Unique Subgroups Within Medi-Cal’s Aged, Blind, Disabled, and Long Term Care Population
How was the Medi-Cal Aged, Blind, Disabled, and Long-Term Care Study Population Identified?

The Study Population consisted of all certified eligibles:
- Enrolled in Medi-Cal under an Aged, Blind, Disabled, or LTC aid code (see table below)
- Who were certified eligible at least one month during calendar year (CY) 2013.
- Who were 18 years of age or older.

<table>
<thead>
<tr>
<th>Eligibility Pathway</th>
<th>Aid Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aged</td>
<td>10, 14, 16, 17, 18 1D, 1E, 1H, 1X, 1Y</td>
</tr>
<tr>
<td>Blind</td>
<td>20, 24, 26, 27, 2D, 2E, 2H, 6A</td>
</tr>
<tr>
<td>Disabled</td>
<td>36, 60, 64, 66, 67, 68, 6C, 6D, 6E, 6H, 6N, 6V, 6W, 6X, 6Y, 6G, 6J, 6S</td>
</tr>
<tr>
<td>Long-Term Care</td>
<td>13, 23, 53, 63</td>
</tr>
</tbody>
</table>
What Data Sources were Utilized to Profile the Study Population?

**Eligibility**
- Administrative
- Demographic

**Medi-Cal Claims**
- Expenditures
- Units of Service
- Diagnoses
- Vendor Codes for Specific Waiver and/or LTC/LTSS services

**Medicare Claims**
- Expenditures
- Diagnoses
- Service Types

**OSHPD**
- Inpatient Discharge
- ED Visits

**Death Statistical Master File**

**Risk Scores**

**Diagnostic Groupers**
The study population consisted of 2,012,341 individuals certified eligible for Medi-Cal under an Aged, Blind, Disabled, or Long-Term Care aid code. Two thirds were dually eligible for both Medicare and Medi-Cal benefits, and one third were eligible for Medi-Cal benefits only.

Together they generated $23.7 billion in Medi-Cal expenditures, and an average per member, per month (PMPM) cost of $1,086.

"PMPM" refers to Per Member, Per Month, or average monthly cost.
Aged, Blind, Disabled, and LTC Dual Eligible Study Population

During calendar year 2013, the study population included 1,334,558 certified eligibles enrolled in Aged, Blind, Disabled, or Long-Term Care aid codes dually eligible for both Medicare and Medi-Cal. This population generated $12.157 billion in Medi-Cal expenditures.

The Medi-Cal PMPM cost varied greatly by eligibility pathway. Eligibles enrolled in LTC aid codes had an average PMPM of $5,082, while those in aid codes for the Aged generated only $505.

“PMPM” refers to Per Member, Per Month, or average monthly cost.
The study population included 677,783 individuals certified eligible for Medi-Cal only and enrolled in an Aged, Blind, Disabled, or Long-Term Care aid code.

Together they generated $11.542 billion in Medi-Cal expenditures, and an average per member, per month cost of $1,602.

"PMPM" refers to Per Member, Per Month cost, or average monthly cost.
Demographic Profile of Aged, Blind, Disabled, and LTC Study Population (N = 2,012,341)

The study population included 1,123,278 females (55.8%) and 889,063 males (44.2%). The proportion of males to females in the study population declined in aged cohorts above age 65.

The cohort of Blind/Disabled eligibles had the youngest average age, with 83% less than 65 years old.

Roughly 77% of the individuals who qualified under the LTC pathway were over the age of 64.

The mostly costly one percent, 20,123 individuals, generated $3.2 billion, or 13.9%, of total expenditures for this population, and a PMPM cost of $14,398.

The mostly costly five percent, 100,617 individuals, generated $8.5 billion, or 35.8%, of total expenditures for this population, and a PMPM cost of $7,280.

The mostly costly twenty percent, 402,468 individuals, generated $16.3 billion, or 68.9%, of total expenditures for this population, and a PMPM cost of $3,527.

The Aged, Blind, Disabled and LTC Study Population contains many of the most costly individuals enrolled in Medi-Cal.

The most costly one percent of the study population, 20,123 individuals, generated $3.2 billion, or 13.9%, of total expenditures for this population, and had a PMPM cost of $14,398.
The charts below display the distribution of Medi-Cal expenditures by service category. Not surprisingly, LTC expenditures represented the overwhelming majority of spending for eligibles in the LTC aid codes. Personal Care / In-Home supportive services constituted a large proportion of Medi-Cal spending for Aged and Blind/ Disabled dual eligibles. Among eligibles enrolled in the aged and blind/disabled pathways, who qualified for Medi-Cal only, Inpatient Hospital, Outpatient care, and Pharmacy generated a majority of the spending.
# Prevalence of Selected Treatment Conditions By Age Group (Study Population – CY 2013)

<table>
<thead>
<tr>
<th>Condition</th>
<th>18 to 44 Years of Age</th>
<th>45 to 64 Years of Age</th>
<th>65 to 74 Years of Age</th>
<th>75 to 84 Years of Age</th>
<th>85+ years of Age</th>
<th>All Age Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Chronic Condition (CCI)</td>
<td>55.4%</td>
<td>71.0%</td>
<td>64.9%</td>
<td>71.3%</td>
<td>77.0%</td>
<td>67.4%</td>
</tr>
<tr>
<td>Acute Cerebrovascular Disease - Stroke</td>
<td>1.4%</td>
<td>4.5%</td>
<td>5.1%</td>
<td>7.6%</td>
<td>11.4%</td>
<td>5.3%</td>
</tr>
<tr>
<td>Alcohol and Drug-related Disorders</td>
<td>8.3%</td>
<td>8.7%</td>
<td>2.0%</td>
<td>0.8%</td>
<td>0.5%</td>
<td>4.7%</td>
</tr>
<tr>
<td>Anxiety Disorders</td>
<td>11.1%</td>
<td>11.1%</td>
<td>4.7%</td>
<td>3.7%</td>
<td>3.8%</td>
<td>7.5%</td>
</tr>
<tr>
<td>Cancer</td>
<td>3.3%</td>
<td>8.5%</td>
<td>10.0%</td>
<td>12.0%</td>
<td>12.0%</td>
<td>9.0%</td>
</tr>
<tr>
<td>Congestive Heart Failure</td>
<td>1.4%</td>
<td>5.6%</td>
<td>6.6%</td>
<td>10.6%</td>
<td>18.1%</td>
<td>7.2%</td>
</tr>
<tr>
<td>Congestive Obstructive Pulmonary Disease</td>
<td>3.8%</td>
<td>12.1%</td>
<td>11.2%</td>
<td>13.6%</td>
<td>17.2%</td>
<td>11.2%</td>
</tr>
<tr>
<td>Coronary Artery Disease</td>
<td>1.1%</td>
<td>7.5%</td>
<td>12.3%</td>
<td>17.7%</td>
<td>19.4%</td>
<td>10.5%</td>
</tr>
<tr>
<td>Dementia</td>
<td>1.2%</td>
<td>2.3%</td>
<td>3.6%</td>
<td>9.4%</td>
<td>23.8%</td>
<td>5.6%</td>
</tr>
<tr>
<td>Developmental Disorders</td>
<td>10.4%</td>
<td>3.6%</td>
<td>0.9%</td>
<td>0.5%</td>
<td>0.6%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>8.9%</td>
<td>26.9%</td>
<td>34.5%</td>
<td>37.0%</td>
<td>31.3%</td>
<td>28.0%</td>
</tr>
<tr>
<td>Fracture of the Neck of Femur</td>
<td>0.1%</td>
<td>0.4%</td>
<td>0.5%</td>
<td>1.2%</td>
<td>2.9%</td>
<td>0.7%</td>
</tr>
<tr>
<td>HIV</td>
<td>1.5%</td>
<td>2.4%</td>
<td>0.3%</td>
<td>0.1%</td>
<td>0.0%</td>
<td>1.1%</td>
</tr>
<tr>
<td>Hypertension</td>
<td>11.4%</td>
<td>37.2%</td>
<td>49.7%</td>
<td>57.5%</td>
<td>59.3%</td>
<td>41.7%</td>
</tr>
<tr>
<td>Mood Disorders</td>
<td>19.6%</td>
<td>20.5%</td>
<td>8.0%</td>
<td>6.7%</td>
<td>8.0%</td>
<td>13.6%</td>
</tr>
<tr>
<td>Paralysis</td>
<td>6.5%</td>
<td>2.9%</td>
<td>1.3%</td>
<td>1.3%</td>
<td>1.6%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>2.6%</td>
<td>5.2%</td>
<td>4.9%</td>
<td>7.4%</td>
<td>13.3%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Renal Disorders</td>
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<td>11.9%</td>
<td>16.4%</td>
<td>8.6%</td>
</tr>
<tr>
<td>Respiratory Failure</td>
<td>1.8%</td>
<td>3.5%</td>
<td>3.0%</td>
<td>4.1%</td>
<td>6.3%</td>
<td>3.4%</td>
</tr>
<tr>
<td>Schizophrenia</td>
<td>15.6%</td>
<td>11.9%</td>
<td>3.3%</td>
<td>2.8%</td>
<td>4.7%</td>
<td>8.0%</td>
</tr>
</tbody>
</table>
### Prevalence of Selected Treatment Conditions By Eligibility Pathway – (Study Population - CY 2013)

**Notes:** Eligibles with concurrent conditions are represented in more than one category

<table>
<thead>
<tr>
<th>Condition</th>
<th>Aged</th>
<th>Blind / Disabled</th>
<th>LTC</th>
<th>All Age Groups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Chronic Condition (CCI)</td>
<td>65.1%</td>
<td>67.6%</td>
<td>88.1%</td>
<td>67.4%</td>
</tr>
<tr>
<td>Acute Cerebrovascular Disease - Stroke</td>
<td>5.6%</td>
<td>3.9%</td>
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</tr>
<tr>
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</tr>
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</tr>
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<td>8.0%</td>
</tr>
</tbody>
</table>
Users of Selected LTC / LTSS Services – CY 2013

**Number of Users**
- IHSS Services: 477,116
- Skilled Nursing Facilities: 132,427
- DDS Targeted Case Management: 113,536
- DDS Waiver Services: 68,463
- CBAS (ADHC) Services: 26,708
- Home Health Agency: 17,488
- Hospice: 16,601
- Physical Therapy Services: 13,555
- MSSP Waiver Services: 11,210
- ICF-DD Services: 8,125
- Medi-Cal Targeted Case Management: 4,890
- Independent Rehabilitation Services: 4,430
- HCBS Waiver Services: 3,381
- ALWPP Services: 2,505
- AIDs Waiver Services: 1,977
- Developmental Centers: 1,439
- Occupational Therapy Services: 616

**Total PMPM Per User**
- IHSS Services: $1,436.03
- Skilled Nursing Facilities: $4,410.74
- DDS Targeted Case Management: $2,935.36
- DDS Waiver Services: $3,926.66
- CBAS (ADHC) Services: $1,853.56
- Home Health Agency: $3,066.49
- Hospice: $4,257.71
- Physical Therapy Services: $1,079.57
- MSSP Waiver Services: $1,643.30
- ICF-DD Services: $5,936.68
- Medi-Cal Targeted Case Management: $2,140.25
- Independent Rehabilitation Services: $3,162.00
- HCBS Waiver Services: $6,044.25
- ALWPP Services: $2,458.02
- AIDs Waiver Services: $2,381.76
- Developmental Centers: $22,249.15
- Occupational Therapy Services: $1,195.42

User groups are not mutually exclusive.
## Concurrent Use of LTC / LTSS Services – CY 2013

| Concurrent Users of Special Services (Percent of Column) | AIDs Waiver Services | ALWPP Services | CBAS (ADHC) Services | DDS Targeted Case Mgmt. | DDS Waiver Services | Developmental Centers | HCBS Waiver Services | Home Health Agency | Hospice | ICF-DD Services | IHSS Services | Indep. Rehab. Services | Medi-Cal Targeted Case Mgmt. | MSSP Waiver Services | Occup. Therapy Services | Physical Therapy Services | Skilled Nursing Facilities |
|--------------------------------------------------------|----------------------|----------------|----------------------|-------------------------|----------------------|----------------------|-----------------------|-------------------|---------|----------------|-------------|-------------------------|---------------------------|-----------------------------|-------------------------|-----------------------------|-------------------------|-------------------------|
| AIDs Waiver Services                                   | 100.0%               | 0.1%           | 0.1%                 | 0.0%                    | 0.0%                 | 0.2%                 | 0.3%                  | 0.1%              | 0.0%   | 0.2%          | 0.1%        | 0.1%                    | 0.1%                      | 0.0%                        | 0.0%                    | 0.1%                        | 0.1%                    |
| ALWPP Services                                         | 0.1%                 | 100.0%         | 0.2%                 | 0.0%                    | 0.0%                 | 4.3%                 | 1.1%                  | 0.4%              | 0.0%   | 0.0%          | 0.0%        | 0.8%                    | 1.0%                      | 0.1%                        | 0.0%                    | 0.1%                        | 0.6%                    |
| CBAS (ADHC) Services                                   | 1.3%                 | 1.9%           | 100.0%               | 0.9%                    | 1.1%                 | 1.9%                 | 2.3%                  | 0.5%              | 2.6%   | 3.2%          | 1.3%        | 2.9%                    | 7.0%                      | 1.0%                        | 0.8%                    | 0.7%                        | 11.0%                   |
| DDS Targeted Case Management                           | 1.0%                 | 0.3%           | 4.0%                 | 100.0%                  | 98.5%                | 14.0%                | 17.1%                 | 8.5%              | 0.7%   | 36.9%         | 8.2%        | 40.5%                   | 4.8%                      | 0.1%                        | 8.0%                    | 4.5%                        | 11.0%                   |
| DDS Waiver Services                                    | 0.6%                 | 0.0%           | 2.8%                 | 59.4%                   | 100.0%               | 7.1%                 | 3.0%                  | 5.7%              | 0.4%   | 4.0%          | 5.9%        | 23.6%                   | 2.7%                      | 0.0%                        | 5.5%                    | 2.8%                        | 0.6%                    |
| Developmental Centers                                  | 0.0%                 | 0.0%           | 0.0%                 | 0.2%                    | 0.1%                 | 100.0%               | 0.0%                  | 0.0%              | 3.8%   | 0.0%          | 0.0%        | 0.0%                    | 0.0%                      | 0.0%                        | 0.0%                    | 0.0%                        | 0.0%                    |
| HCBS Waiver Services                                   | 0.3%                 | 5.8%           | 0.2%                 | 0.5%                    | 0.1%                 | 0.0%                 | 100.0%                | 2.6%              | 0.4%   | 0.6%          | 0.4%        | 1.5%                    | 0.4%                      | 0.1%                        | 0.2%                    | 0.1%                        | 1.0%                    |
| Home Health Agency                                     | 2.6%                 | 7.8%           | 1.5%                 | 1.3%                    | 1.5%                 | 0.0%                 | 13.3%                 | 100.0%            | 2.6%   | 1.1%          | 1.8%        | 14.4%                   | 2.1%                      | 1.5%                        | 4.4%                    | 3.7%                        | 15.0%                   |
| Hospice                                                | 1.0%                 | 2.4%           | 0.3%                 | 0.1%                    | 0.1%                 | 0.0%                 | 1.9%                  | 2.5%              | 100.0% | 0.8%          | 0.7%        | 1.1%                    | 0.6%                      | 1.5%                        | 0.2%                    | 0.2%                        | 6.5%                    |
| ICF-DD Services                                        | 0.1%                 | 0.0%           | 0.8%                 | 2.6%                    | 0.5%                 | 21.3%                | 1.4%                  | 0.5%              | 0.4%   | 100.0%        | 0.1%        | 2.2%                    | 0.1%                      | 0.0%                        | 0.2%                    | 0.3%                        | 0.6%                    |
| IHSS Services                                          | 47.3%                | 8.3%           | 56.6%                | 34.7%                   | 41.4%                | 0.1%                 | 49.7%                 | 48.6%             | 21.1%  | 3.6%          | 100.0%      | 55.3%                   | 22.7%                     | 92.4%                      | 35.7%                   | 35.9%                      | 16.0%                   |
| Independent Rehabilitation Services                    | 0.2%                 | 0.1%           | 0.2%                 | 1.6%                    | 1.5%                 | 0.0%                 | 2.0%                  | 3.7%              | 0.3%   | 1.2%          | 0.5%        | 100.0%                  | 0.4%                      | 0.1%                        | 1.5%                    | 0.7%                        | 0.2%                    |
| Medi-Cal Targeted Case Management                       | 0.5%                 | 1.6%           | 0.5%                 | 0.2%                    | 0.2%                 | 0.1%                 | 0.6%                  | 0.6%              | 0.2%   | 0.1%          | 0.2%        | 0.4%                    | 100.0%                    | 0.7%                        | 0.3%                    | 0.4%                        | 0.7%                    |
| MSSP Waiver Services                                   | 0.3%                 | 0.5%           | 3.0%                 | 0.0%                    | 0.0%                 | 0.4%                 | 0.9%                  | 1.0%              | 0.0%   | 2.2%          | 0.2%        | 1.6%                    | 100.0%                    | 0.8%                        | 0.5%                    | 1.0%                        | 1.0%                    |
| Occupational Therapy Services                          | 0.0%                 | 0.0%           | 0.0%                 | 0.0%                    | 0.0%                 | 0.2%                 | 0.0%                  | 0.0%              | 0.2%   | 0.0%          | 0.0%        | 0.0%                    | 0.0%                      | 0.0%                        | 0.0%                    | 100.0%                      | 1.3%                    |
| Physical Therapy Services                              | 0.9%                 | 0.4%           | 0.4%                 | 0.5%                    | 0.6%                 | 2.8%                 | 0.2%                  | 0.4%              | 1.0%   | 2.2%          | 0.2%        | 1.0%                    | 1.0%                      | 0.6%                        | 29.2%                   | 100.0%                      | 0.3%                    |
| Skilled Nursing Facilities                             | 4.6%                 | 31.7%          | 3.6%                 | 1.3%                    | 1.2%                 | 0.8%                 | 37.6%                 | 11.1%             | 52.2%  | 9.6%          | 4.4%        | 5.6%                    | 18.5%                     | 11.9%                      | 1.1%                    | 2.5%                        | 100.0%                   |
Profile of 3,381 Users of HCBS Waiver Services – CY 2013

Gender
- Male: 1,811 (54%)
- Female: 1,570 (46%)

Age Group
- 18 to 44 Years of Age: 1,225 (36%)
- 45 to 64 Years of Age: 1,272 (38%)
- 65 to 74 Years of Age: 481 (14%)
- 75 to 84 Years of Age: 254 (8%)
- 85+ years of Age: 149 (4%)

Source of Coverage
- Medi-Cal Coverage Only: 1,698 (50%)
- Dual Eligible: 1,683 (50%)

Eligibility Pathway
- Aged: 395 (12%)
- Blind/Disabled: 2,537 (75%)
- LTC: 449 (13%)

Frequency of Selected Clinical Conditions
- Acute Cerebrovascular Disease - Stroke: 18.4%
- Alcohol and Drug-related Disorders: 8.3%
- Anxiety Disorders: 13.5%
- Cancer: 11.6%
- Congestive Heart Failure: 17.9%
- COPD: 27.4%
- Coronary Artery Disease: 14.2%
- Dementia: 12.4%
- Developmental Disorders: 9.6%
- Diabetes: 32.9%
- Fracture of the Neck of Femur: 2.4%
- HIV: 2.0%
- Hypertension: 47.0%
- Mood Disorders: 26.2%
- Paralysis: 33.3%
- Pneumonia: 23.1%
- Renal Disorders: 16.9%
- Respiratory Failure: 26.8%
- Schizophrenia: 13.6%
### Profile of 477,115 Users of PCS–IHSS Services – CY 2013

#### Gender
- Male: 173,362 (36%)
- Female: 303,753 (64%)

#### Age Group
- 18 to 44 Years of Age: 61,095 (13%)
- 45 to 64 Years of Age: 120,816 (25%)
- 65 to 74 Years of Age: 91,358 (19%)
- 75 to 84 Years of Age: 121,561 (26%)
- 85+ years of Age: 82,285 (17%)

#### Source of Coverage
- Dual Eligible: 363,841 (76%)
- Medi-Cal Coverage Only: 113,274 (24%)

#### Eligibility Pathway
- Aged: 211,063 (44.2%)
- Blind/Disabled: 264,830 (55.5%)
- LTC: 1,222 (0.3%)

#### Frequency of Selected Clinical Conditions
- Acute Cerebrovascular Disease - Stroke: 9.3%
- Alcohol and Drug-related Disorders: 3.5%
- Anxiety Disorders: 7.4%
- Cancer: 12.6%
- Congestive Heart Failure: 12.7%
- COPD: 17.2%
- Coronary Artery Disease: 18.2%
- Dementia: 8.6%
- Developmental Disorders: 4.1%
- Diabetes: 37.9%
- Fracture of the Neck of Femur: 1.3%
- HIV: 0.9%
- Hypertension: 55.8%
- Mood Disorders: 13.0%
- Paralysis: 5.8%
- Pneumonia: 8.7%
- Renal Disorders: 14.0%
- Respiratory Failure: 5.3%
- Schizophrenia: 5.8%
Profile of 132,427 Users of Nursing Facility (A and B) Services–CY 2013

**Gender**
- Male: 52,459 (40%)
- Female: 79,968 (60%)

**Age Group**
- 18 to 44 Years of Age: 4,421 (3%)
- 45 to 64 Years of Age: 25,856 (20%)
- 65 to 74 Years of Age: 25,540 (19%)
- 75 to 84 Years of Age: 33,676 (26%)
- 85+ years of Age: 42,934 (32%)

**Source of Coverage**
- Dual Eligible: 115,092 (87%)
- Medi-Cal Coverage Only: 17,335 (13%)

**Eligibility Pathway**
- Aged: 34,422 (26.0%)
- Blind/Disabled: 30,429 (23.0%)
- LTC: 67,576 (51.0%)

**Frequency of Selected Clinical Conditions**
- Acute Cerebrovascular Disease - Stroke: 26.3%
- Alcohol and Drug-related Disorders: 5.1%
- Anxiety Disorders: 11.1%
- Cancer: 13.6%
- Congestive Heart Failure: 26.4%
- COPD: 26.6%
- Coronary Artery Disease: 22.2%
- Dementia: 39.5%
- Developmental Disorders: 4.0%
- Diabetes: 41.5%
- Fracture of the Neck of Femur: 6.0%
- HIV: 0.7%
- Hypertension: 64.1%
- Mood Disorders: 28.4%
- Paralysis: 8.2%
- Pneumonia: 28.1%
- Renal Disorders: 25.6%
- Respiratory Failure: 19.2%
- Schizophrenia: 21.0%