



COMMUNITY PROVIDER TRAINING SERIES

3RD THURSDAY OF EVERY MONTH

3 pm - 4 pm

Virtual Meeting Format

Registration Required

Zoom link provided during registration

FREE training for all service providers supporting individuals with IDD and mental health vulnerabilities in Humboldt and Del Norte Counties

TRAININGS



Scan to register

SEPT 18

GRIEF AND LOSS IN IDD

Focus on understanding how people with developmental differences experience loss, recognize their communication skills, and learn appropriate strategies to support them through the grieving process

OCT 16

SELF ADVOCACY AND CAREERS

Explore ways to empower individuals with intellectual and developmental disabilities (IDD) to build self-advocacy skills and explore meaningful career pathways that align with their strengths, interests, and goals.

NOV 20

DISSOCIATIVE IDENTITY DISORDER AND TRAUMA

Explore the complex relationship between trauma and Dissociative Identity Disorder (DID), and learn to recognize, understand, and support individuals navigating fragmented identities shaped by early adversity.

DEC 18

ADHD AND IDD

Gain insights into the intersection of Attention-Deficit/Hyperactivity Disorder (ADHD) and Intellectual and Developmental Disabilities (IDD), the co-occurring challenges, and strategies for effective support and inclusion.

JAN 15

IMPROVING WELLNESS THROUGH NATURE

Explore how connecting with nature can enhance physical, emotional, and mental well-being, and learn practical strategies to integrate natural environments into everyday wellness practices.

FEB 19

RETHINKING RESILIENCE

Focus on understanding of resilience, risk and protective factors, and practical strategies to support and strengthen resilience in individuals with IDD and mental health needs

Fall and Winter Sessions 2025-2026