California Aging and Disability Research Partnership Meeting

January 19, 2024 10:00 a.m. – 12:00 p.m.

Welcome & Logistics Review

Carroll De Andreis
California Department of Aging

Meeting Logistics

Webinar or Telephone only

- Live captioning and American Sign Language (ASL) interpreting streamed through webinar (Zoom)

- Meeting slides, transcript, and recording will be posted to [California Health and Human Services (CalHHS) Master Plan for Aging](#) webpage.

- Committee members - please update your name display in Zoom by right clicking the upper right corner of your video and selecting "rename."

Virtual Meeting Operations

- The chat function is only enabled for Committee Members and California Department of Aging (CDA) staff to share meeting-related resources and information. The public will be able to view content shared in the chat during the meeting.

- The chat and the Question/Answer functions are not enabled for comments and questions from public attendees.

- We invite the public to provide comments. Please hold comments until the end of the meeting during the designated Public Comment period.

- Additional public comments and questions can be directed to EngAGE@aging.ca.gov.

Public Comment

Attendees joining by **phone,** *press* *9 on your dial pad to join line. The moderator will announce the last 4 digits of your phone number and will unmute your line.

Attendees joining by **webinar (Zoom)**, *click* the raise hand button to join line. The moderator will announce your name or your last 4 digits of your phone number and will unmute your line.

Note: Public commentors will have 2 minutes.

For additional public comment, email EngAGE@aging.ca.gov

Committee Purpose

The primary purpose of the California Aging and Disability Research Partnership (CADRP) is to:

1. Advance age- and disability-focused research to strengthen the evidence base for promoting equitable opportunities for Californians to thrive as they age;

2. Provide input on key performance indicators and data sources to inform MPA Outcomes Reports and the Data Dashboard for Aging; and

3. Model a research partnership between California state government and academic institutions focused on using data for action and equity that can be replicated across other CalHHS person-centered, data-driven priorities.

CADRP Stakeholder Committee Members (2024-2025)

- **Leonard Abbeduto,** *UC-Davis MIND Institute*

- **Zia Agha,** *West Health*

- **Donna Benton,** *USC Leonard Davis School of Gerontology*

- **Olivia Burns,** *The SCAN Foundation*

- **Isabella Chu,** *Stanford Center for Population Health Sciences*

- **Ryan Easterly,** *WITH Foundation*

- **Steve Hornberger,** *SDSU Social Policy Institute*

- **Kathryn Kietzman,** *UCLA Center for Health Policy Research*

- **Margot Kushel,** *UCSF Benioff Homelessness and Housing Initiative*

- **Jasmine Lacsamana,** *Archstone Foundation*

- **David Lindeman,** *CITRIS Health*

- **Angela Perone,** *UCB School of Social Welfare*

- **Nari Rhee,** *UCB Labor Center*

- **Kathleen Wilber,** *USC Leonard Davis School of Gerontology*

- **Heather Young,** *Betty Irene Moore School of Nursing at UC Davis*

Meeting Agenda

10:00	**Welcome & Introductions**
10:05	**Health Care Payments Data Program**
10:25	**Master Plan for Aging Key Outcomes: Updates & Discussion**
10:55	**Research and Data Hub**
11:10	**CADRP Goals & Priorities: Day of Action Planning**
11:50	**Public Comment**
12:00	**Adjourn**

Health Care Payments Data Program

Mike Valle
Deputy Director, Information Services
Department of Health Care Access and Information (HCAI)

Research and Data Hub

Agnieszka Rykaczewska
Elizabeth Steffensen
Center for Data Insights and Innovation
CA Health & Human Services Agency (CalHHS)

Homelessness
Data Integration

& DIGITAL DATA PRODUCT

CalHHS
California Health & Human Services Agency

di
CENTER FOR
DATA INSIGHTS
AND INNOVATION
CALIFORNIA HEALTH &
HUMAN SERVICES AGENCY

The Need

- Department Level
  - Assess and evaluate homeless & safety net program effectiveness
  - Measure housing instability
  - Identify who is/isn't receiving services

- Agency Level
  - Holistically analyze the interplay between CalHHS services and homelessness trends
  - Understand outcomes of collective service provision
  - Identify trends in a person's journey through homelessness and CalHHS services

The How

- Link currently siloed datasets

- Leverage supplemental datasets

- Integrate datasets for a fuller picture

- Build an agile digital data product

And of course...

Collaboration is Key

Agency & Department Collaboration is critical to:

- Align homelessness efforts & storytelling
- Leverage respective efforts
    - Avoid duplicative work or seemingly conflicting findings

What Data will be Integrated?

Cal ICH Statewide HDIS Data
Point in Time Homeless Counts

DHCS: Medi-Cal Data

CDSS: CalFresh, CalSAWS, CalWORKS, Housing & Homeless Programs

Future Exploration

DSH: Patient Release Data

DOR: Homeless Disabled Seeking Work

HCAI: Hospitalization Data

CDPH: CalREDIE, Death Data, WIC

CDPH & DHCS: Behavioral Health Data

Dept of Education

Corrections & Rehabilitation

Veterans Affairs

What Will the CalHHS Data Product be Like?

- An agile data analysis and visualization tool - <u>not a dashboard</u>

- Enables flexibility and <u>responsiveness to questions</u> from executive leadership

- Navigated by analysts and SMEs to produce <u>reports, visualizations, and summaries</u>

What Questions to Answer First?

Let's start with the basics:

- How many people are homeless, according to what sources?

- Where do they live?

- What service(s) are they receiving?

Then focus on experiences and outcomes:

- Holistically analyze the interplay between CalHHS services and homelessness trends

- Understand outcomes of collective service provision

- Identify trends in a person's journey through homelessness and CalHHS services

Sharing is Caring

- All Ideas Welcome!

  - Talk with us about your vision for compiling and analyzing homeless data

  - What other datasets would be useful?

  - What other questions could we ask?

- Who Else to Include?

  - Who else could wants or needs to study homelessness data?

  - Leverage the data assets CDII produces during product development

CADRP Goals and Priorities: Planning for the Day of Action

Ross Lallian, moderated discussion with Partnership members

CA for ALL Ages & Abilities: Day of Action

Purpose: Gather priority recommendations from the Master Plan on Aging (MPA) Stakeholder Committees to inform the development of the MPA Initiatives for the next two years (2025 & 2026).

Date: Tuesday, October 8, 2024

Location: Sacramento Convention Center (Downtown – J Street)

Time: To Be Determined

CADRP Goals and Priorities

California Department of AGING

Topic	Priority
Identify CADRP priorities for 2024.	
Implement data tracking for key outcomes.	High
Set targets for key outcomes.	
Champion the need to link administrative data across sources.	
Evaluate efficacy of homelessness interventions.	
Administer a survey to collect data and refine prevalence estimates of psychological distress and loneliness.	
Identify associations between health status, psychological distress, loneliness, access to behavioral health services, and social determinants of health.	
Advance data collection on caregivers.	
Explore potential to evaluate efficacy of direct care workforce training.	
Advance data collection on the direct care workforce.	
Collect qualitative and quantitative data about the experiences and needs of older adults who are part of the LGBTQIA+ community.	

Survey of LGBTQIA+ Older Adults in CA

- CDA partnered with Openhouse, UC Berkeley, and UC San Francisco to conduct study.

- Collect baseline data to better understand the experiences and needs of the LGBTQIA+ older adult community.

- Data will help inform policy makers, health care providers, and advocates.

- Advances the goals and strategies of the Master Plan for Aging.

Timeline/Administration

Stage	Key Objectives
Planning **May 1st - June 6th, 2023**	Build advisory committee and consortium; Groups will advise and help create the survey instrument
Survey Refinement **July 1st – Dec. 31, 2023**	Survey design; Language selection; Recruitment strategy; Build survey; Pilot test; IRB submission
Data Collection **Jan. 8th – March 31st, 2024**	Create data analysis plan; Administer survey Incentives drawings
Data Analysis **April 1st – May 15th, 2024**	Clean data; Complete analysis; Prepare dataset and codebook for public access
Dissemination **May 16th - June 30th , 2024**	Finalize report; Summaries & infographics Executive summary report

Survey Advisory Group

- **Advisory Committee**

- **Feedback Mechanism**

- **Coalition Involvement**

- **Trusted Voices and Regional Connection**

- **Leveraging Networks**

Survey Methodology

- Qualtrics Survey Development

- Recruitment and communications

- Data collection and analysis

- Dissemination

Survey Domains

Economic + Social Wellbeing
Food insecurity and housing
Income and economic hardships
Service utilization
Healthcare access
Social connectedness and support
Stigma exposures

Cognitive + Mental Health
Anxiety/depression (e.g., PHQ)
Cognitive decline (e.g., item from CDC's Healthy Brain Initiative)
Substance use

Physical Health
Disability and mobility
HIV/AIDS
Chronic health conditions (e.g., high blood pressure, cardiovascular disease, etc.)

Ask of Committee

- Please help promote/distribute the survey.
  - Survey webpage: https://aging.ca.gov/Survey_of_LGBTQIA/

- CDA will promote the survey beginning on Tuesday, January 16th.

Please scan this QR code to go directly to the survey or **visit**:
https://aging.ca.gov/Survey_of_LGBTQIA

Examining Challenges, Needs, and Supports among Low-Income, Minoritized Communities, and Geographically Isolated LGBTQIA+ Older Adults in California

January 19, 2024

Research methodology

- Explanatory Sequential Design
- Equitable Aging Framework
- 10-14 focus groups
- 80-100 LGBTQ+ older adults 50+ yo
- Recruitment via survey and community partners
- Target hardest-to-reach (e.g., communities of color, low-income, geographically isolated)

Why Focus Groups?

- To help contextualize community needs and explain disparities revealed in the survey

- Explore complex phenomena and needs in communities experiencing multiple forms of oppression that are difficult to study solely from survey data (e.g., Black transgender older adults)

- Illuminate nuances among common experiences, challenges, and strategies within a population

- Allow participants to bounce off ideas, diversify opinions, and flesh out ideas more comprehensively

- Can surface promising opportunities for community-based interventions, resources, and supports

Timeline

January – December 2024

- Quarter 1: Project preparation, community rapport building, recruitment

- Quarter 2: Data collection

- Quarter 3: Data collection / Data analysis

- Quarter 4: Data analysis / Dissemination

Final Products / Dissemination

- Summary / Final Report
- One-page FAQs / handouts / infographics
- Videos / Case Summaries
- Public Slide Deck

Funding Support

- California Health Care Foundation
- Metta Fund
- The SCAN Foundation

Behavioral Health Research Agenda

California Aging & Disability Research partnership

January 19, 2024

Zia agha

Chief Medical Officer and EVP

West Health Behavioral Health Research

Two MPA-aligned efforts

1. Population Outcomes: Survey of older adults in California about their behavioral health and care

2. Delivery System Inputs: All-payer claims analyses

Population Survey: Overview

1. Survey of a representative sample of 1,500 California adults age 65 and older

2. Conducted November 2023 in English, Spanish, Cantonese, and Vietnamese

3. Addressed topics including:

4. Self-assessed health status and mental health status

5. Impacts of sadness, loneliness, stress, and worry on daily life

6. Need for, access to, and affordability of mental health treatment

7. Barriers to mental health treatment

8. Interest in and use of telehealth

9. Opinions about the health care system for mental health vs. physical health needs

10. Results will be publicly available in late January 2024.

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Population Survey: Preliminary Results

% of CA Adults 65+	Response
10%	They or a loved one often felt depressed or socially isolated
25%	Had feelings of sadness, stress, and worry so significant that it interfered with their ability to enjoy life
45%	Think mental health services in the U.S. are not affordable
62%	Would consider getting mental health care via telehealth

All-Payer Claims Analyses: Resource

- Licensed Access to [Intellimed](): All-payer claims data on inpatient, outpatient, emergency department, nursing facility, home health, and hospice utilization

- Ability to assess:
  - Utilization patterns throughout the patient journey across the continuum of care
  - Under-served populations to improve access to care and reduce excess utilization
  - Shifts in utilization from one care setting to another, by condition and population
  - Opportunities to improve care coordination

All-Payer Claims Analyses

- Analyze claims related to inpatient and outpatient treatment/counseling to better understand unmet behavioral health needs among older and disabled adults.

- Assess availability of and access to behavioral health services by provider and county.

- Assess number of virtual behavioral health service claims.

- Assess number of behavioral health claims by treatment setting (e.g., Emergency Department). Crosswalk results with Geriatric Emergency Department (GED) accreditation data to identify needs and opportunity.

Next Steps & Opportunities

- Identify and prioritize behavioral health research topics, as part of developing the CADRP research agenda

- Collaborate to develop and conduct research projects

- Use results to inform
- Key Outcomes effort, including understanding of drivers
- MPA policy implementation, monitoring, and refinement

Questions???

Public Comment

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Closing & Next Steps

Ross Lallian

Chief of Research, CDA

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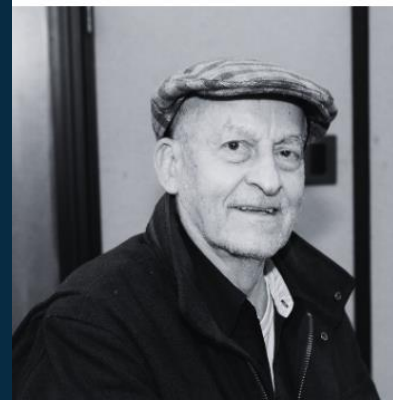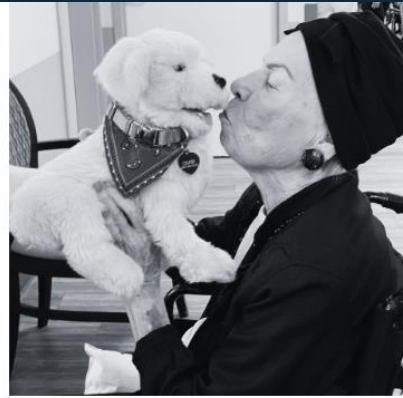
Time: To Be Determined

Celebrating 50 years of partnership and programs serving older Californians

Share your story: email communications@aging.ca.gov

California Department of AGING
50 Years

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Meeting Materials & Future Dates

❖ **All meeting materials, transcript and recording are posted after this meeting on:**
  ➢ [CalHHS CADRP Meeting webpage](#)

❖ **Future 2024 CADRP Committee meetings:**
  ➢Friday, April 19, 2024
  ➢Friday, July 19, 2024

California Department of AGING

Learn more about the MPA at MPA.aging.ca.gov

Contact: EngAGE@aging.ca.gov

Learn more about CDA at www.aging.ca.gov

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