

# California Mental Health Planning Council

Alzheimer's Disease and Related Disorders Advisory Committee December 10, 2015



### Federal Mandate

### SAMHSA Block Grant



- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Administered by Center for Mental Health Services (CMHS)
- \$60M federal grant received annually by California

### **Federal Duties**

- Review the State mental health plan required by PL 106-310 and submit to the State any recommendations for modification
- Review the annual implementation report on the State mental health plan and submit any comments to the State

#### **Federal Duties**

Advocate for adults and older adults with SMI, children with SED, and other individuals with mental illnesses or emotional problems

### **Federal Duties**



- Annually monitor, review, and evaluate the allocation and adequacy of mental health services within the State
  - Assessing the mental health system through performance outcome measures
  - Reviewing mental health funding issues
  - Reviewing implementation and evaluation of th

# **Federal Composition Requirements**

- Adults with SMI who are receiving or have received mental health services
- Families of such adults and or families of children with SED
- Public and private entities concerned with the need, planning, operation, funding, and use of mental health services and related support services
- Not less than 50% are individuals who are not state employees or providers or mental health services

# Federal Composition Requirements: State Departments

- Mental Health
- Education
- Vocational Rehabilitation
- Criminal Justice
- Housing
- Social Services



## State Mandate

### **State Duties**

WIC 5772(a) - (p)

- Advocate for effective, quality mental health programs. Review, assess, and make recommendations regarding all components of California's mental health system
  - DHCS
  - State hospitals
  - Local mental health programs
  - Local MH Boards

- Review and assess mental health services from all funding sources
  - Realignment I & II
  - Medi-Cal (FFP)
  - SAMHSA MHBG
  - Mental Health ServicesAct (Prop 63)

# State Duties (cont.)



Review program
 performance in delivering
 mental health services by
 annually reviewing
 performance outcome data
 as follows:

Review and approve the performance outcome measures

# State Duties (cont.)



- Report findings and recommendations of programs' performance annually to the Legislature, the State Department of Mental Health, and the local boards
- Identify successful programs for commendation and for consideration of replication in other areas

# State Duties (cont.)

- Advise the Legislature, the CA Department of Health Care Services, and county boards on mental health issues and the policies and priorities that this state should be pursuing in developing its mental health system
- Suggest rules, regulations, and standards for the administration of this division

# Planning Council Vision, Mission, and Values



#### **Vision Statement:**

The CMHPC envisions a mental health system that makes it possible for individuals to lead full and productive lives. The system incorporates public and private resources to offer community-based services that embrace recovery and wellness. The services are responsive, timely, and accessible to all California's populations.

### **Mission Statement**

The CMHPC evaluates the mental health system for accessible and effective care. It advocates for an accountable system of responsive services that are strength-based, recovery-oriented, culturally competent, and cost-effective. To achieve these ends, the Council educates the general public, the mental health constituency, and legislators





### **Values**

- Consumer/family voices, choices, and preferences are heard, embraced, and acted upon
- Consumers are entitled to services that recognize and encourage their strengths and reduce stigma and discrimination
- Consumers/families participate in the individual design, delivery, and evaluation of services

- Family partnerships are developed to involve children and youth in the design, delivery, and evaluation of services
- The Recovery Vision is the paradigm for designing, delivering, and evaluating services
- Services are based on effective practices and quality outcomes that are consumer-driven

### **Values**

- Services embrace a holistic philosophy, which recognizes that the physical and spiritual health of the individual plays a key role in recovery
- Cultural competence is essential for accessible and effective services
- Accessibility of services for diverse populations is the cornerstone of quality services
- In systems of care, mental health services are provided in active collaboration with community services and other service agencies and partners

# **Recent Reports**

- Trauma Informed Care
- Public Forums
- Data Notebook 2014
- Peer Certification

### **Current Area of Focus**

Programs that <u>prevent</u> individuals from having to be institutionalized.

Programs that divert individuals from locked facilities

Programs that <u>re-integrate</u> individuals into the community

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