

What Is a Safety Plan?

- A safety plan is a practical guide that helps lower the risk and helps support youth
- Specific for each individual
- Helps youth think through changes or things that will keep youth safe
- Helps caregivers/parents/staff understand and support youth



WORKING TOGETHER
TO PROTECT
EXPLOITED CHILDREN

SAVING 
INNOCENCE
END CHILD SEX TRAFFICKING



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Why is Safety Planning Important?

- Acknowledge need for safety
- Set goals and priorities for safety
- Identify triggers and potential barriers for youth
- Discuss preventive strategies/alternative options to avoid unhealthy coping
- Develop strategies to help youth when triggered or when safety is compromised
- Define responsibilities of supportive team members



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Key Components of a Safety Plan

- Acknowledge need for safety
- Set goals and priorities for safety
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Safety Plan Considerations

- Basic needs
- School
- Health
- Mental health
- Substance use
- Sexual health
- Pregnant/parenting status
- Family
- Gang ties
- Relationship with exploiter
- Youth does not acknowledge victimization
- Youth does not want to participate
- Youth threatens running
- Type of placement
- AWOL history
- Peer recruitment
- Threats on youth
- Testifying



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