

# Department of State Hospitals

## Measures of Patient Outcomes – IST Summary

### Discharge, Restoration, Average Length of Stay Data

In FY 2015-16, DSH discharged a total of 2,806 IST patients. Of those discharged, 71 were transferred to another DSH facility, ten were deaths and 2,725 were discharges out of DSH. Of the 2,725 patients discharged out of DSH in FY 2015-16, 2,591 were restored to competency, yielding a 95 percent rate of restoration to competency. The average length of stay for IST patients restored to competency<sup>1</sup> in FY 2015-16 was 144 days.

Discharge Type	FY 2015-16
Total Discharges	2,806
Internal Transfers	71
Deaths	10
<b>Net Discharges</b>	<b>2,725</b>
No Substantial Likelihood to Regain Competency in Foreseeable Future	99
Maximum Commitments	34
CONREP Admissions	1
<b>Restored to Competency</b>	<b>2,591</b>
<b>Rate of Restoration</b> (Restored/Net Discharges)	<b>95%</b>
<b>Average Length of Stay</b> (Restored to Competency)	<b>144 Days</b>

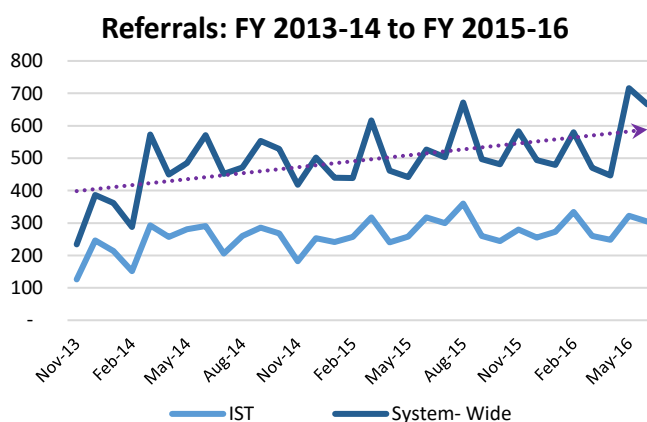
### Decompensation Returns Data

IST patients discharged in FY 2015-16 had a very low rate of return to DSH due to decompensation. Only six percent of net discharges returned to DSH on the same case and/or charges following their discharge in FY 2015-16. Some patients may have had multiple decompensation returns during the year totaling to 163 decompensation returns for FY 2015-16 discharges.

Decompensation Return – Number of Days Following Discharge				
0 – 30 days	31 – 60 days	61 – 90 days	91 – 120 days	121 – 150 days
15	22	24	18	15
151 - 180 days	181 – 210 days	211 – 240 days	241 – 270 days	271 – 300 days
15	22	6	9	4
301 - 330 days	331 – 360 days	361 –390 days	391 – 420 days	421 – 450 days
3	3	4	1	2
FY 2015-16 Decompensated Patients				156
FY 2015-16 Decompensation Returns				163

### Referral Data

Referrals to DSH have been on the rise since FY 2013-14 with the primary increase being in the IST population. ISTs have experienced a 23.4 percent annual rate of growth on average since FY 2013-14. System-wide, DSH has experienced a 31 percent annual rate of growth in referrals, with the IST population driving the majority of that growth, hence contributing to an increase in the number of patients DSH serves.



<sup>1</sup> Restored to competency data excludes transfers, deaths, maximum commitments, no substantial likelihood of regaining competency in the foreseeable future and CONREP admissions.