

Child Welfare Mental Health Coordination, Monitoring and Evaluation (Katie A.)

September 10, 2014

Discussion Topics

- ▶ Background of Child Welfare Mental Health Coordination (Katie A.)
- ▶ Mental Health Services for Children in or at Risk of Foster Care
- ▶ Key Questions and Data Methods for Monitoring and Evaluation

Katie A., *et al*/v. Bonta

- ▶ In July 2002, a class action lawsuit was filed against the DHCS, the CDSS, and the County of Los Angeles on behalf of Katie and a number of other children.
- ▶ The suit sought to improve access to effective mental health and supportive services for children and youth in, or at imminent risk of placement in, foster care in California.
- ▶ In December 2011, a settlement agreement was approved by the federal court.

Services for Children

- ▶ Foster care children with mental health needs receive services provided in a manner consistent with the Core Practice Model (CPM)
- ▶ Children with more intensive needs, that meet certain criteria receive:
 - Intensive Care Coordination (ICC)
 - If determined to be medically necessary, Intensive Home Based Services (IHBS), and
 - Therapeutic Foster Care (TFC) – once federally approved as a Medi-Cal service

Intensive Mental Health Services

- ▶ ICC – Targeted case management service that facilitates assessment of, care planning for and coordination of services, including urgent services for children
- ▶ IHBS – Individualized, strength-based interventions designed to improve mental health conditions that interfere with a child or youth's functioning
- ▶ TFC – Intensive and highly coordinated mental health and support services provided to a foster child or youth in which the foster parent/caregiver becomes an integral part of the child's treatment team.

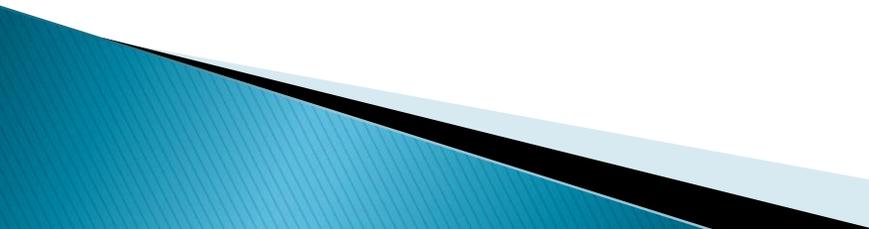
Monitoring and Evaluation

Key Questions

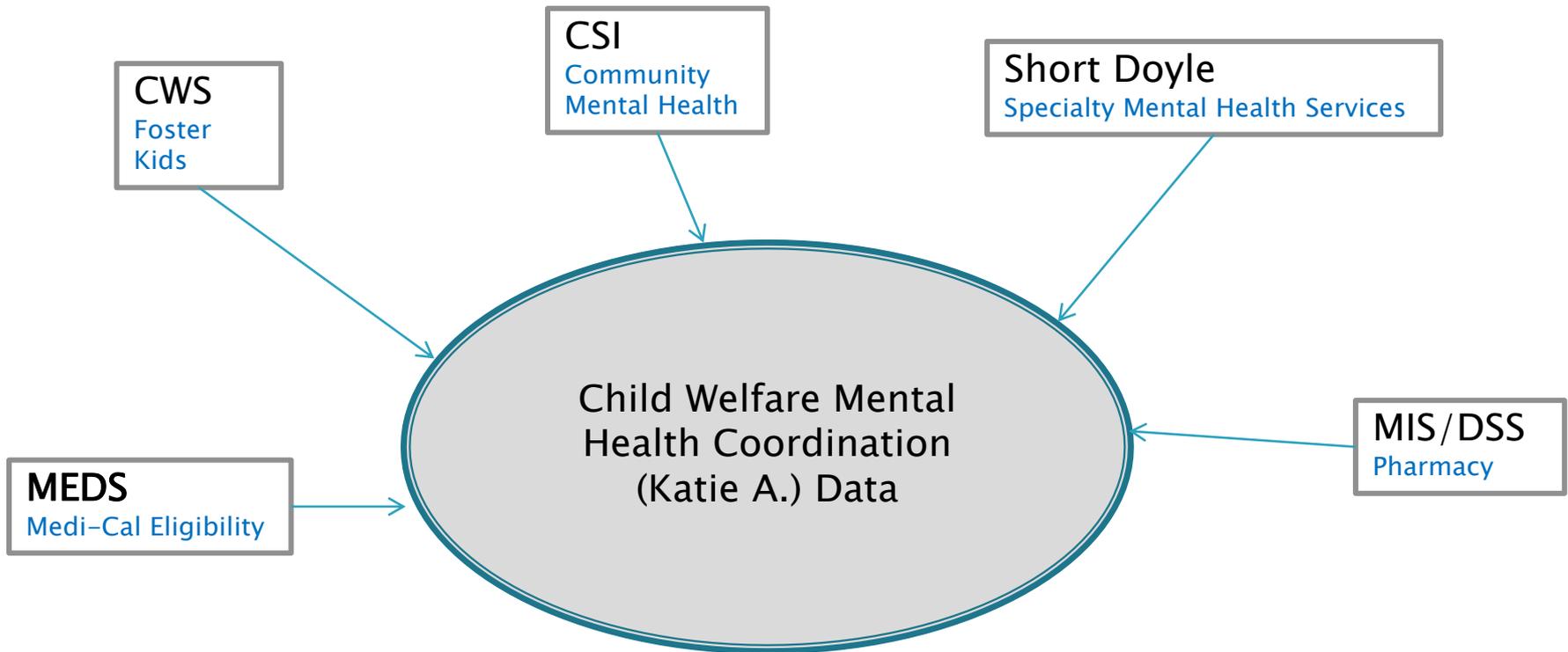
ACO Mapping Group Recommendations

1. Are the subclass members being identified?
2. Are the subclass members being assessed?
3. Are the subclass members receiving services?
4. Which services are they receiving?
5. Are the services they are receiving appropriate?
6. Are the services received improving outcomes?
 - Safety
 - Permanency
 - Stability in the home, school and community
 - Wellbeing
7. Is there fidelity to the Core Practice Model?
8. Are the services improving outcomes in a timely manner (service effectiveness)?
9. Are the services cost effective?

Methods of Monitoring and Evaluation

- ▶ DHCS and CDSS Data Matches and Reporting
 - ▶ Semi-Annual Progress Reports
 - ▶ California Child and Family Services Review (C-CFSR)
 - ▶ External Quality Review Organization (EQRO)
 - ▶ Performance and Outcomes System (POS)
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Data Sources for Child Welfare Mental Health Coordination



Other Available Data:

- EQRO Reports
- Katie A. Semi-Annual Progress Reports

TBD Data Sources:

- C-CFSR
 - Continuum of Care Reform
- Direct Measures such as:**
- Wrap around Fidelity Index

DHCS and CDSS Data Matches

▶ Purpose

- Analyze Child Welfare Services (CWS) outcomes to assess progress.
- Analyze needs, service utilization, and the use of psychotropic medications for children with intensive mental health needs.
- To target resources for technical assistance and training to support the sustainability of mental health coordination and collaboration.
- To share the information with the individual counties to further practice implementation of the CPM.

▶ Status

- Data Sharing Workgroup – CDSS and DHCS
- Supporting the development of a data sharing Interagency Agreement (IA)
 - Identifying methods for data matching and displaying reports.

Semi-Annual Progress Reports

- ▶ Counties report every 6 months – October and April regarding:
 - Identification of children and youth who meet subclass criteria
 - ICC and IHBS service utilization
 - Projections for service delivery
 - Successes and barriers in local implementation efforts
 - Implementation of the CPM



California Child and Family Services Review (C-CFSR)

- ▶ Evaluation and monitoring of long term implementation of services and fidelity to the CPM through the C-CFSR
 - Stakeholder process
 - Targeted State TA
 - System Improvement Plan (SIP)
 - Case Reviews

External Quality Review Organization (EQRO)

- ▶ Reviews all 56 Mental Health Plans (MHPs) each year.
 - ▶ Includes site visits, document review, focus groups, data analysis and reporting, Information System (IS) review, and review of Performance Improvement Projects (PIPs).
 - ▶ Produces MHP reports each year.
 - ▶ The External Quality Review Organization (EQRO) process will continue to monitor and evaluate progress at the practice and system levels by incorporating the focused questions and discussions consistent with ACO recommendations once completed, into the on-site interview process.
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Performance and Outcomes System (POS) Welfare & Institutions Code (WIC) 14707.5

Purpose

- ▶ For the Department of Health Care Services to develop a performance and outcomes system for Medi-Cal Specialty Mental Health Services for children and youth that will:
 - Improve outcomes at the individual and system levels.
 - Inform fiscal decision making related to the purchase of services.

POS (continued)

- ▶ CDSS is working closely with the POS workgroup to further define outcome measures for the CPM and other intensive mental health services for our children and youth.
 - ▶ POS intends to have statewide and county reports on comprehensive performance outcomes by Summer 2016.
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Questions?

Thank You!

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