

# ***Alzheimer's Disease and Related Disorders Advisory Committee Meeting***



# Welcome & Logistics Review

## **Carroll De Andreis**

*Manager, MPA Stakeholder & Public Engagement  
California Department of Aging (CDA)*

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# Meeting Logistics

- **Join by smart phone, tablet, or computer:**  
<https://aging-ca-gov.zoom.us/j/89477352967>
- **Join by phone (audio only):**  
Tel: 888-788-0099 | Meeting ID: 894 7735 2967
- **Live captioning and American Sign Language (ASL) interpreting:** streamed through webinar (Zoom)
- **Meeting slides, transcript and recording** will be posted to [the CalHHS Alzheimer's Disease & Related Disorders](#) webpage

# Virtual Meeting Operations

- The chat function is only enabled for Committee Members, California Department of Aging (CDA) and other state staff, and invited guests to share meeting-related resources and information. The public will be able to view content shared in the chat during the meeting.
- We invite the public to provide comments. Please hold comments until the designated Public Comment period.
- Additional public comments and questions can be posted in Zoom using the Question & Answer feature or sent via email to [EngAGE@aging.ca.gov](mailto:EngAGE@aging.ca.gov).



# Public Comment

Time is reserved on the meeting agenda for public comment.

- **In-Person Comments:** Raise your hand or let Michelle know you want to make a public comment.
- **Verbal Comments:** "Raise your hand" in the Reactions feature of Zoom or press \*9 on your phone dial pad to enter the line for a verbal comment. The moderator will unmute your line and announce your name or the last 4 digits of your phone number.
- **Written Comments:** You may submit comments throughout the meeting using the Zoom Q&A or email [Engage@aging.ca.gov](mailto:Engage@aging.ca.gov).

**Note:** Public commentators will have 2 minutes.

# Welcome and Introductions

**Catherine Blakemore**

*Committee Chair*

*Family Member Representative*

# Today's Agenda

1. Welcome and Introductions, February Minutes
2. California Department of Aging Update
3. California Department of Public Health Update
4. Discussion of Recommendations for 2025-26 Master Plan for Aging Initiatives
5. Break
6. Legislative Update
7. Public Comment
8. Finalize of Recommendations for CalHHS Secretary
9. Closing Comments, Upcoming Meeting Dates and Next Steps

# Committee Member Introductions

## Committee Chairs

- **Catherine Blakemore**, *Family Member Representative (Chair)*
- **Dr. Wynnlena Canlas Canio**, Kaiser Permanente, *Mental Health Field Rep (Vice Chair)*

## Committee Members

- **Barbra McLendon**, Alzheimer's Los Angeles, *Service Provider Rep*
- **Celine Regalia**, Providence Community Health Napa Valley, *Alzheimer's Day Care Resource Center Rep*
- **Dr. Dolores Gallagher Thompson**, Stanford University, *Social Research Rep*



# Committee Member Introductions (Cont.)

- **Julie Souliere**, *CA Health & Human Services Agency*
- **Ken Graffeo**, *Consumer Rep*
- **Myra Garcia**, *Consumer Rep*
- **Sally Bergman**, *Elder Law Rep*
- **Dr. Sarah Tomaszewski Farias**, *UC-Davis, Alzheimer's Disease Diagnostic & Treatment Centers Rep*
- **Todd Shetter**, *ActivCare Living, Service Provider Rep*
- **Dr. William Mobley**, *UC San Diego, Academic Medical Research Rep*
- **Carlos Olivas III**, *Family Member Rep*
- **Claire Day**, *Alzheimer's Association, Consumer Organization Rep*

# **Kim McCoy Wade**

*Senior Advisor on Aging, Disability, and Alzheimer's  
Office of California Governor Gavin Newsom*

**Susan DeMarois**

*Director*

*California Department of Aging (CDA)*



# **Alzheimer's Disease Program Progress: Master Plan for Aging**

Lynnley Stern, DrPH, MPH, RD

California Department of Public Health  
Chronic Disease Control Branch  
Alzheimer's Disease Program



# Master Plan for Aging

The Alzheimer's Disease Program addresses:



## **Goal 1: Housing for All Ages and Stages**

We will live where we choose as we age in communities that are age-, disability-, and dementia-friendly and climate- and disaster-ready.



## **Goal 2: Health Reimagined**

We will have access to the services we need to live at home in our communities and to optimize our health and quality of life.

# Goal 1: Housing for All Ages and Stages

- Strategy
  - Outdoor & Community Spaces for All Ages
- Initiative
  - Promote Blue Zones for dementia-friendly communities, especially in cities and counties with higher proportions of racial groups with disparate rates of dementia.





# Dementia Friendly Communities

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- Focus on prevention of dementia
  - Long-term, place-based interventions to support healthy behaviors
- Blue Zone County Pilot with Sacramento County- \$1.7 Million dollars
  - Nine neighborhoods of focus: Robla, Del Paso Heights, Hagginwood, Woodlake, Arden-Arcade, Lemon Hill, Parkway, Meadowview, and Florin.
  - [Sacramento County Blue Zones Assessment Report Link](#)
  - Next steps, Transformation Proposal, & sponsorship development

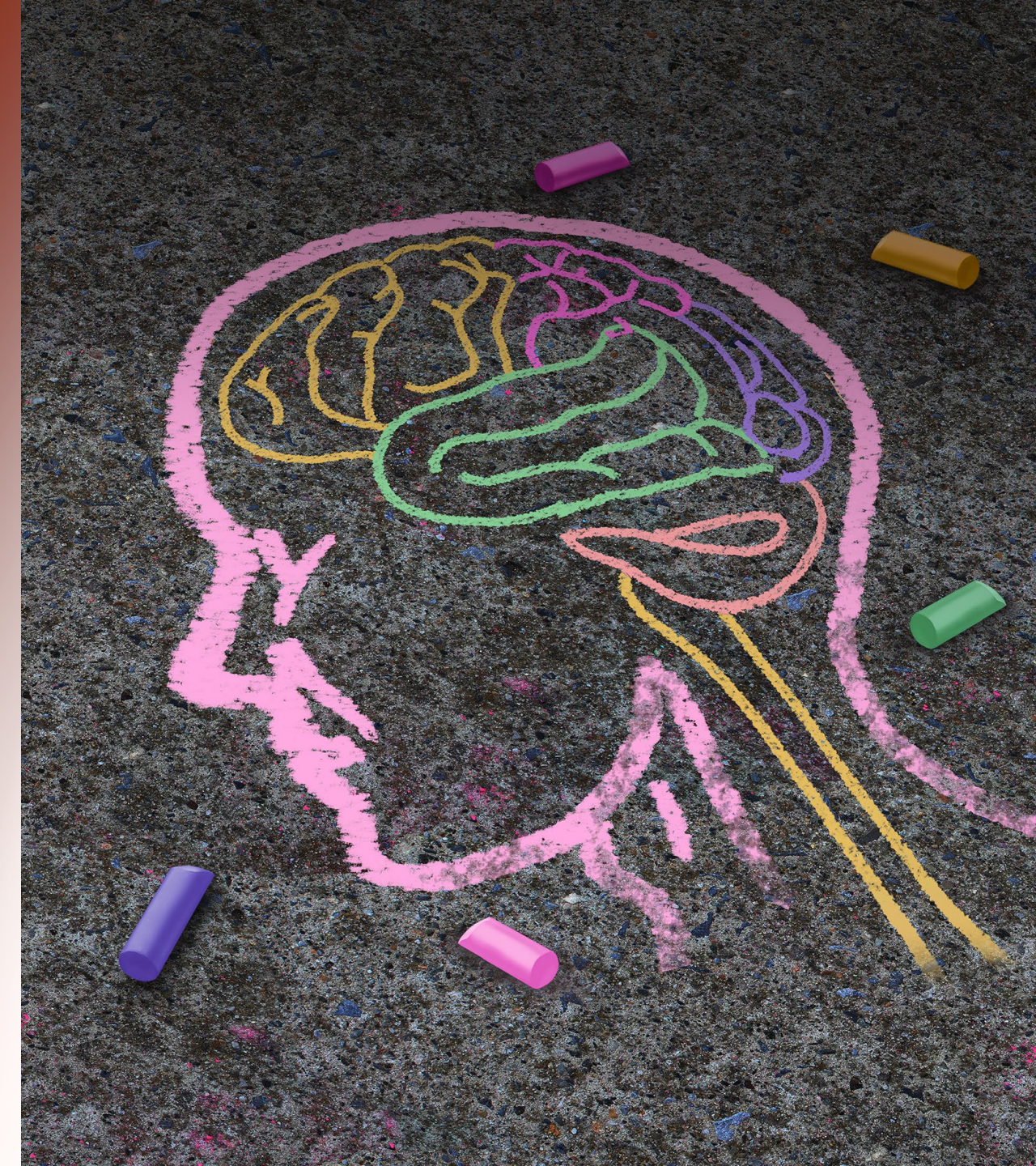
Contract Term: October 2022- June 2024





## Goal 2: Health Reimagined

- Strategies
  - Dementia in Focus
  - Lifelong Healthy Aging
- Initiatives
  - Four initiatives across two strategies





# Goal 2: Health Reimagined

- Strategy
  - Dementia in Focus
- Initiatives
  - Develop plan for an equity-focused dementia-prevention public health campaign, to meet needs as funds available.
  - Continue California's leadership commitment to target clinical research into Alzheimer's on gender and racial disparities.
  - Replicate best practices developed as part of California's Healthy Brain Initiative and Blue Zones efforts to extend statewide expertise in cultural competence, community outreach, caregiver education, workforce development, and local planning for people at risk of developing Alzheimer's, individuals with dementia, and family caregivers.
- Strategy
  - Lifelong Healthy Aging
- Initiative
  - Share a series of public health/public education tools, with culturally competent and equity-targeted approaches, that promote brain health and address other healthy aging priorities (e.g., physical activity, nutrition, tobacco, oral health, mental health, substance abuse, and trauma).

# California Healthy Brain Initiative

- MPA Initiative: Develop plan for an equity-focused dementia-prevention public health campaign, to meet needs as funds available.
- Advance cognitive health as an integral component of public health
- Implement the CDC Healthy Brain Initiative 2023-2027 Road Map
- \$10 Million over 3 years – Two Cohorts
  - Building our Largest Dementia Infrastructure (BOLD) funded

Contract Terms: December 2022- November 2024 & July 2023-June 2025)



# California Research Projects

- MPA Initiative: Continue California's leadership commitment to target clinical research into Alzheimer's on gender and racial disparities.
- Scientists engaged in the study of Alzheimer's disease and related disorders
  - Encompasses areas of basic science, diagnosis, treatment, epidemiology, health disparities, behavioral management, drug therapies and caregiving
- \$8.7 Million – Seven projects 2022-2024
- \$22 Million – Seven projects 2024-2028





# Caregiver Training Program

- MPA Initiative: Replicate best practices developed as part of California's Healthy Brain Initiative and Blue Zones efforts to extend statewide expertise in cultural competence, community outreach, caregiver education, workforce development, and local planning for people at risk of developing Alzheimer's, individuals with dementia, and family caregivers.
- Focusing on unpaid family caregivers
- No cost, online, multi-lingual
- Partnerships with UCSF-Fresno and UCI
- \$3.4 million until June 30, 2024







## Goal 2: Health Reimagined

- Strategy
  - Lifelong Healthy Aging
- Initiative
  - Share a series of public health/public education tools, with culturally competent and equity-targeted approaches, that promote brain health and address other healthy aging priorities (e.g., physical activity, nutrition, tobacco, oral health, mental health, substance abuse, and trauma).

# Public Awareness Media Campaign

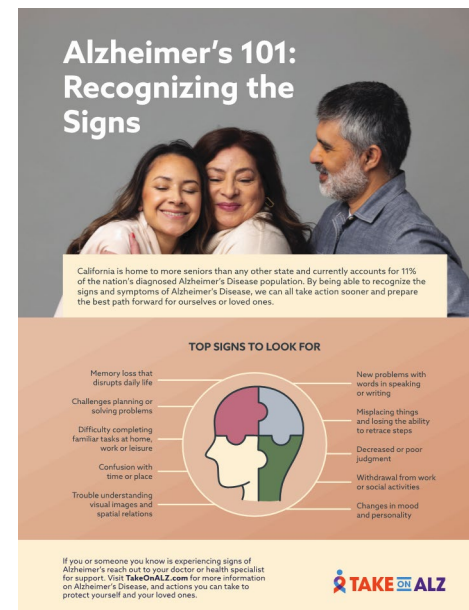
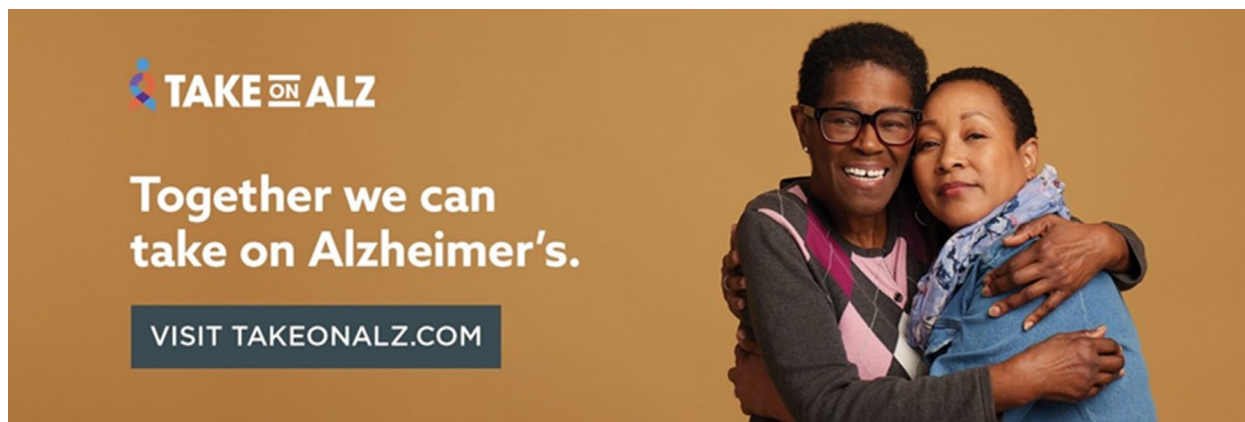
- Vendor: Runyon Saltzman Inc.
- Campaign:
  - Focused on public education
  - Addressing Signs and Symptoms
  - Target At Risk Populations
  - Multilingual, multicultural, and intergenerational
- \$8.5 million to fund the campaign through June 30, 2024





# Alzheimer's Disease Public Awareness Media Campaign – *Take on Alzheimer's* (Live February-June 2024)

- Campaign Website: [TakeonAlz.com](https://TakeonAlz.com)
- Campaign Outreach Materials: [Media & Outreach Resources](#)
- TV/VIDEO Ads: [It takes understanding to take on Alzheimer's. \(youtube.com\)](#)
- CDPH News Release: [California Launches New Campaign to Take on Alzheimer's](#)



# Questions?

Alzheimer's Disease Program,  
CDCB, CDPH

[AlzheimersD@cdph.ca.gov](mailto:AlzheimersD@cdph.ca.gov)





# Recommendations for 2025-26 Master Plan for Aging Initiatives

# CA for ALL Ages & Abilities: MPA Day of Action



**CA**  
**FOR ALL**  
**AGES & ABILITIES**  
**DAY OF ACTION**

**OCTOBER 2024**

**Date:** Tuesday, October 8, 2024

**Location:** SAFE Credit Union Convention Center  
Sacramento, CA

**Time:** Full-day, specific time: TBD

**Registration:** May/June 2024

**Website:** <https://www.caforall.org/>

Thank you to the MPA's philanthropic partners  
for supporting this event.



Metta Fund

THE ROSALINDE AND ARTHUR  
GILBERT FOUNDATION



MAY & STANLEY SMITH  
CHARITABLE TRUST



## **Focus future work on the highest priority issues facing Californians today & Center future MPA planning on equity and lived experience.**

- Gather priority recommendations from the Master Plan on Aging (MPA) Stakeholder Committees to inform the development of the MPA Initiatives for the next two years (2025 & 2026).

## **Celebrate progress to-date and renew our shared commitment to the MPA, California's 10-year blueprint for all ages and abilities.**

- Sustain and re-invigorate diverse partners and stakeholders on California's commitment to achieve the MPA's Five Bold Goals.

## **Engage Diverse Partners in the "Whole of Government Approach"**

- Be a model by convening state and national leaders to advance equity, collaboration, and integration among sectors in charting a path forward to prepare for the nation's aging population.

# MPA Stakeholder Committees

## A Roadmap to the 2025 - 2026 MPA Initiatives

### **1. Where Are We Now?**

- Understand the Baseline
- Develop a Problem Statement

### **2. Where Do We Want to Be?**

- Set & Define Goal(s) – policy, program, community, family, person

### **3. How Will We Get There?**

- Brainstorm Recommendations & Strategies

### **4. How Will We Know We Got/Are Getting There?**

- Describe the Outputs & Outcomes of Each Recommendation

# What We've Done So Far

## Background

### Pull together initiative ideas & categorize

- Prior letters to Secretary Ghaly
- Current MPA initiatives and 2022 recommendations
- Alzheimer's Task Force Report recommendations

## Poll #1

### Identify priority categories (11 responses)

- Caregiver support (9 votes)
- Long-term services and supports (LTSS) access and affordability (7)
- Professional training and workforce development (6)
- High quality care – community-based services (5)

## Poll #2

### Identify priority initiatives (12 responses)

- Top-rated ideas fell within caregiver support, LTSS access and affordability, and community-based high quality care categories

# Top Priority Recommendations

## High Quality Care - Community-Based Services

- Ensure that the supported decision-making education and resources being developed are appropriate for those living with dementia and their potential supporters.
- Secure continued funding to expand initiatives that were launched with short-term funding:
  - access to dementia capable, person-centered adult day services (Cal-COMPASS);
  - workforce training and career pathways programs in multiple languages (IHSS Career Pathways, CalGrows, Caring4Cal etc.);
  - use of community health workers to provide dementia care management through the state's aging services network (CALz Connect);
  - Alzheimer's public awareness campaign and Healthy Brain Initiative sites; and
  - California's participation in Blue Zones®.
- Identify and pursue strategies to improve collaboration and reduce silos among departments within the California Health and Human Services Agency (CalHHS) to address the growing needs of people living with intellectual and developmental disabilities (IDD) and dementia.

# Top Priority Recommendations (cont.)

## **LTSS Access and Affordability**

- Increase options to provide care to individuals with dementia through strategies such as developing and launching a long-term services and supports (LTSS) benefit, establishing a voluntary savings account and/or increasing slots in the Assisted Living Waiver (ALW).

## **Caregiver Support**

- Provide financial support for caregivers, including investments in, and access to, affordable respite services.
- Incorporate family caregiving into planning in local communities to increase the availability of culturally appropriate services for caregivers.

# Today's Discussion

- Review top 10 priority recommendations
- Select top 3 priorities for MPA
- For the three priorities, discuss:
  - **Where Do We Want to Be?**
    - Set & Define Goal(s) – policy, program, community, family, person
  - **How Will We Get There?**
    - Brainstorm Recommendations & Strategies
- Secure small group to iron out the details, based on today's discussion (for finalization at August meeting)



# Potential MPA Initiatives

1. Increase LTSS options
2. Incorporate family caregiving into local planning
3. Provide financial support to caregivers
4. Appropriate supported-decision making resources for persons with dementia
5. Funding for dementia capable adult day services
6. Funding for workforce training and career pathways
7. Funding for Alzheimer's awareness campaign & Healthy Brain Initiative
8. Expand dementia care management in aging network
9. Expand Blue Zones®
10. Improve collaboration to address needs of persons with IDD and dementia

# Next Steps

- Volunteers to complete documentation for recommendations
- Finalize at August 1 Committee meeting
- Share at October 8 Day of Action

# BREAK

## BREAK

*The meeting will resume at  
12:50 p.m.*

## **Freddi Segal-Gidan, PA, PhD**

*USC/Rancho California Alzheimer's Disease Center*

## **Jason Gabhart**

*Government Affairs Director, Alzheimer's Association*

## **Barbra McLendon**

*Public Policy Director, Alzheimer's Los Angeles*

# California Alzheimers Disease Centers

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- 1984 – Legislation establishes centers to be located at medical schools
- 1985 – first 3 Alzheimers Disease Diagnostic & Treatment Centers (ADDTCs)
  - Growth to 10 ADDTCs over next decade
- 1999/2000 - renamed Alzheimers Research Centers of California (ARCCs)
  - Cooperative research projects across multiple centers
  - Enhanced funding
- 2008 - California Alzheimers Disease Centers
  - Research activities removed
  - Funding reduced
  - Public Health, Division of Chronic Disease

**CURRENT FUNDING OF CADCs INSUFFICIENT**

# Statewide Network of California Alzheimers Disease Centers (CADCs)

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## Ten Centers:

UC Davis – East Bay

UC Davis – Sacramento

UC San Francisco – San Francisco

UC San Francisco – Fresno

Stanford University – Palo Alto

UC Los Angeles – Los Angeles

Univ. of So. California – Los Angeles

Univ. of So. California – Rancho los Amigos

UC Irvine – Irvine

UC San Diego – San Diego



**CURRENT FUNDING OF CADCs INSUFFICIENT**



# Legislative Mandate for Centers

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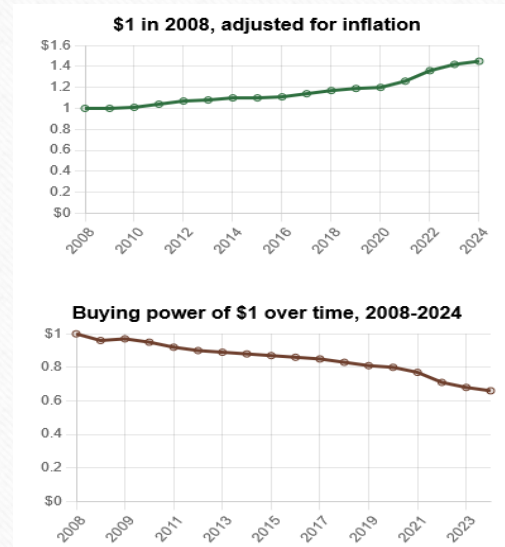
- Improve diagnosis and treatment for ADRD
- Provide education and training
  - Professional
    - Trainees - students, residents, fellows
    - Practicing clinicians
  - Consumer
    - Patients
    - Families & care partners

**CURRENT FUNDING OF CADCs INSUFFICIENT TO MEET STATE REQUIREMENTS**

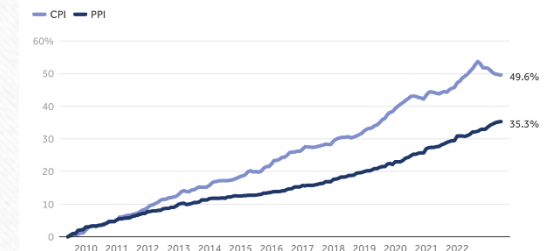


# Stagnant Funding for 15 years

- 2000 \$320,000/Center
  - 2004 \$585,000/Center
  - 2008 \$282,000/Center
    - Budget reduction of 48%
  - 2024 \$282,000/Center
- 2008 dollars = \$392,000  
\$585,000 = \$830,700



Cumulative percent change in Producer Price Index (PPI) for health services and Consumer Price Index for All Urban Consumers (CPI-U) for medical care services, June 2009 - June 2023



Note: Data are not seasonally adjusted. PPI data measures health care services as a commodity for all payers. CPI-U data measures medical care services only, including hospital and other health facility services (excluding drugs and equipment).

Source: KFF analysis of Bureau of Labor Statistics (BLS) Consumer Price Index (CPI) and Producer Price Index (PPI) data

Partner: KFF  
Health System Tracker

**CURRENT FUNDING OF CADCS INSUFFICIENT**

# USC-RANCHO CADC

## (staffing changes since 2008)

- PI/Center Director ~~35%~~ 24%
- Physician Medical Director ~~20%~~—10%
- Physician Neurologist ~~25%~~— now 2 volunteer neurologists 8%
- Social Worker ~~50%~~ ~~35%~~ 20%
- ~~Neuropsychologist 50%~~ 40%
- ~~Research Coordinator 100%~~
- ~~Community Outreach 100%~~
- Receptionist/Clinic Coordinator ~~100%~~ 80%
- Center Administrator ~~100%~~ ~~80%~~ 70%
- Data Entry ~~50%~~ 40%



**CURRENT FUNDING OF CADCs INSUFFICIENT TO SUSTAIN OPERATIONS**



# REQUEST

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- Include in memo to Secretary Ghaly
  - Current funding of CADCs is insufficient to meet legislative mandate
  - 39 yrs. of State investment in CADCs
  - **Budget request for \$2.2 million (additional \$220,000/per center) to raise each Center's funding to \$500,000/year**
  - Need for regular reassessment of funding to align with legislative mandate

# Thank you for this time and consideration

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Freddi Segal-Gidan, PA, PhD  
segalgi@usc.edu



# Alzheimer's Association State Legislative Update

Jason Gabhart, Director of Government Affairs

ALZHEIMER'S  ASSOCIATION®



# AB 2680 Alzheimer's Disease & Related Disorders Advisory Committee

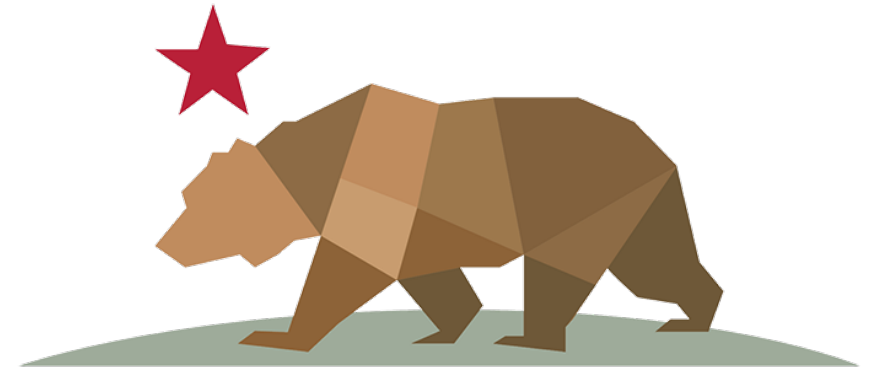
- Expands Committee Membership
  - Including first responders, primary care physicians
- Revises the phrase “Alzheimer’s disease” to “Alzheimer’s condition or related disorders”
- Removes one-year term limit for the two committee members living with Alzheimer’s or related dementias

# AB 2689 Alzheimer's Disease and Related Dementia Research Voluntary Tax Contribution Fund

- Extends the voluntary fund to 2032
- For the previous six years, the fund has raised more than a half million dollars annually to provide research dollars to California scientists.
- Recent grant awardees include UCLA, UCSF, USC, for their work on reducing disparities in diagnoses in California's diverse population.

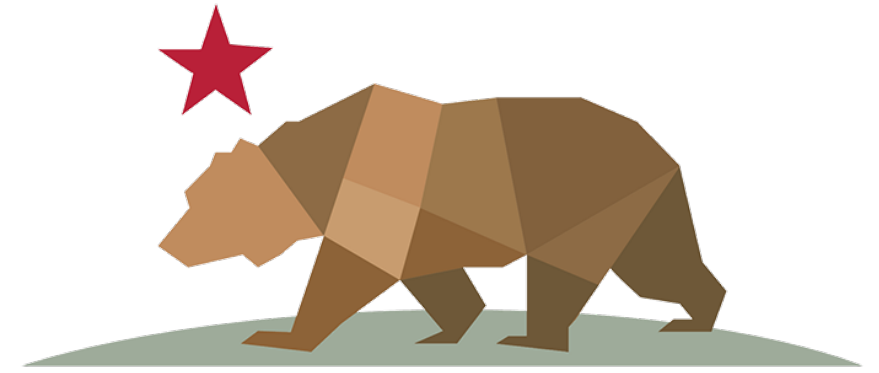
# Alzheimer's and Brain Awareness Month Resolution (ACR \_\_, Soria)

- Assemblymember Esmerelda Soria (D-Jackson) will introduce our annual resolution recognizing June 2024 as Alzheimer's Disease and Brain Awareness Month.



# 2024 State Legislative Session Update

# Alzheimer's Related State Legislation

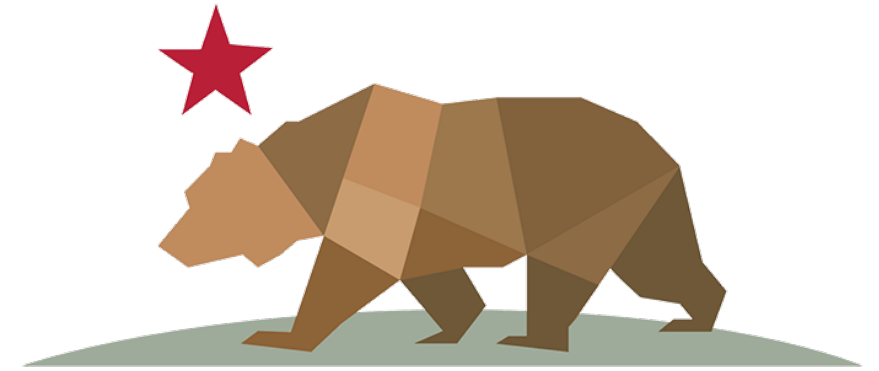


## AB 2541- Peace Officer Training- Wandering– Asm. Jasmeet Bains

- Directs the Commission on Peace Officers Standards and Training (POST) to develop guidelines to improve response when someone wanders. Topics to be addressed include:
  - ✓ Protocols for deploying law enforcement agency resources (e.g., search and rescue dogs).
  - ✓ Protocols for developing community awareness campaigns for wandering prevention and water safety.



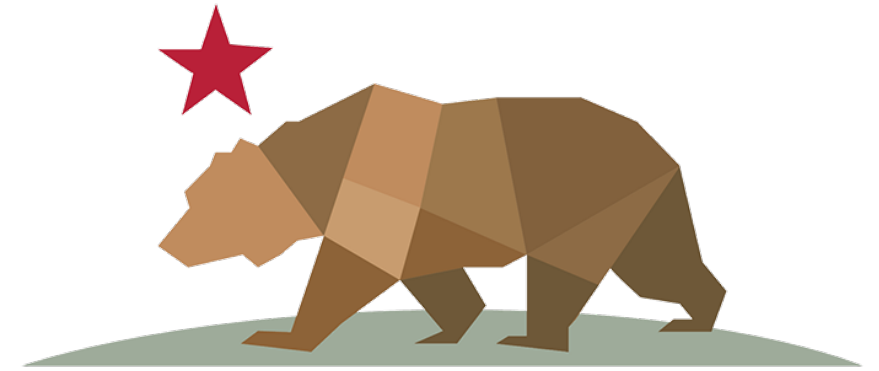
# Alzheimer's Related State Legislation



## AB 2541- Peace Officer Training- Wandering– Asm. Jasmeet Bains

- ✓ Technological Solutions regarding:
  - Wandering prevention devices
  - Proactive registries
  - Community alert systems
- ✓ Coordination and Communication Protocols between law enforcement agencies:
  - Other local law enforcement agencies
  - First responders- EMS services
  - 911 dispatch
  - Hospitals
  - Transportation systems

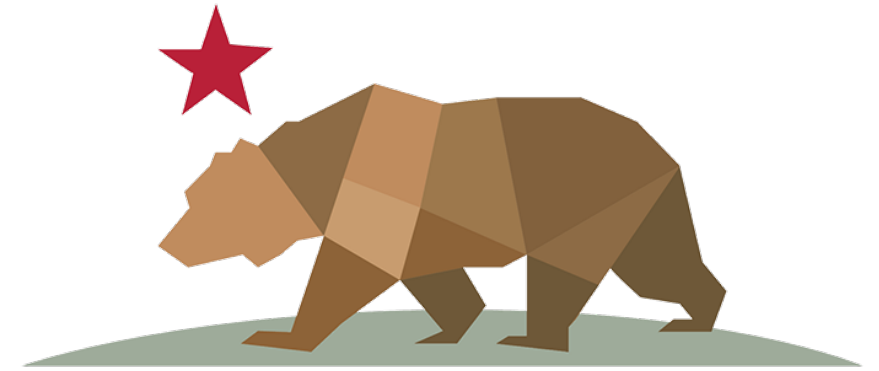
# Alzheimer's Related State Legislation



## AB 2541- Peace Officer Training- Wandering– Asm. Jasmeet Bains

- Passed unanimously out of the Assembly
- Referred to Senate Rules Committee for assignment

# Alzheimer's Related State Legislation

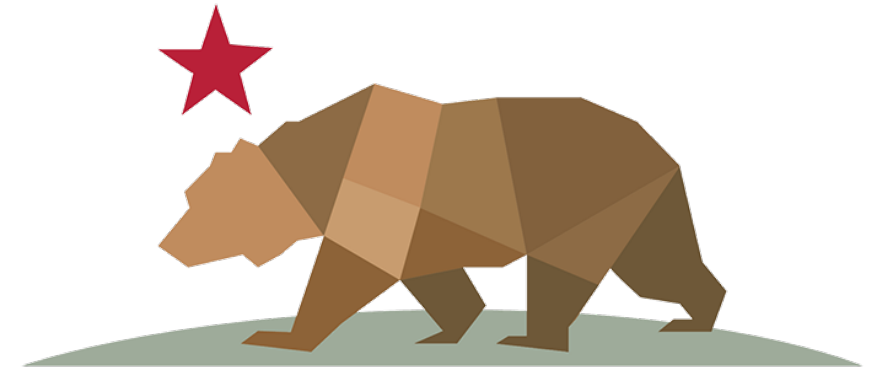


## AB 2002 (Sanchez)- Blue Envelope Program

- Directs the DMV to develop a statewide program.
- The Blue Envelopes are a communication awareness tool between law enforcement and community members diagnosed with a condition or disability such as Autism Spectrum Disorder, dementia, anxiety or other conditions that might require additional accommodations or awareness during a law enforcement interaction.
- Passed out of Assembly Transportation Committee
- Held in Assembly Appropriations Suspense File on 4/17

# State Legislation

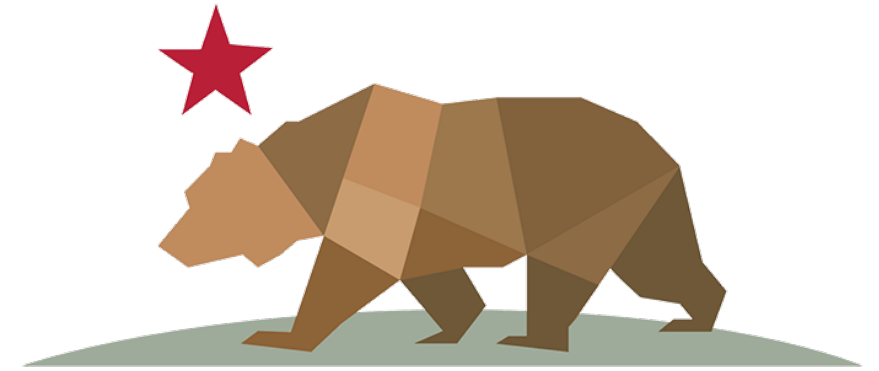
## Caregiver legislation



- **AB 518 (Wicks)**– Expands relationships eligible for paid family leave to include a “designated person”.
- **AB 2075 (Reyes)**- Resident Access Protection Act- The act would provide a resident of a long-term care facility with the right to in-person, onsite access to visitors or a health care and social services provider during a public health emergency in which visitation rights of residents are curtailed by a state or local order, as specified. The act would provide how a resident may leave their long-term care facility on outings during a public health emergency.



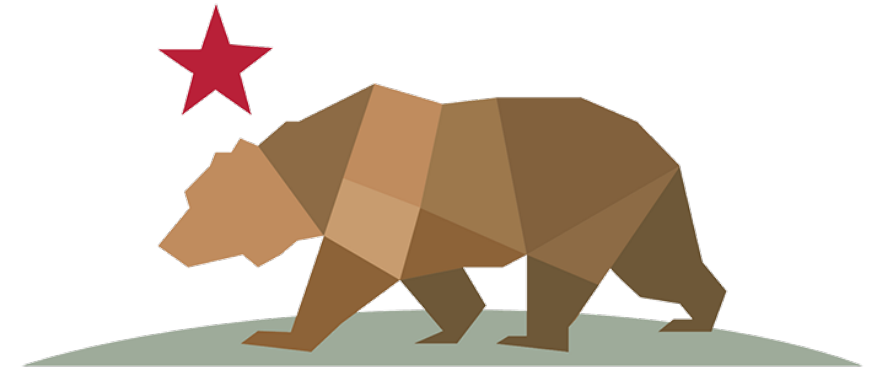
# State Legislation



## Caregiver legislation

- **AB 2549(Gallagher)**- Hospital visitation – family caregiver access
- **SB 1090(Durazo)**– Early Application for Paid Family Leave (PFL) and Disability Insurance Benefits
- **AB 3079(Ting)**- In-Home Supportive Services (IHSS) Program: Undocumented related provider-Would allow undocumented people to be IHSS caregivers for family members
- **AB 2123(Papan)**- Allow workers to access PFL without having to use vacation time first

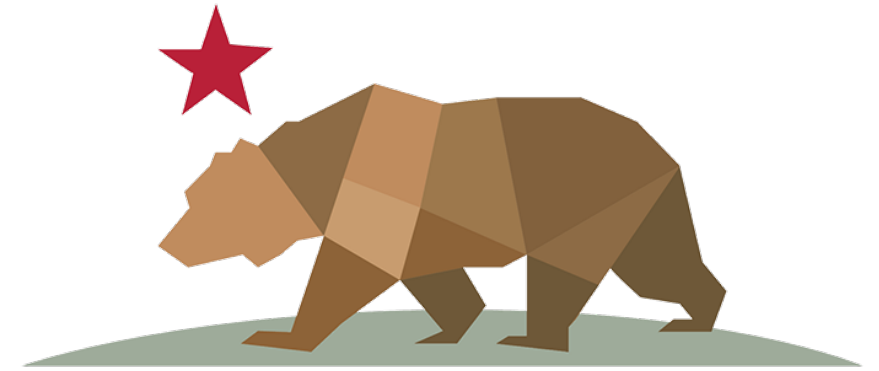
# State Legislation



## Home and Community-based Services legislation

- **AB 2428 (Calderon)**- Medi-Cal Community Based Adult Services
  - Require Medi-Cal Managed Care Plans to reimburse CBAS providers at a rate equal to or greater than the amount paid by the Medi-Cal fee-for-services delivery system (\$76.27/day)
- **SB 875 (Glazer)**- Referral agency bill

# State Legislation



## Facility legislation

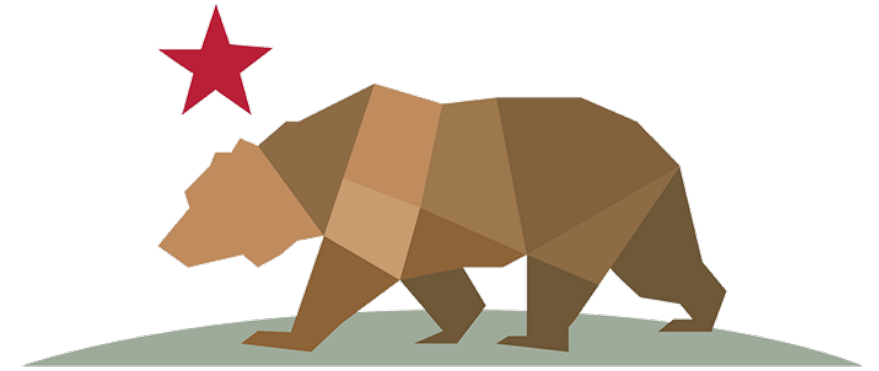
**AB 1911(Reyes)**- Residential Care Facilities for the Elderly (RCFEs): Expedited Complaints

**AB 1993(Kalra)**- RCFEs- Maximum number of residents

**AB 2356(Wallis)**- Increasing monthly maintenance amounts for people in nursing facilities to cover personal expenses from \$30 to \$50

**SB 1406(Allen)**- RCFEs- Resident rights to refuse services, notification timeframes for fee increases

# State Legislation

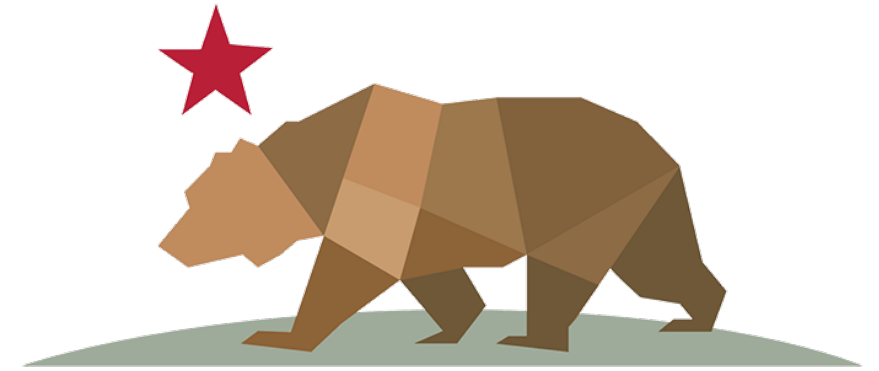


## Elder Abuse legislation

- **AB 3207(Patterson)** - Creates a support hotline for seniors who are victims of online scams



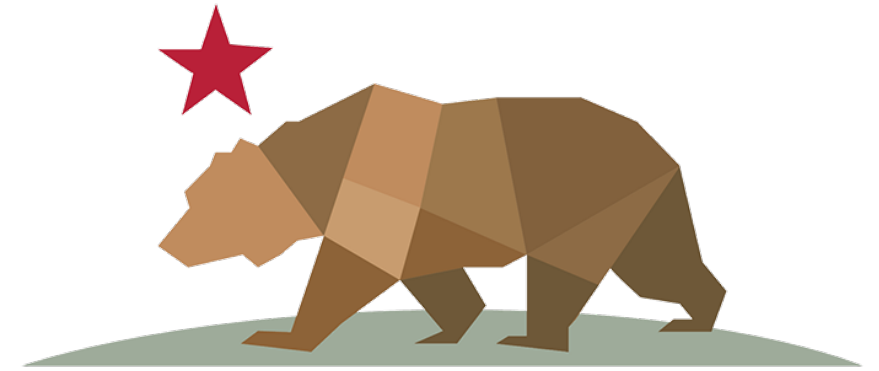
# State Legislation



## Firearms legislation

- **SB 53(Portantino)**- Would require safe storage of firearms for all gun owners

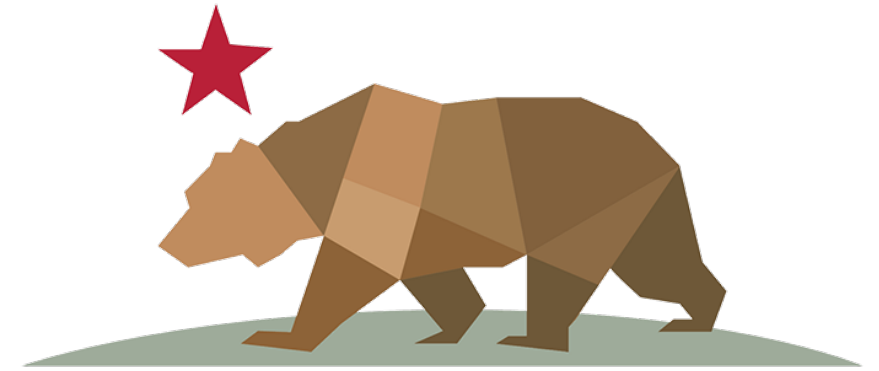
# State Budget Request



## Budget Request

- Increase funding for Community-Based Adult Services (CBAS)
  - Sponsor- Alzheimer's OC
  - Urges the Legislature to direct expected additional funds generated by an update to the MCO tax to go toward increasing the daily rate from \$76.27 to \$100.00 up to \$122.00 per day

# State Budget Request



## Budget Request

- Local Long-Term Care (LTC) Ombudsman Program- \$9.25m
  - Lost many of their volunteers during COVID
  - As a result of inadequate staffing, 23% percent of skilled nursing and 65% percent of assisted living facilities in California are not receiving quarterly unannounced visits required by the Ombudsman program as of this budget year.



**Alzheimer's**  
**LOS ANGELES**

**844.HELP.ALZ**  
**AlzheimersLA.org**



**@AlzheimersLA #AlzheimersLA**



# Public Comment

Time is reserved on the meeting agenda for public comment.

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- **Verbal Comments:** "Raise your hand" in the Reactions feature of Zoom or press \*9 on your phone dial pad to enter the line for a verbal comment. The moderator will unmute your line and announce your name or the last 4 digits of your phone number.
- **Written Comments:** You may submit comments throughout the meeting using the Zoom Q&A or email [Engage@aging.ca.gov](mailto:Engage@aging.ca.gov).

**Note:** Public commentators will have 2 minutes.



# Recommendations for Secretary Ghaly



# Closing Comments, Upcoming Meeting Dates and Next Steps

*Catherine Blakemore, Committee Chair*

# 2024 Meeting Schedule

- **August 1**
- **October 8** – CA for All Ages & Abilities (MPA) - Sacramento

- **November 7**

Committee meetings held in-person in Sacramento with Zoom option





**Thank You!**



Visit the [CalHHS Alzheimer's Disease & Related Disorders Advisory Committee webpage](#) for:

- More information about the Committee
- Upcoming meeting dates
- Presentations, recordings, and transcripts of past meetings