some of them, because there are always things you don't think of. So that's what the flaw of doing these kind of polls, just what's at the top of your mind at the moment. And frankly, we don't have the opportunity to really have the kind of in-depth discussion. Maybe the LTSS Committee could have gotten to fewer if we had more time, and we did the best we could. I think the idea of putting forward this as is as a menu of options available to policymakers is a good idea.

### **Kim McCoy Wade**

Bruce, and then Debbie.

### **Bruce Chernof, MD**

Bruce Chernof, SCAN Foundation. I want to just second what Maya said, because I actually think Kevin, your argument was pretty persuasive. And I too started out with sort of less is more strategy, but I think one of the things you said that is really important is that this is a Master Plan for Aging for all Californians. And it's not about any one organization's current legislative agenda. And I actually think going in with a broader list, there's many opportunities, Kim you lead a department that lives in a world of opportunities. And so, I think actually having a rich list is not a bad thing. The one observation I would make, and it was something that you said, Susan, which I agree with is, these things are not all the same size and shape and they're moving on slightly different tracks. So some of them are, frankly, budget asks, some of them are pieces of legislation that shining a bright light on them, actually commenting to the governor we'd like to see this move, and no, we don't want to see this turn into a two-year bill from a one-year bill, that kind of stuff. And then some of these are things that probably agencies could do under current authority, and they're just not happening as quickly or as robustly as we as a group think. So I think in the cover letter recognizing there are different vehicles for accomplishing these, but as a whole, they're all really important. And that just signals to the governor and his team that we recognize that this is not about but every

one of these is a budget item out of the blocks. But I would support the proposal.

### **Debbie Toth**

Debbie Toth, with Choice and Aging. I don't know if I'm jumping ahead to pull this chart out. I don't know what graph chart that the LTSS subcommittee did for the different objectives and it categorizes whether they're an administrative action, a budget action, a legislative action, an infrastructure action and aligns with those priority actions. And it's a chart and it outlines all of those things. And I'm going to pause there and say, I support what Kevin said, I support what Maya said. I definitely would like to move this forward in this structure with perhaps some edits post this conversation today. 100% in support of that. But I'm wondering, I'm sitting here and listening to what Clay said and I'm like, yes, yes, yes. But no. Yes, yes, yes we want to take advantage of the opportunity for the things like the ADRC building that's there. There is a CCT bill being carried by Senator Dodd and a budget act that we just got a champion for so Dodd and Nazarian. Assemblymember Nazarian and Senator Dodd, are champions for a budget act for the California Community Transitions Project. And there are other bills in circulation and budget asks happening right now that fall in line with what we see on this paper that's in that LTSS report, and how do we, as a committee stamp support for those things that are happening? What do we do? So that we can capitalize on all of this right now and do the report as a whole? How does that look?

### **Cheryl Brown**

Cheryl Brown from the Commission on Aging. I just like to say the way that you do that is to write a letter and said, have everyone sign it? Because they're going to be making those decisions in the next short while. And you can't wait. So, write your letter, tell them what you want.

### **Debbie Toth**

In addition to which there are opportunities happening, which I brought this and I'm going to pass it around, there are two transportation bills (SB 278 and AB 2057) and Clay and I were the Webinar Wednesday transportation SAC members that are Assembly and Senate bills that do not include accessible transportation for the aging population or people with disabilities. And we need to be able to hop into those and say what the

Secretary said at our very first SAC meeting, which is there has to be a lens for Aging and Disability on everything we do. And so, I did do your letter, Cheryl. I'm so proud of myself. But I think that there's got to be a way we can formally as a committee work together to ensure that these priorities that we've identified in the LTSS report get passed in this cycle.

### **Donna Benton, PhD**

Donna Benton. I endorse the longer version. I really think that's good. I also want to go back to something that Debbie said way earlier, which is wherever we can, if we can do this in a more strength-based presentation, in addition, instead of just always kind of have less, less, less, or negative. I think that might also involve more, that has that equity lens that we discussed about where in the community do we have these strengths? And so if we can add that into here, that would be great.

### **Nina Weiler-Harwell, PhD**

Nina Weiler-Harwell, AARP. So, Kevin, thank you for having said that before lunch because that was, for me at least, the answer and I'm glad that we settled on a list. I'm just really just seconding Debbie's idea about how we show our support for these initiatives. And then also anything we can do to show up, as it's not just about writing letters, that would be important as well. But to thank you everybody for the collaborative thinking.

### **Heather Young, PhD, RN**

Thank you. I'm also in support of the full list. I think it's been so well thought out, and it's long standing. It's good, goes far into the future, different sizes and shapes of the different recommendations, I would say we should go with the full list. The spreadsheet is really a good one. And it might be useful to add a column that shows immediate action or the criteria that were used for the proposed action or maybe a place to say it's links to certain bills or actions so that it really maps that nicely for someone at a glance to see. Now I could do something about this and it also calls out who might be responsible, which I think gets us some of our issues are wanting measurements and accountability with the ideas.

### **Jodi Reid**

Jodi Reid, CARA. I like that idea. I think for all of us, we're here individually, but we also represent organizations. And so that tool that identifies where

we can take immediate action and where would be very useful for us to kind of push out. And having said that, two things come to mind. One is, in addition to the LTSS actionable items that are immediate, in all of our goal areas, there are things that are happening. And so, I just wonder if there is a way to, in between meetings, for those of us who may be working, for example, there's a big activity happening. There's a big budget hearing this week and next and many of the issues that we're talking about here and in other goal areas are going to be talked about. How do we connect one another to the things that we know are going on? I don't know if there's an easy way to do it. But it would be really helpful because some of us are following more closely certain things that we would love to have support from the rest of us on and I think we would probably easily get that are pretty immediate. Some our budget asks, some are legislation and so I like this tool, and I'm just wondering how we push it out into some of the other areas because the time is now. Back to the LTSS report. Based on what we heard today, I like the idea of the big picture, the whole list. I just think it would be good if we're going to send it forward that we frame it with our original goal, our original vision, which is to be able to develop an LTSS universal benefit that everyone has access to and that supports a well paid for, well trained workforce that is equitably financed. So that we state that from the beginning, that's our goal. These are steps towards meeting that goal, but that's always at the top of our thinking. So that anything we transmit to each other, to the governor, to the administration, that's at the top of the list. That that's what all this is geared towards because I think we have to always be finding a place for everybody in here.

## **Clay Kempf**

Hi, Clay Kempf, Area Agency on Aging of Santa Cruz and San Benito counties. Since I was arguing before for the smaller list being more effective, I think I'll get to really, hopefully a win/win on that. Because my reason for that was I just want us to have wins, I want us to accomplish things. So you know, that was my strategy for saying, let's just have a smaller list so we can prioritize things. But I think what we're describing here kind of spells that out. If we can look at the chart that has the different categories that things fall into, we can hopefully, if we're adopting this list, we can cite our position on anything that's included in here if we're talking to a budget committee, or alleged committee, or whoever. So this would allow us a way to go forward as long as we have specific endorsements as a group. I do think there's a little bit of concern I have in that process,

because this is a fabulous document, but it's incredibly complex. So, there's things that I think are putting the cart before the horse. And for example, I want to call out goal one a four, develop statewide quality standards for information, assistance services, etc. I completely agree with that goal. But if we have an INA system that does not have adequate resources or support to do that, we're going to be counterproductive by putting additional regulations on an underfunded service. So, I think we need to be strategic in that. And maybe we could do that just by tweaking the language or the goal a little bit by saying establish support for this or resources for as a piece of it. I don't want to wordsmith I think that's the worst thing we can do in this group, but some sort of thought needs to go into are we really going to help ourselves by adding regulations to services that are inadequate? Not because quality or effort, but because of just lack of the ability to do what we all hope happens. So, I'm not sure how we do that. But I think part of this process needs to be looking at each of these goals and make sure we're in a position to achieve them and actually have a better outcome.

### **Susan DeMarois**

So, with Kevin's comments, proof again, that this is an iterative process that we're considering something that we hadn't been considering at the start of the meeting, and I'm in full agreement, you persuaded me to move away from a shortlist. And with our legislative session, we're already at the midpoint, the budget, this is a document that can serve as a planning tool for next session because soon people will already be starting to do work in it. Also can take us through the governor's full four years by having a longer list. It also gives us room for the other goal areas to do their work and there might be further congealing is the word I'm thinking of. But it's not right. But there might be things on this at the end of the day that get bundled with the other goal areas and they're really propelled forward in the October report. So, we're not preceding that work. We're allowing that to unfold.

### **Marty Lynch**

Marty Lynch, Lifelong Medical Care. I'm convinced by my colleagues that it's worth forwarding the longer list but I'm also in favor of this idea that's come forward of our framing letter that might simplify the message. And I haven't given up on my idea that Kim has amazingly talented PR staff who can work on some of the language in the list to make it a little bit more understandable. I would just say that and then I will have a little bit of discomfort, which is I assume all of us will be the great advocates that we

are and take action on specific bills. And of course, if this group puts out a message, it says these things are all on our list. We'll use that to say, yeah, yeah, and by the way, we're advocating for this end, it's in this master plan process. I'm hesitant to have anything that suggests that the master plan group is taking a stance on particular legislation, unless we get there at the end of our planning process and say, this is really the priority item or two or three or four or five that we want to hang our collective hat on. So, a little nervous about the stance point of view, although I certainly expect all of us individually to take stances with our organizations. Thank you.

### **Rigo Saborio**

Well, I certainly support Kevin and Marty. I know better not to go against them. But certainly, I think wouldn't want to shorten the list. But at the risk of everybody else, I think there's one item that I just have to call out that I think would, in my mind/estimation would be important to add to the list, which is one a five, which is conducting marketing campaign, using easily understood messaging in language and culture. Again, because of the populations that are underrepresented, often left behind, if they're not connected, what's the point of knowing how to access something they don't even know what to access. I think this has to be something that has to be on that list from so I would strongly encourage we consider that addition to the list.

### **Mercedes Kerr**

I took screenshots of the proposed action ready items list, and I do think that a comprehensive list of all of the different areas of opportunity is fair to submit, as well, but the references made there I don't know if they are the same references and maybe something can be put up on the on the screen for those of us who are remote to see that. There was a comment earlier in this section of comments about maybe some sort of spreadsheet or grid that was indicating what at least in our estimation, or the next sort of action steps for some of these types of initiatives. And perhaps there we go, maybe it already exists. But I think that would be to really create some sort of full vision of what this this team has worked on for so long and so hard to really provide at least a recommendation of a roadmap for some of this would be very important. So it's not kind of good idea but nobody really picked up that ball and kept walking with it, you know, as we had intended or the committee had intended. Thank you.

## **Peter Hansel**

Peter Hansel, CalPACE. I want to add my voice to the voices supporting moving ahead with the full list. I didn't quite agree with Marty where he started, but I think I agree with him where he ended up. I think he got it right. There is a sense of urgency that this will be out in a public forum. And I think we can all use it. As a reference point, I do think it's important to memorialize all these great ideas and create something etched in stone that people can use over time. And this will take time. If there is a role for the SAC in terms of taking positions or tracking specific things, I want to have more discussion about that.

## **Jeanne Parker Martin**

Jeanne Parker Martin from LeadingAge, California. I agree with the comments that have been made in terms of keeping the list whole as you proposed it. I also would recommend, that we might want to reorder some of these items, because sometimes even though we think they're all important, a level of discrete opportunities in a way that maybe guides others would be helpful. And then as my daughter always says, "let's not get ahead of ourselves" when I ask her about certain things she's up to. I was wondering about the process here. We're sort of assuming that the governor is going to accept everything carte blanche, and that the cabinet accepts everything carte blanche. Is that an accurate assumption number one, and number two, is this being accepted in March? Or is this part of the Master Plan for Aging that will be accepted and presented in October? Just a couple of clarifying questions.

## **Kim McCoy Wade**

One more. And then I'll try to summarize and see where we are.

## **Donna Benton, PhD**

I just wanted to endorse Rigo's suggestion.

## **Kim McCoy Wade**

Okay. Let me take a crack at a synthesis, starting where Catherine began. Let me just say one logistical thing. CDA will post the Word doc and the Excel doc with our agency as soon as we can. For those of you who are not Zoom'ing in in real time or in the room with us, those documents will be



available, we hope within 24 hours if not, same day. Check. Okay, then I think the proposal that's being suggested here is that the LTSS subcommittee take all the feedback that was given today, to two things really, to the report itself, as well as I'll use your language, transmittal letter, some of the big things that came up around the report, or the language around disability. Having a strength-based frame, the importance of the immigrant workforce to our direct care workforce and what's happening right now with immigration, the word universal has come up a lot around the public benefit, I have to say. And information as being maybe even a prerequisite to navigation, you can't even navigate until you have the info. So those nuts and bolts, and that isn't meant to be exclusive or comprehensive. There are any words missing, but some of the things that I've heard as please and please think about that for the report and the letter. Marty wants me to get a good PR firm to help you with the language, some suggestions about the ordering. And the grid, people really liked the grid and say go for go more, go further in terms of mapping. So Rigo's comment was about possibly adding info even further into that list. So a lot of substantive feedback that would go to the LTSS subcommittee. And again, written feedback the deadline is there for everyone of Wednesday. This is the last input today and Wednesday. And then LTSS meets on the 10th to digest it all, pull it all together into a new, final-final. And then the following week it would go back out to loop back to both SAC and the equity work group. Back over email, it sounds like, equity work group in person, the March 17 meeting for really a fatal flaw at that point. Is there anything in here that's wrong, really wrong? And then the goal would be to finish that loop. And then the week of the 23rd it would be transmitted to the administration to your point Jeannee and received. Separately, there's a request for more communication and coordination around live action bills and budgets. And many people are saying yes, I'm interested in that. And I would encourage you all to connect and figure out how you do that. But that not necessarily be a formal SAC activity. I'm seeing nods in the room. Mercedes, I can't see if you're nodding or not.

### **Cheryl Brown**

Can we? Yes, I just want to ask the question, can we make sure, we heard the missing middle. Can we include that some way in what we're talking about in the document? I really liked that term. And I had it written down for something else, but it was that term that really grabbed me. So thank you advocates.

## **Kim McCoy Wade**

Other extensions or additions to that proposal? Clay and then Jeannee.

## **Clay Kempf**

Clay Kempf, AAA of Santa Cruz, San Benito counties. I'm not disagreeing with any of that. But I think it's two steps. I think we should agree on the priorities and put that forward, and then agree on the whole report. I think they're just two distinct things. And from a process point of view, I'd say let's do one. And then the other just to make sure we're clear on what our action is. And I think there we agree on both. But, for me, there's an additional piece of the report that literally I just thought up today when we're talking about access. And one of the challenges that I've been grappling with and I think a lot of us have heard is a challenge is services in rural communities. And how they're lacking. And just last week, I was talking with somebody about how does someone in a rural community get their home fixed? Or how do they get to a place when they live, where there's no transit? And the best answer and it's very hit or miss is a volunteer or a neighbor takes me. What's unfortunate is that in those rural communities, there's typically no organized volunteer services. They're just randomly that you find them in a richer community. And Santa Cruz is one of them. There's a very healthy, vibrant volunteer center. But in San Benito County, the other area that I serve, where volunteers are just desperately needed, there's absolutely no infrastructure to organize that or have somebody get a call if they need a ride, for example. So I would just encourage that to the LTSS report to add, probably under objective two, some component about providing critical volunteer services or having an organization that can, you know, make that happen or bring it all together or coordinate it. And I actually have a suggestion. If we look at the Older Californians Act, in regulation, there is a volunteer component to that. It's never been funded. But that would be a nice thing to put in place to make sure it's all across the state. And it's one place where I think a baseline allocation is really critical, given just the nature of how the rural services are probably more critical than the urban ones and population based won't get us anywhere.

## **Jeannee Parker Martin**

Yes, I want to echo what Clay just said. And also, back to the comment about the missing middle. The "forgotten middle" is actually a study that was done by the National Investment Center and the NORC at the

University of Chicago. And they presented at one of the meetings of the LTSS early on, and on Tuesday, March 10, from 1130 to 1230, Bob Kramer, who was the former CEO of Nick, and now is sort of an extemporary, he's like the immediate past CEO. He's going to be speaking at LeadingAge California's second Tuesday webinars. So, if anybody's interested in hearing a little bit more about the Forgotten Middle, Bob will be speaking in a webinar. And you can just email me, and I'll make sure you get the link. It'll be heavily integrated into the housing recommendations, because it's such a critical element of the work that we need to do in California.

**Kim McCoy Wade**

Have we charged the LTSS subcommittee? Do you feel clear? Do we want to vote? Do we want to ask if there's any block to the consensus? This is your practice round. I could take a vote if you want to. You want to vote. Okay. Do you want two votes? I'll try to be a parliamentarian then.

**Cheryl Brown**

I'd like to move that we heartily accept the report from the LTSS Committee and give them commendations and move it forward to the next step.

**Kim McCoy Wade**

Is there a second?

**Fernando Torres-Gil, PhD**

Second.

**Kim McCoy Wade**

Dr. Fernando Torres-Gil, I heard you first although there was great competition for that honor. Okay, let's take a vote on the motion to accept the report. All those in favor, raise your hand and say aye. All those opposed say nay. Anybody abstaining? Okay, so we have a unanimous vote to accept the report. Do we have a motion on the immediate action document?

**Susan DeMarois**

I move approval of the immediate action list with the consideration of one addition as raised by Rigo related to the language campaign.

**Darrick Lam**

Second.

**Kim McCoy Wade**

Second honors are given to Darrick Lam and can someone of my team be recording this so we got it for posterity. Okay, a second. Alright, so let's take a vote on the motion to accept the LTSS subcommittee proposed action ready item document.

**Nina Weiler-Harwell, PhD**

Can we have a short discussion? Is it possible to offer a friendly amendment that this ready for action proposal has a statement at the beginning about our intention with this so that because it kind of gets lost here, and so since this is a shorter document than the big report, I just feel like we need to say what our ultimate goal is.

**Kim McCoy Wade**

Susan, do you want to friendly amend your motion?

**Nina Weiler-Harwell, PhD**

I think it's going to be really important to at some point to remind folks there are these lengthy recommendations behind this, so making sure you call that out and where people can find out.

**Kim McCoy Wade**

The frame up top, the lengthy recommendations behind, other direction? Okay, with that direction, I'm going to call the question. Thank you. All those in favor of the LTSS sub committee proposed action ready item list moving forward as amended, say aye. All those opposed? All those abstaining? Alright, our second unanimous vote of the LTSS. This is an incredible body of work and you have set a very high bar to follow for all the work groups that are about to tell you what they're up to next, who are feeling only the best kind of pressure for the example of excellent analysis, excellent collaboration, commitment to the process, as well as the product.

Thanks to all of you for paving the way for all of us in our work together in the coming weeks, months and next 10 years. Let's turn to an invigorating, whirlwind update. All of your peers have about five or 10 minutes to tell you what's happening with their work group or subcommittee and we're going to kick it off with our equity work group. And our co-leads Rigo Saborio from St. Barnabas and Kevin Prindiville from Justice and Aging, who will tell us about the work group and the equity tool that they are developing.

## **Rigo Saborio**

All right. Thank you so much for this opportunity to give you an update on the work of the equity work group. And as Kevin and I discussed, he's given me permission to go first. Anyway, so on February 13, we met together for the first time as an equity work group, as you know, about 50% is comprised of members of the SAC and another 50% of folks that have been identified and selected across the state with an expertise in working through the equity lens, through their work and life experience. And it was a very energized, robust conversation. People were really appreciative of the fact that we brought this group together, and even though it wasn't ideal right at the beginning of the process. The timing has still worked out, and it's very much appreciated by the group. But that said, there's also an expectation that what does get discussed and what does get recommended, there is an expectation that it will transcend the work of the other work groups and the work of SAC. So I was very pleased to hear obviously, Susan commented on follow up on our conversation of the work group, because when we did meet, obviously, we had a long term LTSS work group come in, and give us an update and gave us the opportunity to provide feedback as a group. And that was an amazing process. And Susan, obviously mentioned identify the work going back and how it was integrated, and there's more work, as Catherine pointed out, that will be coming back. So that was good. But anyway, so we all came together, we reviewed our purpose again, and that part of that is to evaluate the recommendations, also evaluate the implementation and the follow up evaluation of the master plan. So that's a purpose. We talked about how we best do that. And Kevin's going to be touching on the equity tool. We discussed ideas for the equity tool, but we also had a very good conversation around language to be used. As Susan pointed out, that was part of it, talking about, it's not people of color or communities of color, but rather racially, ethnically diverse communities are defined in a different way, being respectful being and acknowledging these communities. And

so, again, I think a lot of great work was the foundation was laid out, and we're looking forward to really being continuing to be part of that process. And, Kevin, if you'd like to talk about the Equity work group and next steps.

### **Kevin Prindiville**

Yeah. And so, as Rigo said the for work group I think we pulled together a wonderful group of people, including many of you that are here today. And we're being staffed very ably and capably by a lot of the team, including Carmen Gibbs as our main go to. So, thank you, Carmen. And some of the takeaways that the work group is working on next are the development of this equity tool. It's really a list of questions that we hope will be useful in the next work groups to walk through these questions to ensure that they're thinking about the key equity issues that the work group is focused on. And we hope that the tool will be helpful to those groups both as they are outlining their full set of recommendations and then also as a tool that can help you look at particular recommendations. And we hope it's something that may be helpful and useful to CDA as it evolves and the CDA is doing its work. And as we're thinking about implementation of the master plan as well. As we build that tool, we're drawing on the expertise of the committee members, and then we're also looking at models that other governments have used, other advocacy organizations have used. So, we're trying to learn as much as possible. And what we build, it makes me think we need to be looking at whether there's other agencies in the cabinet that have equity tools that they use. And to Debbie's point earlier. We need to find ways to integrate aging into the tools that are being used by agencies that aren't otherwise focused on aging. The workgroup is also going to be getting engaged in the Webinar Wednesdays, so we've really encouraged them to attend those meetings, to promote those meetings to their networks. And then also we're modeling the engagement of the work group on the other work groups similar to how we've used the SAC and the work group process. So, we're identifying liaisons from the equity work group to liaise to each of the work groups so that we're really creating that interconnectedness that was talked about earlier. How these all issues all fit together and crosswalk I think was the word. I think that's everything. Are we missing anything Kim or Carmen?

### **Kim McCoy Wade**

I was going to ask the same of the other members of SAC who are part of the group? If Donna Benton, Catherine Blakemore, Cheryl Brown, Le

Ondra Clark Harvey, Darrick Lam or Berenice Nunez Constant or Marty Lynch wanted to add anything?

### **Cheryl Brown**

I love working with them. They are fantastic to work with and I've had to do all of mine on telephone, but I hope that we'll be able to meet face to face this next time. I think that one of the big things that we were able to do first of all is to include so many other people in the state of California. And the way that we went about that was to have people go online and apply. And I forget how many applications we got. But it was mind boggling. It was really, it's something that people want to talk about. Another thing people want to talk about is everybody now wants to say communities of color. We dispelled that, because people don't really like that it doesn't say who you are. So, to your point, I think that was right on target. And I'm so happy. Thank you very much for the opportunity to work with you.

### **Le Ondra Clark Harvey, PhD**

Le Ondra Clark Harvey. Thank you. I think we have amazing leadership in that group. And I'm just also thankful for the flexibility to just create it because we said we need to do this and so you didn't have to do that. You could have pushed back, but there was openness to doing. And I think it's very useful. I think we had a test case in the meeting of a document coming to the group. And that's reviewing it, even though we had all just met. And I think that there was a lot of flexibility and openness to the folks that presented and we were able to make some meaningful changes in real time. I know that the hallmark of a good meeting is when people want to stay longer. And we had met half a day, and folks were like, I want to be here longer. Can we do this for two or three hours more next time, which, wow. So I just think that's testament to how great a group is assembled there.

### **Kim McCoy Wade**

Thank you. Other comments? I just want to thank also the leadership team, both Rigo and Kevin and Carmen Gibbs on our CDA legal team. And then also one of our applicants, our members, Carmelita T., who's former AARP, who said, sure, I'll facilitate with you all, so we have a shared leadership model. Really, stone soup, putting it together and finding the time and finding the creativity to do it. The next meeting is St. Patrick's Day. But the

what's coming before the group is both the LTSS report back, the research subcommittee talking about the data dashboard and the overall approach of Person Centered objectives and strategic drivers and the equity lens looking at everything from geography but also race and ethnic and particularly SOGI sexual orientation, gender identity, we're trying to track that down too. So, lots of data rich discussion coming. Oh, and then we're course we're going to talk together about the June 17 statewide event how to make sure that's as inclusive as possible. That's my memory at the moment of what's on the March 17 agenda.

### **Cheryl Brown**

I wanted to say one more thing. This past Saturday, I happened to be able to go to a Seventh Day Adventist Church. And as I talked about the master plan, I talked about it and these were really young people. And I was trying to explain to them, you're young now, but it's not going to be very long before you will, in 20 years, they're going to be this at this place. I think that we have to make sure that this plan is there for them and that they can buy into it because they are the caregivers for their parents and they are the ones that are getting older. So, we just, this aging is not just getting old. It's starting from birth all the way up. And I will say to death, but I'll say its birth. And so, if that's the case, then this plan needs to reflect that.

### **Kim McCoy Wade**

Okay, we will transition to our next body of work that is now underway. So in February we recruited leads for each of our other goal areas. We apologize that goal one had taken all of the attention and that we turned to goal two, goal three, goal four. Next slide please. And we recruited captains from SAC for more slides and gave them a charge of beginning to convene and they will tell you where they are with their work group and what their current thinking is about, their product and anything else they'd like to share, maybe perhaps reflection on the Webinar Wednesdays that have also happened. So, with any luck, I got my goals right on these slides. Oh, good goal two livable communities and purpose. We're so grateful that Nina Weiler-Harwell from AARP and Jennie Chin Hansen, from many places, many titles, agreed to be at the co-captains. Nina and Jennie, could you give us an update?

### **Nina Weiler-Harwell, PhD**



Happy to show the update. This is again, Nina Weiler-Harwell with AARP. On Friday, we had our first convening by conference call. And the members of our team and in addition to Jenny and myself include Le Ondra, I'm forgetting people now Stacy Moore, who's at the research subcommittee. Why am I blanking on everybody? We have several people from SAC on the team, Jeannee Parker Martin. What we did is, so the idea that I brought to this workgroup was to use to organize the area two report around the domains within the network of Age Friendly states and communities. And there's eight domains, it's really flexible, could be more could be less. A lot of times it's more, and that idea was accepted by the group. And with that assignments were actually lead within the domains. So I had already spoken to most people, Deb, Clay, I had already checked in with most of the people just to ask them how they felt about being a sub lead within the area to report, based on their expertise, whether they did a Webinar Wednesday and so forth. We had some discussion around how we organize this. There are several areas like respect, inclusion, civic participation that kind of all go together. So, folks did either agree to or sorted themselves among the eight domains. Our next step is to get the recommendations that have come in to see them, as well as public comments, which will then be filtered out to the subcategory leads for review, and summarization, just like we did with LTSS. We have what we've agreed, I gave a timeline on the slides on Friday, which obviously is now going to be truncated, since our due date is May 1. But either way, give or take. I did try to sketch out a timeline, a work plan for us to do the work when summaries would be due, editing. We hadn't really determined would be on the larger editing and writing team, yet we haven't gotten to that, which members of the team would write the executive summary and the big ideas and so forth. But that's what we've sketched out so far, with potential every other Friday check in meetings if needed. If there is a need for clarity or if we need to come to agreement on a challenging area. That's as far as we got on Friday.

### **Kim McCoy Wade**

And the only cross pollination I would add is that research subcommittee took up livable communities and purpose that their February meeting last week at Stanford led very much by Stacey Moore. And you are on the docket for the equity committee in April, to have a dialogue around livable communities. So, we'll continue to practice and make it clear these bridges. But that's a wonderful update. Any questions for our livable communities?

## **Nina Weiler-Harwell, PhD**

I would like to add one more thing is that I realized that I did not include an equity frame. So, we have several members on our work group that are with the equity work group and I'll ask them to help us with using the tool to make sure that frame is top of mind.

## **Kim McCoy Wade**

Jennie, do you want to add anything

## **Jennie Chin Hansen**

I just wanted to add, like, Le Ondra is a part of our group as well as, of course, Laura Carstensen, who has done so much with the Webinar Wednesday. One perhaps concrete example that just happened today, that wasn't intentional, but it worked out. You brought up Kim about the cross generational work. And so, I spent some time today speaking with Mark Friedman about this and it just turns out that as Kim and her team know, there was a meeting last Wednesday, between really focused on early childhood plan that the governor has done. So, there's a parallel effort going on relative to children. And so, this cross linking, they were actually quite interested, apparently according to Mark. And so, the sum of the work that could be connected to this livable community purpose and engagement, may have some opportunity, because there were about my understanding about 13 or 15 foundations that came together, down in Southern California, another group. Another meeting is going to happen in Northern California, about some of the interest in this manner. So bottom line is, it's another kind of cross link to think about having health between older populations as well as children.

## **Donna Benton, PhD**

Dr. Donna Benton, I just wanted to add, could you elaborate on the purpose side of the livable communities like what you're looking at under purpose? And second point, are you looking at Age Friendly Universities when you're discussing?

## **Nina Weiler-Harwell, PhD**

That's a great question. We do right now. We haven't seen the purpose recommendations come in, or any of the age friendly other than our parks

and open spaces. So, I don't know what we're looking at and what might need to be included that hasn't been included. Our recommendation to the workgroup was to first take in the feedback and reflect on that before we determined how we pull that all together because we want that to drive the report. So how purpose will show up, we have some great people that will be examining that and Age Friendly Universities if there's a recommendation that's come in? Absolutely. That would fall in there under purpose and intergenerational or we'd have to figure that out.

**Donna Benton, PhD**

Is it too late for all of the recommendations?

**Nina Weiler-Harwell, PhD**

No, so I think it was April, the deadline for recommendations for Age Friendly.

**Kim McCoy Wade**

We first discussed this with captain's but we had suggested it would be no later than April 22 in terms of the last webinar, we want to make sure we're open but recognizing people are beginning to gather and write now so we're open to discussing that with the captain's about what is really the last functional time for policy written.

**Nina Weiler-Harwell, PhD**

Thank you.

**Kim McCoy Wade**

Other questions for livable communities and purpose? And I'll just say from the the staff level, the attempt was to make sure we're doing both the built environment and the social environment. And so while there's three Wednesday webinars about the built environment: housing, transportation and parks, there's three about the social environment: the highest level in terms of isolation, one that Dr. Clark Harvey just did last week, civic and social engagement which Jennie Chin Hansen will be doing, in part featuring volunteerism and intergenerational connections, and the very last one on leadership which I don't think Rigo knows that he's doing. Let's move on quickly to goal three. No, Debbie, I'm sorry, go ahead.

## **Debbie Toth**

When you have to split a microphone between the two most talkative people in the group. I'm Debbie Toth with Choice in Aging. I just wanted to say we have received actually a lot of recommendations. And I don't know how many of the groups have. But if you've presented on a Webinar Wednesday, then you've received all of that information up front, and you tailored your presentation based on the feedback that we've gotten from the public. I bring this up, because it's important too for stakeholders to understand that we are receiving their input, whether it's through the website, whether it's through today's meeting, which my heart is just so happy to have all these advocates show up and speak but there is a process going on by which we're receiving information. And we are building what we're building around that. I think a number of our groups do have some of that and there are some that are still waiting, so just wanted to add that.

## **Kim McCoy Wade**

Thank you for that clarification and the shout out to Jennifer Wong and her team, her team being basically her, but Jennifer and all of us were trying to help if you have presented the webinar you absolutely have gotten those recommendations and where we are now is getting the whole bucket to everyone on the workgroup. And that is taking us just a minute, but it is a top priority. Get to do that. But that's right. Thank you for that transparency. And thank you, Jennifer. Okay, are we ready to move to our next work group? Which this time, I think I have right, goal three work group, Health and Well-Being which has three co captains, Marty Lynch, Maya Altman and Dr. Fernando Torres-Gil.

## **Marty Lynch**

Yeah, Marty here. I'll just start on the overview and then we'll pass that around a little bit. By the way, I got to tell you the hardest job so far that we have is finding a time when the three of us can make it. What we've done so far essentially is identified three priority areas for our work group and who knows there may be more coming still because we haven't met a lot yet. We're just really getting started. But the three priorities are essentially healthy aging, Fernando will talk a little bit about the work he's done on that in a minute, integration in the health care arena and I'll talk about that in a minute, and myself and Maya have agreed to work on that as well. And

then we have geriatric professional workforce issues. And I know Jennie is on the phone, Heather's sitting to my right. We're starting to get help from Heather and Jennie of course, Heather was on the workforce because the State Workforce Commission I forget the official name of it, and she headed up the geriatric, the elderly-focused subcommittee on that group, so she's starting to pass us some information, and Jennie from her AGS days as well. So, we're hoping that they're going to be willing to help us shape what we do at this MBA level on geriatric work for us. So that's essentially the way we started to approach it. But we really are just starting to dig in. We welcome if there are other folks who want to join us in that effort, we have a small group so far. And, we'll be looking for others. And the next meeting, we just scheduled this for next Thursday, a week from Thursday, the 12th at 10am. And Jen will be eventually getting something out on that when she sells with us about exactly what we're up to on that meeting. Exciting work to do, and we have a pretty broad range between the health care and the workforce and the healthy aging side. Fernando asked to go last I think he because he actually has done something, but Maya want to talk a little bit about the integration side?

### **Maya Altman**

This is a very broad section under this goal and what we're looking at is the broad spectrum of services. And they're not just health services, because we are taking this theme of integration. Somebody mentioned earlier today that we're again bringing back LTSS. And thanks to Debbie, who was very strong about this on our last call, home and community-based services and the interaction with health is going to again, be front and center. But we're talking about things like not just medical services, but behavioral health, oral health, palliative care, chronic care. There are probably others they'll be vision and we really do want to approach these in it in an integrated way as possible. We also just reminder we have the referred recommendations from the LTSS subcommittee. We'll be looking at those. And I did notice that health was the second highest grouping under housing of recommendations from the public. So, we're looking, as Marty said, Fernando has actually done something. He had a Webinar Wednesday on healthy aging, and we will link in this to covering preventative care as well. So why don't you talk a little bit about that?

### **Fernando Torres-Gil, PhD**

My first reaction was going to be, I have? I did. We are. Anyways, it's a wonderful team and Marty has been our fearless leader and Maya just brings tremendous expertise. I'm most happy to join and be one of the co-captains. The Healthy Aging in some respects is going to almost be a thematic overlay to our area, because it does include clearly programmatic issues. It includes problems and challenges. It certainly will include things that can be done through the legislative process. But it is ultimately I think, in the end this preamble, this overarching thing, is the responsibility we all have in terms of how we begin to practice and begin to operationalize what it means to live a long life span in a way that we can maximize the healthy aspects and in some sense, not to be as dependent as we may need to be on our long term care services and support. Another thing so I'm just thinking out loud. I may put their first preamble with some big challenges and big ideas, and then how these things overarch, much of what we're going to talk about, certainly we have a little bit of a headstart through the webinar. And it was wonderful to meet Jennifer in person and the great thing she's done. And so we'll be bringing in many of those ideas certainly we'll go back through the public comments to make sure that we're bringing in what the public has to say, the advocates have to say, and what they're going to do with us, we will need to dovetail closely with the equity group, because there are tremendous cultural, and linguistics as well as economic and immigrant disparities and terms of how we're going to promote healthy aging in this society. And looking forward to especially Jodi working closely with your group and others, Healthy California, so that we can build off the work that they're doing. And lastly, I may be stepping ahead of myself, but going back to the earlier comments on intergenerational, I think there has to be kind of a lifespan longevity piece to this. Clearly, we can do much to promote healthy aging among all Californians at any age. But we also need to think through carefully how we begin to educate and resocialize younger population so they can begin that process earlier. There will be a lifespan longevity piece to it and certainly working closely with Jennie on the intergenerational so as you can see. It will all come together. As a good professor, I'm bringing in some students to work with us. And one of them wave your hand. Miss Li Chen will be working with her. She's a doctoral student at UCLA and Donna, I've already identified a student at USC and the gerontology program. So we're going to be bipartisan. Universities represented. I understand there's at least a bunch of other good universities in Northern California. But we'll see if we can find anybody on this side of the state. So anyways, we're looking forward to working with you all.

## **Maya Altman**

Just one question. That just reminded me the interface with a research committee, you would suggest that we have somebody from the research committee on the group, we have plenty of people from the equity group, but we don't have anybody from research. Is there somebody assigned? Oh there is.

## **Kim McCoy Wade**

Yes. We'll circle back to that unless you want to quickly answer that Carrie, because we have a research subcommittee update coming. I was going to do the crosswalk also and say the next research subcommittee meeting March 19, hosted at West Health in La Jolla is focused on health and well being indicators and I wanted to give Shelley a chance to mention the tour that we're all invited to.

## **Shelley Lyford**

Thank you very much. I'm on the health group as well. Very excited to be part of the trifecta at the other end of the table. This is Shelley Lyford from West Health, the Gary and Mary West Foundation. And we're delighted to host the research group on March 19. Thursday, in the morning, everyone is invited to come to our institute in La Jolla and we'll have a bus that will take the whole group to UC San Diego Health where we will tour the very first state of the art geriatric emergency department, west of the Mississippi. We're very, very proud to invite all of you and to learn a little bit about how we're integrating healthcare in the ED in San Diego.

## **Marty Lynch**

Can I just say sorry, I'm disappointed, I'm going to fly back to DC that day, I'd have loved to be there. On the health call, I got myself in trouble, because I mixed up the grad students from UCLA and USC. And I heard this pause, whoops, I think that was the wrong thing to do. But anyhow, we're on to help. Thank you.

## **Kim McCoy Wade**

Excellent. Any other health and well being questions or comments? And again, the crosswalk with Equity will be at the April meeting, which is it's actually under, as Dr. Clark Harvey mentioned, is a full day meeting so that

we can do all this goal two, goal three, goal four discussion in April. Okay, and now goal four economic security and safety featuring Kevin Prindiville and TBA.

### **Kevin Prindiville**

Thanks for having me go last out of these groups here Kim. It's going to become very clear right now that to the extent we've had success in the equity work group, it's because of Rigo's leadership, because we've done very little for goal four in the economic security group. There's three broad issues that this group is covering, and that we're looking for some assistance from other SAC members with. So one is the poverty areas of poverty, homelessness, hunger, another is retirement security, that maybe gets beyond the poverty issues, but to those middle class savings issues, and then elder abuse for the safety issues and then disaster preparedness, emergency preparedness. The way we've been talking so far is that I and the team at Justice in Aging and working with people I will be recruiting here will cover the poverty issues and some of the retirement security issues but we're looking for help from the SAC to help with elder abuse issues and emergency preparedness. We've been reaching out to people, I don't know if we have anything confirmed yet.

### **Kim McCoy Wade**

We have invitations out on both, elder abuse leader and disaster preparedness leader, but neither have been confirmed so stay tuned. Hope to have that confirmed this week.

### **Kevin Prindiville**

Yeah, but we had a wonderful webinar on poverty and homelessness that Jeannee was the SAC representative for and was fantastic, just laid out a comprehensive suite of detailed recommendations on addressing homelessness at a variety of angles and number of levels. We've got an elder abuse webinar coming up this week. And retirement security, I think in two weeks. And is there one scheduled for maybe I'm getting out ahead of myself.

### **Kim McCoy Wade**

Security is coming a little bit later, and then emergency disaster preparedness already happened as well with Ana Acton and Christina Mills



## **Kevin Prindiville**

Great. Thank you, Christina. And so you all are giving me great ideas about how we need to start getting our group meeting and activated and so we will carry that forward.

## **Kim McCoy Wade**

And you similarly, you'll be at the equity in April and your research meeting is in April at USC, is that correct? Yes. Gerontology at USC. Thank you to all our research partners for hosting the research subcommittee as they go on the road and these crosswalks between the the goal work groups crossing over to equity and crossing over to research. And as my colleague Carrie always reminds me both ways, both bi-directional, so any questions for any of our goal 2, 3, 4? We'll move to research next. Judy?

## **Judy Thomas, JD**

Hi, Judy Thomas, Coalition for Compassionate Care. I'm just wondering with this last group, so issues of like ageism or ability-ism like, where does that fall? Does it go into group four or does it go into equity?

## **Kim McCoy Wade**

It's currently under goal two, livable communities includes inclusion and anti-ageism. But this is also something that may be cross cutting throughout that every single goal will want to address. I don't know if goal captains have thought about that. Yes, work opportunity, working longer for purpose and income reasons. And it's already happened with our webinar presenter on that. But to speak to Judy's question about ageism are the captains thinking about goal two, three, or four, where that might, it obviously has cross cutting impacts.

## **Nina Weiler-Harwell, PhD**

Nina Weiler-Harwell, AARP. Under the inclusion frame, civic participation frame of Age Friendly would fall under there, but I can definitely see it falling under area four in terms of work, age discrimination, and so forth. And certainly, I think we tried to call that out in the LTSS report a little bit. We talked about the longevity economy. And the idea of changing the way we think about older California. And not just assuming that everyone ages the same way that everyone needs. There's just a spectrum of age. And it's

really a big picture idea that at some point, it should show up in the larger report.

### **Judy Thomas, JD**

Yeah, that's what I'm wondering maybe there's a piece in the equity work group into the tool, to some another framing to review things under him.

### **Kim McCoy Wade**

Yes. At the beginning of the meeting, you may remember this slide that I have of cross cutting themes that we're seeing, equity including ageism, dementia, inter-generational, and so whether there's a this is something we've been talking about in a couple different contexts, whether there's another one recommendation that comes in or whether it's asking each goal to address those themes, or both and is I think it's something we're still thinking through and welcome advice on.

### **Janny Castillo**

Yes. Thank you for allowing me to be a part of the webinar, it was wonderful. But I'm just curious whether anyone else thinks that goal number four is really stacked. I mean, that's a lot, jokes aside, just to do poverty, homelessness and hunger, and the middle class is big enough. For us to attempt to do elder abuse and emergency preparedness in that same work group. I'd just like us to consider what that really looks like. I mean, elder abuse is huge. And so, can we have a little conversation about what they absolutely can we agree, and this really was meant to just be a way to frame the work. We are very much focused. And Kevin, we need an elder abuse leader to really lead that work. And I'll be super candid that we are a little shallow in that area on the SAC, although many of you do that work as part of your mission. So, it's a little challenging to find, but we think we're on it. And so I think that will be a good question for Kevin, you and that co-captain to think about, do you really want to work as one or two halves, and there's pros and cons to that in terms of separating and connecting, but I think that's a fair point, but I don't know if you have enough of a reaction to it on the spot.

### **Kevin Prindiville**

It does feel like a lot. Thank you for recognizing that. I think what livable communities is doing we can learn from too, because there as well, you

have distinct areas that fit together, but you need different expertise to tackle each of them. So, I think we can learn from each other in our process.

### **Nina Weiler-Harwell, PhD**

Also add, the eighth domains actually include health and work, which obviously goes somewhere else. It's a very flexible framework. And emergency preparedness is one of the domains of San Diego, I believe.

### **Kim McCoy Wade**

We have superheroes as our co captains, we should have called them that co superheroes. And they are very much, I can speak for all of them, are recruiting people from the SAC, colleagues from their organizations, students to try to live up to the bargain set by LTSS of a comprehensive recommendation package. Again, what's the discretion of what it looks like and how you're doing it to bring to the SAC in May.

### **Kevin Prindiville**

And I think, too, that we're going to be driven by the areas where we have specific recommendations to move forward. So whereas LTSS committee really did a wonderful job of diagnosing and addressing, like first calling out all the issues and then moving to recommendations, I think our work and maybe the other work groups too, will be led a little bit more by where we're hearing actionable recommendations. That's where I think we'll put more work to that.

### **Debbie Toth**

Debbie Toth from Choice in Aging. And I'm going back to the ageism conversation, and I feel incredibly strongly about ageism being infused into everything because we are in the situation we're in today because of ageism and that is the cause of the current crisis. So not infusing it in everything to me is problematic. I also just as a side note on elder abuse, talked to Noah Star at Treasurer Fiona Ma's office and his mother works at a department at USC and is training judges on how to prosecute and better handle elder abuse and she may be somebody that can be pulled in as an expert, just putting it out there.

### **Kim McCoy Wade**

Excellent. Jeannee.

### **Jeannee Parker Martin**

Yeah, I went to echo Debra's comments that ageism and ableism should rise to the issue of the equity work group.

### **Rigo Saborio**

I think we can bring that to the group for discussion. Maybe hesitant isn't the word because ageism needs to be infused across all things. But when we think about the space of aging, and about underrepresented communities, it's not so much the ageism, it's about just the disparities among all these other communities that we are addressing, LGBTQ, can be diverse ethnically and culturally diverse communities, folks with language, so there's a lot there that we want to make sure that as we're having the discussion and developing the plan that goes beyond what I think the other work groups are doing that it really can address the ageism, doesn't mean that we shouldn't, and we will. But I just want to make sure I want to have the opportunity to draw that distinction.

### **Jeannee Parker Martin**

So it's not there, if the work is to already know, I know, you didn't say no. But if the work is already distributed enough, then ageism should in fact, as ableism be at a very kind of foundational level across the board and I don't know the right way to address it. There's lots of materials on ageism. And so I think we could probably integrate it with some ease as we move forward.

### **Darrick Lam**

Darrick Lam with ACC senior services I just want to urge this workgroup on economic security and safety since we are dealing with emergency, circle back to what I mentioned before the Covid-19. We need to be prepared now. We have 100 cases in the US and over 90,000 through the world.

### **Kim McCoy Wade**

Nina and Judy.

## **Nina Weiler-Harwell, PhD**

Again, thank you. Just building on the conversation we've been having on ageism, equity, just something I want us to consider as part of the conversation is that so called middle class individuals, if there is an assumption that they have the resources and the time to either pay for long term care, take care of their parents, all of that. Sometimes this is called, I'm going to throw it out, the greedy user, the average individual in California, average older Californian only gets \$50,000 a year, which is barely anything to live on. So just being mindful as we're having these conversations, that so many assumptions have been made about so called middle class individuals that are completely off base, especially with the cost of living rising as it has been, I mean, California is just not livable for most people within their means. So again, just taking that into consideration.

## **Judy Thomas, JD**

Judy Thomas again. Maybe what I'm feeling like with this ageism issue is it's relevant to all the goals, but there is this overarching piece that if we don't look at it separately, I'm not sure we're going to think of some of the things that could be done. And maybe it's a communications campaign. Maybe it's a PR campaign. It's something I talked to you Kim about, kind of I think of it as aging literacy like this, everybody from a young kid to the oldest senior know what aging looks like, what are the milestones? What are the steps? What does disability look like? How do you take action, so that we're just becoming smarter about this thing? That's a big part of life.

## **Susan DeMarois**

In the LTSS work group, there were several recommendations about statewide campaigns and public awareness, and we were under the presumption that was to follow. So, this is a really good conversation. In my mind, I thought one of the end results of the Master Plan for Aging would be similar to what Judy described. Looking at what we heard from San Francisco, the beautiful campaign out of San Francisco. And so, this is a really good conversation because I don't know where that would fit. If it fits in one goal area or it's at the SAC.

## **Kim McCoy Wade**

We can take that back in terms of I mean, I do think it's both and. I think there's some leadership specifically around that coming out of livable communities, because livable communities are fighting ageism and our including all of us as we age and are educating us across generations and that's what a social livable community looks like and I think it's the responsibility of every goal. But I think we need to now think about, I was just sidebarring with Susan. So how are you going to check the dimensions have been included in every single? I'm going to check. And there's other issues like that, equity work group is looking, technology, David is going to be helping make sure that we are always pushing the technology, not just going with what we know. I think we can take back and think about and I'll ask my ad hoc process group to think about what's the process or deliverable or conversation that needs to happen to make sure we are making those connections. Right now we're getting every vertical going. But then there's the essential, overarching connective that we need to think about how we build that intentionally. Cheryl?

### **Cheryl Brown**

I just wanted to say a comment that Judy brought up. The whole thing is to normalize aging in California. And so I think that what you're saying is right on spot, but to me, it's normalizing for those young children, what aging is as they age, and as their parents age and as their grandparents age. Thank you.

### **Jodi Reid**

Jodi Reid from CARA, just to circle back to all this, I was remembering the first prior to us all meeting and being appointed. I remember the meeting that was held in the basement of the Capitol that West Foundation and SCAN provided for us. And I think it's like circling back to the what got us here, the one thing that is we all have in common is that we're all going to age and looking at some of the research and the polling information about a growing sensibility about the importance of addressing age and that commonality, and willingness of the public at every age to recognize the need to address the challenges as we age. And as we may, with ability or disability, and so I do think it's a partly a framing issue instead of just sticking it in, and I don't mean that in a haphazard way for every goal. I really think it's what brought us here, is that we recognize that our state is aging, we all are aging, and we've ignored the challenges that brings for a lot of years. And now we're trying to open everybody's eyes to the reality,

both in terms of trying to create a blueprint for how we do this, how we all age, more independently, more gracefully more healthfully. But recognize and pull out the fact that if we don't have a growing acceptance and understanding and awareness of this, we need to get there and we need to get there fast because we're an aging state, and we don't have the resources and the policy in place yet and that's partly what brought us here. So I think it's the preamble in some ways to our work and not just something that needs to be part of every work group.

### **Kim McCoy Wade**

We are waiting like I mentioned at the next SAC meeting, we asked SCAN to come back and present their work analyzing other state plans and I even asked some other countries, while you're at it, but maybe that's another place we can have this framing come back to that framework you all have done so. All good feedback for us to take back. We have a robust research subcommittee update to give from our consultant Terry Shaw and a pretty brief together we engage planning group update to give, so let's do those two. Terry, research subcommittee.

### **Terry Shaw**

Hi, everybody. I'm Terry Shaw. And I've had the good fortune to be working with the research subcommittee quite a bit. And I just want to reinforce some of what we've already heard about what the research subcommittee is up to, which is, like every other committee, having a series of meetings and those meetings are all organized around the goals. We had in January, goal one, February goal two, March 19 as you've heard we'll be doing goal three, and in April we'll be doing goal four. So we are focusing on those goal areas at every meeting. And we have a great set of research subcommittee members, some of whom are also here in this room. And you can see on this slide I think a question came up earlier about are there research subcommittee leads for the different goals. And so you can see on these two slides who has been identified so far for each of the goals. So we do have point people within the research subcommittee, some of whom are also SAC members who are working on really trying to drive the research subcommittees work around two major issues. So if we can move to the next one. So, goal four, and then the next slide is really a succinct description of the charge of the research subcommittee, which is really built around how, as we're looking to achieve and maintain an Age Friendly state for all Californians. There are two things that the research committee

is particularly focused on. One, what are the recommended dashboard indicators? So how will we know where we are, where we're trying to go and what progress we're making along the way? And are we doing that for everybody? So that's the first bucket of work that the research subcommittee is working on. And it's organized around each of the goals to come up with that set of recommended indicators. And then the second bucket of work is really around, given that we know that we have imperfect information now, how can we improve our understanding over time by putting forth some recommendations around additional data and research work that can be done over the life of the 10 year master plan that we're all working on? So those are the main focus areas for the research subcommittee. And in order to carry that out, I'm going to highlight the way that the work is playing out for one of the goals which no surprises goal one LTSS, the way that we are making sure that we are cross pollinating back and forth with all the other work that's going on. As I said, the research subcommittee met in January around goal one, a group of folks who were identified on the prior slide, are working together to identify potential indicators, narrow that down to a recommended set of indicators, and bring that forward to the LTSS subcommittee on the 10th and then to the equity work group on the 17th. And then we'll be bringing feedback from those two sessions back to the research subcommittee after that point. So we're doing the work of making sure that we're kind of doing that cross pollination and I should say as each goal group is working on these candidate indicators and prioritizing among them, they are considering the recommendations and comments that have come in. And they are also, all of them, have the equity work group's equity tool in front of them as they're as they're working on that as well. We are trying to just bake that into the entire process as we move forward. I don't know if any SAC members, mostly looking at Donna or any anything else you want to add?

### **Donna Benton, PhD**

Hi, this is Donna Benton. One of the things that we really realized, of course, is that as you look to research that there are a lot of gaps. And so that we actually are having a separate gap analysis coming through showing where do we need more data and how are we going to build that out? I would say that that's turned into a big discussion for our group.

### **Carrie Graham**



I just want Dr. Torres-Gill to know that we have two UC Berkeley students working on the research subcommittee. One is a joint medical student at UCSF and UC Berkeley and the other is an undergraduate.

### **Kim McCoy Wade**

And I want to just call out also, Terry Shaw is also doing a lot of work on the internal work with our partners at CDPH who have agreed to build the thing once all these all this is designed, and then work with all of our department partners who actually have the data. Of course CDA has very little of the Aging and Disability data. So there is more work than you can probably imagine going on behind the scenes and we're grateful to Terry to helping begin to support that.

### **Terry Shaw**

Okay, so I can't resist as a Stanford grad. We also had a research subcommittee meeting at Stanford in February, hosted by Dr. Carstensen, and so we are really making the rounds.

### **Kim McCoy Wade**

I don't know how I got this job. I didn't go to college in California. It's amazing. Any other research questions again, research is up at equity work group next month and will be the focus of your next SAC meeting. We'll be hearing a lot from the research subcommittee as well as I finally got a goal two livable communities. Anything else for research? Okay, then for our last update, we're going to imagine June, we're in June. All that work has been done. Thank you, goal two, goal three, goal four, research, equity. Now we're going to share it out with the state on June 17. We're going to be in this room. Maybe it's a super webinar super Wednesday webinar, and we're going to be live streaming it in some way. And we had exactly one planning call so far, with of course Donna Benton, because Donna's on everything. And Susan DeMarois and Debbie Toth, and there was brainstorming is where we're at. We're hoping to get a save the date out in couple weeks as we firm up some details but do either of you, any of the three of you want to share some initial why you think this makes sense or what you're excited about with this?

### **Susan DeMarois**

The one thing I took away from that call it was late on a Friday everyone was driving and it was one of those things to where we didn't want the meeting to end it went over, so I think what I heard is that we're building so much momentum and we want to make sure that we don't take a dip in the summer while we wait for this October report that we keep the momentum going through the summer.

### **Kim McCoy Wade**

Yeah. I'm going to put you on the spot for one more piece. What about the role of possible local chapters or local day centers?

### **Debbie Toth**

We did talk about how we make this truly a statewide multi-participatory opportunity. To capitalize on our congregate settings, whether it's senior centers, whether it's Alzheimer's Association offices, whether it's Adult Day Health Centers, whether it's senior living, housing or all hospital partners, we had a pretty robust conversation about how we capitalize on the network of the Stakeholder Advisory Committee, but also back home, different service providers being able to bring their folks in so that we can have a really robust sort of outpouring of the information but also being able to recognize all of the input that we've had thus far. And we talked about, hopefully finding ways that we can collect them put on that call webinar, whatever superstar extravaganza event.

### **Donna Benton, PhD**

This is Donna Benton, we also discussed, particularly on the online piece, to try to use that at different levels. And to go through different age groups. I also want to say that one of the things that did come up and this came up in the equity work group, is that if we do something in person, we do have to be sensitive to there is a cost to bring people together for any event, whether or not they're already current clients or not. And we thought about certain sponsors. So we felt that, while we want to do this, we don't want to pass the cost on because if you want to involve all of the communities, you don't want to just pass the cost on immediately to the smaller agencies or larger.

### **Rigo Saborio**

I think this piggybacks on something that Bruce said earlier about, creating public awareness and moving the public with us to help advance this. Could this be an opportunity, and maybe you've already thought this through, not just to give input to what they're hearing, but actually use the opportunity to call to action around the whole master plan, and really use that as the opportunity to begin to then launch a real movement.

### **Jeanne Parker Martin**

This sounds very exciting, and I'm having difficulty understanding how it will work. So, it's great to think of having thousands of people listening in and I suppose engaging online, maybe questionnaires, kind of the polling, all those things. But what is the room? What happens here in this room? Any thoughts on that just sort of an outline what it might look like because we could have theoretically hundreds of thousands of people join in.

### **Bruce Chernof, MD**

Being respectful that you guys are just beginning to think about this. We brought this up a couple times. And so just want to remind us that this is not a master plan for the aged. We've said this many times, this is a Master Plan for Aging. Sort of picking up on some of the comments. These are more ideas and solutions. One is, how are we engaging folks who are not just older, so with all due respect to people who live in congregate communities and senior centers, we need a multi generational strategy. So not you came because you have nothing better to do, but how do we engage? I don't know. The policy faculty and the Cal State system, like why couldn't this be an assignment where classes could listen in and do something around this? I just made that up because I'm like, what would be a good tactical example. But I think if we don't have an engagement strategy, that's more than just people who are older now and people who advocate for older people, then we failed on our own metric. Now, June's basically here and I recognize that might be very hard. And this may mean this may be as much a harbinger for what we should do in October as what we do for June but June could be a dress rehearsal for October. I think the other piece sort of building off of Rigo's comment is this idea of longitudinality. So what are we asking people to do in June? Is there another run up, is there a call to action between June and October that gets amplified in October? I would just think about June in some ways as almost, it's a chance to try some stuff. It's a chance for us to have a broader communications campaign, one that really is multigenerational,

one that could be leveraged in October. How do we keep people engaged? And multi generationally engaged?

### **Jodi Reid**

Jodi Reid from CARA. I think I signed up for this, but I obviously missed the first meeting. But I'm willing to help on this. And one of the things that we've in an effort to try and engage people who are our members around the state, one of the things that we've used and other people have used that I really want us to think about is, especially as we're trying to engage people who have different language issues, different cultural issues, that this method of doing like a centered event without sourcing some stuff. The way it has worked the best for us is that we have some sites, and that there's kind of a facilitator at those sites that has language competency, that has specific cultural competency with the group that they're engaging with, so that something can be posed here. But there can be conversation there that can then feedback in. And so maybe we practice, we're not going to be able to do everything in June, but that we practice trying some of that because if we really want people to be engaged, and I really appreciate the comments about ready to act, because that's kind of what we do. And what I want our folks to be able to do and to help support this work, that they have to feel a part of it. And just translating words is not good enough. It has to be talked about in a way that people are comfortable with. So maybe having some of that planned that if you want to come to a group that's going to be engaged in responding in Spanish, then here are a couple of sites that will be facilitating that. I'm just using that as an example. But just think about how we do this. And it may not be everything, but at least try some of that in June. And then think about how we push that out.

### **Heather Young, PhD, RN**

I'm thinking about the people who will enact the master plan and the decades to come and how important those people are in this conversation. So, I'm thinking about not only in June but in because right after graduation and they're all on holiday, they won't be available. But I'm thinking about the future healthcare professionals, the future caregivers, the future everybody. And if there would be some way for the government to say this is Aging Day in California, whatever it is, and have an effort where we reach out to community colleges, we reach out to poli-sci, we reach out to all the different departments and universities, colleges, high schools, and there's like a study guide for people to have a conversation about the future

and for them to really be thinking about their role in this because we're making up things that others will enact on our behalf. And that's the group we have to engage now, because I really wish when I was 15, someone had come to me and said, I'm so happy you're working as a nursing assistant at night because you've got a future. And I wish that we could do that for all those people out there who are raising their hand and are interested in the future of being part of this. So much to the extent we can inspire them, I would really love that.

### **Bruce Chernof, MD**

If I could just sort of barge in really fast and just, I mean, Heather, you said in a much more eloquent way, what I was trying to say and I think this idea of longitudinality and really using the power of the governor's office, to engage across generations and to set a different kind of discussion and I think about the work of the equity work group, which was, how do we really engage communities whose voices are never heard? And what is the structure for that engagement? This could be a really powerful opportunity. And there could be cycles of input. I mean, I'd love to hear every school rank its top four or five priorities. There are ways that we can continue the discussion and maybe some of those people, at each level, whether you're a high school student or college student, graduate students, become fellows, maybe they were a small subset of fellows, so people would come work on a project for a period of time. But you can create an environment that's kind of self-engaging, we're creating the next generation of aging leadership, we're bringing in communities that are never heard from, or hardly ever heard from or parts of the state like rural areas, which are always like, once we fix the urban areas, we'll get to you that kind of stuff. So this is a place to spend some time and frankly, for there to be future investments both from I think philanthropy and the private sector.

### **Clay Kempf**

I had really similar thoughts. I think the piece that hasn't been said that I would add to that is this group is pretty good at having high level participants on it. And also, I think the grassroots coalition is well represented, but we're kind of missing those middle policymakers and in terms of implementing it besides Heather's comments and Bruce's comments with the educational component, I also I think things like you know, rural cities or cities in general and county boards of supervisors, that they are a missing piece in this and to bring them along, they need some

sort of event like this to give them the call to action if they haven't gotten it already. I would include that group as part of what we try to do on June 17. And reach out to them. Because we know delivery is going to happen at the local level. And this is a way to get the policy leaders locally involved in the long term in the media plan.

**Kim McCoy Wade**

And just for our segment, just a few more minutes of comments and then we'll move to public comment but just a friendly amendment. Supervisor Kathryn Barger is a SAC member from LA County. And we've been working very closely with the CSAC and CWDA and we actually presented at CSAC, a couple weeks ago and given about 10 minutes, which is the monthly board meeting with a representative of the board of all 58 counties and we had as appropriate about 10 minutes on the agenda and about 45 minutes into it I had to go. They were extremely extremely engaged, but to your point, making it easier for our board of sups and other local leaders, but there's a huge amount of interest from that group to tap into and leverage. So, Judy?

**Judy Thomas, JD**

Judy Thomas, so kind of related to that, I was thinking, what's an infrastructure that exists throughout the state that might have an interesting, convenient people locally and maybe have a little bit of money to put into it? And I thought about our legislature. So maybe there's a way to leverage them to having town hall meetings on June 17. Y'all should have been on the call.

**Cheryl Brown**

What day is June 17?

**Kim McCoy Wade**

Oh, it's a Wednesday. You know, we love our Wednesday.

**Cheryl Brown**

I just wonder because you know, they're in session on Tuesday and Thursday.

**Kevin Prindiville**

A couple quick things. One on the intergenerational piece. We're actually working with a group of students at Cal State East Bay, where they're doing projects around developing recommendations for the master plan. So I like Bruce's idea of trying to find some way to institutionalize that going forward, I think also we'll be coming right off the budget on June 17. And hopefully, it's an opportunity to celebrate some budget win, one that we haven't talked about here, because the governor already has it in his budget is the expansion of Medi-Cal to undocumented, older adults. And that effort was really led by young people. And so maybe inviting them in to talk about that success. And to celebrate that with us. We have to leverage press in this event, that's going to get us a lot farther than our rooms. And then I'd like to request and maybe if the SAC, collectively could request it would be wonderful to see the governor. We haven't seen him yet. It would be a great chance for him to come celebrate whatever he signed in the budget. And we won't to have the plan done yet. So, we wouldn't expect that he would be endorsing a plan. But I think the SAC should ask the governor to be with us that day, to demonstrate his commitment.

### **Nina Weiler-Harwell, PhD**

I wasn't able to make the first caucus was on a plane back from the round table. Just a couple of thoughts that I know we have another call I think next week. Let's just make sure too when we're bringing in various groups with all the money we're going to get, have a super duper listening sessions with no technical glitches that we're also thinking about bringing in potential, have to talk to our folks, see if we can invite AARP chapters to listen in, independent living centers, the Santa Ynez community would be fabulous. And I really do support the idea of a teaching guide. Listening and then really a facilitated conversation for like a watch party. Yeah. And lots of other ideas that I'll share going forward.

### **Kim McCoy Wade**

I really appreciate this big bold brainstorming. That's exactly where we are. Last word, Cheryl?

### **Cheryl Brown**

Yes. Thank you. I just wanted to remind you that on May 11, the senior rally, would be a great time for us to practice or get a little bit of an idea of how we're going to do June 17. Doing it on the Capitol, and having people

come out, having the advocate advocates come. And I think Nina is speaking. And Sarah. Yeah, I think they're all speaking. And I think that that would be a time when we could really get the legislators to come out and just get a little snippet of what we've been doing all this time. That will give them a little impetus to go back to their communities and have the town hall that you were talking about, but you have to have a reason for them you have to get them excited about what you're doing.

### **Kim McCoy Wade**

Yes, and we will take all this brainstorming back there is a biweekly call series and it's just started if we left you out thank you Jodi, so noted. Drop me and Ellen a note. The other part of this, Amanda Lawrence I mentioned she started at 9am this morning. This will be Amanda's, she will be your point to help figure out what is that big, bold vision that leverages a packed celebratory room here, but also is meaningful engagement locally. I think that was exactly the conversation we had that talks about local leadership of resource kit impossible actual physical resources to pay for food in some nominal way, at least. Our next step is is writing up this concept, taking it to the equity work group to really help us shape it and then by the end of March, having a plan and being able to start announcing it and recruiting leaders and recruiting sites. With the resources we have, the timeline we have, but absolutely see it as a critical moment. So more to come on that, but you got it on the ground floor and gave us a lot of great energy and ideas and we will take it and run and come back to you. Okay, that was a whirlwind tour of all things Master Plan. We do want to open it up to public comment for at least 10 minutes if not longer. And we usually ask folks to aim for about two minutes. Thank you for being with us all day, are part of the day, let's just give everyone a chance. That's great if you can aim for two.

### **Jeff, advocate**

This is Jeff, an advocate. Here at the first meeting, I will offer this. What is missing right now is that consumer. If you had had a consumer you would on your long term, understood that part of the problem is having to relocate to accommodate your caregiver to do the other services and things. Because you had no consumer, that insight was not offered to you. I bring that to your attention. I also see with Kim, she's got a number of other commissions and other groups. I see no mention about the omni busman and other programs that you have currently going on in the Department of



Aging, that you have no input through there. Right now in response to the intergenerational, a suggestion if any of you are here for March 11, when there was another hearing, that will be taking place I believe at 1:30 in the afternoon and 4202. But if you get here earlier, the UCC Center, this is where they will have their student policy procedures. They do quarterly and this is an example of the brightest of the UC campuses, political science policymakers meet, and they were coming up with things. I invite you to consider because maybe that's something again your department of resources, might see if you can get them in for either summer or fall time to do something related to this Department of Aging. You would have these comments back in February 19. But again, public comment was cut off. So just alerting to you .There are so many things that you are missing. There are so many things you don't have in there right now. I will be Wednesday because there is going to be an oversight hearing, dealing with for natural disasters of how we are unprepared. Offer me again, offer you some insights of how else Department of Aging might look at unprepared. To me what I am finding disappointing is you don't have a call to action right now this year for the budget for between now and June and for next January's budgets. Right now you should do this and have, whether it's the oversight, whether it's pre funding of money. I have participated in four from the older Women's League. So, when that one we put in there about the elder index, because many people, legislators, do not understand the elder index, and we also put, please pre fund the Master Plan on Aging. And those are things you could do, oversight you could be doing. These are things all important right now to get in functioning, working. And as I offered, back then we started timelines. You've done I think, an incredible job, but there's so much more that you need to be focused on and doing. I worked with Kim last year on CalFresh and the program and things that came through there, only four committees going together. A lot of work. Your timeline August through here. And what I asked for in January was some form of feedback to see our lovely, apparently the CalFresh group decided that it was important to meet quarterly. So, it's just an insight that you need some way of connecting about going on beyond just perhaps your oversight.

## **Greg**

I'm Greg with the Arc of California. First of all, I want to thank all of you for your work and your interest in this incredibly important subject. My interest in crimes against people with disabilities, which includes of course, disabilities caused by aging and goes back about 15 years when I was

working at the senate office research. And so it was kind of an academic interest at first. I found a large, stunningly large body of research about the extent of crimes that go unreported and unprotected against the people. I came across one, there was one California study, which I'll quote just one little bit of it. Lack of reporting occurs for various reasons, including that the criminal justice system cannot or will not serve those with disabilities. Therefore, it is entirely appropriate to refer to people with disabilities who are victimized as invisible victims. As such, they have historically and in the present day been systematically denied access to justice via their criminal justice system. That was, I think 2003 and there has been some progress in the legislature since then. Also, since 2003, the governor and legislators repealed or eliminated the mandatory training police officers on elder and dependent adult abuse and eliminated other programs. It is, these studies used words like appalling, shocking, so forth. Where it really sunk in to me though was when I actually talked to somebody, a woman who said she had been victimized I'm not sure what it was I think it may have been sexual assault called the police and nothing happened. Nothing happened. That was 15 years ago. Then there was another study just a few years ago, a national study of the crime victims with disabilities. 53% said that. That they reported to authorities and nothing happened. I was one of the people who put together the letter. I hope all of you have seen it. 20 organizations asking for 28 very specific actions, recommendations, in the field of what the statute now calls Senior and Disability Victimization which is elder and dependent adult abuse, it goes well beyond that too. I really hope that you will look at every single recommendation from them and from the Elder Justice Coalition and from the California Elder for Justice in Aging. Come up with a really comprehensive plan? We don't need more little incremental steps that fits somebody's budget. We need a comprehensive plan. And for those who can work for the administration, of course you have a moral and ethical responsibility to respond to the governor whenever directions. But from this group, you and all of us are advocates, when the governor appointed you I doubt he said to any single one of you who wanted to give us some advice, but don't give us any advice is going to cost very much. He knew he was getting and we should come up with a plan that is really comprehensive. This is the beginning of it. It is 28 points. If there's anything in here that you think is a bad idea, don't do it. But short of that I'd like to see every point in here included in your report, which the administration is then free to do with whatever it wants, likewise the other recommendations. Thank you.

**Marissa Shaw**

Hi Marissa Shaw with hand in hand and you heard me before, I basically I have a question. I saw your goals and they are extensive. Good luck with that. So my question is, are people from the public able to sit on these subcommittees or assist you this?

**Kim McCoy Wade**

On goal 2, 3, 4 those work groups are SAC work groups that are meeting independently. So the feedback they are taking is from the recommendations, the public comment in the Webinar Wednesday and then they're bringing it back to SAC in May. Equity is a publicly held meeting, research is a publicly held meeting, LTSS is a publicly held meeting and this today the Stakeholder Advisory Committee is a publicly held meeting, so there's both things happening.

**Marissa Shaw**

Okay, so did you did you hear my question?

**Kim McCoy Wade**

I did my best to answer it but if I missed it, let me try again.

**Marissa Shaw**

So, okay, good. Basically, I'm asking can people from the public assist you on those four subcommittees, I don't know what you call them.

**Kim McCoy Wade**

Yes. The current mechanism for public input to the work groups is the public comment, the recommendations, the written I think if you're asking about joining the work group that hasn't been contemplated, but we can take it back to the captains and captains can look at who is currently on their work groups, which is currently staff members, LTSS members, research members and equity members make up those work groups and look at whether there's an opportunity for more members or public, you've heard consumer voices here, but at this point, the work groups are made up of existing members of committees.

**Marissa Shaw**

So, I'm not trying to belabor this point, but basically I'm asking do you do these groups have an at large position?

**Kim McCoy Wade**

No.

**Marissa Shaw**

Maybe you want to consider that because I think these groups need to be expanded a little bit. I don't know the woman's name, but when I reentered the room this afternoon, I didn't know that people of color don't like to be called that. My point is that, I'll speak for myself, but, and you may not like this, but people with disabilities don't like not having their own self representation. There's a phrase within the disability community, nothing about us without us. And when we are not, when we're physically not able to, or we're not able to join the conversation. Then what it looks like, I'm going to say it, but it looks like a bunch of able-bodied do-gooders that are trying to help our community, but when a community is not represented it looks really bad. And I know that everybody in this room is not trying to do that. But there needs to be at large positions because, you know, you talked about different communities and what that looks like. You're talking about aging in place, and you're talking about different aspects or ways to potentially spend a lot of money. And I heard to that, like vision, LTSS, so forth, but the interesting piece about that when I heard that conversation earlier this afternoon, durable medical equipment wasn't raised at all. Not at all, right? Okay. And I think every community has that to some extent, but people with disabilities, we're not going to be able to leave our house without some durable medical equipment. I can't even use my bathroom without durable medical equipment. So, this is what I'm talking about. And sort of the last comment that is really kind of scary is you don't know what you don't know. So therefore, because you don't know, I really strongly suggest that you think about an at will position or maybe several at will positions. Because, and I'm not trying to toot my own horn, I am a little, but I mean, like, yes, I'm an advocate for my community and I've been an advocate for the last 30 years. But other than being an advocate, I am a graduate of Berkeley and I have a Master's in Public Policy. So, this is kind of right up my alley. I mean, I could sit here and a lot of my friends could sit here and I'll sit at the website, and make comments but the thing about it is, is that I think there's something about being physically present, because if I didn't think that was important, I wouldn't have shown up this morning. I

could have done something else. But I think this is important. And I think you guys all should think about what that looks like in terms of do you want to see that at large? If you do, what's that going to look like? How many you want at large? Yep, you have an arduous task in front of you. And I think it would behoove the four goal captains to think about that because otherwise you got a lot of work ahead of you.

### **Kim McCoy Wade**

Yes, no, I want to thank you 100% for that input and feedback. A couple different points in there. We are absolutely committed to that ethos and have taken great steps to be as representative and diverse and there's always more to be done. I think is an immediate first step we can post who is on the goal two and three and four work groups so people can see who that is and see that there has been initial attempts in pulling from the hundred or so folks who are on SAC, LTSS, research, and equity, that there has been an attempt to be inclusive and diverse. We can at least put some more transparency on that. It doesn't speak to your second point about whether there isn't more to be done. And just in that same vein, the equity work group, we went out twice to get the right mix. We went out once and 35 people applied, and we appointed most of them, but we did not have representatives from the tribal community or the disability community. So we went back out and got 35 more applications and appointed two more people to make sure that group was representative so we can take that to the workgroups. The captain's I hope you're hearing all this and thinking about who you have at your workgroup table, how we can broaden and diversify that, how we can add transparency, how we can have meaningful engagement. I think everybody wants to do that. I think everyone's struggling with unfortunately, just timelines, but that's no excuse. We can do better and do more. And we will. I know we're at three, but let's do a couple more. How many more in the room? Do we think we have? One? Terrific. Two, two in the room, and then I'll try to do my best to sum it up.

### **Michael Lyon**

A theme that we've heard today, very frequently is this idea of outreach. There's this huge public out there that isn't aware of this crisis that is coming on. How come the public isn't aware of this? And I think the reason the public isn't aware of this is because it's a very, very uncomfortable thing to think about. People don't have pensions anymore. People don't have savings anymore. I mean, my family's trying to get through two of my three

kids. Their struggle is to get through the end of the month, not to get into age-hood. And so, think about how they got into that position. Their wages have been stagnated; their defined benefit pensions have been taken away. They've been basically pauperized. So it's no wonder they don't want to think about preparing for when they're old or when they're disabled. And so, you want to design a program now, and of course it's going to be driven by the budget, but when you think about this and where the funding is going to come from, I would suggest to you that when you talk about a progressive funding mechanism, what you're really doing is trying to take back what's been stolen from us.

### **Linda Reynolds**

Afternoon, Linda Reynolds American River College. And I want to thank all of you for your fantastic work. The progress is amazing. I put my comments pretty much in the chat throughout the meeting today. But I do want to address two things, Age Friendly University. I put in the chat the link to the Gerontological Society of America page on the Age Friendly University. The Age Friendly University movement is really clear, clearly addressed by their webpage and it has the 10 precepts in that. So there's a link in the chat to that. And I encourage you all to visit it. Also, the Gerontological Society of America launched on their website a course called Ages and First Aid and all the stakeholders and all the subcommittee members have been added to a VIP user list, so that you can take the course and find out exactly what it contains. It addresses promotion of the field of aging and employment. It teaches about programs for older adults. It addresses how ageism is developed. It also educates people on what aging really is. And it contains a module of communication training that includes cultural competency, ableism, and all of the things that are on your agenda as knowledge gaps in the workforce. It's written in language at six to 10th grade level, so it's accessible to people of all ages, and it has no professional terminology to speak of. So you're all there. I forwarded an email to Ellen so that she can send you all the links. And I hope that helps address some of the concerns about ageism that came up today. Thank you.

### **Kim McCoy Wade**

Thank you for the resource and the partnership. Much appreciated. Last comment, thank you.

## **Keith A.**

My name is Keith A. and I applaud everybody here because I know you have a special interest in serving the aging population. And I think a few days ago, you had demographic information about the growth of the aging population. Historically, little bit of background, I used to be on the Senate Budget Committee. I worked for a guy named Senator Alquist. He augmented Alzheimer's daycare center \$20 million, and that is no longer there. As indicated earlier, we haven't gotten back to where we were, yet the problem is exponentially higher now than ever before. In fact, Senator Alquist at that time, indicated where there is an AIDS pandemic, nothing against AIDS, but the number of people with Alzheimer's was greater than the number of people with AIDS. And we know, factually, it's exponentially worse today. So to me, part of the exercise really has to be how do you develop the resources to support at least augmenting and taking care of the aging population that is growing dramatically over time. And some of those will be cost benefit analysis. If you do certain services in home care is lot cheaper than 24/7 skilled nursing facility care if you could delay it with appropriate care, but at the same time, we know both populations are growing so it's not cutting that but showing the governor that if you don't do this, this is where it's going to skyrocket on the entitlement programs that are going to be demanded on either the Medi-Cal side or at the federal level, the Medicare side. So anyway, you've got a brilliant group here. And part of the brilliance of the group, I think really has the ties to how do we fund programs based upon where we're going to be because to me a strategic plan, a master plan, projects out that the aging population is growing. And that means the demand for resources is going to increase. Thank you very much.

## **Kim McCoy Wade**

Perfect summation of where we are. Thank you all for an incredibly productive day, both we went wide and we went deep, and we mostly stayed on time. Just a very quick run through of course, we will be, I heard from our team that the action ready items is already posted on our website. The grid will come soon. Progress report with any feedback. Remember, this is our soft launch any feedback, we'll get that up in a couple days, and the slides will be corrected and repost, that's the easy stuff. The big thing is the LTSS action that you all voted on. So look for the new draft, the new transmission letter coming to equity, coming to SAC, so much more to come week by week by week. Very exciting. We'll also spend some time on

goal 2, 3, 4. Getting that leadership, getting that membership, making sure you have all the recommendations, really getting the foundation right. So thank you to all the comments including the public comment on that. Equity, you're rolling. Got lots to do. Next content continues. Research is also continuing, we will be deciding this plan on June 17 of all the input by the next end of the month. Doing some thinking about our two main meetings 10 days apart May 18 and May 28. Both going on goal two, goal three, goal four and dashboard but also having these ageism conversations, these intergenerational conversations, the Dementia conversations and cognitive health, how do we do both, so we'll think just a meeting co creation and then so much to say many of us are going to ASA at the end of March, there will be two master plan workshops there too. So thank you to Justice in Aging and West Health for making that happen. That's very exciting. And maybe we'll have a meetup in Atlanta for those of us who are going and thank you for the GSA resources. We'll send those out as well with our connections to our professional community. And then sounds like many of you will get together and talk budget on your own time. Otherwise, I'll see what the budget hearing on Thursday right Clay? It's our first budget hearing. That's my list. Anything else to add or correct?

### **Cheryl Brown**

Is anybody going to the airport?

### **Kim McCoy Wade**

If anyone's going to the airport, see Cheryl. If anyone wants to decompress with the CDA team, you're invited. Have a great one. Thank you. Thank you, everybody.