



**SAFETY
ENHANCED
TOGETHER**

County of San Diego Child Welfare Services

California Well-Being Demonstration Project (Title IV-E Waiver)

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Protective Services Program Manager**



Vision



**Every child
grows up
safe and
nurtured.**



Priorities

1. Safely **stabilize and preserve families**; and if that is not possible...
 - About **85%** of all referrals **do not require intervention**.
 - Nearly **20%** of the cases opened each year are **voluntary** cases and the children are not removed from the home. **80%** of these voluntary cases successfully **stabilize and preserve the family**.

2. Safely care for children and **reunify children to their families of origin**; and if reunification is not possible...
 - Over **70%** of children removed **reunify** with their family.

3. Safely support the development of **permanency and lifelong relationships** for children and youth.
 - Over **90%** of children removed **find permanency** either with their family of origin or a new family.

Statistics as of March 2015

Safety Enhanced Together: Core Values



Relationships with children, youth, and families are the foundation



Collaborative partnerships with kinship and resource families



Helping children and youth achieve their full potential and develop lifelong relationships



Shared responsibility with community partners



A strong working relationship with the legal system



A workplace culture characterized by reflection, appreciation and ongoing learning

County of San Diego

San Diego Demonstration Project Strategies

- Integration with *Live Well San Diego*
- Waiver Steering Committee
- Safety-Organized Practice
- Pathways to Well-Being
- Permanent Connections
- Visit Coaching and Family Time





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Live Well San Diego



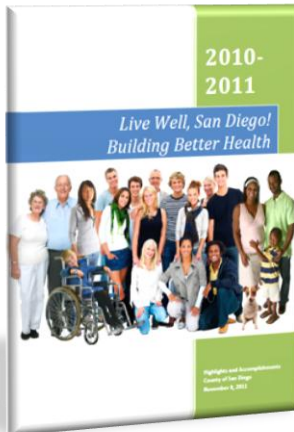
LIVE WELL SAN DIEGO

Building
Better
Health

Living
Safely

Thriving

LIVE WELL SAN DIEGO Year 1 Report



2011

LIVE WELL SAN DIEGO Year 2 Report



2012

LIVE WELL SAN DIEGO Year 3 Report



2013

2020

2010

Adoption of Health
Strategy Agenda:
***Building Better
Health***

Adoption of Safety
Strategy Agenda:
Living Safely



LIVE WELL
SAN DIEGO



Access to quality care



Increased physical activity



Healthy eating



Stop tobacco use



Residents are ***protected*** from crime and abuse



Neighborhoods are ***safe*** to live, work and play



Communities are ***resilient*** to disaster and emergencies



Built and Natural Environment

- Transportation
- Built Environment & Neighborhoods
- Natural Environment
- Housing



Enrichment

- Civic Life
- Community Activities



Prosperity, Economy & Education

- Workforce/Education
- Economic Development



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Waiver Steering Committee

Regional/Program Representation

- Meets monthly to review progress and provide input as to how to better serve children and families
- Mapped out the three areas of the waiver – Prevention, Family Centered Practice, Aftercare
- Subcommittees are meeting on various projects that have been started





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Safety-Organized Practice

Safety-Organized Practice

GOOD WORKING RELATIONSHIPS

- Solution-focused interviewing
- Strategies for interviewing children
- Cultural Humility

CRITICAL THINKING

- Mapping
- SDM assessments

ENHANCING SAFETY

- Harm and danger statements
- Well-formed goals
- Building safety networks
- Collaborative planning



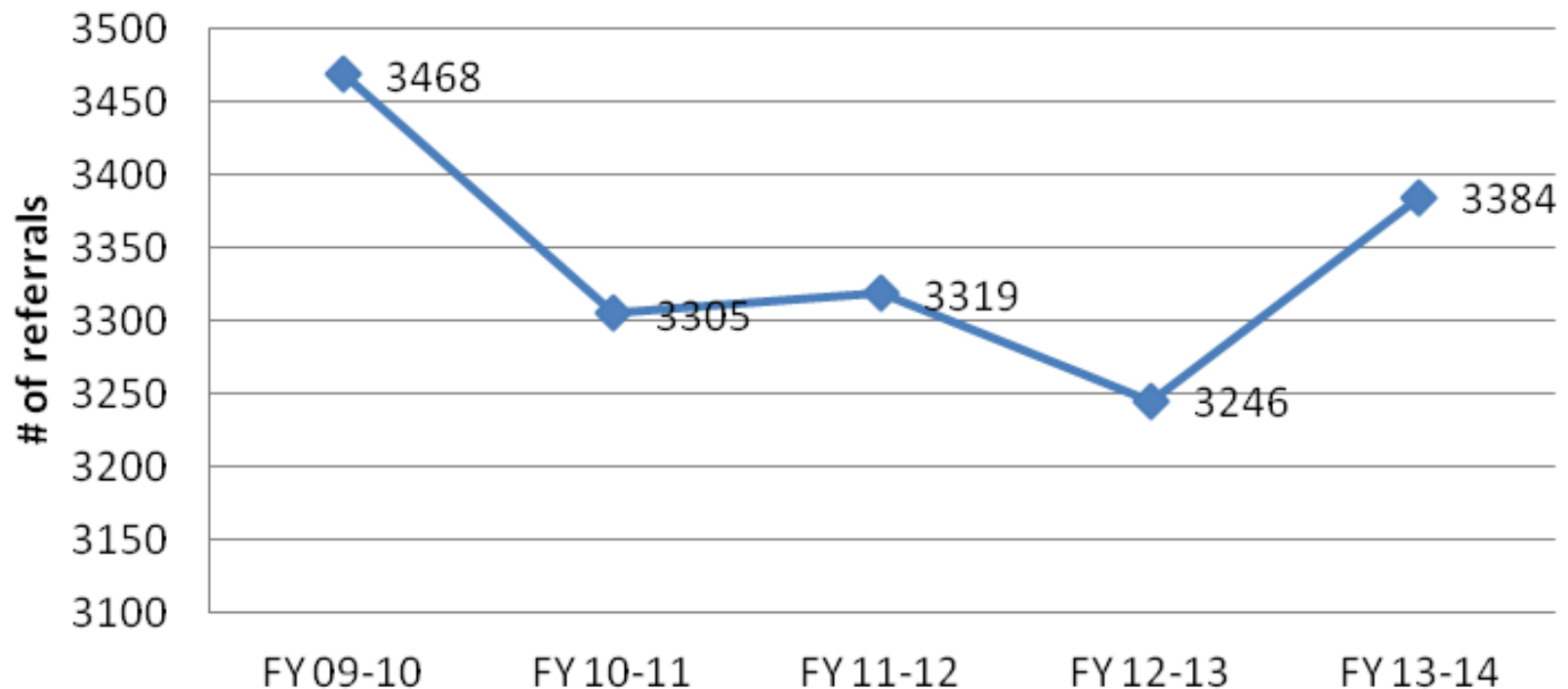
SOP Elements Statewide



- Solution Focused Interviewing
- SDM
- Teaming/Network of Support
 - Family Meetings
 - Harm and Danger Statements
 - Safety Goals
 - Appreciative Inquiry
 - Voice of the Child (Three Houses and Safety House)
 - Three Questions
- Safety Mapping
- Safety Planning
- Behaviorally Based Case Plans
- Coaching

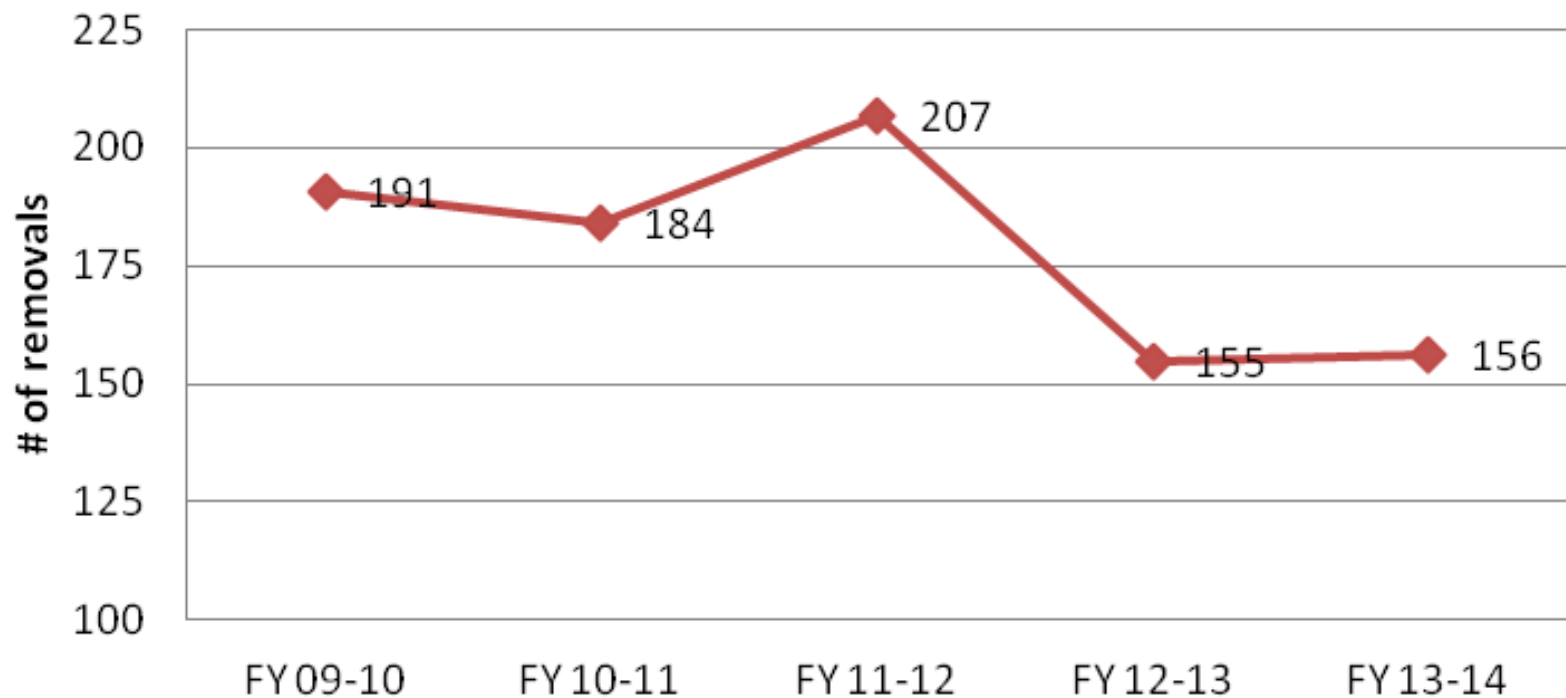
Early Outcomes

Average Monthly Referrals % change = 2.4%



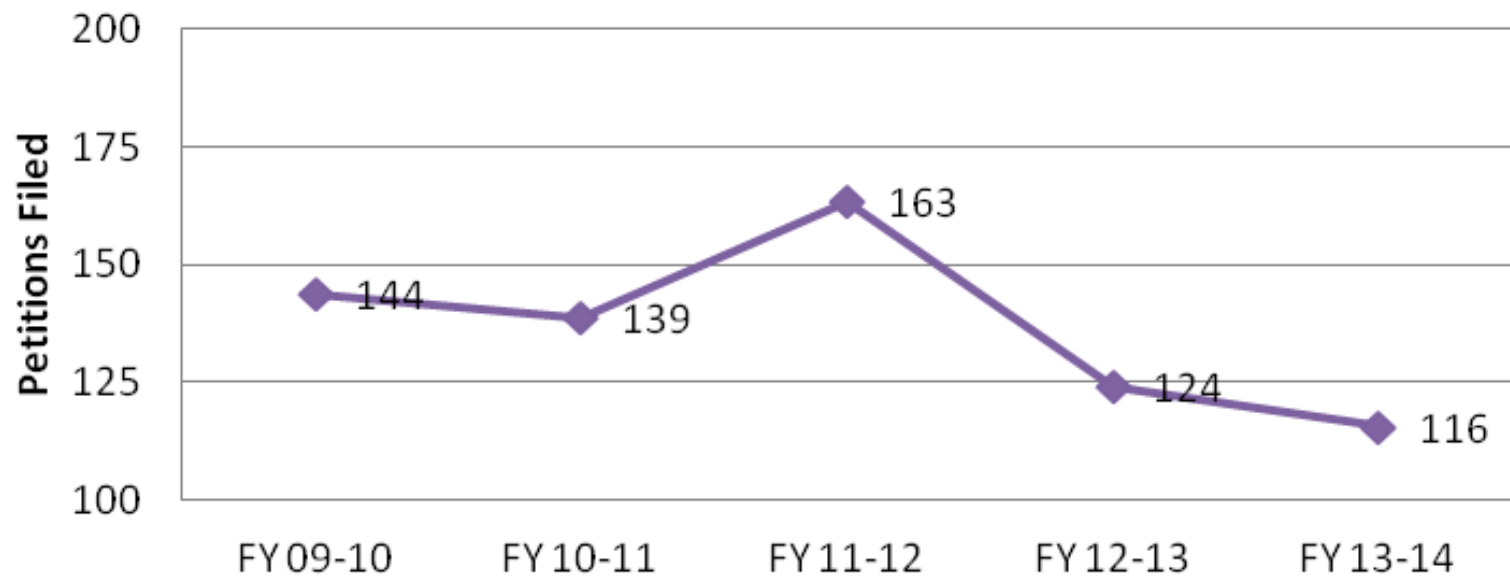
Early Outcomes

Average Monthly Removals % change = 18.1%



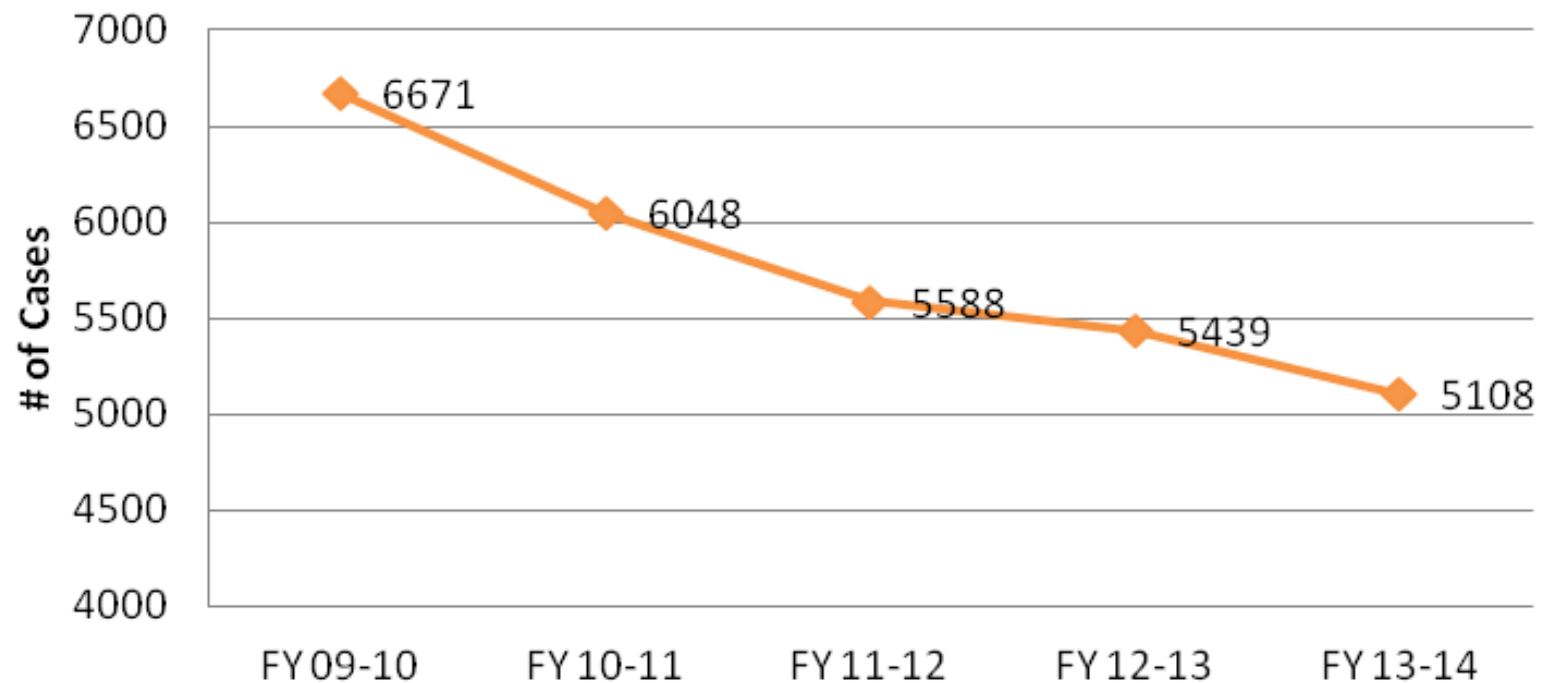
Early Outcomes

Average Monthly Petitions Filed % change = 19.6%



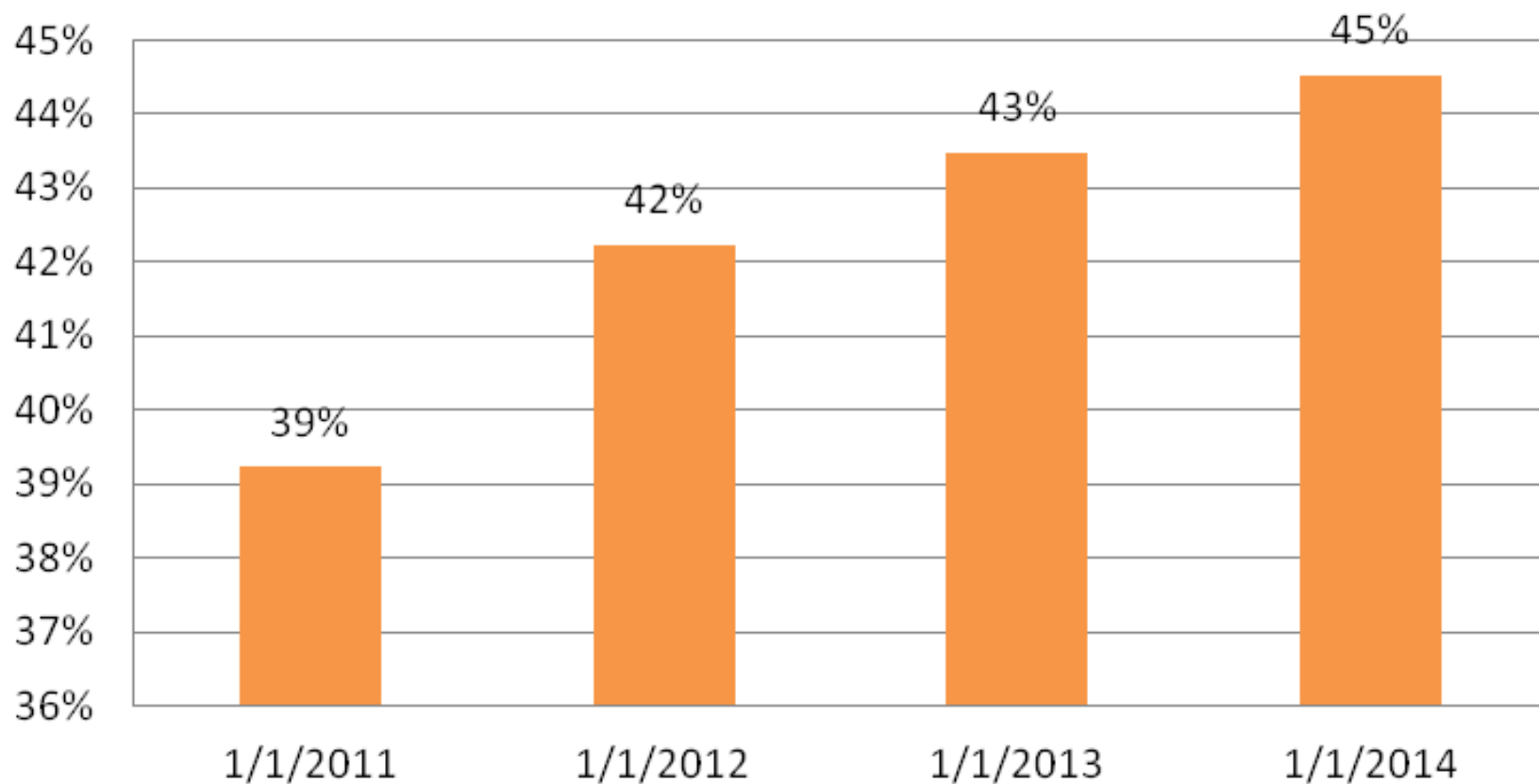
Early Outcomes

Average Monthly Total Cases % change = 23.4%



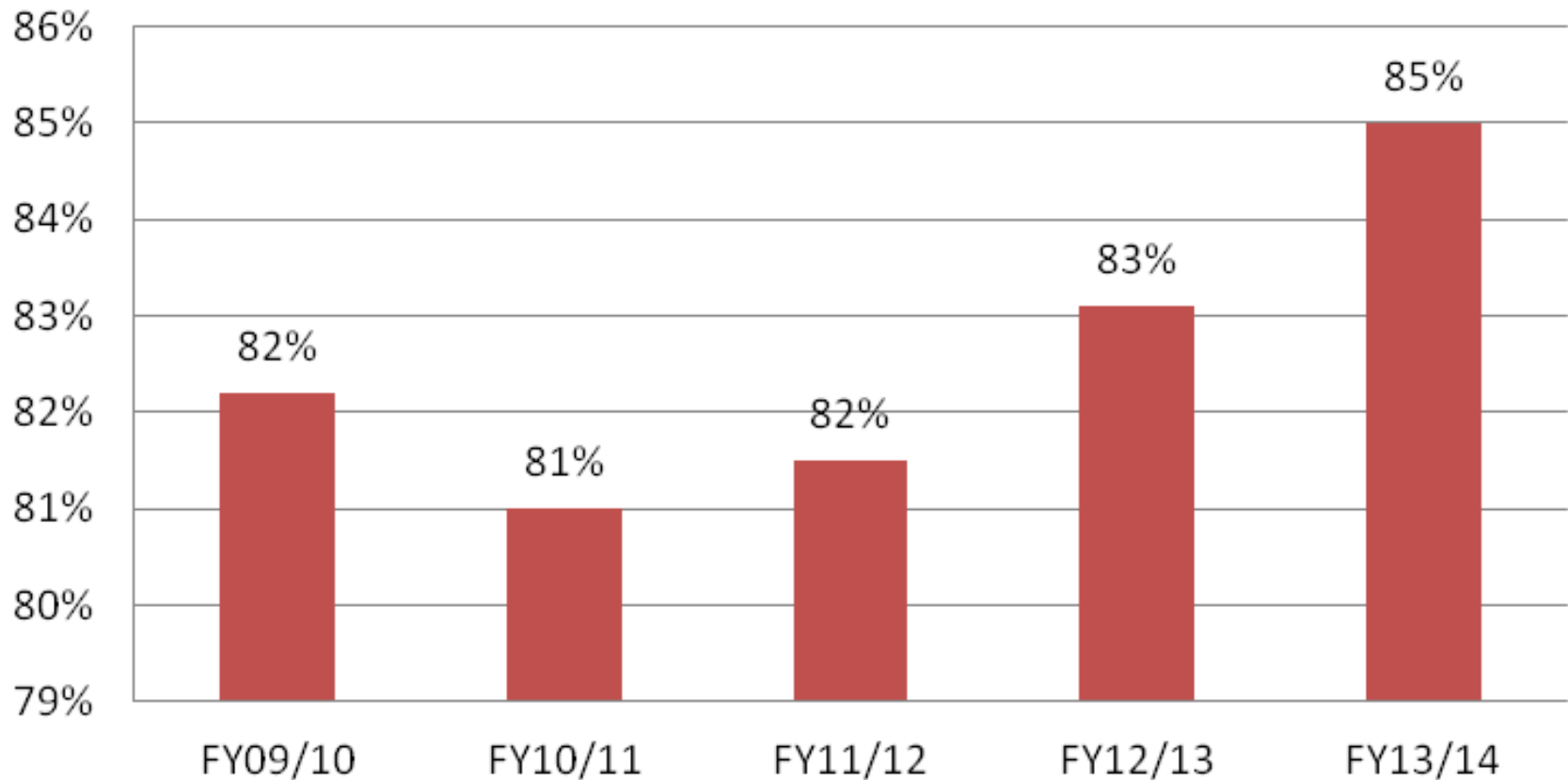
Early Outcomes

Children Placed with Kin



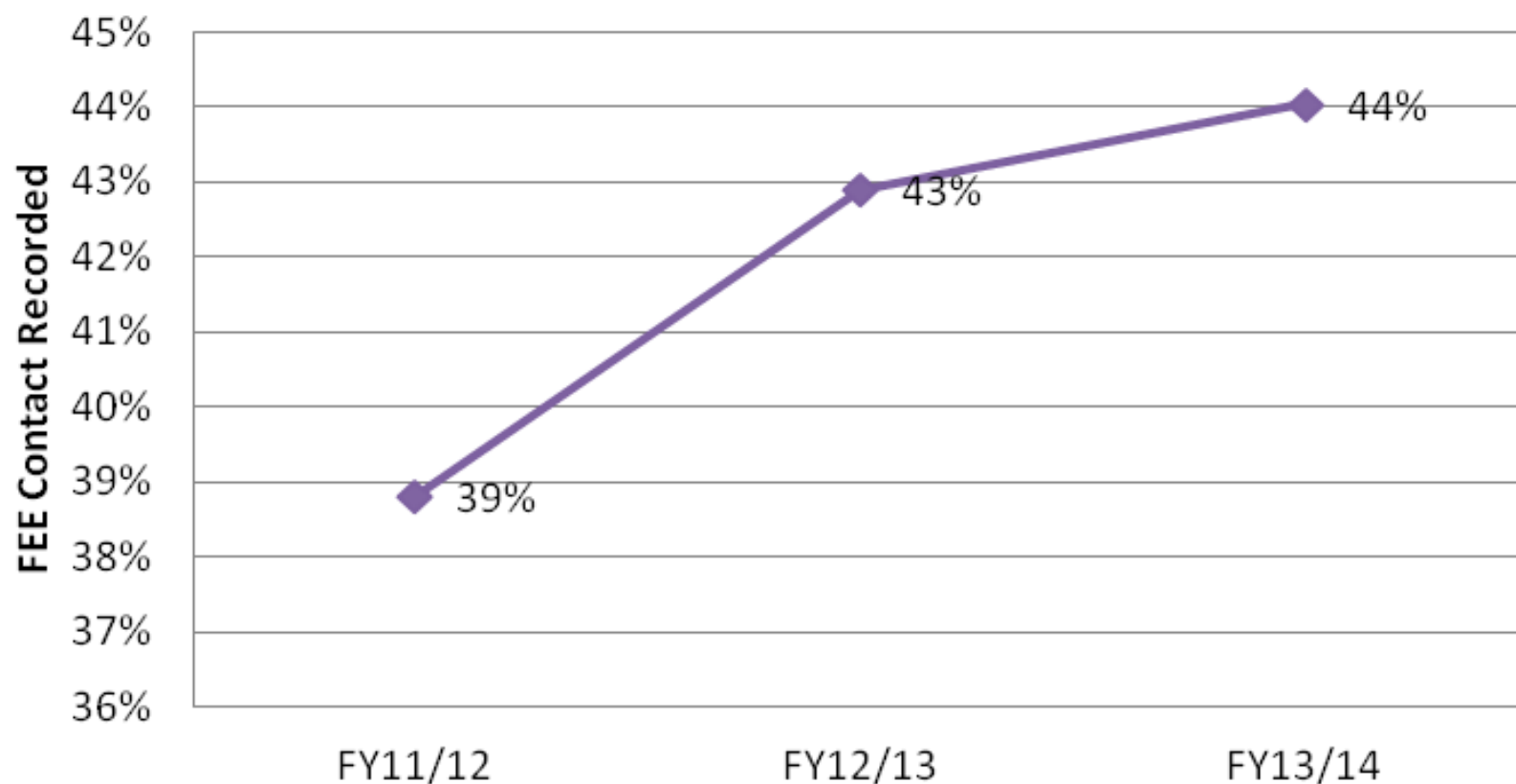
Early Outcomes

Placement Stability



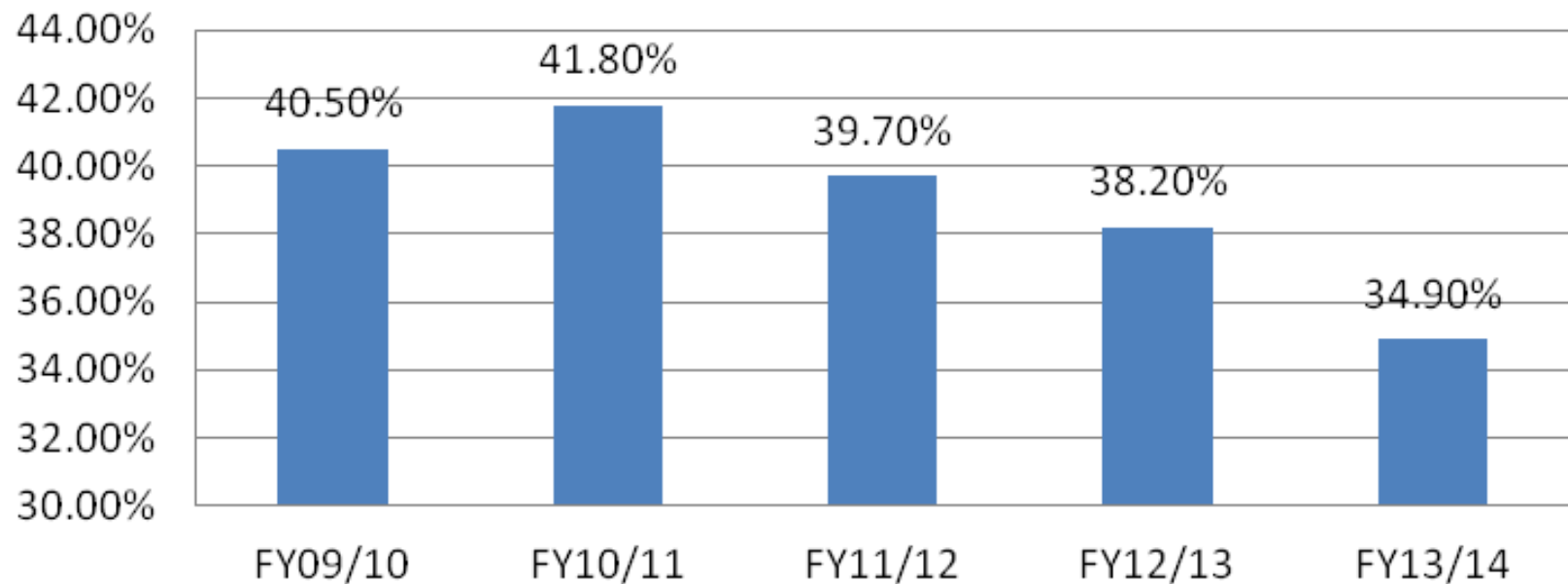
Early Outcomes

Families Engaged in Case Planning



Early Outcomes

Percentage of Children who Reunified in 12 Months



Coaching in San Diego

- Add 9 SPSWs as coaches to be co-located in each region/program
- Coaches will support the implementation and deepening use of SOP
- Case Reviews will look at the depth of practice related to SOP





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Pathways to Well-Being

What is Pathways to Well-Being?

The County of San Diego Child Welfare Services (CWS) and Behavioral Health Services (BHS) made operational the Core Practice Model Guide with the creation of Pathways to Well-Being.

Pathways to Well-Being seeks to positively impact all CWS children/ youth by providing mental health screening, mental health assessment as warranted, and thoughtful and timely linkage to mental health and supportive services for our most impacted children and youth.

Child and Family Team

The CFT is comprised of (asterisked * members are mandatory):

- Youth* and Family*
- SW*
- Youth's mental health service provider(s)*
- Substitute Care Provider
- Informal supports as identified by the family and youth (such as extended family, friends, coaches, clergy, etc)
- Service professionals who are working with the family toward successful transition out of the child welfare system.

San Diego Implementation

- Rolled out to regions/programs in February, 2015
- All regions/programs have a CWS Pathways Care Coordinator and a BHS Pathways staff person
- CWS conducts screening of all children ages 6 and older using the Strengths and Difficulties Questionnaire
- DSEP conducts screening for all children ages 0-5 using the ASQ-SE
- Care Coordination provided by either CWS or therapist





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Permanent Connections

What is Family Finding?

Developed by Kevin Campbell

- Beliefs and strategies that safely connect children, youth and parents to family and community supports.
- Legally mandated in U.S.
- Prevents or shortens child's placement
- Quick and extensive notice to family that child is in care or at risk of entering a care system
- Six step process to find, engage, and organize supports
- Traditionally used for youth waiting the longest in care in Canada and U.S.
- Permanent, safe, consistent, and affectionate relationships

San Diego's Plan

- Utilize both at the start of a case to engage family members early on and on cases where children have not found permanency yet
- Contractor will partner both on the search and engagement efforts
- Utilize Family Group Conferencing as a teaming strategy with families
- Subcommittee will be meeting to draft the Scope of Work for this new contract
- Joint effort with Probation





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Visit Coaching

What is Visit Coaching?

Developed by Marty Beyer

- Helping parents articulate their children's needs to be met in visits
- Preparing parents for their children's reactions
- Helping parents plan to give their children their full attention at each visit
- Appreciating the parent's strengths in caring meeting each child's needs
- Helping parents cope with their feelings so that they can visit consistently and keep their anger and sadness out of the visit

Visit Coaching in San Diego

- Will be included in the Community Services for Families contract
- At least one FTE visit coach per region
- Goal is to have between 15-30 coached visits per family, as determined by the needs of the family
- Move more quickly from supervised visitation to unsupervised visitation
- Help visitation occur in a more natural setting





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Prevention Wraparound (Probation)

Prevention Wraparound

- A family-centered, strengths-based, needs-driven planning process for creating individualized services and supports for the youth and family.
- Specific elements include case teaming, family and youth engagement, individualized strength-based case planning, and transition planning
- Wraparound is currently being used by Probation to step youth down out of group homes
- Prevention Wrap will aim to reach Probation youth to prevent them from coming into foster care

San Diego Prevention Wraparound

- San Diego Probation is working with Behavioral Health Services to expand the current Wraparound contracts to serve these additional prevention youth
- Serving this new population will begin in October, 2015
- The goal is to serve 50 Prevention youth in 15/16, then 75 in 16/17, and 100 youth for the per year for the remainder of the waiver



Questions

If you have questions about the Demonstration Project, you can contact:

General Demonstration Project

Kimberly Giardina, Protective Services Program Manager – 858-616-5965

Corey Kissel, CWS Policy Analyst – 858-616-5935

Safety-Organized Practice

Laura Krzywicki, CWS Policy Analyst – 858-616-5916

Pathways to Well-Being

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