

## Comment/Suggestion

1. Ensure that you include people with disabilities across the age span
  2. Mobility facilities, Residential living with mix of young and senior to facilitates support to each different generation.
  3. Prescriptions for seniors must come down. Medical insurance for seniors should be available at any age.
  4. Soy pastor evangélico y consejero en adicciones y podrá apoyar en esta Área. Me gustaria recibir informacion continua.
  5. My suggestion is there has to be a plan that no elderly be abused day after day, for years, for just being old and unable to take care of herself or himself by placing the elderly without their desire or wish , in a facility by some family members with power of attorney, in a room and facility with employees and care givers that do not speak the same language as the elderly and the elderly cannot even express if is hurting or if is thirsty and other type of abuse.. I have witnessed this inhuman treatment even though the elderly can speak 3 other languages and has worked hard with dignity all her or his life and financially very well. Obviously, these facilities need to be monitored by reliable social workers and reports made for proper action.
  6. More affordable housing close to transportation for those who choose to live independently. Have all Medicare plans offer a number of free rides for doctor etc. appointments. Easier transfer from independent living to assisted living. Links/counselors between housing types. How to determine what subsidies are available and where.
  7. Increased accommodations for senior citizens on public transportation. More signage is needed.
  8. I'm especially concerned about seniors, like me, who live in rural areas with limited means of transportation and opportunities to form face-to-face social networks. I'd like to see outreach and education to help us to become more computer/Internet savvy in order to mitigate our isolation.
  9. The governor and state legislators should absolutely increase the state's SSP portion of SSI/SSP grants for low-income seniors and people with disabilities! State policymakers deeply cut the SSP portion of the grant during and following the Great Recession, and these cuts significantly reduced the value of SSI/SSP grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. I see the long lines at food banks, mostly people receiving SSI/SSP. Please restore these cuts, lives literally depend on it!
  10. Our church also is starting a group to help the "Ageing in Place."
  11. Alzheimer's education by HHS about lifestyle lowering chance of getting the disease
  12. More Senior Housing should be built. Skilled Nursing Facilities, Residential Care Facilities for the Elderly, Board and Cares and Adult Residential Facilities should be included in any housing plans at the state and local levels. Too many are closing. They need to be supported, and people should be encouraged to open more.
- A better system of care should be built which rewards good outcomes, and we should stop support for programs that do nothing and do not serve us well. Again, we have an expensive system with poor outcomes. Someone needs to look into this.

We need another system for financing in-home supportive services, like another Flexible Spending Account that people can contribute to, starting a young age."

13. Please keep greedy landlords from upping rents to what seniors cannot afford! Too many will be living in cars because of this!

14. Not at this time.

15. Low cost housing and medical coverage for all. Make it available for the poorest to navigate ways to become part of the solution, instead of ignoring them.

16. The organization I work for is involved in a variety of areas to ensure that California is a disability-friendly state and that includes improving service delivery for seniors. First, aging issues are disability issues in many ways, so I strongly suggest that the Master Plan for Aging includes all people with chronic health conditions. Second, one of the biggest issues facing people with disabilities and seniors in California is lack of access to affordable housing. Many people with disabilities and seniors are turning to the Independent Living (IL) Home market to try to bridge that gap. While there are many good IL Homes in California communities, unfortunately there are also some that are unsafe and harming vulnerable populations. Meanwhile, local agencies including local Counties, are looking to these IL Homes to be the answer for the housing crisis. The State of California needs to address the lack of oversight of these IL Homes.

17. California

18. Over 50 Villages representing over 7,000 Californians, make up the growing membership of Village Movement California. <https://villagemovementcalifornia.org/> We are uniquely experienced in building communities that address social isolation and that provide social care and the day-to-day practical support that keep people living in their communities. We are leaders in the age-friendly movement and are ready to participate in creating a Master Plan for Aging that will be an example of innovation across the country.

As President of the Board of Ashby Village in Berkeley, and as a member of Village Movement California, I pledge both personally and with my communities to engage in this exciting process."

19. First of all, all no-fault evictions should be made illegal. I myself have been in my home for almost 50 years. I am told I must leave very soon due to what is called The Ellis Act. The Ellis act should be discontinued immediately

20. End poverty in SSI/SSP by restoring SSP grant cuts so all older Californians on SSI are at least living at the Federal Poverty Level, and a truly age-friendly policy would raise grants to the Elder Economic Security Index.

21. Somehow merge the Sr transportation systems that seem to be city managed into a larger entity that covers the whole metro area.

22. Too many seniors are confined to their homes as a result of poor mass transit. There should be more connections between buses, Bart and Caltrans. These various forms of transit should be coordinated so that a senior seeking to visit a museum from the Peninsula doesn't need to change from bus to Bart to bus again and then walk blocks.

23. Set up dementia friendly cities and communities. Educate communities how to help people living with dementia to remain as long as possible in their homes. Train interested people to become dementia buddies. Engage all stakeholders in the communities to think how we can live and work together taking under consideration to find meaningful roles for people

living with dementia in our communities. Create safe dementia friendly spaces (community centers, cafes, restaurants) where people living with the disease can find a safe place to go to without being judged. Offer in those places' meaningful activities.

24. I like to join in and learn how we can have a master plan for the growing aging population SOONER. Now is the time to gather the BEST MINDS to design; build the architecture in aging community with tiny homes/dwellings with services.

25. We should do all we can to allow seniors to remain at home or in the least restrictive environment possible. People shouldn't be forced into nursing homes just because the government won't help pay the cost of assisted living. We need more resources for people with dementia and their caregivers to enable them to stay safe and avoid isolation.

26. I am 73, and having a hard time adjusting to the housing standards. Finding a safe and decent place to live the rest of your life. It is very, very, very expensive.

27. Support and help to expand the Village Movement California. State funds should go to supporting these organizations so that they can support local seniors. Financial, advisory and all other forms of help are necessary, now.

28. Please increase the state funded part of SSI so that the grant is at least 100% of the poverty line.

29. Start by giving us a tax break! I was transferred to CA for work at age 50. Worked in CA for 15 years while most of my earnings were realized during my latter years, thus paying more in taxes. Now that I am retired, we are faced with moving to a lower taxed state. I feel that California purposely is trying to chase the middle-class elderly out of CA.

30. "Be part of State Committee.

I am the County of Santa Cruz County Vice- Chairperson and Former Mayor of City of Watsonville.

Also, Former LULAC President of Salinas Council."

31. I would like to participate in the advisory board. How can I be appointed?

32. California taxes pension income (at least out-of-state pensions) at regular rates.

California is a very expensive state. It would be easier for seniors to afford living in the state if their pension income, like social security, was taxed at a reduced rate. Many, like me, receive pension income in lieu of social security.

33. "As we age, we all have to realize the limitations which are imposed upon use by the biological process of aging. However, aging does not happen suddenly. It is a continuous process which we realize when we are unable to perform certain tasks due to limitations of our sensory organs or organ of action. Maintaining physical exercise schedule is extremely important; all seniors should be encouraged to participate in regular physical exercise. Our state should make it available for all seniors and provide support to take them center where they can exercise.

Seniors are able to contribute to the economy and they should be given opportunity. Money may not be the only incentive at this stage. Current system of volunteerism is totally broken, and it needs to be overhauled in totality."

34. As a concerned caregiver who is very familiar with Alzheimer's, I believe what the aging community needs most is love. They know there isn't much time left, so the quality of their life should mimic that of a child. Not in the sense of treating the aging community like kids but providing them with what is mandatory for a parent to give their child: unconditional love,

safe shelter, healthy food, physical activity and school (something that stimulates their mind). Most senior living establishments claim to provide the aforementioned, but really, they only care about their bottom line. More could be said about how to do this, but there isn't enough character space to explain it all. Looking forward to having a conversation about this, in the very near future.

35. A realistic actionable plan to prevent age discrimination in the workplace.

36. All senior centers should have an excellent quality lunch program. My information on the deterioration of the food quality of such programs comes from my 98-year-old father who volunteered for the La Mesa Senior Center lunch program for over 25 years. This deterioration was always tied to budgetary constraints which translated to the senior lunch being provided by the lowest bidder. This is not the way to treat our elders. Not ever.

37. We need to do deeper and wider community outreach.

38. Increase public transportation availability.

39. 1. Affordable housing for seniors and youth, helping one another (ex. senior housing, after school care, and preschool care together. solving the cost problem for all)

2. Affordable caregiving

40. Seniors on disability and on fixed income must be able to get affordable housing or have some sort of rent control in our cities. We've lived in a 55 and older apt building for 3 years our rent started at \$1282 and is now \$1582. Next raise we will have to move out

41. 1. Remove the asset/property/resource limits on qualifying for Medi-Cal for Non-MAGI programs.

2. Build a pipeline or ladder for more in-home care for individuals so that folks can remain in their homes instead of going into facilities as they age and health declines.

3. Enhance Meals on Wheels programs to increase the number of people served and the number of meals provided.

4. Link animal shelters with long term care facilities, board and care facilities, and Area Agencies on Aging to provide homes for animals in need as well as improving the quality of life for seniors.

5. Address the housing shortage and resulting homelessness issue. Seniors are increasingly being forced to live on the streets."

42. It would be nice to have a one-stop web site where information on all the services and financial assistance for seniors are explained.

43. Abolish EVV (Electronic Visit Verification) including GPS tracking for IHSS providers, Right to organize, get a living wage, pay union dues and benefits, get social security and Medicare, pension, vacation and sick leave etc.

44. Make ending poverty among older Californians a top priority, including raising SSP payments significantly so that people are not forced to live in poverty.

45. Keep families together by supporting home and community-based services.

46. This is needed MUCH sooner! We need rent control by legislation. Currently, rent control laws have NO way to help the senior citizen on a limited income, such as I am. I live in a federal-government-subsidized senior complex for low-income seniors; that's great, but there's no law that prevents the rent from rising at the same levels as other apartments for regular; higher-income folks. Families with children get rent subsidies, but we seniors have nothing. I have lost ANY increase to my Social Security over the last two years to rent

increases - not Medicare, but RENT! I am now able to keep LESS than I did before the last two cost-of-living increases granted to Social Security recipients. I am a single adult, so there is no 2nd person to help pay the bills. Please help on getting legislation to help we limited-income seniors be able to stay in our homes! It may take federal legislation, if state laws are too difficult to manage (for 50+states). Thank you!

47. Create more senior communities that include services they will need to utilize within the community. Include grocery center, hair, spa, entertainment, park, community center to entertain visiting family. Have housing for seniors who want to share space with another senior (roommates). Have programs in place to ensure seniors get help with apply for any programs they qualify for to assist with housing costs, medical and medical equipment. Include a pool and exercise area. Allow local farmers to come in and sell produce at a farmer's market.

48. Affordable housing and healthcare are my major concerns.

49. I am working on suggestions...

50. Developing age friendly creative activities that are culturally inclusive and personally significant is my goal in this city on the hill. Making beautiful performances and projects is our legacy.

51. "Since the need arose, I've become an activist in assisting the San Diego Housing Commission in securing the safety of the Senior apartment complex I live in. The concept you're proposing needs to happen on a micro level where I reside. What's missing in California as well as where I live is a solid sense of community.

52. Make fishing licenses free for seniors 70 plus.

Reduced campgrounds fees for seniors 65 plus.

Freeze property taxes for seniors 65 plus only to be increased at death on last joint owner. At that point the tax can be restored to include all of the deferred increases.

Vehicle registration fee based on mileage for all seniors. Make it revenue neutral at 12,000 miles.

53. Seniors need meaningful activities to thrive

54. Increase universal design- Most older adults want to Age in Place and Community. In order to do so, the dwellings have to be safer and designed for health and mobility challenges that older adults face. This needs to be a concerted effort. I am working with California Coalition for Rural Housing and others on these strategies

55. will be reviewing suggestions later.

56. 1) Adopt inclusive messaging at all levels of public discourse on ""aging"". There is no us/them ""the aged, the aging, older adults"". Inside everyone is the child with hopes and dreams of fun, freedom, and friends. How we name the problem to be solved frames the answers available to our mind's eye. Everyone in California will grow ""old"" unless tragedy intervenes in one's life course. Envision a California that embraces everyone throughout their lifespan. With that vision in mind, ask questions like, ""Who is not included in the everyday life of the community and What are the barriers to their participation?"" Do those barriers become bigger or more numerous as we age? If so, then the problem is within the domain of a Master Plan for Aging. The awareness generated by inclusive messaging enables greater acceptance by community members of all generations.

57. Get rid of our Governor and put a person in that cares about all people of all ages. Provide social services that benefit the elderly in local communities. Transportation, senior housing, and great medical facilities.
58. Stop silencing issues and understand that workforce issues, economics, education and business all intersect with aging, and aging should not be a department of its own, but rather integrated within all diverse sectors.
59. The number item I see that will dramatically affect age-friendly is the Trump administrations threat of cutting the food SNAP program which many depend.
60. Age-friendly neighborhoods, transportation, and walkways. Village model concepts and aging in place incentives and policy initiatives to support services. Linking neighbors together to assist in aging in place with the help of family and other organizations.
61. Each community needs an adult daycare facility, providing caregiving (family) respite and support and is free or fee based, or, is supported by organized scholarships, in whole or in part, for the purpose of supporting cognitive and physical activity programming. This serves to support the dignity, well-being, and development of the multiple components required for aging personal satisfaction and purposeful achievements. But most importantly, using forward thinking for the creation of a multi- generational community. Vital, bringing old and young together would naturally forge a mutually beneficial mindset:  
One example; A Community Gardens that can produce important nutritional resources for senior residential care facilities, community Food Banks, City Senior Centers, and educational opportunities  
Secondly, successful multigenerational projects and communities have proven track records where the paring of old and young, produces generational tolerance and mutual support.
62. I will have more suggestions once I've had time to review your work to-date. At this point in time, my biggest concern is the challenge of affordable, accessible housing for everyone.
63. Encourage master plan developments one story housing independent living near UCLA MEDICAL CENTER AND TRAIN. CULVER CITY, Santa Monica Brentwood. Need safe walkable communities in URBAN areas not way out in isolated suburbs.
64. Include multi-generational involvement with services for the aging population. For example, some countries have college students live in senior housing complexes or assisted living facilities. This provides the seniors with needed assistance, as well as, free housing for college students.
65. Eliminate taxes on Social Security checks.  
Strengthen age discrimination laws in hiring and working personnel.
66. I think that the plan should include ways to address/take into account institutional racism and ensure that all people of California are treated equally and have access to services under the plan. I think there should also be built in accountability measures and enforcement on bad actors so that the plan can be successful for all.
67. As a retiree it would have been extremely beneficial had the healthcare and or insurance industry published many years ago a list of the most common maladies and causes thereof that retirees might be susceptible to in our advancing years. As an example, I now suffer from neuropathy, something that I wasn't even aware of until diagnosed, the cause of

which I could have and would have mitigated had I been aware of this condition several years earlier.

68. Invent ways to prevent the rampant form of discrimination in the workplace, age discrimination, as we have with other forms. I'm not sure what the answer is, but information, education, cultural and legal change would be a start.

69. Before an insurance co. approves a person for enrollment in their plan, they should tell the individual what medications, that the person is taking, will be covered and the price. I enrolled in Express Scripts and they will not cover a medication that works for me, even after hearing from my doctor!

I know I'm not the only one, trying to float in this boat.

Thank you!"

70. More affordable housing for Seniors

71. That California has a master plan which allows all to age in the homes and communities of their choice. That we have a person-first and not a program/provider-first approach. That the master plan touches the lives of all older Californians and not just those served by public programs. That the plan has measurable benchmarks and that funding follows the goals the plan lays out.

72. Seniors safety.

Seniors housing.

Seniors rights and respect to them.

Senior bullying.

73. Long-term Care is for everyone -

74. We need more housing that is affordable for senior citizens that have a fixed income that don't qualify for a government subsidy.

75. Low income housing for seniors close to transportation/city centers is key

76. Increase Social Security with additional funds allocated for home caregivers. Lesson the cost for medications or provide lifesaving meds free. Most seniors can't afford housing on their SS, provide seniors with reduced mortgage payments or cheap housing.

77. How about some meaningful property tax relief? Riverside county has no tax relief programs for the elderly. They give \$7000. off the appraised value for owner occupied. I feel that CA purposely is trying to force the elderly out of CA

78. 1. Focus on understanding social connections and isolation that adults face

2. Help make transportation more disability friendly"

79. Ensure that the plan addresses the needs of low-to-moderate-to middle income residents who are never eligible for subsidized supports--including, but not limited to, changing the income eligibility threshold for state-funded programs and services; Ensure that the plan has a stated focus on racial inequities (an equity focused lens) and disparities in the social determinants of health and aging; Support and foster the inclusion of community-defined evidenced based aging-related programming and services

80. I just joined up to participate so I need to think a little about what suggestions I may have. I do have a comment, I suffer from Parkinson's Disease. While I was diagnosed over 15 years ago, I don't suffer from the classic symptoms like tremors. It is not an obvious disability of all people who don't understand the disease. A public education program for disabilities

that aren't always obvious would raise public awareness and understanding. Holding up the line at the grocery store won't become such a frustration for those who understand why it might take me a little longer to complete my purchase.

81. "What do we need to be concerned about as we age? What do we need to prepare for?"

1. Health and health care
2. Retirement income
3. Transportation
4. Housing

1. Facilitating healthy choices throughout your life is something the State can do. Exercise and diet as preventative steps and access to health care. Educating people on the importance of diet and exercise and providing access to healthy food choices and places where you can exercise is something the State can help provide. And of course, affordable healthcare for all CA residents.

2. The state can help people save for retirement by inducing employers to provide 401K plans through incentives to the employer, such as a tax credit, establishing collectives for small businesses so they can pool together and realize cost efficiencies from economy of scale.

3. Help seniors stay active in those years where they are less likely to drive a car or just can't drive any longer by providing affordable public transportation options.

82. Increase SSI grants for low-income seniors (and people with disabilities) so they aren't forced to live below the federal poverty line any longer. This is URGENT and absolutely unacceptable.

83. 1) Affordable housing for middle income seniors over 70

2) Personal debt reduction plans for middle income seniors over 70

84. Partner with disability rights organizations to promote social inclusion and universal design; promote Dementia Friends <https://dementiafriendsusa.org> and more intergenerational communities (libraries, parks, community centers for all ages)

85. Make all of California's rural areas accessible to group healthcare. We are paying a ppo 750 a month because my husband went into Medicare but there is no group supplemented Medicare health care in our areas. Kaiser is out of zip codes as well as Anthem. It's a horrible loophole gap that cleans out any retirement savings a couple can have. Many retirees on fixed incomes fall into the gap until their spouse or partner turns 65 as well. Most senior retirees do not want to be forced to stay in large cities when they retire. They seek out the quiet and calmness of rural life and yet even though Kaiser and Anthem are in the area Medicare dependents can't access the care do to zip codes. California is not Medicare friendly from this standpoint. More low-cost Senior housing as well as ample access to programs that can help them. Medication discounts and utility and home insurance low cost plans. In home assistance for technology understanding and disaster preparedness.

86. No cut and paste feature or place to insert photo of documents on this page to explain situation in detail. Needs improvement if you want to reach the people make all ways of communicating available please.

87. As a senior, and a veteran widow, I am concerned for seniors that have to downsize after losing their husband and cannot live well on just social security. We are as seniors still viable as caregivers, part-time reading tutors, telephone consolers for other seniors that are



experiencing loneliness and need someone to talk to or give referrals when facing downsizing or other problems and just need someone to talk to (not just give advice), but a friendly ear or encouragement.

88. Don't tax retirement accounts. People will need every cent they have put away in these accounts to be able to live. The money will come back to the state as sales tax or property tax if applicable in most cases

89. Require buildings open to the public to designate a drop-off area (preferably for seniors and disabled) within a short yardage from an entrance.

Continue to ensure that transportation services are available to senior citizens unable to drive.

90. We desperately need senior housing that includes activities and socialization conducive to healthy senior living. No more sad, depressing warehousing, please! Co-housing is a great start!

91. Easily accessible resources to help with our lives as we age

92. I believe we can do a lot to move towards that goal. Let's start by cutting ALL funds to illegal programs and individuals. And start "investing" that money towards the people of California.

93. I agree with all of the ideas you have presented so far. As an Alz Care Partner for my husband for ten years, he passed on 10/28/19, financial aid is crucial if you don't have long term care insurance. That was a huge issue for us. I wish that some kind of financial aid system could be developed.

94. Senior workforce needs childcare so they can work. They are often the primary care takers for their grandchildren or disabled adult children.

95. 1. California must either allow the use of Medi-Cal to pay for assisted living care or develop different funding streams to allow low-income seniors access to alternatives to skilled nursing care.

2. California must make greater financial investments to fill the gap between Federal funding and actual need and help local service providers meet Federal cost sharing burdens for senior programs. This is especially the case for Older Americans Act Title III programs such as senior nutrition, caregiver support and other supportive services and HICAP services. The need far outweighs the funds, and local communities cannot always meet "'local' cost sharing burdens.

3. The California Department of Aging must relax the administrative burden on local senior service providers and allow greater flexibility in the design of programs to meet local need.

4. Rural local service providers must have a voice.

There's more, but not much more room in the box."

96. Safe living conditions

97. Aging Californians are a tremendous resource and should not just be viewed as a group of people who just need care. Keep a person active and engaged in life will keep them healthier and happier longer. I would hope that state resources are used to connect seniors with programs where their life experiences can be utilized to help others especially youth at risk or those who are disadvantaged. For example, Seniors could be put on fast tract training programs to help support our schools even teaching special classes or being teacher assistants. Or trained to provide assistance to help resolve the homeless problem. There are so many options where skill sets of seniors can be matched to the needs of others.

98. Nothing at this time, but please keep me updated.

99. Fall prevention day is fast approaching, I would like to see fitness centers throughout the state offer a Free balance training class for seniors.

100. Every senior I knows' number one goal is to stay in their house as long as at all possible (I am 73, so I know a lot). One of the most effective ways that this can happen is for Prop 13 to remain in effect. Escalating housing values are in full swing. My small condo that we bought 6 1/2 years ago for \$435,000 is now selling for over \$700,000. Do you have any idea how much my property taxes would increase if they were tied to resale value, verses purchasing price plus sane percentage increases?

Secondly would be to improve availability of caring, affordable health care. Fortunately, between Medicare and joining Kaiser Permanente, we are doing pretty good. But what if conservatives were able to change either of these organizations?? We would be screwed. Thank you for bringing this issue to the forefront and getting regular citizens input on what specifically would help them.

101. More senior friendly low-cost housing. Insurance coverage for care givers. More economic help for seniors wanting to remain in their homes or apartments.

102. Consistent outreach is needed to partner agencies, consumers and the public to obtain feedback on progress for this committee, also to define and implement the necessary steps for successful intersectional programs.

103. Alternatives to transportation by motor vehicle must be accessible and convenient. Streets and sidewalks must be designed for all users, including those on foot.

104. I believe that one way to give older individuals the ability to stay in this lovely state, is to provide an additional real estate tax break. Other states provide this type of tax break thereby making it affordable to live in the state that they have lived in for a lifetime. People on a fixed income should NOT be forced out of their homes because they cannot afford to pay their real estate taxes.

105. More incentives for employers to offer 1/2-time work and seasonal to seniors. More retraining programs. And not for minimum wage jobs.

106. As a family caregiver and a professional Geriatric Care Manager with 24+ years of experience with the aging population I am thankful to the governor for this call to create a Master Plan for Aging. I believe it's imperative that the state look at expanding programs for those with limited income and resources including expanding the Assisted Living Waiver Program, funding for the Caregiver Resource Centers and other new programs that will allow all seniors access to services.

107. Promoting, designing and building multigenerational housing. The building design would include shared spaces/ areas, including a place for community meals, and encourage interaction and mutual support.

Senior living facilities basically warehouse older people and are not in the best interests of anyone.

108. More Employment opportunities for senior citizens

109. Include strong advocacy and actions to protect the rights and dignity of all elderly persons, particularly those that have been on the margins of society during their lives, e.g. LGBTQ+ persons, people of color, etc. Preconceived prejudices and racist held beliefs have no place in caregiving or services for the aged. Ensure that the human rights of all are not only

observed and respected but celebrated in the knowledge that all individuals are an asset to our diverse society in California.

110. Expand resources for caregiver support via the CA Caregiver Resource Centers and Adult Day Health Care Program. Respite care is needed in a flexible and adequate benefit

Develop long-term care funding mechanisms for home care and respite care

Develop affordable and culturally appropriate housing options for aging and disability"

111. "I am a trilingual speech pathologist with a 33-year-old career with the Hispanic population in Orange Co.Ca. I am now semi-retired and have been wanting to develop a Stroke Support Group for Hispanics which is tremendously needed with no luck. Please feel free to contact me if interested. Thank You!

Claudine Allamand Mandiola M.A.CCC

Speech/Language Pathologist

Ca License SP#5934"

112. Nothing at this time maybe in the future

113. Well by the time 2030 comes around I will be 20yrs from 100yrs old! Today I would like to see that ALL people 60+ WILL have some sort of housing. Today I am homeless, I have been living in my car I do still work however I cannot afford the rent - cut the RED tape and get things moving get all of us housed - there are some project that can do just that - I am a care giver and Love California please give us a helping hand!

114. 1) Affordable housing= not just for low income but for middle income persons at age65 to live quality lives not in ""senior centers"", but in communities that consist of all ages.

2) Reasonable health care rates for working persons that enjoy working past 66+. Medicare B rates for working persons are 7 times higher than employer sponsored rate. For those persons that are self-employed it is outrageous. FYI- you are STRONGLY suggested to sign up for Medicare Part A when you turn 65 (even if you do not need it) -then they auto sign you up for Part B even when you tell them you don't need it or want it --then you spend time fighting the bureaucracy to adjust billing before they put you in default for something you didn't want or need. Change the dynamic here!!!

3)Use health risk scoring tools to understand a health care needs and utilization - not age as a determinant of predicting health care usage."

115. "Senior Commissioner on Commission on Aging- City of San Leandro. Introduced the Age Friendly Initiative in the city. "

116. If our California Governor cares so much for us aging Californians and the test if the CITIZENS of California, then he needs to look at what he is doing to our State. We working people are getting tired of it. Number 1 issue is the sanctuary state. Most people in the state of California do not agree with it. My family went thru the legal process and everyone that I know that. was illegal went thru the process and they sure never lived off the system I am not just speaking about Hispanics there are illegal people in California from every country using up resources that should go to citizens. But if you work and are legal you really cannot qualify for anything free. This business of bringing your small children illegally across the border is ridiculous. Those are not good decent parents. My husband's family left the kids with family until dad got legal in the us. Another thing in order to vote you should have to be a citizen. Can you vote, get free food, free housing and free school

117. We need to focus on bridging the intergenerational internet gap. By providing spaces where seniors feel comfortable in learning new skills and technical abilities, they can then thrive in the modern paperless world. This focus on computer literacy for older adults will also help with the issue of adequate health care providers in rural areas as seniors can participate in telehealth to access health care services remotely and manage their health.

118. Affordable housing

119. The SSI/SSP grant is far too low. Restore the COLA for our most vulnerable

120. Make it possible for people to stay in their homes with home health care.

121. "Pass a law that will not let Landlords evict anyone over the age of 70 if they have been a resident for 10 or more consecutive years. Pass a law that will not let construction of ANY kind, (street repairs, excavations, temporary construction zones) impede pedestrian traffic.

122. I am both an individual and caregiver. I look forward to hearing about everyone's ideas.

123. Medicare to provide better coverage on medications for the elderly living on fixed incomes.

124. We need to do more to lift our seniors out of poverty. I volunteer at an Oakland food pantry and see hundreds of elderly struggling to get enough food to eat. During the Great Recession, state policymakers gutted the funding for SSI and eliminated cost-of-living increases. We can change this by increasing the state-funded portion of Supplemental Security Income grants for low-income seniors and people with disabilities. This would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color."

125. More opportunities for inter-generational contact. Develop steps to create an age-friendly culture where ageism is not a norm. Better supports for family caregivers.

126. The Central Valley has critical needs unique to rural communities. The Governor's™s Plan should be informed by the voices of all seniors - not just those living in urban settings. Please invite representation and encourage feedback from California's rural communities.

127. Transportation in all areas. Help for cleaning etc. Better senior centers. Better access for problems - legal taxes financial problems. Groups of seniors for companionship, help with problems, driving, etc.

128. Medi-Cal reform is key. It needs to pay for long term care in other settings beside Skilled Nursing Facilities. Oregon activity manages their Medicaid population, lets copy their model. OSHPD, the Office of Statewide Health Planning Division, has squashed growth of Nursing Homes in California. I run a Nursing Home and have for 9 years. The time and cost for any rehab work or new construction is 5 times compared to Assisted Living which only accept private pay. So, what investor would build a new nursing home? I sit on the Advisory Council to the Area Agency on Aging for Napa and Solano Counties. We have a plan to fix this. I would love to help.

129. In Hispanic and Asian culture, it is very common to have their sons/daughters take care of the elderly at home. That culture goes back a long time back; because of the shift in culture and the need to work to make ends meet, that culture may come to an end. Also, parents and grandparents are living longer and that is relatively a new phenomenon which the younger generation may not know how to cope with it. At an early education age, the nucleus family composition needs to be part of the curriculum in order to become part of our culture; the

earlier that this takes place, the better the chances of being successful and the upcoming generations will participate in the care of their elderlies.

Sincerely, Daniel

130. There are many existing cases of a Master Plan for an Age-Friendly State, especially the State of Florida. The last link is a lessons-learned report from the UK. Take the lessons-learned and the best ideas from each case and apply it to California's Master Plan.

- 1) <https://www.chhs.ca.gov/home/master-plan-for-aging/>
- 2) <http://elderaffairs.state.fl.us/doea/pubs/pubs/MasterPlan/FullCopy.pdf>
- 3) [http://elderaffairs.state.fl.us/doea/StatePlan/2017-2020\\_State\\_Plan\\_on\\_Aging.pdf](http://elderaffairs.state.fl.us/doea/StatePlan/2017-2020_State_Plan_on_Aging.pdf)
- 4) <http://www.gmfus.org/file/14321/download>

131. We may get some good ideas from another State with many aging seniors - Florida. Google Florida State Elder Plan for 2017-2020 and Florida's Master Plan for Aging Population 2007-2009. There are likely other State and local agencies with plans, strategies, tactics and lessons learned for assisting an aging population. I am 67 and retired after 35 years of public service at the U.S. EPA in San Francisco.

132. Being age-friendly starts within each of us. Personal perceptions should be challenged, and we should each be the example. Sometimes it's as simple as saying ""hello"", knocking on the neighbor's door with a sweet treat, or mowing someone's lawn for them. And if you have children, absolutely get them involved. We have to rid ourselves of the ""old people are creepy"" stereotype. That said, I think the state could start setting an example using transportation system signage. Depicting scenes of kindness involving people of different ages and cultural backgrounds would help raise awareness. Even if it's subconsciously, it's a start. On a more direct note, how about a day care program that enlists the aide of seniors. They could participate by providing storytelling or leading an art project. Having the young and the old together, creating a lasting impact on the child while minimizing possible feelings of isolation for the elder.

133. Caregiver support in the forms of respite care or long-term care are not available in much of the rural parts of the state and inadequate in the urban. When I need someone to push my wheelchair, I won't be there. My experience says that no one else will be either.

134. Provide in the future more walk-able and scooter accessible sidewalks and pathways, including at all beaches. Lower campground fees in state camps and beaches for seniors. Provide more handicap parking at state parks and campgrounds, including camping spots for the handicapped. Provide lower fees for seniors on fishing and hunting licenses.

135. Right from the start, always combine the Age-Friendly and Dementia Friendly programs! This is a way to better integrate otherwise disparate human and community-based services (HCBS) at the local level, where the rubber hits the road.

For more information, please refer to the fine AARP publication entitled ""BETTER TOGETHER: AGE FRIENDLY and DEMENTIA FRIENDLY"".

I am positive that all members of the Master Plan for Aging Committee will concur with this suggestion."

136. Affordable houses, active community support groups, accessible transportation, medical needs oriented towards the elderly population, engagement across age groups, etc.

137. Taxes are too high in this state. The state/cities should provide an exemption for seniors on home ownership. A little help with property taxes would be super. Maybe a tax

credit as well on income tax taken as a credit of tax due on the 540. Rest areas should ALWAYS be open. Closing them down for stupid, unnecessary upgrades or other work just makes it really tough on seniors driving the freeways. Our bladders fill quicker and hold less!!"

138. I have no suggestions at this time but do understand the importance of this Plan. Thank you.

139. Mandatory senior discounts for all companies which conduct business in and/or deliver goods/service to those living in California who have reached the age of 65.

140. I don't have a working background in either of the Subcommittee topics but as a recently retired engineer, I have an interest in volunteering my time and best efforts to help with the work that's required to develop the Master Plan for Aging. I completed the application form but was unable to submit it through the hyperlink that was in the online site.

141. 1) Every senior has ready access to a fully operational ADRC and knows how to use the No-Wrong-Door (NWD) network.

2) Every ADRC provides a full range of services, from a simple referral to on-going case management for the most vulnerable.

3) Area Agencies on Aging have embraced their roles as promised in the federal Older Americans Act, to be the "leader relative to all aging issues on behalf of older persons". AAoA's have led the way in supporting Alzheimer's/dementia victims, better coordinating home-based services with medical providers, and providing friendly and personal support to aging adults and caregivers.

4) The State has gotten its act together by a) funding local and sub-state regional organizations/programs and b) assuring integrated service-delivery replacing the former fragmented "system". Continual effort is made to achieve the "IDEAL" system of long-term services and supports. State officials routinely kibitz with other high achieving, innovative States.

142. 1. Daily free transit for Senior communities to provide service for medical care, doctor visits, labs and blood tests.

2. Establish certain days of the month for low cost restaurant services such as half-price for a lunch or dinner at least once a month for Seniors,

3. Class Credit for high school or college students who will provide reading book services to Seniors who are too blind to read, but who love books being read to them. Or have reading aloud services from local libraries where Seniors can be brought for an hour.

4. Pro bono legal services for wills and other Last Testament legal documents for Seniors, at least once a year.

143. Caregiver support groups. State sponsored discounts or rewards for those 60 and over.

144. I am excited about the possibilities. I am interested in seeing the vision and actions steps of an improved and cost conscious yet uncompromising home health system. So that as we age, staying home no longer means less than professional medical standards of care that can accompany in home services, nor the financial strain that comes with exorbitant in-home care costs. A balance of cost and services matched with ability to pay; the ability should not dictate the quality of care. Should someone need assisted or skilled nursing living, reigning in that price point is a must. It is difficult enough to move people out of the comfort of home and into unfamiliar surroundings with unfamiliar faces, but to do that along with the annihilation of

their hard-earned savings, retirement etc. is disheartening and should be unthinkable. Medicare caseworkers are at times nothing less than attack dogs demanding a litany of documents that most have no access to or a person to gather for them. Shameful!

145. The answer is not always to keep an elder in their home, I have seen that lead to worse health outcomes, isolation and depression. Co-housing of college students, low-income families or homeless (all cleared as necessary) so that persons have a home for free and agree to some responsibility to assist the elder, such as shopping and cooking dinner 5 times a week and a set amount of activity time together. This will ease debt burden/homelessness and provide companionship/support so the elder can live longer in the home they desire. See brief: <https://www.economist.com/europe/2019/08/08/a-dutch-care-home-experiments-with-housing-students-with-the-old>

Create an intergenerational component to public schools-beneficial so youth are not fearful of elders or aging. It is to be revered not feared, schools partnered with Assisted Living; Nursing Homes.

Begin the end-of-life discussions in all schools; primary care through death, to stop futile care when we should live our last days happy."

146. I am aware of well-established communities in Southern California that have been studied over long periods. Why not use those examples as a kickoff point:

<https://medschool.ucsd.edu/som/medicine/divisions/gastro/research/labs/fatty-liver/research/epidemiology/Pages/rancho-bernardo-study.aspx>

<http://www.mind.uci.edu/research/90plus-study/>

<https://www.bluezones.com/exploration/loma-linda-california/>

147. Invest in community-based services and create mandatory pathways to community-based care prior to institutionalization - such as ADHC, MSSP, transportation, meals, etc. Change policy that forces Californians to spend down all of their assets and then end up in the highest cost of care setting. Create person-centered transportation systems and start recognizing where antiquated legislation or funding streams thwart progress and best practice policy. Listen to system utilizers. Learn from past mistakes. Recognize ageism harms everyone and as recent studies show, it is very easy to reverse at any age. Let's do this!!!

148. Patient centered topics that benefit caregivers and individuals in the senior age.

Local accessible lifelong learning centers Discounts on all convenient services (e.g. uber lyft, grocery delivery)

More home delivery meals service for sick and shut in.

Health Information management seminars (I can volunteer to be a presenter for this type of session)

149. Help all elderly get support at home or in safe inspected retirement homes. Many do not have the funds to support the extended care. We need this.

150. Establish a Department of Aging in the San Fernando Valley (SFV) (north Los Angeles). Build a Senior Village in the West SFV, with wrap-around services and transportation, and with progression for persons with and without stages of dementia as in Denmark.

<http://cphpost.dk/news/denmark-opens-its-first-village-for-dementia-sufferers.html>

Also, clean up, staff, and expand the One Generation Center on the northside of Victory Blvd. in Reseda. The paint on the walls is old and dingy and the facility lacks capacity. Dennis Zine may be able to help. I might be able to help, too.

The 50-70-year-olds need outdoor benches with cement chess-table tops and shuffleboards as they did in Miami Beach, FL. We need adult-friendly and subsidized reasonably priced recreation centers and transportation clubs to movies, events, and museums. Explore designs for California to provide safety-nets for those not yet 62 who might be sliding into homelessness due to illness and financial illiteracy.

Deborah

151. Start at the top! Regs are out of date and legislators don't understand what seniors need and what we do. Take all senior care oversight away from DSS and CDPH and bring it under one umbrella - California Dept. of Long-Term Care (CDLTC). This will eliminate duplication of services, staffing, surveys, etc. saving time and money for both the state and providers. Why are SNFs lumped in with Hospitals under OSHPD?? This ties our hands in making improvements to senior environments. The time and cost of dealing with OSHPD ties our hands. We are trying to make senior care affordable but the increased regs, etc., increase our staffing and costs which impacts the cost to the senior adult. A senior adult often goes through the entire spectrum of services: home care, home health, assisted living, skilled nursing, and hospice. EACH of these operates in a silo making understanding the operation and payment for these services very complex for the senior adult. I have many thoughts - not enough space.

152. In learning more about the homeless I understand that 50% are over 50 years old. My suggestion would be to specifically include their needs when planning for aging in California.

153. Redefine retirement in such a way that it helps to redefine work before retirement. Our policies, particularly on taxes, encourage a two-state work world. If you are employed, then one set of rules applies. If you are retired, another set, a set which discourages employment (for example, by reducing social security payments by the amount earned). If a person in retirement decides to pursue another 'career', say in the arts, then that retired person must go through the same bureaucratic procedures as a 30-year-old starting a business - licenses, business property assessment, business taxes, sales taxes, etc. In short, a retired person who wants to engage part time in a productive activity in the economy is discouraged if not prevented from doing so by a regulation regime designed for heavy-duty businesses. My suggestion: provide special, easy-to-comply-with procedures for chartering part-time small businesses with fewer than, say, 3 employees, owned and operated by a person over 65.

154. Let aging people know where they can go to get help! I am 77, still working in retail (they cut my hours) but not making enough to cover my mortgage and bills!! Was scammed last year, too embarrassed to tell anyone! Put me in a bind, did not want to file bankruptcy, consolidated my bills for one payment a month! Looking for gigs to help meet my monthly expenses. Hope I will not be on the streets at my age. Need to know where to get help!! Thank you. So many other reasons why I am in trouble, it is my fault this has happened to me. I can make my payments if I could refinance, but now my credit score is way down, due to the debt consolidation, my 2002 car needs tires and service, still have other credit cards that I use to buy food, gas and essentials! But that makes my monthly bills higher. So, stressed!

Sincerely Deedee Kirth

155. Need more engaged doctors for the elderly, with transportation to find them!!!!!!!!!!!!!!!!!!!!!! I am 86 still drive but have to wait for over a month to get an appt. in San



Diego CA. If I am lucky enough to even find a doctor in my HMO Insurance plan. Then when I do, I have to wait over a month to get a referral to see a specialist approved and then another month to get an appt. to that specialist. This is usually a three-month waiting period overall. Most times I should be dead by then and only make it through by the skin of my teeth and with much pain in between!!!!!!!!!!!!!! It is a terrible situation.

156. The biggest drawback is the cost of housing and overall cost of living day to day. I am a single retired and disabled female age 68. I receive social security in a decent amount, but I will not be able to live on my own for the rest of my life due to costs, so I live with my daughter and grandkids and have for the last 12 years. The cost of assisted living is out of my family budget and other options are not available or acceptable. I am very interested in the tiny home movement and think this could be a good solution for me, but it is cost prohibitive as I would have to buy land and the home, and I do not have those resources. If the state could develop a tiny home development with small lots, utilities and close to larger cities somewhat like RV campgrounds, then the senior could possibly get a loan to purchase both land and home, under \$75,000 total cost. The state would be reimbursed the cost of the development and have reduced costs for additional financial assistance.

157. Provide education and information on health, wellness, retreats at the local level. This isn't just about insurance, although the amount of Medicare coming out of a social security check is quite a bit. We need social services that support us too -- city-wide transportation, discounts at CVS on health-related products. We need community services that answer general questions AND provide a form of activity at a reduced cost -- movies, trips to Las Vegas, Tuesday night happy hours at a local restaurant. We also really need help financially. So many seniors don't have enough money. How can we supplement their income, provide deeper discounts for necessary items? Home health care covered by Medicare? And housing. The price of an apartment in Southern California is out of reach -- how are people supposed to live? What can we do about this? I'm passionate about our seniors. I want to assist. Thank you, Denise Lampron

158. Ten years is a long time for we seniors to wait!

159. I suggest that we offer tax incentives to organizations who make long-term care insurance available to their employees. Whether they help employees pay for it or offer it as a voluntary benefit (i.e. employees pay for it themselves), having long-term care insurance will benefit the employee later in life when/if they need to move into an assisted living facility or a nursing home. Most people do not know much about this type of insurance, therefore educating the public about is critical. Then making it available to purchase at group rates at work is a positive contribution to the Master Plan for Aging. Thank you for considering my suggestion.

160. My neighbor who was 85 got a notice on his door to get out in 60 after renting his apartment for 18 years the stress almost killed him landlords do not want old tenants the can get more money from young tenants I am 70 and live in fear there will be a note on my door at any time. This should not be allowed to happen.

161. Cost too much to live here. Rents too high. Taxes way too high. Seniors are being forced out of their homes because of this. I don't want to have to move away from where I have lived all my life when I retire soon. A shame and a sham.

162. Do not weaken the senior voice by changing the California Department of Aging (CDA) into the Department of Community Living. Community Living should be a division, not a department. We already have an ageist Legislature and State government, many of whom know little about ageism or the issues related to aging. CDA has been underfunded, understaffed and underdeveloped in program development and outreach for decades. You don't strengthen aging efforts by getting rid of CDA but by strengthening it. Once that word "aging" disappears, you have buried the voice of seniors on a number of levels.

163. 1) In order to plan for long-term-care, you have to address continuum of care where you see how many patients are feeding into nursing homes, stepped-down care (e.g. -community-based services) home health, hospice and vice versa. Without systems planning, we continue to have a fragmented system of care. We need to return to systems planning, adequate data collection, annual reports that allow monitoring, accountability, identifying gaps in service, bed need, and to assist in identifying facility and health profession needs.

2) Healthy Aging planning is imperative. Only 2.5 percent of older adults are in nursing homes and we continue to ignore healthy aging for the bulk of older adults.

3) We must address ageism. The World Health Organization launched a global initiative to address ageism that can serve as a blueprint.

4) Focus on development of intergenerational efforts for housing, health, food insecurity, and governmental programs."

164. While developing the Master Plan, which should lead to the California Department of Aging having an annual plan, it is critical to remember what led to this effort so that we do not repeat the past. This includes: 1) inadequate federal and state funding to CDA; 2) lack of a substantive, functional annual plan for aging; 3) good data sets and improved data collection; 4) adequate staffing; 5) auditing the area agencies on aging; 6) annual trend analyses and identification of innovations; 7) strengthening the older adult voice; 8) developing intergenerational programs; 7) focusing on home health rather than institutionalization which means focusing on fiscal and program incentives favoring institutionalization; 8) auditing the ADRCs as to duplication of effort and how it adds to fragmentation; 9) improving the Ombudsman program; 10) focusing on healthy aging.

165. 1. Aging and disability do require different solutions for even shared issues. Ignoring this and ignoring the different solutions they require cannot be ignored. Disparities exist for health problems in the disability community that do not exist for the aging population.

<https://www.aahd.us/wp-content/uploads/2012/03/HealthDisparities2011.pdf> This is one of the reasons that addressing healthy aging is important to focus on as well as having a strong and separate voice and programs for the two populations.

2. California added to the fragmentation of services for aging and disability when it allowed ADRCs to be added. Instead of adding existing programs like that, it would have been far wiser to take existing entities in government and expanded their reach and or programs. We should audit the area agencies on aging to identify the problems and issues that exist and are being perpetuated because they have not gone under the microscope to take this important critical action. "

166. 1. Create an Aging Caucus in the California Legislature. The Legislature changed because of term limits and the number of older adults working in the Legislature is incredibly small and has resulted in a very uninformed workforce of staffers, which impacts older adult policies and

budgets. It might be wise to consider creating an Intergenerational Caucus as well. But the primary need rests with having an Aging Caucus. It is also important to have a standing Senate Aging and Long-Term Care Committee.

2. Improve palliative/hospice care and develop mechanisms to expand education of people to have medical advance directives. For example, you could have California's two retirement systems (PERS, STRS) to include this in their retirement training and materials provided to members."

167. First, California needs to address ageism in the Legislature and State Government in addition to working to address ageism in our culture, businesses, education, the media, health, and entertainment. Second, we must improve the budget for older adult programs; Third, we must bring back intergenerational programs and planning; Forth, we must improve and maintain the Department of Aging and fund it adequately and staff it adequately and we must audit and reorganize the area agencies on aging;

168. 1. Increase the number of doctors, nurses, social workers, physical therapists, and other health professionals with geriatric certification and training. Increase financial incentives to have more geriatricians and geriatric-trained health professionals and social workers.

2. Expand home health a caregiver resource centers and services.

3. Focus on both the medical and social models,

4. Build homes where people can age in place and with more walk ability."

169. None yet but will think on it.

170. I have serious concerns regarding government entities that operate under the radar. One example is the WRCOG (Western Riverside Council of Governments') TUMF program that along with the RCTC (Riverside County Transportation Commission) made changes to a voter approved special tax (Measure A) and withheld monies due RCTC (\$400 Million). These monies, according to voter approval, should have been paid by WRCOG out of the first \$400 million collected through the TUMF program. Now politicians are asking for another 1/2 cent sales tax increase to pay for roads that should already have been built.

171. Address ageism

Provide affordable housing

Support inter-generational efforts

172. I suggest setting up collectives or Quasi-kibbutz living settings like they have in other countries. I WOULD WISH TO BUY IN and live in a SHARED housing, Multi-family living arrangement. OR a Communal Orchard. Owned and worked by those who are stakeholders. OR a SAFE, stable community of Tiny homes. I JUST CANNOT AFFORD CALIFORNIA ANYMORE BUT I REFUSE TO LEAVE!?. I was born here, I grew up in an ABSOLUTELY PLACE, it was called ""the valley of Hearts Delight"" SANTA CLARA VALLEY. ... We had APRICOT. FIGHTS in the commercial orchards.... Perhaps more of an ""OLD WORLD"" childhood of playing in the orchards. I JUST REFUSE at my age 61 to quietly OUT OF STATE, I lost my HOME due to the GREED of BANK of America... I have not been able to Purchase anything.... So, I rent. A room, But I am now 1 1/2 hours out from where I once lived in my 30' and 40's.... I live here because my GEO-location choices are MADE SO MUCH MORE LIMITED due to ""Kaiser-Permanente "

173. As a Functional Aging Personal Trainer, I work with many older adults to keep them strong, improve their pain and improve their balance. This also improves their activities of daily living. I would like to see more physicians recommending older adults engage in strength

and balance training to improve fall risk. Unfortunately for many, falls are the beginning to the end and result in major health expenses that could be avoided. I would love to see training be covered by medical insurance.

174. Housing and more greenery areas. Parks, shared gardens etc...

175. It HAS to be made more affordable for seniors to live here.

176. One of the many pathways to making California an age-friendly state by 2030 would be to mitigate and control housing costs. The increase in rents and or cost of purchasing a home certainly exceeds any recent increases in social security income and even in some cases individual investment income.

177. 1. Affordable housing; transportation options

2. Coordination of health care - this is a HUGE issue and needs immediate attention across the continuum of care - health care is very fragmented now, as we all now, which makes it very difficult for many older adults to get the care they need!

3. Expansion of mental health services - now these services are extremely limited - very few community-based providers accept Medicare because of low reimbursement rates. Training peer counselors will help to address this gap; is something that the state can take a leadership role on.

4. Coordination of volunteer opportunities which now are quite variable from one organization to another"

178. Reduce paperwork when checking into a medical facility. I have to do this for my mother as she isn't capable of doing it herself, so I have no clue how people without children to assist them handle this. Also, need more services to accompany and drive elderly people around."

179. The best and fastest way to make California 'age-friendly' is to vote liberals out of office. California is fast on its way to becoming a state for the rich and the poor. Young people can't afford to live here and seniors who are not retired from STRS or PERS can't afford to live here. I will be out by this time next year. My neighborhood was a 'single family dwelling' neighborhood. Now all the houses are being occupied by multiple families. Growth outpaces infrastructure. Sadly, California can't be fixed. It's too late!

180. More land needed in cities to build independent living space for seniors.

181. I would like to read the Governor's Executive Order prior to making any suggestions / recommendations. Thanks, you for the opportunity to participate and I will provide my suggestions after I've completed my reading.

182. I live in a rural area about halfway between Palm Springs and Joshua Tree. Morongo Valley to be specific. In 2030 I will be 80 years old and would love to stay in my home with horses, dogs, cats, chickens, and gardening. Although I still have no difficulty driving, that will become a problem later and although there is a Morongo Basin Transit Authority, the time schedule is meager. So, transportation is a big issue for me. Secondly, high speed internet is not very high speed or reliable. Frontier Communications has an F rating from the BBB, and they are the primary providers unless using satellite. Spectrum has service in the community but does not extend to most homes sitting on 2 1/2-acre parcels per zoning requirements. Medical services are fairly accessible, and SCAN does provide pickup for appointments.

183. Seniors need priority!!!

184. It would be helpful to aging Californians if Daylight Saving Time could be extended. Maybe even be permanent. Many older Americans have problems when it is dark in the early evenings and are prevented from driving or outdoor walking due to the change back to regular time.

185. Affordable housing and healthcare for seniors

186. So many of us are living much longer than anticipated so assisted living facilities are very important and should benefit from tax free position and reduced rates from utilities etc.

187. 1. Develop and fund a system of long-term care services for the elderly, including Adult Day Health Care, Homemaker/Home Health Aide, and supportive in-home services that will enable an elder to live out their life independently in the community.

2. Fully fund Adult Protective Services Programs in each of the counties, based on senior populations and demographics relevant to that population.

3. Provide resources for front line staff: social workers, nurses, physical therapists, occupational therapists that will enable them to offer tangible services to the elderly: examples might be home improvements, first and last month's rents for low income seniors, help with medications, access to affordable health care.

4. Employ staff members at the State Level who have expertise in Adult and Aging Services and provide a mechanism for consumer input.

5. Train the County District Attorney's in elder abuse, including undue influence and provide the tools for prosecution. "

188. Although there has been much progress with modern medicines contribution to increasing life expectancy, socially we have fallen short with regard to the quality of life in those extended years, especially for the individuals living in long-term care communities. If we want to continue along the path of longer life, it is our responsibility as a society to work towards improving quality of care for our elders, and the labor force conditions for our healthcare professionals. This can be achieved by focusing on two critical factors: 1) improving education and training for all healthcare professionals caring for our elders and educating the general public with information on the aging process and 2) shifting away from the medical model of care to person-directed care in LTC. Research has already provided recommendations and best practices that have positive outcomes in both areas. It is time to stop talking about what we should do and take action on a large scale using this information.

189. I may not be alive by then.

190. I suggest having unlimited free health coverage for all the seniors 65 plus, transportation for individuals can't drive, food for individuals can't afford it and visitations of social workers to the lonely

191. Ensure all Californians living only on social security have quality housing, food and quality of life

192. Enforce laws that protect the elder from abuse.

193. Regulations for unlicensed, facilities that are listed as Independent living and do not meet building code enforcement. There seems to be an increasing number of these that are not properly maintained even though the ads show well-kept cottages and apartments. More older houses and cottages are being ""flipped"" and advertised for rent. In some situations, the facilities are unlicensed, but the administrators are.

194. Transportation is a big problem for people as they age. Without a car, it is very difficult for people to get around. We do not have a public transportation system that is reliable and friendly. Communities often have some form of senior shuttle services; however, they are not very easy to use. Some of them require you to make a reservation a week ahead. Also, seniors are often made to wait for long periods for their ride or the ride never shows up. For example: a senior has a doctor's appointment, the ride will take the senior to the doctor's office and pick up the senior at a predetermined time. If the appointment runs longer, then the senior has no ride home. As people are living longer, senility is a reality. We need to be able to provide affordable, reliable and friendly to use transportation options to seniors.

195. Allow 55 or older to have more choices in mental health.

196. Financial assistance to enable seniors with limited income to stay in their homes. Help with hearing aids, eyeglasses and dental. Assistance to help seniors continue to care for and feed their pets.

197. Keep older adults in their housing. Address issue of poverty so all Californians over age 65 receive income adequate to live safely. Fix Medi-Cal eligibility limits, especially Earned Income limits. Engage in The ARTS and Creative Aging Programs for all Californians. Ensure Transportation is adequate and safe for all older Californians.

Housing / Adequate Income / Poverty mitigation / The Arts and Creative Opportunities / Affordable, Safe Transportation

198. Push for more affordable housing to include independent living, assisted living, and skilled nursing arrangements for seniors. Expand the use of congregate housing for seniors--convert suburban homes located in residential neighborhoods into affordable 6-bed group homes overseen by case workers. Dial-A-Ride is a failure; subsidize Uber and Lyft for use by the elderly to end social isolation. Support expansion of mental health services to seniors; focus care to address issues such as major depression. Consider using Life Coaches as affordable and plentiful alternatives to mental health therapists.

199. If seniors taught chess to elementary school children the following benefits are realized:

- Young people get to learn valuable skills such as planning, strategizing, and anticipating.
- Seniors keep their minds active.
- They both get each other's company.

200. Future age-friendly communities should provide safe and adequate housing for homeless older adults battling mental health illnesses. Family dynamics, ethnicity, cultural influences and traditions are very important factors that we need to consider when developing age friendly communities throughout California. The shortage of care givers and health professionals will have a profound impact on the mortality rate of older adults, a special tax break or incentive should be given to drive up the volume of the healthcare workforce.

201. Thank you for giving me the opportunity to share my views. There are 3 areas which I think need support.

1) People trying to scam seniors is a big problem in our country. This often occurs through phone calls, mailed letters and via the internet. It is not always necessary or practical to go to the police if someone is trying to scam seniors. I think talking to somebody knowledgeable about this subject can help greatly. (like an 800-phone line) and be reassuring.

2) When seniors move to a new area it takes a while for them to get to know the area. It would nice to talk to or befriend other seniors in the neighborhood who lived here a long time and now the ins and outs of the area and would be willing to share their experiences and give advice.

3) Sometimes seniors need advice on general matters and need help."

202. I support more public transit and/or senior discounts for Uber and Lyft rides.

203. More handicapped parking in private as well as public parking lots.

204. Ymmv

205. Add more housing options; seniors are getting evicted from long term rentals and have no place else they can afford. Address the high Share of Cost for many seniors on Medi-Cal, it makes it impossible for them to access IHSS or Adult Day Health Services that could keep them living in their communities. Ensure strong funding of PACE programs and push for expansion to more communities. Support expansion of the Village programs to more areas of the state to combat social isolation. Support/driveways to increase pay for caregivers so home health aides have a living wage and will stay in the industry.

206. The Village Movement needs to be a major topic in the conversation. CBO's providing non-medical services including transportation are critical! Volunteers are the key!

207. This is a vital resource or our Geriatric homeless and under privileged populations All persons should have the right to receive food if they are unable to purchase it or just need a little help to get by. Increase is necessary - people should not be hungry ever!

208. Increase the state-funded portion of Supplemental Security Income grants (SSI) for low-income seniors and people with disabilities. State policymakers deeply cut the grant during and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color.

209. It is vital to address or create programs to provide affordable housing, health care and infrastructure to attend to the needs of all Californians and meeting the specific needs of an aging population. This may involve engaging the skills and talents of the elderly along with the public sector to determine what could be developed for attending to the needs that are pertinent to specific local concerns and situations. This may exist.

210. There are so many areas to cover and then they all reflect on each other. However, one comes to mind. High Housing cost, Student Loans, low wages are a few of the tripping blocks for the children of the Aging. If there is one parent alive and that parent has three children, the help needed by the three children will be a burden on the parent. Therefore, leaving less for the parent to spend on personal aging. Now if both the parent and children have nothing to share there will be problems for both and emphasizing the parent knowing medical and normal living costs may be beyond the amounts taken in. I would say the following bullet points should be reviewed.

- Health Care
- Health

- Transportation
- Finance (Costs vs Revenue), (Net Worth)
- Family
- Community

Of course, these are just some concerns that should be considered when making the action plan. "

211. "100% healthcare for seniors to include dental and vision. Guaranteed living quarters somewhere safe. My wife and I will be involved"

212. Safe low-cost Housing and health-related activity facilities can improve the conditions and health of the millions of seniors approaching senior status. The high cost of living annually makes housing and health a major problem for seniors. More susceptible due to low employability and relatively low non-wage income like Social Security or retirement and pensions being increasingly reduced or obliterated by a profit-centric business climate. Giving tax breaks and compensative programs for employing the aged professional can be one small incentive while giving a business a true benefit of wisdom based resource within their ranks helping them prosper and finding older employees can be more advantageous to their own "bottom line" and showing business in general how wisdom can be more effective than inexhaustive low-cost labor of younger less educated and experienced workers.

213. Make hiring caregivers easier. Provide pamphlets on how to hire or share a home with a caregiver and college students.

214. California must continue to aggressively pursue mass transit with the accompanying infrastructure, as well as environmentally responsible development of renewable energy. The destruction of the environment through continued use of fossil fuels along with the excessive reliance on low occupancy vehicles powered by fossil fuels undermine the quality of life and eventually life itself. The other major initiative which California has taken that will make a significant difference in the welfare of all citizens is establishing a livable wage throughout the state. The state and local political leaders must persevere in these efforts. The last item is access to affordable health care. In my opinion, protecting the environment by expanding mass transit, providing a livable wage and access to health care are the three areas that offer the best opportunity for California to be an age-friendly state

215. "Elderly Californians who must live on a very limited income must have ready access to PUBLIC assistance to ensure

1. Safe and Healthy PUBLIC HOUSING [Public camp sites, Public RV Parks, Public Mobile Home Parks]

2. Necessary MEDICAL CARE [Co-Insurance to supplement Medicare]

3. Necessary PRESCRIPTION DRUGS [Co-Insurance to supplement Medicare]"

216. TasingeGiven that the fastest-growing homeless population is the senior population, increasing quantities of subsidized senior housing must be built. The majority of seniors cannot afford to pay market-rate rents. Nor can they afford health care, transportation, adequate food. The new housing must either be built in the heart of communities with all the needed services near enough to the new housing to be easily accessible directly or with public transportation near at hand. If that is not possible, then an entire community with the needed services and transportation built in. The former is a better solution and, if new



communities are built, they should be as near as possible to the communities where the seniors lived before becoming homeless.

217. 1. Waiting area in grocery stores, especially standalone stores, for those waiting for Access or other ride share options. There can also be a designated parking/pick up area for those patrons.

2. ENLARGE the print on tags, including prices. Example, my mother picked up what she thought were the small bell peppers which turned out to be habaneros! Quite a surprise on her salad!!!

3. Senior parking. Seniors may not be disabled but may not have the mobility strength to walk long distances to the store/shopping center. Gives them the option to park closer.

4. Stores offer to assist seniors/disabled to their cars. If a senior is using a walker (rollator), their grocery shopping is limited.

218. In 2030 I will be 100. I am closing in on 90 and have no major health problem. The major problem as you age is being alone. We need communities with facilities for older residents where you can still live by yourself but have resources and companionship as needed. The senior residences out there are very expensive, and most seniors cannot afford to move into them.

219. Hi, I'd like to see us have neighborhood drop-in groups for caregivers and retired folks to attend, that would help the attendees by testing what they remembered of what was shared in the previous meeting, like other attendees' personal details, likes, dislikes, etc. These would be facilitated by a qualified therapist and maybe an intern for a sliding scale fee. Also, would be nice if AARP could facilitate brief 30 minute to 60-minute walking groups in our neighborhoods. Exercise always reverses the aging process, if it's done with comfortable shoes and/or ergonomic equipment.

Thanks,

Gina M.

Santa Clara, CA"

220. AFFORDABLE HOUSING AND TRANSPORTATION: In metro cities but most of all in suburbs and rural areas such as Amador and Calaveras Counties that already have local health care. Utilize the buildings of the big box stores closing down, Empty Shopping malls, for not only housing but building a senior community in the structures, requiring developers to include 20% of housing devoted to Seniors. Regulated rent increase for Seniors whether it be in a home, apt. or trailer park. Seniors in CA make up 1/3 of our communities and the numbers are growing. Provide a property tax break for those that own homes. Right now, you are forcing them into poverty or pushing them out of the state because they can no longer afford to live here. Make them welcomed in our communities! Show their value in our communities! Join our Gold Country Senior Issues FB page to view their concerns. Senior Centers in Rural communities are the HUB for our population providing needed services. SUPPORT THEM!

221. I never see a group of Latinos in this arrp I always see white peoples how you can do to engage Latino community look like we do not have a lot information

222. It would be helpful to seniors who bought their house many years ago and want to downsize but the taxes on the gain on the home denies the senior to sell their house. The State should not only do what was done prior to the Federal Government charging capital gain

on the home. Prior to the capital gain the senior could avoid taxes. Just because a senior is downsizing it does not mean that the smaller dwelling will cost less than what the senior paid for the house. This would also help those who are not seniors' access to more affordable homes because there would be more homes available.

223. Transportation is a big issue for seniors who can no longer drive. An affordable uber type of system where the driver might assist the person in/out of the car, into the building, and wait while they have their appointment. The current system we have in Santa Clara County through VTA too restrictive in scheduling appointments. There are a few cities that have services, but they seem to be just for city residents and have a limited scope of operations (10 Miles)

224. Help people understand about a plant-based wholefood diet with moderate exercise! Working on your strength, flexibility and cardiovascular health will keep people thriving into their golden years. I would like to head off a big program as I have several doctors who are behind the movement

225. Seniors need assistance to find affordable housing and relief from prescription medication costs. Seniors also require assistance to navigate the myriad services available from different entities.

226. 1. Develop more retirement communities within each county, allowing more affordable housing (via leasing or buying) to seniors that are close to basic community services and commercial establishments.

2. Research and create community service jobs that only seniors can apply for. For example, community clean-up, homeless population support/services, and certain infrastructure maintenance and repair jobs should only be available to seniors that possess such experience.

3. California State Government should employ seniors to work within local cities/counties, providing periodic review/reports on the state of government and community services. Such work may involve research, attending various local community meetings and interacting with community stakeholders and government leaders.

4. Overall emphasis should be in providing a platform where seniors can engage in the community and contribute either voluntarily or by employment. Seniors should be included and not neglected.

227. Making sure that Aging is everybody's business in California!

228. "Stop charging bond measures against seniors' homes who won't use the bond subject matter. Example: School bond measure for a new school in their district. If you are a senior, you should be exempt from the school bond. They are not going to use the school and can't afford the raise in their taxes. Seniors that need transportation to doctors' appointments and medical facilities should get free Uber rides if they are financially challenged. Seniors should have some kind of free FaceTime program to speak with a doctor or nurse when they feel something is wrong. The WiFi should be free and the device or phone subsidized. Maybe a program where a state employee checks on the well-being of seniors living alone by FaceTime. Loneliness is one of the sad problems of aging. A call every other day would be wonderful for lonely seniors. Free program for a medical professional to check that all the medicines the senior is taking are proper and not interfering with each other. "

229. Need more reaching for the allegory and showing them that there are people and places that could help him and whatever they need not the elderly€~s are into technology

230. Establishing health/fitness/recreation facilities, Educational/Trade classes, Trips: visiting various cities, experiences cultural foods and activities, Thank you!!!"

231. Include California residents across the life span in all phases. Actively recruit people who speak different languages, who represent a variety of socioeconomic statuses, with a range of physical and cognitive abilities. Pass legislation that allows for more holistic care, especially for older people experiencing homelessness and people transitioning in and out of institutions (i.e., nursing homes, hospitals, prisons). Create incentives that encourage communities to improve transportation, especially in rural and suburban areas.

232. Property tax relief, Income tax relief, Subsidized transportation, Special incentives to keep seniors over 70

233. To begin with, a CA go-to website that can be organized by State, region, County and smaller geographic entities, would be very helpful. I am helping my 66-year-old brother navigate what is possible for him as an individual newly returning from 40 years abroad, and it has been hit and miss in terms of knowing where to go for resources that are likely to be helpful. I would appreciate being a part of this effort to better organize our State to respond to the needs of those over 60.

234. Make it less expensive to have in-home-caregivers so that more seniors can remain in their homes as long as they wish; are able too Don't penalize us because we own a home... it has become harder; harder to maintain a home. We are the middle-income earners who pay more taxes which pay for the lower income to have medical assistance but when we need assistance, we are denied any help at all we have to give away our property in order to qualify. This is totally wrong because we are the ones who worked; sacrificed all these years to keep up our homes for the future of our family; than to end up with nothing at the end of our life SAD DEPRESSING...NOT RIGHT

235. As a retired educator/administrator of the California Public Schools system and with beautiful aging parents I am very interested in providing input to this ambitious and exciting Pledge for Action for our state. I look forward to providing my perspective, experiences and input on the Master Plan on Aging. Thank you for the opportunity.

236. Seniors can work and not only as volunteers. We are a treasure trove of opportunity for intergenerational labor, community building, and participation in the sharing economy.

237. My suggestions are simple in nature, however, they may prove to be difficult, if not all-together impossible to implement. That said, I know for a fact that they will work.....

1- Revamp of Social Security Benefits (Individuals will be allowed to reinvest their SS benefits into the stock market, not tied to Government Bonds, but to Renewable and Clean Energy Stocks, which in turn will be used to drive that sector even stronger)

2- Reduce the Retirement Age from 67 to 60@60% of benefits with 40% to be reinvested into the Free Education and Free Healthcare, 65@80% of benefits with 20% to be reinvested into the Free Education and Free Healthcare, and 70@100% of benefits plus another 20% from 1% taxes collected on Hemp Products and Services Nationwide.

3- Free Public Transportation to be provided to all senior citizens in exchange for the trading in their Gas Engine Vehicles Full Value, which may have an option to be Exported at the Fair Market Value. I will share my other ideas later.

238. I think we need to prioritize housing for Our seniors. Based on the rental cars now at Los Angeles it may not be feasible for the elderly to live here. I hear lots of talk about spending money for it for a bowl housing for people who are not here illegally from other countries at the Quinn you take care of our own room our seniors. Based on the rental costs now at Los Angeles it may not be feasible for the elderly to live here. I hear lots of talk about spending money for it for herbal housing for people who are not here illegally from other countries at this when you take care of our own Legal residences and seniors concerns me greatly

239. End senior food insecurity throughout the entire state. No senior should ever go hungry!

240. Provide adequate Meals on Wheels and Congregate Lunches at Senior Centers to ensure at-risk older adults receive the nutrition and socialization that they need to remain in their homes and to reduce the financial burden of deciding between paying for rent, food, medicine and utilities.

241. I've been a volunteer for Ashby Village, part of the Village Movement, for the past 9 years. I see the movement as being part of the solution for giving seniors the ability to age in place as long as possible. They do this with involvement of local community volunteer support. It's a model that works well in many communities. Seniors are able to age with dignity, avoid isolation, and live a life that is full and meaningful.

242. Find some way to reduce the tax burden on the middle class retired people. They are on a relative fixed income and expenses go up faster than income does if the income goes up at all. The state could make arrangements for Utilities to have a reduced rate for retired people based on their income so that middle class people could get some help.

243. 1) Lower the medical and health insurance cost.

2) Friendly public transportation

3) Better use of the tax money to reduce the homeless people.

4) Effective and friendlier government system"

244. "hi, this is a great idea and we look forward to this issue facing a lot of people in CA. I have 30 ladies I try to help each day in a myriad of ways. thank you and good luck, Ida Parrott, retired schoolteacher and counselor, former Fresno housing commissioner, and a lifetime member of PBS"

245. "We need more affordable care for the elderly whose families cannot afford to retire to provide care. Average of \$5,000 per month is not sustainable for most families."

246. First of all at a very young age as people get into the work force, to teach and encourage to think of the future, so they can invest in it, as I read and also find myself in kind of a similar situation, because we are living longer some are out living there retirements or savings.

247. Lower taxes on pensions for seniors, Give incentives to companies who hire seniors

248. Opportunities need to be created for older adults from diverse communities (ethnically, economically, and different physical and cognitive abilities) to engage in meaningful social interactions. This includes not only providing meaningful activities, but also the means to access these via transportation, walkable communities, and financial accessibility.

Furthermore, adult day cares and adult day health cares should be made a viable and affordable option for families to be able to care for their aging family members while continuing to work outside the home.

249. Rein in RX gouging, VOTE OUT the current administration

250. Adopt oversight and a legislative program to give senior living enterprises, in particular entry fee senior living businesses, whether they are nonprofit or taxpaying, the same level of financial and contractual integrity and trustworthiness as the State of California now provides for customers of life and annuity insurance companies.

251. I am retired from 23 years with Social Security, the last 10 as an Administrative Law Judge. Many women are not aware of surviving divorced spouse benefits available under social, security. Others are not aware of disabled adult child benefits for developmentally disabled adults whose parents have died or become incapacitated due to age. I live in an over 55 community.

252. Maintain contact with each person.

253. Support the Villages in California. They are an innovative system (using volunteers to help seniors age in place, and hosting social, cultural, and educational programs to help combat isolation) NEXT Village San Francisco is one of the most diverse Villages in the US and we are often the substitute for family or an extended supportive network. I'm a gerontologist with over 30 years of experience and find Villages to be a very important piece in the long-term-care continuum. I met with the former director of Aging for the State and provided her with a template for State funding for Villages and the distribution of resources.

254. Encourage companies to hire workers that are over 50 years of age. There is rampant ageism in this state as far as employment is concerned. There needs to be incentives and enforceable rules against hiring and laying off of older workers. There should be more options for employment beyond Taco Bell and Walmart.

255. I am a couple months shy of my 69th birthday. I retired from my lifetime profession as a horse trainer and breeder about ten years ago. We owned a large ranch near Santa Barbara and owned (too many) horses. It was an active life. But added to regular ranch activities I was an avid runner and gym goer. When I retired, I decided to pursue health and fitness in a more serious way. My father died of a heart attack at 63 so I knew I had to be pro-active to maintain optimal health. I took an extensive course through the National Academy of Sports Medicine. That education transformed my life. I have been working part time as a Personal Trainer at a local gym and focus on my generation of Baby Boomers. We are a huge group well past our prime, many of us with serious issues with our health, fitness and nutrition. I understand well that it is difficult to change old habits and start new ones. I also know how it feels to live in a body for six decades. I am here to help however I can.

256. Is this master plan for an age-friendly CA. similar to the master plans currently addressing homeless-friendly and illegal immigration-friendly issues. How are all of these friendly master plans to be funded?

257. I would like to see safer street and longer Walk Lights to help keep to older people more active

258. To make it easier to stay in our homes.... like tax cuts after you retire...I know so many retired people who have lost their homes

259. Housing is woefully inadequate for seniors in the affordable range. As a senior my income is 1576.00 monthly which is too much money to help pay for healthcare. Medi-Cal will allow seniors to sign up for help, but I'd have to spend 900 dollars a month to access Medi-Cal. Rents are not low in most Americans cities and by time seniors pay rent and healthcare they

have little money for food and medicine. It's time to help seniors that make just a little over the required dollar amount for help with healthcare and housing.

260. "As a 74-yr. disabled single veteran, I have been ruined by the astronomic rise in rents. Veterans' organizations and the like are not equipped to deal with this. I look toward eviction and homelessness as my retirement savings have mostly all gone to rent and medical costs of drugs. There are absolutely no 'affordable' rents available - only endless waiting lists. The totally vulnerable like myself have no programs, State or Federal, to address our immediate needs and keep us from dying on the streets. You should make the totally vulnerable and helpless your first priority and stop talking it to death!

261. The exponentially rising cost of health care services and drugs must be controlled as a base for any realistic plan. Without getting control over this part of the equation, the cost of whatever plan that is developed will be so expensive that the taxpayers will revolt and not support the plan, which will result in either insufficient services or a cost of services that will be beyond the financial capability of a large majority of those, who truly need these services. Without controlling the costs as a primary goal of the plan, it will ultimately fail.

262. deport all illegal immigrants and spend the money on American Families

263. Santa Monica has an organization called Wise and Healthy Aging. They have many ideas worth copying!!!! Their plan for reasonably priced transportation within the city is really good.

264. Single seniors living on one fixed income and living in apartments, should have rent controls. Investors who are receiving benefits from rents are being able to make their mortgages and do not NEED to get rich over poor folks' social security and meager pensions, if any. The greed that comes to investors is a downfall to any community. Fixed rents, controlled rents, will keep retired citizens out of nursing homes and reduce cost burden to the government and health care systems.

265. We need more affordable housing limited to seniors only. Not only for our safety as seniors, but a place where we can age gracefully without the concern for our lives. There are senior communities that the average young working couple cannot afford. How can we who now live on limited income afford to live there?

266. Behavioral health issues of older and aging adults need to be included in the plan. The Plan could include out of the box thinking for innovative community-based strategies to find, outreach to and to support individuals living on their own with no family nearby. Loss is a big part of aging; thus, isolation can become a contributing factor to premature death. The CA Behavioral Health Planning Council is committed to working with the Advisory Committee to identify new pathways to meeting the needs of our state's older and aging adults.

267. Remember the lesbian, gay, bisexual and transgender (LGBT) older adults in all phases of the Master Plan on Aging. Educate the planners in the challenges LGBT elders face as they age. Research shows 95% re-closet when they need outside assistance for fear of mistreatment and discrimination. PLEASE remember the LGBT seniors as you create the California safety net. Thank you.

268. (1) Provide resources for seniors to age in their own homes

(2) Provide low-cost resources to install grab bars, etc. in homes

(3) Provide more affordable units in senior living accommodations

269. Increase the state-funded portion of Supplemental Security Income grants (SSI) for low income seniors and people with disabilities. State policy makers deeply cut the grant during and following the Great Recession and also eliminated the annual statutory cost of living adjustment. These actions significantly reduced the value of SSI grants and compromised the ability of more than 1 million Californians including hundreds of thousands of seniors to make ends meet in our high cost of living state. Increasing the grant at least to its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life for low income seniors in California, including large numbers of women and people of color.

270. I am caregiver for my sister with Alzheimer's (Lewy Bodies). It is a heart-breaking disease to see a loved one deteriorate. I would like to know the medical research that is available that is being done to eliminate or slowdown this horrible disease. I am particularly interested in studies being done with Lewy Bodies.

271. Based on my experience running senior programs in both urban and rural communities, I believe some of the factors that are much needed for the Master Plan are:

Infrastructure needed to support the various formal and informal services that assist older adults to live in the community. A Senior Center/Community Center is vital for each community to have. Urban communities typically have these but rural communities. These facilities provide the hub of all services and referrals for seniors and the community looking for senior information. It also provides prevention practices (exercise, health and wellness, etc.) that are needed to prevent illness and maintain community engagement.

Professional training to assist increasing the knowledge of working with seniors from community colleges to internships that can help provide the foundation for the next generation that will take care of this population. Currently again many urban areas already offer this, but rural areas mostly do not.

272. Although I currently have no physical limitations, I am aware of others who do have such limitations and are 60+ years old. Such individuals need to have greater access to public buildings and stores that do not require walking up and down stairs.

273. Federally Qualified Health Centers (FQHC) are strategically positioned as providers of family medicine to capitalize on lifelong care relationships with patients. In this context, it makes sense to extend that relationship with age specific health models of care. While most FQHC's in the state see approximately 80% Medi-Cal only members and approximately 8% of Medicare/Medi-Cal (dual) members, opportunities exist to expand the role of FQHC's with the transitioning of our aging population into Medicare and accommodative geriatric centric services. In this fashion, continuity of care may prevail, lending to patient health stability. It may be as simple as implementing an engagement service whereby a primary care doc counsels the patient transitioning into Medicare that they may be able to see their established primary care doc or maintain their care at the same clinic with additional Practitioners participating in a plan of care.

274. All Education should start at age 3... Not just babysitting... Have it part of our Taxes. Mental Health Services need to be FREE for ALL ASAP... Routine Check ins with qualified folks.

275. The elderly here should be given every financial break possible. If this is being done far fewer of us will leave California when we retire at 65 and 70. Then, possibly, even retirees from other states will move here. This can be done over time in small increments. Examples

may include free or reduced parking at beaches instead of \$15.00 now and free or reduced entry to the county fairs.

276. I am hopeful as we age, that access to HealthCare is easier and that there can be some limits on the continued spiraling living costs to people on fixed incomes

277. I believe the first thing we have to do it make sure our elderly, who worked their entire lives to help make America what it is today. We need to show our appreciation, by not allowing them and those with disabilities to live in poverty or on the streets. As an American who works and pays her taxes, I am willing to pay a little more to make sure those who have done their time and those who cannot do for themselves are taken care of. This is our responsibility as a moral country. Please look at giving them their funds that were cut now that we are out of our recession.

278. By 65 years of age, all Californians should have an advance health care plan - including alternative decision maker.

279. Look at Florida's age-friendly laws as an example - I plan to move out of California when I am done working because it will be too difficult to retire her.

280. Help seniors become technologically savvy; create available transportation for rural areas; make it easier to find care-giving support. I would think that sending out a more specific survey than this to those of us who sign up to offer suggestions would help narrow the focus to areas that require the most help, etc.

281. Exempt seniors over 65 from these ridiculous property taxes.

Repeal the state gasoline tax.

Lower the overall cost of living for seniors, especially in the medical field.

282. Older people are living longer and longer, our pension and Social Security is not enough to get by especially here in California. The cost of living is High here. also, us older people are ignored in a lot of ways, this is Common and to be expected. We need more Senior Communities, not Assisted Living. We need our own community with other older people. This would help us who live alone, and in an Assisted living where you just stare at a wall most of the Time. More Affordable Areas. what I'm about to say is true, A lot of older people Just give up and wait to die I be leave is we lived around other old people we would have a better life. There are a lot of other thing we can do to make an Age-Friendly State, most of them are common sense not es-pensive. Our population is getting larger We are living longer; most older people could be a big Help to our state. Be patient with us we have a lot to offer. Lots Experience. Thank You, Jerry Harris

283. tax breaks

284. Support for home sharing, more subsidized housing and innovative housing and social support for seniors. Encourage whole person health model from MA plans similar to PACE programs and encourage PACE models to include housing component. Encourage federal and state officials to revamp/restructure IHSS program for greater accountability and oversight to ensure a more consistent equitable distribution of services for frail elderly and disabled Medi-Cal population. Expand Med-Cal /Medicaid waiver for assisted living so that every county in America has access to assisted living.

285. It's all about transportation for seniors so we can age in place and yet not be isolated.

286. Increase the state-funded portion of Supplemental Security Income grants (SSI) for low-income seniors and people with disabilities. State policymakers deeply cut the grant during



and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color.

287. Please increase the California supplement for SSI for seniors. I'm 71 and receive this supplement in addition to social security and a small Cal Fresh supplement. I live in a senior building that is subsidized and I can tell you that all of us here have a hard time to make it until the end of the month. Even with careful budgeting we often run short on food and other necessities before the end of the month. To make it to the end of the month, I fast once a week only drinking water. Please do all you can to lift seniors out of poverty!

288. Not at this time; however, I'm sure to come up with some as I get involved.

289. New York City has a program through the Dept of Aging called SCRIE (online info) that FREEZES the rent of seniors over 62 years that earn \$50,000 or less. Landlords still get their allowable increases but NOT from the resident/renter. It's through the Dept of Finance that owners get TAX CREDITS. It's been in effect for DECADES. And it works. Great program that LOS ANGELES needs to adopt to keep SENIORS housed so they are not at risk of being evicted or made homeless due to rising rents. BUILD HOUSING FOR SENIORS ONLY instead of incorporating just a FEW units in each luxury bldg. that is ONLY 3-4 stories. This is NO way to solve the problem that seniors have long term. Better and more reliable public transportation like in NYC where I'm from. I prefer to walk but when I have to take the bus at certain locations along LaBrea/Fairfax/Vine or on Hollywood Blvd (bus) #180/81 the arrival time in between buses can be 20-30 minutes. There is no reason to wait that long.

290. I am in the Senior Living industry in California; see widespread suffering of seniors on a daily basis especially when it comes to the most basic of needs like affordable housing, food; medical treatment; medications. I am vetted with DHHS as a vendor; own a company that trains; supports assisted living facilities. As someone in the "trenches", I have many ideas; issues that need to be addressed in this industry. I would love to be involved in that way. Thank you for your consideration.

291. Build truly affordable (below \$700/month) apartments or single homes on available spaces (such as Concord Naval Weapons Station) for seniors. Could use the new concrete homes built by printing. Could make tiny homes adjoining a community building that would house social and governmental services. Subsidize builders to build truly affordable housing for seniors with limits to rent raises that peg to SS annual increases. Work to increase SS payments to retirees so we can afford to live in CA.

292. I suggest a housing plan which allows for affordable housing for residents over the age of 62 (long term residents 30+ years) to have supplemental state income grants ""voucher programs"" to assist us in being able to retire and continue to live in our rental's and or home area. Example I have lived in the San Clemente, Dana Point, Laguna, area for over 40 years. I've raised my family here, been an active taxpayer for years, I love my community. During our CA recession I lost several properties to the greedy banks. That was my life savings. GONE I now am 62 and live month to month. I'm 62 1/2 I work full time, have not filed for SS.

But knowing SS will likely pay me approx. 17K per year. How or when will I ever be able to retire? I think we need a housing plan for 62 and older that keeps us in our neighborhoods. Currently the voucher plan is for the very - very LOW income - NOT fair!!! Those of us that make \$40K still pay rents of 1/2 our income. We need HELP in this Area.

293. "Suggestions to make CA an age-friendly state by 2030? What the ""average baby boomer is now age 65"" - so in the 2030 the ""average age will then be 75"". We need a shorter-term plan than that. We need food, and housing and a place and plan to begin retirement before 75 -which allow us to stay in/or near our homes where we raised families and have our friends and know and love our neighborhoods. Johanna Inman age 62, working full time. I make \$42K a year and 1/2 my salary goes to rent \*I now am in a condo with a roommate. I never thought I would see the day I had to have a roommate. Suggestion a voucher program for long term residents (25 years or more) which can assist with living expenses...; not just the very LOWEST income. I am single. How would I ever retire???

294. Provide funding and resources for safe, culturally competent services for rural LGBT seniors. Remember that aging in place in urban centers such as San Francisco and LA are very different from aging in places in the Central Valley cities such as Waterford, CA/ Farmersville, CA/ Mojave, CA as much as its different in frontier counties such as Amador, Alpine, Modoc.

295. Provide affordable medical care, Provide convenient public transportation to seniors, Engage seniors in volunteering, Support seniors to have special sporting arena dedicated to seniors.

296. I hope and trust that this Master Plan addresses innovative ways to engage and employ seniors as well as a pro-active and aggressive stance against discrimination in the work force.

297. Allow elderly Californians to keep their real estate tax base when they sell their home and move into another home anywhere in the state.

298. The Health Workforce Initiative (HWI) is a program of the Workforce and Economic Development division of the California Community Colleges Chancellor's Office. HWI fosters communication and collaboration between the health care industry and education systems. By identifying and highlighting health care workforce needs, HWI helps California Community Colleges to respond effectively to changing workforce needs. Our mission: To promote the advancement of California's health care workforce through quality education and services; with purpose: To identify health care workforce needs and cultivate solutions. The role of the Health Workforce Initiative is to facilitate a community college response to workforce needs. We have aligned our strategic plan to meet the needs of the Master Plan on Aging and look forward to how we can further benefit and support the needs for education, upskill and training needed to build a qualified workforce that serves the needs of the elder population.

299. KEEP THE STATE AND ITS BUREAUCRACY OUT OF IT! IT WILL SIMPLY BECOME ANOTHER POLITICAL FOOTBALL.

300. Empower individuals living with dementia and their families with information, such as culturally competent public awareness campaign

301. For Public Services; in Theaters, Groceries, Postal Services, Banks Airports; Other Public institutions must PROVIDE Priority Lanes for ALL Senior Citizens. Because Seniors are unable to stand, sit or walk for LONG Period.

302. As we age, it should not mean we are unable to continue to work. Job growth for the elderly without age discrimination. Housing for all levels of income. Affordable

transportation, that is dependable, to and from the doctors, grocery store, etc. Affordable activities/educational programs. Network for the elderly who live alone.

303. Work closely with the Non-Profit Organizations that are developing the Low-Income Type Housing for Seniors, without local resident restrictions imposed. Have the process with public lottery instead of private lottery system. If these Non-Profits receive Federal, State, County or City Tax Breaks, those of us that qualify regarding the Federal Income Level Guidelines should be able to apply with hope we will succeed in ""a place to call home""! I have been there, done that with absolutely NO success for the 2 plus years of looking for affordable Senior Housing. With some luck, friends that cared and daughters that gave me a space until I actually found affordable Housing, I survived the nightmare. Property Management firms, private owners require one to pay for a Credit Report and every time you apply your Credit Score gets reduced? They also require one to have 2 1/2 to 3 times the Rental Amount in your Bank Account at all times? The systems doesn't bode well for many Seniors. Thank You

304. Create more affordable living choices for seniors to stay in the communities they love.

305. 1. JOBS, JOBS, JOBS!!! I am 77 and I can't begin to tell you how difficult it is for seniors to find jobs and then be paid adequately. And I have a M.S.! Companies must stand up to this crisis, and hire seniors who have experience, wisdom, compassion, and so much more.

2. Help seniors who are ALONE. Much more must be done to ensure seniors are not left alone without a support system.

3. REDUCE LIVING COSTS in CA. Way too expensive to live in CA for seniors.

4. HOUSING - reduce apartment costs for seniors!"

306. Too many of our elderly citizens find themselves living paycheck to paycheck with nothing in the bank into their golden years, unable to afford appropriate care for advancing age medical conditions or supplemental medical insurance to fill in where Medicare has gaps.

\* Facilities need tax incentives or grants to provide affordable rates for those who are homeless, indigent, low income (living on just social security), those without family support and at risk of fraud or elder abuse. Facilities in receipt of incentives or grants for participating in public good programs should be skillfully monitored for potential wrongdoing, with audits, site visits, surveys and interviews with residents, staff and family. This is a real crisis for California, glad it's getting addressed.

307. Make sure all affordable senior housing buildings have a service coordinator experienced in working with seniors. Make sure that each county has at least 1 board and care facility for seniors with dementia that don't have other illnesses. Make sure that all crossings can be smoothly navigated by walkers. Make sure that libraries have large print books.

308. More senior housing attached to university campuses

309. Make it illegal for Anyone who has acted as a caregiver for a someone considered of protected age class to force domicile into the persons home and enter into a physical relationship with the client. Massachusetts law prevents correctional officers from entering into relationships with inmates during or after the inmate's release because the elderly person is in the care, control and custody of a caregiver, that person can be manipulated for financial gain by the care giver, Section 21A. An officer or other person who is employed by or contracts with any penal or correctional institution in the commonwealth, and who, in the course of such employment or contract or as a result thereof, engages in sexual relations with

an inmate confined therein, within or outside of such institution, or an inmate who is otherwise under the direct custodial supervision and control of such officer or other person, shall be punished by imprisonment for not more than five years in a state prison or by a

310. Build more senior homes and apartments based on income in each town; city. There are very few available in more rural areas, and this is a definite need in these areas.

311. Caregiver for my husband; took care of our Family.

312. Take into consideration to help the elderly maintain and keep their homes. Many are not able to do general maintenance. Also, more transportation opportunities.

313. San Francisco State University withdrew no tuition for 60 and older. Please make it mandatory. I'm going back to get a degree in music; I've paid state taxes my entire adult life and would like tuition assistance for getting secondary degrees in the California State University system.

314. Keep seniors engaged mentally and physically by providing assessments of where they are now, recommending certain interventions and tracking their progress semi-annually or quarterly.

315. Just because we are aging does not mean that we need to give up living. Together we can learn and help others as we age. It is especially important to also plan for the last days of our lives. There are so many of us who do not wish to speak about it, think about it and prepare for the end. Speaking up while we can and not lose that option to age, disease or disability can help us to have more of the choices that we would like for us as we age. This is exciting. I am a senior and I work with seniors and would like to work in all ways possible. One idea is that longevity is more available to us as we age if we can be around children. It would be nice to have seniors connected to day care centers, schools, etc... Thank you

316. Have businesses hire more seniors and be more age-friendly. Offer incentives to companies that offer part time jobs for seniors 4-16 hours/week.

317. Generate a moratorium on laws and planning that have taken California communities from somewhat Senior-friendly to Senior barrier riddled. I have worked on concerns related to seniors, veterans and community needs since 1988. I served as the California Assembly Speakers Consultant on Senior issues. California has thrown many barriers in the way of its older citizens as it works furiously to bolster the pockets of wealthier business owners, corporations and enterprise. To Meet the Standards of New Mexico we have a very long journey.

318. Provide safe parks and recreational areas for seniors to walk in, Hot lines for seniors to voice their concerns, Affordable housing for seniors in mixed age units

319. It's hard with rising prices in everyday goods, plus one third of my monthly SS goes toward prop taxes. I wish there was a way to put a percentage cap on what senior citizens pay on property taxes. The percentage would be based on income. Utilities and insurance also play a big part of dissipating income. Volunteer work could be exchanged for property tax discount.

320. "There needs to be a way to get help on weekends or get someone admitted to a care facility other than a hospital. Last Thanksgiving weekend I ran into the problem that I found caring for my husband was more than I could handle. At first, he wasn't meeting the qualifications for hospital admittance or for rehab to a qualify Medicare admission to a skilled care setting. I was told all I could do was to agree to pay the cost of his care. I agreed to pay,

and the hospital social worker try to get him into skilled nursing home. What she found out was that I could not have him admitted to skilled care until I meet with the business office of the nursing during regular business hours on Monday. Months later I talked to a social worker and she told me there is a problem being able to set up care on weekends. There needs to be some way to get help other than emergency room on weekends.

321. "The elderly often are so limited on income that they have to choose between adequate medical care (if it's even available or covered by Medi-Cal/insurance) and necessities such as food and medication. Many can't eat because they have no dental coverage to afford new dentures that they've outgrown. Is there a way to raise SSI/SSP benefits or subsidize/cover more of their healthcare? We need to build better senior communities where they have access to medical care, socialization, food, and assistance in coordinating care in the language of origin. Often times, the elderly who do not speak English and have a weak support network do not know how to access services for better health, higher quality of living, and socialization. If more senior communities were built up that included nearby physician offices, access to food and activities, and had multilingual social work staff to assist in coordinating care, our seniors would be able to thrive."

322. Broaden access to public transportation, provide caregiver information through health providers (if an individual needs support, transportation, care following small medical procedures/dentistry), who is available, emergency preparedness updates (note the number of 65+ citizens who died in the latest California disasters)

323. Affordable Multi unit housing Where we can live independently and yet still have personnel near if we need it. Many seniors have only their Social Security to live on there is no housing available that is affordable

324. I am particularly interested in transportation. as I grow older, I expect to drive less, which means I need city streets that accommodate new transportation realities: safe, walkable sidewalks, bike / scooter lanes (to keep the sidewalks safe for pedestrians), logical, smart locations for shared ride / taxi services, buses / other multi-person transit options, and, of course, well-maintained streets for when I do drive. I am also interested in using smart home technology to keep my household safe. for example, using sensors or other tech to alert me or others to unusual behaviors (for example, I haven't gotten out of bed in two days, I haven't walked through certain parts of my home in x-period of time). we have a senior neighbor across the street who lost her husband last year, and right now, the houses surrounding her keep an eye on her actions, but we can only see from the outside. we check in frequently, but it would be good if she had tools in place in case of an emergency.

325. More equipment or data on differently abled people so they are not minimized

326. Looking forward to following this site. Thank you.

327. Imperative to be able to trace and prosecute scammers who prey on the elderly. PROSECUTE AS SEVERELY AS A HATE CRIME. INCLUDE MENTALLY HANDICAPPED IN THE LAW. ALSO INCLUDE OTHER CRIMES, ESPECIALLY VIOLENT CRIMES (RAPE!!!) AS SEVERELY AS A HATE CRIME. Call it something to create public shaming of this type of crime (instead of hate crime, call it something to show that this particular class of criminal is a coward and a wimp. Criminals need to be VERY afraid of preying on this vulnerable class of people, and we should especially emphasize LARGE FINES, which are to be re-invested in the elderly and crime prevention. Create some incentive for people to participate in empathy classes which make

young people able to relate to being old. Maybe a small tax credit. Set up programs to have young children visit old age homes or combine elder care facilities with preschools. It's good for both the young and the old. Maybe set up a ""neighbors care"" program for encouraging neighbors to help"

328. Increase funding for senior programming, intergenerational housing, IHSS programs and volunteer driver programs. Housing for students alongside senior housing in college areas builds resources within that naturally blossom for students and older adults.

329. Building healthy strong inclusive communities.

330. Help seniors on fixed income afford rent and stay in their existing rental homes. Assist city planners in creating accessible, green, safe communities with nearby shopping, healthcare, amenities, and public transit. Increase public transit options and routes with added and improved accessible seating. Increase the amount of available accessible green housing. Provide access to senior advocates to assist with arranging healthcare, nutrition, caregiving, end of life planning, etc.

331. I am interested in seeing more communities with walkable outdoor areas for older people. I think it's very important for people to get outside and walk instead of being on a treadmill. Walking outdoors exposes people to sunlight and greenery, both of which are therapeutic and rejuvenating.

332. I am a retired RN. I cared for my Stepmom with dementia for about five years. Now my 91-year-old husband is reasonably healthy. I try to go across the street and be with my long-term friend, who has Alzheimer's so her husband can have some free time, or just take a shower. The Alzheimer's association is very Helpful. The HUD affordable senior housing is wonderful for those who get an apartment. Many friends have been blessed to live in one and several live there now. I suggest an easy way to access way to find respite care, memory care homes, hospice care, and good nursing homes. None of us know how our health will be and what help we may need. This is a good idea!

333. Transportation is huge. We are going to be faced with large numbers of boomers who will have to quit driving. This causes reduced independence and increases social isolation and depression. Creative solutions and subsidies are essential. Active people live longer and stay healthier than couch potatoes. Programs to encourage and subsidize healthy living are desperately needed especially in rural areas. Pedestrian friendly cities are essential. Cultural activities are part of healthy living. Programs that encourage participation can work wonders in increasing social engagement. The idea of senior centers needs to be revitalized. Not everyone likes Bingo. How about pickle ball courts, book clubs, hiking clubs, cultural excursions, travel clubs? Aging needs to be redefined as a phase of life, not just the end of it.

334. 1) Restore the CSU no tuition policy for people 60 and over. 30 years ago, Seniors were able to attend CSU for free.

2) Restore no property taxes for Seniors 65 and older;

3) Create affordable housing facilities; and

4) Improve the quality of food served by Meals on Wheels and other such services and expand such services.

335. I am a baby boomer with no family--no partner and no children. I am sure there are many others like me. We need options to care for baby boomers who will not have a caretaker, preferably options that allow them to age in place. Long Term Care Insurance is too

expensive for someone like me. I also started a second career late in life which meant there was a significant gap in my savings and retirement. Currently I make too much money for financial assistance. But I bought a house 6 years ago and am worried I will not be able to afford the mortgage payments if I have to stop working sooner than I anticipated. The cost of living in the San Francisco Bay Area--or anywhere in California--may force me to sell my house and move to a low tax state.

336. There is another comment I want to make. The windfall act for social security must be overturned. I worked at a job where I did not pay SS for 15 year. The pension I will receive from that job is laughable. I left this job and have been paying into SS since. Still I fall under the WEP which means my SS check will be reduced. This is not fair. The conditions that exist now are different from when the WEP was enacted. This should be a priority in SS reform.

337. Support the Area Agency on Aging agencies and leverage them to support your work. They are connected to non-profits and partners in their older adult communities and passionate about their work.

338. Enforce existing law on discrimination. Make assisted living and housing more affordable. Continue existing Medicare and further reduce drug prices. Expand access to transportation in areas such as self-driving cars.

339. We need to find a way to help financially support and care for elders that wish to stay in their homes and not relocate to a nursing or care facility. Not only do most elders wish to remain at home but it seems to be a much more affordable solution than moving to a facility.

340. There need for more Handicap area to be placed in All Business -

341. affordable housing

342. "SUGGESTION.....CALIFORNIA IS DYING FROM ALL THAT DETRACTS FROM IT'S SPIRIT!!!! THE HOMELESS AND DRUGS AND DISEASE THAT NOW PLAGUE OUR BEAUTIFUL CITIES IS A DISGRACE.....THERE ARE MORE DRUG USERS LYING AROUND IN HUMAN WASTE THAN WOULD CONSIDERED LAW-BIDING CITIZENS AND EVERYDAY THREATENING THOSE VERY CITIZENS!!!!CLEAN UP OUR CITIES, SUPPORT A STRONG LAW ENFORCEMENT.AND ETHICAL CARE FOR THAT PORTION OF THE HUMAN RACE THAT WE SEE WASTED IN OUR CITIES EVERYDAY.....UNDER THE NAME OF ""SANCTUARY CITY"" WHICH IS ANOTHER NAME FOR HUMAN DUMPING GROUND AS WE CAN CLEARLY SEE!!!....."" .AGE FRIENDLY CALIFORNIA"" IS THAT THE BEGINNING OF REDUCING THE AGE TO VOTE SO THAT INNOCENT CHILDREN CAN BE MISLEAD TO VOTE FOR SOMEONE THEY SHOULDN'T TRUST SO THAT THE STATE CAN FURTHER BE MISLEAD TO RUINATION!!!!""ASK NOT WHAT YOUR COUNTRY CAN DO FOR YOU ASK WHAT YOU CAN DO FOR YOUR COUNTRY."" I'AM A CONCERNED AMERICAN CHRISTIAN CITIZEN, PATRIOTIC AMERICAN, VIETNAM VET AND PRESENT CITIZEN OF CALIFORNIA.

343. The number one growth rate in the USA currently is the senior, which I am one. Seniors are becoming isolated more than ever and as they continue to live longer, they find themselves in a home without the ability to maintain themselves as they continue to age. They need support in all things, medical, transportation, food, ways to not be so isolated, and how do they maintain the home they are currently in. Not all seniors can afford to live in a facility where these beds are met so we must begin providing more of these services and capabilities in their home. There must also be continued and increased funding in the senior ailments that are rendering them incapable of function, such as dementia, Alzheimer's, Heart conditions. We need to begin early for the younger senior to help them get better exercise,

nutrition. So many expat living in other countries do this because they can't afford living in America, and once there find themselves healthier they have very been because they are eat  
344. There are many overlapping agencies providing programs encouraging people to age in place. What percentage of the Federal and State funds provided actually result in services seniors need in their homes? I am a member of the California Senior Senate residing in very rural Mount Shasta, Siskiyou County. Rural counties generally have high percentages of low-income seniors having to travel long distances for necessary services. I will be watching to see how the Advisory Committee members suggest implementing programs for aging persons in rural counties.

345. Making preventative physical and mental health programs, such as Yoga, Tai Chi, mental acuity training, etc., affordable by using retired or semiretired professionals. Affordable housing, and transportation.

346. More affordable housing. Seniors shouldn't have to choose to pay rent or mortgage overeating. Lower cost of medication, and health insurance.

347. I am very interested in the concept of Blue Zones....those places in our world where the population lives very long lives. There are particular components of their lifestyles that researchers believe contribute to the Blue Zone phenomena.... diet, exercise and community. The community aspect is wide...including things like opportunities to exercise, both indoors and outdoors; local eating establishments commitment to always offer menu items that support healthy living, and more. This has been put in place in several coastal communities in So Cal. It would be great to see this concept spread.

348. What is the state doing spending hundreds of millions of dollars creating traffic jams with "road diets"? It is dishonest to say you are trying to build an "age-friendly" California while taking vehicle lanes away and creating bike lanes. Older people do not commute on bicycles, nor do they go shopping on their bikes. Stop wasting money engineering traffic jams.

349. We need to make sure that California is taking care of its seniors. First and foremost, that the elderly does not have to choose between taking their prescribed medications and eating. California is an expensive place to live and many of those who are living on Social Security cannot afford housing. We need to make sure that we are taking care of our seniors and that they have a place to live and food on the table.

350. When in the course of humanity, it is vastly significant to engage in caring and servicing the aging adults I loved. Hence, it is my honor and privilege to be in the field of aging and disability.

351. Restore cuts that were made to the recipients of SSI/SSP. Restore cuts to Older Californian's Act Brown Bag Program funding. Of course, improve housing, transportation, and outdoor spaces such as parks/sidewalks. No one should have no one, help older adults connect to each other and lessen isolation. Pull more federal funds such as SNAP funds, etc.

352. Don't lump us! We have a broad range of health, employment, family and social concerns. Keep us busy and engaged! Use us to clean up the community, educate, and serve. We have so much to give.

353. Develop "Age in Place" modifications to residences in order to make homes design friendly for aging individuals and care givers. Roll in showers, grab bars, lift tracks and lift devices. Encourage code modifications for density, like Portland Oregon and Santa Monica, ca. Tax right offs for modifications and technology that will assist the aging process i.e.



solar/battery backup for medical devices. Property tax deductions for disabled. Community social media for aging so people can help each other i.e. help with medication, shopping etc. Encourage retired health care workers to participate. Encourage retired Contractors to help with the modifications. I am moving to Maine next year, but I just wanted to comment especially on aging in place modifications. I am almost 70 and will do these modifications to my home in Maine. I am a Contractor/ wife is a Nurse Practitioner.

354. Lower taxes. (individual and corporate). Stop giving free medical care, food stamp and education for illegal aliens. Start getting mentally ill personnel into mental health facilities. I.E homeless who are involved in criminal activities.

355. I am retired and a stroke survivor. I want to be involved in educating the public re: stroke awareness. Stroke is a killer and a major factor in major disabilities,

356. A little education in the schools to just try and get the student to get a clue as to what it is to be old. Things like old people move slower than young people. Old people do not think as fast as a computer game player. Old people do not eat the same fast food as young people. Old people need drugs just to live day to day, unlike young people. Something other than an obscenity would be nice as a greeting from young people. Maybe just a few words in some class might do some good. Well, I can dream, can't I?

357. I think this has been done in the past. Not sure about that. Give assistance regardless of social standing, or income. Not everyone is on Medi-Cal but need help regardless. Provide community programs to keep the aged active. Provide help so we caregivers can have a day off once in a while. This can be tiring an emotionally draining work. For the mental health of the caregiver, give them a day off once in a while.

358. I would like to see a database of jobs for seniors. Pledged employers that will help qualified seniors to find meaningful jobs. Many seniors have skills but the biggest problem we face is age discrimination.

359. "I would like to see a database of pledged employers dedicated to helping seniors find meaningful employment. The biggest issues that senior face when it comes to employment is ""Age Discrimination"".

360. The cost of living in CA is SO high, we need to help the most vulnerable to rising costs of living. Please increase the state-funded portion of Supplemental Security Income grants (SSI). State policymakers deeply cut the grant during and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color

361. Invest in middle income caregiving resources!! Support development of low-income housing to prevent displacement.

362. Make it unacceptable for skilled nursing facilities to take only patients that have been in the hospital for three nights. Make it easier for dementia people to get Medi-Cal to help pay for ridiculously priced skilled nursing facilities.

363. Find a way to at least partially compensate, through a tax deduction all the wonderful people who volunteer to drive Seniors to and from their routine activities. With gas prices so

high in our State, and the growing need for direct transportation to and from various medical and social appointments, we need to have more and more volunteers. It is difficult when the costs of driving are so high.

364. As an "older" worker, who will not be financially able to retire in my 60's (or even my 70's), I am having a tough time finding a full time job (with benefits), even though I am a healthy, youthful, energetic person, with a GREAT work ethic! Maybe offering incentives to companies who hire "older" workers ;/or retain them as valued employees would help build a more age friendly California?

365. Utilize the network of California community colleges to build the entry level workforce to meet the needs of our aging population.

366. California desperately needs to increase the state-funded portion of Supplemental Security Income grants (SSI) for low-income seniors and people with disabilities. State policymakers deeply cut the grant during and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color. Thank you.

367. Currently there are senior communities for the over 55 that include two story town houses. My knees are screaming, "Ouch". Speaking as senior I feel the lack of single-story condo's or apartments designed for seniors needs to be addressed. I realized the footprint is of importance due to location and taxes, however, a simple solution would be multiple floors with an elevator.

368. I feel that there is a tremendous opportunity for new, affordable rental apartment buildings. My sister-in-law just rented such an apartment in Washington D.C. The building has a certain percentage of their units allocated for citizens over 65. It is a brand-new beautiful apartment building with tremendous amenities. It is not only for senior citizens. That's the beauty of it.

369. Ensure that all Medicare Supplement plans are accepted everywhere in CA. Ensure that prescription drug costs are affordable--possibly capped--for seniors. Provide incentives to cities and contractors to build affordable, master-planned active senior communities as is done in AZ, FL, NC, etc. so that seniors don't have to evacuate the state in masse simply because the cost of living for staying in CA is too high. Provide financial incentives for seniors to stay in CA; discounts on big-ticket items such as homes, cars, etc., breaks on property tax, income tax (especially from state pensions), etc."

370. 1. All homes built with 36"" to 42"" doors

2. Build an electric vehicle that accommodates a 300lb electric wheelchair (perhaps a ramp van) old cripples are being left behind in the rapidly evolving elec. vehicle technology.

3. Offer kitchens and bathrooms with adjustable height cabinets for wheelchair access

4. Require all new homes to have a wheelchair accessible entry point

Zero threshold showers should be standard

Assisted living facilities should be required to have at least 10% wheelchair friendly living units and ramp-van dedicated parking assignable to residents who need them."

371. We must build partnerships between religious organization, non-profits, corporations, local, and state government to decrease our homeless crisis. We can't begin to build an age friendly CA with the homeless population growing among all age demographics.

372. Se ve interesante

373. To better prepare older adults and their families for the future, the state of California needs to engage in a marketing effort to inform consumers of what aging benefits are included in most medical insurance plans including Medicare. Consumers need to be informed about what long-term care services, used most often by older adults, cost and the program availability across the state. Too often older adults find out during a crisis that services they thought would be available are either not available in their area or are too costly for many middle-income families.

374. One of the most urgent measures that the state of California should take to become an age and disability friendly state is to reverse the cuts made to the SSI/SSP grant. Seniors and people with disabilities should not be forced to live on poverty in one of the richest states in the world.

375. Make affordable housing, that is for everyone, not just low income. I know ADUs are going to be something we can add to that.

376. 1) The state should develop a training program for all 211 Call Centers so that they more effectively answer questions from seniors. Many times, seniors do not know what they need to ask for, so they do not get what they really need.

2) Affordable housing

3) Transportation especially options that are already available like Access. It needs to be more user friendly specially to cross county lines. Some of the stories are horrible. We should be treating our most vulnerable residents better than this.

4) SHIP/HICAP in some counties such as Los Angeles they are not doing a good job of reaching all of the cities within the county. Eastern Los Angeles County area maybe has 70 or so seniors served face to face a year. Not a typo. There is no excuse that there are not more HICAP counselors. With medical costs as they are, we need to ensure that each senior is in a health plan that makes sense for them which may save them money to make their rent payment.

377. As a previous caregiver and a still active member of the Alzheimer's Congressional Team for Congresswoman Doris Matsui's district, I'd like to see public awareness campaigns and ongoing training of First Responders and all level of health care workers for treating aging California's with Alzheimer, Dementia, and mental disabilities.

378. Lower property tax for seniors. Create senior communities that are affordable. Eliminate senior income tax. Make CA a green state. Free public transportation.

379. I think the greatest problem the aging population faces will be housing. The older individual who did not put money away for a rainy day throughout their lifetime will be hard pressed to maintain independent living on Social Security or even Social Security and a small pension. Maintaining a home even if it is paid off is just beyond the reach of most seniors especially after the first spouse dies. I was a lawyer in my career and worked in Family Law. It was rare to see families with a nest egg or families who could sell the family residence, split the profit, and each purchase a new home. This problem can only get worse as even serial monogamy continues to be delayed as the millennials age. Putting off saving for a rainy day

after paying back student loans (and I have seen individuals going back to college for their third life career in their late fifties, with a trail of deferred student loans larger than the home mortgage. Debt management early on is critical.

380. We need to address outrageous drug prices (insulin!!, etc.). There need to be funds set aside for additional AFFORDABLE senior housing as more and more seniors will downsize due to deaths, financial considerations, health issues. There appears to be abundant land, I don't know who owns it, in the Antelope Valley in SoCal. Legal services and seminars on those scamming and spamming seniors. Property tax rates should get frozen maybe when householder reaches 70. It's hard to keep up with the constant tax increases on fixed incomes.

381. 1. California teachers were not given Social Security benefits. My husband made a career of teaching elementary school students for over 30 years. Although he retired in 2004, he still volunteered to teach a gifted math class to several of the elementary schools in the Fallbrook Union Elementary School District. He was not paid for this service for over 13 years! These teachers who are enlightening the minds of future leaders of our county, state and country are not allowed to collect Social Security benefits. This is no way to treat people who have worked so hard to educate the youth of our nation. This is NOT RIGHT!

2. Costs of prescription drugs are rising at an alarming rate. Senior citizen living on a fixed income as well as other dependent citizens deserve some sort of guarantee that the sellers of these life-sustaining drugs are not allowed to increase the cost at unfair rates!

THANK YOU for reading and considering my comments!

382. We must pay spouses for all the individual care we pay all other IHSS caregivers. Spouses must clean, cook, doing many daily chores and are NOT paid for any of those hours. Everyone else, including other family members are paid for those services given to the patient. Spouses are expected to do everything and only be paid for certain care categories.

383. Make all city planning budgets have Senior Centers a mandatory line item. Bigger, Better amenities staffed with mental health and social services personnel. Our city parks in South Gate have quadrupled in the last three years, however the Senior Center has been left in the dust compared to surrounding city's Senior Centers. Reduce the price of assisted living type housing. Recruit home health aides with better pay and benefits.

384. Increase affordable housing. Decrease rx. cost Increase activities for seniors. Create systems to visit seniors in their homes/place of care.

385. Seniors are being priced out of their homes due to increases in property taxes and utility bill increases. Some of us are holding on for now, but with each increase, we are faced with the fact that after years of hard work, we may no longer be able to live in our current residence. This doesn't even factor in increases in our medical plans, food, and other quality of life necessities. I believe there should be a cap on property tax and utility increases for individuals with incomes of \$40,000 or less, per year.

386. I have Medicare, and I am certain based on review of all of the proposals for "Medicare for All" plans which are being promoted by candidates for President, that approval of any "single payer plan" such as Medicare for All will catastrophically affect the services provided to the elderly under current programs, because the enormous cost of Medicare for All will deprive Medicare of funding for the traditional Medicare program and overwhelm the process. I beg the governor to oppose any Medicare for All proposals to protect current Medicare. We pay into Medicare our whole working lives, and that investment in our medical

future must be protected at all costs. Medi-CAL, a program run by the state of California, is a bloodsucking HMO extension of the state government, which will attempt to tax any possible aspect of life in order to raise funds. I am certain you get my point. Protect current Medicare at all costs. If you really want to help elderly, do that, and swim against the current.

387. 1. Affordable housing

2. (more) Affordable healthcare

3. Help for the self-employed through tax-free savings accounts or other MMAs to secure our retirement. As a 55-year-old lifelong self-employed individual, it's difficult to save money for the future with normal investment opportunities and tax rates.

4. Fair employment opportunities for people who aren't ready to retire. Ageism is alive and well, especially today!

5. Did I mention affordable housing?

388. Forgive state taxes to anyone on a limited income. Provide more buses to transport the elderly. Put cap on ambulance fees.

389. Encourage "Aging in Place" and teach Californians how to age in place affordably.

390. I would love to see more scooter/wheelchair friendly access

391. Older people need to get a break on Property Tax. I moved to Los Angeles CA about a year ago for work. We bought a house for too much money as we need someplace to live. I am 5 years from retirement. The property tax we have to pay makes it impossible for us to stay here when I retire so we will have to move and hopefully not lose too much money on our house. We love it here and have wonderful neighbors and have already made friends and would love to be able to stay - but the property tax alone would be 50% of my social security."

392. Medication MUST be affordable to the elderly. Reform of Medicare: why do we have to pay for a service that is not always accepted by all physicians and on top have to pay for additional insurance to be properly covered? For those of us that have worked all our lives and have put in our share, why do we feel penalized vs rewarded for our efforts and as an elderly? Why do we feel like second-class citizens? We don't receive the best care or the best medication for our illness, we have to settle for second best. Medicare is for the elderly not ALL.

393. Open to support this cause

394. Educate on senior topics, share resources with the public and various agencies, and collaborate with community partners.

395. More socialization combined with exercise opportunities for seniors- at little or NO cost. Volunteers to visit seniors to discuss medication and fall safety. Volunteer opportunities for seniors to engage in positive change no matter their ability. Even small actions can make a big difference and bring a feeling of important contribution.

396. Take a look at LTD companies that many have paid into and are defaulting or raising annual rates with premiums that are increased at renewal over 50-80% and also not paying for services contracted.

397. Ensure infrastructure in place for safe neighborhoods with clean streets, sidewalks and public transportation as we move people away from homelessness. Lack of either is a failure of leadership.

398. We need to provide more support services for family caregivers.

399. I would like to be added to the list to be updated. I am on permanent social security disability and a senior.
400. Fix broken sidewalks, build sidewalks where there are none, widen sidewalks that are too narrow; place at least equal importance on improving sidewalks as on bike lanes. Build bus shelters with seating throughout VTA network; replace all upholstered seats with easily-cleaned plastic seats.
401. No tax increases - keep spending down - stop giving away so many free things to those who do not work. Make services as transportation more accessible and less costly. Remember that some of us do not have family to help.
402. CA
403. Please do not overlook the need for advocates for those that have no one to speak for them if they can no longer speak for themselves. As I get older, I will not have children or others to watch out for my best interests. I currently see older individuals who have a lessened quality of life because no one is speaking out for them - even if they have family! More social workers? More mandatory oversight of facilities? More Ombudsman type people? I don't have the answers but appreciate your consideration while working on this important issue. My 91-year-old aunt, who lives in another state, does not get her nails clipped or her hair washed. My relatives there watching out for her do not seem to push the issue and my aunt cannot remember to ask for the service - she is not yet at full incapacitation, so these services are "extra." This is making it hard for her to walk, so she sleeps all the time. This is not how we should end our lives. Just because of long toenails!
404. AFFORDABLE RENT: On June 14, 2016, I had friends in Ridgecrest, CA, offer to let me stay with them for a period of time, as I had been living in my car. Prior to this, I had been sleeping on the couch in my brother's home, in AZ, but his wife felt I was taking up room, so my brother asked me to leave. I called my sister and her partner, who are millionaires and live by themselves in a 5-bedroom home and asked if I could stay with them while I looked for a place to live and was told, "No." During the winter of '19 in Ridgecrest, CA, I did secure an apartment for \$525/mo., but couldn't afford to use the electricity or gas. It was dark and cold, but at least I was inside. The apartments were then purchased by a dentist in Palm Springs who raised the rent \$150/mo., stating that the increase was reasonable and affordable, (for who)? At the end of my 6 months lease, I was again living in my car at 70 years of age. I don't have a suggestion or an answer. In California, greed seems to win.
405. Please include individuals with disability and don't treat them as separate.
406. I have time and energy to perform research functions.
407. I would allow the current relocation property tax break in California to apply to any county after age 55, or 60. I think it would allow elderly non workers to leave areas that are more expensive and better suited to the working age citizen without having to pay higher property taxes. I think after age 60 property taxes should remain the same. I find myself being "taxed out" of my area.
408. Recognize that all individuals have value, experience, and ideas.
409. As I understand the death with dignity/assisted suicide law, it won't help those with dementia. My mother had Alzheimer's for close to 20 years. She had a dog-eared version of the Hemlock Society's book with a handwritten note/recipe on how she planned to take her own life in the event of a terminal illness. She never used it because with the Alzheimer's, she

had forgotten about the book and her plan, but because she talked to me at length before she became ill, I know what she wanted. My husband now has 2 forms of dementia and "Parkinsonism" and I have the APOE4 gene for Alzheimer's. By the time any of the three of us would be ready for assisted suicide, we would not have the executive brain functioning required by the law. We need to be able to put it in our advanced directives in the hands of our POA's. For years my mother couldn't talk, walk, chew or swallow liquids without aspirating so she got repeated pneumonias, one of which finally gave her dying wish.

410. "Planning ahead is critical to aging well - too few have appropriate estate planning documents when the vulnerability of aging and isolation become their reality. Teaching our kids about the basics of aging and planning would help everyone embrace our whole life and allow more people to feel comfortable discussing and planning our mutual futures. Everyone should have a will, a power of attorney for finance and an advance health care directive, by the time their eligible to vote. Some will need a Trust. This can be part of a civics, health, or English class. Having taught these topics for over a decade, I'm happy to help. Marguerite Lorenz, EstatePlanning101.org"

411. I live in an over-55 community, and it seems to me that the biggest challenge here by far is isolation, followed closely by poverty. If one spends several hundred dollars a month on prescription drugs as I often do, even with Medicare, one has trouble paying rent, house payments and the like unless one continues to work -- and not everyone can. Help, please - and thank you very much for creating this task force. One thing I can imagine addressing loneliness: making use of skilled seniors to tutor children, who can then help by contributing something to the senior, like moving the garbage cans, pulling weeds, etc. A win-win and a chance to build bridges across generations.

412. More affordable apartments for seniors.

413. That is a long time in the future to address issues that are so critical right now. El Dorado County right now has the second largest population of folks over the age of 65 in the nation. Housing is so expensive that older persons are having to choose among critical medications, food, and housing bills. Churches and family are not meeting the needs of local elders. How many people who have contributed to this state and nation must live in poverty and need as they become more and more vulnerable!!!

414. Because seniors often have deteriorating eyesight problems, it would be wonderful if designers of machinery and appliances make the messaging of labels and buttons with high contrasting colors and size of letters and numbers, not the popular tiny white lettering on black backgrounds.

415. It would be important for those of us who have aged here to have a friendly, convenient transportation system.

416. Make sure everyone who needs it, regardless of race or creed, has access to in-home care that is affordable and quality-driven

417. I would like to see a program that offers subsidies for veterans, the elderly and disabled to obtain two-way radio communications devices, to aid connectivity and EmComm, as they are sometimes less social and connected through other technologies.

418. CA

419. Plan for people with limited mobility, not only those who must use mobility equipment. Some of us have no major limitations, others are confined to devices, but finding parking near

locations can be hard enough to prevent us from attending meetings, shows, appointments, etc. A good number of us are unable to walk very far, but we can walk. That is an aspect of mobility limitations that seems to not be well recognized here. If we do not have a driver, and live alone, then access can be a huge barrier.

420. Any committee should have a family member who is a caregiver and someone in their 70s or 80s. These are the people who truly understand the aging process and the challenges that are being faced. If the state wants to be age-friendly by 2030, now is the time to start schooling, training and employing COMPETENT people in this area. Let's have the young people understand the aged. We've all been young once, but we all haven't been old. When you're young, it's hard to understand about people getting old, the aged being in pain, grouchy or moody. I think it's a great idea to pursue taking care of our aging in a compassionate manner. Thank you.

421. Provide senior communities near University of California Campuses that will house seniors and select students, whom are willing and able to provide stimulation and care for seniors in exchange for boarding and/or tuition. These communities must be allowed to grow in size around the universities.

422. Will convene community groups across the state to get people to provide ideas, concerns and suggestions to the stakeholder committee - and help in any other way. Very supportive with the Master Plan for Aging - and the road map laid out by the Governor, Secretary and the agency staff. Very impressive, especially the urgency, the focus on being person centered tied to outcomes, and solutions that look across systems.

423. I hope that you will actually talk/accept feedback from Seniors who are experts in knowing some of the things that they want to have in their lives at this stage such as a community of seniors to visit with and share info on how these seniors are aging well and building a community in a friendly setting. Sometimes the Senior Centers which are "run" by Park; Rec. are more concerned with running a free or paid activity instead of or in addition to providing a Friendly Space for seniors to visit and relax and talk to other seniors.

424. Please include an end to poverty in the SSI/SSP grants by finally reversing the Great Recession cuts. No older Californian or person with a disability should be forced to live in poverty.

425. The Master Plan for Aging must end to poverty in SSI/SSP by finally reversing the Great Recession cuts to SSP grants. No older Californian or person with a disability should be forced to live in poverty.

426. Host community conversations to create compassionate, age friendly communities. Provide funding for conflict free person-centered planning - to align with CMS expectations for person centered planning for users of long-term services and supports. Introduce social prescribing to promote wellbeing and reduce loneliness and isolation. Create grant opportunities for CBOs to introduce innovative approaches. Reduce barriers to multigenerational living: minimize zoning and planning bureaucracy to encourage home modifications and additional dwelling units to make it possible for families to live together. Restructure caregiving labor force. Allow payment to family caregivers and for salaried personal attendants (can't build a skilled workforce when you can only pay for shift work. Enlist culturally diverse perspectives and strategies.



427. Help to find ways for seniors to get to doctor appointments, food and home maintenance. Also, company for seniors who live alone.
428. Rental properties are increasing in price at alarming rates. Seniors on fixed incomes cannot keep up, many are becoming homeless. This issue needs to address. Thanks.
429. Desperately needed, especially in places like Santa Barbara.
430. to have a centralized list of resources that provides services needed by this population in their particular communities.
431. Rising costs of everything is impossible with limited income of social security benefits. Programs that could help might include raising (cutoff annual income) the threshold for Medicaid eligibility in California for older; disabled people. This might help a vulnerable population not have to pay \$300 to \$500 for supplemental insurance. Medicare coverage alone leaves a lot of money to be paid. The older we get the more problems related to aged bodies occurs. \$300 can buy more healthy foods.
432. The Long-Term Care Insurance Partnership program is an excellent way to encourage planning for aging. California was one of the original states to participate in it. Of all the states that offer a Long-Term Care Insurance Partnership program, California is the ONLY one that does not offer reciprocity. It would like to see that change.
433. Put a cap on rent for senior living communities
434. California needs FREE TRANSPORTATION FOR SENIORS 62+. You will lose them to other states otherwise. FREE means on call taxi within 100-mile radius. Result: keep seniors in CA; increase safety on road! California needs LOW INCOME DAY FREE ACTIVITIES. Seniors are ISOLATED and committing suicide. Social like dancing lessons: ballroom, line, folk " offered. Currently there is a lunch program offered at Senior Centers. It is supposed to be voluntary donation, but that is not what is happening. Centers are CHARGING anywhere from \$2 to \$5. Disabled Adults need recreation center like seniors have. California needs `phone check-in call system for seniors who live alone. California needs `volunteer network for helping seniors in their home. Volunteers need to have security check. California needs to set up sober living homeless homes according to following:
435. 1. Don't give up parking for bikes. Sure, build needed bike lanes but also build municipal parking lots that will accommodate neighboring activities. Almost every senior I know complains about the difficulty of parking and avoiding some activities because there is no parking or parking is prohibitively expensive (how about senior prices?) and because uber and lyft prices can also be high. We spend lots of time circling areas searching for parking and that can't be good for the environment.
2. Seniors sadly get familiar with medical facilities. How about making them more welcoming? Think about changing waiting rooms to be more tranquil and attractive. Even fish tanks or restful scenery on the ever-present TVs instead of noisy programs would help.
3. Make consumer goods more senior friendly for example eliminating the frustrating squeeze and open tops (which we then leave open) and those that have many of us keep pliers in the kitchen to work on. Thanks for doing this. Most worthwhile"
436. Increase SSI/SSP to avoid homelessness.
437. I believe the medical community should start using natural and organic herbs. Many times, they can heal without any side effects. This way one has a longer healthier life.

438. Ways more experienced professional seniors can lend their expertise to the working world.

439. Housing. Make multi-generational/shared housing not only a goal, but a reality. The nuclear family model doesn't function for us anymore. Cities and towns in their zoning laws and in their practices need to make it easy for multi-generational families and other multi-generational groups to find and purchase, rent, or lease homes and apartments designed and built for this purpose.

Transportation. How can we use the ride-sharing model to make it easy, quick, and affordable for seniors and persons with disabilities to get where they are going? Let's be clear someone who is 70 today probably already use Uber/Lyft or if they don't, they only need a quick and friendly tutorial by the teenager next door. Someone who is 90 years old may need more help or structure. The old methods of reserving a van ride weeks or days in advance puts a burden on users that isn't necessary.

Health. So, I am at that age when joining Medicare is mandatory. I have been aghast at its inefficiencies.

440. I encourage your efforts, but our current governor is a joke. I am a native Californian as is my husband ; son, but as soon as we retire we're leaving this god-forsaken state and immigrating to a place that is more friendly to our generation as all of my family have done in the past few years (all are also all born ; raised in CA). This governor doesn't support veterans or their families but is willing to give our tax dollars to illegal intruders.... not our tax dollars which will be leaving this state ASAP. Don't contact me again until you can find a way to ditch this useless governor and his pals.

441. Just a few for now: Walkable streets to get to the market without having to drive. Affordable housing to be near family members who provide care. Backlit street signs with large print for driving. Signs far enough in advance of intersection to know what street is coming up. Good luck with this important undertaking!

442. I'm a single senior (62) and in good health though currently have a mobility issue. It's helpful to single seniors and their caregivers for assistance with transportation to medical appointments and daily errands. Having access to a transportation services or economic assistance (running errands) is an important issue. Providing senior centers for funding to provide opportunities to exercise body and brain so seniors remain self-sufficient are important.

443. More affordable housing for senior citizens.

444. I was a senior citizen commissioner for the city of Cypress in around 2009 or so. During my time I did a survey to understand the need of the senior citizens and the data was very useful to create a plan for them. Cypress City has a plan to help in food distribution and other activities in the Community center. Most of the complaints were (1) They need help in all sorts of Handy man services, most of them were cheated charging extra money and they do a poor work and the trouble comes back again with in short time. I submitted a plan to eliminate this kind of issues and the plan was like this:

1. City should select a group of Handy man service source, review their credibility and License etc. to qualify them as a Cypress City approved vendor list. When the Seniors needed a service, they will look at the approved list and get the help from the service provider and give the fair price.

2. Installed a complaint Box to report any comments, concerns and grade their service. "

445. I am an IHSS Provider and mother to my daughter with Developmental Disabilities, caring for her for 19.5 years, most as a single parent. My suggestions need more than 1000 characters. I feel the greatest pool of information, in all areas of this complicated project, must begin at the grass roots level; with Providers and Caregivers who have been advocating, living and battling the core realities of "Care". Ethics, morals, fiscal concerns, housing, transportation, compensation for services rendered, adequate medical resources, preventative/restorative practices to ensure quality of life, Professional System Navigation, Para Legal etc. are but some of the issues I have self-trained in to assure my daughters success. The wealth of knowledge Care giving families possess, needs a RESPECTED AND HONORED PLATFORM AND VOICE to lend to this endeavor. Please form County working groups; communicate the opportunity well to include all who wish to join, act with Honesty and Integrity from the start.

446. There is no affordable alternative to nursing home care for adults needing less than full nursing but some level of assistance...toileting, dressing, supervision, meals etc. Board and care homes are humane alternatives but are not covered by Medi-Cal or insurance so are out of reach for many seniors and family members...board and care homes are less expensive than nursing homes so if there were Medi-Cal coverage, may keep seniors and families from looking to nursing homes. home care is too expensive and does not cover nights when seniors need toilet assistance and supervision...many seniors live alone in dangerous circumstances or with family members who live with unbearable amounts of stress and worry. When desperate they resort to caregivers who are out of the usual networks and who may take advantage of vulnerabilities...

447. We need a campaign to improve safety on the roads. Crossing the street in our cities and suburbs has become life threatening for seniors. Crosswalks are danger magnets...as an active senior who was hit while walking across the street with a green light, I can feel the need. Let's do an all-out public service campaign directed towards improving driver behavior...ads to remind drivers to slow when turning into or approaching a crosswalk, ads to remind drivers that a stop before you turn right on red will save a life, don't be a fool, be cool campaign to remind drivers how to drive calmly and safely with videos showing unsafe uncool driving examples. Car ads need to eliminate aggressive driving film clips, and perhaps even help fund campaigns on safe driving. Or drive responsibly ads similar to the alcohol ad reminders. Special safer protected crosswalks near senior centers...longer walk signs, no turn signs when walk signs are on. Red left light arrows when walk sign is on is a must

448. Why do nursing homes have to be such dismal places? Seniors are so fearful of ending up in a home. Unless you have significant resources, these places are dismal, smelly lonely places. So many of our elders just languishing in hallways. Caregivers, employees are doing their best, and are very caring but it's hard to overcome the fatigue.... family members avoid visiting because they are so depressing. Food is industrial and almost inedible. As someone who has transitioned from a hospital to nursing home for temporary rehab of a broken leg, the difference was remarkable.

449. Please Increase the state-funded portion of Supplemental Security Income grants (SSI) for low-income seniors and people with disabilities. State policymakers deeply cut the grant during and following the Great Recession and also eliminated the annual statutory cost-of-

living adjustment (COLA). Poverty is a huge problem in this state, and we can no longer count on the Federal government to help. You must act now to reduce poverty, hunger and homelessness.

450. I hope there is a way to network age friendly people in cities where they have regular access to community events and brainstorm sessions on what and how an age friendly California would look like, maybe thru a hosted website where local communities will be able to give their feedback which then is added to other cities feedback to help give shape to the entire state.

451. Support expanded home-delivered grocery programs. Increase senior participation in Cal Fresh program.

452. The governor and state legislators should increase the state's SSP portion of SSI/SSP grants for low-income seniors and people with disabilities. State policymakers deeply cut the SSP portion of the grant during and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI/SSP grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the SSP portion of the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color.

453. In home care. Tax credit for making accessibility changes in the home

454. The Master Plan for Aging should address rising economic insecurity among older adults and seek to end the disparities that perpetuate poverty, hunger, and undermine health.

455. In an age where knowledge of and access to technology is a must, many seniors are isolated from their community. Many do not have family and friends willing and able to support them in this area. An age-friendly state should be one where technology is brought to the elderly. In-home classes, in-home assistance, and even affordable equipment rentals designed specifically for elderly users (larger buttons, screens, etc.) would be helpful in keeping them connected to their surroundings.

456. Autonomous cars will give people more independence and allow them to stay social. More discounts for seniors at restaurants, etc. More social programs aimed at seniors, such as park exercises and group trips.

457. Lower property taxes for 55 or 60+. We want to stay in CA but with high property values resulting in high property tax amounts, it's almost impossible once we are on our lower retirement incomes.

458. Stop price gouging by the insurance companies, hospitals, and have a clearer understanding by one and all how senior citizens are financially abused.

459. Affordable Healthcare and Housing

460. If you believe this bullshit order by our Marxist, race baiting governor is beneficial to seniors, then you just got the last yearly dues you'll ever get from me! What a shame, a supposed organization for the retirees like aarp promoting the socialist ways of the left.... really good for us oldies...rightttt!

461. If you made the individual 65 and older tax exempt in the state of California what's going to happen is, they're going to spend their money to the working people and to the business the states going to get their money one way give something back to the people

462. If you're 65 or older you should be tax exempt, you put in your time in and you should get some sort of reward bottom line

463. Address not only low-income, but more importantly build a means for middle income Californians to pay into a program to ensure they have the long-term care they need when they need it -- one that does not require them to become a ward of the state. Beyond that, please work to provide greater information to all Californians about steps they can take to prepare themselves for this eventuality.

464. We need reliable services to ensure older people have consistent and easy access to proper nutrition, medical care and social enhancement. Isolation and loneliness are the primary enemies of older people and some of this social enhancement can involve companion care (which is NOT covered by Medicare) and groups with meaningful, stimulating and non-denigrating human interaction (senior centers are a ""start"" in this direction). In general, older people want to ""age in place"" in familiar home surroundings - social and medical (caregiving) services can help accomplish that and reduce our dependence on often unnecessary, dysfunctional and dangerous institutions which can increase costs to society overall.

465. I would like to have training for 55-year olds and beyond on how to prepare to be physically and mentally vibrant. A strategy based on Younger Next Years for the physical side. If one starts at 55 to fix the sins foisted on the body of the first 55 years can be turned around by retirement. The second to be a one-page strategy to be mentally vibrant.

- I would like independent living places for the 55-year olds be a haven for providing the activities defined above
- I would like to see pressure put on independent providers (like a gym) to have a slice of their program to aimed at the 55+ folks to get into physical and mental shape without having to move to an independent living environment
- there's a lot of talk about government funding for CHILD care. As we oldies but goodies start to go back, provide training to children on how to deal with aging parents AND create job training and opportunities for folks that are willing to provide home care to the 55+ world vs children.

466. Cognitive and neurological conditions and an aging population are overwhelming patients, their families, caregivers and providers/facilities. We are simply not equipped to deal with it, and no one is facing this tidal wave of misery head on. Some form of long-term care insurance that is affordable and sustainable must be offered in a ""public option"" type format since the private insurance carriers seem to have dropped the ball on this issue. This LTC insurance MUST cover custodial care BOTH in the home and in residential communities AND cover neurological and cognitive care (i.e., Alzheimer's/Dementia and Parkinson's). Medicaid waivers must be extended to memory care facilities so that when families run out of money and are forced to apply for Medicaid, their family members can stay in a memory care or assisted living community if they choose rather than going to the few Medicaid nursing homes that take patients with Alz/Dem/Parkinson's. Pay caregivers a living wage!

467. I use a wheeled walker and for the most part, people are courteous. However, when I get on/off buses, people just ignore me and rush on or off the bus. I don't use this walker as a fashion statement, as I'm sure many other users don't. I use it because of chronic pain in my back and legs. Is it possible to make some kind of law or ordinance that will fine people when

they rush ahead of a person with a walker or wheelchair? By-the-way, I'm 70 years old and disabled. It is quite annoying and RUDE. I do my best not to mind it, since I think they will learn if they ever become disabled.

468. We need to build more village type developments where the aged can live together but still have some independence and their own dwellings.

469. Low cost insurance. Low cost Insurance for those 62 and greater before Medicare starts

470. We need to take into account the issue of disability, both for aging parents who are still taking care of their dependent adult children with special needs and disabilities, and also to recognize that many individuals with disabilities are living longer than ever, but the current infrastructure isn't in place to accommodate them, such as older adults with Down syndrome, autism and cerebral palsy.

471. We must work on the deplorable state of available funding to supplement fair cost housing and fair incomes for seniors and veteran seniors. I think incentives to landlords to cut housing costs by 25% would be a start. Cost of living raises in senior income at 30% across the board is necessary.

472. As you know, the City of San Diego has approved Granny Flats of a max 1200 sq. ft on 1/8 acre lots. They just came out with a 42-page handbook promoting this concept. I strongly feel that this should be taken a step further by the State of California by allowing/promoting small houses on small lots for older citizens. In other words, max 1200 sq. ft houses on separate 1/8 acre lots not associated with any other houses on those lots. This would have an even greater impact than Granny Flats on the affordable housing market. The houses could be manufactured homes in addition to conventionally built homes. Mike Allen, San Diego, mallensandiego@aol.com

473. I currently volunteer with older adults and teach strength training techniques which helps them stay healthier and fall free in their retirement years. Strength training helps to counter the natural strength loss of strength that occurs as we age. Keeping seniors active, well balanced, and fall free is a major priority for me.

474. Follow Ed Roberts work.

475. We can't until the year 2030, this plan will keep revolving and changing to meet everyone needs. We need a phase approach to action, 2020, 2025 and 2030 or even sooner if possible. Every Senior should have internet access at no charge. Every Senior need training tools, PC, laptops. Every Seniors need technology training because technology changes so quickly, Seniors will be left behind. Maybe turn Libraries into technology centers or add them to existing libraries. Seniors need to be educated to understand technology will help them, there is so much information available.

476. Develop age-friendly and anti-ageist language to encourage a more positive view of aging. Work with service providers and physicians to educate them on health-related aging issues, including mental health related issues. Work with housing and food services to ensure collaborative efforts are not redundant. Ensure educational and resource materials are accessible for all ability types and languages. Encourage generational programming."

477. 1. Building housing that is affordable, accessible and available for older adults to enable them to age in place in their own communities; recognizing that building senior housing may be a more palatable multi-family building option for communities that have resisted building more affordable housing.

2. Understanding the many ways in which infrastructure, policy, funding and community affect the lives of older people, and collaborating across government departments to lower barriers for older adults to engage in and contribute to the life of their community.

3. Providing strong financial, nutritional, social, and health services to support older adults in need.

4. Crafting policy that recognizes that people experience aging in different ways, and taking capacity, desire and need for employment along with the availability of appropriate jobs into account when setting expectations for the trajectories of Californians' careers."

478. I am a Psychotherapist working with the aging population in Southern California. Would like to offer my services by organizing groups to help connect people in order to give purpose and eliminate loneliness.

479. A process for covering expensive drugs for seniors especially when they fall into the (cringe) donut hole. A system for elderly living alone. For example, create a network of ""visitors"" for those who may not be able or want to leave their residence for social interaction. A team of health care professionals that can explain in layman's terms their disease process, treatment plans, and treatment options, starting conservatively. An example would be physical therapy prior to considering a costly back procedure with a long recovery phase. This would be a great program for nurses to run, perhaps with a physician advisor. I am a telephonic advice nurse and work exclusively with seniors, so I have good insight to their current needs. Create a network of social workers to help with finances, housing, transportation, home health care and caregiving for those in need."

480. More affordable housing and be more open for elderly abuse, cyber abuse and bullying, etc.

481. California needs to restore the cuts to SSI made at the time of the Great Recession. Unless we bring people eligible for SSI out of poverty, none of the problems to help the aging have a chance of success.

482. Helping the elderly stay home as long as possible promotes healthier long-term health for them.

483. Many seniors that I know are "choking" on paying ever increasing property taxes, income taxes, utilities. How about a Senior discount on Property Taxes?? Every time there is another initiative that comes from Sacramento, we shudder for fear it will impact us financially. With all the fires in California, homeowner's insurance has skyrocketed .... another area senior is impacted whether or not they were impacted by the fires .... please think about those of us on a FIXED income. We can't take anymore. Perhaps a discount on insurance for seniors?

484. Reduce the cost of medications. Provide better transportation via buses, etc. Although I hate development, we need tons more affordable housing for seniors. Regulate the land rental increases in senior mobile home parks.

485. Most importantly, seniors need affordable housing. Currently even Section 8 housing for a one-bedroom apartment costs at least \$1,000 in North San Diego County where I live. Retired people on social security simply cannot afford such rent. I have read that the state has allocated funds for affordable senior housing to be built, but in North San Diego County, everything being built is a single-family home costing hundreds of thousands of dollars, family apartments, or memory care facilities. If money has been allocated, low cost apartments

need to be built, and quickly. These apartments should be not merely handicap accessible but also have special features such as lower sinks and wider doors for people in wheelchairs. My rent is more than half my income, so when my savings runs out in about 20 months, I will be selling all my belongings and moving into my car, which will be very difficult because my severe chronic pain issues require that I sleep in a bed.

486. Allocate more funds to infrastructure maintenance and repair (roads; sidewalks in particular). Provide more frequent public transit covering more locations. Ensure ramp access to all public spaces possible.

487. Ensure individuals living with dementia and their families receive relevant information in the form of a culturally competent public awareness campaign. Elevate the standard of dementia care through early detection and timely diagnosis. Expand community-based options for aging by providing adult day care programs, respite care. Secure new financial resources to avoid Medi-Cal spend down and impoverishment such as long-term care cash benefit.

488. Our communications firm has been working in the long-term care consumer education for nearly 20 years and have deep knowledge and relationships in the industry. We would love to provide assistance in messaging, tool development and share our knowledge on how to better communicate this complex issue to Californians.

489. Consider not using "aging" but instead "leveling up" like in a video game to battle ageism. Each year, you gain more life experience.

490. There are many things to make a society free from age prejudices:

- 1) Pharmacologic co-pays are increasing, and elderly incomes are not. We need a system where the medication co-pays are reasonable or affordable for our aging population
- 2) Programs that will allow for young and old socialization. The young can learn wisdom from the elderly and the young can energize the elderly.
- 3) Keep elderly active by keeping them employed while they still have their faculties intact (Encourage hiring experienced older folks)
- 4) Support more day elderly care programs where elderly family members can be dropped off in the morning and picked up in the evening, similar to childcare.

491. Transportation would be number one on my list. Not just main streets but availability to hilly areas. How? don't know. Whistle Stop type transportation should be available to all with mobility problems, not just for age. Would be willing to pay reasonably rated fares if not necessary to wait long times.

492. I am 71 years young. Mental Health has been an issue since I lost my son some years ago. Even while I have been in continuous therapy aging affects you on so many different levels. Getting quality care is like pulling your hair out. Most Therapists, Psychiatrists, are either unwilling to take Medicare or they refuse to take on new patients unless their partners refer them. California has always been forward thinking and progressive. Maybe funding can create another type of building like McDonalds house but for parents and family of children who have OD or suicide. Yes, there is Compassionate friends but parents as they get older bring their pain with them now having aging medical problems. To those who do not have the money for psychiatric good care life can be very challenging.

493. Better housing for seniors with low income. More community sharing for seniors living alone.



494. Increase support for Community-Based Adult Day Care Centers (CBAS) and offer additional funding to the program to cover all aging and disabled-adult populations, regardless of legal status in the US. Incorporate CBAS program in the state agenda for the homeless.
495. Affordable, animal friendly, sliding scale based on Social security income levels. Space for tiny home communities with community gardens and activities and swimming pools/hot tubs.
496. Provide aid for those needing dementia care facilities. There are very, very few in Southern Calif. and they are extremely expensive. My 106-year-old mother would not be able to live off her social security and tiny pension if I could not strain to pay \$2,500 a month to supplement her income to live in a dementia facility. What happens to really poor people or those with no close relatives? I am sure that many aged people with dementia just exist as homeless on the streets. Deplorable in a state like California.
497. One of the most urgent issues for the aging in California is the spiraling cost of prescription medicine. The big pharma has a hold on politicians in my ways. It is becoming a reality that seniors in CA are having to decide between getting their needed medications and or buying other basic necessities. A good case and point are the soaring cost of Insulin in the past several years. This is should be investigated.
498. Increase hourly wage and benefits for in home support caregivers. Have a licensed registered nurse supervise in home support caregivers at regular intervals to prevent harm/injury/theft or other criminal behaviors from caregivers. Decrease tax burden including property tax, car registration and income taxes.
499. More involvement in health care stream for seniors. Make someone accountable for maintaining quality health care for seniors from doctor to prescriptions to hospital stays and outpatient follow-up care. Who is ensuring seniors are taken care of and not a liability of the system?
500. You should have AMAC as well as AARP representatives on the committee. The worst thing that can happen to a retiree is to see inflation wipe out the value of his fixed income. We should fight for a FED that has a zero inflation target not 2%. My father's 125\$/mo. pension would not buy a cart of groceries after the 1970's were over. We need to get Federal and State spending under control and get our financial housed in order. I am not going to hold my breath. Both parties are a fault on this issue so both better get on the ball or you will have mayhem in the streets.
501. Ensure patients receive adequate physical therapy and to live more independently and not cost and depend on the govt
502. It would be so incredible if we could find a way to help the elderly age in place.
503. Transportation/Housing/Air quality/Medical/ and friendly atmosphere all the time.
504. Mr. Governor it would be nice in the near future as a Humanitarian projects <https://www.instagram.com> helper like my self is to point a company by the state to go around and really I' mean really go around each elderly person home and check on them I'm living in one of these places and they don't maybe they do their best because they are short on case workers I've been living here for 2/2half years and seen in this place at least five death or more thanks.
505. My suggestion is waived the co-pay for the 3er aged.

506. Build alz/dementia first aid and include it in the school system. Educating and training young people on aging and the important roles seniors play. Educating all on elder abuse, reporting and preventions. Inclusion for all is very important and everyone must be represented at the table. Suicide in seniors must be address. Transparency very important to the people.

507. Ride my bike, walk and take public transit more often.

508. "more free uber and car services so you can go shopping...free at home services. restore the tax cuts taken away. Stop taxing social security retirement benefits. Do these changes now before we all end up sick, hungry, homeless and broke...debt forgiveness. Do it now, I won't be here in another 10 years.... respect your seniors now. Don't give my tax dollars away when I can't qualify for programs"

509. I took care of my mother for more than ten years until she recently passed away at home with family around her. The experience of caring for a parent with dementia and other physical incapacities made me realize what was helpful and what was not. Am interested in the plan. I hope it will expand supports like good day programs and transportation to enable disabled seniors to be able to continue to age at home.

510. Keeping California, especially Bay Area affordable. Take a village to support our seniors with respect. More support for dementia and Alzheimer's patients. Multi generation interactive opportunities - example seniors volunteering in school system and vice versatility. Protection from senior abuse / vulnerability

511. Please send me something to reply about.

512. In 2030 I will be 85. During my career in state service I had the privilege of working with many of healthcare and social support organizations represented on the stakeholder committee and many others working diligently trying to build person and family supportive communities throughout the state. The government policy and financing issues are complex but human needs are rather straight forward...to live the life you choose with the people you love. That doesn't change as one ages and I pledge to pursue that goal for myself and others as long as I am able. The role of government in that pursuit is a worthy question for debate.

513. Ensure that there is enough subsidized housing for low income older adults.

514. Expand IHSS to cover all seniors not just low income Medi-Cal clients. Many middle-class seniors cannot pay out of pocket for support in the home which puts them in more dangerous situations and does not support them in the aging process.

515. Get all people involved everyone is aging. More public outreach in hard to reach areas.

516. 1. Let's promote older workers to hiring companies. My bias is toward \*SKILLED\* OLDER WORKERS, who would benefit from companies that have been educated to value our expertise, but parallel campaigns for all skill levels would be smart. I'm not talking about penalizing companies: this just causes them to dodge enforcement by watching their language. What I mean is marketing the senior workforce as valuable and desirable.

2. HOMELESS SENIORS. This is related to #1 because a senior I personally know is unemployed and homeless, though she is skilled. Senior women, especially, need to be made a priority as we get people fed and off the streets.

517. Create a Website for services directory available to seniors. Provide Regional Community based meeting places. Avenues of Transportation to Churches/Temples for

services and gatherings. Available sources for in Home services Food/Health needs. Developing Staying Health programs. Retirement planning Financial/Legal/End of Life services.

518. Develop a public forum to provide information about senior health care services, Resources for long term care/home care, local Senior citizens Advocacy centers.

519. Exercise---nutrition--- and social interaction-----better known as Preventative Maintenance-----no matter what your age- if your body has a minimum of health problems your day to day activities will be more enjoyable.

520. I am a relator with a Senior Real Estate Specialist designation. I often speak with seniors about how to make their homes better equipped for aging in place or moving to senior communities, along with the various options of going about to do so. I would be happy to assist in AARP's efforts to improve the lives and living spaces for seniors.

521. I am a Community Advocate in San Diego leading an organization called Housing the Next 1 Million 2050 ([www.hn1m.org](http://www.hn1m.org)). As an Architect and Planner, I am working on housing strategies and solutions to accommodate the aging population in California and across the U.S. One opportunity for funding diverse affordable Senior Housing is the new Public Banking System which is about to be voted into law in California, but it still needs support in the Senate and with Governor Newsom. As I am sure you understand, over 80 million Americans between 2035 and 2050 will be between 80 and 100 years old. They need to live, be loved, be housed and fed, continue to be productive citizens, receive quality health care and enjoy a pain-free passage into death. I do speaking engagements in this regard. Philip J. Bona, AIA

522. 1: Have a 55+ year old food card for 20 percent reduction in grocery at check out. Maybe Vons and Aldi plus other grocery stores will except that food card that will be used by seniors. 2: In 1984 Ronald Reagan started to tax senior's social security checks to pay for Wars and Tax cuts for the middle class on the backs of seniors. Our government needs to reduce maybe 30 percent less taxes on senior's social security checks. 3: Have low rent housing for seniors on a roommate status. 4: Have the banking industry come out with a credit card for seniors at only 15 percent interest. 5: Have our government approve a 55+ year old medicine card to order drugs form Canada or other foreign country. I will have more ideas coming.

523. 1. There is too much segregation of aged population from the rest of society. For example, I love the Senior Centers that provide exercise, dance and other activities geared to seniors. But it is too isolating. There should be a process to integrate senior centers with the baby end of the spectrum where seniors can Interact with youngsters.

2. There needs to be much more medical information, seminars, etc. for many run of the mill geriatric medical conditions. For example, degenerative arthritis and what are the latest treatment available. Maybe the Medigap insurance companies should be offering much more seminars on this in concert with clinics that offer treatment.

3. More protected bike paths so bicyclists and seniors in wheelchairs can go to the local grocers to do their shopping independently. I love seeing kids use bike paths to get to school as well. Calm certain streets so that we can have such protected bike paths so that cars cannot dominate those streets.

524. Improvement on public transportation. Affordable housing. Access to cultural venues for seniors with limited mobility. Preventative and affordable health services.

525. Keep prescription drug prices low, no tax hikes for anyone over 65, Keep affordable housing for low income seniors, and increase wages on in home caregivers, with benefits and a retirement fund.

526. Rural areas need help with local/distance transportation - getting cars serviced, going for medical help in distant areas. Younger people need encouragement to stay in rural areas; we are running out of volunteers because they leave for jobs in the cities. All areas need help from the govt. to control medical costs. How about help understanding how to use new technology. How about help understanding how to separate political/corporate lies from truths.

527. In order to support seniors in this state, we must ensure that they stay out of poverty. The SSI/SSP grant levels are unacceptable. This is the only state safety net program that has not recovered from the cuts made during the Great Recession. Not only were grants cut, but the Cost of Living Increase was also eliminated. This grant is vital to keep seniors and those with disabilities from becoming homeless. We do not need to reinvent the wheel here; this is an existing program that should be strengthened.

528. It would be nice for California to spearhead a national AARP movement to get our stolen Social Security funds returned. If AARP members demand this, we could then get reasonable retirement salaries and Cost of Living raises, at least equal to minimum wage requirements. This would make a huge difference in our quality of life.

529. Include an end to poverty in SSI/SSP by finally reversing the Great Recession cuts. No older Californian or person with a disability should be forced to live in poverty.

530. "Mo Money!"

531. 1. Give people over the age of 65 permission to get goods and services for free. Involve merchants and let them volunteer to give older people free goods and services if they want. If people over the age of 65 are able to pay and they wish to then they can. 2. Build affordable housing everywhere. Make that housing such that people can age in place and get the support from the community as needed. Older people want to stay in their own homes and care for themselves as long as possible. 3. Eliminate age-prejudice in the workplace. Older people are usually better workers than younger people.

532. The suggestion I'd like to share is regarding hospice care for the elderly. Hospice for the elderly has become big business and is it for profit now. We have more for profit hospice care facilities than we do non-profit. The aging and their families already have enough to deal with so why when it comes to the end their lives we have complicated it more by allowing big business to come in and make money of them instead of providing the love and care that is needed during last stages of their lives. The care is an adequate to say the least. There aren't even enough medical staff on weekends to handle their needs and many are dying at the hands of for-profit facilities. That also leaves the families with their hands tied because there is no oversight of these for-profit facilities. I am asking the Governor to take a stance now and do the right thing to make sure those non-profit hospice facilities are regulated at the highest level or close them; go back to non-profit only.

533. A HOMELESS SOLUTION

TRIED TESTED TRUE

ARC

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AssociationRenaissanceCreators@yahoo.com

- I, RMN, in 1968 founded ARC, a federal/state educational/charitable nonprofit with a mission of caring/sharing, as able. ARC never applied nor ever received government/grant funding. For two decades, ARC sponsored a licensed around-the-clock day care for low-income parents and sponsored complimentary educational community seminars, which included learning materials. Subsidy was volunteer self-labor without salary and Samaritan tax-deductible donations.
- In the early 1990s Orange County, CA media was unceasingly highlighting homeless problem. My empathy peaked imagining polio crippled widowed mother and retarded sister out in the cold. I was spiritually guided first to Catholic church ministry, followed by CA alcohol/drug seminar touting loans for nonprofits and financial subsidy for homeless role modeling the Oxford Model under Public Law 100-430 educating recovery group  
534. We must remember that all generations bring something that is of value to the table. The Traditionalist Generation brought decisive leadership, loyalty, dedication and commitment to the workplace. These are characteristics that will always be important. The Baby Boomers have a strong work ethic and bring mentorship to the workplace. They look for respect and work hard to secure it. Generation X is independent, innovative and are risk takers. They are goal oriented, think outside the box and want to manage their own time. The Millennials are confident, upbeat, full of self-esteem and willing to accept change. They are also very tolerant towards multiculturalism and internationalism. As employers and educators, we need to provide psychological classroom and workplace safety for all the individuals we work with. We must we institute a plan that includes input from all generations, and it should be called a Master Plan for All Ages, not a "plan for aging." The name is important.  
535. 1. Affordable Medical care reinforcing remaining in the home. 2. Medical caregiver including physicians who respect elderly clients.  
536. Hiring of people age 50 and over are routinely discriminated against in my personal experience in job hunting. Yet, proving this is next to impossible. Living in California is very expensive and even harder for those of us with aches and pains requiring medical coverage. How about supporting us in creative ways that reward mentor skills and experience for the need of coverage: outside of minimal paying jobs that the 50+ are competing with the teens and 20-somethings?  
537. Mass Transit infrastructure expansion. Affordable Senior Care options. Public - Private senior care insurance programs.  
538. The complete absence of any penalties in California's Probate Code needs to be addressed. Imagine the chaos on the road if the California deleted all penalties from their Motor Vehicle Code; no more speeding tickets, no more parking tickets, no need for current registration. Without penalties human nature is to do whatever is easiest regardless of the law. This is exactly what is happening throughout California in our Probate Courts. Temporary Conservatorships are limited to 30 days as they take away significant rights without due process in order to deal with emergency situations. The reality is these continue for years often until death. This would be like a law enforcement officer arresting someone for allegedly shoplifting putting the person in jail and never giving him/her a day in court to present a defense. Watch a 4-minute clip of Billie Mintz's documentary The Guardians.

<https://tinyurl.com/TheGuardiansClip> or the entire film <https://tinyurl.com/TheGuardiansDoc> free w/Prime.

539. Any master plan must instill in the ageing population the desire to volunteer. When an ageing person volunteers' good things happen. The senior has an opportunity to share their vast experience and knowledge. The senior stays active and involved, a reason to get up in the morning becomes part of the ageing life. The senior feels needed by the organization they are volunteering to. It is also the right thing to do. Cities and counties should be mandated to place seniors in all aspects of their operation as volunteers. We the ageing population are a wasted resource to long being unused and unwanted. This would help change the culture of ageing

540. Make it easier for setting a caregiver in place when needed for a parent that has suffered a health drawback. Sometimes you know what is going to happen until it is upon you and getting a caregiver in place is actually more difficult then.

541. DURING MY EARNING YEARS I DIDN'T MIND PAYING A BIT EXTRA FOR UTILITIES. NOW SEMI RETIRED EVERY NICKEL COUNTS. THERE SHOULD BE A SENIOR DISCOUNT FOR ALL UTILITIES, MANDATORY AUTO INSURANCE, CAR REGISTRATION AND A WAIVER FOR THE CITY AND LOCAL TAXES LOADED ONTO THE MONTHLY BILLS. I HAVE A 2k SQ FT. CONDO AND MY SEPTEMBER BILL WILL SKYROCKET TO \$1k FROM AN AVERAGE \$300, JUST TO AIR CONDITION THE PLACE (keep at 77)!! HELP!!!

SECONDLY A JOB BOARD FOR FORMER EXECUTIVES!! I CAN STILL DO MORE THAN TOSS FRENCH FRIES AND ANSWER PHONES AT A NURSING HOME, BUT MAYBE CAN ONLY PUT IN 15 HOURS A WEEK. GOOD LUCK WITH YOUR NEW PROGRAM.

542. I recently was diagnosed with hearing loss. Hearing aids are not covered by Medicare. It would be beneficial to the 30 % of people over 65 who need hearing aids to have some state assistance

543. As my wife and I are now well into "senior" years, after caring for my wife's Alzheimer's parents, we have seen so much unconscious discrimination due to age or the infamous "write off" since they would not outlive certain dental work and other services--and we have much experience with caregivers who are not qualified as caregivers--the agency owners simply want warm bodies ; the online brokers have no way to know why caregivers were dismissed. It needs help.

544. Many older people have worked long and hard. Because they believed in the value of hard work. But, really don't have too much to show for it financially. I believe there will always be a place for people who believe in traditional values. And hope that just because someone has a grey head. Doesn't mean they can't or don't have anything to contribute to any future CA community. "True Wisdom, only comes with age." The Bible says.

545. I feel that no matter your age you matter period! So, let's all get along and spread the peace.

546. 1-Encourage complexes for over 55 people to place their commercial ventures in areas with access to public transportation. Mobility is the basic need for over 65 people to shop, go to Medical Facility and enjoy a day in the city. 2-Provide more State information on the cost of Senior Housing in the community. Most people have only Social Security as their income. How do they find housing on that source of income? 3- Consider those over 80 as "" Privileged Citizens"". They have paid their taxes for many years when they had income. Not taxing SS

Income is a positive approach for assisting Seniors to live in California. 4- Santa Rosa Council on Aging provides the blueprint for helping Seniors.

547. Expand transportation options for those who do not drive/own motor vehicles. Expand home care/help options to keep elders in their communities and out of assisted living; nursing homes longer. Expand food assistance options to reflect elders'€™ increased special needs. Encourage small scale and neighborhood-based development to avoid/eliminate food, medical/dental, recreation and entertainment deserts. Access, access, access.

548. Affordable housing. Free or inexpensive transportation to appts., grocery shopping, etc. when no longer able to drive. Social events to help prevent isolation. Older people wind up with less and less resources as time goes on no matter how much they saved during their working years. Not everyone gets a pension either. Not everyone has family at all or family nearby to help. Friends may be in the same situation or even older or disabled.

549. Test

550. As an 87-year-old retired, I am enjoying some of the best years of my life, based on a lifestyle of a constant lifestyle of proper nutrition, daily exercise, social participation, and education on issues that affect the elderly. I am a U C Berkeley Graduate, constantly learning about current issues that affect my wellbeing, as well as those that can affect me in the future. Too many people are losing some of their best years of life, by lifestyles that not only shorten their life spans, and end up relying on others to see them through their final years. Simple changes in living habits can make people productive for longer periods of their time on this earth, and enable them to help family members, as well as those people who are struggling in their life journeys, the homeless, the disabled, the addicted, the disadvantaged, etc. We the elderly, can contribute so much more, and in doing so keep ourselves from being burdens on our families and society in general.

551. There are opportunities to address more than just the aging such as homelessness as well as social inclusion. I will be happy to provide more input at the appropriate time.

552. Link local seniors to assist in screening political candidates and take a position on candidates and propositions as the League of Women Voters. We need politicians with integrity rather than ambition. We want political representatives who care about the voters rather than getting votes.

553. Our focus is the care of homebound seniors, helping them maintain the best quality of life (QOL) that they can achieve at their level of functioning. There is a gap that needs bridging: the homebound and health care especially for low-income and underserved seniors in the community. The elderly who are unable to leave home, either for lack of social support or funding to afford transportation or otherwise, simply, too frail to travel. Home-based primary care (HBPC) needs to be a part and parcel of the health care of the older adult community. We would like to be the group (Northern California Chapter of the Gerontological Advanced Practice Nurses Association) to push forward this agenda.

554. Managing the Future with Grace, Ease, and Knowledge. can BE available to ALL.

555. Home visit medical and dental care. Case manager other than relative to coordinate non-relative caregiver for persons who are not independent. Increase pay rate for providers. Caring for our community is not a Minimum wage job.

556. Do something in relationship to the medication costs - very important. Add additional benefits for in-home care. More lenient guidelines for seniors that are not 65 and disabled, but not poor enough to receive assistance.

557. The biggest problem is gentrification with the tearing down of older apartment buildings and replacing them with units starting at \$3000 a month in major cities. Only a few are for low income. Those of us with moderate incomes have nowhere to relocate. As a senior housing is a concern especially if we have no children to turn to for help. They are many seniors who are in this situation. Relocation funds aren't much good if there is no place to relocate in the state. Unlike the younger population it is not that easy to leave the state and start over with new health care providers and connections.

558. As an older Californian, former caregiver, and 7-year member of the Aging and Independence Services Advisory Council (San Diego County) I would like to encourage the State to

1. Enhance programs that can prevent or mitigate physical and mental decline through fall prevention training, physical exercise programs like Feeling Fit here in SD county, etc.

2. Increase the services and affordability of Adult Daycare centers with the intent to allow more seniors to age in place longer.

3. Expand and/or create Community Centers to include the aging population rather than having self-contained Senior Centers.

4. Provide more options for home-delivered meals "

559. Make sure every California senior has access to vital healthcare regardless of ability to pay. And no senior will be bankrupted by healthcare bills.

560. Affordable, accessible, safe transportation with predictable, affordable rates. Often Lyft and Uber are not prepared to transport wheelchairs and often pass the passenger when they realize there is a wheelchair. If Medicare for All happens, the funding currently in place for Seniors should be SEPERATE. We have done our duty and potential unforeseen effects of MFA should not be a risk we are forced to take!

561. I believe that there should be more senior centers in the state where they can provide a variety of programs offered by the city, county, and state to support our older population. I volunteer as a friendly visitor and something the older adults share is that they feel alone and have no one to engage in things they enjoy doing because their families are busy working. They need a place where they can be socially engaged, get involved in activities that they enjoy so they can live a more social and productive life after retirement. I am a USC graduate with a Masters in Aging Services, and I pledge to volunteer and pursue a career in geriatrics to help improve the lives of many older adults.

562. Affordable community housing for active seniors.

563. more truly affordable housing for extremely low-income seniors

564. Have to think more about this but as the committee progresses, I will contribute to the discussions. (I will be out of the country 9-1 thru 9-21, keep me informed)

565. "'- create more housing for low-income seniors and disabled low-income seniors that is single-story and wheelchair accessible.

- provide Medicare and Medi-Cal coverage for hearing aids, which are prohibitively expensive and prevent many seniors from addressing their hearing loss



- require fire departments to provide captioned emergency alert alarms upon request so that residents with hearing loss understand when and where to evacuate in the event of fire or quake. The technology is there, but fire departments are either unaware or don't have the budget.

- Many disabled seniors live alone on small fixed income consumed by spiraling housing costs and medical bills that whittle away their savings. They are their own caregivers! They desperately need affordable caregiving, respite care, hot meals, and transportation service to maintain their independence. The state should do more to help."

566. When putting in handicapped parking there should be a small distance to the front door. A ramp to the entrance is not only for wheelchair use. Many people are handicapped with breathing problem or mobility issues. Sometime the parking space is the furthered from the door. It should be mandated how far the spot is from the door.

567. 1. Affordable health care 2. Development of universal long-term care that includes community, local, and state-wide infrastructure 3. Recognition and much higher pay for care givers 4. Combat age discrimination at work and in hiring 5. Develop programs to enhance and develop skills of older workers

568. Create an agency that will address the issues such as affordable housing and medical care for seniors particularly those that continue to care for minor children.

569. I think we need more affordable assisted living facilities. I have heard horrible stories of elderly abuse in nursing homes. Getting old should be an enjoyment not a torture.

570. Have you included a Speech Pathologist on your board? We are the only professional that works with the diagnosis and treatment of communication disorders. If you are considering all aspects of a Master Plan for Aging, you should include my profession for unique feedback and practical information. Regards, Dr. Sandra Singleton CCC-SLP Speech Pathologist

571. Create incentives for not-for-profit assisted living facilities which require minimum staffing and qualification levels. Promote volunteer organizations to provide shuttle services for seniors who can no longer drive, housekeeping for seniors recovering from medical procedures, and support services for caregivers. Promote adult day care facilities for seniors where they can interact and share wholesome meals, and that enable their caregivers to work or get a respite.

572. Improve transportation services to medical appointments for aging Californian's in rural communities. Address affordable housing crisis and increase amount of low income/ADA accessible units available to aging population.

573. My suggestion is a community of smaller homes preferably single story attached or not with small front porch where people can stay in touch with each other. Isolation is a real problem for seniors. with the emphasis on walking to restaurants and small shops for food market and drug store. We don't need a lot of stores just basic needs. I know they have such a Community in the bay area, but it is needed in more areas. I live in Chico and we have the land to build such a community for seniors but instead we have large homes with big yards that are hard to manage. Thank you for considering my suggestion on such an important topic. I try to stay in touch with as many senior neighbors as I can as I know it's really important to connect so they don't feel isolated.

574. Build more affordable housing!

575. I am a resident service coordinator at senior community (Independent living) in Los Angeles. I have been encountering problems with seniors with Alzheimer. As the symptoms progress, they have hard time finding place to go with Alzheimer since where I work is an independent living community. We need facilities which is more capable of caring for seniors with Alzheimer. I would love to have one of representative to come out and visit our community and talk to our senior residents!

576. I am currently a volunteer at the Motion Picture; Television Fund. I have also as a volunteer worked in the Education Department of the Los Angeles Zoo. I worked at Ceders-Sinai hospital as a volunteer in the Pediatrics department. So, I have worked with all age groups. For the last 4 years I was the sole caregiver of my husband who had Alzheimers. I am familiar with the needs of our aging population. I am an active 93. I can still drive. My eyesight is excellent, and I am fortunate to be able to help those in need. I see a lot of what is needed. It is not a one size fits all situation. I will keep myself informed on this subject and when I feel I can offer some assistance in my community; I will be ready.

577. Make homecare more affordable for people with disabilities and the aging community.

578. The governor and state legislators should increase the state's SSP portion of SSI/SSP grants for low-income seniors and people with disabilities. State policymakers deeply cut the SSP portion of the grant during and following the Great Recession and also eliminated the annual statutory cost-of-living adjustment (COLA). These actions significantly reduced the value of SSI/SSP grants and compromised the ability of more than 1 million Californians, including hundreds of thousands of seniors, to make ends meet in our high cost-of-living state. Increasing the SSP portion of the grant to (at least) its pre-recession level as well as restoring the annual state COLA would help to improve the quality of life of low-income seniors in California, including large numbers of women and people of color.

579. There has to be a plan in place for NORC's (naturally occurring retirement communities) to provide the services needed for older adults. With the cost of living continually skyrocketing, there are fewer and fewer places which are affordable for seniors. Because of this factor, things such as transportation, health care and case management including legal assistance must be available in smaller communities, especially those with a higher than normal concentration of older adults. Senior centers and other one stop shops that can provide these services are a great starting spot, but they don't seem to get a lot of consideration in today's budgets.

580. Encourage funding for the Villages in California that use a volunteer model, supported by a very small staff, to provide community, connections and volunteer services to older adults wishing to stay living independently in their own homes. See Village Movement CA for more details.

581. We need to develop single story affordable housing in the East Bay! So many seniors are stuck in houses they raised their families in that do not accommodate the needs they have as the children grow and move on. We need to develop neighborhoods with single story homes with good access to health care and basic living necessities. That is not happening in Castro Valley, CA. We continue to develop high density communities that don't serve the needs of our senior population. We all know about the need; the cities and counties need to pay better attention to the needs of the senior population. this type of housing is not as profitable to builders and that is a big problem.

582. Lift low-income seniors on SSI out of the poverty they fell into during the state's Great Recession cuts. Many have passed away since then or are struggling with staying housed and live with dignity. This is an equity issue. Most people on SSI are people of color and women. Please make this wrong right. Increase the state's portion of SSI grants and restore the COLA so that recipients are at least federal poverty level and find a way to never let them fall below federal poverty level again. California can do this - we are the fifth largest economy in the world.

583. I hope my proposal is passed making all CIDs, HOAs and Co-ops permit roommates or co-occupants for income or companionship or care giving. So many of us live in planned communities and too many seniors are being forced out when they run out of money. We all want to age in place in the homes we love, surrounded by our friends in the community we are familiar with.

584. Affordable housing community that allows them to interact with others and doesn't take all their money. A plan that allows them to still leave something for their children.

585. It's ridiculous that probably 90% of all diseases begin with either obesity, a sedentary lifestyle, drinking too much alcohol, or smoking! And we ALL pay the price for those choices - either financially or emotionally by losing someone we love or having to care for someone who has made poor choices. Make health insurance premiums based on lifestyle choices or require annual labs to be drawn to reflect lifestyle choices and if glucose and cholesterol are within normal limits - then you get the good driver discount of health insurance.

586. Many homes have 1/2 baths downstairs. If there were a way to install a shower downstairs or an elevator system to access upstairs- many seniors could stay in their homes... and even rent out upstairs bedrooms to individuals or family members to help with income and care. I love the idea of a standardized blueprint for a granny pad in the backyard too. That would help seniors to stay within close proximity to family without living in each other's immediate space. If there were a program to tie seniors with single parents that could also be a win-win opportunity. Many seniors have an extra bedroom or two and could use the company and income. Maybe a qualifier would be for single parents that are also students???

587. 3 Priorities: Cost of living, Safety, Health Care options/benefits

588. Promote exercise among seniors - walking tours, a day at the Gym, nutritional classes.

589. I am a volunteer with the Alzheimer's Association, spending most of my time as a state advocate, meeting with legislators discussing ways to eradicate this disease. Our focus is as follows:

1. Empower individuals living with dementia and their families with information, e.g. culturally competent public awareness campaign
2. Elevate the standard of dementia care, e.g. early detection and timely diagnosis
3. Expand community-based options, e.g. adult day care programs, respite care
4. Secure new financial resources to avoid Medi-Cal spend down and impoverishment, e.g. long-term care cash benefit

Thank you,

Shauna McGee

590. Access to full range of community resources for persons of all income levels, including middle income persons. It is especially important that these resources are coordinated and easy to connect to at the community level.

591. Engagement with organizations that expand and promote quality of life issues: transportation to obtain food, visits to cultural centers; and medical oversight and advocacy.

592. Es necesario que la población de jóvenes sean informados y concientizados en el proceso de envejecimiento, tomen conciencia las necesidades del adulto mayor en su envejecimiento, que hacer para vivir con dignidad. El gobierno no está priorizando a este sector en sus políticas sociales, para el 2030 la población mayor será más vulnerable que estos tiempos. La esperanza es una política de estado que elabore y garantice proveer un ambiente amigable.

593. 1) Revisit the Older American's act to obtain and allocate more funds to disperse to more older adults.

2) New housing development for aging in place.

3) Free programs or work with community partners to design more visitor programs to isolated seniors.

4) Develop a statewide older adult adoption program and or intergenerational co-housing options. Or regulate unlicensed room and boards.

5) Create affordable transportation services that fit medical equipment and where employees are trained in caregiving and gerontology.

6) Build more safe houses for abused and neglected seniors.

7) Look at the prison system and how they can be age-friendly for the older population in there.

8) Hire Gerontologist consultants when thinking about creating age-friendly state.

9) Create a task force on workforce for older adults as many still need to make a living.

594. I recommend that we go back to restricting large trucks and trailers to the right 2 lanes on freeways. A good number of people can't deal with them in the fast lanes.

595. Use language in the rules and regulations that can be easily understood so as to not be so complex.

596. Ensure that the vision care needs of our older adults are part of the Master Plan, especially for those who are blind or have low vision.

597. I would like to see an enforcement for stores to have their handicapped lines open and available for the handicap individuals during operating hours.

598. Lower Taxes for all. RE taxes are brutal for seniors. Stop giving free anything to illegal immigrants. Stop being a 'nanny state' passing laws to govern how we live. Stop being a sanctuary state. No driver license for illegal immigrants.

599. better transportation options

600. A most minor point, but please take it into consideration: Please don't publish information that is accessible to the public only on Facebook. Not all of us subscribe (for good reason) and it is maddening that so many businesses and organizations use it as their prime source of contact. Another small suggestion is that older people sometimes need to sit down for a minute while they're shopping, walking, or whatever, and it would be gratifying if more public and commercial spaces accommodated that need.

601. I would suggest that a priority would be to make sure that as people age, they be able to remain in their homes rather than have to go to a care facility.

602. We need to update and strengthen state standards and enforcement for hospice care. This recent Los Angeles Times column underscores the problems with the current system: <https://www.latimes.com/california/story/2019-08-09/hospice-mother-california-complaint>

603. Dear CA HHS Dept.

My name is Steven Summers and I live in Oakland. I'm a longtime volunteer community advocate against hunger and poverty associated with the Alameda County Community Food Bank. I'm writing in response to your call for action regarding a master plan for aging. Thank you for this effort, I'm concerned about it because I'm only a few years from retirement. But that's not why I'm writing. I was glad to see the new administration come in with a focus on poverty, more to the point, that our state (to our shame) is #1 in the USA when it comes to poverty. There's a lot of work to do. Where this fits in with aging is to go back to the beginning; the first statistics to come out about our poverty-stricken state was because of seniors on SSI; SSP and their grants which were cut under JB and never restored in spite of promises. Any plan to address aging and poverty MUST include getting on the path to restoring these cuts to AT LEAST the federal poverty level. Thank you.

604. We need more affordable housing, both more housing and housing that's more affordable. We should raise the SSP state supplement to SSI for those who are elderly or disabled with limited income and resources. More housing should be accessible to public transportation, and discounted public transit passes should be readily available. Elderly and disabled people on SSI should be screened for eligibility for IHSS or case management services.

605. Greater public/private non-emergency medical transport. More educational opportunities for older citizens.

606. Age-friendly or livable communities have walkable streets, housing and transportation options, access to key services and opportunities for residents to participate in community activities. Cities, towns and counties must prepare for the rapid aging of the California population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.

607. We desperately need more funds for low income senior housing along with changes in local regulations that hinder their development and construction, including outdated zoning laws.

608. Communicate to ALL Californians that our increasing longevity is an opportunity not a burden. Do not target the master plan solely to stakeholders and policymakers; this unintentionally positions older adults as a "special interest" competing against other groups and causes. To influence all Californians (and all voters) to support healthy and purposeful longevity and an age-friendly state we must create messaging, plans and programs that resonate with people of all ages and demographics.

609. Get a new governor who will actually work for the residents of California. Amazing that he is now governor after the mess he made of San Francisco.

610. Safety, convenience, and quiet are important factors when seniors look for places to live. Not everyone can afford it, but I would like to see more secure, gated communities like Leisure World throughout California. I'm certain that if we put our thinking caps on, we could create similar communities for seniors with various levels of income. Personally, I would like

to see several such a development up and down the state, up and down the coast. The coastline should NOT be just for the wealthy!

611. Self-care is an important aspect of aging; each older person needs the motivation to care for themselves which involves many dimensions. So, going forward, I hope to see California create policies that deal with the increasing older population in many dimensions.

612. Please consider more middle-income housing for seniors.

613. Interesting, inviting Respite care for individuals to give caregivers a break needs to be developed.

614. Electronic Coordination of Benefits Agreement (COBA) for all Crossover Claims (Medicare + Medi-Cal beneficiaries) for Long Term Care (LTC) under the Coordinated Care Initiative, including Managed Long-Term Services and Supports Medi-Cal managed care health plans (MCPs); Cal MediCONNECT plans, all seven (7) counties of operation. Electronic COBAs have successfully automated the CMS MEDICARE Fee-For-Service (FFS) operations by providing each secondary insurance Trading Partner (TP) an opportunity to test and achieve production status thereby expediting claims processing, provider payments and reducing unnecessary labor costs for the government and private health plans for over 25 years. Thank you.

615. As someone without kids, I really want CA to make Life Plan communities easier to bring to fruition. I had to move here from a Colorado town I loved in order to breathe at sea level and yet I still find it difficult to find a community. Life Plan seems as if it would help me. At this point I am in a town home of three stories and haven't made any friends despite reaching out to church and volunteering. There is a nascent Life Plan Community called Villagio here -- don't know if it will make it but sure hope it will.

616. More fun and not senior stigmatize events and functions for seniors. I keep imagining old age homes with Black Sabbath playing in the background instead of Bobby Darin. Also, as a 71-year-old who is not rich, what will happen to me if I need long term care. Will there be a place for me?

617. Financial support for family caregivers; many family members quit their jobs to provide care for their parents or other members of their family, which means they lose income and possibly their own medical coverage. Expand access to In-home support services, so that more people can qualify for IHSS support. Develop training programs and scholarships to have diverse workforce of Healthcare providers, both professional and allied health professionals. There is already a shortage of providers and the demand will increase substantially. Housing Support so that seniors do not end up homeless. Assistance for people who are physically able to stay in their homes but can't afford increasing rent or housing cost. Assistance for people who are not physically or mentally able to stay in their home, help with cost of Board and Care, Assisted Living facility, Nursing Home services. License and regulate Room and Board so that these are safe for people to live.

618. Chair of the Ventura Council for Seniors and the Chair of the County of Ventura Area on Aging

619. Provide a state portal with links to regional and government portals so consumers can easily find information and resources. Establish a mechanism for inter-agency, intra-agency, and cross-department communication and coordination to create a more integrated system.

620. Include a CLASS Act type public option for Long Term Care for everyone.

621. As a design educator and practicing designer, my contributions would be to share experiences from working in Senior Living facilities and what I have learned from the process. Many of the issues facing the Aging population is Aging in Place and finding opportunities for people to stay active and relevant in their communities. One of the classes I teach us Design Thinking and creating innovative solutions to difficult problems. We must create empathy mapping to understand the specific needs of the aging population and serve their needs through active aging communities, learning and resources to share wisdom and knowledge. Places to serve others and engage with others rather than be isolated. Give purpose and meaning to those who seek to continue to be life-long learners and productive contributors to society

622. Meet with Californians experiencing various living issues to learn what needs must be understood and addressed to enhance and build a better and improved California.

623. California needs more senior home for elderly people that they can afford to live in and be helped taking care of there not enough.

624. Affordable housing for older adults. Mental health services focusing on prevention when appropriate. Walkable streets with older adults in mind. Policies that lower or erase student debts with older adults; keep social security out of the hands of student loan companies. Creating social networks appropriate for older adults. Inter-generational programs and efforts.

625. "A more comprehensive system of linking people to the services they need. Cultural competency for the LGBTQ community, and other minority communities.

626. Work with area cities and counties on the AARP Age-Friendly designation. Support evidence-based fall prevention programs such as a Matter of Balance. Help grow volunteer transportation programs for seniors. Fund non-profits that assist seniors with home modifications (grab bars) that help them to age in their homes.

627. I look forward to the process and stakeholder involvement. Engagement, aging in the home, and long-term care are all important to me and offer opportunities for a continuum. I am a board member for a people helping people Village in San Luis Obispo county and am a Long-Term Care Ombudsman. I am a senior advocate in the LGBTQ+ community and serve on a committee reviewing grants for the Community Foundation SLO county. I interface with the Village Movement California nonprofit. I am participating as an individual at this time.

628. I know one East Bay community leader that is already working to make this pledge a reality. On September 18, 2019 estate planning attorney Kirsten Howe and her Firm Absolute Trust Counsel is launching one of the East Bay's most prestigious annual gatherings for long-term caregivers, geriatric case managers, social workers, and nursing home administrators - The Elder Advocacy; Law Boot Camp. This event was developed to supply effective tools and resources for urgent matters facing our elders. Kirsten is taking leadership in addressing not only critical elder care issues impacting our seniors now, but she is setting the stage for us and our aging future. Not enough people understand, not enough people are paying attention; more importantly, not enough people are taking action. More information on this event can be found at <https://elderadvocacy.absolutetrustcounsel.com/optin>. More information on Kirsten can be found at <https://absolutetrustcounsel.com/bios/>.

629. Improve public transportation on all levels.
630. Let's invest in a strong state wide public transportation system
631. We need to build an effective statewide public transportation state,
632. Overview: Housing; transportation; financial integrity
633. Have benches where seniors walk so, they can sit and rest while they get some exercise. More affordable senior living, health care, transportation. A community that has activities for both seniors and young children to go to.
634. seniors over the age of 65 would not have to pay personal property tax on their mobile homes that sit on leased land currently 1.1% of the value of the mobile home). At the 1.1% tax rate it increases our monthly expense by \$200 for a home valued at \$235,000. That is a high financial burden that we cannot afford living on a fixed income. The land is already taxed, and the mobile home should not be taxed separately. Mobile homes on leased land should only have to pay the DMV fees.
635. Invest as much time and energy in making sure our senior citizens are active and healthy as we do on First 5 California would be a good start. We need programs such as Age Well in Hemet and other communities with no senior services to provide meals and socialization opportunities. Also, I didn't see CSUFs program, the Center For Successful Aging on the list, they might be a good place to contact.
636. Convert used military bases and property into housing for the homeless elderly getting first priority.
637. Maintain walkways to eliminate tripping hazards in all public areas. Establish construction/housing policy to require all multi-dwelling builds to include single level living spaces on the ground floor or accessible via elevator, affordable for fixed income people.
638. Three days after visiting the Redlands DMV (almost to the hour) I began having incredible abdominal pain and I ended up in the emergency room at Kaiser Fontana. Five months later, I have not recovered. This and more after having given the State of California absolutely NO reason to require me to take the written test two times in a row (I was required to take it in 2014): NO ACCIDENTS; NO TICKETS; NO CONTACT WHATSOEVER with the CHP, REDLANDS POLICE DEPT, etc. There are several other examples, both government and commerce, I could give you; however, since this one has, at the least, greatly impacted my quality of life and may end up killing me, I felt it must be the first I would mention.
639. In order to make California an age-friendly state by 2030 I suggest we implement specific sensitivity trainings for individuals in the transportation and health care industries. To learn how to interact with our aging population and learn how to make them feel more inclusive as they navigate these services and processes.
640. To assist the Alzheimer's Association and our local chapters in bringing education and support to families that are struggling with this disease. A campaign awareness to medical associations and state and county health agencies!
641. I heard that there is a plan (somewhere in San Mateo county) to have a senior residence in which medical providers -- primary care physicians, physical therapists, etc., -- would also be located. I thought that sounded like a very good idea, but others at the community meeting thought it was a horrible idea. I have long thought that more needs to be done to include seniors in each community. There needs to be more thought about how we house, and then forget, seniors. Perhaps we could have seniors and children have more access to



one another. Having children in your life helps older people feel younger. Older people can help younger people put modern life in some sort of perspective, instead of leaving them to feel adrift in a chaotic world.

642. Development of the village concept communities for seniors.

643. As chair of the community relations committee for a Palomar Health and Board Member, plan to work with others in our community to develop healthy lifestyle programs and promote our five Community Action Committees within our health district

644. For those senior citizens on a fixed budget, slowing down the spiraling cost of housing and healthcare is admirable goal. Working with private and public insurers to negotiate drug prices is, I believe, is achievable within the next 3-5 years. Indexing state taxes to age is an intriguing idea. Many young couples are having trouble obtaining the financing necessary to purchase real estate. Some of these young couples may have aging parents who are currently living in retirement developments over the spectrum of independent living to nursing homes. Can we encourage couples to live in the same community as their aging parents in a manner that accommodates both? Are there financial incentives that can be provided?"

645. look seriously at expanding the Assisted Living Waiver program as well as the supply of assisted living /RCFEs throughout the state

646. Maintain pedestrian areas separate from motorized vehicles, bicycles, and scooters. Promote community plans that include reliable public transport and easy access to shops, green spaces (such as parks and community gardens), and primary medical services. Pilot projects that reduce senior isolation (e.g., a school and senior center sharing a campus). Robust communication infrastructure, with access subsidized as necessary, to provide fast on-line connection to family, friends, and essential services.

647. Currently a member of the Cal Partnership for LTCI Ad Hoc task force in conjunction with the CA DHCS / IHSS program for LTC. I have been consulting with the CA DOI / DHCS for over 25 yrs.

648. Santa Clara County was the first in the nation to have all of its communities designated as Age Friendly by the WHO. I serve on the county Senior Care Commission and we believe that practical solutions exist to make immediate impacts in the conditions affecting older adults in our state. I am also the Executive Director for the Saratoga Area Senior Coordinating Council, and 2 years ago we launched and piloted a very successful senior transportation program across 5 communities in one of the most senior-dense regions of the county. We have also made tremendous strides to bring local and state elected officials to the table. I personally pledge to remain passionate, active and involved. As the recently appointed chair of the Commission's legislative committee, I will also reach out to Sacramento and maintain a presence in the development of the Master Plan on Aging. Thank you all for your work and dedication!

649. Alameda could use more senior housing for limited resources and some activities.

650. All seniors pay too much of their pension in State and Federal taxes. This Master Plan should include steps to reduce their tax burdens to <10%. They have paid their fair share their whole life. Stop penalizing seniors that want to continue to work and be useful in retirement by limiting amounts to be made and punitive taxes. Push for the State and Federal government to BALANCE their budgets. Stop deficit spending. Stop giving illegal aliens and

immigrants Social Security that have NOT put one penny into. It is not fair to U.S. citizens that need its services, but monies get diverted to "non-citizens".

651. I think to be in tune with the financial times it would be advantageous for California tax deductions for seniors that have worked, paid into retirement a deduction on property, state income taxes, and health care reductions for those who have adopted and /or have permanent custody of our grandchildren(include all of the children we care for) out of our pockets. I for one do not have enough funds to keep my granddaughter on my retired medical/ dental plan. I pay for all her dental care out of pocket. As a homeowner of a double wide mobile home I cannot access the solar power advantages because I live in a park setting. We pay a lot of money for the park services but are not allowed to have solar. Even at our own expense. Just a thought.

652. Utility rate reductions for seniors - Make seniors feel that the years they have been productive citizens and tax payers are appreciated and assist them in affording to live here - SS and those who have no government or union pensions need help= we pay for the government pensions and the union pensions - - FAIR? I think not --- enhance the Golden Bear program - it should be valid ALL year not just Sept through May - seniors do enjoy the beach why make them have to pay premium in Summer? Raise the price a bit - seems pretty petty to not have it valid in summer ----promote activities-and PUBLICIZE them many seniors are not aware they exist HELP SENIORS ENJOY LIFE \_ Please

653. Make a law that all new homes have at least 1 bathroom accessible by a disabled person using a walker or w/c with shower bars and a low lipped shower edge for easy access. Also, a safety rail leading to/from the garage if there are stairs. Thank you, Victoria Raines, RN in Home Health for 20 years.

654. Seniors like me do not have mobility. The State could provide transportation service either free or subsidized for seniors. Going to doctors and shopping for groceries, visiting friends in the neighboring town or attending a concert, play will be helpful. It will allow seniors to retain their independence and dignity. Ability to socialize is proven to be healthy for seniors. Thanks

655. Limit the annual use of flagrant and illegal incendiary devices like M80s and dynamite during holidays. Senior Citizens and disabled children and military veterans suffer extraordinary exacerbation on injury and disease conditions and cannot tolerate the excessive and Non-enforcement of laws governing these devices. Posted signs are not effective unless local authorities take a positive role in seeing that all parties have their freedoms protected. Also, local transportation for Senior Citizens is not sufficient to meet the needs of all seniors. Mobile cell phones run out of charge and getting timely pickups on return trips is difficult. Public Phone booths or mobile cell phone chargers need to be available for use at little or no fees. In addition, bus stops and rest stops are too close to the curb for disabled and senior citizen access. Designated areas away from the dangers of curb access need to be provided. Last of all, Access should be available for all seniors.

656. Please include an end to poverty in SSI/SSP by finally reversing the Great Recession cuts. No older Californian or person with a disability should be forced to live in poverty.

657. Care giver should be kindness and patient with compassion to our elders. Individual or family members should understand the older parents specially have dementia really need the care. Families of the older parents should always attentive to her/him specially when they are

walking or doing something that not to fall because they are very risk their bones is already very fragile and easily to brake. City and community should always friendly get together to meet older people once a month and celebrate their birthdays.

658. Senior Services Coalition of Alameda County will continue to engage local stakeholders to elevate the experience and insights of older community members, their caregivers, and the community-based organizations that serve them.

659. Grocery stores need to be close to assistant living and/or single homes for elders so people can walk to get groceries.

660. I believe political partisanship around ""senior issues"" at all levels of government hinders progress to the detriment of us all. The conservative notion that ""needy"" Older Adults are simply products of poor life decisions who are unworthy of assistance is neither true nor fair. Conversely, the liberal notion that such folks are simply products of their environments who need to be rescued is also untrue and unfair. Why did my 94-year old grandfather regularly ask me to drive him to the barber shop decades after he went bald? I think it was because getting a shave and handing the guy a \$10 bill afterwards made him feel like he was still part of the world -- still a consumer of goods and services, not just a receiver. Thank you for the opportunity to share this.

661. Stay in contact as ideas develop and feedback from groups evolve.

662. In order for there to be solid coordinated progress, local and county government and community organizations throughout the state must be allowed to review progress and participate in some manner other than attending in person or dialing-in. How will the committee and its sub-committees accommodate such opportunity for input, questions, comments and recommendations? As an example, I believe similar or related projects such as in San Diego County, with AARP, AIS, Live Well, Age Well, Age-Friendly partner communities and related organizations and agencies would be of mutual benefit via collaborative and cooperative efforts with the state committee/sub-committees. This stands to make the most of our collective and individual efforts and knowledge. If approval and implementation of a master plan is going to be cost effective and timeline-efficient such optimum coordination, collaboration and transparency are critical.

663. Those who are appointed to this task must include a balance of individual family caregivers and seniors from a diverse array of citizens representative of the general population. Only such a balance with those who have experienced firsthand the challenges of caregiving with that of our academics whose textbook educations and limited first-hand experiences are important and crucial but not complete without such inclusion can hope to make meaningful policies.

664. To follow.

665. We certainly need this

666. A co-housing community with individual free-standing units all connected to a main house that is used for shared community meals, meetings, book clubs, family gatherings, lectures and philanthropic programs. This community could also include an art studio and public art gallery and store selling jewelry and other items made by the members, an organic garden, an outdoor eating area and cafe, a publication house and newsletter and an assisted living area. The gallery, store and publication house would be in-house businesses for the

purpose of promoting products made by the members providing them with additional income and a reason for being engaged, being creative and happy and living longer.

667. Affordable housing for elderly. Intentional effort to push into communities of color to inform them of resources that are available. Ensure medical professionals are well informed and prepared to understand that signs of the various forms of dementia and take the necessary steps to get a proper diagnosis regardless of race, income level, or insurance types.

668. Live in California, I have stage 4 colon cancer, colon surgically dissected, am disabled, being fed TPN and daily hydration, (I am 81 yrs. old), RN comes to my home to check my health once a week, my son is my caregiver, he quit his job to take care of me, he applied with the State of CA for monetary assistance as he moved into my home, I cannot be left alone. THE STATE OF CA DENIED HIS CLAIM AS CAREGIVER, we tried calling them to review his application, NOTHING WE GOT NO RESPONSE, his claim was denied, it has been 11 months that he has gone without income to take care of me. Where was Pledge for Action when he applied with the state as my sole caregiver? We received no assistance whatsoever. Why do you think that happened to us? I would appreciate a response.

669. Provide updates to homes that provide safety in home.

670. Building affordable active and non-senior communities with easy access to health care activities and healthy food. Perhaps building tiny homes or mass housing using manufactured housing

671. I work in an industry that is aging friendly and supportive. I would like to be on this panel.

672. Caring for people with Alzheimers and all forms of dementia should be categorized under skilled care just like nursing and physical therapy so the care would be covered under Medi-Cal.

673. Improved public transportation is our (wife and I) greatest concern as we age. Closest bust stop is about a mile away. We live on a hill. When we reach the age, we cannot drive or should not drive, that walk may not be possible. We don't believe that is a unique situation for a lot of Californians.

674. Address the affordability of long-term care, both residential and in-home through subsidies, a universal long-term care benefit, and other means.

675. The press release states that the Master Plan is to be completed by 2020. Which date is correct?